# **Journal of Visualized Experiments**

# A complex diving-for-food task to investigate social organization and interactions in rats -- Manuscript Draft--

Article Type:	Methods Article - Author Produced Video
Manuscript Number:	JoVE61763R2
Full Title:	A complex diving-for-food task to investigate social organization and interactions in rats
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Additional Information:	
Question	Response
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Please specify the section of the submitted manuscript.	Behavior
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#### 1 TITLE:

A complex diving-for-food task to investigate social organization and interactions in rats

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32 **KEYWORDS:** 

Animal Model; Behavior; Diving-for-food; Hierarchy; Rodent; Social dynamics

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### **SUMMARY:**

This protocol describes a method of examining social hierarchy in a rat model. Rats perform a complex diving-for-food task in which they form a distinct hierarchy according to their willingness to dive underwater and swim to obtain a food pellet. This method is used to understand decision

making and social relationships among highly social animals in small groups.

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# ABSTRACT:

- 42 For many species, where status is a vital motivator that can affect health, social hierarchies
- 43 influence behavior. Social hierarchies that include dominant-submissive relationships are
- common in both animal and human societies. These relationships can be affected by interactions

with others and with their environment, making them difficult to analyze in a controlled study. Rather than a simple dominance hierarchy, this formation has a complicated presentation that allows rats to avoid aggression. Status can be stagnant or mutable, and results in complex societal stratifications. Here we describe a complex diving-for-food task to investigate rodent social hierarchy and behavioral interactions. This animal model may allow us to assess the relationship between a wide range of mental illnesses and social organization, as well as to study the effectiveness of therapy on social dysfunction.

# **INTRODUCTION:**

Rats are highly social animals, making them an ideal model for understanding social behavior and how it relates to decision making. Rats divide themselves into hierarchical groups based on dominant and submissive relationships. Rats can be trained for tasks that express cooperation, risk management, deceptive behavior, and behaviors that change depending on the decisions of other rats<sup>1,2</sup>. Studies with rat models expressing these behaviors prove helpful in understanding social structure and its relationship to decision making with relevance for human psychology.

As a necessary resource, access to food is a major reason for social organization among rats<sup>3</sup>. Naïve rats have been observed engaging in social interaction and differentiation in situations where access to food was limited<sup>1,2,4-8</sup>. In one study, adult rats were required to cross a tunnel underwater to access the food and then bring the food back through the tunnel to the cage<sup>9</sup>. Individual rats within each group were able to be categorized according to their method of obtaining food. Two behavioral profiles have emerged: the first are the "carriers", who dive down and swim underwater to the feeder, obtain a pellet, and hold the pellet in its mouth as they swim back to the cage. The second group are the "non-carriers", who do not dive and obtain food only by stealing from the carriers. In groups of six rats, approximately one-half were carriers and the other half were not<sup>9</sup>. All of the rats were observed to be carriers when they were trained individually in the diving apparatus<sup>10</sup>.

Similar animal behavioral tasks involve competition for food or space and have been employed with chickens<sup>11</sup>, rodents<sup>12-15</sup>, and pigs<sup>16</sup>. In the tube test, two mice are sent through a narrow tube from opposite ends, with one mouse necessarily ceding right of way to the other. This test assists in measuring social dominance<sup>17-19</sup>. A behavioral test referred to as the warm spot test has mice compete for a position in a small warm spot in an otherwise cold cage<sup>19,20</sup>.

A subsequent diving-for-food task that is more complex allows carrier rats to have access to a second cage, away from non-carriers, where they could consume their food separately<sup>4</sup>. In this protocol, we present a diving-for-food task as an alternative model for social hierarchy and behavior in rats. This diving-for-food task provides a method for rats to avoid the social groups of the main cage and therefore escape aggression and the social interactions of other rats. This task introduces the option of avoidant social behavior in rats that can elucidate our understanding of social aggression.

Social functioning, which describes the ability to engage in normal social roles, can be affected by conditions such as depression<sup>3</sup>. Depressed individuals often struggle with unemployment,

have few social contacts, and scarcely engage in leisure activities<sup>3</sup>. Effective treatment of depression is often measured by improvement in social and interpersonal function<sup>21</sup>. Antidepressant treatments, however, vary in their efficacy in treating impairments in social functioning related to depression<sup>3</sup>.

