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# Microtubule plus-end dynamics visualization in Huntington's disease model based on human primary skin fibroblasts --Manuscript Draft--

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1 **TITLE**:

2 Microtubule Plus-End Dynamics Visualization in Huntington's Disease Model based on

Human Primary Skin Fibroblasts

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31 **KEYWORDS**:

32 microtubules, transfection, EB3, primary culture, Huntington's disease, lifetime microscopy

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#### **SUMMARY:**

This protocol is dedicated to the microtubule plus-end visualization by EB3 protein transfection to study their dynamic properties in primary cell culture. The protocol was implemented on human primary skin fibroblasts obtained from Huntington's disease patients.

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ABSTRACT:

- 40 Transfection with a fluorescently labeled marker protein of interest in combination with time-
- 41 lapse video microscopy is a classic method of studying the dynamic properties of the
- 42 cytoskeleton. This protocol offers a technique for human primary fibroblast transfection, which
- 43 can be difficult because of the specifics of primary cell cultivation conditions. Additionally,
- 44 cytoskeleton dynamic property maintenance requires a low level of transfection to obtain a good

signal-to-noise ratio without causing microtubule stabilization. It is important to take measures to protect the cells from light-induced stress and fluorescent dye fading. In the course of our work, we tested different transfection methods and protocols as well as different vectors to select the best combination of conditions suitable for human primary fibroblast studies. We analyzed the resulting time-lapse videos and calculated microtubule dynamics using ImageJ. The dynamics of microtubules' plus-ends in the different cell parts are not similar, so we divided the analysis into subgroups - the centrosome region, the lamella, and the tail of fibroblasts. Notably, this protocol can be used for *in vitro* analysis of cytoskeleton dynamics in patient samples, enabling the next step towards understanding the dynamics of the various disease development.

#### **INTRODUCTION:**

Huntington's disease (HD) is an incurable neurodegenerative pathology caused by a mutation in gene encoding huntingtin protein (HTT). HTT is primarily associated with vesicles and microtubules and is probably involved in microtubule-dependent transport processes<sup>1,2</sup>. To study the influence of mutant HTT on the microtubules' dynamics, we used *in vitro* visualization of the EB3 protein, that regulates the dynamic properties of microtubules by binding and stabilizing the growing plus-ends. To load fluorescently labeled EB3 into human skin fibroblasts, plasmid transfection was applied. We used the primary fibroblast culture obtained from the HD patients' skin biopsy for this study.

The mutation in the HTT protein gene leads to elongation of the polyglutamine tract<sup>3</sup>. HTT has a role in such cellular processes as endocytosis<sup>4</sup>, cell transport<sup>1,2</sup>, protein degradation<sup>5</sup>, etc. Substantial part of these processes involves various elements of the cell cytoskeleton, including the microtubules.

Human primary cells are the best model to reproduce events occurring in patient cells as closely as possible. To create such models, one needs to isolate cells from human biopsy material (e.g., from surgical samples). The resulting primary cell line is suitable to study pathogenesis using various genetic, biochemical, molecular, and cell biology methods. Also, human primary cell cultures serve as a precursor for creating various transdifferentiated and transgenic cultures<sup>6</sup>.

However, in contrast to immortalized cell cultures, the significant disadvantage of primary cells is their limited passage capacity. Therefore, we recommend using cells in the early passages stage (up to 15). Older cultures degenerate very quickly, losing their unique properties. Thus, the newly obtained primary cells should be kept frozen for long-term storage.

Primary cell cultures are susceptible to cultivation conditions. Therefore, they often require unique approaches and optimization of growing conditions. In particular, the human skin primary fibroblasts used in our experiments are demanding on the substrate. Hence, we used various additional coatings (e.g., gelatin or fibronectin) depending on the experiment type.

The cell cytoskeleton determines the cell shape, mobility, and locomotion. The dynamics of the cytoskeleton are crucial for many intracellular processes both in interphase and mitosis. In particular, the cytoskeleton polymerized from tubulin, are highly dynamic and polar structures,

89 enabling motor protein-mediated directed intracellular transport. The microtubules' ends are in 90 constant rearrangement, their assembly phases alternate with the disassembly phases, and this 91 behavior is called "dynamic instability"<sup>7,8,9</sup>. Various associated proteins shift the equilibrium of 92 the polymerization reaction, leading either to the polymer formation or the protein monomer 93 formation. The addition of tubulin subunits occurs mainly at the plus-end of microtubules 10. The 94 end-binding (EB) proteins family consists of three members: EB1, EB2, and EB3. They serve as 95 plus-end-tracking proteins (+TIPs) and regulate the dynamic properties of microtubules by 96 binding and stabilizing their growing plus-ends<sup>11</sup>.

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Many studies use fluorescent molecule-labeled tubulin microinjection or transfection with time-lapse imaging and video analysis to visualize microtubules *in vitro*. These methods might be invasive and harmful to cells, especially primary human cells. The most challenging step is to find conditions for cell transfection. We tried to reach the highest possible level of transfection without affecting viability and native cell morphology. This study applies the classical method to study the differences in microtubule dynamics in skin fibroblasts of healthy donors and patients with Huntington's disease.

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#### PROTOCOL:

This protocol follows the guidelines of the Federal Research and Clinical Center of Physical-Chemical Medicine of Federal Medical Biological Agency dated September 08, 2015.

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NOTE: Figure 1 gives an overview of the protocol.

