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Cryo-section Dissection for Accurate and Deep Quantitative Proteome Analysis of the Adult Subependymal Zone --Manuscript Draft--

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SUMMARY:

Cryo-section-dissection allows fresh, frozen preparation of the largest neurogenic niche in the murine brain for deep quantitative proteome analysis. The method is precise, efficient, and causes minimal tissue perturbation. Therefore, it is ideally suited for studying the molecular microenvironment of this niche, as well as other organs, regions, and species.

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ABSTRACT:

The subependymal neurogenic niche consists of a paraventricular ribbon of the lateral ventricular wall of the lateral ventricle. The subependymal zone (SEZ) is a thin and distinct region exposed to the ventricles and cerebrospinal fluid. The isolation of this niche allows the analysis of a neurogenic stem cell microenvironment. However, the proteome analysis of small tissues is challenging, especially for the maintenance of considerable measurement depth and the achievement of reliable robustness. A new method termed cryo-section-dissection (CSD), combining high precision with minimal tissue perturbation, was developed to address these challenges. The method is compatible with state-of-the-art mass spectrometry (MS) methods that allow the detection of low-abundant niche regulators. This study compared the CSD and its proteome data to the method and data obtained by laser-capture-microdissection (LCM) and a standard wholemount dissection. The CSD method resulted in twice the quantification depth in less than half the preparation time compared to the LCM and simultaneously clearly outperformed the dissection precision of the wholemount dissection. Hence, CSD is a superior method for collecting the SEZ for proteome analysis.

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INTRODUCTION:

As neurogenesis is restricted in the adult brain, various central nervous system repair strategies

would greatly benefit from an increased understanding of the underpinnings of adult neural replacement. Rodents have helped understand the basic mechanisms of postnatal neurogenesis, although it should be noted that adult neurogenesis is greatly species-dependent. In mice, there are three adult neural stem cell (NSC) niches. The hypothalamus is an adult NSC niche with neurogenic potential^{1,2}, while continuous adult neurogenesis is mainly restricted to the hippocampus³ and the SEZ of the lateral walls of the lateral ventricles⁴⁻⁶. The SEZ is the largest germinal region containing NSCs (type B cells) that develop into neuroblasts (type A cells) via transit-amplifying progenitor cells (type C cells). The SEZ contains 20–35% of type B cells, 1–15% of type C cells, 1–30% of type A cells, and 25–50% of ependymal cells⁷. The SEZ features a complex microarchitecture, with endothelial cells, microglial cells, and ependymal cells residing in and influencing the stem cell niche⁸⁻¹⁰. Although neurons are scarce in the SEZ, axons emanating from distant sources such as the striatum, the ventral tegmental area, or the hypothalamus reach and influence type B cells⁴. A unique feature of this stem cell niche is the separation between the site of proliferation and the site of differentiation. After proliferation, the neuronal progenitors migrate several millimeters from the SEZ to the olfactory bulb, where they terminally differentiate into neurons and integrate into pre-existing neural circuits. Investigations into cellintrinsic programs associated with neurogenesis have already provided knowledge important for experimental therapeutic cell reprogramming and transplantation strategies 15-20. However, cellextrinsic signals also regulate neurogenesis, and tissue environments can determine the neurogenic fate of stem cells^{11,12,14,21-23}. Consequently, the investigation of the microenvironment of the neurogenic niches and its interaction with the stem cells is of crucial importance.

The extracellular matrix (ECM) and other secreted proteins are a large part of the microenvironment. For accurate identification and quantification, a proteomic approach is better suited than a transcriptomic approach to determine ECM composition due to the low correlation between transcriptome and protein levels for ECM^{24,25}. Moreover, there is substantial evidence that niche regulators in the SEZ are not exclusively produced by cells populating the niche itself. More distant locations, such as the choroid plexus, secrete modulatory signals transmitted to the stem cells via the cerebrospinal fluid^{22,23}. Investigating the niche proteome can help to identify niche regulators present in the niche independent of their production site, given that a substantial proportion of the extracellular microenvironment is assembled by proteins.

To collect the murine ventricular zone for unbiased proteomic analysis, a method with high precision is required, capturing the ca. 50 µm thin paraventricular ribbon containing stem cells while excluding the tissue of the adjacent striatum. Furthermore, tissue perturbation during the dissection must be minimalized for analyzing the extracellular microenvironment because soluble proteins, including growth factors or cytokines, could be washed away easily. Although it is possible to analyze the mass spectra of fixed tissue, the required agent, such as paraformaldehyde, will reduce the protein identification depth and may introduce posttranslational modifications. A common wholemount SEZ dissection, e.g., for the collection of cells for fluorescence-activated cell sorting analysis, removes the whole SEZ with scissors²⁶. This standard dissection is fast with minimal tissue perturbation. However, striatal contamination of the samples cannot be avoided.

Conversely, LCM has the outstanding advantage of superior dissection precision. However, LCM may introduce tissue perturbations, for instance, due to background staining or laser-caused protein denaturation. To combine the strengths of the wholemount dissection and LCM, a novel method that is compatible with MS, termed cryo-section-dissection (CSD), was developed (**Figure 1A–D**). The CSD allows the extraction of the SEZ and the dissection of the SEZ of the medial walls of the lateral ventricles (MEZ), which is an ideal, mostly non-neurogenic control region for the SEZ (see the protocol). The niche proteome obtained by the combination of CSD and state-of-the-art MS methods proved to be useful for the characterization and identification of novel regulators in this adult NSC niche²⁵. Hence, this method will be useful for the determination of SEZ tissue protein composition.

PROTOCOL:

All experimental procedures in this study were performed in accordance with German and European Union guidelines and were approved by the institutional animal care committee and the government of upper Bavaria (Regierung von Oberbayern). Only male C57Bl6 mice between the ages of 8–10 weeks were used for the experiments.

1. Preparation of the mouse brain (~15 min per mouse)

1.1. Prepare the dissection medium by adding 5 mL of 1 M HEPES (final concentration 10 mM) to 500 mL of 1x Hank's Balanced Salt Solution (HBSS).

NOTE: The storage time of the dissection medium (+4 °C) should not exceed 2 weeks.

1.2. Sacrifice the mice by cervical dislocation and carefully dissect the brain.

NOTE: When investigating the ECM, the tissue should preferably be unmodified. Cervical dislocation keeps dissection time as short as possible, thereby preventing post-mortal enzymatic autodigestion as much as possible. If removal of blood is critical to the research question, simply perfuse the mouse transcardially with phosphate-buffered saline (PBS) before removing the brain.

