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## Implantation of combined telemetric ECG- and blood pressure transmitters to determine spontaneous baroreflex sensitivity in conscious mice --Manuscript Draft--

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**TITLE:**

Implantation of Combined Telemetric ECG- and Blood Pressure Transmitters to Determine Spontaneous Baroreflex Sensitivity in Conscious Mice

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**KEYWORDS:**

baroreceptor sensitivity, baroreflex, telemetry, arterial blood pressure, electrocardiogram  
ECG, sinoatrial node function, autonomic nervous system, diagnostic marker, cardiovascular  
disease, mouse model

**SUMMARY:**

The baroreflex is a heart-rate regulation mechanism by the autonomic nervous system in response to blood-pressure changes. We describe a surgical technique to implant telemetry transmitters for continuous and simultaneous measurement of electrocardiogram and blood pressure in mice. This can determine spontaneous baroreflex sensitivity, an important prognostic marker for cardiovascular disease.

**ABSTRACT:**

Blood pressure (BP) and heart rate (HR) are both controlled by the autonomic nervous system (ANS) and are closely intertwined due to reflex mechanisms. The baroreflex is a key homeostatic mechanism to counteract acute, short-term changes in arterial BP and to maintain BP in a relatively narrow physiological range. BP is sensed by baroreceptors located in the aortic arch



and carotid sinus. When BP changes, signals are transmitted to the central nervous system and are then communicated to the parasympathetic and sympathetic branches of the autonomic nervous system to adjust HR. A rise in BP causes a reflex decrease in HR, a drop in BP causes a reflex increase in HR.

Baroreflex sensitivity (BRS) is the quantitative relationship between changes in arterial BP and corresponding changes in HR. Cardiovascular diseases are often associated with impaired baroreflex function. In various studies reduced BRS has been reported in e.g., heart failure, myocardial infarction, or coronary artery disease.

Determination of BRS requires information from both BP and HR, which can be recorded simultaneously using telemetric devices. The surgical procedure is described beginning with the insertion of the pressure sensor into the left carotid artery and positioning of its tip in the aortic arch to monitor arterial pressure followed by the subcutaneous placement of the transmitter and ECG electrodes. We also describe postoperative intensive care and analgesic management. After a two-week period of post-surgery recovery long-term ECG and BP recordings are performed in conscious and unrestrained mice. Finally, we include examples of high-quality recordings and the analysis of spontaneous baroreceptor sensitivity using the sequence method.

## **INTRODUCTION:**

The arterial baroreceptor reflex is the major feedback control system in humans which provides a short-term - and possibly also longer term<sup>1,2</sup> - control of arterial blood pressure (ABP). This reflex buffers perturbations in BP that occur in response to physiological or environmental triggers. It provides prompt reflex changes in heart rate, stroke volume, and total peripheral arterial resistance. The reflex originates in sensory nerve endings in the aortic arch and carotid sinuses. These nerve terminals make up the arterial baroreceptors. The somata of nerve terminals in the aortic arch are located in the nodose ganglion while those of nerve terminals in the carotid sinus are located in the petrosal ganglion. The reflex is triggered by an increase in blood pressure, which stretches and activates the baroreceptor nerve terminals (**Figure 1A**). Activation results in action potential volleys which are transmitted centrally via the afferent aortic depressor and carotid sinus nerves to cardiovascular brain stem nuclei such as the nucleus tractus solitarii and the dorsal nucleus of the vagal nerve. Changes in afferent nerve activity in turn modulate the autonomic efferent activity. Increased activity of baroreceptor nerves decreases sympathetic and increases parasympathetic nerve activity. Thus, the consequences of activation of baroreceptors are a reduction in heart rate, cardiac output, and vascular resistance which together counteract and buffer the increase in blood pressure<sup>3</sup>. By contrast, decreased activity of baroreceptor nerves increases sympathetic and decreases parasympathetic nerve activity, which increases heart rate, cardiac output, and vascular resistance and thus counteract the decrease in blood pressure.

Numerous studies in humans and animals have demonstrated that the baroreceptor reflex can be adjusted under physiological conditions such as exercise<sup>4</sup>, sleep<sup>5</sup>, heat stress<sup>6</sup>, or pregnancy<sup>7</sup>. Additionally, there is evidence that the baroreflex is chronically impaired in cardiovascular diseases, such as hypertension, heart failure, myocardial infarction, and stroke. In fact, baroreflex

dysfunction is also utilized as a prognostic marker in several cardiovascular diseases<sup>8-10</sup>. Furthermore, dysfunction of the baroreflex is also present in disorders of the ANS. Given the importance of the baroreceptor reflex for health and disease states, in vivo estimation of this reflex is an important component of autonomic and cardiovascular research with certain serious clinical implications.

Genetic mouse lines are essential tools in cardiovascular research. In vivo studies of such mouse lines provide valuable insights into cardiovascular physiology and pathophysiology and in many cases serve as preclinical model systems for cardiovascular diseases. Here we provide a protocol for telemetric in vivo ECG and BP recording in conscious, unrestrained, freely moving mice and describe how baroreflex sensitivity can be determined from these recordings using the sequence method (**Figure 1B**). The applied method is called the sequence method, because the beat-to-beat series of systolic BP (SBP) and RR intervals are screened for short sequences of three or more beats during spontaneous increase or decrease in SBP with reflex adaption of the HR. This method is the gold-standard for baroreflex sensitivity determination since only spontaneous reflex mechanisms are investigated. The technique is superior to older techniques that involved invasive procedures such as injection of vasoactive drugs to induce BP changes.

[Place **Figure 1** here]

## **PROTOCOL:**

Perform all animal studies in compliance with local institutional guidelines and national laws on animal experimentation. For this experiment, the studies were approved by the Regierung von Oberbayern and were in accordance with German laws on animal experimentation. C57BL/6J mouse strain is used in this report. The animals of the sick sinus syndrome mouse model (Hcn4<sup>tm3(Y527F;R669E;T670A)</sup>Biel)<sup>11</sup> displaying increased BRS sensitivity were maintained on a mixed C57BL/6N and 129/SvJ background.

### **1. Equipment setup**

1.1. Remove telemetric transmitters from their sterile package and shorten the ECG leads of a transmitter to the length appropriate for the size of the mouse. For a 12-week-old male black six mouse (C57BL/6J), weighing ~30 g, shorten the positive lead (red) to a length of ~45 mm and the negative lead (colorless) to a length of ~40 mm using scissors.

NOTE: These values are given as orientation and must be adapted as necessary (**Figure 2**).

1.2. Remove approximately 6 mm of the ECG lead's silicone tubing using a scalpel to expose the wire. Cover the tips of the wire with excessive tubing leaving a ~2 mm portion of ECG wire uncovered to record electrical signals. Secure the silicone tubing with non-absorbable 5-0 silk suture material (**Figure 2A**).

1.3. Write down the transmitter serial number into the operation protocol (**Supplemental**

File 1).

1.4. Hydrate the transmitter in warm, sterile 0.9 % NaCl solution.

1.5. Weigh the mouse and record its weight.

1.6. Autoclave all surgical instruments prior to the surgery. Sterilize them during surgery and between operating different animals by dry heat using a hot glass bead sterilizer.

NOTE: Surgical instruments must cool down to room temperature before use to prevent skin burns.

1.7. Disinfect the work bench to assure aseptic conditions.

## 2. Surgical implantation of telemetric transmitters for combined ECG and blood pressure measurements

### 2.1. Dissection of the left common carotid artery.

2.1.1. Anesthetize a mouse by intraperitoneal injection of anesthesia mix (100 mg/kg ketamine; 15 mg/kg xylazine; 1 mg/kg acepromazine). Perform a toe pinch test to ensure that the mouse is fully anesthetized before commencing surgery.

2.1.2. Use a trimmer to shave the surgical area from below the chin towards the transversal pectoral muscles.

2.1.3. Place the mouse in a supine position on a temperature-controlled surgery plate set to 37 °C. Secure the limbs with surgical tape and continuously monitor body temperature with a rectal thermometer (**Figure 2C**). If body temperature drops below 37 °C cover the animal's body with sterile cotton gauze during surgery.

2.1.4. Apply eye ointment to protect the animal's eyes during anesthesia.

2.1.5. Apply depilatory cream to the previously shaved surgical area. Remove hair and depilatory cream using a cotton pad and warm water after 3-4 min. Make sure that the skin is clean and free of any residual hair and depilatory cream, so that the wound will not be contaminated during the operation.

2.1.6. Disinfect the skin with skin disinfection spray.

2.1.7. Place the animal under a dissecting microscope.

2.1.8. Make a 1-1.5 cm midline incision through the skin of the neck, starting immediately below the chin. Take effort to make the incision as straight as possible. (**Figure 2D**).

NOTE: During the following steps, the surgical area must be kept moist by regular application of sterile, warm (37 °C) 0.9 % NaCl.

2.1.9. Create a subcutaneous space at both sides of the incision by separating the skin from underlying connective tissue with blunt dissection scissors. Be careful not to pinch the skin too strongly with the forceps, as this can cause necrosis and lead to impaired wound healing after surgery.

2.1.10. Separate the parotid and submandibular glands using cotton tip applicators to expose the musculature overlying the trachea.

2.1.11. Retract the left salivary gland with curved dissection forceps to identify the left carotid artery located laterally to the trachea (**Figure 2E**).

2.1.12. Carefully dissect the carotid artery from adjacent tissue using curved forceps. Be very careful not to injure the vagal nerve that is running along the vessel. Continue blunt dissection to expose the left carotid artery to about 10 mm in length and fully separate it from vascular fascia and the vagus nerve (**Figure 2F**).

2.1.13. Pass a non-absorbable, 5-0 silk suture underneath the isolated portion of the carotid artery while slightly lifting the blood vessel with curved forceps to reduce friction between the sutures and the carotid artery, as this could easily damage the vascular wall.

2.1.14. Place the suture cranially, just proximally to the bifurcation of the carotid artery, form a knot and tie it to permanently ligate the vessel (**Figure 2G**). Fix both ends of the cranial occlusion suture to the surgery table with surgical tape.

2.1.15. Pass a second occlusion suture underneath the carotid artery and place it caudally at ~5 mm distance to the cranial suture (**Figure 2H**). It is needed for temporary occlusion of blood flow during cannulation of the artery. Therefore, tie a loose knot and fix both suture ends with surgical tape.

2.1.16. Position a third suture (secure suture) between the cranial and caudal occlusion suture and make a loose knot (**Figure 2I**). This suture is needed to keep the catheter in place while cannulating the artery. Tape the end of the suture to the surgery table.

## 2.2. Cannulation of the left common carotid artery.

NOTE: The sensor area of the blood pressure catheter is located 4 mm from the distal end and consists of a tube containing a non-compressible fluid and a biocompatible gel (**Figure 2B**). Since this area is very sensitive, make sure it is free of air bubbles and do not touch it at any time during the procedure.

2.2.1. Bend the tip of a 24 G needle to an angle of  $\sim 100^\circ$  to use it as a catheter introducer.

2.2.2. Gently pull the caudal occlusion suture and fix it with tension to temporarily stop blood flow and to slightly lift the artery.

2.2.3. Carefully penetrate the artery proximal to the cranial occlusion suture with the bent needle (**Figure 2J**). Grip the catheter with vessel cannulation forceps, introduce it into the small puncture and let it slide slowly into the vessel. Gently pull back the bent needle simultaneously (**Figure 2K**).

2.2.4. When the catheter reaches the caudal occlusion suture slightly tighten the secure suture to keep the catheter in place (**Figure 2L**).

2.2.5. Loosen the caudal occlusion suture so that the catheter can be further moved until its tip is positioned in the aortic arch.

NOTE: Be sure to determine the correct insertion length of the catheter, as this depends on the size of the mouse. For male mice with a C57BL/6J background at 12 weeks of age and  $\sim 30$  g body weight, we recommend inserting the catheter until the integrated notch reaches the cranial occlusion suture. The correct insertion depth and placement of the catheter for the specific mouse line can be verified after euthanasia of the animal.

2.2.6. Once positioned properly, secure the catheter with all three sutures and cut the ends as short as possible. Do not pull the knots too tight as this could damage the fragile blood pressure catheter.

[Place **Figure 2** here]

2.3. Placement of the telemetry device body in a subcutaneous pocket on the left flank of the mouse (**Figure 3**).

2.3.1. Form a subcutaneous tunnel from the neck directed towards the left flank of the animal and form a small pouch using small, blunt dissecting scissors (**Figure 3B**).

2.3.2. Irrigate the tunnel with a 1 mL syringe filled with warm, sterile 0.9% NaCl solution and introduce  $\sim 300$   $\mu$ L of the solution into the pouch (**Figure 3C**).

2.3.3. Carefully lift the skin with blunt forceps and introduce the transmitter device body into the pouch (**Figure 3D**). During this step, be very careful not to pull the blood pressure catheter out of the carotid artery.

2.4. Placement of the ECG leads in Einthoven II configuration.

2.4.1. Form a thin tunnel to the right pectoral muscle with blunt dissecting scissors and place

the negative (colorless) lead into the tunnel using blunt forceps. Fix the terminal end of the lead with a stitch to the pectoral muscle using 6-0 absorbable suture material (**Figure 3E**).

2.4.2. Form a loop in the positive (red) lead, position its tip at the left caudal rib region and secure its position with a suture using 6-0 absorbable suture material.

**NOTE:** It is important that both leads lie flat against the body for their whole length to avoid tissue irritation (**Figure 3F**).

2.4.3. Close the skin with single knots using 4-0 non-absorbable suture material (**Figure 3H**). Additionally, apply a small amount of tissue adhesive on every knot to keep the animal from biting the suture and prevent dehiscence.

2.4.4. Apply povidone-iodine hydrogel 10% to the wound to prevent wound infection during the recovery phase.

2.4.5. For preemptive pain relief inject 5 mg/kg carprofen in 0.9 % NaCl subcutaneously while the mouse is still under anesthesia.

2.4.6. Set a heating platform to  $39 \pm 1$  °C and place the mouse in a separate housing cage. Position one half of the cage on the platform for 12 h after surgery and transfer the mouse in the warm area. When the animal awakens from anesthesia, it has the option of staying in the warm area or moving to the cooler part of the cage.

