Journal of Visualized Experiments Isolation and Culture of Chick Ciliary Ganglion Neurons --Manuscript Draft--

Article Type:	Methods Article - Author Produced Video
Manuscript Number:	JoVE61431R2
Full Title:	Isolation and Culture of Chick Ciliary Ganglion Neurons
Section/Category:	JoVE Neuroscience
Keywords:	Cell culture, ciliary ganglion, chick embryo dissection, parasympathetic neurons, neuromuscular junctions, immunocytochemistry, fluorescence microscopy.
Corresponding Author:	Ramiro Almeida Universidade de Aveiro Instituto de Biomedicina Aveiro, Aveiro PORTUGAL
Corresponding Author's Institution:	Universidade de Aveiro Instituto de Biomedicina
Corresponding Author E-Mail:	ramirodalmeida@gmail.com
Order of Authors:	Filipa J. Costa
	Marta S. Dias
	Rui O. Costa
	Joana R. Pedro
	Ramiro Almeida
Additional Information:	
Question	Response
Please indicate whether this article will be Standard Access or Open Access.	Standard Access (US\$1200)

TITLE:

Isolation and Culture of Chick Ciliary Ganglion Neurons

2 3 4

1

AUTHORS AND AFFILIATIONS

5 Filipa J. Costa^{1*}, Marta S. Dias^{1*}, Rui O. Costa², Joana R. Pedro², Ramiro D. Almeida^{1,2}

6 7

8

- ¹ Institute of Biomedicine, Department of Medical Sciences iBiMED, University of Aveiro, Aveiro, Portugal
- ² CNC Center for Neuroscience and Cell Biology, University of Coimbra, Coimbra, Portugal

9 10

11 *Authors contributed equally.

12

- 13 fjcosta@ua.pt
- 14 marta.isdias@gmail.com
- 15 <u>ruiocosta@gmail.com</u>
- 16 <u>joan.reispedro@gmail.com</u>
- 17 ramirodalmeida@gmail.com

18

- 19 Corresponding author:
- 20 ramirodalmeida@gmail.com

2122

KEYWORDS:

Cell culture, ciliary ganglion, chick embryo dissection, parasympathetic neurons, neuromuscular junctions, immunocytochemistry, fluorescence microscopy.

242526

27

28

29

23

SUMMARY:

Chick ciliary ganglia (CG) are part of the parasympathetic nervous system. Neuronal cultures of chick CG neurons were shown to be effective cell models in the study of nerve muscle interactions. We describe a detailed protocol for the dissection, dissociation and in vitro culture of CG neurons from chick embryos.

30 31 32

33

34

35

36

37

38

39

40

41

42

43

44

ABSTRACT:

Chick ciliary ganglia (CG) are part of the parasympathetic nervous system and are responsible for the innervation of the muscle tissues present in the eye. This ganglion is constituted by a homogenous population of ciliary and choroidal neurons that innervate striated and smooth muscle fibers, respectively. Each of these neuronal types regulate specific eye structures and functions. Over the years, neuronal cultures of the chick ciliary ganglia were shown to be effective cell models in the study of muscle-nervous system interactions, which communicate through cholinergic synapses. Ciliary ganglion neurons are, in its majority, cholinergic. This cell model has been shown to be useful comparatively to previously used heterogeneous cell models that comprise several neuronal types, besides cholinergic. Anatomically, the ciliary ganglion is localized between the optic nerve (ON) and the choroid fissure (CF). Here, we describe a detailed procedure for the dissection, dissociation and in vitro culture of ciliary ganglia neurons from chick embryos. We provide a step-by-step protocol in order to obtain highly pure and stable cellular

cultures of CG neurons, highlighting key steps of the process. These cultures can be maintained in vitro for 15 days and, hereby, we show the normal development of CG cultures. The results also show that these neurons can interact with muscle fibers through neuro-muscular cholinergic synapses.

INTRODUCTION:

Ciliary ganglion (CG) neurons belong to the parasympathetic nervous system. These neurons are cholinergic, being able to establish muscarinic or nicotinic synapses^{1–3}. Anatomically, the CG is located in the posterior part of the eye between the optic nerve (ON) and the choroid fissure (CF) and consists of around 6000 neurons in early embryonic stage^{1,4}. For the first week in culture, ciliary ganglion neurons present a multipolar morphology. After one week, they start to transition to a unipolar state, with one neurite extending and forming the axon⁵. In addition, approximately half of CG neurons die between the 8th and 14th day of chick embryo development, through a programmed process of cell death. This decrease in the number of neurons results in a total population of the ciliary ganglion of around 3000 neurons^{6–8}. In vitro, there is no reduction in the number of CG neurons when grown with muscle cells⁹ and CG neurons can be cultured for several weeks^{1,9}.