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1. Obtaining a primary culture of human skin fibroblasts (Figure 2)

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1.1. Deliver the biopsy to a laboratory within a few hours in Dulbecco's Modified Eagle Media (DMEM) medium supplemented with 50 µg/mL of penicillin and 50 U/mL of streptomycin.

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NOTE: A skin biopsy must be performed under sterile conditions by a physician after a patient signs an informed consent.

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120 1.2. Place the biopsy tissue in a 6 cm Petri dish together with a small amount of the medium.

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1.3. Using a sterile scalpel, cut the biopsy sample into pieces of about 0.5-1 mm in size. Place 1-2 obtained fragments into a 3.5 cm Petri dish and place a sterile coverslip over the biopsy pieces. Slowly add 1.5 mL of a growth medium to the following composition: DMEM, 50 U/mL penicillin-streptomycin, and 10% fetal bovine serum (FBS).

123

127 1.4. Culture fibroblasts in the growth medium inside a  $CO_2$  incubator maintained at 5%  $CO_2$ , 128 37 °C, 80% humidity.

129

NOTE: After 4-7 days, first keratinocytes, then fibroblasts, begin to migrate from the tissue to the bottom of the dish.

133 **2.** Storage, freezing, and unfreezing of primary culture

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135 2.1. Remove cells from the culture dish (see points 3.2-3.4).

136

137 2.2. Transfer the cell suspension to a 15 mL conical tube and centrifuge for 5 min at 200 x g. Then discard the supernatant and resuspend the cell pellet in 900  $\mu$ L of cooled FBS.

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140 2.3. Transfer to a cryopreservation tube drop by drop and add 100  $\mu$ L of dimethyl sulfoxide 141 (DMSO).

142

2.4. Place the cryoprobe in a low-temperature freezer at -80 °C. Twenty-four hours later, transfer the cryovial to liquid nitrogen (-196 °C) for long-term storage.

145

2.5. To defrost the cryopreserved cells, remove the cryovial from the nitrogen storage and, within 1 min, transfer 1 mL of the content into a 15 mL conical tube containing 9 mL of the transport medium preheated to 37 °C.

149

2.6. Carefully resuspend and then centrifuge the tube for 5 min at 200 x g. Discard the supernatant, resuspend the cell pellet in the required volume of the growth medium and place them on a Petri dish of the required diameter.

153

154 **3.** Cell cultivation

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3.1. Cover the dish bottom with autoclaved 0.1% gelatin solution prepared in distilled water. Incubate for 15 min.

158

NOTE: For transfection visualization, glass-bottom plate dishes (confocal dishes with glass thickness 170  $\mu$ m) should be used.

161

3.2. Prepare a culture medium having the following composition: DMEM supplemented with 10% FBS, 2 mM L-alanyl-L-glutamine, 50 U/mL penicillin-streptomycin. Mix thoroughly and store at 4 °C. Warm the medium to 37 °C before adding to the cells.

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3.3. Assess the culture under the microscope. Remove the medium and wash the fibroblasts with Dulbecco's phosphate-salt solution (DPBS).

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3.4. Add 1 mL of pre-warmed 0.25% trypsin solution to the cells. Check the cells under the microscope if they detach from the substrate completely. Deactivate trypsin with 1 mL of the culture medium.

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3.5. Transfer the cell suspension into a 15 mL conical tube. Centrifuge the tube at 200 x *g* for 5 min, remove the supernatant, and resuspend the cell pellet in 1 mL of the culture medium.

3.6. Count the number of cells. Calculate the required number of cells to seed them with a density of  $8-15 \times 10^3$ /cm<sup>2</sup> and resuspend in 2 mL of the culture medium.

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179 3.7. Remove the gelatin solution from the culture dish and immediately add 2 mL of the cell suspension. Cultivate fibroblasts at 37  $^{\circ}$ C in a CO<sub>2</sub> incubator.

181

182 3.8. Refresh the medium every 2-4 days.

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NOTE: For experiments, use the cells of 4-11 passages.

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4. Transfection

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188 4.1. Replace the culture medium with a fresh culture medium 24 h before transfection.

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190 NOTE: The cell confluence should be 70-80%.

191

4.2. Prepare a DNA-lipid complex based on the area and density of the cell seeding. Use liposome-based transfection agent.

194

NOTE: Use the cell seeding density as  $1 \times 10^4$  cells/cm<sup>2</sup>.

196

4.3. Add 3 μL of commercial transfection reagent to 125 μL of optimal minimal essential medium (Opti-MEM) not containing any antibiotics, without touching the walls of the tube. Gently resuspend.

200

201 4.4. Dilute plasmid DNA (GFP-EB3) by adding 1 μg of the plasmid DNA to 125 μL of Opti-MEM. 202 Gently resuspend.

203

NOTE: Expression vector encoding GFP-EB3<sup>11</sup> was received as a kind gift from Dr. I. Kaverina (Vanderbilt University, Nashville) with permission from Dr. A. Akhmanova (Erasmus University, Rotterdam)<sup>11</sup>.

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4.5. Add diluted plasmid DNA to each tube of diluted transfection reagent (1:1). Incubate for 30 min.

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- 4.6. Add the DNA-lipid complex to the 6 cm Petri dish containing cells and mix with a cruciform
   swing for 30 s. Incubate cells with a transfection agent for 24 h and then change to fresh medium.
- 213 Analyze the efficiency of transfection after 24 h and 48 h.