[Place **Figure 3** here]

## 2.5. Post-operative care

2.5.1. For post-operative pain relief inject 5 mg/kg carprofen in 0.9% NaCl subcutaneously every 12 h for 3-5 days until the wound has healed.

2.5.2. Inject 10 µL/g of warm ringer-lactate solution intraperitoneally to protect the animal from dehydration.

2.5.3. Let the mice recover for 2-3 weeks before running the first telemetric measurements. Carefully monitor general health conditions, wound healing, body weight, and food and water intake during the recovery period.

2.5.4. At the end of the experiment, euthanize the mouse by carbon dioxide (CO<sub>2</sub>) inhalation.

**NOTE:** Cervical dislocation or decapitation is not recommended as euthanasia method since this could damage parts of the ECG and BP transmitter device.

## 2.6. Data acquisition.

2.6.1. Take measures to avoid acoustic and electronic noise during data recording. Additionally, limit access of personnel during data recording and complete all husbandry procedures prior to the experiment.

2.6.2. Place the animal's cage on the telemetry receiver plate and turn on the telemetric transmitter by bringing a magnet close to the animal.

2.6.3. Acquire continuous ECG, blood pressure and activity recordings over 72 h (12-h dark/light cycle) with data acquisition software (**Figure 4**).

2.7. Analysis of the circadian rhythm of heart rate, blood pressure and activity.

2.7.1. Check the presence of a regular circadian rhythm of HR, BP and activity using data acquisition software<sup>12</sup> (**Figure 5**).

2.8. Data analysis including determination of baroreceptor sensitivity using the sequence method with ECG and BP analysis software.

2.8.1. Export BP and HR data from data acquisition software into ECG and BP analysis software (**Supplemental File 2**). Use the following sequence of commands: **Open ECG and BP analysis software > File > Raw data from converter > Convert non-IOX raw data**. In the new window click **File > Load Dataquest ART4 data**. Again, a new window will open, select **data file for export > New window opens**, select animal from "subjects" list and select ECG and BP from "waveforms list" and press **OK**. Choose animals from which data should be converted by clicking **Convert data > Create IOX binary site file**.

2.8.2. Open IOX binary site file in ECG and BP analysis software by using the following sequence of commands: **File > Load IOX data > Select BP and ECG trace > press the green checkmark**.

NOTE: The following data processing parameters are optimized for data acquired from wildtype mice and should in principle fit all mouse models used in preclinical field. However, adaption of these parameters might be necessary when working with specific experimental models, e.g., mice with extremely high or low HR and/or BP values, or different rodent species. In any case, data processing parameters need to be carefully reviewed to assure that they fit the specific model under study.

2.8.3. For settings for ECG, BP and BRS analysis see **Supplemental File 3,4**). For BRS analysis in mice, adjust the BRS parameters to detect only sequences of three (or more) beats exhibiting a delay between SBP and RR of one beat, and set the threshold for SBP and RR change to 0.5 mmHg and 2 ms. Ensure that the correlation coefficient of the slope of the regression line from RR/SBP plots is larger than 0.75 and analyze only sections exhibiting stable sinus rhythm. Set parameters for ECG, BP and BRS analysis accordingly by using the following sequence of commands: **Tune > analysis settings > new window opens**

2.8.3.1. ECG settings (right-click in the “**ECG mode and signal filtering**” window (**Supplemental File 3**). Set the parameters as detailed here. Mode: ECG, RR-only, Filter mode: auto, according to set HR, Expected heart rate: bpm > 300, Baseline removal filter width (ms): 100.00, Noise removal filter width: 1.00 ms, Notch filter: 50.0 Hz, Spike removal filter: off, Drop-out detection mode: off, Max RR lengths (ms): 900.00, RR from adjusted R peaks: off, RR\_only settings mode: Xsmall: mouse, R peak width (ms): 10.00, PR width (ms): 20.00, RT width (ms): 50.00, Max inter beat artefact (%): 50.00, R to other amplitude ratio: 3.00, R peak sign: positive, and Compute extra parameter: off

2.8.3.2. For the Blood pressure (BP, Pressure settings) right-click at the “**BP analyzer**” window (**Supplemental File 4**). Set the parameters as detailed here. Noise removal filter width (ms): 10.00, Derivative filter width (ms): 6.00, Notch filter: 50.0 Hz, Spike removal filter: off, Validation threshold (cal. unit): 12.00, Rejection threshold (cal. unit): 8.00, Derivative at begin upstroke (cal U/s): 10.00, Rejection limits: off, Delay from reference ecg: user defined window, Min delay from ecg Rpeak (ms): 10.00, Max delay from ecg Rpeak (ms): 250.00, Conduct\_time\_1 from mark: not computed, Conduct\_time\_2 from mark: not computed, BR (breathing rate): off, BRS (Baroreflex sensitivity): on, Minimum consecutive beat number: 3, Latency beat number: 1, Pressure value: SBP, Mark to compute pulse interval: R, Minimum pressure variation (calU): 0.50, Minimum interval variation (ms): 2.00, Minimum correlation: 0.75

2.8.4. Screen the activity signal for a 3-h sequence with low activity. Perform the BRS analysis in this time window since high activity of the animals interferes with BP and RR correlation.

2.8.5. Perform a BP and RR analysis during this 3-h time window while subdividing the 3-h analysis into 10 min steps.

2.8.6. Perform BRS analysis by using the following sequence of commands: Open **BRS analysis window > View > BRS analysis**. This opens the BRS analysis panel. Manually inspect every sequence displayed in the BRS analysis panel and exclude ectopic beats, sinus pauses, arrhythmic events or noisy data. Make sure to invalidate every single beat of such sequences to successfully exclude them from the analysis.

2.8.7. Export the results of the BRS analysis into a spreadsheet file (Results File). Modify the parameters that are exported to the spreadsheet file by using the following sequence of commands (**Supplemental Files 5-7**):

2.8.7.1. **Tune > Parameters in list/to file > sections > txt** (**Supplemental File 5**). Select the “**beats**” section and any other section containing information of interest except the invalidated beats section.

2.8.7.2. **Tune > Parameters in list/to file > steps > txt** (**Supplemental File 6**). Choose step values to be exported.



2.8.7.3. **Tune > Parameters in list/to file > beats -> txt (Supplemental File 7).**

2.8.7.4. Make sure that the beats section of the file contains at least the following data for every single beat. ECG\_RR, ECG\_HR, BP\_SBP, BP\_BRS\_deltaP, BP\_BRS\_# (=consecutive beat intervals of the sequence), BP\_BRS\_slope, BP\_BRS\_correl, BP\_BRS\_shiftl (=RR of the subsequent beat)

2.8.7.5. Then click **File > Save results file.**

2.8.8. Sort the exported data for up and down sequences using the filter function of Excel (**Supplemental File 8**). Calculate the number of sequences, mean BRS slope, standard deviation and standard error of BRS slope for up and down sequences separately. Also calculate the total amount of sequences per 1000 beats.

NOTE: A spreadsheet template (TemplateBRS) for automated sorting and analysis of up and down sequences is provided in the Supplement (**Supplemental File 8**) and facilitates the analysis. By adjusting the filter function, you can sort sequences by different beat numbers (e.g., three- or four-beat sequences). For further details see Supplemental files 9-13.

2.8.8.1. Open the Results File and the TemplateBRS Excel file (**Supplemental File 8**). Copy the data of the following columns from the Results File: (Pressure)\_BRS\_deltaP, (Pressure)\_BRS\_# and (Pressure)\_BRS\_slope (**Supplemental File 9**). Paste the data into the respective columns of the “Up sequences” and “Down sequences” spreadsheets in the TemplateBRS file (**Supplemental File 10**). Additionally, copy the data of the column (Pressure)\_BRS\_SBP from the Results File (**Supplemental File 11**) and paste it into the “All sequences” spreadsheet in the TemplateBRS file (**Supplemental File 12**).

NOTE: the number in the (Pressure)\_BRS\_# column is listed only at the last beat of a sequence and depicts the sequence length. Up and down sequences can be distinguished by the sign of the (Pressure)\_deltaP value. Negative values for the second and third beat of a three-beat sequence indicate a down sequence. Positive values indicate an up sequence, respectively.

2.8.8.2. Filter the copied data with the default filter settings. Click on the filter icon of the (Pressure)\_BRS\_# column and press “ok” (**Supplemental File 13**). Apply this step to the “Up sequences” and “Down sequences” spreadsheets.

NOTE: the spreadsheet filters for three-beat sequences. If other sequence lengths are requested the setting of this column has to be changed in the drop-down menu. Calculations for number of sequences, mean BRS slope, standard deviation and standard error of BRS slope are displayed in the green boxes of the “Up sequences” and “Down sequences” spreadsheets. Calculations for the total number of sequences per 1000 beats appear in the green box of the “All sequences” spreadsheet.

## REPRESENTATIVE RESULTS:

### Positive results for ECG and BP raw data

Using this protocol high-quality ECG and BP data can be acquired (**Figure 4** and **Supplemental File 14**), allowing not only for precise BRS analysis but also for analysis of a broad range of ECG or BP-derived parameters, e.g. ECG intervals (**Figure 4B**, upper panel), blood pressure parameters (**Figure 4B**, lower panel), heart rate and blood pressure variability, arrhythmia detection etc<sup>12-15</sup>.

[Place **Figure 4** here]

### Positive results for circadian rhythm

A healthy mouse that has sufficiently recovered from surgery shows a physiological increase of activity, HR and BP during the activity (dark) phase (**Figure 5**). Many different factors can disturb this regular circadian rhythm. These include psychological stress, acoustic or electric noise and pain. For example, an acute pain condition immediately after surgery would result in an increase in heart rate with a simultaneous decrease in activity. Therefore, the circadian rhythm is an important indicator for animal health and well-being and should be routinely checked before BRS analysis.

[Place **Figure 5** here]

### Positive results for BRS analysis

After performing the analysis as described in the protocol section 2.8 the software will detect up and down sequences, respectively. The method used is called sequence method since changes in SBP and RR intervals are examined on a beat-to-beat basis during short sequences of three or more beats with a spontaneous rise or fall in SBP (**Figure 6**). A continuous elevation in SBP over three heartbeats causes a reflex increase in parasympathetic activity and in consequence slows down HR, which is equivalent to longer RR intervals. The latency for the reflex HR adaption is one beat. Such a sequence is shown in **Figure 6A** and is defined as an up sequence. In contrast, a continuous decrease in SBP over three beats with parallel rise in HR (decrease in RR interval) is defined as a down sequence (**Figure 6B**). To evaluate the correlation between RR and SBP, both parameters are plotted against each other and the slope (ms/mmHg) of the linear regression line is calculated for each sequence (**Figure 6A,B**, lower panels). After sorting by up and down sequences the average number of up and down sequences per 1000 beats (**Figure 6C**) and average gain of spontaneous BRS can be calculated for up and down sequences, respectively (**Figure 6D,E**). The gain of spontaneous BRS is reflected by the slope of the linear regression line calculated from the RR/SBP relation. The deviation from normal BRS values can have various causes. These include changes in ANS input or changes in the responsiveness of the sinoatrial node to autonomic nervous system input. In Figure 6 increased BRS in a mouse model for sick sinus syndrome (SSS) with exaggerated responsiveness of the sinoatrial node to vagal input is shown<sup>11</sup>.

[Place **Figure 6** here]

#### **Negative result for raw data quality**

Especially during phases of higher activity signal quality might decrease (**Figure 7** and **Supplemental Files 15,16**). This can be caused by temporary displacement or incorrect position of either the BP catheter or ECG leads or both due to motion of the animal. Also, skeletal muscle activity might be detected from the ECG leads and induce noise (**Figure 7B**, upper panel). With the software settings described above, these low quality beats are not detected and are therefore excluded from analysis. Nevertheless, manual inspection of the analysed raw data is mandatory.

[Place **Figure 7** here]

#### **Negative results for BRS analysis**

The BRS analysis settings listed in protocol section 2.8.3 are in general essential for fast and correct detection of up and down sequences. The minimum correlation coefficient for the regression line is set to 0.75. Setting too low values for the minimum correlation coefficient results in false detections of sequences that do not reflect baroreflex activity but rather result from arrhythmic beats (**Figure 8**). For BRS analysis only episodes with stable sinus rhythm must be analysed. Ectopic beats or other arrhythmic events, e.g., sinus pauses, can be found with the HRV option of ECG and BP analysis software and must be invalidated.

[Place **Figure 8** here]

### **FIGURE AND TABLE LEGENDS:**

**Figure 1: Schematic representation of the baroreflex and baroreflex sensitivity assessment using the sequence method.** (A) Course of the baroreflex during an acute increase in blood pressure. A short-term rise in ABP is sensed by baroreceptors located in the aortic arch and carotid sinus. This information is transmitted to the central nervous system and induces a decrease in sympathetic nerve activity in parallel with an increase in parasympathetic activity. Release of acetylcholine from nerve endings located in the sinoatrial node region induces a decrease of the second messenger cAMP in sinoatrial node pacemaker cells and hence a reduction in heart rate. A short-term decrease in blood pressure has the opposite effect. (B) Schematic BP traces during an up sequence (upper left panel) and down sequence (upper right panel) of three consecutive beats. An up sequence is associated with a parallel increase in RR intervals (lower left panel) which is equivalent to a decrease in HR. A down sequence is associated with a parallel decrease in RR intervals (lower right panel) which is equivalent to an increase in HR.

**Figure 2: Implantation of a combined ECG and blood pressure transmitter - cannulation of the left carotid artery.** (A) The telemetry transmitter is composed of a pressure catheter, two biopotential electrodes and the device body. (B) Schematic representation of the pressure

catheter. The sensor area consists of a non-compressible fluid and a biocompatible gel. The cranial occlusion suture of the carotid artery must be attached to the notch of the catheter to ensure proper position in the blood vessel. (C) Anesthetized C57BL/6J mouse prepared for surgical transmitter implantation. (D-L) Image sequence showing surgical procedure for cannulation of the left carotid artery. (D) Cervical skin incision. (E) Exposed trachea to identify the left carotid artery located laterally to the trachea. (F) Blunt dissection to isolate the artery from adjacent tissue and the vagus nerve. (G) Permanent ligation of the left carotid artery with cranial occlusion suture. (H) Tension applied to caudal occlusion suture to temporarily stop blood flow. (I) Secure suture to keep the catheter in place during cannulation. (J) Cannula with curved tip for insertion of the catheter into the blood vessel. (K) Pressure catheter is inserted into the carotid artery. (L) The catheter tip is positioned in the aortic arch and secured with the middle suture. Scale bar in D – L shows 4 mm. Reprinted from<sup>16</sup>.

