

Editorial and production comments:

We thank the editors and the reviewers for their time and comments. We have addressed each of the concerns to the best of our ability and detail the changes made below in italics.

Changes to be made by the Author(s):

1. Please revise the following lines to avoid previously published text: 49-51, 52-53, 54-57, 61-65

Done. There should no longer be conflicting language.

Changes to be made by the Author(s) regarding the video:

1. Title Cards:

- 02:28 Please use same style chapter cards,i.e White Background and Black Text.

Done.

- 02:54 Please use same style chapter cards,i.e White Background and Black Text.

Done.

- Please use the same protocol subheaders as the written protocol. Alternatively, you can change the subheaders in the written protocol instead to match the headers in the protocol section of the video.

Done. We have removed/alterd any subheaders in the video not present in the written protocol.

2. Video Editing Content:

- Please remove the conclusion section from here and add it after the Result section i.e, 09:12 . For more information see the JOVE video Guidelines.

Done.

3. Audio Editing and Pacing:

- Audio levels are low. Please increase the audio level and ensure that the audio level average around -9dB.

Done.