In this methodology, we induced a depressive-like condition in rats through the Chronic Stress test and evaluated the rats' level of anhedonia, one of the features of a depression-like state, with a sucrose preference test. Anhedonic rats, as well as anhedonic rats who were administered anti-depressants, were monitored through the diving-for-food task in comparison to a control group.

The previously-mentioned diving-for-food tasks resemble food competition tests that often use only one pair of animals or one dichotomy as a point of comparison, such as carriers and non-carriers and a single analysis that compares submission to dominance<sup>15,17,22</sup>. Our method defines more complex interactions between rats through divisions into multiple types of behavior, including: carriers and non-carriers, those who fight for food and those who do not, and rats who share food or go to separate cages. We believe that this protocol is the only type that uses a hierarchy to assess a complex structure of social interaction in a group of animals, rather than in pairs. It will be helpful for studies that test dominance based on food preference, as well as studies that aim to clarify more hierarchical relationships that are not limited to a dominant-submissive model.

In this protocol, we describe in detail the complex diving-for-food task to investigate social organization and interactions in rats with changes in individual behavior, particularly after the development of anhedonia. This animal model may also be utilized to study other psychiatric conditions associated with changes in social behavior and hierarchy.

#### PROTOCOL:

The experiments were conducted in accordance with recommendations of the Declarations of Helsinki and Tokyo and the Guidelines for the Use of Experimental Animals of the European Community. The experiments were approved by the Animal Care Committee of Ben-Gurion University of the Negev. The authorization code for this experiment was IL-55-8-12.

### 1. Rat preparation

1.1. Obtain approval for experiments from Institutional Animal Care and Use Committee (IACUC).

1.2. Select adult Sprague Dawley rats. Exclude animals that exhibit abnormal physical traits, such as seizures or other motor deficits.

NOTE: For this protocol, we used adult male rats, weighing 300–350 g, aged 4-8 months old. Female rats may be used as well.

1.3. Maintain rats at room temperature (22  $^{\circ}$ C  $\pm$  1  $^{\circ}$ C), with 12 h light and 12 h dark cycles. Provide rat chow and water ad libitum. House 3 rats per cage.

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NOTE: All rats housed in the same cage must be in the same experimental group.

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- 1.4. Randomly place 120 rats into one of three experimental groups. Use Group 1 (n=60) w as a
- control group. Induce the experimental group, Group 2 (n=30), with stressors as detailed below.
- 140 Induce Group 3, the experimental group with treatment (n=30), with anhedonia and
- subsequently administer antidepressant treatment. The timeline for the experimental protocol
- can be found in **Figure 1**.

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1.5. Mark rats with colored pens at the beginning of the experiment to allow for individual identification.

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1.6. Perform all experiments between 6:00 a.m. and 12:00 p.m.

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1.7. Weigh rats daily throughout procedure for possible weight loss. Weight loss above 20% will exclude rats from the study. See section 3.1.3.

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152 **2.** Induction of anhedonia in rats

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154 2.1. Chronic Unpredictable Stress model

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2.1.1. Induce rats from the experimental group and the experimental group with treatment with features of a depressive-like state by the Chronic Unpredictable Stress model, as previously detailed<sup>23</sup>.

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160 2.2. Chronic Unpredictable Stress model

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2.2.1. Induce rats from the two experimental groups with depressive-like behaviors by the Chronic Unpredictable Stress model, as previously detailed<sup>23</sup>.

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NOTE: Rats are exposed to 2 of the 7 stressors daily in a random order; one in the daytime and the second at night for 5 weeks<sup>24,25</sup>.

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168 2.2.2. Introduce the following stressors in random order:

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170 2.2.2.1. House rats with 6 animals per cage instead of 3 for 18 h.

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172 2.2.2.2. Tilt cage placement 45° along the vertical axis for 3 h.

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174 2.2.2.3. Deprive animals of food for 18 h.

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176 2.2.2.4. Deprive animals of water for 18 h and then introduce an empty water bottle.

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178	2.2.2.5.	Maintain a soiled cage for 8 h with 300 mL of water spilled in the bedding.

