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## **Title: A Quantitative Assessment of the Phagocytosis of Allogeneic and Xenogeneic Erythrocytes by Rat Macrophages In Vitro**

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## **Author Questionnaire**

- 1. Microscopy:** Does your protocol require the use of a dissecting or stereomicroscope for performing a complex dissection, microinjection technique, or something similar? **No**
- 2. Software:** Does the part of your protocol being filmed include step-by-step descriptions of software usage? **No**

*Videographer: Please film the computer screen for 5.5.1 and 5.5.2*

- 3. Filming location:** Will the filming need to take place in multiple locations? **No**

### **Current Protocol Length**

Number of Steps: 27

Number of Shots: 53

# Introduction

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*Videographer: Obtain headshots for all authors available at the filming location.*

- 1.1. **Min Ding:** Our research aims to develop a novel strategy to quantitatively assess the in-vitro phagocytosis rate of xenogeneic cells by macrophages.
  - 1.1.1. INTERVIEW: Named talent says the statement above in an interview-style shot, looking slightly off-camera.

What advantage does your protocol offer compared to other techniques?

- 1.2. **Xiang-Long Huang:** We designed a co-incubation system in which macrophages simultaneously phagocytose both allogeneic and xenogeneic cells. By calculating a relative phagocytosis index, we effectively eliminate the impact of individual variability.
  - 1.2.1. INTERVIEW: Named talent says the statement above in an interview-style shot, looking slightly off-camera. *Suggested B roll: Figure 1*

How will your findings advance research in your field?

- 1.3. **Tong-Xv Wu:** We have established a method for assessing the immune rejection response of macrophages toward xenogeneic cells, which offers significant advantages, including broad applicability, operational simplicity, and quantifiable results.
  - 1.3.1. INTERVIEW: Named talent says the statement above in an interview-style shot, looking slightly off-camera.

What new scientific questions have your results paved the way for?

- 1.4. **Yu Lu:** Macrophages phagocytose xenogeneic cells at over three times the rate of allogeneic cells. This opens new directions for developing strategies to suppress xenophagocytosis, thereby improving the stability of xenotransplantation.
  - 1.4.1. INTERVIEW: Named talent says the statement above in an interview-style shot, looking slightly off-camera.

What research questions will your laboratory focus on in the future?

- 1.5. **Sha Hao**: Our laboratory will focus on developing strategies to reduce macrophage-mediated phagocytosis of xenogeneic cells and overcome immune rejection after transplantation, with the goal of constructing stable humanized animal models.
  - 1.5.1. INTERVIEW: Named talent says the statement above in an interview-style shot, looking slightly off-camera.

***Videographer: Obtain headshots for all authors available at the filming location.***

**Ethics Title Card**

This research has been approved by the Institutional Review Board of The Affiliated Hospital of Jiangsu University.

# Protocol

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## 2. Rat's Macrophage Isolation for Phagocytosis Assay

**Demonstrator:** Yu Lu

- 2.1. To begin, prepare the necessary materials, including experimental rats, anesthesia containers, beakers, and isoflurane as the anesthetic [1-TXT]. Place the sacrificed rat in a beaker, completely cover it with 75 percent ethanol, and allow it to soak for 10 minutes [2].
  - 2.1.1. WIDE: Talent with all necessary materials, including rats, containers, beakers, and a bottle labeled isoflurane. **TXT: Pre-cool the centrifuge at 4 °C**
  - 2.1.2. Talent carefully transferring the euthanized rat into a beaker and pouring ethanol.
- 2.2. Then, disinfect the rat's abdomen with ethanol [1] and make a small incision in the abdominal wall of the rat [2]. Using a syringe, inject 50 milliliters of ice-cold sterile PBS into the abdominal cavity along the midline [3]. Gently shake the rat and massage the abdominal wall with fingers to thoroughly mix the fluid in the abdominal cavity for 2 to 3 minutes [4]. **NOTE: The VO is edited for the moved shot**
  - 2.2.1. Talent wiping the rat's abdomen with ethanol-soaked gauze.
  - 2.3.1. Talent makes a careful incision in the abdomen using surgical scissors or a scalpel. **NOTE: This shot is moved here as per author's request**
  - 2.2.2. Talent injecting sterile phosphate-buffered saline into the rat's abdominal cavity using a syringe positioned along the midline.
  - 2.2.3. Talent gently shaking the rat and using both hands to massage the abdominal area in a circular motion.
- 2.3. ~~Then, make a small incision in the abdominal wall of the rat [1].~~ Then, tilt the rat's body slightly to pool the abdominal fluid and aspirate it with a syringe [2].
  - ~~2.3.1. Talent makes a careful incision in the abdomen using surgical scissors or a scalpel.~~ **NOTE: This shot is moved after 2.2.1**
  - 2.3.2. Talent tilting the rat slightly sideways on the tray and drawing the fluid out using a syringe inserted into the abdominal cavity

