

Materials List for:

Finger-stick Blood Sampling Methodology for the Determination of Exercise-induced Lymphocyte Apoptosis

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URL: <https://www.jove.com/video/2595>

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Materials

Name	Type	Company	Catalog Number	Comments
Flow Cytometry Binding Buffer		eBioscience	00-4222-26	
RBC Lysis Buffer		eBioscience	00-4333-57	
Lancet Device	Accu Check Soft Touch	Roche Group		
Capillary tubes	Heparinized Capillary Tubes	Chase Scientific Glass, Inc.	501	
Centrifuge	GmC Lab	Gilson, Inc.	PMS-880	
Annexin V-FITC Conjugated		Biovision Inc.	K201-400-1	
CD4-PE Conjugated	Anti-human, clone RPA-T4	eBioscience	12-0049-42	
CD8-PE Conjugated	Anti-human, clone OKT8	eBioscience	12-0086-73	
CD19-PE Conjugated	Anti-human, clone HIB19	eBioscience	12-0199-42	
7-AAD Viability Staining Solution		eBioscience	00-6993-50	
CD45RA-APC Conjugated	Anti-human, clone HI100	eBioscience	17-0458-42	
Flow cytometer	C6	Accuri		