

Submission ID #: 67760

Scriptwriter Name: Debopriya Sadhukhan

Project Page Link: <https://review.jove.com/account/file-uploader?src=20666848>

**Title: Evaluation of Antioxidant and Anthelmintic Properties of *Tithonia diversifolia* Extracts Against Gastrointestinal Nematode Eggs Using In Vitro Assays**

**Authors and Affiliations:**

Griselda Asuncion Meza Ocampos<sup>1</sup>, Luisa Custodio<sup>2</sup>, Laura Mereles<sup>3</sup>, Rocío Ávila<sup>4</sup>, Domitila Villalba<sup>1</sup>, Ismael Llano Obregon<sup>1</sup>, Fatima Sánchez Madsen<sup>1</sup>

<sup>1</sup>Multidisciplinary Center for Technological Research, National University of Asunción (CEMIT - UNA)

<sup>2</sup>Centre of Marine Sciences (CCMAR/CIMAR LA), University of Algarve, Ed.7, Gambelas Campus, Faro

<sup>3</sup>Department of Food Biochemistry, Biodiversity, Food and Health Group (BIOALSA), Faculty of Chemical Sciences, National University of Asunción (FCQ - UNA)

<sup>4</sup>Carleton College

**Corresponding Authors:**

Griselda Asuncion Meza Ocampos ([mezagriselda@hotmail.com](mailto:mezagriselda@hotmail.com); [griselda.meza@rec.una.py](mailto:griselda.meza@rec.una.py) )

**Email Addresses for All Authors:**

Griselda Asuncion Meza Ocampos ([mezagriselda@hotmail.com](mailto:mezagriselda@hotmail.com); [griselda.meza@rec.una.py](mailto:griselda.meza@rec.una.py) )

Luisa Custodio ([lcustodio@ualg.pt](mailto:lcustodio@ualg.pt))

Laura Mereles ([lauramereles@qui.una.py](mailto:lauramereles@qui.una.py))

Rocío Ávila ([avilar@carleton.edu](mailto:avilar@carleton.edu))

Domitila Villalba ([domivillalba10@gmail.com](mailto:domivillalba10@gmail.com))

Ismael Llano Obregon ([ismaelfacen@gmail.com](mailto:ismaelfacen@gmail.com))

Fatima Sánchez Madsen ([fatibelen.sm@gmail.com](mailto:fatibelen.sm@gmail.com))

## Author Questionnaire

1. We have marked your project as author-provided footage, meaning you film the video yourself and provide JoVE with the footage to edit. JoVE will not send the videographer. Please confirm that this is correct.

Correct X

2. **Microscopy:** Does your protocol require the use of a dissecting or stereomicroscope for performing a complex dissection, microinjection technique, or something similar? **NO**

3. **Software:** Does the part of your protocol being filmed include step-by-step descriptions of software usage? **NO**

4. **Proposed filming date:** To help JoVE process and publish your video in a timely manner, please indicate the proposed date that your group will film here: **August**

When you are ready to submit your video files, please contact our Content Manager, [Utkarsh Khare](#).

### Current Protocol Length

Number of Steps: 14

Number of Shots: 20

# Introduction

---

*Videographer: Obtain headshots for all authors available at the filming location.*

**NOTE:** Authors changed all interview answers on spot

- 1.1. **Griselda Meza Ocampos:** My research focuses on parasitology. Currently, studying natural compounds from plants to control internal parasites in small ruminants.
  - a. We want to integrate the traditional knowledge and the alternative methods to controlling small ruminant worm populations.
  - b. For this purpose we design effective, long-term, and environmentally sustainable parasite control strategies

1.1.1. INTERVIEW: Named Talent says the statement above in an interview-style shot, looking slightly off-camera. *Suggested B-roll: 3.3.1., 3.3.2. (slated 1.1 A + 1.1B)(last one)*

What technologies are currently used to advance research in your field?

- 1.2. **Csilla Zambori:** Nowadays, increasingly using technologies like predictive modelling, automatic counters, and molecular tools for detecting specific alleles. Moreover, several institutes around the world are developing vaccines prototypes against *Haemonchus contortus*, which is a major step forward. Others are using organoid models to reduce reliance on laboratory animals. This is ethically and scientifically valuable. Overall, there is a strong and coordinated global effort to advance diagnostic tools and research, aiming to develop innovative and sustainable strategies for parasite control worldwide and prevent drug resistance.

