

Video Article

Rearing the Fruit Fly *Drosophila melanogaster* Under Axenic and Gnotobiotic Conditions

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Abstract

The influence of microbes on myriad animal traits and behaviors has been increasingly recognized in recent years. The fruit fly *Drosophila melanogaster* is a model for understanding microbial interactions with animal hosts, facilitated by approaches to rear large sample sizes of *Drosophila* under microorganism-free (axenic) conditions, or with defined microbial communities (gnotobiotic). This work outlines a method for collection of *Drosophila* embryos, hypochlorite dechoriation and sterilization, and transfer to sterile diet. Sterilized embryos are transferred to sterile diet in 50 ml centrifuge tubes, and developing larvae and adults remain free of any exogenous microbes until the vials are opened. Alternatively, flies with a defined microbiota can be reared by inoculating sterile diet and embryos with microbial species of interest. We describe the introduction of 4 bacterial species to establish a representative gnotobiotic microbiota in *Drosophila*. Finally, we describe approaches for confirming bacterial community composition, including testing if axenic *Drosophila* remain bacteria-free into adulthood.

Video Link

The video component of this article can be found at <https://www.jove.com/video/54219/>

Introduction

Most animals are intimately associated with bacteria ('microbiota') from birth to death¹. Comparisons of microorganism-free ('axenic') and microorganism-associated ('conventional') animals have shown microbes influence diverse aspects of animal health, including metabolic, nutritional, vascular, hepatic, respiratory, immunological, endocrine, and neurological function². The fruit fly *Drosophila melanogaster* is a key model for understanding many of these processes in the presence of microbes^{3,4} and for studying microbiota influence on animal health^{5,6}. No bacterial species is present in every individual ('core'), but *Acetobacter* and *Lactobacillus* species numerically dominate the microbiota of both laboratory-reared and wild-caught *D. melanogaster*. Other *Acetobacteraceae* (including *Komagataeibacter* and *Gluconobacter*), *Firmicutes* (such as *Enterococcus* and *Leuconostoc*), and *Enterobacteriaceae* are either frequently present in *Drosophila* individuals at low abundance, or irregularly present at high abundance⁷⁻¹².

The microbiota of *Drosophila* and mammals is inconstant within and across generations^{14,19}. Microbiota inconstancy can lead to phenotypic noise when measuring microbiota-dependent traits. For example, the *Acetobacteraceae* influence lipid (triglyceride) storage in *Drosophila*¹⁵⁻¹⁸. If *Acetobacteraceae* are more abundant in flies of one vial than in another¹⁹, isogenic flies can have different phenotypes²⁰. A solution for the problem of microbiota inconstancy in mice¹⁴ has been in practice since the 1960's, by introducing a defined community of 8 dominant microbial species to mouse pups each new generation (altered Schaedler flora), ensuring that each pup is exposed to the same key members of the mouse microbiota. This practice controls for microbiota composition even when the microbiota is not the primary target of study³², and sets precedent to ensure the presence of key microbes in a variety of experimental conditions.

To define the influence of microbes on *Drosophila* nutrition, several protocols for deriving axenic fly lines have been developed, including hypochlorite dechoriation of embryos (either derived *de novo* each generation or maintained generationally by transfer to sterile diets) and antibiotic treatment¹³. There are benefits to different approaches, such as ease and rapidity for both of antibiotics treatment and serial transfer, versus greater control of confounding variables with *de novo* dechoriation (e.g., egg density, residual contaminating microbes, off-target antibiotic effects). Regardless of the method of preparation, introduction of specified microbial species to axenic embryos permits culture of *Drosophila* with defined ('gnotobiotic') communities. Alternatively, mimicking the use of Schaedler flora, this community could be inoculated to conventionally-laid eggs (following steps 6-7 only) to ensure the presence of trait-influencing microbes in each vial and avoid complications of

microbiota inconstancy. Here we describe the protocol for raising axenic and gnotobiotic *Drosophila* by *de novo* dechoriation of embryos, and for confirming the presence of introduced or contaminating microbial taxa.

