

Materials List for:

Evaluation of Blood Lactate and Plasma Insulin During High-intensity Exercise by Antecubital Vein Catheterization

Minas Nalbandian¹, Zsolt Radak², Masaki Takeda³

¹Graduate School of medicine, Kyoto University

²Research Institute of Sports Science, University of Physical Education

³Graduate School of Sports and Health Science, Doshisha University

Correspondence to: Minas Nalbandian at hmnalbandian@gmail.com

URL: <https://www.jove.com/video/56890>

DOI: [doi:10.3791/56890](https://doi.org/10.3791/56890)

Materials

Name	Company	Catalog Number	Comments
Cycle ergometer	Monark	MONARK Ergomedic 874 E	
Catheter	Terumo	SR-FF2032	
Vacutainer	Terumo	PZ-D03	
Tube for catheter	Terumo	SP-PTW30L02	
Heparin	Terumo	PF-10HF10UA	
Insulin ELISA kit	Abnova	ELISA Kit KA0921	