1.3. Extract the brain by manual dissection and place it in a culture dish containing ice-cold dissection medium (**Figure 1B – 1**).

NOTE: Keep the brains in dissection medium on ice throughout the dissection.

1.4. Remove the olfactory bulb (OB) with a scalpel (**Figure 1B – 2**) by a straight coronal cut between the OB and the anterior pole of the cortex.

1.5. Remove the anterior pole of the cortex with the scalpel using a coronal cut to make the lateral ventricles visible in the coronal plane (**Figure 1B – 3**).

NOTE: Make sure the coronal cut is made ~5 mm rostrally from the optic chiasm; otherwise, the rostral part of the SEZ/MEZ will be lost.

1.6. Using scissors, open both lateral ventricles from the top, starting with a sagittal section from the cortical surface to the ventricular lumen, and elongate this cut in a c-shaped manner following the ventricular flexion (**Figure 1B – 4**).

1.7. Connect the caudal ends of the left and right sagittal incision by means of an additional coronal cut with the scissors.

NOTE: The three cuts now form a trapezoid and will facilitate the removal of the cortex and corpus callosum in the next step.

1.8. Remove the cortex and corpus callosum covering the lateral ventricles using forceps (**Figure 1B – 5**). Then, remove the cortex and corpus callosum that cover the medial ventricular walls. Here, make additional cuts if the tissue is attached to the medial ventricular walls, or simply lift the cortex and corpus callosum with scissors to dislodge the tissue.

1.9. Carefully spread the ventricular walls with forceps (**Figure 1B – 6**). Remove the choroid plexus with forceps.

NOTE: Complete removal of the choroid plexus is important to avoid interference with the following dissection steps and avoid potential contamination of the SEZ/MEZ samples.

1.10. Put the brain on a glass slide and place the glass slide on top of dry ice to freeze the brain. Maintain the ventricular walls in the open configuration.

NOTE: Ensure enough distance between the lateral and medial walls of the ventricle to facilitate precise and exclusive dissection of SEZ and MEZ. If the tissue contracts back into a closed configuration, use the forceps to fix the walls in the desired position during freezing. Avoid any damage to the SEZ/MEZ. Try applying minimal force, mainly at the top edge of the opened ventricles.

2. Sectioning of the prepared brain (~15 min per mouse)

2.1. Cut $50-100 \mu m$ thick coronal sections of the brain until the end of the lateral ventricle using a cryostat and mount the sections onto glass slides. Ensure that the brain is attached to the cryostat attachment plate at the hindbrain with OCT medium and that no OCT comes in contact with the forebrain, especially at the ventricles.

NOTE: OCT medium will interfere with MS measurements. However, if the tissue will be used for an antibody assay, it is unnecessary to exclude OCT medium. The use of coated glass slides is not recommended. Coated slides apply too much adhesive force on the tissue, thereby impeding the

translocation of the tissue specimen from the slides into the microcentrifuge tube in the followingsteps.

3. Free-hand dissection of brain slices (~30 min per mouse)

3.1. Place the glass slides with the brain sections on dry ice under a dissection microscope (Figure 1C - 1).

3.2. Prepare the microcentrifuge tubes on dry ice, and ensure that the tubes stay on dry ice for at least 1 min to be sufficiently cold before specimen transfer.

NOTE: Use microcentrifuge tubes of high quality, as some low-quality tubes may shed plastic in the subsequent tissue digestion steps associated with MS measurements.

3.3. Lift the slices from the dry ice for 15–30 s to achieve a brief, incomplete thawing to render the compact myelin of the striatum observable as dense white dots.

NOTE: Locating the border between the SEZ and the striatum becomes feasible (**Figure 1C – 2**, see **Figure 2A** for the exclusion of myelin and a comparison with the wholemount method). If thawing takes too long, the process can be accelerated by pressing a glove-covered finger onto the opposite side of the glass slide. However, this maneuver should be practiced as excessive thawing occurs easily.

3.4. Separate the SEZ with a precooled scalpel from the adjacent striatum (**Figure 1C,D**).

3.5. Transfer the SEZ either as a whole piece or sectioned into 2–4 parts into a microcentrifuge tube by using the blunt edge of the cooled scalpel. If the tissue is to be used for another type of analysis other than MS, transfer the tissue specimen into the appropriate container instead (e.g., a 96-well plate).

NOTE: Cutting the completely frozen tissue may lead to tissue rapidly breaking away and falling off the slide. Cutting completely thawed tissue leads to the disintegration of the tissue. Ensure that the tissue is neither completely frozen nor completely thawed.

REPRESENTATIVE RESULTS:

When following the above steps, the tissue samples in the microcentrifuge tubes are ready for and compatible with MS sample preparation. After sample preparation, we obtained $^{\sim}5-7~\mu g$ of peptides per sample of either SEZ or MEZ per mouse. However, the final amounts of the peptides may depend on the MS preparation method. In the proteome comparisons below, protein identification and quantification depth (500–1,000 proteins per sample) were increased by computationally matching the peptide spectra to peptide spectra libraries created for each tissue region^{25,27}. Notably, the loss-less nano fractionation method used here for the creation of the peptide spectra libraries is currently not commercially available. The raw MS data were analyzed using the MaxQuant software²⁸, achieving mass accuracies in the parts per billion range²⁹. The

Max Quant environment allows matching between MS runs. Protein abundance was quantified using a label-free quantification algorithm³⁰. Immunohistochemical staining was done on fresh frozen tissues and performed as previously reported²⁵ (see the **Table of Materials**).

Cryo-section-dissection

The complete SEZ and MEZ of adult mice (n = 4) were obtained using CSD (see **Figure 1** and protocol). The somatosensory cortex (Cx) was dissected with surgical scissors. Additional 4 mice were dissected in the same manner; however, the dissected tissue was pooled into one sample per region to create the proteome library (10,923 identified proteins) for increased protein identification and quantification in the individual samples²⁵. In the four individual samples, (mean \pm SD) 6,673 \pm 317.4 proteins were quantified in the SEZ and 6,747 \pm 37.7 in the MEZ. All the MS proteomics data were deposited in the ProteomeXchange Consortium via the PRIDE³¹ partner repository, and the accession number for the proteomes reported here is ProteomeXchange: PXD016632 (http://proteomecentral.proteomexchange.org).

