

**Submission ID #: 68321**

**Scriptwriter Name: Poornima G**

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**Title: Exploring the Sequential Cellular Events of Phagocytosis  
Triggered by Godanti Bhasma in Mammalian Cells**

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## **Author Questionnaire**

- 1. Microscopy:** Does your protocol require the use of a dissecting or stereomicroscope for performing a complex dissection, microinjection technique, or something similar? **No**
  
- 2. Software:** Does the part of your protocol being filmed include step-by-step descriptions of software usage? **Yes, done**
  
- 3. Filming location:** Will the filming need to take place in multiple locations? **NO**

### **Current Protocol Length**

Number of Steps: 21

Number of Shots: 49 (8 SC)

# Introduction

*Videographer: Obtain headshots for all authors available at the filming location.*

**NOTE: The file names and the god takes provided by the videographer are indicated at every shot. Please follow that.**

- 1.1. **Subrata K. Das:** Phagocytosis, where phagocytes ingest and break down foreign particles, is crucial for immune defense. Improved, user-friendly methods are needed to efficiently monitor and evaluate this complex cellular process.
  - 1.1.1. INTERVIEW: Named talent says the statement above in an interview-style shot, looking slightly off-camera. *Suggested B-roll: 2.3.1* **Videographer's NOTE: 1.1.1**  
C0005 Final Take

What are the current experimental challenges?

- 1.2. **Gaurav Dutt:** Capturing real-time degradation events, and avoiding artifacts from photobleaching remain key challenges in accurately studying phagocytosis and intracellular trafficking.
  - 1.2.1. INTERVIEW: Named talent says the statement above in an interview-style shot, looking slightly off-camera. *Suggested B-roll: 2.5.1* **Videographer's NOTE: 1.2.1**  
C0012 Final Take

What advantage does your protocol offer compared to other techniques?

- 1.3. **Gaurav Dutt:** Unlike fluorescent or synthetic particles, our protocol uses Godanti Bhasma, a label-free particle, enabling direct visualization of phagocytosis stages without photobleaching, opsonization, or complex preparation.
  - 1.3.1. INTERVIEW: Named talent says the statement above in an interview-style shot, looking slightly off-camera. *Suggested B-roll: 5.2.1* **Videographer's NOTE: 1.3.1**  
C0013 Final Take

How will your findings advance research in your field?

- 1.4. **Subrata K. Das:** These findings provide a reproducible model to dissect phagocytic mechanisms, offering new tools to study vacuolar dynamics, phagosome dysfunction, and potential therapeutic interventions for immune and lysosomal disorders.
  - 1.4.1. INTERVIEW: Named talent says the statement above in an interview-style shot, looking slightly off-camera. *Suggested B-roll: 6.2.1* **Videographer's NOTE: 1.4.1**  
C0008 Final Take

What research questions will your laboratory focus on in the future?

- 1.5. **Subrata K. Das:**We aim to explore the molecular regulators of phagosome maturation, investigate phagocytic dysfunction in disease models, and screen potential drugs that modulate vacuolar dynamics and intracellular trafficking.

- 1.5.1. INTERVIEW: Named talent says the statement above in an interview-style shot, looking slightly off-camera. *Suggested B-roll: 7.3.1* **Videographer's NOTE: 1.5.1**  
C0062 Final Take

***Videographer: Obtain headshots for all authors available at the filming location.***

# Protocol

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## 2. Preparation of Godanti Bhasma (GB) Stock Solution for Cell Culture

**Demonstrator:** Vishakha Goswami

2.1. To begin, weigh exactly 100 milligrams of Godanti Bhasma or GB powder [1]. Suspend the powder in 10 milliliters of DMEM supplemented with 10 percent FBS and 1 percent penicillin-streptomycin [2].

2.1.1. Talent weighing 100 milligrams of GB powder on an analytical balance.

**Videographer's NOTE:** 2.1.1 C0014 Final Take

2.1.2. Talent adding the GB powder to a container with 10 milliliters of supplemented DMEM.

**Videographer's NOTE:** 2.1.2 C0015 Final Take

2.2. Vortex the suspension thoroughly to mix the contents [1] and let the mixture stand for 1 minute to allow the larger particles to settle at the bottom [2]. Using a pipette, transfer the upper 5 milliliters of the suspension into a sterile centrifuge tube [3].