Protocol

1. Culture Bacteria (Start ~1 Week before Picking Eggs)

1. Prepare modified MRS²⁰ (mMRS) plates and broth tubes (**Table 1**). Pour 20 ml mMRS agar into each 100 mm Petri plate and allow to cool/dry overnight, or 5 ml mMRS broth into 18 mm test tubes.
2. Streak *Acetobacter pomorum*, *A. tropicalis*, *Lactobacillus brevis*, and *L. plantarum* on mMRS agar plates. Incubate *Acetobacter* overnight at 30 °C. Incubate *Lactobacillus* anaerobically by placing the plates in an airtight container and flooding with carbon dioxide before sealing. Incubate at 30 °C overnight.
Note: *L. brevis* colonies may not be visible until 24-48 hr. Plates can be stored at 4 °C and colonies can be used for up to 3 weeks.
3. Two to three days before transferring dechorionated eggs to sterile diet (section 5), pick a single colony from the mMRS plate into a test tube containing mMRS broth. Grow *Acetobacter* with shaking and grow *Lactobacillus* statically for 24 hr or until turbid, both at 30 °C.

2. Prepare Sterile Diet

1. Prepare sterile diet (**Table 2**) in a 2 L Erlenmeyer flask. Microwave the diet until it has boiled 3 sequential times; mix in between each boil.
2. Place the flask on a stir plate to maintain stirring while transferring diet to conical centrifuge tubes. Transfer 7.5 ml of diet to 50 ml centrifuge tubes. Loosely cap the tubes, and place in a covered, autoclavable polypropylene rack.
3. Sterilize fly diet using an autoclave at 121 °C and 15 psi for 25 min. Remove racks from autoclave, and immediately shake each rack horizontally to ensure diet does not separate during cooling. Be careful to not shake the racks vertically to prevent transfer of diet to the lid or rims of the tubes. Allow the diet to cool on a shaker for exactly 45 min and again shake the diet horizontally by hand.
Note: Diet can be stored at 4-15 °C for up to a week.
4. As an alternative to using covered autoclavable racks (steps 2.1-2.3), or to raise flies on diets containing acid preservative, perform the following steps:
 1. Prepare 1 L liquid diet in a 2 L flask with a stir bar in the flask. Autoclave the diet.
 2. After autoclaving, add 10 ml preservative and stir continuously on a heated stir plate. When the agar has cooled to 50-60 °C, move the flask to a heated stir plate in a biosafety cabinet and maintain flask temperature by heating at 50-60 °C.
 3. In the biosafety cabinet, pipet ~7.5 ml individually into conical tubes.

3. Prepare Egg-laying Cages

1. Make grape-juice agar plates by microwaving 100 ml water, 10 g brewer's yeast, 10 g glucose, and 1 g of agar. Bring to a boil 3 times in step 1.1 and add 10 g of frozen grape juice concentrate to increase visibility of eggs on the agar plate.
2. When agar has cooled to 55 °C, pour 20 ml into 100 mm Petri dishes and allow to solidify.
3. Cover the surface of the agar plates with a yeast paste by mixing 1 g brewer's yeast with 15 g water. Pour yeast paste onto the agar plate making sure the surface is covered, then pour off the excess, leaving a thin yeast residue behind. If multiple plates are used, the paste can be sequentially poured to multiple plates.
4. Transfer agar plates into the bottom of a cage.
Note: A 32 oz deli container is a good substitute for acrylic fly cages.
 1. Make lids for 32 oz deli containers by cutting a hole in the top and gluing a breathable mesh over the hole with non-toxic glue. If the glue is water soluble prevent water exposure to the lid.
5. Transfer 200-300 flies into the container and cover with lid. Cover the mesh-protected hole with an empty Petri dish lid to prevent evaporation from the agar surface and add a moist tissue paper inside the lid if desired. Incubate flies at 25 °C overnight for 16-20 hr.

