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Corresponding Author:	MARIANA BARRETO SERRA Universidade de Sao Paulo Faculdade de Medicina SÃO PAULO, SP BRAZIL		
Corresponding Author's Institution:	Universidade de Sao Paulo Faculdade de Medicina		
Corresponding Author E-Mail:	maribserra@usp.br		
Order of Authors:	Mariana Barreto Serra		
	Márcia Kiyomi Koike		
	Denise Frediani Barbeiro		
	Marcel Cerqueira César Machado		
	Heraldo Possolo de Souza		
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1 TITLE:

2 Sodium Taurocholate Induced Severe Acute Pancreatitis in C57BL/6 Mice

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AUTHORS AND AFFILIATIONS:

Mariana B. Serra^{1,*}, Márcia K. Koike^{1,*} Denise F. Barbeiro^{1,*}, Marcel C.C. Machado^{1*}, Heraldo P.

6 de Souza^{1,*}

7 8

¹Medical Clinic Department, University of São Paulo Medical School, São Paulo, SP, Brazil.

9

10 *These authors contributed equally.

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- 12 Email addresses of co-authors:
- 13 Márcia K. Koike (mkkoike17@gmail.com)
- 14 Denise F. Barbeiro (denisedna@hotmail.com)
- 15 Marcel C.C. Machado (mccm37@uol.com.br)
- 16 Heraldo P. de Souza (heraldo.possolo@fm.usp.br)

17

- 18 Corresponding author:
- 19 Mariana B. Serra (maribserra@usp.br)

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21 **KEYWORDS**:

acute pancreatitis, sodium taurocholate, mice pancreatitis, pancreas inflammation, severe pancreatitis, C57BL/6 pancreatitis

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SUMMARY:

Animal models for severe acute pancreatitis enable the study of pathophysiological changes at the initial stage, facilitating observation of the evolution of inflammatory events. Here we provide a protocol for the induction of severe acute biliary pancreatitis by retrograde infusion of sodium taurocholate into the pancreatic duct of anesthetized C57BL/6 mice.

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ABSTRACT:

Biliary acute pancreatitis induction by sodium taurocholate infusion has been widely used by the scientific community due to the representation of the human clinical condition and reproduction of inflammatory events corresponding to the onset of clinical biliary pancreatitis. The severity of pancreatic damage can be assessed by measuring the concentration, speed, and volume of the infused bile acid. This study provides an updated checklist of the materials and methods used in the protocol reproduction and shows the main results from this acute pancreatitis (AP) model. Most of the previous publications have limited themselves to reproducing this model in rats. We have applied this method in mice, which provides additional advantages (i.e., the availability of an arsenal of reagents and antibodies for these animals along with the possibility of working with genetically modified strains of mice) that may be relevant to the study. For acute pancreatitis induction in mice, we present a systematic protocol, with a defined dose of 2.5% sodium taurocholate at an infusion speed 10 µL/min for 3 min in C57BL/6 mice that reaches its maximal level of severity within 12 h of induction and highlight results with outcomes that validate the

method. With practice and technique, the total estimated time, from the induction of anesthesia to the completion of the infusion, is 25 min per animal.

INTRODUCTION:In humans, the presence of gallstones is the most common cause of pancreatitis due to the obstruction of the terminal portion of the choledochal, interrupting the flow of pancreatic

secretions and causing an intense inflammatory process in the pancreas, with an increase in the

concentration of digestive enzymes in the serum and inflammatory mediators^{1,2}.

Two different theories have been proposed to explain the development of acute pancreatitis (AP). The "common channel" theory suggests that the stones present in the gallbladder obstruct the distal common bile duct system, allowing bile secretion to flow retrograde into the pancreatic duct. The second theory (the "duct obstruction" theory) suggests that the obstruction of the pancreatic duct by excess gallstones causes a blockage in the flow of pancreatic secretion to the duodenum, causing ductal hypertension³. Although the mechanisms that lead to acute biliary pancreatitis are not fully understood, the outcome is an intense inflammatory process. Digestive enzyme eruption and pancreas self-digestion lead to histopathological changes, an increase in inflammatory cytokines (IL-1 β , IL-6, TNF- α) in ascitic fluid and serum, and an increase in acute phase proteins⁴⁻⁶.

