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Title: Development of an Innovative LED-Based Illumination Device for In Vitro Application of Photodynamic Therapy with Rose Bengal

#### **Authors and Affiliations:**

Clément Bouchez<sup>1\*</sup>, Pascal Deleporte<sup>1\*</sup>, Gregory Baert<sup>1</sup>, Anthony Lefebvre<sup>1</sup>, Olivier Moralès<sup>1,2</sup>, Nadira Delhem<sup>1</sup>, Guillaume Paul Grolez<sup>1\*</sup>, Anne-Sophie Dewalle<sup>1\*</sup>

<sup>1</sup>Inserm, CHU Lille, U1189—ONCO-THAI—Assisted Laser Therapy and Immunotherapy for Oncology, University of Lille <sup>2</sup>CNRS, Inserm, CHU Lille, UMR9020-U1277—CANTHER—Cancer Heterogeneity Plasticity and Resistance to Therapies, University of Lille

## **Corresponding Authors:**

Nadira Delhem <u>nadira.delhem@inserm.fr</u>

#### **Email Addresses for All Authors:**

Clément Bouchez clement.bouchez1@inserm.fr
Pascal Deleporte pascal.deleporte@inserm.fr
Gregory Baert gregory.baert@inserm.fr

Anthony Lefebvre anthonylefebvre53@gmail.com

Olivier Moralès olivier.morales@cnrs.fr
Nadira Delhem nadira.delhem@inserm.fr
Guillaume Paul Grolez guillaume.grolez@inserm.fr
Anne-Sophie Dewalle anne-sophie.dewalle@inserm.fr

<sup>\*</sup>These authors contributed equally

## **Author Questionnaire**

- **1. Microscopy**: Does your protocol require the use of a dissecting or stereomicroscope for performing a complex dissection, microinjection technique, or something similar? **No**
- **2. Software:** Does the part of your protocol being filmed include step-by-step descriptions of software usage? **No**
- 3. Filming location: Will the filming need to take place in multiple locations? No

**Current Protocol Length** 

Number of Steps: 22 Number of Shots: 43



# Introduction

Videographer: Obtain headshots for all authors available at the filming location.

### NOTE: Use the last ones

- 1.1. <u>Guillaume Grolez:</u> The scope of our research is to develop fundamental and translational projects aiming to characterize the effects of Photodynamic Therapy in the treatment of cancers with no effective therapeutic options.
  - 1.1.1. INTERVIEW: Named talent says the statement above in an interview-style shot, looking slightly off-camera. *Suggested B-roll: 2.3.1*

What are the current experimental challenges?

- 1.2. <u>Anne-Sophie Dewalle:</u> The current experimental challenges are to develop the technologies necessary for the implementation of Photodynamic Therapy from *in vitro* to clinic applications, including new photosensitizers and new illumination devices.
  - 1.2.1. INTERVIEW: Named talent says the statement above in an interview-style shot, looking slightly off-camera. *Suggested B-roll: 4.2.1*

What advantage does your protocol offer compared to other techniques?

- 1.3. <u>Anne-Sophie Dewalle:</u> Compared to other techniques, our protocol involves a low-cost and homemade device enabling homogeneous illumination of a 96-well plate under physiological conditions inside a cell culture incubator.
  - 1.3.1. INTERVIEW: Named talent says the statement above in an interview-style shot, looking slightly off-camera. *Suggested B-roll: 3.3.1*

What research questions will your laboratory focus on in the future?

- 1.4. **Guillaume Grolez:** In the future, one of our main objectives is to develop new PDT packages each comprising both a photosensitive compound enabling specific cancer cells targeting and an associated illumination device.
  - 1.4.1. INTERVIEW: Named talent says the statement above in an interview-style shot, looking slightly off-camera. *Suggested B-roll: 5.2.1*

Videographer: Obtain headshots for all authors available at the filming location.