4. Collect Eggs

1. Prepare a sieve for egg collection by placing nylon mesh into a plastic bushing.
2. To retrieve the plate with eggs on it, remove flies from the cage by transferring to an empty container. If same flies will be used the next day, transfer immediately to a new cage containing a freshly yeasted grape-juice agar plate. Flies can be used for 3-5 sequential days.
3. Remove dead flies from the agar with a clean paintbrush, being careful to not break up the agar.
4. Collect eggs by rinsing the agar plate with distilled water, gently brushing eggs from the agar surface, and pouring the slurry over the mesh. Repeat 3-4 times until all or most of the eggs have been removed from the agar plate.

5. Dechorionate Eggs and Transfer to Sterile Diet

1. Prepare the biosafety cabinet by spraying the inside (including sides) with 70% ethanol. Wipe the bottom with a lab tissue, and sterilize the hood with UV light for ~15 min. Sterilize all non-biological supplies (specimen cups, paintbrush, forceps, waste container, 400 ml sterilized water, and 100 ml of 0.6% sodium hypochlorite) by spraying with ethanol and immediately placing in the biosafety cabinet. Sterilize with UV light for 15 min.
2. Start the first of 2 sodium hypochlorite washes by placing the bushing with the eggs into a 120 ml specimen cup or other sterile container. Slowly pour ~90 ml of 0.6% sodium hypochlorite solution into the bushing until just below the rim.

3. Rinse eggs for 2.5 min. Periodically re-suspend the eggs by using forceps to move the bushing up and down in the hypochlorite solution.
4. Transfer the bushing directly into a second specimen cup, pre-filled with 90 ml bleach, inside the biosafety cabinet.
5. Repeat step 5.3 inside the biosafety cabinet. At the end of the second bleach treatment, the eggs should begin to adhere to the sides of the bushing.
6. Carry out steps 5.7-5.8 in the biosafety cabinet.
7. Discard the bleach and wash the bushing with sterile water 3 times. Re-suspend the eggs several times during each washing by moving the bushing with forceps. By the end of the third washing most eggs should be attached to the side of the bushing.
8. Using a paintbrush sterilized in ethanol, transfer eggs from the side of the bushing to the sterile diet. Transfer eggs individually or in small batches. Aim for 30-50 eggs per vial. Leave the caps loose to allow oxygen to enter the tube. If vials are to remain axenic, transfer to an insect incubator; otherwise, add bacteria as below.

6. Make Gnotobiotic Flies Using 4 Bacterial Species

1. Prepare Bacteria
 1. Prepare a sterilized biosafety cabinet with necessary supplies (pipettes, pipette tip boxes, sterilized centrifuge tubes, MRS broth, and test tube racks) as in step 4.1. Wipe the outside of test tubes with an ethanol-soaked laboratory wipe before placing in biosafety cabinet.
 2. Pellet the bacteria by first transferring 500 μ l of overnight growth to a sterile microfuge tube. If bacterial density is low, add up to 1.5 ml to each tube or sequentially remove supernatant and add extra culture to the same tube. Remove samples from the biosafety cabinet and centrifuge for 10 min at 10,000 \times g. Use filter tips to avoid contamination between samples.
 3. Determine the density of each culture by measuring OD₆₀₀. If using a multi-well plate reader, transfer 200 μ l of each culture to a 96-well plate in 1-, 2-, and 4- fold dilutions.
 4. Determine the amount of mMRS in which to dilute each cell pellet (5.2.2) using a plate reading spectrophotometer and the following equations. Plan to add enough broth to inoculate 50 μ l to each fly vial.
 1. Collect OD₆₀₀ readings for a 1:1, 1:2, and 1:4 dilution of each bacterial culture on a plate-reading spectrophotometer. Select the dilution for each bacterial strain that produces an OD₆₀₀ value between 0.1 and 0.2 and use this value and its corresponding dilution factor as 'O' and 'D' in the formulas given in 6.1.4.2 or 6.1.4.3.
 2. If using the 4 species described here, normalize cells to equivalent colony forming unit (CFU)/ml densities (OD₆₀₀ to CFU conversion determined previously²⁰) using this equation:

$$E = ((O-B) \times V \times D)/C$$
 where E = volume to resuspend pellet in (μ l), O = OD₆₀₀ bacteria, B = OD₆₀₀ blank media, D = fold-dilution, V = μ l bacterial culture prior to centrifugation, C = OD₆₀₀ of predetermined constant. See Supplemental Code File for examples of calculations using these equations. For spectrophotometers that automatically blank, use "O" in place of "O-B".
 Note: The predetermined constants (units OD₆₀₀, normalized to 10⁷ CFU ml⁻¹, constants derived in²⁰) are as follows: *A. tropicalis* (0.052), *A. pomorum* (0.038), *L. brevis* (0.056), *L. plantarum* (0.077).
 3. If using other bacterial species (no CFU/OD₆₀₀ constant is available), normalize density to OD₆₀₀ = 0.1 using this equation:

$$E = ((O-B) \times V \times D)/0.1 \text{ OD}_{600}$$
 Note: Units are the same as in step 6.1.4.2. See Supplemental Code File for examples of calculations using these equations.
 5. In the biosafety cabinet, remove supernatant with a pipet tip and resuspend the pellet in fresh mMRS or PBS as calculated in step 6.1.4.2.
2. Inoculate Bacteria
 1. Transfer 50 μ l of the bacteria to the conical tubes with sterile diet and dechorionated eggs in biosafety cabinet. Add bacteria after egg transfer to prevent contamination between vials.
 2. Place inoculated tubes in an incubator at 25° C.

7. Measure CFU Load/Test for Sterility

1. To measure the CFU load in whole body fly homogenates, transfer 5 flies (5-7 days post eclosion) to a 1.7 ml microfuge tube containing 125 μ l of ceramic beads and 125 μ l of mMRS broth. Homogenize flies using a tissue homogenizer for 30 sec at 4.0 M/sec.
 1. Alternatively, omit beads and hand homogenize in microcentrifuge tubes with plastic pestles for 1 min.
 2. If quantifying the gut microbiota, surface sterilize the flies to remove exogenous microbes²². Transfer flies to a microcentrifuge tube containing 100 μ l 70% ethanol for 1 min, aspirate ethanol, and transfer to a new microcentrifuge tube for homogenizations. If the DNA content of the gut will be measured, rinse for 1 min with 0.6% sodium hypochlorite before the ethanol wash.
2. Dilute the homogenate with 875 μ l mMRS, vortex for 5 sec, and pipet 120 μ l of homogenate into the first well of a microtiter plate.
3. Perform two sequential 1:8 dilutions using 10 μ l homogenate and 70 μ l MRS in the next two wells.
 1. Remove 10 μ l from the first well and add it to the second well containing 70 μ l MRS. Mix the contents of the second well thoroughly, transfer 10 μ l from the second well to the third well containing 70 μ l MRS, and mix thoroughly. This leads to 3 total concentrations of the original 1,000 μ l homogenate: undiluted, 1:8, and 1:64.
4. Transfer 10 μ l of each dilution to a mMRS plate (using a multi-channel pipet if desired). Slightly incline the dish to spread the dilution several millimeters down the agar surface and allow liquid to dry before moving the plate. The liquid dries on the plate quickly if the plates are 2 days old, reducing mixing of two neighboring droplets.
5. Incubate at 30 °C for 1-2 days. Remove plates from the incubator once distinct, individual colonies are visible, and count from a dilution with 10-100 isolated colonies.

6. Calculate CFU per fly using the equation $E = C \times D/P \times V/F$, where E = CFU per fly, C = number of colonies counted, D = dilution, P = μ l plated, V = volume of fly homogenate, and F = number of flies homogenized.

Representative Results

Successful rearing of axenic flies is confirmed by isolation of no CFUs from whole-body homogenizations of *D. melanogaster* adults (**Figure 1**). Alternatively, if the plated homogenate yields colonies, the vials are contaminated and should be discarded. For gnotobiotic flies, each of the four bacterial isolates were isolated from pools of 5 adult males, demonstrating differences in total viable CFUs associated with adult flies (**Figure 1**). Each bacterial species has a distinct morphology and can be distinguished visually (**Figure 2**). If one or more colony types are not detected there may have been errors in preparing the bacterial inoculum (e.g., washing, normalizing, mixing) or the corresponding species may not be compatible with culture conditions (e.g., *Drosophila* density²³ or genotype²⁴). To rule out technical errors we recommend plating a portion of the bacterial mixture immediately after inoculating fly vials (step 6.2).