Severe acute pancreatitis is a condition that deserves clinical attention due to the involvement of multiple organs and a high mortality risk. Animal models for the reproduction of acute pancreatitis (AP) are important as these explain the pathophysiological mechanisms of the disease and help in monitoring the evolution of inflammatory events, starting from the initial stages of the disease. This is usually not possible in the clinics^{2,7}. In addition, access to pancreatic tissues is easy in preclinical studies, favoring the elucidation of changes linked to clinical conditions⁸ along with the possibility of working with isogenic species, eliminating undesirable variables, and mirroring clinical similarity with the outcomes observed in the human condition⁹.

 Biliary and non-biliary models for the induction of acute pancreatitis in rats and mice species have been frequently studied in the scientific literature. Non-biliary methods of induction include administration of supramaximal stimulating doses of the cholecystokinin secretagogue or its analog cerulean¹⁰; administration of almost lethal doses of L-arginine; or administration of a choline-deficient diet supplemented with ethionine¹¹. Although these methods are easy to reproduce and result in pancreatic inflammation, they do not replicate the mechanisms that in theory trigger AP (i.e., the reflux of bile secretion into the pancreatic duct). The technique that addresses the biliary model is based on the retrograde infusion of bile acids into the pancreatic duct and requires well-trained researchers to carry out this protocol. Several studies have been published using this method in rats (apparently for technical reasons since these experiments involve surgical procedures)^{12,13}. However, the approach in mice may offer more interesting outcomes in the study of inflammation^{3,14,15}. In this study, we will show a checklist of the steps to be followed for the reproduction of severe acute pancreatitis by infusion of sodium taurocholate in C57BL/6 anesthetized mice.

 For works that involve the need for experiments with antibodies and analysis of the gene and protein expression, the use of mice is preferable because of the greater arsenal of materials for these animals and the possibility of working with isogenic and knockout species, among others that can be used relevant to studies¹⁶. Mice C57BL/6 is an inbred strain of mice originally developed for the study of antitumor activity and immunology. This strain is increasingly being preferred by researchers for being isogenic, allowing for a greater reproducibility of results, which may imply the use of a smaller number of animals in an experiment and less variability of results between the same group^{17,18}.

Perides et al. (2010)¹⁴ published a protocol for AP induction in mice by sodium taurocholate infusion. Here we update this model using a higher sodium taurocholate concentration (2.5%) in C57BL/6 mice, with a defined volume and speed of infusion (**Figure 1**). The maximal level of severity is reached within 12 h of induction in mice. The elevation of the concentration of IL-6 both in the serum and in the peritoneal cavity is correlated with the progression of AP. With practice, the total estimated time from the induction of anesthesia to the completion of the infusion, is 25 min per animal. It is essential that a trained researcher conducts this experiment. To ensure that the solution is properly injected into the common bile duct, perform several pilot training sessions using methylene blue instead of sodium taurocholate.

PROTOCOL:

This protocol was approved by the Ethics Committee for the use of animals of the USP Medicine School, Num. Project: 1343/2019-CEUA: FMUSP. For this protocol, C57BL/6 mice, aged 6 weeks, weighing 20 ± 2 g were used (n = 9/group).

1. Laparotomy

1.1. Anesthetize animals with xylazine (8 mg/kg) and ketamine solution (10 mg/kg). Check for sufficient anesthesia depth by pinching the toe.

1.2. Clean the abdominal area with 5% povidone-iodine solution and use a trimmer to remove hair between the chest and lower abdomen (approximately 2 cm²). Clean the surgical area with 70% alcohol.