Comparison to wholemount dissection

Wholemount dissection was performed according to a standard protocol²⁶. Wholemount dissection revealed a similar number of proteins (approximately 6,000 for SEZ and 6,000 for Cx, n = 4 per group) compared to CSD²⁵. One of the intended improvements of using CSD for the SEZ, instead of a wholemount dissection protocol, is the reduction of potential striatal contamination. In SEZ samples contaminated with tissue from another region, detected candidate proteins cannot be allocated to a region as significant enrichment can result from the region of interest and the contaminator. Immunohistochemically, the myelin-associated glycoprotein (MAG) positive myelin-rich internal capsules of the striatum were identified in the wholemount samples but seldom in the CSD samples (**Figure 2A**). The striatal contamination in the wholemount samples could be confirmed by identifying the enrichment of myelin proteins in the SEZ compared to the somatosensory cortex (Cx) Grey Matter (GM) samples (**Figure 2B**). Note that large parts of the Cx GM, especially the upper Cx layers, are unmyelinated³².

As large fiber bundles pass through the striatum, contamination by this region resulted in the enrichment of myelin proteins compared to the Cx. The myelin proteins used as markers for striatal contamination in the SEZ samples were the myelin basic protein (MBP), the myelin-associated glycoprotein (MAG), the proteolipid-protein 1 (Plp1), and the 2',3'-cyclic-nucleotide 3'-phosphodiesterase (Cnp). All myelin-marker proteins were significantly enriched in the SEZ compared to the Cx. Conversely, comparisons for the four myelin marker proteins in the CSD dataset yielded no significant differences when comparing SEZ to Cx (Figure 2B). Proteomic data of the striatum³³ supports the hypothesis that the enrichment of myelin proteins in the SEZ samples of the wholemount dissection was caused by the contamination with striatal tissue. Hence, the CSD largely prevented contamination by striatal tissue (rich in compact myelin) compared to a wholemount dissection.

Unbiased proteome analysis of non-dissociated tissue can reveal interesting extracellular proteins. With improved dissection using the CSD, extracellular-associated proteins were significantly enriched in the samples compared to the wholemount samples (Figure 2C,

annotation enrichment test). The CSD and wholemount dissection display a comparable enrichment of the gene ontology (GO) terms "extracellular vesicular exosome" and "extracellular region part." However, the GO term "Matrisome-associated" is slightly more enriched in the CSD than in the wholemount dissection. Accordingly, the ECM cross-binding enzyme and recently discovered neurogenesis regulator transglutaminase-2 (Tgm2) were found enriched in the SEZ compared to Cx using the CSD²⁵. In contrast, no difference was found between SEZ and Cx samples obtained by the wholemount dissection (**Figure 2D**). Proteomic data of the striatum³³ support the hypothesis that the detection of the neurogenesis regulator Tgm2 by wholemount dissection was impeded by the contamination with striatal tissue. Hence, overall, the cryosection-dissection is a successful but also necessary improvement to the standard dissection for niche-specific proteome analysis.

Comparison to Laser-capture-microscopy

The front half of the SEZ and the MEZ of 3 adult mice were obtained for LCM (**Figure 3A**). Overall, the LCM method exhibits some disadvantages, specifically regarding tissue perturbation and efficiency. To visualize the region of interest under the dissection microscope, background staining is necessary, potentially washing away small or soluble proteins of interest, e.g., growth factors, cytokines, or ECM regulators such as enzymes. Furthermore, slides spend varying times at room temperature during laser removal. Moreover, the laser itself might denature proteins of interest.

CSD has a considerable advantage over LCM regarding the time and effort necessary to perform the dissection: step 1 of the protocol must be performed similarly for both CSD and LCM; without this step, ventricular walls remain adherent, making the separation of MEZ and SEZ samples difficult. Given that the CSD sections (100 μm) are 6–7 times thicker than the maximum thickness of the LCM sections (15 μm), step 2 (sectioning of the brain) and step 3 (removing the MEZ and SEZ from each coronal section) will take at least 6–7 times longer for LCM. The necessary background staining and setting up the laser microscope will consume additional time. Here, it took three times longer to harvest 50% of the SEZ and MEZ of 3 animals by LCM compared to 100% of the SEZ and MEZ of 4 animals by CSD, constituting an eightfold speed advantage of CSD. In summary, LCM not only requires a notable amount of additional effort, but the tissue is also subjected to a substantially longer period of manipulation and temperature changes that can compromise the dynamics and reliability of data generated by subsequent analysis.

The MS results of CSD were compared to the results from the laser capture microdissection (LCM). Both datasets were matched to the proteomic library generated by pooling CSD samples. On average, LCM yielded $3,441 \pm 270.0$ and $3,613 \pm 238.7$ individual proteins in the SEZ and medial ventricular zone, respectively (**Figure 3B**). Given the remarkable difference in protein identification, principal component analysis (PCA) displayed distinct separation according to the dissection method (component 1: 62.7%, not shown). Component 2 displayed the greatest separation for SEZ and MEZ among the LCM samples (8.5%, **Figure 3C**). Component 3 also seems to separate LCM and CSD; however, this difference might result from method-based differences rather than the number of identified proteins (6.4%). Nevertheless, the overall regional separation remained strikingly distinct for the cryo-dissection data and vastly better than for

LCM. This discrepancy in data dynamics may result from different times spent by the specimens at room temperature during the laser dissection or a higher susceptibility of small tissue amounts to variability in the subsequent proteomics protocols and mass spectrometry measurements.

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To search for differences in the proteome profile of the ECM, a 2D annotation enrichment test between CSD and LCM was performed for the SEZ and MEZ (Figure 3D). Calculating the relative enrichment of GO terms between LCM and CSD samples allows the comparison of relative proteome dynamics of the ECM protein clusters between the two methods despite the unequal amount of tissue and the differences in the dissection protocol. The plots reveal a good correlation between LCM and CSD. The annotations "extracellular region part" and "extracellular membrane-bound organelle" are similarly enriched in both methods and regions. Hence, the increased time demand of LCM does not appear to be compensated by a relatively higher for ECM-associated proteins. Instead, CSD provides sensitivity more identification/quantification when comparing the sample data for the neurogenesis and SEZassociated ECM proteins Tgm2, Thrombospondin-4 (Thbs4), S100a6, and Tenacin-C (Tnc) (Figure **3E**). In the case of TnC, although quantified in all samples, only CSD displayed enrichment for SEZ compared to MEZ. Nevertheless, the SEZ-associated basal membrane proteins Nidogen-1 (Nid1), Laminin subunit beta-2 (Lamb2), and basement membrane-specific heparan sulfate proteoglycan core protein (Hspg2)³⁵ displayed an even more robust enrichment in the SEZ (compared to MEZ) in the LCM samples than in the CSD samples (not shown). Hence, CSD can provide tissue samples that provide an accurate and deep quantitative proteome for SEZ characterization in a reasonable timeframe, without worrying about compromised tissue integrity or protein loss.