- 2.4. Centrifuge the collected fluid at 500 g for 5 minutes at 4 degrees Celsius [1]. Afterward, discard the supernatant [2].
  - 2.4.1. Talent placing the syringe-collected fluid into centrifuge tubes and loading them into the centrifuge.
  - 2.4.2. Talent decanting the supernatant into a waste container.
- 2.5. Then, add 3 to 5 times the volume of the cell pellet of red blood cell lysis buffer and gently mix for 1 to 2 minutes [1]. After centrifuging the tube, remove the red supernatant [3].
  - 2.5.1. Talent pipetting lysis buffer into the tube based on the pellet volume and gently swirling or flicking the tube.
  - 2.5.2. Talent carefully pouring off the red supernatant after centrifugation.
- 2.6. To prepare the red blood cell lysis buffer, mix the components shown here [1] and adjust the volume to 1,000 milliliters with distilled water [2-TXT]. Using a 0.2-micrometer filter, filter-sterilize the solution [3]. NOTE: The VO is edited for the inverted shots
  - 2.6.1. TEXT ON A PLAIN BACKGROUND  
NH<sub>4</sub>Cl: 8.3 g  
KHCO<sub>3</sub>: 1.0 g  
5% EDTA: 1.8 mL  
Distilled H<sub>2</sub>O: 800 mL
  - 2.6.3. Talent topping up with distilled water. TXT: pH: 7.2-7.4
  - 2.6.2. Talent filtering the solution using a 0.2 micrometer filter apparatus. NOTE: 2.6.3 is placed before 2.6.2
- 2.7. Then, wash the cells twice using approximately 10 milliliters of pre-cooled RPMI 1640 (*R-P-M-I-One-Six-Four-Zero*) medium [1]. Centrifuge each time at 500 g for 5 minutes at 4 degrees Celsius [2].
  - 2.7.1. Talent pipetting 10 milliliters of RPMI 1640 medium into the tube with cell pellet and gently mixing.
  - 2.7.2. Talent centrifuging the tube.
- 2.8. After discarding the supernatant, resuspend the cells in pre-cooled medium containing



RPMI 1640 with 1 percent FBS and 1 percent penicillin-streptomycin [1]. Use Trypan Blue staining to count the cells and assess cell viability [2].

2.8.1. Talent adding pre-cooled complete medium to the tube and pipetting gently to resuspend the pellet.

2.8.2. Talent mixing a small aliquot with Trypan Blue.

2.9. If culturing is required, seed the cells in a 24-well culture plate, using 1 milliliter of RPMI 1640 medium containing 10 percent FBS and 1 percent penicillin-streptomycin per well [1-TXT]. After incubating for 2 hours, replace the medium and wash the wells 1 to 2 times with RPMI 1640 medium to remove non-adherent cells [2].

2.9.1. Talent pipetting the cell suspension into a 24-well plate, filling each well with 1 milliliter of complete culture medium. **TXT: Cell density:  $1 \times 10^6/\text{mL}$**

2.9.2. Talent removing medium after incubation and adding fresh RPMI 1640 medium using a pipette.

### **3. Collection of Rat or Human RBCs**

3.1. Pre-rinse 15-milliliter centrifuge tubes and 10-milliliter syringes with heparin to prevent coagulation [1].

3.1.1. Talent drawing heparin into the syringe and rinsing the interior before discarding the liquid into a waste container.

3.2. After anesthetizing and sacrificing the rat, use scissors to carefully cut a small section of the rat's tail [1]. Collect blood as it drips from the tail vein using a heparinized syringe or tube [2].

3.2.1. Talent positioning the anesthetized rat and using scissors to snip a section of the tail.

3.2.2. Talent holding a syringe below the tail and collecting the dripping blood.

3.3. Collect human blood using the venipuncture technique [1].

3.3.1. Talent inserting a sterile needle into the vein of a volunteer's arm and collecting blood into a vacutainer tube.

3.4. Mix 1 milliliter of PBS with 1 milliliter of human or rat blood in a centrifuge tube [1].

3.4.1. Talent pipetting 1 milliliter of blood and 1 milliliter of phosphate-buffered saline into a labeled centrifuge tube and gently mixing.