## **Protocol**

## 2. Seeding the Cells before Treatment

**Demonstrator:** Clément Bouchez

- 2.1. To begin, remove the cultured HepG2 (hep-G-2) cells from the incubator [1] and place the flask under the pre-cleaned microbiological safety station [2].
  - 2.1.1. WIDE: Talent opening the incubator and retrieving the culture flasks.
  - 2.1.2. Talent placing the culture flask in the microbiological safety station. NOTE:: Use last take
- 2.2. Using a pipette, remove the culture medium from the culture flask [1]. To eliminate residual medium, rinse with phosphate-buffered solution [2] while gently mixing, then carefully remove the buffer [3]. NOTE: The VO is adjusted for the additional shot
  - 2.2.1. Talent aspirating the medium from the culture flask inside the safety cabinet.
  - 2.2.2. Talent pipetting phosphate buffer solution into the flask (take 2) Added shot: Gently swirling before aspirating it out.
- 2.3. Then, apply 3 milliliters of trypsin solution containing 0.25 percent trypsin and 0.53 millimolar EDTA to the cells [1] and place the culture back in the incubator at 37 degrees Celsius for 5 minutes to detach the cells [2].
  - 2.3.1. Talent adding trypsin to the culture flask under the safety station.
  - 2.3.2. Talent placing the treated flask inside the incubator and closing the door.
- 2.4. After 5 minutes, add 7 milliliters of culture medium to the flask to neutralize the trypsin and suspend the cells [1]. Now, transfer the trypsin, medium, and detached cells into a 15-milliliter centrifuge tube [2].
  - 2.4.1. Talent pipetting medium into the flask and mixing gently. NOTE: Use take 2
  - 2.4.2. Talent transferring the cell suspension into labeled 15 milliliter tubes.
- 2.5. To count the cells, pipette 20 microliters of the cell solution into a clean tube [1] and add 20 microliters of trypan blue solution [2]. After mixing, load the stained mixture onto the counting slide [3] and insert it into the cell counter [4].
  - 2.5.1. Talent dispensing 20 microliters of cell suspension into a microtube.
  - 2.5.2. Talent adding 20 microliters of trypan blue and mixing with a pipette.
  - 2.5.3. Talent loading the stained sample onto the slide.
  - 2.5.4. Talent inserting the slide into the cell counter.
- 2.6. Next, add culture medium to a tube [1], then introduce cells to reach a final concentration of 150,000 cells per milliliter [2]. Seed  $1.5 \times 10^4$  cells per well into a white 96-well plate with a clear flat bottom [3]. Prepare two plates for each viability

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reading time [4]. NOTE: The VO is edited for the additional shot.

2.6.1. Talent pipetting culture medium into a tube containing cells to dilute them to the target concentration. NOTE: Use take 2

Added shot: 2.6.1B EXTRA add cell into medium

- 2.6.2. Talent dispensing  $1.5 \times 10^4$  cells into each well of the 96-well plate.
- 2.6.3. Talent labeling and setting aside two plates for each time point.
- 2.7. Incubate the plates for 24 hours before treatment to let the cells attach [1].
  - 2.7.1. Talent placing the 96-well plates into the incubator and close the door. NOTE:

    Use 2<sup>nd</sup> part

#### 3. Rose Bengal Treatment of the Cells

NOTE: Color grade this part in order to create the illusion of darkness

- 3.1. To prepare a stock solution of Rose Bengal, dissolve it in 10 percent saline solution [1].
  - 3.1.1. WIDE: Talent adding Rose Bengal powder to a tube containing 10 percent saline solution. NOTE: CU + MED is filmed
- 3.2. Dilute the Rose Bengal treatment solutions at concentrations ranging from 0 to 100 micromolar in cell culture medium [1-TXT].
  - 3.2.1. Talent pipetting stock solution into multiple tubes arranged on the bench. **TXT:** Concentrations: 0, 5, 10, 25, 50, 75, and 100  $\mu$ M
- 3.3. Now, remove the culture medium from the cell plates [1] and add 100 microliters of the prepared Rose Bengal treatment solutions to each well [2].
  - 3.3.1. Talent aspirating the medium from each well of the 96-well plate.
  - 3.3.2. Talent pipetting 100 microliters of each Rose Bengal concentration into the corresponding wells.
- 3.4. Incubate the cells with Rose Bengal for 2 hours to allow internalization [1].
  - 3.4.1. Talent placing the treated microplates into the incubator and closing the door.
- 3.5. After 2 hours, remove the Rose Bengal solution from each well [1], wash the cells two times with PBS [2]. Aspirate the PBS [3] and add 100 microliters per well of Rose Bengal-free culture medium [4]. Cover the microplates with aluminum foil to protect them from light [5] and set aside half of the plates for illumination during the photodynamic therapy assay [6].
  - 3.5.1. Talent aspirating Rose Bengal solution from the well.
  - 3.5.2. Talent adding phosphate-buffered saline to a well.
  - 3.5.3. Talent aspirating phosphate-buffered saline from the well.
  - 3.5.4. Talent adding fresh Rose Bengal-free culture medium to the wells.
  - 3.5.5. Talent covering microplates with aluminum foil.