1.2.1. INTERVIEW: Named Talent says the statement above in an interview-style shot, looking slightly off-camera. *(last one)*

What are the current experimental challenges?

- 1.3. **Helene Desanti:** The main challenge of this technique lies in the variability of the egg hatching response. Even when following all the protocol steps, the egg's hatching may occur between 48 - 72 hours, or, in some cases, not at all.

1.3.1. INTERVIEW: Named Talent says the statement above in an interview-style shot, looking slightly off-camera. *Suggested B-roll: 4.1.1. (last one)*

What significant findings have you established in your field?

- 1.4. **Griselda Meza Ocampos:** Our findings showed in vitro ovicidal activity, confirming the antiparasitic potential. Thus, representing a meaningful discovery and their potential clinical application to enhance animal health. Additionally, the low cost and ethical approach of this assay validates the use of traditional knowledge regarding future studies.
- 1.4.1. INTERVIEW: Named Talent says the statement above in an interview-style shot, looking slightly off-camera. *Suggested B-roll: 4.1.1.(last one)*

How will your findings advance research in your field?

- 1.5. **Griselda Meza Ocampos:** Our study results delivered evidence-based insights into alternative anthelmintic strategies. Validated eco-friendly compounds to support control strategies to reduce drug dependency.
- 1.5.1. INTERVIEW: Named Talent says the statement above in an interview-style shot, looking slightly off-camera. *(last one)*

### **Ethics Title Card**

This research has been approved by the CEMIT animal ethics committee

# Protocol

---

*Videographer: The authors will provide footage for the protocol section, so you don't need to film it.*

**NOTES:**

1. Authors filmed the protocol
2. Videographer filmed the interviews
3. Authors have slated the protocol sections as section 4 and then 5 (as given in their post shoot script). So protocol starts at 4.1.1 shot.

## 4. Parasitological Procedures Using the McMaster Egg Counting Technique

- 4.1. To begin, mix 30 grams of each fecal sample with 50 milliliters of saturated salt solution with a density of 1.2 grams per milliliter to prepare for coprology assays [1].
  - 4.1.1. WIDE: A shot of the prepared fecal solution and the talent holding it or standing beside it.
- 4.2. Homogenize 3 grams of fecal sample in 50 milliliters of saturated sodium chloride solution [1]. Filter the mixture through cheesecloth and fill both chambers of a McMaster slide with the filtered suspension and allow the slide to stand undisturbed for 5 minutes [2].
  - 4.2.1. Talent mixing fecal sample in 50 milliliters of sodium chloride solution.
  - 4.2.2. Talent pouring the mixture through a cheesecloth into a beaker. **NOTE: Delete, VO merged with the previous shot**
  - 4.2.3. Talent pipetting the filtered sample into both chambers of a McMaster slide.
- 4.3. Examine the slide under a microscope at 10x (*ten-ex*) magnification [1] and count strongyle-type eggs [2]. Calculate eggs per gram by using the given formula [2].
  - 4.3.1. Talent placing the slide under a microscope.
  - 4.3.2. SCOPE: Microscope view showing strongyle-type eggs at 10 times magnification.
  - 4.3.3. TEXT on PLAIN BACKGROUND:

$$\text{Eggs per g or EPG} = (\text{egg count}) \times 50$$

## 5. Egg Hatch Assay (EHA)

- 5.1. Filter the feces twice using sterile gauze [1].
  - 5.1.1. Talent pouring fecal mixture through sterile gauze into a clean beaker.