**Figure 3: Implantation of a combined ECG and blood pressure transmitter - subcutaneous placement of the ECG electrodes and device body.** (A) Mouse after insertion of the blood pressure catheter. Catheter position is secured by the occlusion sutures. (B) Forming a subcutaneous pocket on the left flank of the animal with blunt scissors. (C) The pouch is irrigated with 1 mL of warm sterile saline. (D) The device body is placed in the subcutaneous pocket. (E) The terminal end of the negative electrode (colorless) is fixed to the right pectoral muscle with absorbable suture material. (F) Fixation of the positive electrode (red) to the left intercostal muscles. (G) Placement of a permanent suture on the chest muscle to secure the position of the ECG electrodes. (H) Mouse after skin closure. The subcutaneous positions of the ECG electrode tips are indicated by red circles. Reprinted from<sup>16</sup>.

**Figure 4: Telemetric ECG and BP recordings.** (A) Representative, high-quality ECG trace (upper panel) and corresponding high-quality raw BP recordings (lower panel). (B) Magnification of ECG traces (upper panel). P wave, QRS complex, T wave and RR interval are indicated. Magnification of corresponding BP data (lower panel). Diastolic BP (DBP) and systolic BP (SBP) are indicated.

**Figure 5: Analysis of long-term telemetry measurements to determine circadian rhythm variations.** Circadian rhythm of heart rate (A), activity (B), systolic blood pressure (C) and diastolic blood pressure (D) averaged from 9 male wild-type C57BL/6J mice during 12 h light and dark cycles. Grey areas depict the activity (dark) phase and white areas depict the resting (light) phase of the animals. All parameters are physiologically elevated during the animal's activity (dark) phase. Data are represented as mean  $\pm$  SEM.

**Figure 6: Estimation of BRS using the sequence method.** (A) Representative BP trace of a wild-type C57BL/6J mouse during an up sequence of three consecutive beats (upper panel) associated with a parallel increase in RR interval (middle panel) which is equivalent to a decrease in HR. The RR intervals were plotted against the SBP (lower panel). The slope of the regression line (red line) for the up sequence depicted in the upper and middle panel (WT, black circles) was 4.10 ms/mmHg. A representative RR/SBP relationship of the sick sinus syndrome mouse model yielded an increased slope of 6.49 ms/mmHg indicating elevated BRS (SSS, grey circles). (B) Representative down sequence of a wild-type mouse with a drop in SBP (upper panel) and a

subsequent decrease in RR interval (middle panel) which results in a BRS slope of 4.51 ms/mmHg (lower panel; WT, black circles). A representative RR/SBP relationship of the sick sinus syndrome mouse model (SSS, grey circles) with a slope of 7.10 ms/mmHg. The orientation of the red arrowheads indicates the direction of the sequences (up or down sequence). (C) Total amount of sequences per 1000 beats for WT and SSS mice. (D) Mean slope of the RR/SBP relationship for up sequences for WT and SSS mice. (E) Mean slope of the RR/SBP relationship for down sequences for WT and SSS mice. Statistics in (C-E) were performed from results of six male WT animals and eight male animals of the sick sinus syndrome mouse model. Boxplots show the median line, percent 25/75, and min/max value; open symbols represent the mean value.

**Figure 7: Examples of low-quality raw signals.** (A) ECG signal (upper panel) is detected with good quality, but BP signal (lower panel) quality is low. (B) Qualities of ECG (upper panel) and BP (lower panel) signal are not sufficient.

**Figure 8: Sequences that do not reflect baroreflex activity.** (A) ECG trace of a mouse with mild sinus dysrhythmia. (B) BP recording depicting a spontaneous increase in SBP. (C) Corresponding RR intervals indicate a decrease of HR upon the increase of BP. (D) Plot of SBP and corresponding RR intervals. The low correlation coefficient of the regression line indicates that HR reduction was not caused by activity of the baroreflex but rather by sinus dysrhythmia. (E) Raw ECG trace depicting a sinus pause. (F) Corresponding raw BP signal. The sinus pause causes a drop in diastolic blood pressure. Systolic blood pressure of the subsequent beat is almost unaffected.

**Supplemental File 1: Surgery protocol.** Template for documentation of the surgical procedure and post-operative care.

**Supplemental File 2: Converting Dataquest A.R.T data into IOX data for analysis in ecgAUTO software.** Select animals in the subjects list (left) and Pressure and ECG in the waveforms list (right). Press OK to convert data.

**Supplemental File 3: ECG settings for BRS analysis.** Set parameters as listed, press ok and apply the configuration.

**Supplemental File 4: BP settings for BRS analysis.** Set parameters as listed, press ok and apply the configuration. Save the configuration as a configuration file to be able to load the settings easily.

**Supplemental File 5: Parameters in list/to file window for “sections”.** Choose sections to be exported under the **sections > txt header** (selected) and press **Apply!**.

**Supplemental file 6: Parameters in list/to file window for “steps”.** Choose step data to be exported under the **steps > txt header** (selected) and press **Apply!**.

**Supplemental File 7: Parameters in list/to file window for “beats”.** Choose values to be exported under the **beats > txt header** (selected) and press **Apply!**. For BRS analysis the ticked parameters

are necessary. Note the order of selection indicated by the numbers.

**Supplemental File 8: TemplateBRS spreadsheet file.** Spreadsheet template for automated sorting and analysis of up and down sequences.

**Supplemental File 9: Copying relevant data from the Results File I.** Copy the columns (Pressure)\_BRS\_deltaP, (Pressure)\_BRS\_# and (Pressure)\_BRS\_slope from the Results File.

**Supplemental File 10: Spreadsheet template file (TemplateBRS) for data sorting and analysis I.** Paste the copied data into the respective columns of the “Up sequences” and “Down sequences” spreadsheet in the TemplateBRS spreadsheet file.

**Supplemental File 11: Copying relevant data from the Results File II.** Copy the column (Pressure)\_BRS\_SBP from the Results File.

**Supplemental File 12: A spreadsheet template file (TemplateBRS) for data sorting and analysis II.** Paste the copied SBP data into the “All sequences” spreadsheet in the TemplateBRS spreadsheet file to calculate the total number of sequences.

**Supplemental File 13: Filtering and analyzing the sequences.** In the “Up sequences” spreadsheet of the TemplateBRS spreadsheet file, open the drop-down menu of the (Pressure)\_BRS\_# column filter and press **OK** without changing any parameters. This will automatically sort the data and update the calculations for sequences with 3 beats. Repeat this for the “Down sequences” spreadsheet.

**Supplemental File 14: Screenshot of a high-quality recording detected with ECG and BP analysis software.** The upper trace (ECG) shows detection of each R-peak and the lower trace (BP) shows detection of each diastolic pressure (DP) and systolic pressure (SP) peak. Areas under successfully detected peaks are marked in red.

**Supplemental File 15: Screenshot of a low-quality BP recording where BP parameters are only partially detected.** The upper trace (ECG) shows detection of each R-peak but the lower trace (BP) shows gaps between detected BP peaks. Detected peaks of diastolic pressure (DP) and systolic pressure (SP) are marked with red areas.

**Supplemental File 16: Screenshot of a low-quality ECG and BP recording where ECG and BP parameters could not be detected.** The upper trace (ECG) shows a region (purple background) where ECG parameters could not be detected. BP detection (lower trace) also failed due to low signal quality.

## **DISCUSSION:**

### **Significance of the method with respect to alternative methods**

In the present work, we present a detailed protocol to quantify spontaneous BRS using the

sequence method. This approach utilizes spontaneous BP and reflex HR changes measured by ECG and BP telemetry. The advantage of this method is that both parameters can be recorded in conscious, freely moving, unrestrained animals without disturbing animals by walking into the room where the measurements are performed or even by physical interaction required for injection of drugs. This point is very important since it has been clearly shown that such disturbances severely interfere with HR and BP recordings. For example, the injection of drugs requires fixation of the mice, which causes a maximum stress response that increases HR up to 650-700 bpm. To circumvent these stress responses, BRS has been previously determined in anesthetized mice. However, standard anesthetics used in veterinary medicine such as ketamine/xylazine or isoflurane induce bradycardia and influence autonomic reflex responses, limiting the validity of these approaches and the interpretation of the results. To partially overcome these limitations implantable drug delivery devices, i.e., osmotic pumps, which can release drugs into the peritoneal cavity were used. However, with osmotic pumps it is not possible to apply a bolus of a defined dose of drug limiting the application of such devices. Alternatively, complex infusion catheters<sup>17</sup> can be implanted into mice in order to administer drugs. However, these catheters are difficult to handle and require surgical skills comparable to those required for the implantation of telemetric devices, while producing less scientific outcome as compared to measurements of spontaneous BRS. Beside the technical issues associated with measuring BRS using injection of drugs, there are some limitations related to the drug action per se. Traditional approaches for determining BRS include bolus injections of vasoactive drugs. However, bolus injection of vasoconstrictors (e.g., phenylephrine) or vasodilators (e.g., sodium nitroprusside) have been considered an excessive and non-physiological stimulus for reflex HR adaption to changes in BP<sup>18</sup>. Spontaneous activity of the baroreceptor reflex can also be quantified using spectral methods. One of these methods assesses BRS in the frequency domain by calculation of the ratio between changes in HR and changes in blood pressure in a specific frequency band<sup>18,19</sup>. Other spectral methods involve the determination of the transfer function of BP and HR or the quantification of the coherence between BP and HR<sup>20,21</sup>. These methods also require telemetric acquisition of spontaneous BP and HR parameters and while they are appropriate for the determination of spontaneous BRS, they require intensive computational tools and are challenging to apply. Furthermore, all spectral methods suffer from the limitation that non-stationary signals preclude the application of spectral methods. In particular, spectral peaks induced by respiration rhythms can be reduced in human patients by asking the patient to stop breathing, while this is obviously not possible in mice. Therefore, the signal-to-noise ratio is frequently quite low in mice. Given the limitations of the methods discussed above, we favor the sequence method for determining BRS in mice. A considerable advantage of this method is the fact that it is a noninvasive technique that provides data on spontaneous BRS under real life conditions<sup>22</sup>. One further important point is that the duration of sequences analyzed using the sequence method are quite short, involving 3-5 beats. Reflex regulation of HR by the vagal nerve is very fast and well within the timeframe of these sequences. Therefore, the sequence method is well suited to evaluate the contribution of the vagal nerve to BRS. By contrast regulation by the sympathetic nervous system is much slower. In fact, during these short sequences activity of the sympathetic nervous system can be assumed to be almost constant. Therefore, the method is customized to selectively detect reflex changes of the HR driven by vagus nerve activity.

## **Interpretation of BRS data**

For the interpretation of BRS dysfunction or BRS data per se it is important to consider the individual functional levels which are involved in the baroreceptor reflex. On the neuronal level, afferent, central or efferent components of the reflex might be affected<sup>23</sup>. On the cardiovascular level, reduced or exaggerated responsiveness of the sinoatrial node to ANS input might be present<sup>11,24</sup>. A change on each level could lead to changes in the BRS. In order to dissect whether neuronal and/or cardiac mechanisms are responsible for observed changes in BRS, cardiac or neuron specific gene deletion, knock down or gene editing approaches could be used.

## **Critical steps in the protocol**

The most sophisticated and critical step in this protocol is the preparation and cannulation of the left carotid artery (Step 2.2). The tension of the caudal occlusion suture has to be sufficiently high to completely stop the blood flow before cannulation. Otherwise, even a small leakage of blood during cannulation can severely restrict visibility or even cause the mouse to bleed to death. Cannulation should be successful at the first attempt. However, upon failure of the first attempt, it is still possible to carefully retry cannulation.

The midline incision and subcutaneous tunnel from the neck to the left flank (Step 3.2) must be large enough to easily introduce the transmitter without force but must also be as small as possible to keep the transmitter in place. Otherwise, one will need to lock it into position with suture material or tissue adhesive. Since mice have a very delicate skin, necrosis of the skin can occur if the tunnel for the transmitter is too small.

If the ECG electrodes are too long to fit into the subcutaneous tunnel (Step 2.4), it is necessary to form a new tip by shortening the electrode to a proper length. The electrode must lie flat against the body over the entire length of the lead. Too long electrodes will disturb the animals and they will try to open the wound to remove the transmitter, resulting in risk of tissue irritation and wound dehiscence. Leads that are too short can of course not be extended and it may be that in this case the electrodes cannot be positioned in such a way that they correspond to Einthoven II configuration. We, therefore, recommend, to determine the optimal length of the ECG leads on a dead mouse of the same sex, weight, and genetic background.

Mice should be given a longer recovery time after transmitter implantation if they do not have a normal circadian rhythm and this is not the phenotype of the mouse line under study (step 2.7). Another reason for disturbed circadian rhythms could be inadequate acoustic isolation of the animal facility or personnel entering the room during measurement.

ECG, BP and BRS data analysis is straight forward (Step 2.8). The most critical step is to exclude ectopic beats, sinus pauses, arrhythmic episodes or sections with low-quality signals from data analysis.

## **ACKNOWLEDGMENTS:**

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We thank Sandra Dirschl for excellent technical assistance and Julia Rilling for veterinary advice.

