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EDITORIAL TEXT:

As an important interdisciplinary research field, biomaterials and biomechanics reveal the relationship and mechanism between the structure, performance, and function of biomaterials through experimental research and theoretical analysis, which is connected to materials science, mechanics, bioengineering, mathematics, etc. In order to improve the experimental methods of biomaterials and biomechanics, this JoVE Methods Collection discusses the corresponding experimental methods and their respective characteristics in two categories: tissue mechanical properties and bionics mechanics. The tissue mechanics observations include: a 3D hydrogel stretching method; a dual-raster-scanning photoacoustic method; a detergent-free decellularization of the human pancreas and decoupling method of tensile and shear stresses on tubular scaffolds. The bionics mechanics observations include a data collection method of lower limb movement and postural control for patients with ankle instability.

The effect of mechanical force on organization mainly includes gene expression, cell differentiation, tissue remodeling[1,2,3] and changes in the extracellular matrix (ECM)[4,5,6]. Understanding the tissue response to mechanical forces[7,8,9] will help the development of the field of tissue engineering and theoretical models. Kolel et al.[10] proposed a method for stretching 3D hydrogels, which allows static or cyclic uniaxial strain during a confocal microscope. They molded a fibrin gel with a hole about 2 mm in diameter on 0.5 mm thick silicon rubber strips, and then uniaxial stretching was performed under live confocal microscopy. Finally, they discussed the possibility of embedding cells in hydrogels and exposing them to controlled external stretching. The stretching system used in this protocol consists of 3D printing components and low-cost electronic components. The system has the following unique features compared with other existing methods. First, the system allows uniaxial stretching of thick 3D soft hydrogels, and the whole hydrogel has Z-uniform deformation. Secondly, because of the simplicity of 3D printing and the low cost of this equipment, it is easy to build this kind of stretching equipment in other labs. Third, the geometry and size of the sample can be freely operated according to the user. This method has improved the ability to study external forces on the role of the biological process under more physiological 3D conditions and contributed to the field of tissue engineering.

Small animal imaging plays an important role in guiding the research of human homologous diseases and seeking effective treatment methods. Photoacoustic imaging (PAI) is a noninvasive imaging technology that combines the advantages of optical imaging and ultrasonic imaging[11,12]. Yang et al.[13] reported a dual raster-scanning photoacoustic imager (DRS-PAI) and through the acoustic coupling scanning of different parts of mice, the vascular images in WIM and RIM modes were collected, respectively. The advantage of DRS-PAI is that WIM and RIM are integrated in one system and provide high-resolution wide-field vascular visualization of real-time blood dynamics. The real-time imaging mode (RIM) can reveal the characteristics of respiration or pulse by measuring the displacement of vasculature along the depth direction. Additionally, RIM can quantitatively measure the specific area of WIM images. By comparing images, the details of local changes can be accurately revealed. This method can be easily applied to various fields of biomedical basic research.

The increasing demand for islets puts forward higher requirements for the islet isolation[14,15,16]. Tamburrini et al.[17] proposed a new, detergent-free decellularization method that creates less ECM damage and can preserve critical components of pancreatic ECM. The decellularization method avoids the use of classic ionic and nonionic chemical detergents. Moreover, the decellularization of tissue in an orbital vibrator rather than the injection of detergent through a vascular system greatly promotes the simplicity, consistency, and feasibility of decellularization technology, thus increasing the production of ECM for translation. As the current acellular methods cannot quantify the residual Triton X-100 on ECM post-decellularization and the feasibility of expanding the manufacturing process in cGMP environment, they also studied the feasibility of obtaining decellularization by mechanical vibration rather than perfusion of the whole pancreas. Data on the quantification of collagen and glycosaminoglycans show a trend consistent with previous experience. Some limitations were found by using this protocol. Therefore, human pancreas from donors with BMI < 30 were generally considered suitable for decellularization.

The use of absorbable biomaterials to induce regeneration directly *in vivo* is an attractive strategy[18,19,20,21,22], but this kind of biomaterials can cause an inflammatory reaction after implantation, which is also the driving force for subsequent resorption and regeneration of new tissue. Both the inflammation and regeneration process are determined by the tensile and shear stress. Koch et al.[23] described in detail the use of a bioreactor for decoupling tensile and shear stresses on tubular scaffolds. They suggest that the application of this tubular bioreactor system will help to study their individual and combined effects in mechanics. This bioreactor systematically evaluates the contributions of the shear stress and cyclic stretch on inflammation and tissue regeneration in tubular resorbable scaffolds. Also, this makes it possible to standardize inflammation and regeneration capabilities under the influence of tubular stents under well-controlled mechanical loads. The key steps of this method are discussed in detail: construction and setup of the bioreactor, preparation of the scaffold and cell inoculation, application and maintenance of stretch and shear flow, sample collection and analysis. This system can test a variety of tissue-engineered vascular grafts (for example, synthetic or natural sources, different microstructures, different porosity). In order to effectively decouple the application of shear stress and tension, the key concepts used in bioreactor are as follows. First, separate the shear stress and stretch control using different pump systems. Second, stimulate the scaffolds in an inside-out manner with computationally driven dimensions. The flow is applied on the outer surface of the tubular scaffold using a flow pump, while the silicone tube is expanded using a separate strain pump, and the circumferential tension of the support is expanded on it using a separate strain pump. This method can also be used for a large number of analysis on vascular construction. The results indicate the unique effects of different combinations of shear and tension on the growth and remodeling of tissue-engineered vascular grafts (TEVGs) structure. The insights obtained through the collection *in vitro* platform are helpful to optimize the newly developed design parameters for *in situ* TEVG.

Posture and balance control can be divided into static and dynamic states[24,25,26,27]. Among them, dynamic balance ability refers to the body's ability to control and adjust the body's center of gravity and posture in motion[28]. From the perspective of sports biomechanics, the main body to maintain dynamic balance is the ankle joint of the lower limbs. If the hip joint is the main body to maintain balance, it is easy to fall. Zhou et al.[29] analyzed the changes of lower limb biomechanics at the gait termination caused by unexpected stimulus. A motion analysis system and a plantar pressure platform are used to collect the motion data of lower limb movement *in situ*. This method can be used in biomechanics research, a virtual reality system, robot remote control, animation production, sports training, ergonomics research, interactive games, etc.

Chronic ankle instability (CAI) is one of the most common sports injuries, characterized by persistent pain and swelling of the ankle, giving away and self-reported disability, which seriously affects the postural stability of the patients[30,31]. CAI could be improved through kinesiology taping. Yin et al.[32] analyzed the proportion of vision, proprioception, and vestibular sensation in maintaining postural stability by using computer dynamic posturography. Sensory organization tests (SOT), unilateral stance (US), Limit of stability (LOS), motor control test (MCT) and adaptation tests (ADT) were conducted and measured. These measurements provide a new method for observing the process of coordinating the three sensory systems and regulating muscle activation to maintain postural stability.

Combined with multidisciplinary comprehensive research, the advanced measuring equipment and methods promote the development and evolution of biomaterials and biomechanics. Although this article discussed different testing methods, it is necessary to integrate different research methods and ideas in various fields as an interdisciplinary and comprehensive research direction, in order to accelerate the research of biomaterials and biomechanics and promote the communication between researchers in different fields.

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The authors have nothing to disclose.

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