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Statistics

Statistical testing, 2D annotation enrichment tests, and PCA were done in the Perseus environment. Proteins were included in the analysis if a valid value was detected for each method in at least one sample. Protein abundance and number comparisons were visualized using data analysis software (see the **Table of Materials**). A permutation-based control of the false discovery rate (FDR) (FDR was set to 0.05, 250 randomizations) was employed for protein comparisons. For the 2D-annotation enrichment tests³⁶, the displayed GO terms are significantly enriched (FDR was set to 0.02 using the Benjamini-Hochberg FDR-control method).

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FIGURE AND TABLE LEGENDS:

Figure 1: The Cryo-Section-Dissection method. (**A**) Overview of the region of interest: the lateral ventricle with the neurogenic SEZ and the non-neurogenic MEZ. Neuroblasts immunostained with Dcx. (**B**) Stepwise removal of the OB, the anterior pole, the cortex, and corpus callosum above the ventricles and the choroid plexus: 1. placement in dissection medium, 2. removal of OB, 3. removal of the anterior pole of the cortex, 4. sagittal incisions of the ventricular top, 5. removal of the ventricular top, 6. spreading of the ventricular walls. (**C**) 100 μm coronal slices of the fresh-frozen mouse brain, (1.) before and (2.) after the removal of the ventricular walls with an ice-cold scalpel. Scale bars = 4 mm (**D**) Staining of a coronal section of a lateral ventricle (GFAP: **green**; DAPI: **blue**), showing the SEZ and MEZ dissected with the CSD. Scale bars = 300 μm (**A**), 200 μm (**D**). Abbreviations: CSD = cryo-section dissection; SEZ = subependymal zone; MEZ = medial ependymal zone; Dcx = Doublecortin; OB = olfactory bulb; GFAP = glial fibrillary acidic

protein; DAPI = 4',6-diamidino-2-phenylindole.

Figure 2: Superior dissection-precision with the cryo-section-dissection compared to wholemount dissection. (A) immunohistochemical image of an SEZ sample obtained by wholemount dissection (left). The inclusion of myelin-rich striatal tissue is visualized by staining against MAG (green). Staining of a SEZ dissected with the CSD (right). In CSD, almost all the striatal myelin (staining against MAG, green) is excluded from the sample ribbon. Nuclei were visualized using DAPI (blue). (B) Comparison of myelin marker enrichment in SEZ vs. Cx from wholemount (MBP: p = 0.0074; MAG: p = 0.0016; Plp1: p = 0.0011; CNP: p = 0.0029) - and CSD (MBP: p = 0.0011) 0.0667; MAG: p = 0.0236; Plp1: p = 0.3420; CNP: p = 0.1842). (C) 2D-annotation enrichment test comparing the wholemount-SEZ with the CSD-SEZ samples. The GO terms extracellular space and Matrisome-associated are more enriched in the CSD data than in the wholemount data. (D) The protein abundance of the NSC regulator Tgm2²⁵ plotted for the wholemount dissection and the CSD. Tgm2 is significantly enriched in the SEZ compared to the Cx in CSD (CSD: p = 0.0029; Wholemount: p = 0.1775). For **B** and **D**: As reference, proteome data from Sharma et al.³³ with measurements of striatum and cortex plotted for the corresponding proteins displayed in the wholemount and CSD samples. Scale bars = 200 μm (A). Abbreviations: CSD = cryo-section dissection; SEZ = subependymal zone; MAG = myelin-associated glycoprotein; Cx = somatosensory cortex; MBP = myelin basic protein; Plp1 = proteolipid-protein 1; CNP = 2',3'cyclic-nucleotide 3'-phosphodiesterase; GO = gene ontology; NSC = neural stem cell; Tgm2 = tranglutaminase 2; DAPI = 4',6-diamidino-2-phenylindole; LFQ = label-free quantitation.

Figure 3: Improved extracellular protein quantification with cryo-section-dissection compared to LCM. (A) Cresyl violet staining of a lateral ventricle before and after laser capture of the SEZ and MEZ (left). For comparison, the CSD incision of the SEZ and MEZ (right). Scale bars = 150 μ m. (B) Comparison of the number of detected proteins in the SEZ and MEZ samples from CSD and LCM. Data are presented as mean \pm SD. (C) Principal component analysis of the SEZ and MEZ samples comparing CSD and LCM (component 2: 8.5% of the variance; component 3: 6.4%). (D) 2D annotation enrichment of the cryo-section- and laser-dissected MEZ (Top) and SEZ (Bottom). The GO terms extracellular organelle and extracellular region part are significantly enriched (red dots). (E) Abundances of extracellular SEZ-associated marker proteins in SEZ and MEZ for LCM (Tnc: p = 0.3789) and the CSD samples (Tgm2: p = 0.2940; S100a6: p = 0.0218; THBS4: p = 0.3941; Tnc: p = 0.0004). Abbreviations: CSD = cryo-section dissection; LCM = laser-capture-microdissection; SEZ = subependymal zone; MEZ = medial ependymal zone; GO = gene ontology; Tnc = Tenacin-C; Tgm2 = transglutaminase 2; S100a6 = S100 calcium-binding protein A6; THBS4 = thrombospondin-4; LFQ = label-free quantitation.

DISCUSSION:

The CSD method made it possible to precisely extract SEZ tissue and generate a reliable proteome with significant depth using MS. CSD displays a clear advantage compared to wholemount dissection in terms of greatly reduced striatal contamination of SEZ samples and extracellular protein enrichment. As it is also possible to detect a similar number of proteins in individual samples (~6,500 proteins per sample) with CSD and wholemount dissection, the additional time for CSD is well worth the effort. LCM provides more precise SEZ dissection but reached a lower

proteome depth, with only 3,500 proteins per sample despite using the same MS protocol as CSD (library matching and label-free quantification). Importantly, variability was much greater, probably due to the eightfold longer preparation time per sample. PCA of the samples obtained by LCM and CSD reveals a clear separation of both methods with tight region-specific clusters robustly separated from each other.