The ciliary ganglion consists of a homogeneous population of ciliary neurons and choroidal neurons, each representing half of the neuronal population in the CG, innervating the muscle of the eye. These two types of neurons are structurally, anatomically and functionally distinct. Ciliary neurons innervate the striated muscle fibers on the iris and lens, being responsible for pupil contraction. Choroidal neurons innervate the smooth muscle of the choroid^{1,10–12}.

Cultures of chicken ciliary ganglion neurons have been shown to be useful tools for the study of neuromuscular synapses and synapse formation^{1,5,9}. Considering that neuromuscular synapses are cholinergic¹³, using a neuronal population that is cholinergic – CG neurons – emerged as a potential alternative to previous cell models¹⁴. These models consisted in an heterogenous neuronal population, in which only a small part is cholinergic. Alternatively, ciliary ganglion neurons develop relatively fast in vitro, and after approximately 15 hours already form synapses¹. CG neurons have been used as a model system throughout the years for distinct research studies, due to its relatively ease of isolation and manipulation. These applications include optogenetic studies, synapse development, apoptosis and neuromuscular interactions^{14,15}.

We describe a detailed procedure for the dissection, dissociation and in vitro culture of ciliary ganglia neurons from embryonic day 7 (E7) chick embryos. We provide a step-by-step protocol in order to obtain highly pure and stable cellular cultures of cholinergic neurons. We also highlight key steps of the protocol that require special attention and that will improve the quality of the neuronal cultures. These cultures can be maintained in vitro for at least 15 days.

PROTOCOL:

1. Preparation of reagents

- 89 NOTE: The materials necessary for this procedure are the following: forceps (nº 5 and nº 55),
- 90 surgical tweezers, dissection Petri dishes (black bottom), 24-well plates, plastic Pasteur pipette,
- 91 fire-polished glass Pasteur pipette, 10 mL syringe, 0.22 μm syringe filter.

92

- 93 1.1. Prepare and sterilize all the material needed for the protocol including glass coverslips, forceps (nº 5 and nº 55), surgical tweezers, Petri dishes (black bottom), distilled H₂O, pipettes
- 95 and material for surgery.

96

97 1.2. Prepare 0.1 mg/mL Poly-D-Lysine (PDL) solution.

98

99 1.2.1. Reconstitute PDL in 0.1 M borate buffer (pH 8.2) to a concentration of 1 mg/mL (10x solution).

101

1.2.2. Dilute 1:10 in 166.6 mM borate buffer (pH 8.2) to obtain a final concentration of 0.1 mg/mL.

104

105 1.3. Prepare 10 μg/mL laminin solution.

106

107 1.3.1. Dilute 1 mg/mL laminin in plain neurobasal medium to a final concentration of 10 μg/mL.

108

- 109 1.4. Prepare Hank's Balanced Salt Solution (HBSS): 5.36 mM KCl, 0.44 mM KH₂PO₄, 137 mM
- NaCl, 4.16 mM NaHCO3, 0.34 mM Na₂HPO₄·2H₂O, 5 mM glucose, 1 mM sodium pyruvate, 10 mM
- HEPES buffer, 0.001% phenol red. Adjust pH to 7.2.

112

113 1.5. Prepare 0.1% trypsin solution.

114

1.5.1. Dissolve 5 mg of trypsin 1:250 powder in 5 mL of HBSS for a final concentration of 0.1%.

116

117 1.5.2. Place in a roller mixer at 4 °C until completely dissolved.

118

119 1.5.3. Filter using a 10 mL syringe and a 0.22 μm syringe filter.

120

- 121 1.6. Prepare ciliary ganglia incomplete medium: neurobasal medium without glutamine, 1X
- 122 B27 (photo-sensitive), 10% heat-inactivated horse serum, 2% heat-inactivated FBS, 12.5 U/mL
- penicillin/streptomycin (0.25x) and 2 mM glutamine. Use sterile reagents and prepare the
- medium under sterile conditions.