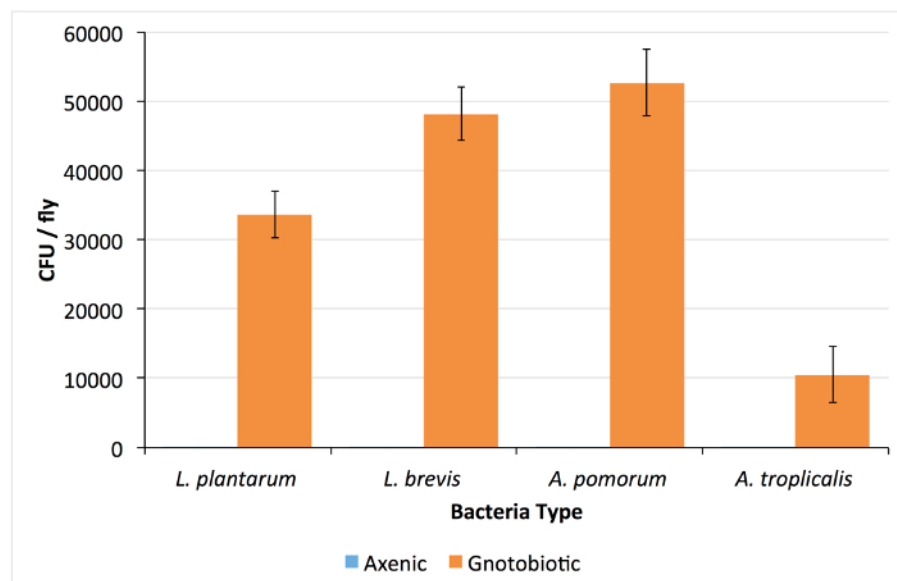


Figure 1: Colony Forming Units Found in Axenic and Gnotobiotic *Drosophila*. The number of colony forming units (CFU) per fly in whole-body homogenates of 4-species gnotobiotic and axenic *D. melanogaster*. Lack of colonies in the axenic homogenates confirms *D. melanogaster* sterility. Values are presented as mean \pm SEM of 24 replicate values. [Please click here to view a larger version of this figure.](#)