- 5.2. Then, filter the resulting suspension [1] and transfer it to a sieve [2].
  - 5.2.1. Talent pouring the filtered liquid again through sterile gauze.
  - 5.2.2. Talent transferring the filtrate into a sieve.
- 5.3. Wash the material retained on the sieve with distilled water [1] and collect the washed suspension into 15 milliliter tubes [2].
  - 5.3.1. Talent using a squeeze bottle to rinse the sieve with distilled water.
  - 5.3.2. Talent transferring the rinsed suspension into 15 milliliter centrifuge tubes.
- 5.4. Place the samples in a tabletop centrifuge with a swinging bucket rotor and spin at approximately 4800 *g* for 5 minutes at room temperature [1-TXT].
  - 5.4.1. Talent placing the tubes into a tabletop centrifuge and closing the lid. **TXT: Repeat centrifugation 2x with distilled H<sub>2</sub>O; 1x with saturated saline to concentrate the eggs**
- 5.5. Resuspend the eggs in PBS and adjust the egg concentration to 100 eggs per milliliter for assay setup [1].
  - 5.5.1. Talent pipetting PBS into the centrifuge tube containing the sample and mixing gently.
- ~~5.6. Now, adjust the egg concentration to 100 eggs per milliliter for assay setup [1].~~
  - ~~5.6.1. Talent diluting the suspension to achieve 100 eggs per milliliter. **NOTE: Delete, VO merged with the previous shot**~~
- 5.7. Prepare the positive control by dissolving thiabendazole in PBS to obtain a 1000 micrograms per milliliter stock solution [1-TXT].
  - 5.7.1. Talent dissolving thiabendazole in PBS. **TXT: Negative control: Egg suspension in PBS**
- ~~5.8. Then, prepare the negative control using the egg suspension in PBS [1].~~
  - ~~5.8.1. Talent adding PBS to the egg suspension in a fresh tube to prepare the negative control. **NOTE: Delete, VO moved as on screen text**~~
- ~~5.9. Take a 48 well multiwell plate and prepare a final volume of 250 microliters in each well using a 1:1 (one to one) mixture of extract and egg suspension [1].~~
  - ~~5.9.1. Talent pipetting 125 microliters of extract and 125 microliters of egg suspension into the wells of the 48 well multiwell plate. **NOTE: Delete, VO merged with the next shot**~~
- 5.10. After adding the 1:1 (one to one) mixture of extract and egg suspension, add approximately 100 eggs per milliliter to each well of a 48-well plate [1-TXT].

5.10.1. Talent gently pipetting the egg suspension into wells. **TXT: Prepare each concentration in quadruplicate; Count the eggs under an inverted microscope at 40x**

~~5.11. ——— Finally, count the eggs under an inverted microscope at 40x (forty ex)- magnification [1].~~

~~5.11.1. SCOPE: View of eggs at 40 times magnification through the inverted microscope.~~

---

## Results

---

### 6. Results

6.1. The concentration-dependent ovicidal and larvicidal effects measured by the egg hatch assay are presented in this table [1].

6.1.1. LAB MEDIA: Table 2. *Video Editor: If the whole table is too large to be displayed on screen, only include:*

***Columns:** Concentration, % hatching mean, % inhibition mean, % LFE, % OE, % hatching, and % hatching inhibition.*

***Rows:** Title row of the applicable columns (the row with bold words), 2400µg/ml (and rows 2, 3, 4 below this), 1200µg/ml (and rows 2, 3, 4 below this), and Control-PBS (and rows 2, 3, 4 below this).*

*If possible, include the equations that are at the top of the table (%LFE, %OE, %hatching, and %inhibition).*

6.2. At 2400 micrograms per milliliter, a highly significant reduction in egg hatching was observed, with a mean hatching percentage of only 0.76 percent, indicating near-complete suppression of embryonic development [1].

6.2.1. LAB MEDIA: Table 2. *Video editor: Highlight the row for 2400 µg/mL and emphasize the "% hatching mean" value of 0.76.*

6.3. The inhibition percentage at this concentration reached 99.24 percent, confirming a strong ovicidal effect [1].

6.3.1. LAB MEDIA: Table 2. *Video editor: Highlight the row for 2400 µg/mL and emphasize the "% inhibition mean" value of 99.24.*

6.4. The percentage of larvae failing to eclose was 66.67 percent, indicating a disruption in the hatching process of gastrointestinal nematode eggs [1].

6.4.1. LAB MEDIA: Table 2. *Video editor: Highlight the row for 2400 µg/mL and emphasize the "% LFE" value of 66.67.*

6.5. The ovicidal effect, measured at 30.30 percent, suggests that a portion of eggs were arrested during early embryonic stages [1].

6.5.1. LAB MEDIA: Table 2. *Video editor: Highlight the row for 2400 µg/mL and emphasize the "% OE" value of 30.30.*



6.6. The PBS control group showed over 80 percent hatching, confirming the expected baseline in the absence of inhibitory agents [1].

6.6.1. LAB MEDIA: Table 2. *Video editor: Highlight the row for 2400  $\mu\text{g/mL}$  and emphasize the "% hatching" value of 83.02.*