1.3. Immobilize the animal on the surgical board using surgical tape. Use scissors to cut 5 mm of the skin horizontally, on the upper part of the abdomen and 1 cm below the xiphoid process. Repeat the cut on the peritoneum. This will result in a laparotomy with minimal exposure of the cavity.

2. Locating and exposing the pancreas

2.1. With the aid of a retractor, pull the liver towards the mouse's head, ~1 cm from the intestine.

- 2.2. Locate the region of the pancreas that will be injected with sodium taurocholate (pancreas head). Locate the duodenum with reference to the liver- below the liver, on the right side (on the left as the mouse is viewed). The duodenum is the first part of the small intestine and is connected to the final portion of the stomach.
- 2.3. With the aid of forceps, lift the liver towards the animal head, and gently pull the small intestine portion. Fix the two lateral ends of the small intestine with a 6-0 polypropylene suture to better view the distal portion of the common bile duct.

3. Severe acute pancreatitis induction

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- 3.1. Temporarily occlude the proximal common bile duct with a microvessel clip to prevent retrograde infusion from leaking into the liver. The common bile duct can be seen on the liver side of the duodenum and its junction with the duodenum will appear white. Expose the organ out of the abdominal cavity.
- Puncture the periampullary region (whitish part of the small intestine's wall) to access the common bile duct with a 0.4 mm needle connected to a 0.54 mm polyethylene tube.
- 152 3.3 Make a temporary occlusion of the distal common bile duct with 8-0 suture to prevent the sodium taurocholate solution from leaking into the duodenum.
- 3.4 Start the infusion pump and program a 2.5% sodium taurocholate solution (diluted in 0.9% saline) infusion at a constant speed of 10 μL/10 g body weight for 3 min.
- 158 3.5. After the infusion, remove the microvessel clip, the temporary 8-0 suture, and the injection needle from the bile pancreatic duct to reconstitute the physiological flow of the bile.
 - 3.6. At the end, suture the abdomen with 6-0 nonabsorbent monofilament polypropylene suture. The time between the laparotomy and the end suture should be a maximum of 30 min (see **Figure 1**).
 - 3.7. After the surgery, house the animals in polyethylene boxes lined with wood shavings and water and food *ad libitum*.
- 3.8. Treat control mice in the same manner as the experimental mice but ensure that the infusate consists of saline only. Perform the surgical procedure and the infusion of saline solution (10 mL/min, for 3 min) in a control group (SHAM) to eliminate the inflammatory bias caused by surgery and cannulation.

4. Methods for analysis

4.1. At 12 h after AP induction, anesthetize the animals with xylazine (8 mg/kg) and ketamine
 (10 mg/kg) to collect approximately 250 μL of blood via the orbital plexus.

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4.1.2. Instill a drop of eye ointment containing local anesthetic in the animal's eye.

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4.1.3. Position the end of the capillary tube in the medial corner of the eye and insert it gently under the eyeball, with an angle of ~30°-45°. Rotate the capillary tube until blood flow begins.

Remember that it is not necessary to use force for the procedure.

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4.1.4. Once the collection is over, ensure homeostasis by keeping the eyelids closed by light compression with the gauze. Discard the capillary tube in the sharps container¹⁹.

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190 4.1.5. Centrifuge the serum (700 x g, 15 min) and stock the supernatant for amylase and IL-6 dosing (step 4.7 and 4.8).

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193 4.2. Euthanize mice by CO₂ asphyxiation.

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4.3. Use a 27 G needle to inject 4 mL of ice-cold 1x PBS into the peritoneal cavity. Ensure that the needle is pushed slowly in the peritoneum to not puncture any organs. After the injection, gently massage the peritoneum for 10 s to remove cells adhered to the peritoneum.

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4.4. Using scissors and tweezers, make a small cut (0.5 cm) on the inner skin and musculature to expose the abdominal cavity. Insert a bulb pipette in the peritoneum and collect the fluid. Be careful not to aspirate fatty tissue or other organs.