In contrast, the LCM samples displayed a more scattered distribution, which is probably in part due to the length of preparation. It is unclear whether collecting far more samples over a longer period would have yielded a proteome of equal robustness and depth with LCM. Calculating an estimate, collecting a similar sample volume as done for CSD would take 5–8 times longer with LCM, even up to 15 times longer if samples provided for the peptide spectra libraries were included, and much of it under thawed conditions. Furthermore, considering the additional perturbations of the tissue necessary for LCM (background staining, laser dissection), LCM provided little, if any, gain over CSD. Hence, CSD can be deemed more suitable for extracellular proteome research, specifically for the SEZ.

Nevertheless, If the region of interest is smaller than the SEZ (e.g., investigating only the ependymal cell layer), a free-hand approach falls behind the accuracy of the LCM. For example, using CSD to separate the ependymal from the subependymal layer is difficult as the ependymal layer is only a cell diameter wide, and the demarcation towards the subependymal layer is not visible for the naked eye in fresh frozen tissue. Hence, LCM will be a better choice than CSD if a precise dissection on a scale below 50 μ m is more important than undisturbed tissue or keeping the dissection time short. For regions with a width of 50 μ m and more, however, the precision of CSD is comparable to that of LCM for ECM protein analysis.

CSD has already proven to be useful by contributing to the investigation of the functional role of the ECM in the neurogenic niche²⁵. Hence, the continued application of CSD in the SEZ for various protein and proteome investigations (or even single-nucleus RNA sequencing) might lead to the detection of further neurogenesis regulators, stem cell activation markers, and a deeper understanding of SEZ stem cell niche physiology. Considering the decline of neurogenesis in the aging SEZ³⁷, a concise analysis of ECM changes of the SEZ of aged vs. young mice might promote the understanding of the exact niche mechanisms fostering NSC development and maintenance and unravel the many age-dependent differences in the niche^{38,39}. Furthermore, the influence of inflammation and injury on SEZ neurogenesis is well established^{40–43}. The enrichment of fibrinogen in the SEZ after cortical brain injury and its influence on SEZ astrogliogenesis and scar formation⁴⁴ underlines the potential influence of trauma-induced microenvironment changes on the SEZ stem cell physiology.

Given that fibrinogen was found to be blood-derived, this injury-related change is detectable in an SEZ-proteome rather than an SEZ-transcriptome. Hence, investigating the SEZ-ECM proteome in association with brain injury using CSD could help elucidate the mechanisms by which injury and inflammation affect neurogenesis and gliogenesis and thereby support the development of therapeutic strategies. Importantly, the method could also be applicable to human brain neurogenic niches in health and disease as fresh frozen tissue can often be obtained from

surgeries. Given the species differences in adult neurogenesis, it would also be fascinating to apply this to other species, e.g., for striatal neurogenesis.

Moreover, with other protein detection methods, differences in locally produced growth factors can be investigated precisely but efficiently using CSD for the SEZ and MEZ (e.g., ELISA). Lastly, CSD includes a brief semi-thawing step, during which compact myelin is visible as white areas distinct from the more translucent residual brain tissue. With a simple modification of the method, this feature would allow the precise dissection of only corpus callosum compact myelin tissue, which could be subjected to proteomic analysis of injury-related changes. A suggestion of a protocol modification that would allow the corpus callous dissection is to omit steps 1.5–1.9 of the protocol and proceed directly to preparing the coronal sections instead of opening the ventricles to make the SEZ and MEZ accessible. Then, place the sections on dry ice, briefly lift and semi-thaw the slices, and simply remove the corpus callosum with a scalpel. This preparation should now be ready for any analysis requiring an efficient dissection of native corpus callosum tissue.

In summary, this study presents a micro-dissection method that could be used for reliable ventricular neurogenic niche proteome analysis. The data underline the compatibility and utility of the CSD method together with MS-based proteomic analysis of the SEZ microenvironment. The combination of precision, efficiency, and minimal tissue perturbation render the CSD a valuable extension of existing methods.

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We wish to sincerely thank Mathias Mann for allowing us to perform large parts of the experiments in his laboratory, Fabian Coscia for help with LCM and proteome analysis, Tatiana Simon-Ebert for wholemount dissections, and Korbinian Mayr and Igor Paron for their technical help. We gratefully acknowledge funding from the German Research Council to MG (SFB870, TFR276), the EU (Eranet S-700982-5008-001), the ERC (aERC "NeuroCentro" to MG), the Swedish Society for Medical Research (SSMF, to JK) postdoctoral grant, and KI foundations and Funds (2020-01351, to JK).

DISCLOSURES:

The authors declare no competing interests

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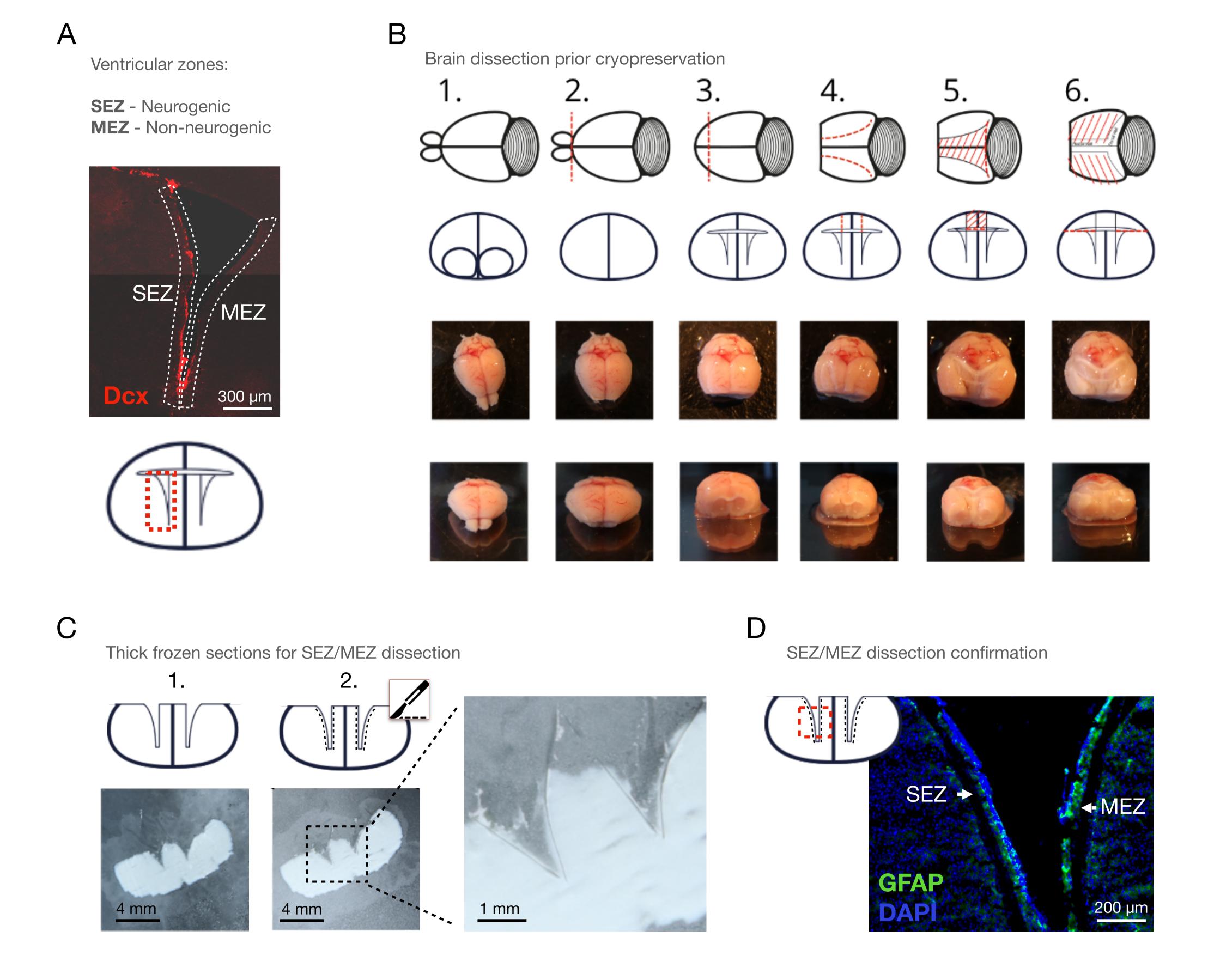
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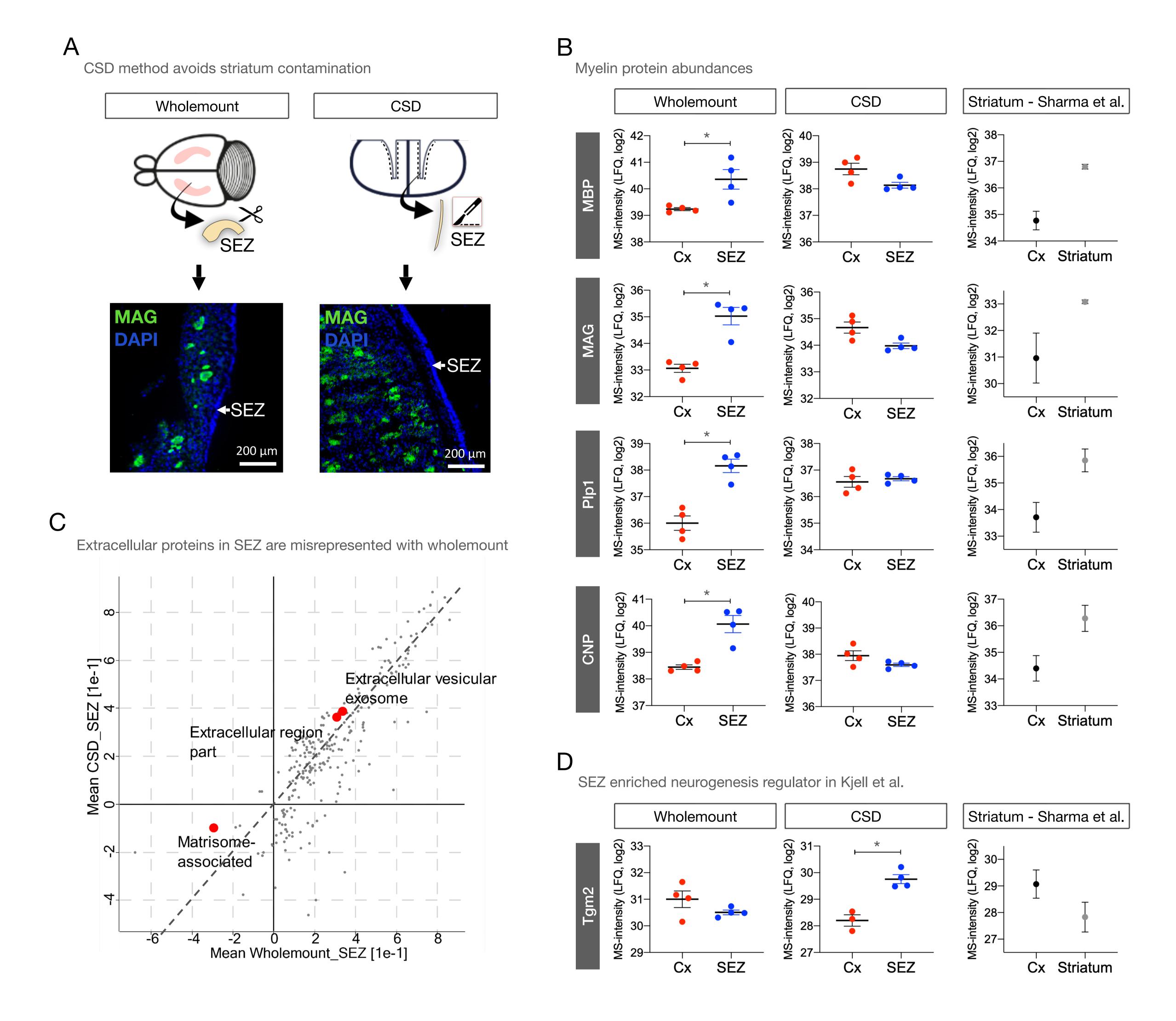
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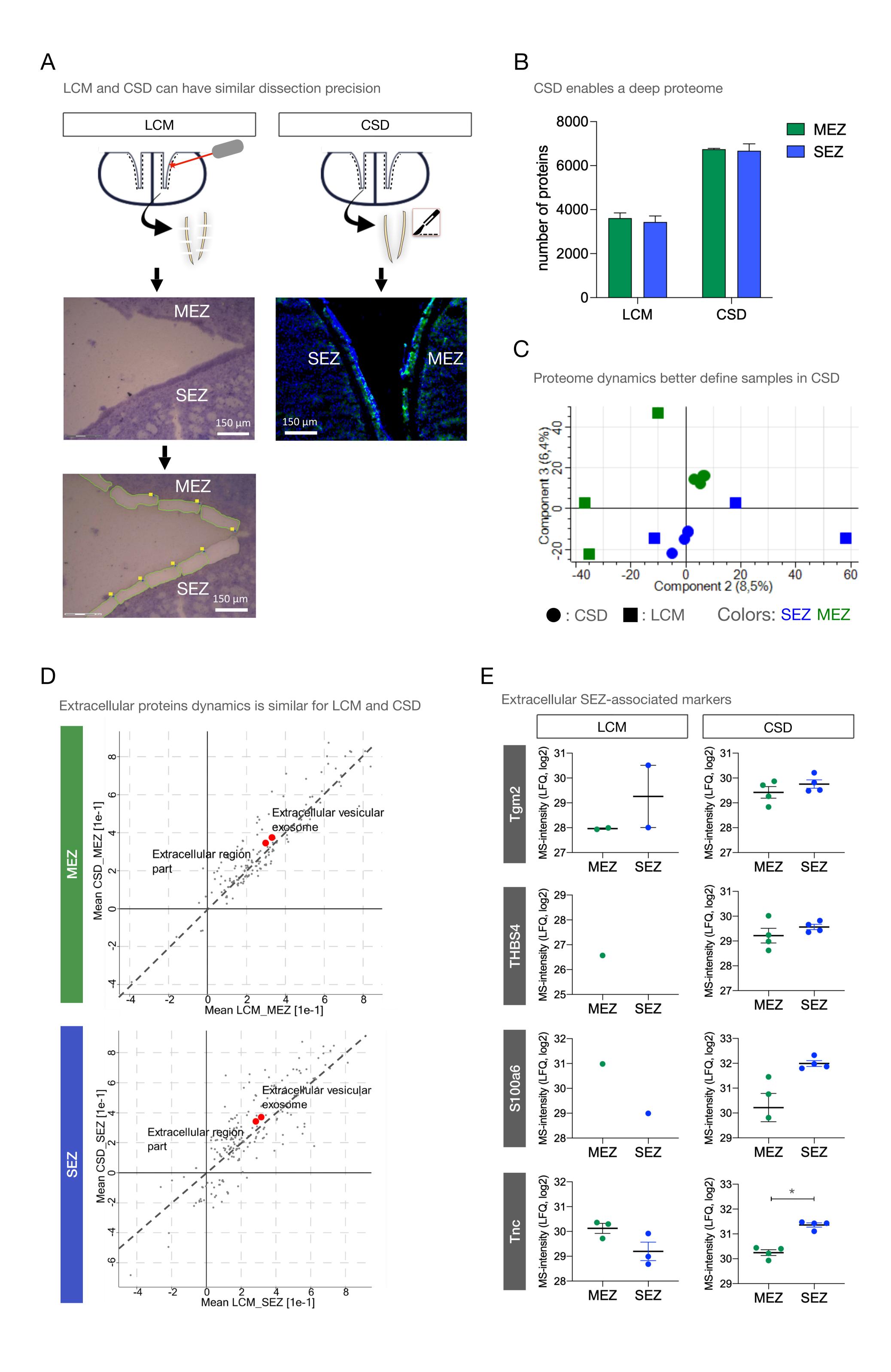
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Fig. 1