125

1.7. Prepare ciliary ganglia **complete medium** (supplemented with growth factors): to the incomplete medium, add 5 ng/mL GDNF and 5 ng/mL CNTF.

128

129 2. Preparation of glass coverslips for 24-well plates

130

- 131 2.1. Place the desired number of glass coverslips inside an acid resistant container and add
- 132 65% nitric acid until all coverslips are submerged. Place the container in an orbital shaker and
- incubate overnight at room temperature (RT) at a speed of 1000 rpm.

134

- 135 2.2. The next day, carefully transfer the nitric acid to a small reservoir and store for further
- use. Nitric acid can be re-used 2-3x.

137

2.3. Carefully, add distilled H₂O to the coverslips to remove the remaining nitric acid. Place in agitation for 30 minutes, discard the washing solution and repeat this 5x.

140

141 2.4. Rinse the coverslips with 75% ethanol twice.

142

2.5. Carefully separate and place individual coverslips in a metal rack covered with aluminum foil and incubate at 50 °C for 10-15 minutes or until fully dry.

145

NOTE: Do not autoclave glass coverslips as they will stick to each other.

147

148 2.6. Sterilize the coverslips under UV light for 10-15 minutes. Maintain coverslips sterile for 149 neuronal tissue culture.

150

3. Coating of glass coverslips for 24-well plates

151152

153 3.1. Using a sterile tweezer, place one coverslip in each well of a 24-well plate.

154

155 3.2. Add 500 μ L of 0.1 mg/mL PDL and incubate overnight at 37 °C.

156

3.3. The next day, rinse the coverslips twice with sterile distilled H_2O . Then, add 500 μL of distilled water to each coverslip and leave for 30 minutes at room temperature.

159

160 3.4. Discard the water and add 350 μL of 10 μg/mL laminin solution in each well.

161

162 3.5. Place in a 37 °C incubator for 2 h.

163

3.6. Before cell plating, remove the laminin solution and wash twice with plain neurobasal medium.

166

NOTE: It is important that the coverslips do not dry at any time.

168

3.7. Add $300~\mu L$ of complete medium and leave in an incubator at $37~^{\circ}C$ and $5\%~CO_2$ until plating time. Before plating cells, remove this medium.

171

172 4. Culture of ciliary ganglia from chicken embryo (embryonic day 7)

173

174 4.1. Dissection of ciliary ganglia (CG)

175

176 4.1.1. Remove eggs from incubator and spray them with 75% ethanol.

177

NOTE: Eggs are stored at ~16 °C before being incubated at 37.7 °C for 7 days (or the desired embryonic stage). Eggs used here are from Ross chicken species.

180

4.1.2. Cut the top of the egg with a scissor and take out the embryo using a spoon. Place the embryo in a Petri dish with ice-cold HBSS and separate the head from the body by cutting in the neck region.

184

NOTE: As soon as the embryo is removed from the egg, it can produce proteases that are responsible for cell death. It is important to rapidly separate the head from the body once the embryo is outside the shell to minimize cell death.

188

189 4.1.3. Keep the head of the embryo in ice-cold HBSS.

190

4.1.4. Hold the embryo head up and fix it in the beak of the chick with nº 5 forceps. Then with nº 55 forceps, start to remove the thin layer of skin around the eye.

193

4.1.5. Carefully remove the eye and rotate it to access the posterior part. While separating the eye from the head of the chick, notice the optic nerve being sectioned. This will help to localize the ciliary ganglion.

197

4.1.6. Once the eye is separated, keep it with the posterior side up and notice the ciliary ganglion adjacent to the sectioned optic nerve and the choroid fissure. The preganglionic nerve might still be attached to the ciliary ganglion, which facilitates its identification.

201

4.1.7. Dissect the ciliary ganglion from each eye and clean very well by removing the excess tissue around each ganglion.

204205

206

207

NOTE: To have a yield of ~1x10⁶ cells/mL, dissect ~70 CGs. Please note that the cell population obtained contains non-neuronal cells as well. To decrease the number of non-neuronal cells and, consequently, increase the purity of the neuronal population, it is very important to clean the ciliary ganglia as much as possible, removing all the excess tissue.