- 180 2.2.2.6. Keep continuous lighting and reverse the light/dark cycle for 48 h per week.
- 182 2.2.2.7. Heat the environment to 40 °C for 5 min.
- 2.2.3. Confirm the development of anhedonia, one of the features of a depression-like state, by
   performing a sucrose preference test. See section 4.
- 187 2.3. Anti-depression therapy

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- 2.3.1. Administer 20 mg/kg imipramine hydrochloride (tricyclic antidepressant) intraperitoneally
   once per day for 3 weeks to rats from the experimental group<sup>26-28</sup>.
- NOTE: A sub-group (n=3 in each set of rats) of the experimental group is administered 0.9% saline (placebo) intraperitoneally once per day for the 3-week duration, at the same volume as the antidepressant treatment group.

# 196 3. The social organization test (complex diving-for-food task)

- NOTE: The experimental apparatus was described in previous studies<sup>9,29,30</sup> with minor modifications. All parts of the apparatus should be composed of transparent plexiglass.
- 201 3.1. Prepare apparatus and acclimate rats.
- 3.1.1. Connect two cages (50 cm x 50 cm x 50 cm) to an aquarium (130 cm x 35 cm x 50 cm) via tunnels (45 cm x 15 cm x 15 cm) (**Figure 2**). Ensure that there is no access from one cage to another without diving into the aquarium<sup>25</sup>. Maintain water temperature at 25 °C.
- 3.1.2. Place tubes with food pellets (one food pellet in each tube) at one end of the aquarium.
- NOTE: A reduction in the accessibility of food pellets in the cage of departure should gradually encourage the rat, who would otherwise develop a habit of stealing, to dive to reach the food.
- 3.1.3. On day 1 of the experiment, introduce each group of 6 rats to experimental apparatus without water for 3-hour sessions. Return rats to standard cage after session.
- 3.1.3.1. Restrict rat food access to the 3-hour sessions, with no other access to food during the rest of the day.
- 3.1.3.2. Remove rats that lost more than 20% of their baseline weight from the experiment
   together with their social group, and give *ad libitum* food and water.

- 3.1.3.3. Manually towel dry rats or provide access to a heat source until dry and before
- 222 placing them back in their regular housing to avoid hypothermia.

3.1.4. Repeat these sessions for days 2-3.

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NOTE: Video record rats in the apparatus continuously for 3-hour sessions. Ensure that the camera is set to high definition (720p) and the auto-focus is turned off.

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3.2. Perform diving-for-food task

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3.2.1. On days 4-17, add water progressively until maximum water level is reached, as described previously<sup>4</sup>. On days 17-21, maintain maximum water level.

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3.2.2. Observe rats diving for pellet access.

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3.2.3. Record the following parameters for each rat:

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238 3.2.3.1. Assess frequency of entry into the tunnel.

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240 3.2.3.2. Count each attempt to dive for food.

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NOTE: The travel from cage to aquarium back to a cage should not exceed 5-6 seconds, which will ensure that the pellet remains edible.

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3.2.3.3. Assess the number of times that food is obtained by attack between rats that do swim for food and rats that do not.

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248 3.2.3.4. Record the number of times food is carried by a rat who swims.

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3.2.3.5. Record the time that rats spent in separate cages compared to time spent in the original cage.

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NOTE: All the data was obtained by continuous visual observation.

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4. Assessment of anhedonia: The sucrose preference test

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4.1. Assess anhedonia by the sucrose preference test with minor modification, as previously described<sup>23,25,31-33</sup>. Perform this test on days -6, 0, 35, 41, 62 and 68 of the procedure (see **Figure** 1 for protocol timeline).

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4.1.1. Allow rats to consume sucrose solution for 24 h by free access to the two bottles in each cage, containing 100 mL of sucrose solution (1%, w/v).

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4.1.2. After 24 h, replace one of the bottles with water for an additional 24 h.

4.1.3. Deprive rats of water for 12 hours<sup>34</sup>.

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268 4.1.4. Give rats both bottles (one with water and one with sucrose). After 4 h, record the volume 269 of both the consumed sucrose solution and water.

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271 4.1.5. Calculate sucrose preference as sucrose preference (%) = sucrose consumption 272 (mL)/(sucrose consumption (mL) + water consumption (mL))  $\times$  100%.