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NOTE: 24 h after transfection, the efficiency was 10-15%, and after 48 h up to 40%.

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217 **5. Preparing for imaging** 

5.1. Before live imaging of cells, change the culture medium to a medium without pH-indicator dye to reduce autofluorescence.

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5.2. Carefully apply mineral oil to the medium surface to completely cover the medium, isolating it from the external environment to reduce the  $O_2$  penetration and the medium evaporation.

225

5.3. Use a mercury lamp and oil immersion 60x or 100x objective lens with a high numeral aperture to take the images.

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NOTE: For *in vivo* observations, the microscope must be equipped with an incubator to maintain the necessary conditions for the cells, including heating the object table and the lens to +37 °C, a closed chamber with CO<sub>2</sub> supply, and humidity level support. Use double distilled water to create humidity. Check the level of double distilled water before filming.

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234 5.4. Place the confocal dish with the cells in the microscope holder before imaging. Ensure 235 that the dish and the camera are securely attached to the holder to avoid drifting while taking 236 images.

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6. Setting the imaging parameters

239

240 6.1. Choose the low exposure values since light induces cell-damaging reactive oxygen species 241 (ROS).

242

NOTE: To study the dynamics of microtubules in human skin fibroblasts, a 300 ms exposure was selected.

245

246 6.2. Focus on the object of interest.

247

NOTE: For long-term time-lapse imaging, use the automatic focus stabilization system to compensate for a possible shift along the z-axis.

250

251 6.3. Choose the optimal imaging conditions depending on the cells' photosensitivity and the rate of the fluorochrome fading.

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NOTE: Since microtubules are highly dynamic structures, a reasonably short time interval can be selected, and the frame rate must be sufficiently high. To investigate the microtubule dynamics in skin fibroblasts, we used at a frequency of 1 frame/s for 3-5 min.

257

258 6.4. When selecting the next object to get the image, move away from the already imaged area. Since this area was under the influence of light, there will be noticeable photo-bleaching.

260

NOTE: Since a relatively high imaging frequency was used, the shutter did not close between images, and the lamp was lit for the entire period of imaging, which is why fading increased.

6.5. Choose the optimal video for studying the microtubules' dynamics visually, taking into account the quality of transfection, the quality of the microtubules' images (optimal signal-to-noise ratio), and the absence of drifting in case of the analyzed cell (**Figure 3**).

6.6. Use the selected videos to study the microtubules' plus-ends dynamics by tracing them in the Fiji program (**Figure 4**).

NOTE: For quantitative analysis instructions see **Supplementary Figure 2** and **Supplementary File 1**.

#### **REPRESENTATIVE RESULTS:**

The resulting GFP-EB3 movies produced using the protocol (**Figure 1**) illustrate the microtubules' dynamic properties. Microtubules are involved in different cell processes, and their dynamic properties impact various life characteristics of the primary human cell culture from patients' biopsy material (**Figure 2**).

The following parameters determine the dynamic instability of microtubules: the rates of growth (polymerization) and shrinking (depolymerization); the frequency of catastrophes (transition from polymerization to depolymerization); the frequency of rescues (transition from depolymerization to polymerization); as well as pauses – states when the microtubule does not polymerize and does not depolymerize <sup>12</sup>. All parameters are tightly regulated, and the rates of polymerization and depolymerization of individual microtubules can vary significantly both in the same and different cell types<sup>13-17</sup>.

It is necessary to consider for the analysis that microtubules can have different dynamics depending on their position in the cell. Microtubules located in the region of the nucleus and centrosome behave differently compared to those on the cell periphery<sup>19</sup>. Therefore, to obtain a reliable result, we made the microtubules' dynamic measurements in three separate regions of the cell: the central part, the leading edge, and the tail part (**Figure 3**). To control the correct distribution of the GFP-EB3 label in various cell parts, we used human pulmonary artery endothelial cells (HPAEC) (see Supplementary Figure 1).

Specialized programs, such as Fiji (ImageJ 2 v1. 53i), allow the analysis of the videos by the following parameters: (1) the rate of the microtubules' growth; (2) the frequency of catastrophes; (3) the frequency of rescues; (4) the frequency of pauses; and (5) duration of pauses. In addition, unique program options and plugins allow tracing automatically<sup>18</sup> or manually<sup>19</sup> (**Figure 4**). The manual tracing method worked better in our experiments since automatic measurements are prone to larger errors and require more repetitions for a more accurate result. Detailed instructions on microtubules dynamics data analysis can be found in **Supplementary Figure 2** and **Supplementary File 1**.

The imaging parameters may require adjustments during the imaging process. For example, the duration of one cell imaging and the exposure values can be changed. Such settings are helpful if there is a rapid signal burnout, or the cell shrinks (**Figure 5**).