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Table of Materials

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Editorial comments:

Changes to be made by the Author(s):

1. Please take this opportunity to thoroughly proofread the manuscript to ensure that there are no spelling or grammar issues.

We have proofread the manuscript.

2. For in-text formatting, corresponding reference numbers should appear as numbered superscripts after the appropriate statement(s).

References are now superscripted numbers.

3. Please revise the text to avoid the use of any personal pronouns (e.g., "we", "you", "our" etc.).

Text has been revised to avoid personal pronouns.

4. Please ensure that abbreviations are defined at first usage.

Abbreviations should now be defined at first usage.

5. Please include an ethics statement before your numbered protocol steps, indicating that the protocol follows the animal care guidelines of your institution.

Ethical statement has been included before the protocol steps.

6. Please note that your protocol will be used to generate the script for the video and must contain everything that you would like shown in the video. Please ensure you answer the "how" question, i.e., how is the step performed? Alternatively, add references to published material specifying how to perform the protocol action. There should be enough detail in each step to supplement the actions seen in the video so that viewers can easily replicate the protocol.

A few minor additions have been made to the protocol to make the procedure clearer and easier to follow.

7. Please add more details to your protocol steps:

Step 1.2: Please explain how the perfusion was performed.

Step 1.7: Please specify the dimension of the cut.

Step 3.5: Please replace "Eppendorf" tube with "microcentrifuge" tube.

We have added details in the protocol steps to the points above. Of note, no perfusion was performed in our case (only cervical dislocation). We have highlighted that

removing the blood through transcardial perfusion is an option if complete removal of blood is crucial to the research question.

8. The title of the manuscript mentions proteome analysis. Please include Protocol steps for the same. Kindly ensure that the protocol steps make a cohesive story and should be in-line with the Title of the manuscript.

Thank you very much for pointing out this potential confusion. We (and in agreement with reviewer 1) do not intend to describe the proteome procedure in detail, since we did not develop this particular mass spectrometry setup. We have changed the title to "Quantifying the adult neural stem cell niche: cryo-section dissection **for** proteome analysis of the subependymal zone" in order to emphasis its compatibility with proteomic methods, in particular mass spectrometry. In addition, we have added a brief overview of the mass spectrometry method used in this study and clarified that other methods could also be used to analyze the tissue obtained by cryo-section dissection (also requested by reviewer 1). Our overall aim is to show that the dissection method is readily compatible with mass spectrometry analysis and to show that this novel dissection really provides a measurable benefit concerning the experimental outcomes.

9. Please ensure that the references appear as the following: [Lastname, F.I., LastName, F.I., LastName, F.I., LastName, F.I. Article Title. Source. Volume (Issue), FirstPage – LastPage (YEAR).] For more than 6 authors, list only the first author then et al. Please include volume and issue numbers for all references.

References have been changed accordingly.