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NOTE: When utilizing the Chronic Unpredictable Stress model in conjunction with a social organization test, we recommend not only recording the mean sucrose and water consumption, but also to note changes in behavior of each individual rat. This will allow for a more specific understanding of behavioral changes within the individual instead of within the group when confronted with a hierarchical model such as the diving-for-food task.

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5. Statistical analysis

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282 5.1. Determine comparisons between groups using the Kruskal-Wallis followed by Mann-Whitney for nonparametric data or a one-way analysis of variance (ANOVA) followed by 283 284 Bonferroni's post hoc test or the Student's t-test for parametric data.

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NOTE: Results are considered statistically significant when p < 0.05, and highly significant when p < 0.01.

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**REPRESENTATIVE RESULTS:** 

#### **Body weight changes**

A one-way ANOVA did not show any differences in changes in body weight between experimental groups for the 21 days of the diving-for-food task. From days 2 to 21, there were changes in body weight for all 3 groups (p<0.01, **Table 1**).

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Sucrose preference test

296 At the start of the experiment (day 0), there was no difference in the percent of sucrose 297 preference between the experimental group of rats induced with anhedonia (85.6% ± 18.6), the 298 experimental group treated with antidepressant therapy (85.1% ± 18.8), and the control group 299  $(85.7\% \pm 9.9)$ . On day 35, compared to the control group  $(84.13\% \pm 12.3)$ , there was a significantly 300 lower percent sucrose preference in the experimental group (62.69% ± 17.7, p<0.01) and in the 301 experimental group with treatment (68.48%  $\pm$  13.9, p<0.01, Figure 3A). There were not yet any 302 differences between the experimental group and the experimental group with treatment. On day 303 62, the experimental rats had a lower percent sucrose preference (68% ± 15) than the control 304 group (78.5%  $\pm$  16) and the experimental group with treatment (77%  $\pm$  16, p<0.05, Figure 3B). 305 There were no differences between the treatment group and the control group at this time. Data 306

is presented as percent sucrose preference ± standard deviation.

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# **Diving-for-food task**

The social activity of rats in a situation of restricted access to food is illustrated in **Figure 4**. Rats in the experimental group demonstrated an increase in frequency of entries into the tunnel  $(113\% \pm 3.7, p<0.01, Figure 4A)$ , diving for food  $(141\% \pm 7, p<0.01, Figure 4B)$ , food obtained by carrying  $(168\% \pm 12, p<0.01, Figure 4C)$ , time spent in separate cages  $(123\% \pm 7.9, p<0.01, Figure 4D)$ , and food obtained by attack  $(232\% \pm 26, p<0.01, Figure 4E)$  compared to the experimental group with treatment  $(44\% \pm 7, 53\% \pm 6, 54\% \pm 5, 55\% \pm 4.7, 67\% \pm 3.4, respectively)$ . The differences between the experimental group of rats and the experimental rats treated with antidepressants were statistically greater than the difference between the experimental group and the control group in all 5 parameters of the diving-for-food test (p<0.05). Data is presented as an average percentage compared to controls  $\pm$  standard error of the mean.

FIGURE LEGENDS:

- Figure 1. A timeline of the experimental protocol.
- 323 Figure 2. Illustration of the diving-for-food apparatus.
  - Figure 3. The sucrose preference test (A) after 35 days and (B) after 62 days. There was no difference in sucrose consumption at the beginning of the experiment. (A) By day 35 of the experiment, the anhedonic group (p<0.01) and the anhedonic group treated with antidepressant therapy (p<0.01) had a significantly lower percent sucrose preference than the control group. (B) On day 62, the rats induced with anhedonia had a lower percent sucrose preference compared to both the control and the anhedonic group treated with antidepressant treatment (p<0.05).
  - **Figure 4. Social activity of rats in a situation of restricted access to food.** (A) Frequency of entries into the tunnel. (B) Diving for food. (C) Food obtained by carrying. (D) Time spent in separate cages. (E) Food obtained by attack. Data is presented as an average percentage compared to mean control values + standard error of the mean.
  - Table 1. Changes in body weight (as a percentage) during the diving-for-food task. There were no differences between the 3 experimental groups for changes in body weight during the 21 days of the task. From days 2 to 21, there was an overall effect between days expressed as a change in body weight (p<0.01).