#### DISCLOSURES:

None

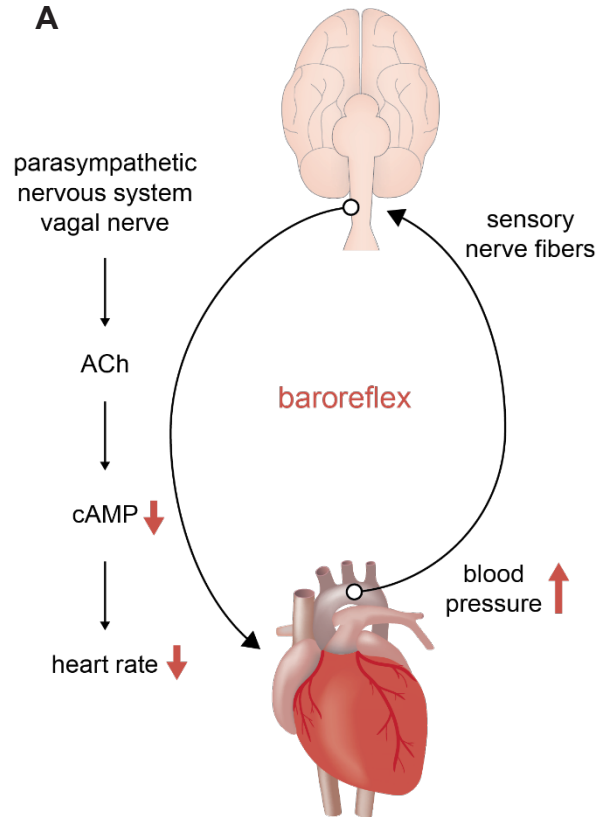
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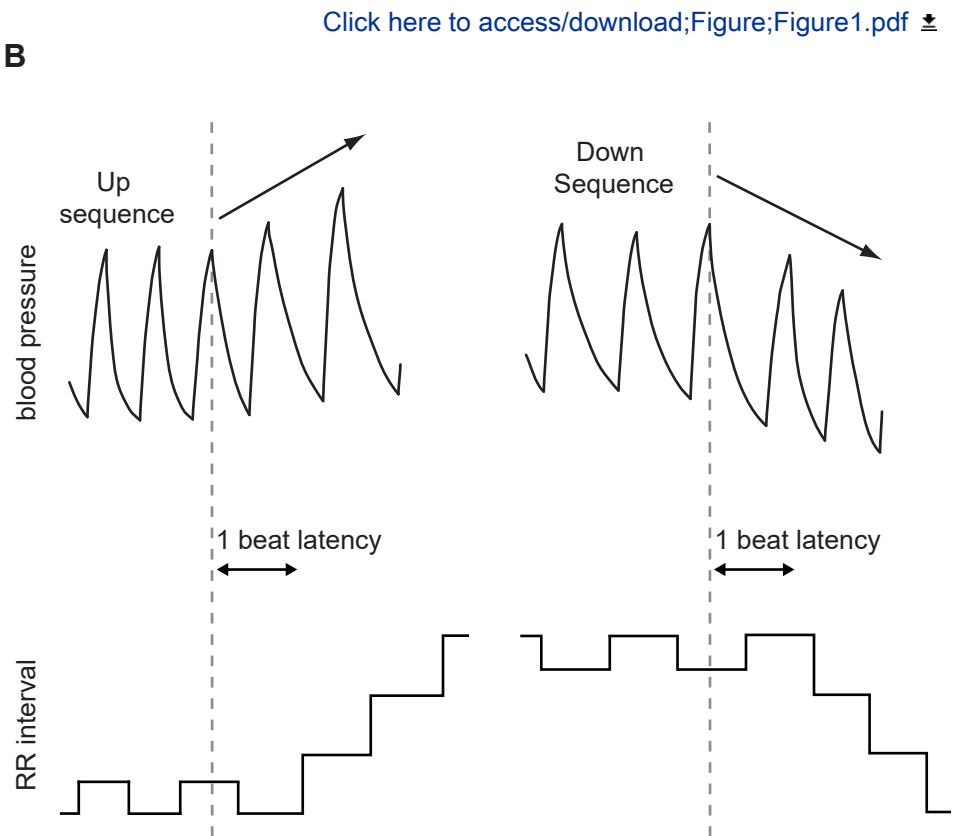
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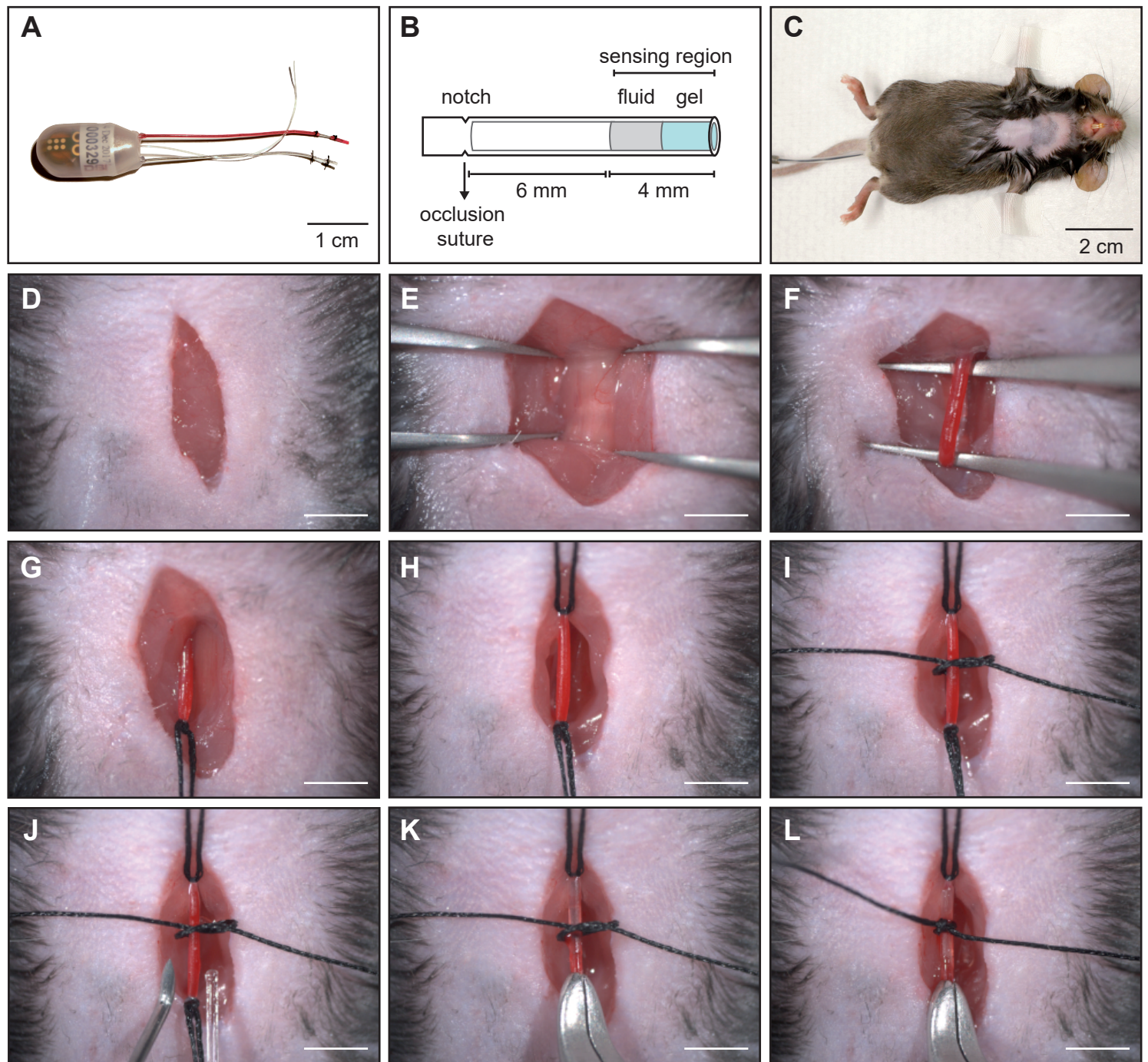
Figure 1