8,

Reviewers' comments:

Reviewer #1:

Manuscript Summary:

Friess et al present a detailed protocol focused on a dissection method for the adult rodent SEZ neurogenic niche that balances precision of dissection with preservation of protein integrity to enable subsequent proteomics from the dissected tissue. The protocol is a useful one that would particularly benefit from video demonstration. The comparison to two other techniques (whole mount and laser capture) is also helpful in showing potential users why the CSD technique they demonstrate is useful for proteomics. My comments are mostly minor.

Major Concerns:

Though the protocol is focused on the dissection method, it would still be useful to include some discussion on appropriate mass spec methods. This is not to suggest a methods description of mass spec—that seems out of the scope here. Rather, I would suggest some helpful hints for figuring out how a user find the right kind of mass spec for follow-up (such as through a core facility). For example, if a potential user were looking at the mass spec core facility in their own institution, what would be the key

features they should ask about to figure out if their facilities can achieve the kind of depth of proteome identification that the authors show? Is this highly specialized and likely to only be in a few facilities around the world or is it more common and probably found in most major mass spec cores at research institutions?

Thank you very much for this important remark. We have included a discussion/description after the dissection protocol regarding the mass spectrometry method. For a potentially interested researcher, we thought it might be of importance to know that also with "standard" state-of-the-art mass spectrometry (gas chromatography + quadrupol or orbitrap MS), the same principal benefit of analyzing fresh frozen, unbiased tissue remains. The only difference is, that one would detect somewhat fewer proteins (perhaps 500-1000 proteins less). Notably, the particular peptide library creation and matching used here is currently not commercially available. However, there may be other mass spectrometry-associated methods to increase the proteome depth, especially in the future. I believe, matching against computer-generated libraries is developing into a useful tool. Overall, we hope that the changes that have been made in the text will make it clear to both researcher and core facility what was done and what can be expected. Also, we have clarified that this method could be combined with other techniques for protein analysis, other than mass spectrometry.

Minor Concerns:

In the video (when it is made), it would be especially helpful for the authors to show what completely frozen versus completely thawed tissue looks like, in contrast to this optimal level of partly thawed/partly frozen. It would help users to know what failure looks like for this critical step, and video seems like the best medium for this demonstration (i.e. I'm not sure still pics would do this justice). The authors may already have this planned but if not, it would be a good addition.

This is indeed a crucial information we will try to convey with the video. Our intention is to depict the correct level of semi-thawing directly next to tissue that is thawed too little and too much, to make the correct "tissue state" visible.

More description of the cellular composition of the SEZ in the introduction would be helpful for readers less familiar with the details of this niche. What approximate percentage of the dissected SEZ likely derives from stem cells versus progenitors/early neuroblasts versus other non-neurogenic lineage cells? Some approximate idea from the literature would help a reader better understand the nature of the tissue dissected.

Many thanks for the comment and we agree this would improve the manuscript. We have now added information on the cellular composition of the niche and we hope that it will be paint a more complete picture of the niche to readers unfamiliar with this neurogenic region.

This sentence (line 59-61, Introduction) would benefit from a few example citations: "Investigations into cell intrinsic programs have already provide knowledge important for therapeutic cell reprogramming and transplantation strategies."

Thank you for pointing out the necessity of a citation here. We added references accordingly. Also, we tried to clarify that we primarily allude to experimental studies, although e.g. cultured stem cells and IPS cells are currently used in clinical trials.

Reviewer #2:

Manuscript Summary:

This manuscript describes the method of cryosection dissection (CSD) of the subependymal zone of the adult mouse brain towards the isolation of all proteins specifically expressed in this domain. The authors carefully compare the results obtained using this method with those obtained using two other techniques: standard whole mount dissection and laser-capture-microdissection. They reveal several advantages of the CSD, such as the amount of preservation of extracellular components and the clean separation between neighboring brain regions. This is a carefully performed study that gives insights in a simple and reliable method.

Major Concerns:

Minor Concerns:

- Could the authors comment on the possibility to separate the ependymal from the subependymal layer?

We included an explanation in the discussion, where the LCM and CSD are compared. Since the border between the ependymal layer and the subependymal layer are not visible, the CSD fails to achieve this separation: therefore, the LCM would be the better choice.

- Introduction: why don't the authors list the hypothalamus within the regions of adult neurogenesis?

There has been some debate as to whether hypothalamus continuously generates new neurons in the adult mouse brain. Nevertheless, it is a neural stem cell niche in the mouse brain that has the ability to form new neurons, also in vivo if appropriately challenged to do so. Hence, we now describe the hypothalamus as a third neural stem cell niche with neurogenic potential in the introduction. We hope this will satisfactory as the question to the presence of neurogenesis in the hypothalamus after 8 weeks postnatally remains with conflicting answers when assessing the literature.

Refs:

Goodman T, Hajihosseini MK. Hypothalamic tanycytes-masters and servants of metabolic, neuroendocrine, and neurogenic functions. Front Neurosci. 2015 Oct 29;9:387. doi: 10.3389/fnins.2015.00387. PMID: 26578855; PMCID: PMC4624852.

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- Typo: P3 line 60 "have already provided"

Has been corrected.

- Protocol, point 2: could the authors describe how they fix the brain in the cryostat before cutting the sections?

Many thanks for highlighting this point, as it is a crucial point for the dissection method's compatibility with mass spectrometry. We extended the protocol point on this step accordingly. The brain is fixed at the hindbrain with OCT; but the OCT medium must not touch the ventricles and the ventricular walls, because the medium would prevent valid mass spectrometry measurement (The OCT would contaminate the sample).

- Figure caption of Figure 3 D: should be MEZ Top, SEZ Bottom instead of left and right.

Has been corrected.

-Discussion, lines 386-389: description of the isolation of the corpus callosum: This part might be moved to the protocol.

Here, we would like to keep the part about the isolation of the corpus callosum in the discussion. It seems we failed to clarify in the text that we did not perform the isolation of the corpus callosum in this study. This is a mere suggestion for a potential future application: during the dissection of the SEZ, we just noticed that not only the striatal compact myelin, but also the corpus callosum was clearly visible during the semithawing. Hence, we figured that it is equally easy to extract the corpus callosum by just "cutting it out" during the semi-thawing step. We just intend to share this idea, maybe a potential reader is interested in an unbiased corpus callosum proteome. We hope that the fact that this is indeed a "discussion" in the manuscript is easily comprehensible now.