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4.5. Collect as much fluid as possible and deposit the collected cell suspension in tubes kept on ice. Discard the capillary tube in the sharps container²⁰. Centrifuge the peritoneal fluid (250 x g, 5 min) and stock the supernatant for IL-6 dosing (step 4.9).

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4.6. Collect the part of the pancreas in place it immediately adjacent (<5 mm), as changes in the pancreas are limited to the head region of the organ.

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210 4.7. Process the pancreas by fixing in 10% formalin and incorporate it into paraffin.

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4.7.1. Stain the slides with hematoxylin and eosin for histopathological analyzes under light microscopy. Use Schmidt's protocol²¹ (pancreatic edema, acinar cell, injury/necrosis, pancreatic inflammation) to assess the extent of AP.

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216 4.8. Measure amylase (U/dL) using commercially available kits according to the 217 manufacturer's recommendations.

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4.9. Measure IL-6 by Luminex assays using commercial kits according to the manufacturer's recommendations.

4.10. Store the serum and peritoneal fluid supernatant obtained in the steps 4.1 and 4.4 in a freezer at -80 °C if needed.

REPRESENTATIVE RESULTS:

Pancreatitis severity was scored between 0-3 according to the Schmidt's scale²¹ where zero corresponds to the absence, 1 corresponds to a mild presence (<25%), 2 corresponds to a moderate presence (between 25 and 50%) and 3 corresponds to an intense presence (> 50%) (Table 1). The measurements performed were plasma amylase activity, pancreatic edema, acinar cell, injury/necrosis, pancreatic inflammation (by histology analysis of H&E-stained sections) and IL-6 cytokine concentration in the serum and PerC fluid. After 12 h of severe AP, the AP^{TA} group showed an increase in the serum amylase concentration (6194 \pm 336.7 U/dL), compared to the sham group (3845 \pm 135.7 U/dL). At the same time, the AP^{TA} group showed increased IL-6 cytokine concentration in the serum and PerC fluid (Figure 2). Figure 3 shows a representative hematoxylin-eosin staining of sham and AP^{TA} group.

FIGURE LEGENDS:

Figure 1: Schematics of severe acute pancreatitis induction by 2.5% sodium taurocholate in C57BL/6 mice. (A) gallbladder; (B) common bile duct; (C) pancreatic duct; (D) portal vein; (E) microvessel clip; (F) puncture site (needle attached to a polyethylene tube and connected to infusion pump); (G) temporary needle fixation in the common bile duct.

Figure 2: Representative results after 12 h of severe acute pancreatitis. (A) Animal's serum amylase concentration (U/dL). (B) IL-6 cytokine concentration in serum and PerC fluid. Differences between groups were assessed by unpaired t-test analysis * p <0.05 if $AP^{TA} \neq sham (n=9/group)$.

Table 1: Histological changes in pancreatic tissue after 12 h of severe AP. The pancreas was processed and analyzed according to the Schmidt's scale²¹. The results were expressed as mean \pm SEM and differences between groups were assessed by the Student t test. * p <0.05 if AP^{TA} \neq SHAM; (n=9/group).

Figure 3: Representative hematoxylin-eosin staining in pancreatic tissue after 12 h of severe AP. Histological changes in **(A)** SHAM and **(B)** AP^{TA} pancreatic tissue (Hematoxylin-Eosin staining-40x magnification).

DISCUSSION:

The method of inducing acute pancreatitis by retrograde sodium taurocholate infusion has already been shown in rats²²⁻²⁴. Three similar works, published in 2008, 2010 and 2015, served as a reference for the protocol^{3,14,15}. In this work, we list all the critical steps for reproducing this method in C57BL/6 mice and some possibilities for validating it.