#### **DISCUSSION:**

Social hierarchies determine the behavior of many species, including humans, and are often defined by relationships based on aggression and submission. These relationships often depend on environmental factors in additional to social structures<sup>35</sup>. Social formations based on dominance and submission are multifaceted<sup>36,37</sup>. Among humans, aggression is described as consisting of behaviors ranging from non-physical bullying to war and violence<sup>38-40</sup>. These formations can be influenced by depression and other impaired conditions<sup>3,21</sup>.

In the complex diving-for-food task, rats have the option to avoid aggression and return to a cage without other rats from their small social group. The apparatus' design obligates rats into diving and swimming under water for about 1 meter. The placement of the feeder necessitates that the

rats return to a cage to eat their food. Access to the alternative cage is possibly only through swimming in the aquarium. Therefore, the carrier rats decide if they will consume their food in the home cage or in the alternative cage.

The experiment allows for rat acclimatization. On the first three days, the animals learn the spatial features of the aquarium and the location of the food without water inside. From days 4-17, water is progressively added. After day 17, the water level is high enough that animals must dive to obtain their food from the feeder. They dive for food from days 17-21. We observed that the rats' behavioral groups did not emerge until day 11 of the experiment, which suggests that results are most significant starting on that day. By day 21, the rats critically lose weight, and this appears to be the last day to feasibly collect data. Rats began attacking for food in all groups at days 9 or 10.

There are several critical steps of this protocol. The exclusion of weight loss is important to ensure the method will give the best data. Typically, a weight loss of 20% is considerable enough to remove the rats from the experiment<sup>41-44</sup>. Rats should be weighed at least once a day. Similarly, there should be ample pellet tubes so that rats can easily acquire a pellet. There is a high likelihood of a rat losing a pellet on the way, and this ensures that they can try again quickly. The water level must be high enough so that the rats cannot touch the floor when crossing the tunnel. We also stress that a video recording is necessary even if the researchers are observing the rats' behavior in real time, to allow for additional data collection.

In groups of six rats, a common pattern revealed behavioral groups of 5 carrier rats and 1 non-carrier rat<sup>25</sup>. Other diving-for-food tasks used different numbers of rats in each group with similar proportions of carriers to non-carriers. In the task presented here, 1 or 2 of the carrier rats remained in the alternative cage, using it as a new base to swim in and out to access food, in order to avoid other rats. Out of the carrier rats that returned to the main cage with their pellets, 1-2 were less active when attempting to protect their food in the common cage.

In another study, the group of six rats consisted of only non-carriers determined from a previous experiment<sup>1</sup>. The division of behavioral roles maintained the proportions of a typical group: one rat did not swim, and five rats were carriers. This suggests that rats change their behavioral roles depending on the situation and the rats around them. This is echoed in humans, in which behavior is altered by one's situation and through social instability<sup>45,46</sup>.

The results of this protocol suggest that rats with anhedonia, one of the features of a depression-like state, and without treatment are more aggressive and prone to obtain food themselves, whether via attack, diving, or carrying, and more likely to remain in separate cages. It appears that the anhedonic rats are more willing to alter their social relationships, and to engage in activities that rats would consider dangerous, such as swimming. It is possible that a relationship exists between inability to regulate risk-taking behaviors and to perform expected social roles.

In order to reduce the labor involved in analyzing the video recordings of the rat behaviors, we attempted to use video software (e.g., Ethnovision). However, the software was not suitable for

this behavioral task and could not identify individual rats out of a group. We believe that it would be possible to use special software to analyze the video, or to mark each rat visually or place a capsule under the rat's skin for the computer program to differentiate between individual rats. Another possible limitation of the protocol involves the long duration of the training period and the procedure.

There are other options that may improve the technique, including an alternative method that involves one or two cells in the apparatus<sup>1,25</sup>. We identified an unpredictable stress model as a method to induce differing behavior in hierarchical relationships, though other models may work as well.

In conclusion, this diving-for-food task allows for the investigation of rodent social hierarchy and behavioral interactions. Our protocol significantly tests a group of rats rather than only a pair of rats and allows for an analysis of more multilayered hierarchical relationships. We see two main uses for the technique described here. It can be applied to study the pathophysiology of mental illness in rat models, as well as testing for new treatments for illnesses related to anxiety-depressive diseases. This animal model may also allow us to assess the relationship between a wide range of mental illnesses and social organization, as well as to study the effectiveness of therapy on social dysfunction.