309 FIGURE AND TABLE LEGENDS:

- **Figure 1:** The general scheme of GFP-EB3 transfection protocol for human skin primary fibroblasts culture. The protocol includes the following steps: detachment of cells by the trypsin solution; trypsin inactivation by the medium addition; centrifugation of the resulting compound; calculation of cell concentration; cell seeding to the glass bottom dish (confocal dish) coated with gelatin; cell culture transfection by plasmid DNA (with GFP-EB3) with the liposomal transfection reagent; incubation 24-48 h; and analysis under a microscope.
- Figure 2: Human skin fibroblasts primary culture preparation scheme. A skin biopsy must be performed under sterile conditions by a physician after a patient signs an informed consent. Then a piece of tissue is transported in a small amount of the medium without FBS to the laboratory in a Petri dish. A large fragment of tissue is cut into pieces of 0.5-1 mm in size, and they are covered with a cover glass with the addition of the medium with FBS. Then the Petri dish is placed in a CO<sub>2</sub> incubator, where after 4-7 days fibroblasts migrate from the tissue fragment to the glass bottom.
- Figure 3: GFP-EB3 marker (green) in different areas of transfected human fibroblasts, obtained from HD patients' skin biopsy: leading edge (top panel); tail (middle panel); central part of fibroblast (zone around the centrosome) (bottom panel). Scale bar =  $10 \mu m$ . The imaging frequency is 1 frame/s. Wide-field fluorescent microscopy.
- Figure 4: GFP-EB3 manual tracking by ImageJ plugin MTrackJ. Tracks reflecting the growth of microtubules were obtained as a result of frame-by-frame manual marking of the GFP-EB3 labels tips at the plus-ends during 20 s of imaging. Transfected cultured fibroblasts, obtained from HD patients' skin biopsy. The imaging frequency is 1 frame/s. Wide-field fluorescent microscopy. Scale bar =  $10 \mu m$ .
- Figure 5: Troubleshooting during imaging of GFP-EB3 labeled microtubules' plus-ends. (A) Fluorescent-labeled microtubules are out of focus due to the absence of a focusing system. (B) Microtubules are stabilized and lose their dynamic properties due to overexpression of GFP-EB3 in the cell due to long incubation with the transfecting mixture. (C) Shrinking of the cell lamella as a result of phototoxicity due to the release of ROS. (D) Signal intensity drops during imaging rapid photobleaching. Transfected cultured fibroblasts, obtained from HD patients' skin biopsy. The imaging frequency is 1 frame per second. Wide-field fluorescent microscopy. Scale bars =  $10 \, \mu m$ .
- **Supplementary Figure 1: Selective visualization of growing microtubule plus-ends.** GFP-EB3 marker (green) in different areas of transfected human endothelial cell (culture of HPAEC: Human Pulmonary Artery Endothelial Cells) in leading edge, tail and central area (zone around

the centrosome). Scale bars 10  $\mu m$ . The imaging frequency is 1 frame/s Wide-field fluorescent microscopy.

Supplementary Figure 2: Microtubule dynamics analysis by GFP-EB3 label after manual tracking using ImageJ plugin MTrackJ. (A,B) EB3 tracks obtained by EB3-GFP patches displacement on time-lapse series of transfected cultured fibroblasts, obtained from HD patients' skin biopsy (are colored individually). (A) EB3 track (purple, №46) obtained by EB3-GFP patches displacement during 18 seconds. (B) EB3 track (red, №37) obtained by EB3-GFP patches displacement during 9 seconds. (C) Quantification of plus-ends displacement of microtubules of human HD patients' skin fibroblast shown in (A). (D) Quantification of plus-ends displacement of microtubules shown in (B). The graph shows that between 6-8 seconds there is a pause in the growth of the microtubule (there is no movement of the plus-end).

## Supplementary File 1: Quantitative analysis of the dynamics of EB3-GFP labeled microtubules' plus-ends.

#### **DISCUSSION:**

Better quality results for microtubules' dynamics analysis can be obtained from high-quality microscopic images. It is important to observe all the necessary conditions for time-lapse imaging of living cells and to correctly adjust the imaging parameters. Using special cell culture dishes with a glass bottom (confocal dishes) is important, since glass has a different refractive index of light than plastic. The thickness of the glass and its uniformity over its entire area is also extremely important, since these parameters are crucial for normal sample focusing. Violation of these parameters inevitably leads to a failure of the perfect focus system resulting in bad focusing thereby making it impossible to use such out-of-focus video for analysis (**Figure 5A**). Another important condition for live-cell imaging is their protection from ROS. Various reagents can be used for such purposes<sup>20</sup>. In our work, we use mineral oil, which completely isolates the culture medium from the atmosphere and prevents gas exchange. In the same way, the ROS-reducing oxyrase can be used, but this enzyme is not suitable for all cell types and is more often applicable to imaging with increased time.

When choosing the optimal incubation time of cells after transfection (24 or 48 h), attention should be given to the number of transfected cells. A number smaller than the maximal number of cells expressing the labeled protein is already sufficient for the analysis. Overexpression should not be allowed because microtubules, in such cases, are stabilized and their dynamic properties cannot be analyzed (**Figure 5B**).

In some cases, it may be necessary to adjust the imaging parameters in accordance with the reaction of cells after the start of video recording. For example, it is possible to observe cell lamella shrinking due to high sensitivity to light (phototoxicity) (**Figure 5C**). When excited, the fluorescent molecules typically react with molecular oxygen to form free radicals that can damage cell components<sup>21</sup>. When designing experiments, fluorophores with the maximum possible excitation wavelength should be selected to minimize cell damage under short-wave

illumination. In addition, there are reports that certain components of standard culture media, including the riboflavin vitamin and the tryptophan amino acid, may also contribute to the adverse effects of light on cultured cells<sup>22</sup>. Among other things, this may be caused by an excessive amount of fluorescent labels in one cell. In these cases, it becomes necessary to reduce the duration of the recording and the intensity of illumination. Another possible problem may also be rapid photobleaching - decreasing of the signal intensity during recording (**Figure 5D**). This effect should be taken into account when selecting the next object on the same experimental dish, since the neighboring cells around the imaged area are also burned out.