**A**



**B**







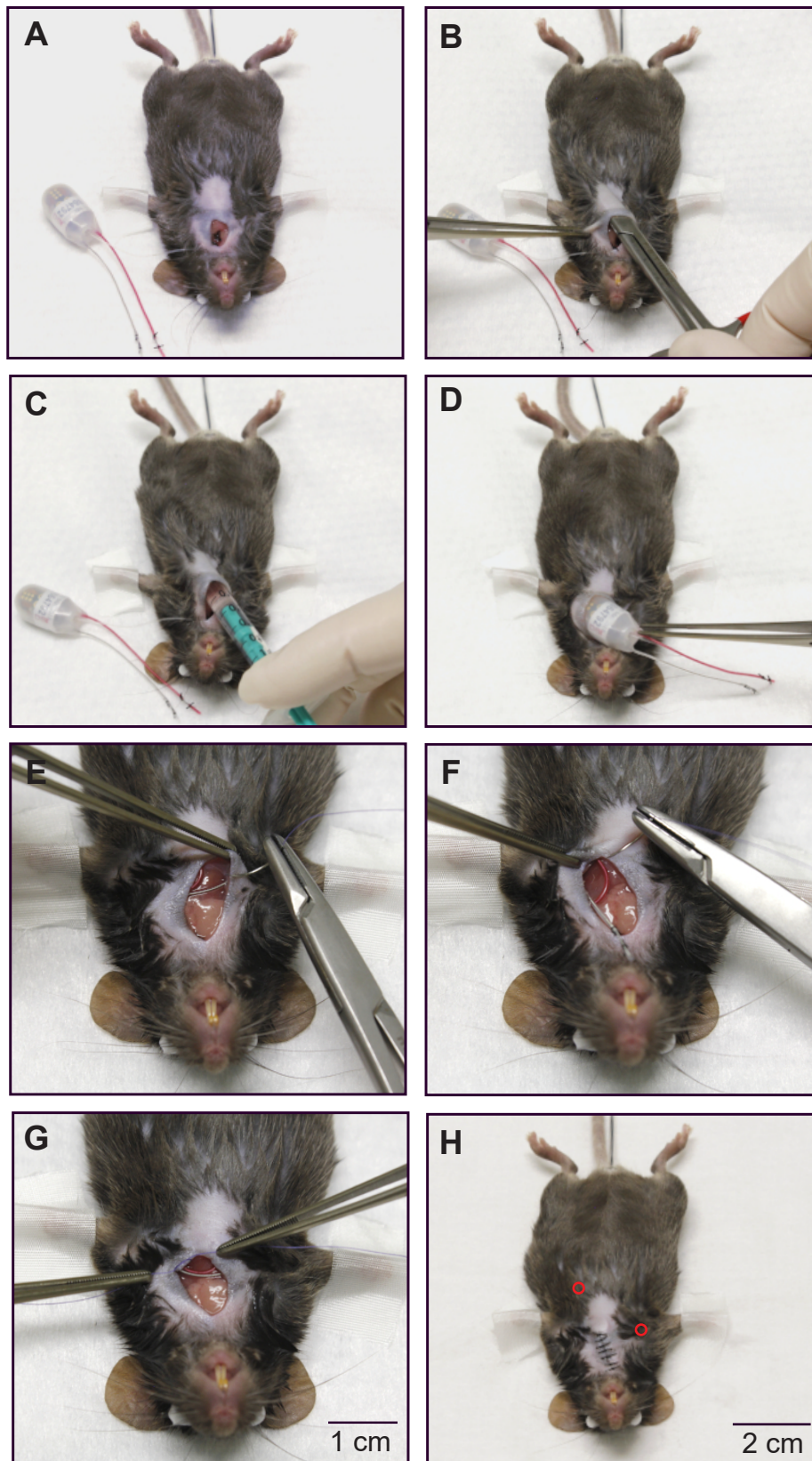


Figure 4

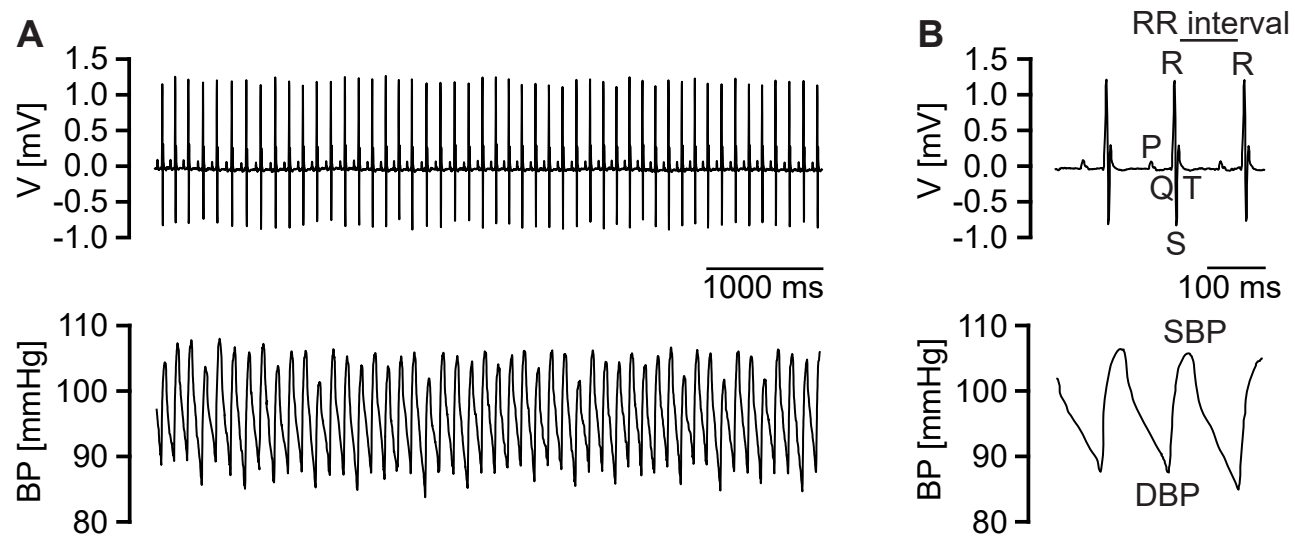


Figure 5

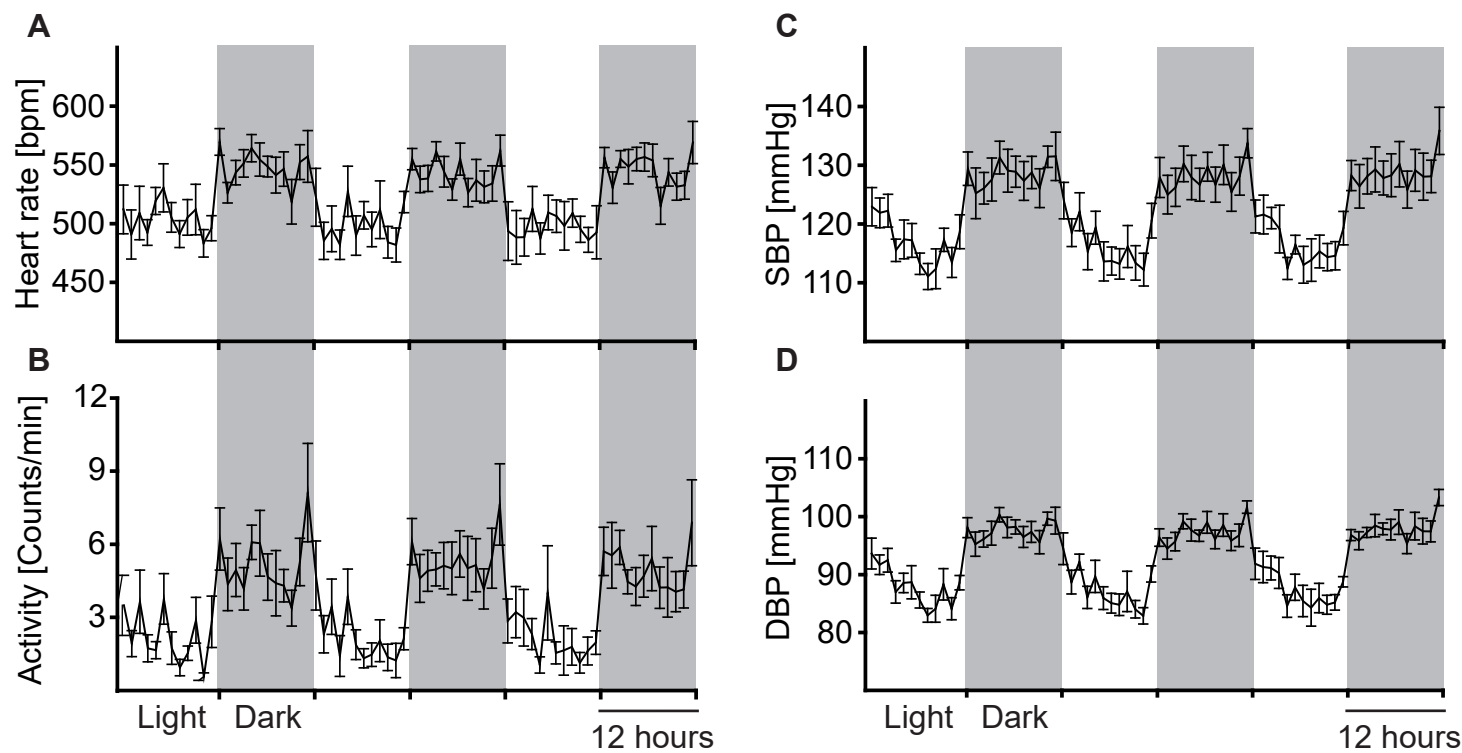
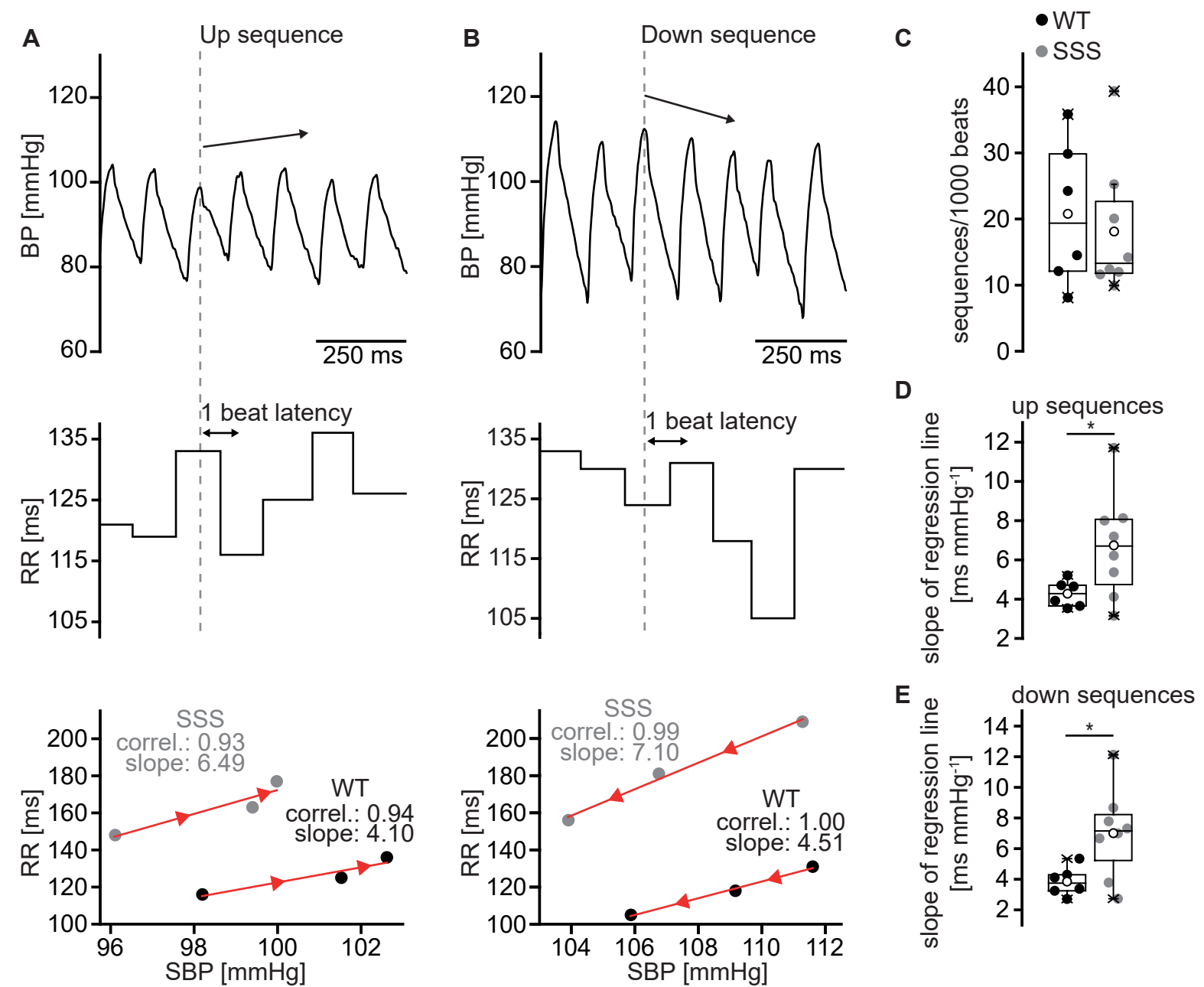
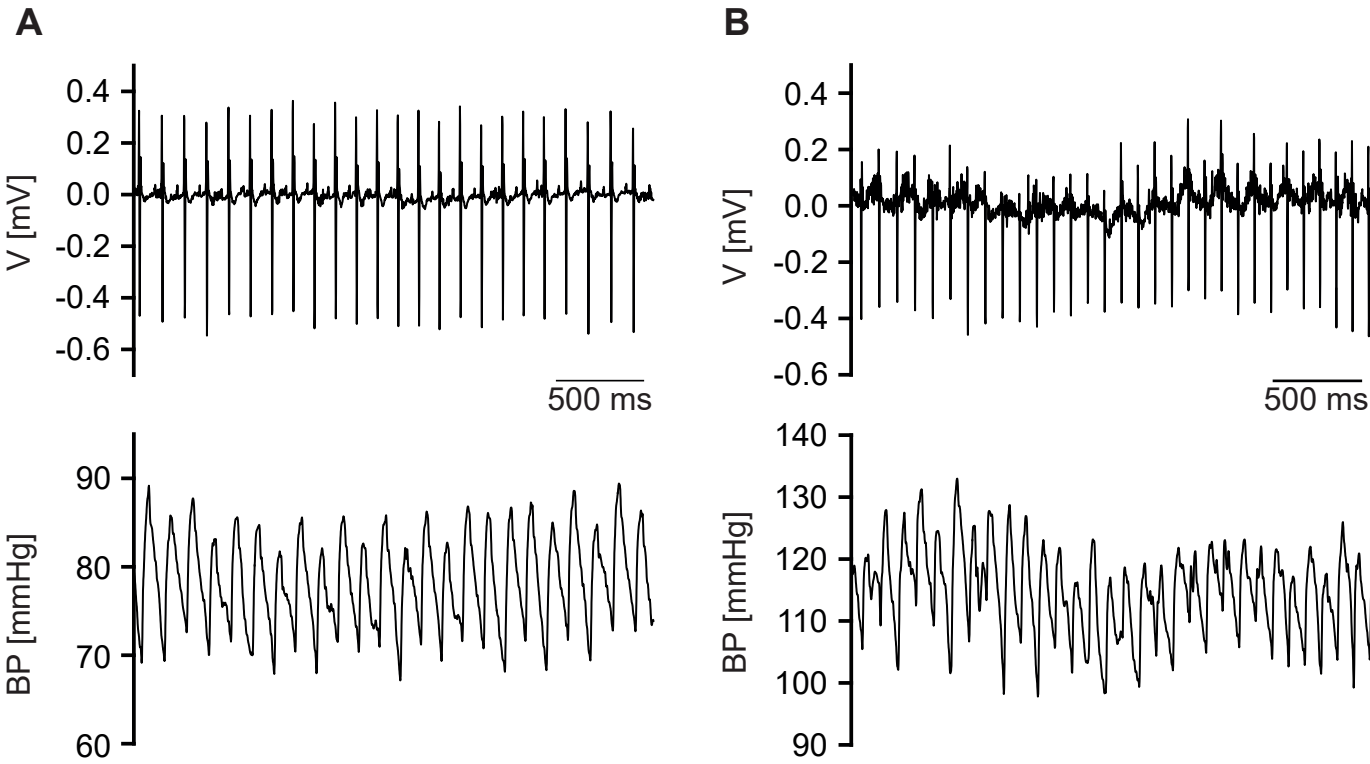
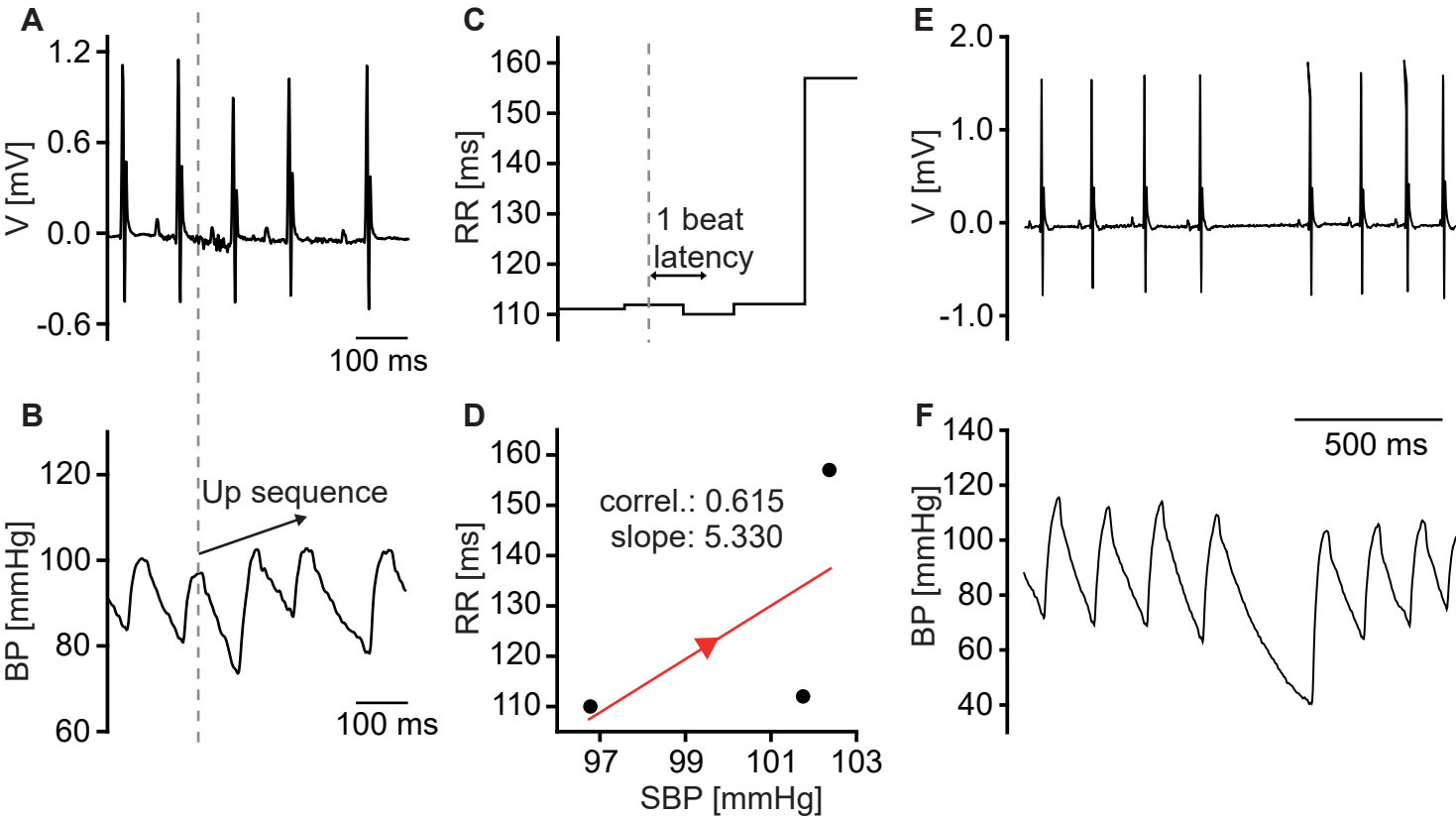