208209

210 4.2. Dissociation and culture of ciliary ganglia

211

4.2.1. Collect all ciliary ganglia to a 15 mL tube using a sterile plastic Pasteur pipette.

213

NOTE: It is important to pre-wet the Pasteur pipette to minimize the attachment of the ganglia to the wall of the pipette.

216

217 4.2.2. Centrifuge the ciliary ganglia for 2 minutes at 200 x g.

218

4.2.3. Carefully, remove all the HBSS medium using a Pasteur pipette and then a P1000 micropipette. Add 1 mL of 0.1% trypsin solution and incubate for 20 minutes at 37 °C in a water bath, without agitation.

222

223 4.2.4. Centrifuge for 2 minutes at 200 x g.

224

4.2.5. Immediately remove the trypsin solution and add 1 mL of **incomplete medium**.

226

NOTE: Incomplete medium contains serum which will immediately stop the effect of trypsin.

228

4.2.6. Centrifuge for 2 minutes at 200 x g and remove all medium.

230

4.2.7. Add 350-500 μ L of complete medium.

232

NOTE: The necessary volume to dissociate cells depends on the number of ciliary ganglia obtained and, thus, on the obtained pellet size. For $^{\sim}70$ CG it is recommended to use 500 μ L of medium.

236

4.2.8. Dissociate CGs by pipetting up and down 10-15x first using a P1000 followed by 10-15x using a fire-polished glass Pasteur pipette. Avoid air bubble formation to minimize cell loss.

239

NOTE: Keep the cellular suspension on ice until plating.

241

4.2.9. Determine cellular density using a Trypan blue solution and a standard Neubauer chamber.

244

4.2.10. Plate 1 x 10^4 cells/mL in each well of the 24-well plate by diluting the appropriate volume of cell suspension in 500 μ L of complete medium (supplemented with 10 μ M 5'-FDU).

247

4.2.11. Incubate cells in a 37 °C, 5% CO₂ incubator.

249250

5. Immunocytochemistry and image analysis of ciliary neurons

251252

5.1. Perform the immunocytochemistry assay presented in this paper as previously described^{16,17}.

253254255

256

5.2. Use the following primary antibodies: mouse monoclonal β-III tubulin (1:1000, T8578), chicken monoclonal neurofilament M (1:1000, AB5735), mouse monoclonal SV2 (1:1000, AB2315387).

257258

5.3. As secondary antibodies, use Alexa Fluor 568-conjugated goat anti-mouse antibody (1:1000, A11031), Alexa Fluor 568-conjugated goat anti-chicken antibody (1:1000, A11041), Alexa Fluor 647-conjugated goat anti-mouse antibody (1:1000, A21235).

5.4. Mount coverslips using mounting medium with DAPI, for nuclear staining (P36935).

REPRESENTATIVE RESULTS:

The estimated duration for this procedure tightly depends on the yield needed for each specific experiment and, thus, on the number of ciliary ganglia that need to be isolated. For an estimated yield of 1×10^6 cells/mL, isolate around 70 ciliary ganglia (35 eggs). For this number of ganglia, it will take 2-3 hours for the dissection procedure and a total of 4-5 hours for the total procedure. A step-by-step illustration of the isolation protocol is shown in **Figure 1A**. The identification of the ciliary ganglion can be difficult, especially when performing this protocol for the first time. The ciliary ganglion is localized near the optic nerve and the choroid fissure (**Figure 1B**). The key steps of the dissection procedure are shown in **Figure 2**. First, the embryo is removed from the egg and placed in ice-cold HBSS. The head is separated from the body and, once again, placed in ice-cold HBSS in a dissection Petri dish (**Figure 2A-2C**). Then, the eye is removed from the head of the chick and the ciliary ganglion is isolated (**Figure 2D-2H**).

The cultures obtained with this protocol are highly pure. However, cleaning the ganglia and removing the excess tissue strongly dictates the success and purity of the culture. The cells develop fast and can be used already in the first days in culture if the overall experiment requires so. Nevertheless, the cultures can be maintained for 15 days, or more. If using the cultures for longer than 7-8 days, make sure to replace a third of the culture medium with fresh medium every 2-3 days. After 1 day in vitro, CG neurons show a multipolar morphology. However, neurite extension occurs rapidly, and a primary neuronal network is already established after 24 hours. After 8 days in vitro, neurons already transitioned to a unipolar state, where one of the neurites extends and forms the axon. The neuronal network is very dense at this stage of development (Figure 3 and Figure 4).