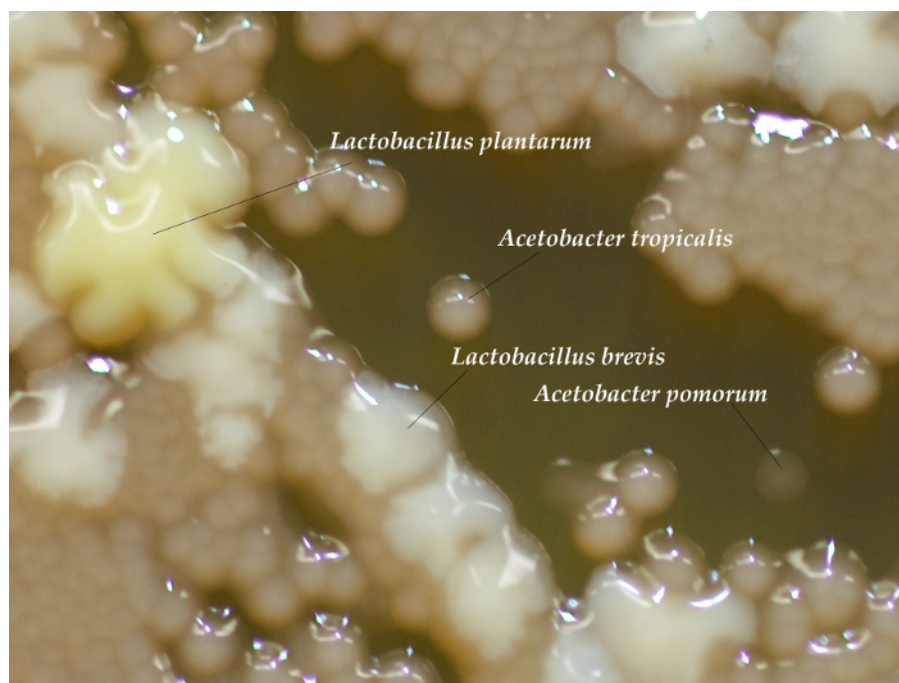


Figure 2: Differentiating Bacterial Colonies. CFUs from a sample homogenization showing different morphologies for each of the 4-species in the gnotobiotic *D. melanogaster*. *Acetobacter* colonies are a clear, light brown color and come in varying sizes depending on the species. ~24-36 hr after plating, *A. tropicalis* colonies are opaque, whereas *A. pomorum* is transparent, though over time the difference becomes less pronounced. *L. brevis* colonies are small and white and *L. plantarum* colonies are large and yellow. If necessary, growth from the homogenate can be compared to the original bacteria plates to help distinguish each type of colony²⁰. [Please click here to view a larger version of this figure.](#)

mMRS Recipe		
	Amount in g	Notes
Distilled Water	1,000	
Universal Peptone	12.5	
Yeast Extract	7.5	
Glucose	20	
Dipotassium Phosphate	2	
Ammonium Citrate	2	
Sodium Acetate	5	
Magnesium Sulfate	0.1	
Manganous Sulfate	0.05	
Agar	12	Do not add to broth

Table 1: mMRS recipe.

Yeast-glucose diet recipe	
	Amount in g
Distilled water	500
Brewer's Yeast	50
Glucose	50
Agar	6

Table 2: Yeast-glucose diet recipe.

Supplemental Code File: Sample Calculations. [Please click here to download this file.](#)

Discussion

The method described here is one of several approaches for embryo dechoriation^{8,11,18,25,26,27}, together with alternative methods of rearing axenic flies, including serial transfer of axenic adults^{18,27} or antibiotic treatment^{13,18}. Other dechoriation methods include ethanol washes and reduce^{11,25,26} or extend⁸ hypochlorite treatment. Different wash steps may aid rearing different fly genotypes: in a previous study most of ~100 *Drosophila* genotypes were axenic when reared as outlined here (without ethanol washes), but some lines were contaminated and discarded²⁴. Perhaps some contaminated lines would have been axenic if reared with ethanol washes or longer hypochlorite treatment. If the method outlined here does not lead to isolation of axenic flies for particular host genotypes we recommend ethanol rinses or longer hypochlorite treatment to remedy the problem.

When serial transfers of *Drosophila* are used, a parental axenic generation is made axenic by egg dechoriation as described here, and subsequent generations are maintained by aseptic transfer in a biosafety cabinet, with or without antibiotics^{18,27}. Serial transfer is faster than deriving axenic flies anew each generation, and transferred flies can remain axenic for multiple generations. One complication of serial transfers is maintaining matched densities of conventional/gnotobiotic and axenic flies since axenic flies tend to lay fewer eggs over a comparable time interval (data not shown). Since *Drosophila* density influences multiple traits, including bacterial composition in fly diet^{23,28,29}, transferring eggs anew each generation may be a superior approach for fly density-sensitive traits. *De novo* dechoriation also avoids the possibility of bacterial contamination during transfers. Thus, while serial transfers can save time, dechoriation allows more control of complicating variables.

Antibiotics can also be used to create axenic flies, although in contrast to dechoriation, antibiotic treatment is usually insufficient to completely remove colonizing microbes¹³. Additionally, antibiotics may influence the host directly. For example, raising flies on a diet with antibiotics decreases their fecundity and protein content, but these effects were not observed in flies raised from dechorionated embryos¹³. We note that antibiotics are necessary to eliminate endosymbiotic bacteria that are transmitted vertically and are not affected by surface sterilization, such as *Wolbachia*³³.