Figure 6









Name of Material/ Equipment	Company	Catalog Number
Acepromazine maleate (Tranquisol KH) Solution Injectable 0.5 mg/mL	CP-Pharma, Germany	1229
B.Braun Injekt-F 1 mL syringe	Wolfram Droh GmbH, Germany	9166017V
Bepanthen eye and nose ointment	Bayer AG, Germany	
Blunt dissecting scissors	Fine Science Tools GmbH, Germany	14078-10
Carprofen (Carprosol) 50 mg/mL	CP-Pharma, Germany	115
Cutasept F skin disinfectant	BODE Chemie GmbH, Germany	9803650
Cotton Tipped Applicator sterile	Paul Boettger GmbH & Co. KG, Germany	09-119-9100
Forceps - Micro-Blunted Tips	Fine Science Tools GmbH, Germany	11253-25
Forceps - straight	Fine Science Tools GmbH, Germany	11008-13
Gauze swabs wit cut edges, 7.5x7.5 cm, cotton	Paul Hartmann AG. Germany	401723
HD-X11, Combined telemetric ECG and BP transmitters	Data Sciences International, United States	
Homothermic blanket system with flexible probe	Harvard Apparatus, United States	
Hot bead sterilizer	Fine Science Tools GmbH, Germany	18000-45
Ketamine 10%	Ecuphar GmbH, Germany	799-760
Magnet	Data Sciences International, United States	
Needle holder, Olsen-Hegar with suture cutter	Fine Science Tools GmbH, Germany	12502-12
Needle single use No. 17, 0.55 x 25 mm	Henke-Sass Wolf GmbH, Germany	4710005525

Needle single use No. 20, 0.40 x 20 mm	Henke-Sass Wolf GmbH, Germany	4710004020
Needle-suture combination, sterile, absorbable (6-0 USP, metric 0.7, braided)	Resorba Medical, Germany	PA10273
Needle-suture combination, sterile, silk (4-0 USP, metric 1.5, braided)	Resorba Medical, Germany	4024N
OPMI 1FR pro, Dissecting microscope	Zeiss, Germany	
Pilca depilatory mousse	Werner Schmidt Pharma GmbH, Germany	6943151
PVP-Iodine hydrogel 10%	Ratiopharm, Germany	
Ringer lactat solution	B. Braun Melsungen AG, Germany	401-951
Sensitive plasters, Leukosilk	BSN medical GmbH, Germany	102100
Sodium chloride solution 0.9% sterile	B. Braun Melsungen AG, Germany	
Miniplasco Connect 5 ml		
Surgibond tissue adhesive	SMI, Belgium	ZG2
Suture, sterile, silk, non-needed (5-0 USP, metric 1 braided)	Resorba Medical, Germany	G2105
Trimmer, Wella Contura type 3HSG1	Procter & Gamble	
Vessel Cannulation Forceps	Fine Science Tools GmbH, Germany	18403-11
Xylazine (Xylarium) 2%	Ecuphar GmbH, Germany	797469

Data acquisition and analysis	Source
DSI Data Exchange Matrix	Data Sciences International, United States
DSI Dataquest ART 4.33	Data Sciences International, United States
DSI Ponemah	Data Sciences International, United States
DSI PhysioTel HDX-11 for mice	Data Sciences International, United States

DSI PhysioTel receivers RPC1

ecgAUTO v3.3.5.11

Microsoft Excel

Data Sciences International,  
United States

EMKA Technologies

Microsoft Corporation, United  
States

**Comments/Description**

anesthesia

preemptive and post-operative pain relief

anesthesia

transmitter turn on/off

24 G needle

27 G needle

lead fixation

skin closure

surgical tape

lead preparation, ligation sutures

anesthesia

data acquisition software

data acquisition software

ECG and BP analysis software



### **Editorial comments:**

#### **Changes to be made by the Author(s):**

- 1. Please take this opportunity to thoroughly proofread the manuscript to ensure that there are no spelling or grammar issues. Please define all abbreviations at first use.**

We have thoroughly proofread the manuscript and all supplemental files to ensure that there are no grammar and spelling issues. We defined all abbreviations at first use. We have made all corrections in the track changes mode.

- 2. Please revise the following lines to avoid overlap with previously published work: 185-188, 242 (position..)-245, 392 (The applied methods...)-396 (..HR); 397 (This kind...)-401 (...sequence), Figure 2 and 3 legends, 578-581 (..alterations), 625-628, 633-6363.**

We have revised the specified sections to avoid overlap with previously published work.

- 3. JoVE cannot publish manuscripts containing commercial language. This includes trademark symbols (<sup>TM</sup>), registered symbols (<sup>®</sup>), and company names before an instrument or reagent. Please remove all commercial language from your manuscript and use generic terms instead. All commercial products should be sufficiently referenced in the Table of Materials and Reagents. For example: Dataquest A.R.T software, ecgAUTO software etc.**

We did remove commercial language from the manuscript.

- 4. Being a video based journal, JoVE authors must be very specific when it comes to the humane treatment of animals. Regarding animal treatment in the protocol, please add the following information to the text: please specify the euthanasia method, but do not highlight it. Similarly, please do not highlight anesthesia steps.**

We now specify the euthanasia method in step 2.5.4. It now reads: At the end of the experiment, euthanize the mouse by carbon dioxide (CO<sub>2</sub>) inhalation. Note: we do not recommend cervical dislocation or decapitation as euthanasia method since this could damage parts of the ECG and BP transmitter device.

- 5. Please ensure that all text in the protocol section is written in the imperative tense as if telling someone how to do the technique (e.g., “Do this,” “Ensure that,” etc.). The actions should be described in the imperative tense in complete sentences wherever possible. Avoid usage of phrases such as “could be,” “should be,” and “would be” throughout the Protocol. Any text that cannot be written in the imperative tense may be added as a “Note.” However, notes should be concise and used sparingly. Please include all safety procedures and use of hoods, etc.**

We have made the changes as requested and now use the imperative tense throughout the manuscript.

**6. Please note that your protocol will be used to generate the script for the video and must contain everything that you would like shown in the video. Please add more details to your protocol steps. Please ensure you answer the “how” question, i.e., how is the step performed? Alternatively, add references to published material specifying how to perform the protocol action. Please add more specific details (e.g., button clicks for software actions, numerical values for settings, etc) to your protocol steps. There should be enough detail in each step to supplement the actions seen in the video so that viewers can easily replicate the protocol.**

We added more details to the protocol steps and made the changes as requested. We have already completed the video of the surgery (Supplemental Video 1).

**7. Please specify which mouse strain was used here. Do you mean C57B/L6?**

For the production of the video and the illustrations, as well as for the generation of the representative data, we used mice of the C57BL/6J mouse strain.

The animals of the sick sinus syndrome mouse model (Hcn4<sup>tm3(Y527F;R669E;T670A)</sup>Biel) displaying increased BRS sensitivity were maintained on a mixed C57BL/6N and 129/SvJ background (Fenske S., Nat Commun, 2020).

We now provide this information in the manuscript as a “Note” at the beginning of the Protocol section.

**8. Please include a one line space between each protocol step and then highlight up to 3 pages of protocol text for inclusion in the protocol section of the video.**

We now include a one-line space between each protocol step. In addition, we have highlighted in yellow all text passages that are shown in our video (Supplemental video 1).

**9. Please include a scale bar and define the scale in the Figure Legend for Figure 2.**

We added a scale bar to the images shown in Figure 2 D-L and we define the scale in the Figure Legend for Figure 2 as follows: Scale bar in D-L shows 4 mm.

**10. Please do not abbreviate journal names in the reference list.**

We have corrected this accordingly. The journal names in the reference list are no longer abbreviated.

**11. Please provide timecodes or markers with the footage that correspond to the script steps to aid our editors**

We now provide a detailed time code (Supplemental file Timecode) to the script steps.

## Reviewers' comments:

### Reviewer #1:

**Manuscript Summary:** This paper aims to present a surgical technique for implantation of an ECG and BP measurement device. Furthermore, they described data processing procedure for assessment of baroreflex sensitivity. The paper is well written and only few issues should be discussed before considering it for publication in JoVE.

We would like to thank the reviewer for his/her positive feedback.

**Major Concerns: None**

**Minor Concerns:**

**1) Section 2.8: parameters for data processing were extensively described. However, it is not clear if these parameters can fit all rodents' models used in preclinical field. In other words, some specific experimental models (as an example, with physiological extremely high/low heartbeat and/or pressure values) could require adaptation of these parameters to their specific physiological features. Accordingly, authors should add a comment about the need of carefully review data processing parameters in order to check that they fit the specific model under study.**

We agree with the reviewer and added the following passage to section 2.8:

“Note: the following data processing parameters are optimized for data acquired from wildtype mice and should in principle fit all mouse models used in preclinical field. However, adaption of these parameters might be necessary when working with specific experimental models, e.g. mice with extremely high or low HR and/or BP values, or different rodent species. In any case, data processing parameters need to be carefully reviewed in order to assure that they fit the specific model under study.”

**2) Section 2.8.8 and 2.8.9: sorting of data should be better described. In particular, MATLAB code should be mandatory added. Furthermore, screen capture of this processing step could be usefully added to the paper.**

We now provide an Excel file in the supplement (TemplateBRS, Supplemental file 8) to easily sort for up- and down-sequences by copying the data from the exported Results File into it. We also provide screen captures containing a step-by-step explanation on how to analyze data with the TemplateBRS Excel file (Supplementary files 9-13) and we describe all corresponding steps in the protocol section of the manuscript (section 2.8.7 – 2.8.8). Using Excel has two major advantages compared to a MATLAB script. First, it is an inexpensive standard software available in every lab. Second, it is easy to use even for the less experienced experimenter.

## **Reviewer #2:**

**Manuscript Summary:** The paper describes a relatively novel way to determine baroreceptor sensitivity using radio telemetry recordings of blood pressure and ECG in mice. This approach will be useful for models of chronic disease in genetic mouse models.

We would like to thank the reviewer for his/her positive feedback.

### **Major Concerns:**

**The paper would be stronger if it included a chronic model in which BRS changes to better demonstrate the utility and sensitivity of this method. This issue might also be addressed in the discussion.**

We thank the reviewer for this suggestion to improve the manuscript. We have now added BRS data from a mouse model with sick sinus syndrome. In this mouse model, BRS sensitivity is significantly increased. For reference please see (Fenske S., Nat Commun, 2020)

### **Minor Concerns:**

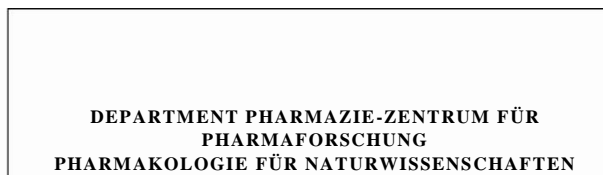
**It is not clear whether Dataquest ART is still available. Would a new be able to do the same analysis with Ponemah software? This should be addressed.**

We agree with the reviewer on this point. The Dataquest A.R.T. recording software from DSI has been discontinued and replaced by the Ponemah software. But since Dataquest A.R.T has been the gold standard software for decades it is still very common and used in many labs, like ours. That is why we have described the protocol using this software. Furthermore, the Ponemah raw data can similarly be imported into the ecgAUTO analysis software for subsequent BRS analysis.

As the editor told us during the revision process to remove all trademarks and company names from the manuscript, since JoVE does not publish manuscripts that contain commercial language, we have now included Ponemah software in the “table of materials and reagents” in the supplements as potential recording software.

## **References**

Fenske, S., K. Hennis, R. D. Rotzer, V. F. Brox, E. Becirovic, A. Scharr, C. Gruner, T. Ziegler, V. Mehlfeld, J. Brennan, I. R. Efimov, A. G. Pauza, M. Moser, C. T. Wotjak, C. Kupatt, R. Gonner, R. Zhang, H. Zhang, X. Zong, M. Biel and C. Wahl-Schott (2020). "cAMP-dependent regulation of HCN4 controls the tonic entrainment process in sinoatrial node pacemaker cells." Nat Commun **11**(1): 5555.



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Stefanie.fenske@lmu.de

14.01.2021

Dear Dr. Nguyen,

We are pleased to submit our revised manuscript entitled "Implantation of combined telemetric ECG- and blood pressure transmitters to determine spontaneous baroreflex sensitivity in conscious mice (JoVE62101)".

We would like to thank you and the reviewers for the suggestions to improve our manuscript. We carefully revised the manuscript and we feel confident that we addressed all the questions and comments.

Since there is of course a backlog of video production due to the Corona Pandemic, we would like to ask if the video that we have already completed for the surgery part can be put online in the case of a positive review.

Yours sincerely,



Stefanie Fenske

Chronological sequence

Time point	Action
Test start	Implantation of the telemetric blood pressure- and ECG-transmitter Injection anesthesia: 15 mg/kg xylazine, 100 mg/kg ketamine, 1 mg/kg acepromazine i.p. Medication under anesthesia: Preemptive analgesia (carprofen 5 mg/kg BW s.c.)
From day 1 after surgery	Recovery phase after implantation: approx. 2 weeks Postoperative analgesia: Carprofen 5 mg/kg bw s.c., every 12 hours Day 1 after surgery: Carprofen 5 mg/kg BW s.c. (2 injections) Day 2 after surgery: Carprofen 5 mg/kg BW s.c.(2 injections) Day 3 after surgery: Carprofen 5 mg/kg BW s.c. (2 injections) Day 4 after surgery: Carprofen 5 mg/kg BW s.c. (2 injections) Day 5 after surgery: Carprofen 5 mg/kg BW s.c. (2 injections)
2-3 weeks after surgery	Basal blood pressure and ECG measurement Duration of the measurement: 3 days
The day after the measurement	Euthanasia and transmitter explantation
Total duration of experiments after implantation	2-3 weeks

## Test report part 1/2

II. Implantation telemetric transmitter			
Title of the animal protocol		Training display	
File number of the animal protocol:		Sex:	
Mouse line/ Genotype:		Weight:	
Mouse ID:		Experimenter:	
Date of birth:		Signature:	
Type of transmitter:	HD-X11	Transmitter-Nr:	
<b>Anesthesia:</b>		Origin of animals:	
Injection anesthesia:	15 mg/kg xylazine, 100 mg/kg ketamine, 1 mg/kg acepromazine i.p.		
Conc. of the injection solution:	μg/μl		
Injection volume:	μL		
Time of injection:	o'clock		
Start of the operation:	o'clock		
Possibly ketamine injection	μL		
Time of injection:	o'clock		
End of surgery:	o'clock		
End of anesthesia:	o'clock		
Reawakening:	<input type="text"/>	Euthanasia:	<input type="text"/> Euthanasia-reason:
Special remarks:			
Medication under anesthesia:			
Preemptive analgesia:	Carprofen 5 mg/kg BW s.c.		
Conc. of the injection solution:	μg/μl		
Injection volume:	μl		
Dexpanthenol eye ointment/gel:			
0.9% NaCl i.p.:	μL		
Miscellaneous:			

