Food Composition Database (FCDB)

Consists of well-known food items with their respective food composition data per 100 g

Food list

- *Consists of relevant food items based on the FCDB*
- *Food descriptions are simplified for the consumer.*

Portion sizes

Frequently used portion sizes are determined for each item on the food list.

Synonyms

Frequently used synonyms are determined for each item on the food list.