A critical step in this test is blocking the bile duct at the level of the hilum with a microvessel clip (step 3.1) to avoid sodium taurocholate reflux into the liver. This step requires much attention,

since the portal vein is next to the duct (**Figure 1D**), so care must be taken to not block it together. The needle should be inserted only into the most distal duct portion. If it is introduced deeply into the duct, it can cause a rupture with the acid overflowing to the glandular parenchyma and/or to other ducts¹⁴. Check that the polyethylene tube has air inside to prevent the obstruction of the common bile duct.

This model requires an incision in the mouse abdomen. Inserting the cannula through the pancreatic duct orifice requires experience but that can be achieved with training^{15,25}. It is important to highlight that the severity of pancreatitis in this model is proportionally dependent on the concentration, volume of the infusion, pressure of the infusion, and the time of AP induction. Thus, a constant infusion machine with controlled volume and pressure must be used.

For this study, we standardized a concentration of 2.5%, with an infusion speed of 10 μ L/min, for 3 min and constant pressure. At 12 h of AP, increased inflammatory parameters and necrosis of the pancreatic tissues were observed, with animals dying within 16 h after AP induction.

Although the main causes of AP are alcohol consumption or gallstones, these models are not experimentally reproducible²⁶. Currently, the most used protocol for AP induction in mice involves 7 intraperitoneal injections of cerulein (50 µg/kg body weight) at 1 h intervals²⁷. Cerulein has been used to induce a mild or moderate acute pancreatitis as well. The variability in this model limits its use in studying the destructive effects of the disease, which confer clinical morbidity and mortality¹⁰. Models that trigger high mortality in a short time are relevant for the study of severe AP (necrotizing), as they can evaluate the effectiveness of new drugs or interventions. Among these models are hemorrhagic AP induction in young female rodents (between 4 and 6 weeks) by a choline-deficient diet²⁸ and L-arginine (e.g., 3 x 3 g/kg or 2 x 4 g/kg) based acute pancreatitis induction in mice but the proper dosing of L-arginine to induce AP should be tested by each laboratory and in each mouse strain²⁹. In 2015, a study showed that an intra-ductal taurocholate infusion followed by distal common bile duct ligation leads to a severe, necrotic model of pancreatitis in mice³. However, this model is not useful for testing drug efficacy and interventions due to its irreversible condition.

The outcomes found in this study correlate with recent literature such as the elevation of serum amylase concentration and IL-6 being associated with disease progression. It is possible that in the future, the measurement of proteins such as TNF- α , IL-1 β and myeloperoxidase will be a clinical prognostic parameter for severe acute pancreatitis³⁰⁻³².

In conclusion, the protocol used in the present study to induce AP in mice by the infusion of sodium taurocholate directly into the common bile duct results in severe acute pancreatitis with necrosis of pancreatic tissue that can be observed even at 12 h after the induction with elevation of IL-6 cytokine in the serum and peritoneal fluid and with high lethality (100% mortality in 16 h).

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311 **DISCLOSURES**:

312 The authors have nothing to disclose.

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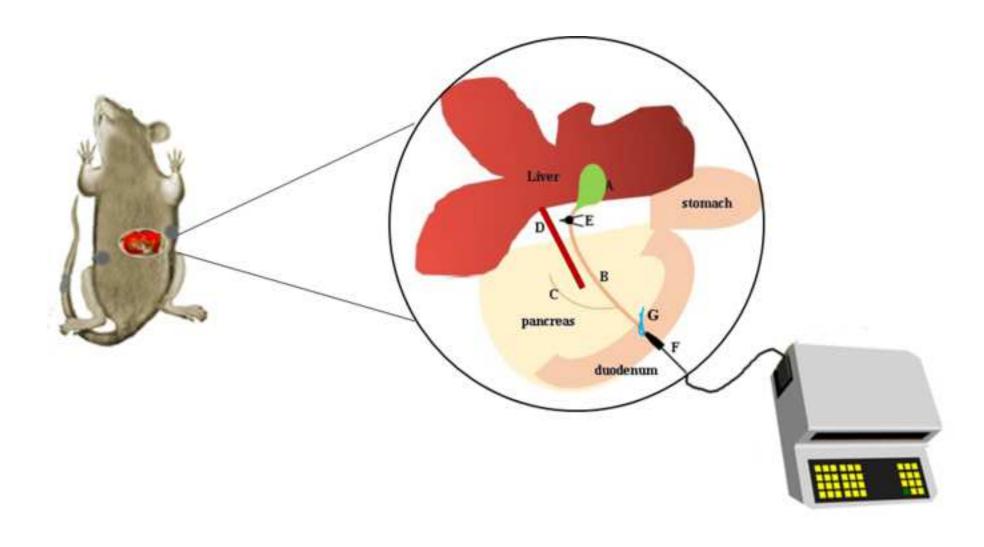
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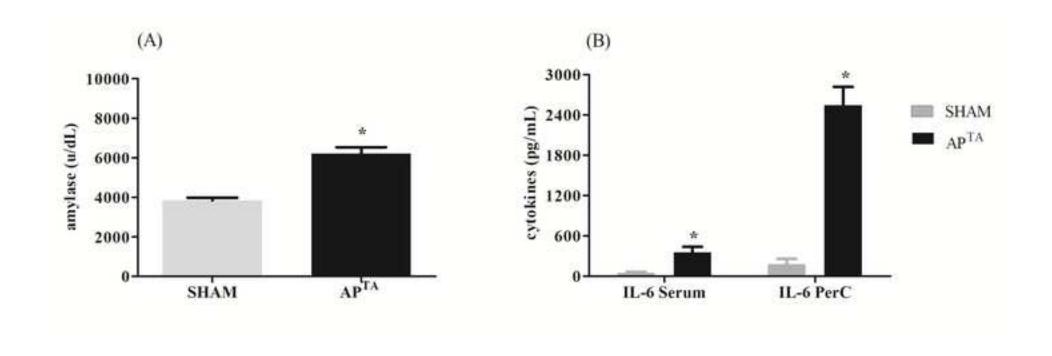
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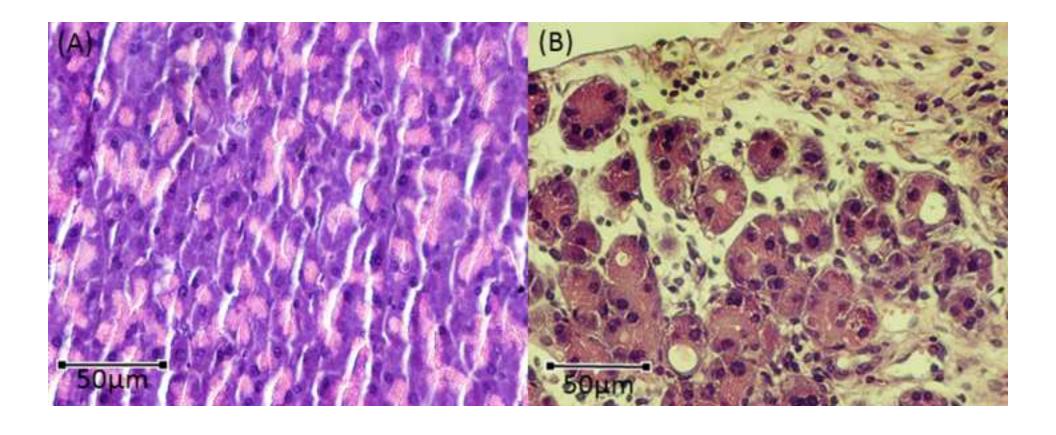


Table 1- Histological changes in pancreatic tissue after 12 h of severe AP SHAM

AP^{TA}

Interstitial ecInflammator

1±0* 0.0 3±0* 3±0

*P<0,05 if SHAM≠AP^{TA}.