- 3.5. For human peripheral blood, add 1.5 milliliters of Ficoll solution with a density of 1.077 to a 15-milliliter centrifuge tube [1-TXT].
  - 3.5.1. Talent pipetting Ficoll 1.077 into a labeled tube for human blood. **TXT: For rat blood, use Ficoll solution with a density of 1.084**
- 3.6. Slowly layer the diluted blood samples along the wall of the centrifuge tubes containing the Ficoll solution to avoid mixing [1]. Centrifuge the layered samples at 400 *g* for 30 minutes at a temperature between 18 and 20 degrees Celsius [2].
  - 3.6.1. Talent tilting the Ficoll tube slightly and using a pipette to gently dispense the diluted blood down the inner wall.
  - 3.6.2. Talent placing the tubes into the centrifuge and starting the run.
- 3.7. Afterward, carefully remove the upper plasma layer, the lymphocyte layer, and the Ficoll solution, leaving behind only the red blood cell layer at the bottom [1]. Wash the red blood cells once with 10 milliliters of PBS [2].
  - 3.7.1. Talent using a pipette to aspirate the top layers from the tube, leaving only the red layer untouched at the bottom.
  - 3.7.2. Talent pipetting phosphate-buffered saline into the tube with red blood cells and gently inverting to mix.
- 3.8. Then, centrifuge the red blood cells at 400 *g* for 5 minutes [1] and discard the supernatant [2].
  - 3.8.1. Talent placing the tube into the centrifuge.
  - 3.8.2. Talent removing the tube and decanting the supernatant into a waste container.
- 3.9. Add 1 milliliter of RPMI 1640 medium to a 1.5-milliliter microcentrifuge tube [1]. Mix with an appropriate amount of red blood cell pellet before performing cell counting [2].
  - 3.9.1. Talent pipetting RPMI medium into a microcentrifuge tube.
  - 3.9.2. Talent adding a portion of the RBC pellet, mixing gently.

#### **4. In Vitro Phagocytosis Assay**

- 4.1. Isolate macrophages and seed them at a density of 1 million cells per well in a 12-well culture plate [1]. Incubate the plate at 37 degrees Celsius with 5 percent carbon dioxide for 2 hours to allow cell adhesion [2].
  - 4.1.1. Talent transferring isolated macrophages into a 12-well plate and adjusting volume per well.
  - 4.1.2. Talent placing the plate into an incubator set to 37 degrees Celsius with 5 percent carbon dioxide.
- 4.2. After 2 hours, carefully remove non-adherent cells [1] and gently wash each well with RPMI 1640 medium [2-TXT].
  - 4.2.1. Talent aspirating the culture medium to remove floating cells without disturbing the adherent ones.
  - 4.2.2. Talent gently pipetting RPMI medium into each well and removing it after the wash. **TXT: Culture adherent macrophages for 2 more hours**
- 4.3. Replace the medium with serum-free RPMI 1640 [1] and incubate the cells for 2 hours under starvation conditions to enhance phagocytic activity [2].
  - 4.3.1. Talent pipetting out the existing medium and replacing it with serum-free RPMI.
  - 4.3.2. Talent placing the plate back into the incubator for starvation incubation.
- 4.4. Then, add human cells pre-stained with DeepRed dye into the culture plate and incubate as shown earlier to allow phagocytosis by macrophages [1].
  - 4.4.1. Talent pipetting stained human cells into each well containing macrophages. **TXT: Assess macrophage activity via microscopy or flow cytometry**

## **5. Flow Cytometry to Assess the Internalization of RBCs by Macrophages**

- 5.1. Digest the cells using 0.05 percent Trypsin-EDTA (*Trypsin-E-D-T-A*) [1] and stop the digestion by adding RPMI 1640 medium containing 10 percent FBS [2]. Then, centrifuge the cells [3], discard the supernatant, and resuspend the pellet in FACS buffer [4-TXT].
  - 5.1.1. Talent pipetting Trypsin-EDTA into a tube of cells .
  - 5.1.2. Talent adding RPMI 1640 medium with fetal bovine serum to the digested cells to halt trypsinization.
  - 5.1.3. Talent centrifuging the cell suspension.
  - 5.1.4. Talent decanting the supernatant and adding FACS buffer to the pellet. **TXT: Count the cells**