#### **ACKNOWLEDGMENTS:**

We would like to thank Professor Olena Severynovska, Anastasia Halinska and Maryna Kuscheriava of the Department of Physiology, Faculty of Biology, Ecology, and Medicine, as well as Oles Honchar of Dnipro University, Dnipro, Ukraine, for their help in analyzing video recordings of the social organization test.

# **DISCLOSURES:**

The authors have nothing to disclose.

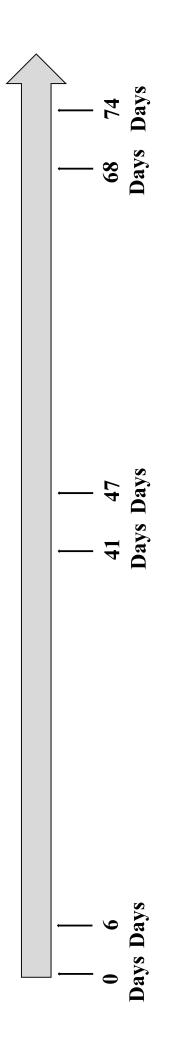
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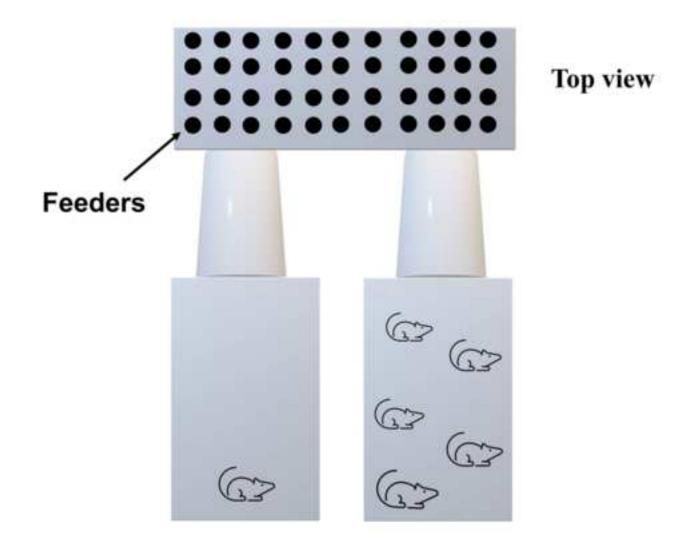
Chronic stress protocol (5 weeks) for anhedonic group and anhedonic group with Start of study and sucrose preference test. antidepressant treatment. 6 - 41Days Days Days

Sucrose preference test. 41 - 47

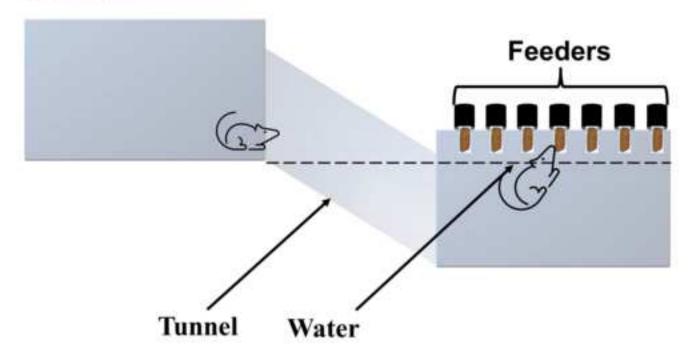
Complex diving-for-food paradigm (21 days). 47 - 68

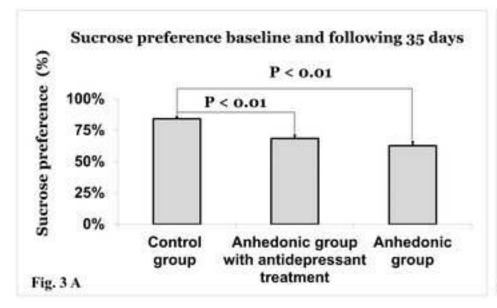
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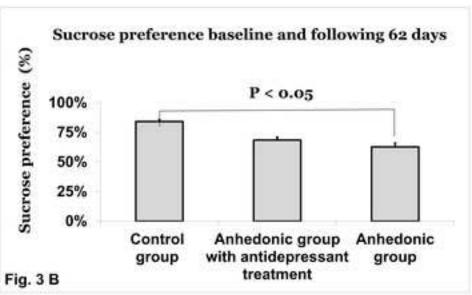
Sucrose preference test. 68 - 74