Ciliary ganglion neurons are cholinergic neurons that belong to the parasympathetic nervous system. In vivo, these neurons are responsible for muscle innervation in the eye. These neuronal cultures are very well suited for the study of neuromuscular synapses. For this, CG neurons can be plated on top of muscle cells. The chick pectoral muscle was dissected and allowed to develop and maturate in vitro until DIV 4. CG neurons were then plated on top of the muscle layer and the co-culture allowed to develop for 3 more days. At this time point, muscle fibers are formed and can be easily identified by the presence of multiple nuclei (blue). Synaptic vesicle glycoprotein 2A (SV2) immunostaining, a presynaptic marker shows the presence of synapses that are established between the CG neurons axons and the muscle fibers (Figure 5).

FIGURE AND TABLE LEGENDS:

Figure 1: Scheme of the dissection protocol and the ciliary ganglion. (A) Diagram of the isolation and culture protocol. (B) Scheme of the chick ciliary ganglion localization in the posterior part of the eye. Optic nerve, ciliary ganglion and choroid fissure are indicated by arrows.

Figure 2: Dissection of E7 chick ciliary ganglion. (A) Cut the top of the egg using scissors. (B) Remove the embryo from the egg with a spoon and place it in a dissection Petri dish with ice-cold HBSS. (C) Separate the head from the body by cutting in the neck region. (D) Fix the head of the embryo in the beak, holding with forcep nº 5. (E) Remove the eye by gentle rotation using forcep nº 55. (F) Posterior view of the eye. Arrows indicate the localization of the optic nerve, choroid fissure and ciliary ganglion. (G) Dissect the ciliary ganglion. (H) Dissected ciliary ganglion. Excess tissue should be removed.

Figure 3: Ciliary ganglion neurons development in vitro. Phase contrast images of CG neurons at DIV 1, 3, 8 and 15. As CG neurons are plated, they immediately initiate neurite outgrowth. At DIV 15, the axonal network is very dense and at this stage neurites are completely differentiated into dendrites and axons. Phase contrast-images were acquired using a confocal microscope with a plan-Apochromat 20x ph2 objective. Scale bar: 50 μm.

Figure 4: Immunocytochemistry of CG neurons at DIV 8. CG neurons show a well-established neuronal network after 8 days in vitro. Nuclei were stained with DAPI (blue) and axons were stained with β -III tubulin (red). Fluorescence imagens were acquired using a confocal microscope with a plan-Apochromat 20x objective. Scale bar: 50 μ m.

Figure 5: Cultured CG neurons establish synapses with muscle fibers. Immunocytochemistry images of CG neurons-pectoral muscle co-cultures. Muscle fibers identified by dashed lines present multiple nuclei, which were stained with DAPI (blue). Axons were labeled against neurofilament (red) and synaptic vesicles were labeled against SV2 (cyan). Images were acquired using a confocal microscope with a plan-Apochromat 63x oil objective. Scale bar: 20 μm.

DISCUSSION:

In this protocol, we demonstrated how to prepare and culture CG neurons. The identification and dissection of the ciliary ganglion can be difficult for unexperienced users. Therefore, we present a detailed and step-by-step procedure to efficiently dissect E7 chick ciliary ganglia, dissociate the tissue and prepare neuronal cultures that can be maintained for at least 15 days. The ciliary ganglion neurons obtained with this protocol are also suitable for co-culture with muscle cells.

Ciliary ganglia at different developmental stages of chick embryonic development can be used as a cell model, depending on the purpose of the study. However, for cultures of CG neurons it is suggested that they be isolated from chick embryo between embryonic days 7 and 8¹⁸. In the embryonic stage E8, CG neurons have not yet undergone neuronal death processes and the number of non-neuronal cells is reduced comparatively with neuronal cells¹⁸. This, in combination with a rigorous dissection procedure and very well cleaned ganglia, will contribute for a highly pure culture of ciliary ganglion neurons, with little contamination by non-neuronal cells, such as fibroblasts or glial cells.

During the isolation of CG neurons, one of the critical points is the identification and the cleaning of the CG. The dissection of such a small structure, as the ciliary ganglion, can be difficult considering the localization, the ability to identify the ganglion as well as the size of the ganglion

itself. It is normal that the ganglia might attach to the forceps during dissection. High quality dissection instruments are very important for a successful dissection and will minimize the attachment of the ganglia to the forceps. Cleaning the GC is important to prevent contamination with non-neuronal cells. It is necessary to isolate approximately 70 ganglia to obtain a cellular density of $^{\sim}1x10^6$ cells/mL, in contrast with other neuronal tissues of the peripheral nervous system that have a 5-15x greater number of ganglia³.