- 5.2. Next, prepare 1 million cells per tube in two separate tubes and additionally prepare one tube each of human and rat red blood cells [1].
  - 5.2.1. Talent pipetting counted cells into two labeled tubes with labelled additional tubes in the frame.
- 5.3. Then, add mouse-anti-rat CD163 (*C-D-One-Sixty-Three*) antibody to one of the sample tubes [1]. Add mouse anti-human CD235a (*C-D-Two-Thirty-Five-A*) antibody to the human red blood cell tube and add DeepRed to the rat red blood cell tube [2].
  - 5.3.1. Talent pipetting the CD163 antibody into the first sample tube.
  - 5.3.2. Talent adding CD235a antibody to the human red blood cell tube.
- 5.4. Incubate all labelled tubes on ice, protected from light, for 30 minutes with mixing every 10 minutes [1]. Add 1 milliliter of FACS buffer to wash away unbound antibodies [2]. After centrifuging the tubes, resuspend the cell pellets in 500 microliters of FACS buffer [3-TXT].
  - 5.4.1. Talent placing all tubes on ice inside a light-protected container.
  - 5.4.2. Talent pipetting FACS buffer into each tube.
  - 5.4.3. Talent resuspending each pellet in 500 microliters of FACS buffer. **TXT: Similarly, prepare the sample tubes**
- 5.5. Exclude cell aggregates by gating on forward scatter height versus forward scatter area [1]. Use the single-stain tubes to adjust voltage and compensation settings on the flow cytometer [2-TXT].
  - 5.5.1. Display gating setup on the flow cytometry interface using FSC-H vs. FSC-A to remove doublets.

*Videographer: Please film the computer screen for 5.5.1 and 5.5.2*
  - 5.5.2. Show selection of each single-stain tube to adjust voltage and compensation settings in the software. **TXT: Analyze stained samples in FlowJo v10.8.1**

# Results

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## 6. Results

- 6.1. Flow cytometry analysis identified CD163-positive rat macrophages with a mean frequency of 4.78 percent after exclusion of dead cells [1].
  - 6.1.1. LAB MEDIA: Figure 2 (left panel). *Video editor: Highlight the outlined cluster in the lower-right quadrant labeled "Macrophage 4.78 ± 4.43%"*
- 6.2. The phagocytosis rate of rat macrophages toward human red blood cells was 5.08 percent [1], which was higher than the rate toward rat red blood cells at 1.59 percent [2].
  - 6.2.1. LAB MEDIA: Figure 2 (right panel). *Video editor: Highlight the top-right quadrant marked with the orange border and labeled "hRBC phagocytic rate 5.08 ± 3.56%"*
  - 6.2.2. LAB MEDIA: Figure 2 (right panel). *Video editor: Highlight the top-left quadrant marked with the green border and labeled "rRBC phagocytic rate 1.59 ± 1.10%"*

## 1. Isoflurane

- **Pronunciation link:**  
<https://www.howtopronounce.com/isoflurane>  
 (How To Pronounce)
  - **IPA (American):** /ˌaɪsoʊˈflʊreɪn/
  - **Phonetic Spelling:** eye-soh-FLUR-ayn
- 

## 2. Polypropylene

- **Pronunciation link:**  
<https://dictionary.cambridge.org/pronunciation/english/polypropylene>  
 (How To Pronounce, Cambridge Dictionary)
  - **IPA (American):** /ˌpɑːlɪˈproʊ.pə.liːn/
  - **Phonetic Spelling:** pah-li-PROH-puh-leen
- 

## 3. Phosphate-Buffered Saline (PBS)

- **Pronunciation link:**  
<https://www.abbreviations.com/pronounce/Phosphate-Buffered%20Saline>  
 (Abbreviations)

- **IPA (American approximation):** /'fɑ:s.fert 'bʌf.ərd sə'li:n/
  - **Phonetic Spelling:** FAHS-fayt BUFF-ərd suh-LEEN
- 

#### **4. Centrifuge**

- *(Selected as a potentially ambiguous lab term with varied pronunciation)*
  - **Pronunciation link:**  
<https://dictionary.cambridge.org/pronunciation/english/centrifuge>  
*(Assuming standard Cambridge entry, as not directly fetched)*  
([en.englishlib.org](https://en.englishlib.org), [Wikipedia](https://en.wikipedia.org), [Cambridge Dictionary](https://dictionary.cambridge.org))
  - **IPA (American):** /'sen.trəˌfjuːdʒ/
  - **Phonetic Spelling:** SEN-truh-fyooj
- 

#### **5. Trypsin-EDTA**

- *(A lab reagent name likely unfamiliar outside cell biology work)*
- **Pronunciation link:**  
<https://www.howtopronounce.com/isoflurane> *(Not exact, but "HowToPronounce.com" is the reliable source platform; direct link for "trypsin-EDTA" may not exist)*  
**No confirmed link found**
- **IPA (American):** /'traɪpsɪn iː-di-ti-eɪ/
- **Phonetic Spelling:** TRY-p-sin EE-dee-TEE-Ay