2.2.1. Talent vortexing the tube containing the GB suspension.

**Videographer's NOTE:** 2.2.1 C0016 Final Take

2.2.2. Close-up of the tube left undisturbed for 1 minute to show settling particles.

**Videographer's NOTE:** 2.2.2 C0017 Final Take

2.2.3. Talent pipetting the top 5 milliliters of the clear suspension into a new sterile centrifuge tube.

**Videographer's NOTE:** 2.2.3 C0018 Final Take

2.3. Label the 5 milliliters of transferred GB suspension as the stock solution for further cell culture work [1]. Vortex the suspension thoroughly again to ensure even dispersion of particles before adding it to the cells [2].

2.3.1. Talent labeling the centrifuge tube as "GB stock solution".

**Videographer's NOTE:** 2.3.1 C0019 Final Take

2.3.2. Talent vortexing the labeled tube again.

**Videographer's NOTE:** 2.3.2 C0020 Final Take

### **3. Time-Lapse Microscopy of GB Treated Cells**

- 3.1. Seed  $3 \times 10^4$  3T3-L1 (3-T-3-L-1) cells into a 35-millimeter dish containing 2 milliliters of DMEM [1]. Incubate the dish at 37 degrees Celsius in an atmosphere of 5 percent carbon dioxide until the cells reach 70 percent confluency [2].
  - 3.1.1. Talent pipetting  $3.0 \times 10^4$  3T3-L1 cells into a 35 millimeter culture dish with 2 milliliters of medium. Videographer's NOTE: 3.1.1 C0022 Final Take
  - 3.1.2. Talent placing the culture dish in the carbon dioxide incubator. Videographer's NOTE: 3.1.2 C0023 Final Take
- 3.2. Then, mix 300 microliters of the GB stock suspension thoroughly into 2 milliliters of pre-warmed fresh culture medium [1]. Place the culture dish containing cells and GB suspension onto the stage incubator of the imaging microscope [2].
  - 3.2.1. Talent pipetting 300 microliters of GB stock into the medium and mixing thoroughly. Videographer's NOTE: 3.2.1 C0024 Final Take
  - 3.2.2. Talent positioning the culture dish on the microscope stage Incubator. Videographer's NOTE: 3.2.2 C0025 Final Take
- 3.3. Select the **10x Objective** on the microscope [1]. Turn on the brightfield illumination using the **Bright** button [2]. Then launch the DIGIImageplus (digi-image) software and select the appropriate camera [3]. Click the **Capture** button and choose the **Time-lapse** option [4]. Set the interval time to 5 minutes [5] and start recording by clicking the **Finish** button [6].
  - 3.3.1. Talent adjusting the microscope to the 10x objective lens. Videographer's NOTE: 3.3.1 C0026 Final Take
  - 3.3.2. Talent switching on the bright button manually on the microscope. Videographer's NOTE: 3.3.2 C0027 Final Take
  - 3.3.3. SCREEN: 68321\_Screenshot\_1.mp4 00:04-00:12.
  - 3.3.4. SCREEN: 68321\_Screenshot\_2.mp4.
  - 3.3.5. SCREEN: 68321\_Screenshot\_3.mp4.
  - 3.3.6. SCREEN: 68321\_Screenshot\_4.mp4 00:05-00:11.
- 3.4. Capture brightfield images at 5-minute intervals continuously for 16 to 24 hours inside the microscope stage carbon dioxide incubator [1].
  - 3.4.1. Talent placing the culture dish inside the microscope stage incubator with

ongoing time-lapse capture visible on the screen. **Videographer's NOTE: 3.4.1**  
**C0029 Final Take**

3.5. Use ImageJ software to compile all captured images into a time-lapse video [1]. This enables identification of the phagocytosis stages from particle internalization to their complete degradation [2].

3.5.1. **SCREEN**: 68321\_Screenshot\_5.mp4. 00:55:01:06

3.5.2. **SCREEN**: 68321\_Screenshot\_6.mp4. 00:05-00:35 *Video editor Please speed up*

#### **4. Neutral Red Staining of GB Treated Cells**

4.1. After 24 hours of cell growth in 96-well plates, mix the GB particle stock suspension thoroughly [1]. Add 30 microliters of the suspension to each well [2].

4.1.1. Talent vortexing the GB stock suspension before use. **Videographer's NOTE:**  
**4.1.1 C0031 Final Take**

4.1.2. Talent pipetting 30 microliters of GB suspension into each well. **Videographer's**  
**NOTE: 4.1.2 C0032 Final Take**

4.2. Use wells without GB particles as negative controls [1]. Incubate the plates at 37 degrees Celsius in 5 percent carbon dioxide for 24 hours to induce vacuole formation [2].