## Test report part 2/2

Mouse strain / genotype:		Experimenter:	
Mouse identification number:		Signature:	
<b>Observations under anesthesia: see anesthesia protocol</b>			
<b>Other / Remarks:</b>			



## Postoperative Analgesia

Mouse strain / genotype:		Experimenter:	
Mouse identification number:		Signature:	
<b>Postoperative Analgesia:</b>			
Postoperative Analgesia:	Carprofen 5 mg/kg BW s.c., every 12 hours		
Conc. of Injection solution:	μg/μl		
<b>Day 1 after surgery:</b>			
Injection volume:	μL	Time of injections:	o'clock o'clock
If necessary, further measures:			
<b>Day 2 after surgery:</b>			
Injection volume:	μL	Time of injections:	o'clock o'clock
If necessary, further measures:			
<b>Day 3 after surgery:</b>			
Injection volume:	μL	Time of injections:	o'clock o'clock
If necessary, further measures:			
<b>Day 4 after surgery:</b>			
Injection volume:	μL	Time of injections:	o'clock o'clock
If necessary, further measures:			
<b>Day 5 after surgery:</b>			
Injection volume:	μL	Time of injections:	o'clock o'clock
If necessary, further measures:			

---

Place, Date

---

Signature head investigator

File

c:\users\admin\desktop\Measurement1

Subjects

- ☒ 3
- ☐ 4
- AMBIENT

Waveforms list

- ☒ 3\_Temperature 2
- ☒ 3\_Pressure
- ☒ 3\_ECG
- 3\_Signal Strength
- 3\_Activity
- 3\_Diastolic
- 3\_Heart Rate
- 3\_Pressure
- 3\_Systolic
- 3\_Pulse Pressure
- 3\_Heart Rate
- 3\_Temperature 2
- 3\_HD Battery Voltage
- 3\_On Time
- 3\_QA Interval

mode	ECG ; RR-only
filter mode	auto, according to set HR
expected HR	bpm > 300
baseline removal filter width (ms)	100.00
noise removal filter width (ms)	1.00
notch filter	50 Hz
spike removal filter	off
drop-out detection mode	off
max RR lengths (ms)	900.00
RR from adjusted R peaks	off
RR_only settings mode	Xsmall: mouse
R peak width (ms)	10.00
PR width (ms)	20.00
RT width (ms)	50.00
max inter beat artefact (%)	50.00
R to other amplitude ratio	3.00
R peak sign	positive
compute extra parameter	off

help print cancel ok

noise removal filter width (ms)	<input type="text" value="10.00"/>
derivative filter width (ms)	<input type="text" value="6.00"/>
notch filter	<input type="text" value="50 Hz"/>
spike removal filter	<input type="text" value="off"/>
validation threshold (cal. unit)	<input type="text" value="12.00"/>
rejection threshold (cal. unit)	<input type="text" value="8.00"/>
derivative at begin upstroke (cal U/s)	<input type="text" value="10.00"/>
Rejection limits	<input type="text" value="off"/>
delay from reference ecg	<input type="text" value="user defined window"/>
min delay from ecg Rpeak (ms)	<input type="text" value="10.00"/>
max delay from ecg Rpeak (ms)	<input type="text" value="250.00"/>
conduct_time_1 from mark :	<input type="text" value="not computed"/>
conduct_time_2 from mark :	<input type="text" value="not computed"/>
BR (breathing rate) :	<input type="text" value="off"/>
BRS (Baroreflex sensitivity) :	<input type="text" value="on"/>
minimum consecutive beat number	<input type="text" value="3"/>
latency beat number	<input type="text" value="1"/>
pressure value	<input type="text" value="SBP"/>
mark to compute pulse interval	<input type="text" value="R"/>
minumum pressure variation (calU)	<input type="text" value="0.50"/>
minumum interval variation (ms)	<input type="text" value="2.00"/>
minimum correlation	<input type="text" value="0.75"/>
<input type="button" value="help"/>	<input type="button" value="print"/>
<input type="button" value="cancel"/>	<input type="button" value="ok"/>

OK! Apply! Cancel! Cancel & close! Help! Print!

main table | report table | comment table | sections -> txt | steps -> txt | beats -> txt | statistics | precision | HRV -> txt

Select info & data sections exported to text file

none | site-time as days+hh:mm:ss.sss

all

<input checked="" type="checkbox"/> main-header	main-header
<input checked="" type="checkbox"/> IOX file headers	IOX file headers
<input checked="" type="checkbox"/> file-story	file-story
<input checked="" type="checkbox"/> software	software
<input checked="" type="checkbox"/> leads	leads
<input checked="" type="checkbox"/> calculation	calculation
<input checked="" type="checkbox"/> library	library
<input checked="" type="checkbox"/> library-all	library-all
<input checked="" type="checkbox"/> library-use	library-use
<input checked="" type="checkbox"/> protocol	protocol
<input checked="" type="checkbox"/> comments	comments
<input checked="" type="checkbox"/> mark-table	mark-table
<input checked="" type="checkbox"/> steps	steps
<input checked="" type="checkbox"/> beats	beats
invalidated beats	
selected beats	
variability (HRV)	
end of report text file	end of report text file

OK! Apply! Cancel! Cancel & close! Help! Print!

main table

report table

comment table

sections -> txt

steps -> txt

beats -> txt

statistics

precision

HRV -> txt

Select step info & parameters exported to text file

none

all

☐ marks included

☒ missing values as "na" (else "0")

☐ selected steps only

<div><div><div>✓ 1</div><div>cpu-date</div></div><div><div>✓ 2</div><div>cpu-time</div></div><div><div>✓ 3</div><div>site-time</div><div>period-time</div><div>mark-type</div><div>mark-label</div><div>mark-value</div><div>mark-unit</div></div><div><div>✓ 4</div><div>step-index</div></div><div><div>✓ 5</div><div>step-label</div></div><div><div>✓ 6</div><div>start-index</div></div><div><div>✓ 7</div><div>length(s)</div></div><div><div>✓ 8</div><div>all bts</div></div><div><div>✓ 9</div><div>val bts</div></div><div><div>✓ 10</div><div>gap#</div></div><div><div>✓ 11</div><div>success(time)</div></div><div><div>✓ 12</div><div>success(beat)</div></div><div><div>✓ 13</div><div>HR_all_RR</div></div><div><div>✓ 14</div><div>all_R#</div></div><div><div>✓ 15</div><div>max_consecut#</div></div><div><div>✓ 16</div><div>ECG__RR</div></div><div><div>✓ 17</div><div>ECG__HR</div><div>ECG__PR</div><div>BP__BB</div><div>BP__HR</div></div><div><div>✓ 18</div><div>BP__DBP</div><div>BP__dPdt+</div></div><div><div>✓ 19</div><div>BP__SBP</div><div>BP__MBP</div><div>BP__ABP</div><div>BP__D_DN_time</div><div>BP__DN_pres</div><div>BP__area</div><div>BP__BRS_deltaP</div><div>BP__BRS_deltaI</div><div>BP__BRS_shiftI</div><div>BP__BRS_#</div><div>BP__BRS_correl</div></div><div><div>✓ 20</div><div>BP__BRS_slope</div><div>BP__rateXpressure</div><div>BP__breathRate</div></div></div> <div><div>cpu-date</div><div>cpu-time</div><div>site-time</div><div>step-index</div><div>step-label</div><div>start-index</div><div>length(s)</div><div>all bts</div><div>val bts</div><div>gap#</div><div>success(time)</div><div>success(beat)</div><div>HR_all_RR</div><div>all_R#</div><div>max_consecut#</div><div>ECG__RR</div><div>ECG__HR</div><div>BP__DBP</div><div>BP__SBP</div><div>BP__BRS_slope</div></div>
--

Supplemental File 7

Parameters in list to file v3.3.5.11 [3231]

Click here to access/download;Supplemental File (Figures, Permissions, etc.);SupplementalFile7.pdf

OK! Apply! Cancel! Cancel & close! Help! Print!

main table

report table

comment table

sections -> txt

steps -> txt

beats -> txt

statistics

precision

HRV -> txt

Select beat info & parameters exported to text file

none

all

☐ marks included

☒ missing values as "na" (else "0")

☐ invalidated beats included

☐ Datanalyst format

☐ beats from selected steps only

☐ with FFT spectrum

☐ sleep scored epochs only

✓ 1

cpu-date

✓ 2

cpu-time

✓ 3

site-time

period-time

mark-type

mark-label

mark-value

mark-unit

step-index

step-label

abs-index

rel-index

lead

wave-index

wave-name

edit-comment

✓ 4

ECG\_\_RR

✓ 5

ECG\_\_HR

ECG\_\_PR

BP\_\_BB

BP\_\_HR

✓ 6

BP\_\_DBP

BP\_\_dPdt+

✓ 7

BP\_\_SBP

BP\_\_MBP

BP\_\_ABP

BP\_\_D\_DN\_time

BP\_\_DN\_pres

BP\_\_area

✓ 8

BP\_\_BRS\_deltaP

BP\_\_BRS\_deltal

✓ 12

BP\_\_BRS\_shiftl

✓ 9

BP\_\_BRS\_#

✓ 11

BP\_\_BRS\_correl

✓ 10

BP\_\_BRS\_slope

BP\_\_rateXpressure

BP\_\_breathRate

cpu-date

cpu-time

site-time

ECG\_\_RR

ECG\_\_HR

BP\_\_DBP

BP\_\_SBP

BP\_\_BRS\_deltaP

BP\_\_BRS\_#

BP\_\_BRS\_slope

BP\_\_BRS\_correl

BP\_\_BRS\_shiftl

paste data in columns B-D

(Pressure)\_\_BRS\_deltaP

(Pressure)\_\_BRS\_#



(Pressure)\_\_BRS\_slope

number of up sequences
0

Calculations	
mean BRS slope (up sequences)	SD of BRS slope (up sequences)
#DIV/0!	#DIV/0!

Square root of number of sequences	SE of BRS slope (up sequences)
0	#DIV/0!

paste data in columns B-D

(Pressure)\_\_BRS\_deltaP

(Pressure)\_\_BRS\_#

(Pressure)\_\_\_BRS\_slope

number of up sequences
0

Calculations	
mean BRS slope (down sequences)	SD of BRS slope (down sequences)
#DIV/0!	#DIV/0!

Square root of number of sequences	SE of BRS slope (up sequences)
0	#DIV/0!

paste here >

(Pressure)\_\_SBP

Total number of beats
0



Calculations	
Total amount of sequences	Total amount of sequences per 1000 beats
0	#DIV/0!

Supplemental File 9		C	D	E	F	G	H	I	Click here to access/download;Supplemental File (Figures, Permissions, etc.);SupplementalFile9.pdf					M	N	O
207	13 beats section															
208		# of analyzed	82753													
209		# edited & va	0													
210		# edited & inv	0													
211		report option	excludes invalidated beats.													
212			experiment marks and comments excluded													
213			missing values reported as 0 (zero).													
214			beats from all steps are listed regardless of step manual selection.													
215			beats from all steps are listed regardless of step manual selection.													
216		# of beats in g	82753													
217		# of data line	82753													
218		# of paramete	20 column index of 1st parameter													
219																
220		site-start														
221		cpu-date	cpu-time	site-time	(ECG)__RR	(ECG)__HR	(Pressure)__DBP	(Pressure)__SBP	(Pressure)__BRS_deltaP	(Pressure)__BRS_#	(Pressure)__BRS_slope	(Pressure)__BRS_correl	(Pressure)__BRS_shiftI			
222					ms	bpm	mmHg	mmHg								
223					137	437,956	89,694	126,522	0	0	0	0	0			
224					134	447,761	95,551	126,025	0	0	0	0	0			
225					128	468,75	94,553	128,767	2,742	0	0	0	0			133
226					133	451,128	93,589	124,414	-4,353	0	0	0	0			129
227					129	465,116	96,666	128,257	3,844	0	0	0	0			137
228					137	437,956	90,829	121,809	-6,449	0	0	0	0			127
229					127	472,441	96,865	128,551	6,742	0	0	0	0			132
230					132	454,545	91,389	121,552	-6,999	0	0	0	0			127
231					127	472,441	97,335	128,784	7,233	0	0	0	0			131
232					131	458,015	92,327	121,991	-6,794	0	0	0	0			126
233					126	476,19	97,206	128,605	6,614	0	0	0	0			129
234					129	465,116	92,558	121,191	-7,413	0	0	0	0			126
235					126	476,19	98,094	130,21	9,019	0	0	0	0			128
236					128	468,75	93,009	125,527	-4,683	0	0	0	0			126
237					126	476,19	97,668	128,758	3,231	0	0	0	0			126

