

Video Article

Murine Superficial Lymph Node Surgery

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Abstract

In the field of immunology, to understand the progression of an immune response against a vaccine, an infection or a tumour, the response is often followed over time. Similarly, the study of lymphocyte homeostasis requires time course experiments. Performing these studies within the same mouse is ideal to reduce the experimental variability as well as the number of mice used. Blood withdrawal allows performance of time course experiments, but it only gives information about circulating lymphocytes and provides a limited number of cells¹⁻⁴. Since lymphocytes circulating through the body and residing in the lymph nodes have different properties, it is important to examine both locations. The sequential removal of lymph nodes by surgery provides a unique opportunity to follow an immune response or immune cell expansion in the same mouse over time. Furthermore, this technique yields between 1-2x10⁶ cells per lymph node which is sufficient to perform phenotypic characterization and/or functional assays. Sequential lymph node surgery or lymphadenectomy has been successfully used by us and others⁵⁻¹¹. Here, we describe how the brachial and inguinal lymph nodes can be removed by making a small incision in the skin of an anesthetised mouse. Since the surgery is superficial and done rapidly, the mouse recovers very quickly, heals well and does not experience excessive pain. Every second day, it is possible to harvest one or two lymph nodes allowing for time course experiments. This technique is thus suitable to study the characteristics of lymph node-residing lymphocytes over time. This approach is suitable to various experimental designs and we believe that many laboratories would benefit from performing sequential lymph node surgeries.

Video Link

The video component of this article can be found at https://www.jove.com/video/3444/

Protocol

1. Preparation Before The Surgery

Mice were treated in accordance to the Canadian Council on Animal Care guidelines.

- Anesthetise mice by injection of ketamine/xylazine (150/300 mg/kg, i.p.) or by inhalation of isoflurane (2%, 1L oxygen). If available, isoflurane should be used as it allows for a better control of anaesthesia time and depth. Also, oxygen is administered at the same time which supports the physiological functions of the animal. Moreover, isoflurane is directly eliminated by the lungs and thus does not require hepatic or kidney metabolism.
- 2. Inject buprenorphine (0.05 0.1 mg/kg, s.c.) or another analgesic.
- 3. Apply ointment on the mouse eyes before surgery to avoid eye dryness (if isoflurane is used).
- 4. Verify that the mouse is asleep by pinching its paw and rolling its tail. If the mouse does not react, proceed with the surgery.

2. The Surgery

It is possible to remove 4 of the superficial lymph nodes (LN) by surgery: the 2 inguinal and the 2 brachial. The isolation of LN is easier in young lean mice (6-8 weeks) since the presence of fatty tissue in older mice can interfere with LN isolation. However, this limitation is overcome with repeated practice. For the mice comfort, we harvest a maximum of 2 LNs at a time and when we perform time-course experiments, we harvest LNs every second day. Also, to prevent infection, antibiotics could be given to the mouse, but we do not and wounds are healing just fine. One needs to be aware that depending on the experimental design, the use of an antibiotic could influence the result observed (for example if a response to a bacterium is measured). Note that all instruments are sterilized after each use and aseptic conditions are maintained throughout the procedures.

- 1. Put the mouse on its side.
- Localize the region where you will perform an incision, depending on the LN you want to harvest. (Figure 1).
- 3. Apply chlorhexidine, or another disinfectant, to that region.

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- 4. Make a tiny incision with sharp scissors (about 5 mm) either on the back of the foreleg or above the hind paw near the abdomen (Figure 1).
- 5. Remove the loose hairs you have cut with the forceps. If you prefer, you may shave the mouse before making the incision. However, it lengthens the procedure and we find that it is not necessary since, as shown here, it does not improve healing or decrease infection, which are both very rare.
- 6. Stretch the incision with 2 forceps in order to see the LN. The incision might reach 10 mm. The LN appears grayish or darker than the surrounding fat.
- 7. Pinch the fascia (the thin membrane covering the fat and tissue) on top of the LN with one forceps and pull lightly without breaking the surrounding tissue.
- 8. Place the second forceps as far as possible underneath the LN. With the first forceps, break the fascia and remove the LN. If you have successfully harvested the LN, a stain of blood should appear at the location where the LN was previously located. Note that the LN sinks in isotonic solution. This simple test allows you to validate that you have extracted a LN and not fat tissue.
- 9. Verify that no hairs are in the wound.
- 10. Close the incision by sticking the 2 parts of skin together (the inside of the skin) and by stapling them with a clip. We use some Michel Clip with the applying forceps. Install one or 2 clips depending on the size of the incision. Most often, the clips fall off when the tissue heals.