Several steps are critical to the success of preparing dechorionated axenic or gnotobiotic flies. First, it is crucial to shake the fly diet as in steps 2.3. If the racks are not shaken by hand for about 15 sec each before and after an exact 45 min interval on the shaker, the yeast and agar will settle, reducing fly access to yeast and making the agar surface too soft for fly culture. Second, the thickness of yeast paste and the agar concentration of grape juice plates influences egg removal (step 3.3). A thin layer produced by a 1:15 yeast:water dilution will prevent eggs from embedding in the agar when rinsing and removing from the food plates (step 4.4). Third, if grape juice plates are too soft and break up during egg collection, firmness of plates can be increased by adding less grape juice concentrate to the next batch of plates. Fourth, egg yields are higher if flies have 24 hr to acclimatize to the cage environment: this can be addressed by placing flies in the cage ~40 hours in advance of collection, including transfer to a new collection cage with a fresh agar plate <20 hr before the desired collection date. Fifth, if the eggs do not adhere to the side of the bushing during dechoriation (step 5.7), the rinsing period should be extended by 15-30 sec (Caution: extending the rinse time too long may kill the eggs). Also, egg loss into the liquid rinses can be prevented by checking the mesh-bushing seal for complete closure and verify that eggs do not spill outside of the sieve during re-suspension. If the bushing is well sealed, spilled eggs can be recovered by pouring the wash through the sieve as the wash is discarded. Sixth, after flies have hatched, a presumptive test to determine if the flies are axenic is to examine the color of the diet. If the flies are axenic, the top layer of diet will be a dark-brown coffee color and no air-bubbles will be present throughout the diet. Air bubbles or tan color of the top diet layer indicate bacterial presence. Bacterial presence should still be confirmed by homogenization. Alternatively, PCR amplification of the 16S rRNA gene can also be performed to detect unculturable microbes (e.g., strict anaerobes)³⁰. Finally, after homogenization, ceramic beads can be reused by rocking in a solution of 2% hypochlorite + 0.05 M potassium hydroxide for 30 min, rinsing generously (10 times or more) in H₂O, washing once with 100% ethanol (to facilitate drying), and drying at 65 °C. If all steps are followed carefully, axenic flies should be isolated every time the protocol is performed.

This work outlines a method for re-associating sterile *Drosophila* embryos with a 4-species microbiota that is representative of the bacterial communities of laboratory flies raised on a yeast-glucose diet. Previous work has used a 5-species community including the 4-species here and *Lactobacillus fructivorans*, which has been numerically abundant in several fly surveys^{9,19}. We recommend omitting *L. fructivorans* for several reasons, including that phenotypes in *D. melanogaster* monoassociated with *L. fructivorans* are largely congruent with axenic phenotypes³¹ and *L. fructivorans* is more fastidious than other fly isolates. If *L. fructivorans* is included, it should be cultured as described for *L. plantarum* and *L. brevis*: static liquid culture; and in an airtight container flooded with CO₂ for solid culture (the latter step reduces ambient oxygen levels to support *Lactobacillus* growth).

The approaches outlined here can be readily varied to raise *Drosophila* under diverse gnotobiotic conditions. For example, monoassociated flies can be reared by inoculating sterile *Drosophila* embryos with one microbial species at a time^{15,25,31}. Multi-species associations are formed by inoculating multiple species in equivalent ratios^{20,24}. Although we provided CFU/OD₆₀₀ constants for each of the 4-species to facilitate normalization, it may not be necessary to derive a constant for most species mixtures. It was previously shown that the abundance of microbes in 5-7 d.p.e. adults was not significantly different in 2-species associations when the starting density of bacteria was varied over three orders of magnitude²⁰. Also, the *Drosophila* gut is highly permissive, and many species that are readily cultured on fly diet can associate with *Drosophila* at high densities in monoassociation (e.g., *E. coli*, *B. subtilis*²⁵) enabling genetic dissection of microbial influence by microbes with extensive genetic and genomic resources. Finally, studies of *Drosophila* phenotypes that are influenced by the microbiota could adapt the approach of Altered Schaedler Flora in mice by inoculating naturally laid conventional eggs with a defined microbial community to ensure each vial has access to a specific set of microbes.

Disclosures

The authors have nothing to disclose.

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