It should be mentioned that there are other methods for microtubule visualization in living cells like microinjection of fluorescent-labeled tubulin into the cell or cell transduction using viruses. As with any other method, there are advantages and disadvantages to the transfection method. However, from our point of view, in comparison with the injection method, transfection is more effective and allows to achieve mass inclusion of expression vectors into the cells, resulting in a large number of fluorescent cells for analysis. Also, the transfection method does not require special equipment and skills from the researcher. The method of viral transduction shows good results and can be applied. Still, it is not suitable for all cell cultures (in particular, it is less suitable for human fibroblasts, obtained from HD patients' skin biopsy).

The most critical step in this protocol is the transfection performed to ensure sufficient protein expression. A good signal-to-noise ratio, no photobleaching of microtubules, and the absence of cell drifting during time-lapse video recording are absolutely critical for effective microtubules imaging. In our experiment, visualization of microtubules and the dynamic analysis provide vital information on microtubule properties and behavior in the cells with mutant HTT. Our protocol is applicable for studies of other diseases for which pathology implicates dynamic properties of microtubules.

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#### **DISCLOSURES:**

The authors have nothing to disclose.

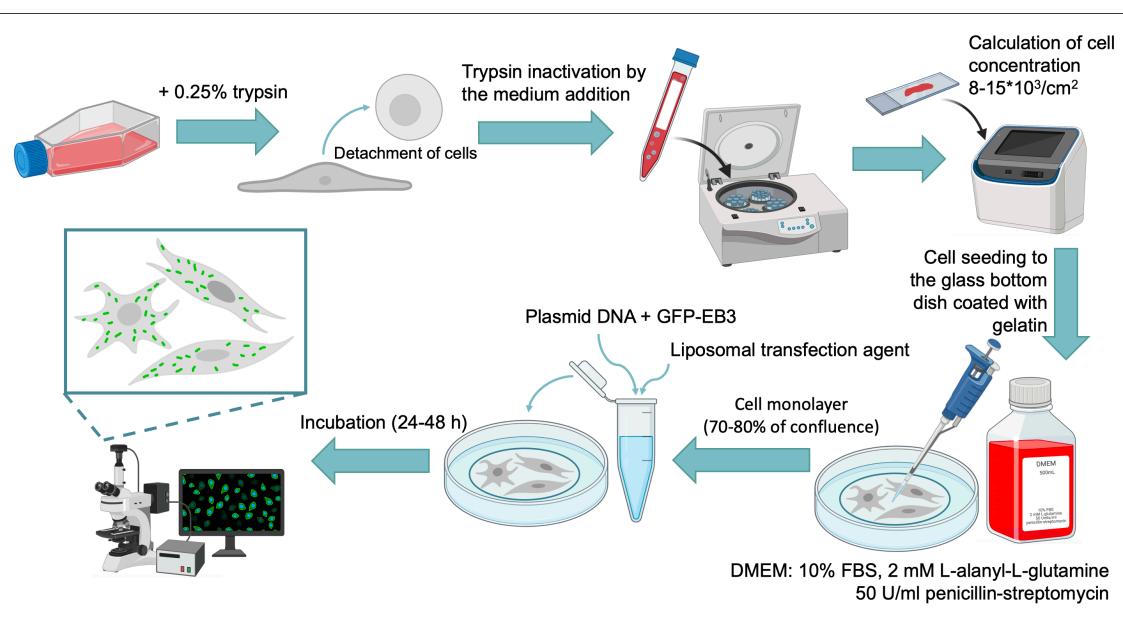
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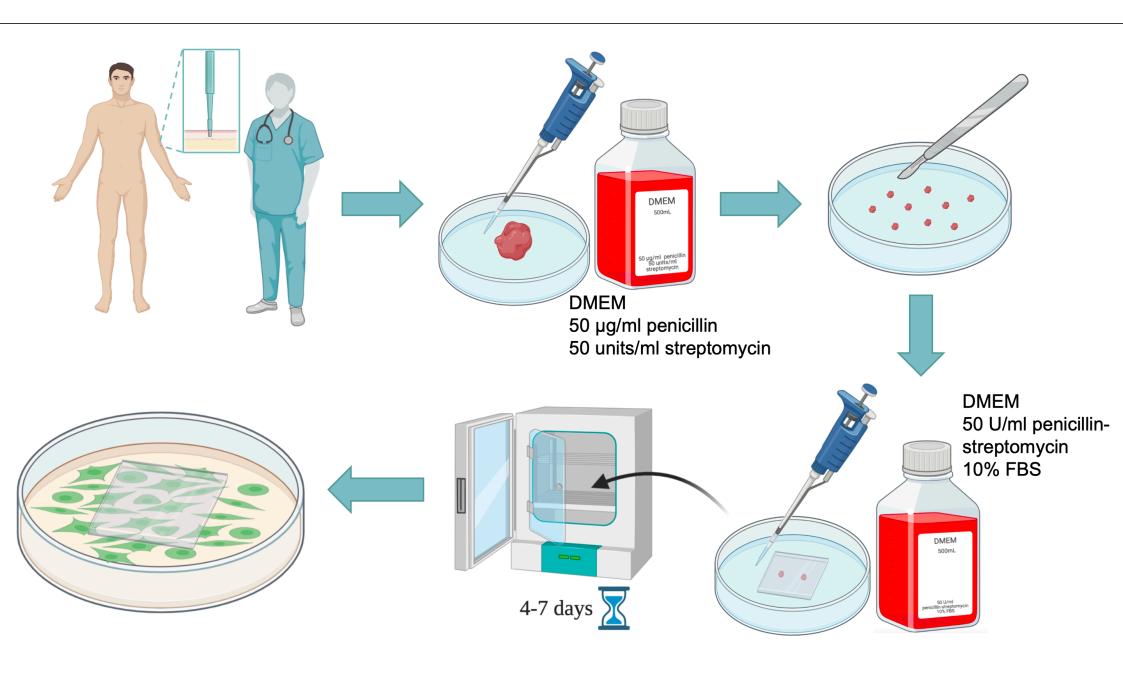
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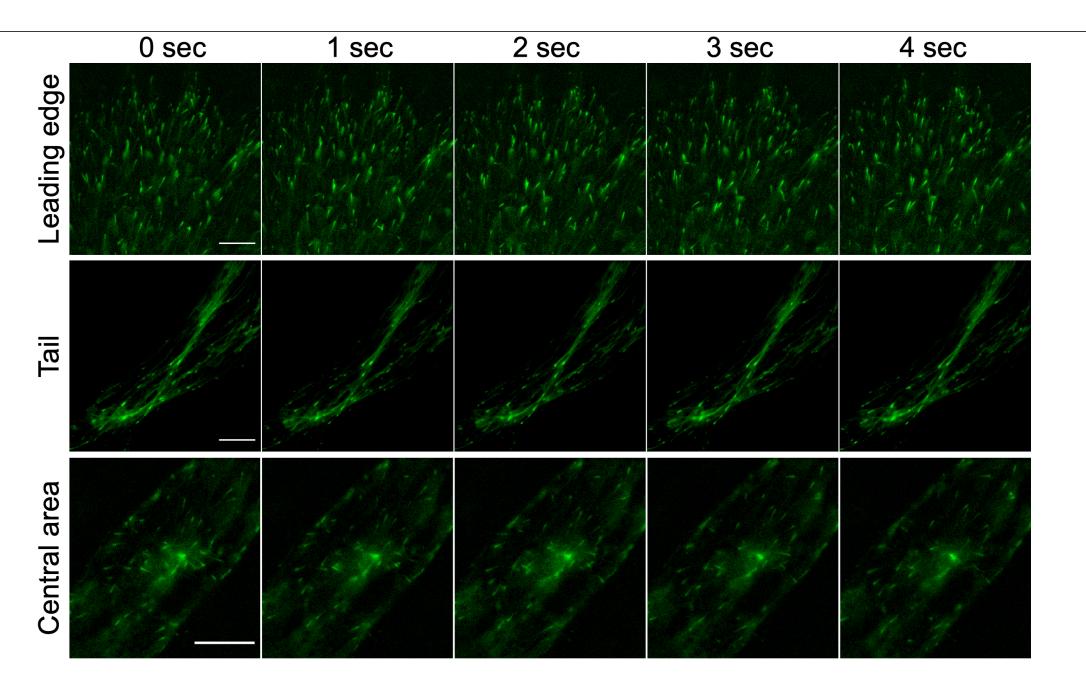
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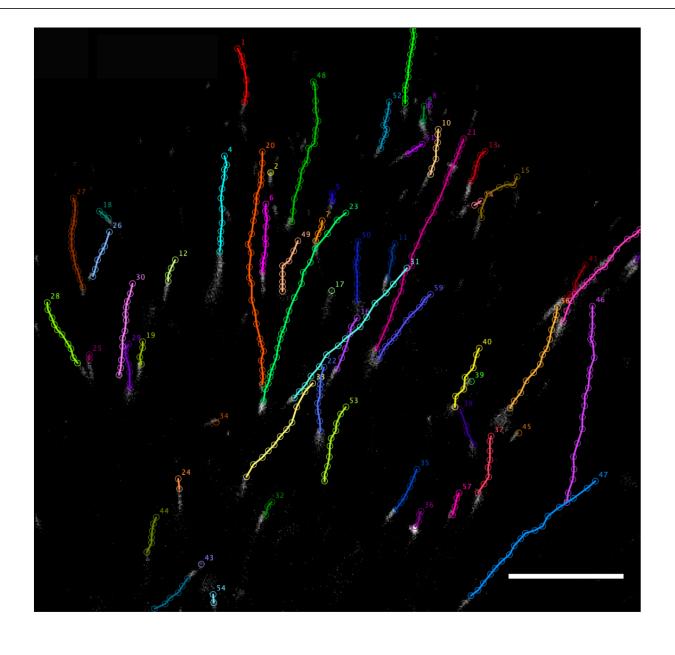
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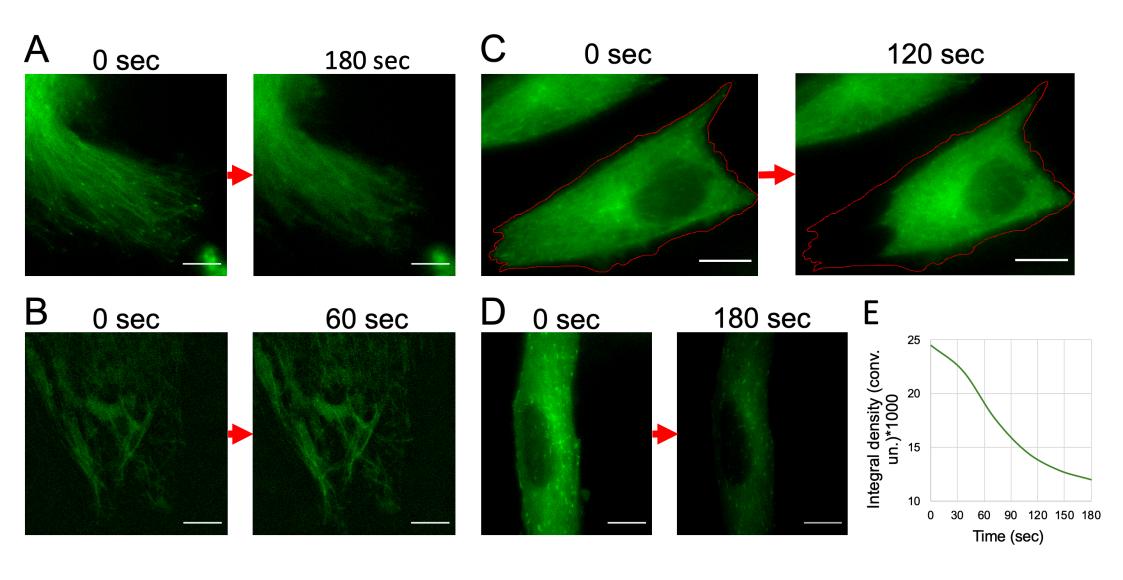