In culture, the addition of 5'-FDU to the complete medium decreases the contamination of the GC culture with non-neuronal cells. 5'-FDU is an anti-mitotic compound that inhibits cell proliferation, namely the proliferation of glial cells and fibroblasts. The concentration of 5'-FDU added to the medium is enough to stop the cell cycle in the S phase but is not detrimental to the normal development of CG neurons^{3,19,20}. The time of treatment with 5'-FDU can be adjusted. However, since CG neurons establish a dense axonal network in a short time, 5'-FDU should be added to the culture as early as the time of plating.

 One of the main limitations of this model is that it is not representative of the normal development of CG neurons under physiological conditions. In ovo, about half of CG neurons die between the 8th and 14th day of chick embryo development. In culture, there is no decrease in the number of CG neurons when the medium is supplemented with neurotrophic factors that allow its survival^{1,6,14}.

The neuronal population obtained from the dissection of the chick ciliary ganglion is a homogenous population of cholinergic neurons, belonging to the autonomic nervous system. It should be noted that the expression of neurotransmitters in the choroid population of the CG is target-driven, which might be hampered depending on the type of muscle used in the coculture²⁴. If the aim of the study is related to the genetic identity or sub-type of the motor neuron itself, then CG neurons might not be the best suitable neuronal model. Also, the specificity of motor neurons in the innervation of muscle fibers may not be accomplished when using CG neuron co-cultures since, in this case, the muscle fibers can be multiply innervated 25. However, this neuronal culture has several advantages, it only requires basic equipment to maintain and incubate the eggs, it is a reasonably inexpensive procedure and, more importantly, provides an excellent model for the study of neuromuscular synapses¹, since CG neurons neurotransmission mechanisms are very similar to the ones occurring in spinal motor neurons. The cell models previously used for these type of studies were sensory neurons from the spinal cord^{12,21–23}. However, these co-cultures were composed of an heterogeneous population of neurons, not all cholinergic and, thus, only a small part of the neurons were able to establish functional contacts with the muscle cells¹. Besides the developmental analysis (immunocytochemistry) demonstrated in this work other assays can be performed in CG cultures like electrophysiology and neuronal survival.

Based on this protocol additional scientific questions can be addressed, for example how subcellular localization of specific mRNAs and proteins regulate synapse formation and function. Moreover, nerve-muscle co-cultures can be easily established and be further used to study neuromuscular diseases when the site of injury is the neuromuscular junction. Neuromuscular

diseases are heterogeneous in nature in the sense that the dysfunction might be associated with the muscle itself, the peripheral nerves or the neuromuscular junctions²⁶. Thus, through these co-cultures it would be possible to study the neuromuscular junction alterations that ultimately underlie the development and progression of neuromuscular diseases. Another interesting possibility would be to adapt this protocol to the mouse trigeminal system. These neurons are easily accessible, and their developmental pattern is well-known²⁷. Because mice are amenable to genetic manipulation and the trigeminal system is well characterized in terms of topographic map formation new possibilities arise by using a trigeminal-based protocol to study neuronal development.

403 404 405

406

395396

397

398

399

400

401 402

ACKNOWLEDGMENTS:

407 2020 Operational Programme under projects CENTRO-01-0145-FEDER-Regional 408 000008:BrainHealth 2020, CENTRO2020 CENTRO-01-0145-FEDER-000003:pAGE, CENTRO-01-0246-FEDER-00018:MEDISIS, and through the COMPETE 2020 - Operational Programme for 409 410 Competitiveness and Internationalisation and Portuguese national funds via FCT – Fundação para 411 a Ciência e a Tecnologia, I.P., under projects UIDB/04539/2020, UIDB/04501/2020, POCI-01-412 0145-FEDER-022122:PPBI, PTDC/SAU-NEU/104100/2008, and the individual 413 SFRH/BD/141092/2018 (M.D.), DL57/2016/CP1448/CT0009 (R.O.C.), SFRH/BD/77789/2011 414 (J.R.P.) and by Marie Curie Actions - IRG, 7th Framework Programme.

