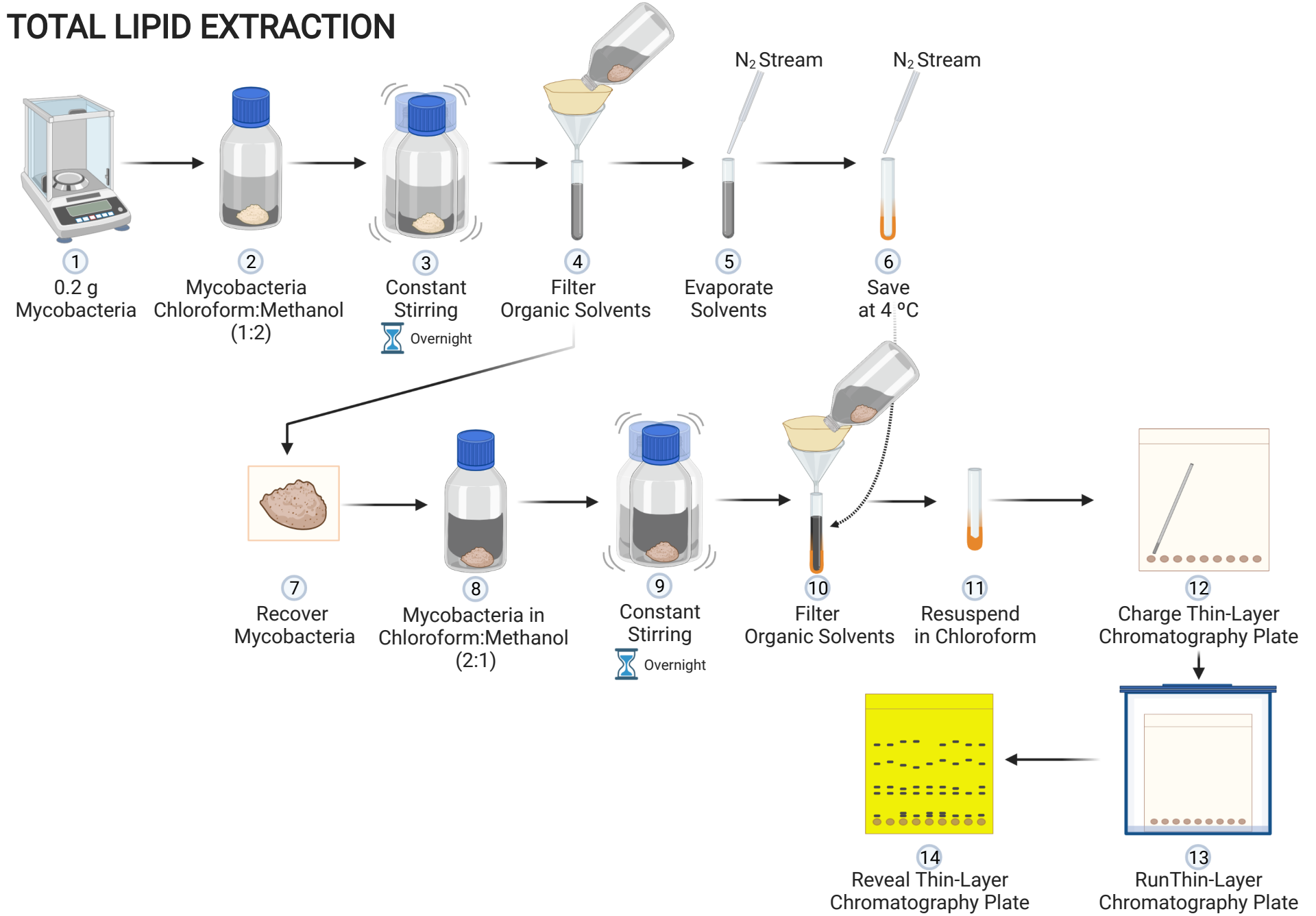TOTAL LIPID EXTRACTION