3.5.6. Talent labeling and grouping plates for photodynamic therapy and dark conditions. NOTE: Use the last take

## 4. Operating Procedure for the CELL-LED Device

NOTE: Color grade this part in order to create the illusion of darkness

- 4.1. Connect the male connector on the light distributor to the female connector of the light source [1].
  - 4.1.1. Talent aligning and connecting the light distributor cable to the LED light source.
- 4.2. Remove the photodynamic therapy and dark condition microplates from the incubator [1]. Unwrap the photodynamic therapy plate [2]. Then, set the dimmer on the LED driver to the maximum level to deliver an average irradiance of 0.62 milliwatt per square centimeter across the 96 wells [3]. After that, place the plate on the light distributor [4]. NOTE: The VO is edited for the moved shot
  - 4.2.1. Talent retrieving the plates from the incubator.
  - 4.2.2. Talent unwrapping the plate that was covered with foil. NOTE: Use take 2
  - 4.3.1 Show the LED driver control panel with settings being adjusted. NOTE: The authors suggested moving this shot before 4.2.3
  - 4.2.3. Talent placing the photodynamic therapy plate onto the aligned light distributor panel. NOTE: 4.2.2 and 4.2.3 are filmed in a single shot
- 4.3. Then, set the dimmer on the LED driver to the maximum level to deliver an average irradiance of 0.62 milliwatt per square centimeter across the 96 wells [1]. Illuminate the microplate until the desired light dose on the cells is achieved [1]. NOTE: The VO is replaced from 4.3 to 4.1 for the moved shot
  - 4.3.1. Show the LED driver control panel with settings being adjusted. NOTE: This step is moved before 4.2.3
  - 4.3.2. Shot of the plate being illuminated.
- 4.4. Once the desired light dose is reached, turn off the device [1]. Rewrap the photodynamic therapy microplate in aluminum foil [2] and return it along with the control plate to the incubator until the viability test is performed [3].
  - 4.4.1. Talent switching off the LED system.
  - 4.4.2. Talent covering the photodynamic therapy plate again with foil.
  - 4.4.3. Talent placing both plates back into the incubator.

## 5. Cell Viability Assay After Treatment

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- 5.1. After completing the photodynamic therapy assay, place the illuminated plate in the incubator for 24 hours to allow for post-treatment cellular response [1].
  - 5.1.1. Shot of the plate lying inside the incubator.
- 5.2. After the incubation period, retrieve one illuminated and one non-illuminated plate [1]. Add 100 microliters of reagent from the cell viability assay kit into each well to measure mitochondrial metabolism and ATP production [2].
  - 5.2.1. Talent removing both microplates from the incubator.
  - 5.2.2. Talent using a multichannel pipette to dispense 100 microliters of reagent into every well of both plates.
- 5.3. Incubate the plates in the dark for 10 minutes before proceeding with luminescence measurement [1].
  - 5.3.1. Talent placing the foil-covered plates into a dark incubation chamber.
- 5.4. After 10 minutes, read the luminescence in each well using a multimodal reader [1].5.4.1. Talent loading the plate into the luminescence reader.
- 5.5. Consider the luminescence from the untreated control wells as representing 100 percent viability [1]. Normalize the luminescence values from the treated wells to this control to calculate the percentage of viability for each treatment condition [2].
  - 5.5.1. Talent working at a computer entering values.
  - 5.5.2. Shot of the computer screen displaying the resulting percentage viability values, grouped by treatment concentration and condition.
- 5.6. Repeat the same protocol for cell viability measurement at additional post-treatment time points such as 24 hours, 48 hours, and 72 hours [1].
  - 5.6.1. Talent removing the plate from the reader and placing another one.