Table of Materials

Click here to access/download **Table of Materials**JoVE\_Materials 2.xls

#### **Authors response to Editorial comments:**

We fully took into account all the comments and remarks of Editorial team members and corrected our manuscript. Here we provide a point-by-point response to their comments.

#### Editorial comments:

#### Changes to be made by the Author(s) regarding the written manuscript:

**1.** There are some awkward phrases throughout the manuscript that severely affects the clarity of the manuscript. Please employ professional copyediting.

#### Response:

Taking into account this recommendation, we have given the manuscript for editing by the professional translator and have corrected it.

2. Please upload the supplemental figures separately as image files.

#### Response:

Done.

#### Changes to be made by the Author(s) regarding the video:

#### 1. Editing:

- Please avoid speeding up the footage. It can give the audience a funny impression. Instead, just cut the key points of the procedure and use cross dissolve effect to join the clips
- JoVE advises against Jump cuts. While JoVE often suggests cross-fades or cross dissolve instead, Please add Cross dissolve effects to these time codes: 3:28, 4:14, 4:26, 6:14.
- 2:51 Please make the footage stay a little longer here, it ends too fast
- 3:11 Please remove the glitch here.

#### Response:

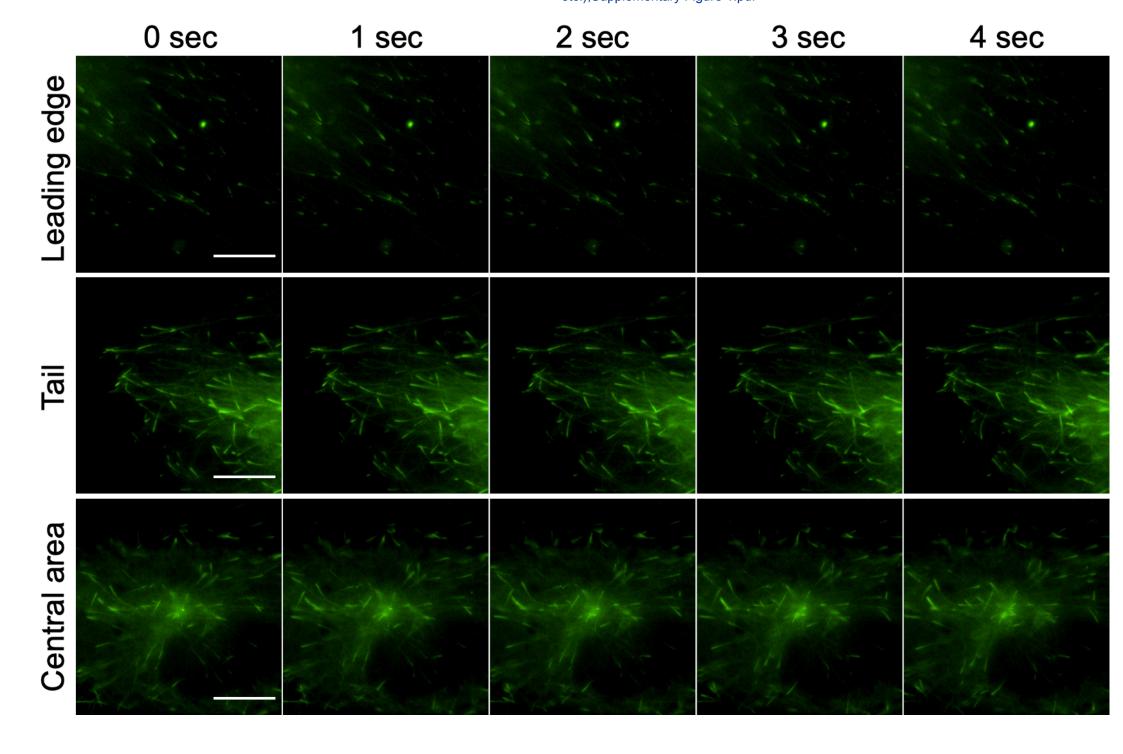
Done. We have fulfilled these requirements.