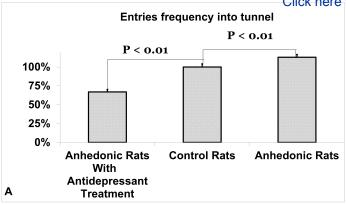


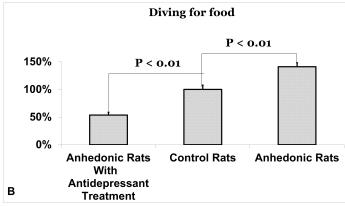
# Side view

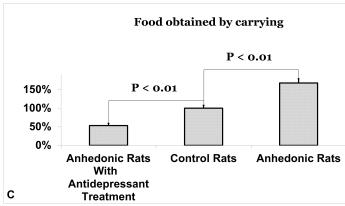


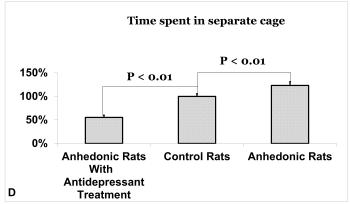


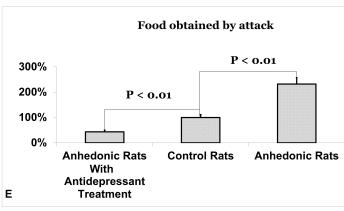












Days	1	2	3	4	5	6
AVER.	0	-0.02	-0.04	-0.04	-0.06	-0.06
SD	0	0.01	0.01	0.02	0.01	0.02
AVER.	0	-0.02	-0.03	-0.04	-0.05	-0.06
SD	0	0.02	0.02	0.02	0.02	0.03
AVER.	0	-0.01	-0.03	-0.04	-0.05	-0.05
SD	0	0.01	0.02	0.02	0.02	0.02

Change in rats' body weight							
7	8	9	10	11	12	13	
	Control Group						
-0.07	-0.08	-0.09	-0.1	-0.11	-0.12	-0.12	
0.02	0.01	0.01	0.02	0.02	0.01	0.01	
	Experimental Group with Treatment						
-0.07	-0.08	-0.09	-0.1	-0.1	-0.12	-0.12	
0.03	0.02	0.03	0.03	0.03	0.02	0.03	
	Experimental Group						
-0.07	-0.07	-0.08	-0.1	-0.11	-0.12	-0.13	
0.02	0.02	0.03	0.03	0.03	0.03	0.03	

14	15	16	17	18	19	20
-0.13	-0.14	-0.15	-0.16	-0.18	-0.19	-0.2
0.01	0.02	0.02	0.02	0.02	0.02	0.02
-0.14	-0.14	-0.15	-0.16	-0.17	-0.18	-0.19
0.03	0.03	0.04	0.03	0.03	0.03	0.02
-0.14	-0.15	-0.15	-0.17	-0.18	-0.19	-0.2
0.03	0.03	0.03	0.03	0.03	0.02	0.02

21
-0.21
0.03
-0.2
0.02
-0.21
0.02

Name of Material/Equipment	Company	<b>Catalog Number</b>	Comments/Description
			99% pharmaceutical alcohol
			diluted to 5% and used for
			cleaning the open field test box
			before the introduction of each
Alcohol	Pharmacy		rat
			150 mL bottles filled with 100
			mL of water and 100 mL of 1%
Bottles	Techniplast	ACBT0262SU	(w/v) sucrose solution
			Two cages (50 x 50 x 50 cm) to
Equipment for Diving for Food	self made in Ben Gurion		an aquarium (130 x 35 x 50 cm)
Task (Plexiglas)	University of Negev		via tunnels
			(Tricyclic antidepressant) 20
	610144		mg/kg intraperitoneally once
Imipramine hydrochloride	SIGMA	Lot# SLBB9914V	per day for 3 weeks
			Rodent laboratory chow given
			to rats, mice and hamster is a
			life-cycle nutrition that has
			been used in biomedical researc
Purina Chow	Purina	5001	for over 5
			Conventional housing for
			rodents. Was used for housing
Rat Cages	Techniplast	2000P	rats throughout the experiment
			Digital video camera for high
			definition recording of rat
Video Camera	Canon		behavior under plus maze test

the Faculty of Health Sciences Ben-Gurion University of the Negev

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Division of Anesthesiology and Critical Care Soroka University Medical Center and

Matthew Boyko, Ph.D. Head of Research





January 23, 2021

Attn: Nam Nguyen, Ph.D.