# Results

#### 6. Results

- 6.1. Illumination alone, without Rose Bengal, did not alter HepG2 cell viability at any of the tested light doses [1], and Rose Bengal alone, without light, also caused no significant change across all concentrations [2].
  - 6.1.1. LAB MEDIA: Figure 5. Video editor: Highlight the three blue BARS under "Light".
  - 6.1.2. LAB MEDIA: Figure 5. Video editor: Highlight the seven grouped bars under the "RB" label.
- 6.2. Rose Bengal-mediated photodynamic therapy using CELL-LED-550/3 (cell-L-E-D-five-fifty-bar-3) significantly reduced HepG2 cell viability at all light doses, showing a strong cytotoxic effect [1].
  - 6.2.1. LAB MEDIA: Figure 5. Video editor: Highlight the bars corresponding to 25,50, 75 and 100 μM under the label "PDT" for 0.30 and 0.60 J/cm2 and highlight all bars for 1.22 J/cm2 (These bars have \*\* on them).
- 6.3. The overlap between the LED emission profile and the absorption spectrum of Rose Bengal confirmed the spectral compatibility of the CELL-LED-550/3 device with the photosensitizer [1].
  - 6.3.1. LAB MEDIA: Figure 6. Video editor: Highlight the peak of the green line (LED spectrum) overlapping with the peak of the pink line (Rose Bengal spectrum) in the 550 nanometer region.

## 1. heterogeneity

Pronunciation link:

https://dictionary.cambridge.org/pronunciation/english/heterogeneity (Cambridge Dictionary)

IPA: /ˌhɛţ.ə.roʊ.dʒəˈneɪ.ə.ţi/ (<u>Cambridge Dictionary</u>)

Phonetic Spelling: het-uh-roh-jeh-NAY-uh-tee

## 2. chemotherapy

Pronunciation link:

https://dictionary.cambridge.org/pronunciation/english/chemotherapy (Cambridge

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Dictionary)

IPA: /ˌkiː.moʊˈθer.ə.pi/ (<u>Cambridge Dictionary</u>) Phonetic Spelling: *kee-moh-THER-uh-pee* 

## 3. cytotoxic

Pronunciation link: <a href="https://dictionary.cambridge.org/pronunciation/english/cytotoxic">https://dictionary.cambridge.org/pronunciation/english/cytotoxic</a>

(Cambridge Dictionary)

IPA: /ˌsaɪ.ţoʊˈtɑːk.sɪk/ (<u>Cambridge Dictionary</u>)

Phonetic Spelling: sahy-toh-TAHK-sik

#### 4. illuminance

Pronunciation link:

https://www.oxfordlearnersdictionaries.com/definition/english/illuminance (Oxford Learner's Dictionaries)

IPA: /ɪˈluːmɪnəns/ (Oxford Learner's Dictionaries)

Phonetic Spelling: ih-LOO-mih-nens

## 5. oncotherapy

Pronunciation link: *No confirmed link found in major dictionaries* (it's a less common combo word "onco-therapy").

IPA (constructed): /ˌɒnkoʊˈθerəpi/ Phonetic Spelling: *on-koh-THER-uh-pee* 

## 6. photodynamic

Pronunciation link: <a href="https://www.merriam-webster.com/dictionary/photodynamic">https://www.merriam-webster.com/dictionary/photodynamic</a>

(howjsay.com) (the medical/technical dictionary)

IPA: /ˌfoʊ.toʊ.daɪˈnæm.ɪk/ (<u>howjsay.com</u>)
Phonetic Spelling: foh-toh-dye-NAM-ik

#### 7. Rose Bengal

Pronunciation link: <a href="https://www.merriam-webster.com/medical/rose%20bengal">https://www.merriam-webster.com/medical/rose%20bengal</a>

(howjsay.com)

IPA: /ˈroʊz ˈbɛngəl/ (<u>howjsay.com</u>) Phonetic Spelling: *ROHZ BEN-guhl* 

#### 8. cytotoxicity

Pronunciation link: https://dictionary.cambridge.org/pronunciation/english/cytotoxic

(Cambridge Dictionary) (you take "cytotoxic" and add the "-ity")

IPA: /ˌsaɪ.t̪oʊˌtɑːkˈsɪɾ.i/ (approximate, where the stress shifts slightly)

Phonetic Spelling: sahy-toh-tahk-SIH-tee

## 9. viability

Pronunciation link: <a href="https://www.merriam-webster.com/dictionary/viability">https://www.merriam-webster.com/dictionary/viability</a>

## (howjsay.com)

IPA: /ˌvaɪəˈbɪlɪti/ (<u>howjsay.com</u>)
Phonetic Spelling: *vy-uh-BIL-ih-tee* 

## 10. incubator

Pronunciation link: <a href="https://www.merriam-webster.com/dictionary/incubator">https://www.merriam-webster.com/dictionary/incubator</a>

(howjsay.com)

IPA: /ˈɪŋ.kjuː.beɪ.tər/ (<a href="https://howjsay.com">howjsay.com</a>)
Phonetic Spelling: ING-kyoo-bay-ter