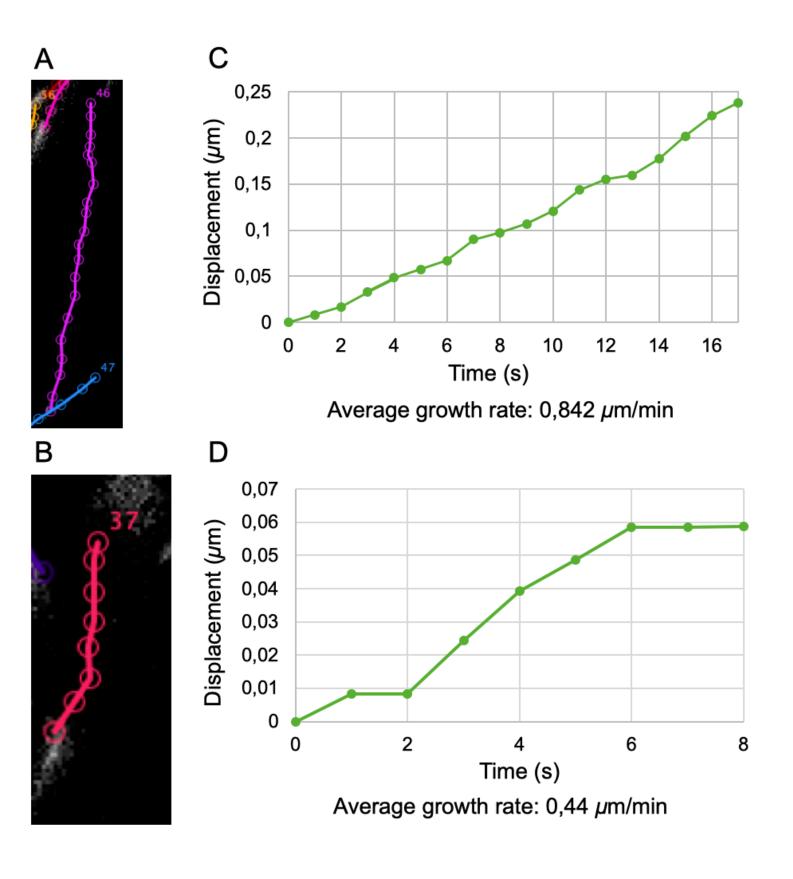
#### 2. Graphics:

- 0:54, 3:14, 6:25, Consider making it a full scale image avoiding black border at the sides
- Please capitalize all the chapter title cards
- Please include a discrete ethics title card before the protocol.

#### Response:

Done. We have fulfilled these requirements.





#### Supplementary material 3

### Protocol for quantitative analysis of data on the dynamics of EB3-GFP labeled microtubules' plus-ends.

1. Open the time-lapse series video with EB3-GFP labeled microtubules' plus-ends in the program for analysis.

Note: we used the FIJI (Image J) program for visualization of growing microtubule' plusends.

2. Launch the required plugin for building tracks.

Note: we used the plugin MTrackJ (track and analyze moving objects in image sequences) for manual tracing of microtubules. It is also possible to use plugins for automatic microtubules tracing (for example, plusTipTracker), as described in detail earlier [18].

- 3. On the selected individual frame, put a dot on EB3-GFP-marked microtubule's tip.
- 4. Measure the coordinates of this dot on the individual selected frame.

Note: in the FIJI (Image J) program you can use "ANALYZE" option, then select "MEASURE". To configure the parameters displayed in the table, select "SET MEASUREMENTS..." in the same tab.

- 5. Sequentially put a dot on EB3-GFP-marked tip of selected microtubule labeling its position on each frame of series video.
- 6. When the plus-ends of microtubule are marked on all frames, build their tracks using the plugin.
- 7. Use the measured coordinates to determine the characteristics of the microtubule growth dynamics in a program working with spreadsheets.
  - Note: the growth rate is defined as the average between changes in the plus-end position between two consecutive frames per unit of time. An example of such an analysis of microtubule dynamics can be found in Alieva et al., 2010<sup>S1</sup>.
- 8. Plot the microtubule's life history (the dependence of the position change of the microtubule's plus-end in time).
- 9. Use the graph of the microtubule's life history to determine the frequency of pauses between growth episodes.
  - Note: we considered the absence of moving the microtubule's plus-end for 3 frames as a pause. For example, see Supplementary Figure 2 (D).
- 10. To determine the frequency of catastrophes and rescues, count these events for each of the analyzed microtubules, then add them up and divide by the total number of microtubules in the analysis.

Note: We define as a catastrophe the complete disappearance of the EB3-GFP label when moving to the next frame. We define as a rescue the appearance of the EB3-GFP label on the next frame again in the same place where it had disappeared before. To calculate the frequency of catastrophes and rescues, it is necessary to use only those microtubules whose EB3-GFP label does not leave the field of view (it does not go into another optical section due to the bending of the microtubule). The label from such

microtubules will gradually fade on each subsequent frame until it completely disappears.

#### **Supplementary references**

[S1]. Alieva, I. B., Zemskov, E. A., Kireev, I. I., Gorshkov, B. A., Wiseman, D. A., Black, S. M., Verin, A. D. Microtubules Growth Rate Alteration in Human Endothelial Cells. *BioMed Research International*. 2010, 1-10 (2010).