4.2.1 Talent marking the negative control well. **NOTE: Shots are inverted and**  
**numbered as per new order**

4.2.2 Talent placing the treated plates into a carbon dioxide incubator **Videographer's**  
**NOTE: 4.2.2(earlier as 4.2.1) C0033 Final Take**

4.3. To prepare Neutral Red solution, dissolve Neutral Red to make a 0.5 milligrams per milliliter solution in serum-free DMEM [1]. Filter the solution through a 0.2 micrometer filter [2].

4.3.1. Talent dissolving Neutral Red powder in serum-free medium and mixing. **Videographer's NOTE: 4.3.1 C0034 Final Take**

4.3.2. Talent adding the dye solution into a 0.2 micrometer syringe filter. **Videographer's NOTE: 4.3.2 C0035 Final Take**

4.4. For imaging, remove the media from 96-well plates [1]. After adding 60 microliters of

the filtered dye to each well, incubate the plate at 37 degrees Celsius for 15 minutes [2]. Wash the wells three times with PBS to remove excess dye [3], then proceed with microscopic imaging [4].

4.4.1. Talent aspirating the media from each well. **Videographer's NOTE: 4.4.1**

**C0036 Final Take**

4.4.2. Talent placing the plate into the incubator. **Videographer's NOTE: 4.4.2 C0037**

**Final Take**

4.4.3. Talent adding the wells with PBS. **Videographer's NOTE: 4.4.3 C0038 Final**

**Take**

4.4.4. Talent placing the stained samples under a microscope for imaging.

**Videographer's NOTE: 4.4.4 - 4.5.1 C0040 Final Take**

4.5. Examine the stained vacuoles under a microscope using the 20x objective [1] to assess the size, morphology, and number of vacuoles [2].

4.5.1. Talent adjusting the microscope to the 20x objective and observing stained vacuoles. **Videographer's NOTE: 4.4.4 - 4.5.1 C0040 Final Take**

**Added shot: SCREEN: Shot of NR staining on the screen while image capturing is in progress**

**Videographer's NOTE: (Added shot) C0041 Shot of the screen**

## **5. Treatment with Bafilomycin A1 for Vacuole Formation and Acidification Inhibition**

**Demonstrator: Abul Faiz**

5.1. To prepare Bafilomycin A1 stock solution, dissolve 100 micrograms of the compound in 50 microliters of dimethyl sulfoxide [1], then dilute it with 950 microliters of DMEM [2]. For the working solution, dilute 1 microliter of the stock in 1.6 milliliters of DMEM to obtain a final concentration of 0.1 nanomolar [3].

5.1.1. Talent dissolving 100 micrograms of Bafilomycin A1 in 50 microliters of dimethyl sulfoxide. **Videographer's NOTE: 5.1.1 to 5.1.3 C0042 Final Take**

5.1.2. Talent adding 950 microliters of DMEM to the dissolved solution and shaking the tube.

5.1.3. Talent pipetting 1 microliter of stock into 1.6 milliliters of medium to prepare the working solution.

5.2. Mix the working solution thoroughly [1] and add 100 microliters to the wells containing cells in the 96-well plates [2]. Then, incubate the cells in each well with 30 microliters

of GB particle suspension to study inhibition of vacuole and phagosome formation [3].

5.2.1. Talent vortexing or pipetting to mix the Bafilomycin A1 working solution.

**Videographer's NOTE:** 5.2.1 C0043 Final Take

5.2.2. Talent pipetting 100 microliters of the Bafilomycin A1 solution and 30 microliters of GB into cell-containing wells. **NOTE:** May be C0044 Final Take

5.2.3. Talent placing the plate aside for incubation. **NOTE:** may be C0045 Final Take

5.3. To inhibit phagosome acidification, add 100 microliters of the Bafilomycin A1 working solution to wells with pre-formed vacuoles previously treated with GB [1]. Incubate all wells at 37 degrees Celsius in 5 percent carbon dioxide for 24 hours [2].

5.3.1. Talent pipetting 100 microliters of the Bafilomycin A1 working solution into wells with pre-formed vacuoles. **Videographer's NOTE:** 5.3.1 C0046 Final Take

5.3.2. Talent placing the treated plate back into the incubator. **Videographer's NOTE:** 5.3.2 C0047 Final Take

5.4. Add 60 microliters of Neutral Red dye to each well [1]. Incubate for 15 minutes at 37 degrees Celsius [2] and wash the wells three times with PBS to remove excess dye [3], then analyze vacuole formation and acidification under the microscope [4 and 5].