3. Postoperative Care

- 1. Add some wet food to the bottom of the cage so the mice can feed easily after the surgery.
- 2. About 6 to 8 hours after the surgery, check the mice to ensure that they do not experience pain. Carefully observe their behaviour (posture, gait, interaction with congener and appearance of the fur). If the overall appearance of the mice is poor, administer a second dose of buprenorphine. By the next day the mice should regain their normal behaviour otherwise continue the administration of buprenorphine. The mice should never reach the endpoints previously determined and accepted by your Animal Care Council. You might want to seek advice and help from your animal care vivarium technician.

4. Lymph Node Handling

- 1. In the laboratory, to obtain a single cell suspension, dissociate the LN as per your usual procedure. We press LN against frosted slides and routinely obtain 1-2 x 10⁶ cells per LN. Alternatively, we prepare the LN for RNA extraction.
- 2. Stain the cells as per your usual protocol. You should obtain expected LN flow cytometry profiles.

5. Representative Results

An example of forward and side scatter plot is shown for LNs harvested from an anesthetized mouse by surgery or from a sacrificed mouse (**Figure 2**). The profile and the percentages of cells in the live lymphocyte gate are the same demonstrating that LN surgery is an appropriate technique to harvest cells.





Figure 1. Inguinal and brachial LN localization in the mouse. A. The inguinal LN is located just above the hind paw, slightly toward the belly. B. The brachial LN is located behind the foreleg.

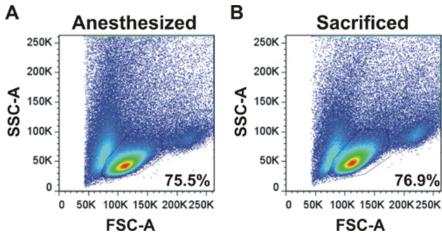


Figure 2. Flow cytometry profile of lymphocytes obtained following LN surgery. Forward and side scatter profiles are shown for LNs harvested from an anesthetized mouse by surgery (A) or from a sacrificed mouse (B). LNs were harvested, dissociated and analyzed on a flow cytometer. Percentages of cells in the live lymphocyte gate are shown.

Discussion

We have described a protocol of LN surgery which can apply to many experimental systems. Although very useful to follow immune responses or immune cell homeostasis, this technique has a few limitations. First, only four LNs can be harvested. Second, the immune response studied must be systemic or occur in the superficial inguinal or brachial (skin-draining) LNs. Finally, the number of cells harvested is influenced by the quality of the LN removal, a technical limitation which may contribute to experimental variability when absolute cell numbers are needed. However, the percentage of target cells, on its own, can provide relevant and accurate information particularly when LN size does not vary across various experimental conditions. Fortunately, once the technique is well mastered, the quality of LN removal improves, allowing for highly reproducible cell numbers in each LN. We believe that despite these few limitations, LN surgery provides key advantages to study the progression of immune responses. First, the immune response over time can be tracked in a given mouse, decreasing experimental variability as well as the number of mice used. Second, events such as lymphocyte homeostasis or immune response initiation occurring in the LNs can be directly studied. Another major advantage is that more cells can be recovered from LNs than from blood allowing for extended cell characterization. This technique is also suitable for other purposes such as genotyping transgenic mice or studying other cell populations residing or trafficking through the LNs such as B cells, dendritic cells and macrophages.

Our laboratory and others have been using this technique for several years and we have never observed any interference on the course of the immune response ^{7-9,12,13} and on immune homeostasis ⁵⁻⁷. Sequential LN surgery in resting wild-type C57BL/6 mice did not affect the percentage and number of CD4⁺ and CD8⁺ T cells ⁵⁻⁷. Moreover, it also did not affect these parameters in the residual LNs. Furthermore, during the course of an immune response, superficial LN removal did not affect the kinetics of the T cell response nor the generation of memory T cells ^{8,9,12,13}. Furthermore, side by side comparison of T cell response followed either by sequential LN surgery or sacrificed mouse did not show any differences in our hands (unpublished results and **Figure 2**). Therefore, sequential LN surgery is suitable to study T cell homeostasis and response.

Disclosures

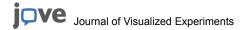
No conflicts of interest declared.

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