Parenchyma Parenchyma hemorrhage

0.0 0.0 3±0

$\begin{array}{cccccccccccccccccccccccccccccccccccc$
Styrofoam block
masking tape for mounting the mouse Missner 1236 Havard aparatus-Infusion pump scheduled to $10\mu L$ / min. Peristaltic Pump
Havard aparatus- Infusion pump scheduled to 10μL / min. Peristaltic Pump
Series MA1.55-7766
Series WAL 33 7700
Scissors and forceps
Antiseptic providine iodine Pfizer 12086OR
70% ethanol SIGMA 459836
Razor blade Lord bdk9a1ghk6
Sodium taurocholate Sigma-Aldrich 86339- 1G
microvessel clip Medicon Surgical 56.87.35
6-0 prolene Bioline 5162
Ketamin NP (cloridrato de dextrocetamina)
50mg/mL Cristália
Xilazine 2% Syntec
Sterile saline solution (0.9% (wt/vol) saline) Farmace 105851
Sigma-Aldrich
Methyl Blue Chemicals M5528
MILLIPLEX MAP Mouse Cytokine/Chemokine Magnetic Bead Panel - Immunology Multiplex Assay
MERCK MCYTOMAG-70K
Amylase Assay Labtest 11
Desmarres retractor 13-mm
width ROBOZ RS-6672

Comments/Description

30G

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Model 66 Small Peristaltic

antisepsis Mix 700 mL 100% ethanol with 300 mL dH $_2$ O For trichotomy CAS NUMBER- 345909-26-4

Approximator, opening 4.0 mm, closing pressure 30 - 40 g Suture line

Simultaneously analyze multiple cytokine and chemokine biomarkers with Bead-Based Multiplex Assays using the Luminex technology, in mouse serum, plasma and cell culture samples.

Name of Material/ Equipment	Company	Catalog Number
0.4 mm needle	INTRAG MEDICAL TECH	90183210
0.54 mm polyethylene tube	Tygon	730010
Scissors and forceps		
6-0 prolene	Bioline	5162
70% ethanol	SIGMA	459836
Amylase Assay	Labtest	11
Antiseptic providine iodine	Pfizer	12086OR
Desmarres retractor 13-mm		
width	ROBOZ	RS-6672
	Havard aparatus-	
Infusion pump scheduled to $10\mu L$ / min.	Peristaltic Pump	
	Series	MA1 55-7766
Ketamin NP (cloridrato de dextrocetamina)		
50mg/mL	Cristália	
masking tape for mounting the mouse	Missner	1236
	Sigma-Aldrich	
Methyl Blue	Chemicals	M5528
microvessel clip	Medicon Surgical	56.87.35
MILLIPLEX MAP Mouse Cytokine/Chemokine Magnetic Bead Panel - Immunology Multiplex Assay		
	MERCK	MCYTOMAG-70K
Razor blade	Lord	bdk9a1ghk6
Sodium taurocholate	Sigma-Aldrich	86339- 1G
Sterile saline solution (0.9% (wt/vol) saline) Styrofoam block	Farmace -	105851 -
Xilazine 2%	Syntec	

Comments/Description

30G

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Suture line Mix 700 mL 100% ethanol with 300 mL dH $_2\text{O}$

antisepsis

Model 66 Small Peristaltic

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Approximator, opening 4.0 mm, closing pressure 30 - 40 g

Simultaneously analyze multiple cytokine and chemokine biomarkers with Bead-Based Multiplex Assays using the Luminex technology, in mouse serum, plasma and cell culture samples.

For trichotomy CAS NUMBER- 345909-26-4

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Dear Editor,

Dear Editor,

We attached a new image of the histological (Figure 3) and replied to the commentators in the manuscript.

I would like to receive as soon as possible a letter formally informing the acceptance of the article, as I am depending on it to finalize my Phd.

Thank you very much in advance.

My best regards,

Mariana Serra