Manager of Review

Journal of Visualized Experiments (JoVE)

JoVE61763

Title: A complex diving-for-food task to investigative social organization and interactions in rats

Dear Dr. Nguyen,

Please find attached a revised version of the manuscript JoVE61763. In this revised manuscript, we have taken into consideration all the valuable and relevant comments of the reviewers. The authors' responses to reviewers' suggestions below are in bold font, and the requested edits are highlighted in the revised manuscript.

On behalf of the authors, I would like to express our sincere appreciation for the reviewers' and editor's feedback and suggestions. We sincerely hope that this revised manuscript is now suitable for publication in JoVE.

We thank you and the reviewers for your consideration.

Sincerely,

Matthew Boyko, PhD

Soroka University Medical Center and the Faculty of Health Sciences

Beer Sheva, Israel



#### Matthew Boyko, Ph.D.

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# [Editorial and production comments]:

Changes to be made by the Author(s) regarding the written manuscript:

1. Vet Comment:

Mention the water temperature and that rats should be manually towel dried or have access to a heat source until dry and before placing them back in their regular housing to avoid hypothermia.

# This now been included in the revision.

2.

Changes to be made by the Author(s) regarding the video:

- 1. Vet Comment:
- Handler restrains rat rather loosely, with a towel, rat does not look secure even though the researcher looks comfortable. The researcher gives the IP injection without a quick check (negative pressure) on the syringe to determine that the researcher isn't injecting the bladder or intestine if negative pressure gives slight resistance, that is good. If negative pressure gives yellow or brown or red fluid, that indicates placement of the needle is incorrect and the needle should be withdrawn immediately and the process restarted with a new needle and uncontaminated syringe. The restraint is also unusual and not secure/possibly dangerous for the handler and the animal. Animal could be dropped or could squirm out, escape, fall, or react with a bite.

## This has now been changed in the video.

- 2. Video & Audio Editing:
- 00:10 The interview audio is a little out of sync with the video. Try to slide the audio so that the speaker's mouth matches the audio.
- Please bring down the volume by 3 dB. Audio level peaks should be around -9 dB.

#### These changes have been made in the revised video.

Please upload a revised high-resolution video here: https://www.dropbox.com/request/ctiOc39gb6G3MIUEtkdk?oref=e

# We will upload a revised high-resolution video using that link.

#### [Reviewer #2]:

I still believe that the cumbersome and time-consuming procedure described here is of little help for testing new treatments for anxiety-depressive diseases or for assessing "the relationship between a wide range of mental illnesses and social organization". However, exaggerated claims are not unusual in science. Otherwise, the manuscript has improved, although there are some typos left. I have no further comments.

The authors would like to thank this reviewer for their valuable comments. The wording has now been revised to smoothen the claims of the manuscript. The manuscript has also been thoroughly



#### Matthew Boyko, Ph.D.

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revisited for corrections of grammatical errors or typos by a professional English editor.

# [Reviewer #3]:

Major Concerns:

Although the Authors addressed most of the points raised by this reviewer and the MS has been surely impoved, the more important one still stands. Actually, I am still concerned with their claims that the protocol has been tested in animals that they made depressed (and then treated with the antidepressant imipramine) by using the Chronic Mild Stress paradigm. Accordingly, and as already noted in the first round of revisions, only the sucrose test has been performed to validate the model, which is a test for assessing anedonia, just only one of the features of depression-like states. Based on these key limitations it is quite hard to sustain that these rats are "truly" depressed. I would suggest the Authors to avoid any reference to depression or at least substantially smoothen their claims.

Thank you for your valuable feedback. As noted above, we have extensively rephrased the text to smoothen the claims of the manuscript.