5.4.1. Talent pipetting 60 microliters of dye into the wells. **Videographer's NOTE:** 5.4.1 C0048 Final Take

5.4.2. Talent placing the plate into the incubator. **Videographer's NOTE:** 5.4.2 C0047 Same as 5.3.2

Added shot: Talent adding the wells with PBS. **Videographer's NOTE:** 5.4.3(Added shot) C0049

5.4.3 Talent placing the sample under the microscope. **Videographer's NOTE:** 5.4.4(Earlier as 5.4.3) C0050

Added shot : SCREEN: Show Vacuole inhibition and Vacuole Acidification inhibition. **Videographer's NOTE:** C0051 b) Vacuole inhibition result C0052 c) Acidification inhibition. *Please show 5.4.3 and this added shots using split screen*

## **6. Acridine Orange (AO) Staining to Assess the Cells Post-Treatment**

**Demonstrator:** Gaurav Dutt

- 6.1. Treat the cultured cells with 50 microliters of GB suspension [1] and incubate them overnight at 37 degrees Celsius in 5 percent carbon dioxide under standard experimental conditions [2].
  - 6.1.1. Talent pipetting 50 microliters of GB suspension into the culture. **Videographer's NOTE: 6.1.1 C0053 Final Take**
  - 6.1.2. Talent placing the sample in the carbon dioxide incubator. **Videographer's NOTE: 6.1.2 C0054 Final Take**
- 6.2. Following treatment, add acridine orange solution at 1 milligram per milliliter concentration to the cells [1] and incubate for 15 minutes at 37 degrees Celsius to stain vacuoles and acidic vesicular organelles [2].
  - 6.2.1. Talent adding acridine orange solution to each cavity. **Videographer's NOTE: 6.2.1 C0055 Final Take**
  - 6.2.2. Talent placing the slides in the incubator. **Videographer's NOTE: 6.2.2 C0053 Same as 6.1.1**
- 6.3. Next, wash the cells three times with sterile PBS to remove any unbound dye and reduce background fluorescence [1].
  - 6.3.1. Talent adding the stained slides with PBS using a pipette. **Videographer's NOTE: 6.3.1 C0056 Final Take**
- 6.4. Finally, analyze the stained slides immediately using a fluorescence microscope fitted with a 20x objective and a blue excitation filter range of 450 to 492 nanometers [1]. Assess cellular morphology and acridine orange uptake to understand vacuolar dynamics [2].
  - 6.4.1. Talent placing the slide under the fluorescence microscope and adjusting to the 20x objective. **Videographer's NOTE: 6.4.1 C0057 Final Take**
  - 6.4.2. SCREEN: 68321\_Screenshot\_7.mp4. 00:20-00:31

# Results

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## 7. Results

7.1. After 30 minutes of GB treatment, particles were observed attached to the surface of 3T3-L1 cells [1]. A cup-like membrane extension appeared around the particle, indicating the initiation of particle engulfment [2].

7.1.1. LAB MEDIA: Figure 1. *Video editor: Highlight 1<sup>ST</sup> image on row 2, and focus on the black spot at the cell boundary.*

7.1.2. LAB MEDIA: Figure 1. *Video editor: Highlight 1<sup>ST</sup> image on row 3, and focus on the black spot that forms cup like structure.*

7.2. At 12 hours post-treatment, large membrane-bound vacuoles containing GB particles were observed inside the cells [1].

7.2.1. LAB MEDIA: Figure 1D. *Video editor: Highlight the 4<sup>TH</sup> row images sequentially.*

7.3. Time-lapse imaging demonstrated the stepwise internalization and vacuole formation in a single live cell over 4.75 hours [1].

7.3.1. LAB MEDIA: Figure 2. *Video editor: Sequentially highlight the images and focus on the cells at the center (very light round cell which is eating up some black particles).*

7.4. GB particles within vacuoles progressively degraded over time, and the cell regained normal morphology, as indicated by vacuolar turnover [1].

7.4.1. LAB MEDIA: Figure 3. *Video editor: Sequentially highlight the images.*

7.5. Flow cytometry analysis showed that internalized Godanti Bhasma particles were completely degraded within 24 hours, with no particles remaining in the culture medium [1].

7.5.1. LAB MEDIA: Figure 4A. *Video editor: Highlight the 24 h Images.*

7.6. Neutral Red staining revealed significantly higher vacuolar acidification in GB-treated cells of all three cell lines compared to [1] controls, which displayed only weak lysosomal staining [2].

7.6.1. LAB MEDIA: Figure 5A-C. *Video editor: Highlight the large red-stained vacuoles in each GB-treated cell image.*

7.6.2. LAB MEDIA: Figure 5D-F.

7.7. Acridine Orange staining showed orange-red fluorescence in vacuoles of GB-treated 3T3-L1 cells, indicating acidification [1], while untreated cells showed only green fluorescence [2].