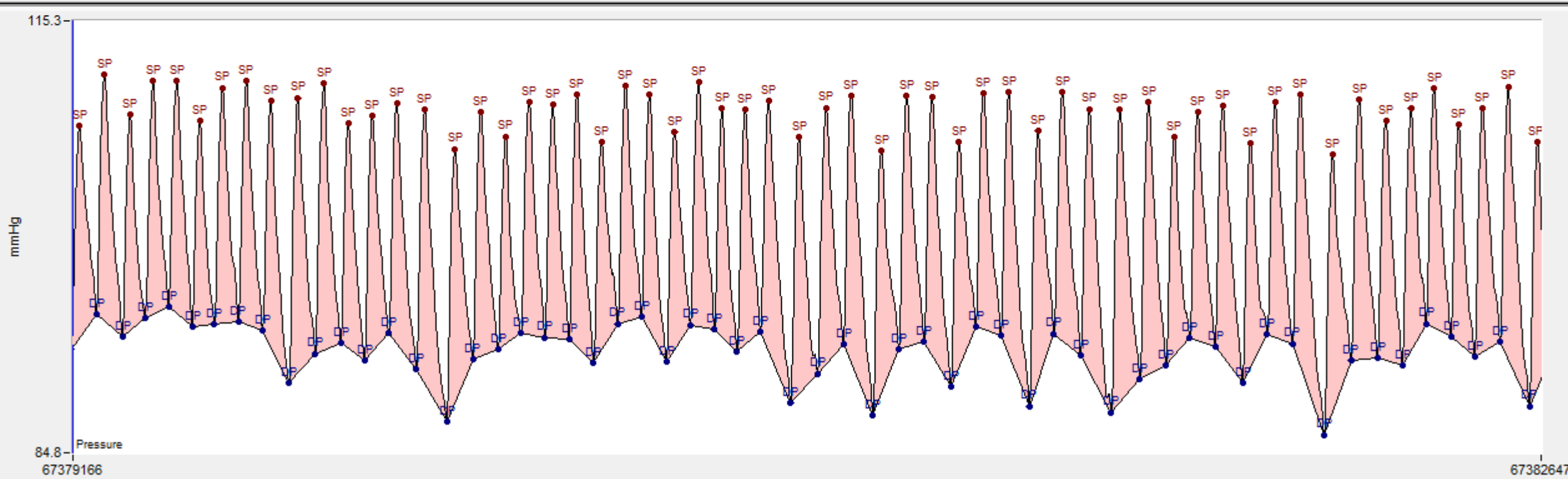
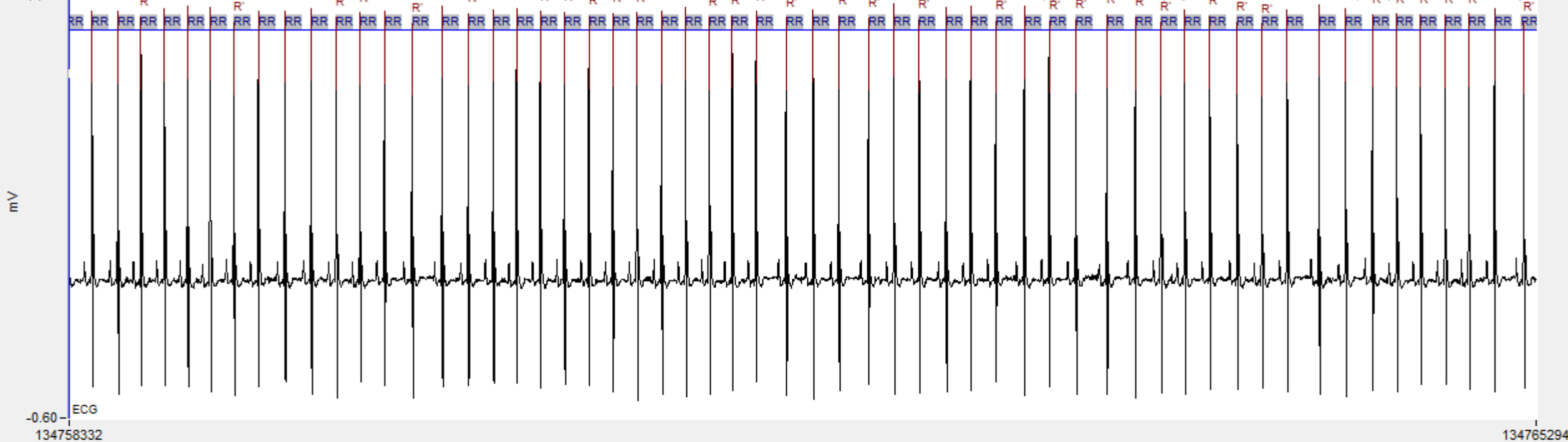
Supplemental File 10

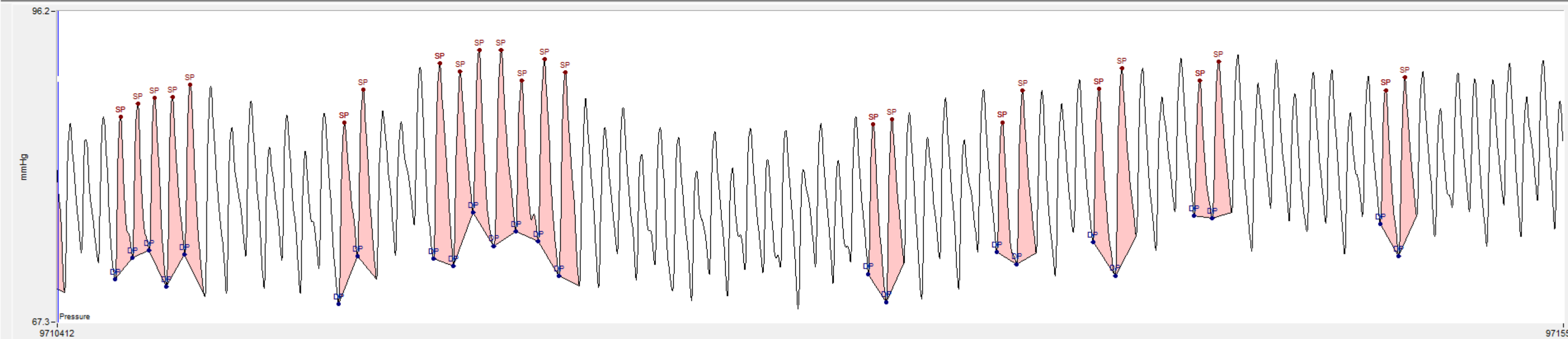
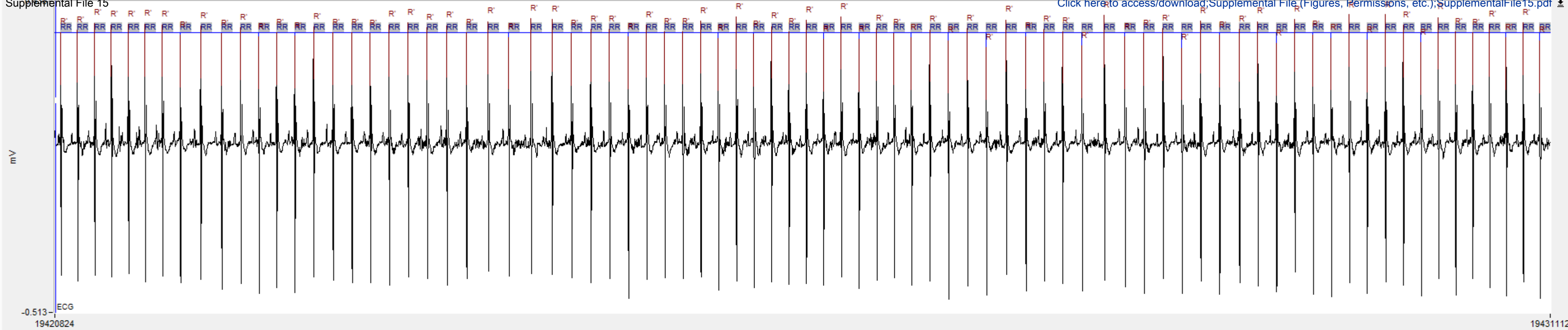
<

Supplemental File 11													Click here to access/download;Supplemental File (Figures, Permissions, etc.);SupplementalFile11.pdf	
13 beats section														
		# of analyzed	82753											
		# edited & va	0											
		# edited & in	0											
		report option excludes invalidated beats.												
		experiment marks and comments excluded												
		missing values reported as 0 (zero).												
		beats from all steps are listed regardless of step manual selection.												
		beats from all steps are listed regardless of step manual selection.												
		# of beats in	82753											
		# of data line	82753											
		# of paramete	20	column index of 1st parameter										
		site-start												
		cpu-date	cpu-time	site-time	(ECG)__RR	(ECG)__HR	(Pressure)__DBP	(Pressure)__SBP	(Pressure)__BRS_deltaP	(Pressure)__BRS_#	(Pressure)__BRS_slope	(Pressure)__BRS_correl	(Pressure)__BRS_shiftl	
					ms	bpm	mmHg	mmHg						
					137	437,956	89,694	126,522	0	0	0	0	0	
					134	447,761	95,551	126,025	0	0	0	0	0	
					128	468,75	94,553	128,767	2,742	0	0	0	133	
					133	451,128	93,589	124,414	-4,353	0	0	0	129	
					129	465,116	96,666	128,257	3,844	0	0	0	137	
					137	437,956	90,829	121,809	-6,449	0	0	0	127	
					127	472,441	96,865	128,551	6,742	0	0	0	132	
					132	454,545	91,389	121,552	-6,999	0	0	0	127	
					127	472,441	97,335	128,784	7,233	0	0	0	131	
					131	458,015	92,327	121,991	-6,794	0	0	0	126	
					126	476,19	97,206	128,605	6,614	0	0	0	129	
					129	465,116	92,558	121,191	-7,413	0	0	0	126	
					126	476,19	98,094	130,21	9,019	0	0	0	128	
					128	468,75	93,009	125,527	-4,683	0	0	0	126	
					126	476,19	97,668	128,758	3,231	0	0	0	126	

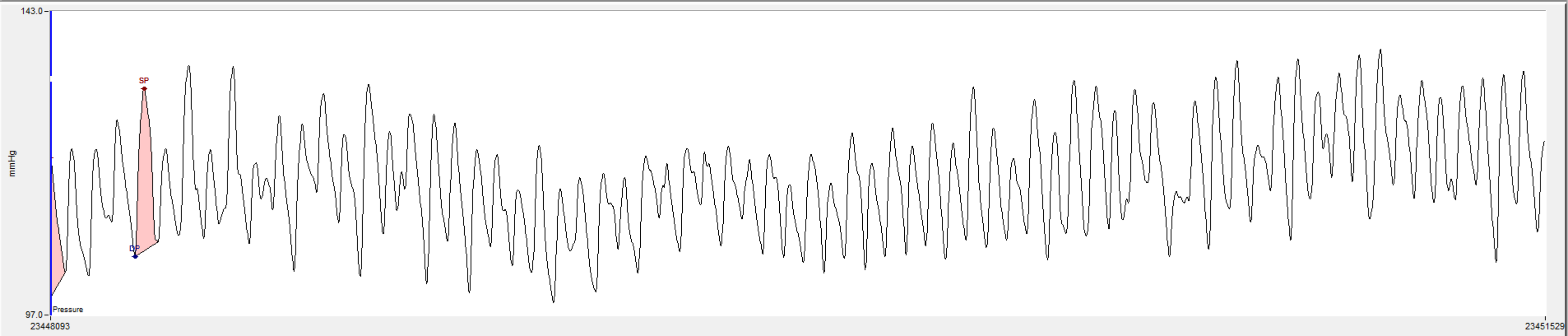
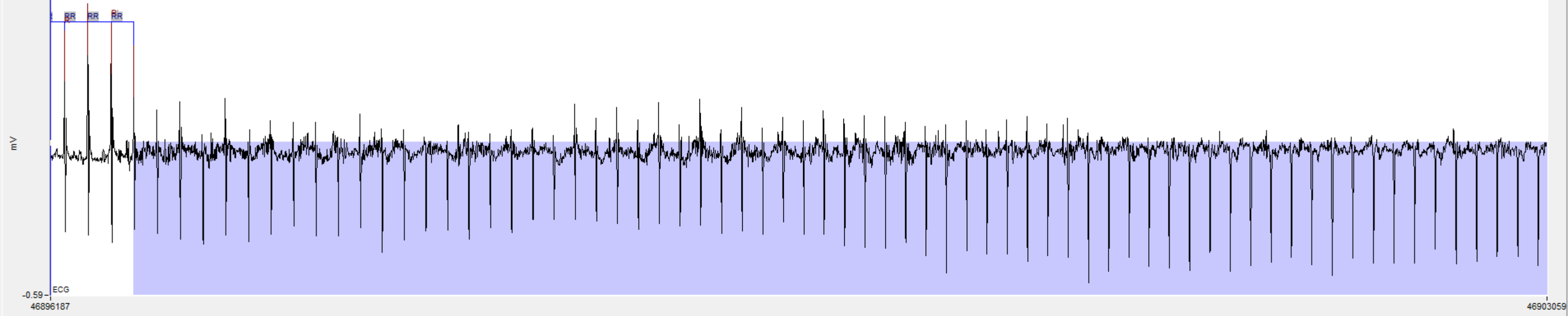
Supplemental File 12	B	C	D	E	Click here to access/download;Supplemental File (Figures, Permissions, etc.);SupplementalFile12.pdf	G	H	
1								
2					Calculations			
3	(Pressure)_SBP				Total number of beats	Total amount of sequences	Total amount of sequences per 1000 beats	
4	paste here >	126,522			82753	1419	17,1474146	
5		126,025						
6		128,767						
7		124,414						
8		128,257						
9		121,809						
10		128,551						
11		121,552						
12		128,784						
13		121,991						
14		128,605						
15		121,191						
16		130,21						
17		125,527						
18		128,758						
19		125,388						
20		128,663						
21		126,428						
Up sequences		Down sequences	All sequences		<input type="text"/>			











## Video - timecode

### 2. Surgical implantation of telemetric transmitters for combined ECG and blood pressure measurements

	Beginning	End
<b>2.1. Dissection of the left common carotid artery.</b>	<b>00:09</b>	<b>04:32</b>
2.1.1	-	-
2.1.2	00:13	00:29
2.1.3	00:29	00:33
2.1.4	00:33	00:41
2.1.5	00:41	01:14
2.1.6	01:14	01:18
2.1.7	-	-
2.1.8	01:21	01:40
2.1.9	01:40	01:54
2.1.10	01:54	02:09
2.1.11	02:09	02:29
2.1.12	02:29	03:05
2.1.13	03:05	03:28
2.1.14	03:28	03:39
2.1.15	03:39	04:05
2.1.16	04:12	04:32
<b>2.2. Cannulation of the left common carotid artery</b>	<b>04:32</b>	<b>06:07</b>
2.2.1	-	-
2.2.2	04:32	04:38
2.2.3	04:38	04:54
2.2.4	04:54	05:10
2.2.5	05:10	05:39
2.2.6	05:39	06:07
<b>2.3. Placement of the telemetry device body in a subcutaneous pocket on the left flank of the mouse</b>	<b>06:07</b>	<b>07:01</b>
2.3.1	06:07	06:27
2.3.2	06:27	06:39
2.3.3	06:39	07:01
<b>2.4. Placement of the ECG leads in Einthoven II configuration</b>	<b>07:01</b>	<b>10:01</b>
2.4.1	07:01	07:39
2.4.2	07:39	08:40
2.4.3	08:46	09:12
2.4.4	09:12	09:28
2.4.5	09:28	09:39
2.4.6	09:39	10:01
<b>2.8 Data analysis including determination of baroreceptor sensitivity using the sequence method with ecgAUTO software.</b>	<b>10:01</b>	<b>11:00</b>
2.8.6	10:08	11:00