7.7.1. LAB MEDIA: Figure 6A. *Video editor: Highlight the vacuoles showing orange-red coloration in treated cells.*

7.7.2. LAB MEDIA: Figure 6B.

7.8. Co-treatment with Bafilomycin inhibited vacuole formation in both 3T3-L1 [1] and HeLa cells, as evidenced by the absence of vacuoles[2] compared to their respective controls [3]. After treatment with Bafilomycin, Neutral Red uptake was effectively blocked, disrupting vacuole acidification and maturation in cells[4].

7.8.1. LAB MEDIA: Figure 7A.

7.8.2. LAB MEDIA: Figure 7C.

7.8.3. LAB MEDIA: Figure 7B and D. *Video editor: Highlight the visible RED vacuoles.*

7.8.4. LAB MEDIA: Figure 8*Video editor: Highlight A and C.*

- **Godanti Bhasma**

Pronunciation link (HowToPronounce):

<https://www.howtopronounce.com/patanjali-divya-godanti-bhasma-howtopronounce.com+15howtopronounce.com+15howtopronounce.com+15>

**IPA:** /gou'dʌn.ti 'bɑːʃ.maː/

**Phonetic:** go-DUN-tee BAHSH-mah

- **DMEM** (Dulbecco's Modified Eagle Medium)

No confirmed pronunciation link found

**IPA:** /diː-ɛm-ɛm/

**Phonetic:** dee-em-em

- **FBS** (Fetal Bovine Serum)

No confirmed link found

**IPA:** /ɛf-bi-ɛs/

**Phonetic:** ef-bee-ess

- **Penicillin–Streptomycin**

Pronunciation link (Merriam-Webster):

<https://www.merriam-webster.com/dictionary/penicillin>

<https://www.merriam-webster.com/dictionary/streptomycin>

**IPA:** /ˌpɛnɪˈsɪlɪn strepˈtoʊmaɪsɪn/

**Phonetic:** pen-ih-SILL-in strep-TOE-my-sin

- **Centrifuge tube**

Pronunciation link (Merriam-Webster):

<https://www.merriam-webster.com/dictionary/centrifuge>

**IPA:** /ˈsɛn.trəˌfjuːdʒ tuːb/

**Phonetic:** SEN-truh-fyooj toob

- **Confluency**

Link (Merriam-Webster):

<https://www.merriam-webster.com/dictionary/confluency>

**IPA:** /ˈkɒn.flu.ən.si/

**Phonetic:** KON-floo-en-see

- **Incubator**

Link (Merriam-Webster):

<https://www.merriam-webster.com/dictionary/incubator>

**IPA:** /ˈɪŋ.kjə.beɪ.tər/

**Phonetic:** ING-kyu-bay-tur

- **Time-lapse**

Link (Merriam-Webster):

<https://www.merriam-webster.com/dictionary/time-lapse>

**IPA:** /ˈtaɪm.læps/

**Phonetic:** TYME-laps

- **Brightfield** (microscopy mode)

No confirmed link found

**IPA:** /ˈbraɪt.fiːld/

**Phonetic:** BRYTE-feeld

- **Acridine orange**

Link (HowToPronounce doesn't exist; using Merriam-Webster for “acridine”):

<https://www.merriam-webster.com/dictionary/acridine>

**IPA:** /ˈæk.rɪˌdiːn ˈɔːr.ɪndʒ/

**Phonetic:** ACK-ri-deen OR-inj

- **Vacuolation**

Link (No confirmed source found)

**IPA:** /,væk.ju.ə'leɪ.ʃən/

**Phonetic:** vak-yoo-ah-LAY-shun

- **Phagocytosis**

Link (Merriam-Webster):

<https://www.merriam-webster.com/dictionary/phagocytosis>

**IPA:** /,fæg.ou.sai'tou.sɪs/

**Phonetic:** fag-oh-sigh-TOE-sis

- **Bafilomycin A<sub>1</sub>**

No pronunciation link found

**IPA:** /bə'fɪl.ə'maɪ.sɪn eɪ wʌn/

**Phonetic:** ba-FIL-oh-MY-sin A-one

- **Neutral Red** (dye name)

Link (Merriam-Webster for “neutral” and “red”):

<https://www.merriam-webster.com/dictionary/neutral>

<https://www.merriam-webster.com/dictionary/red>

**IPA:** /'nju:.trəl rɛd/

**Phonetic:** NEW-truhl red

- **Analytical balance**

Link for “analytical”:

<https://www.merriam-webster.com/dictionary/analytical>

**IPA:** /,æn.ə'lɪt.i.kəl 'bæl.əns/

**Phonetic:** an-uh-LIT-i-kul BAL-uns