This work was financed by the European Regional Development Fund (ERDF), through the Centro

415 416

DISCLOSURES:

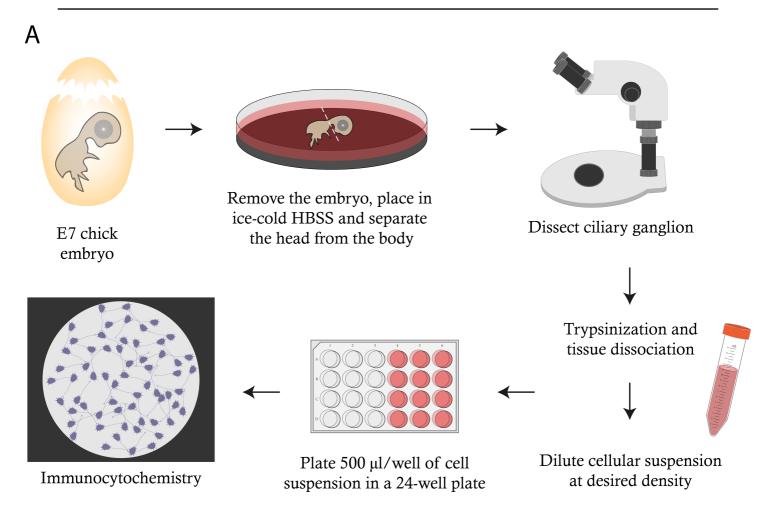
The authors declare that they have no competing interests.

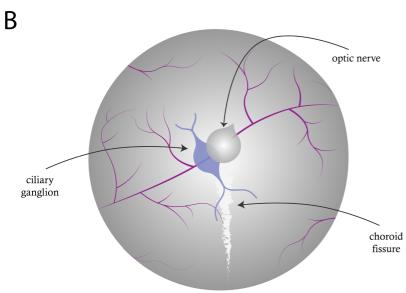
417 418 419

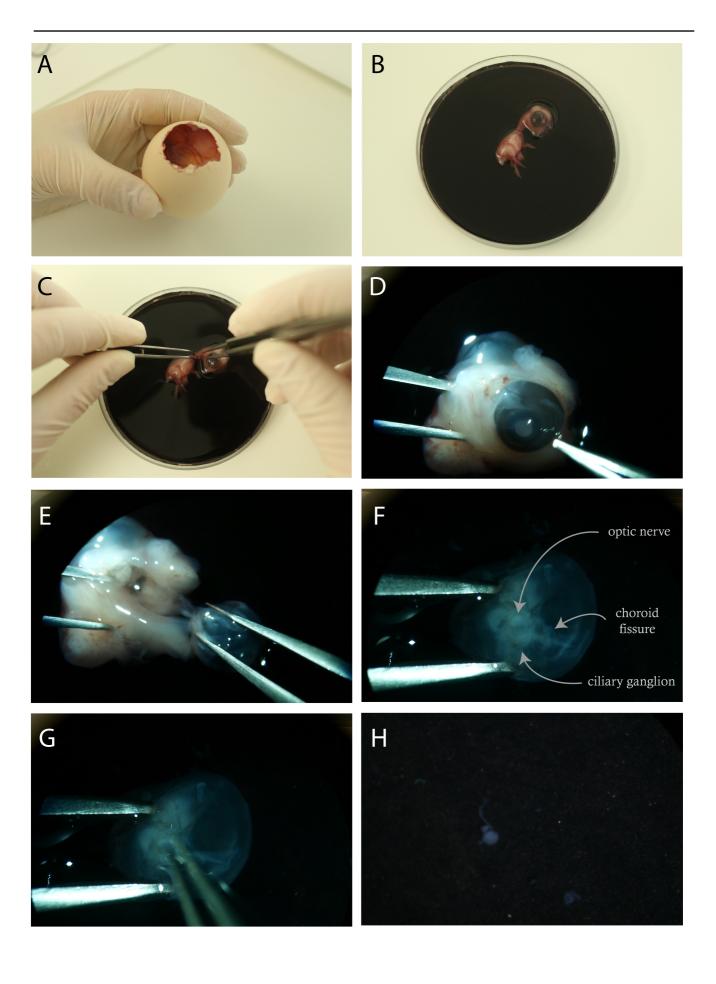
REFERENCES:

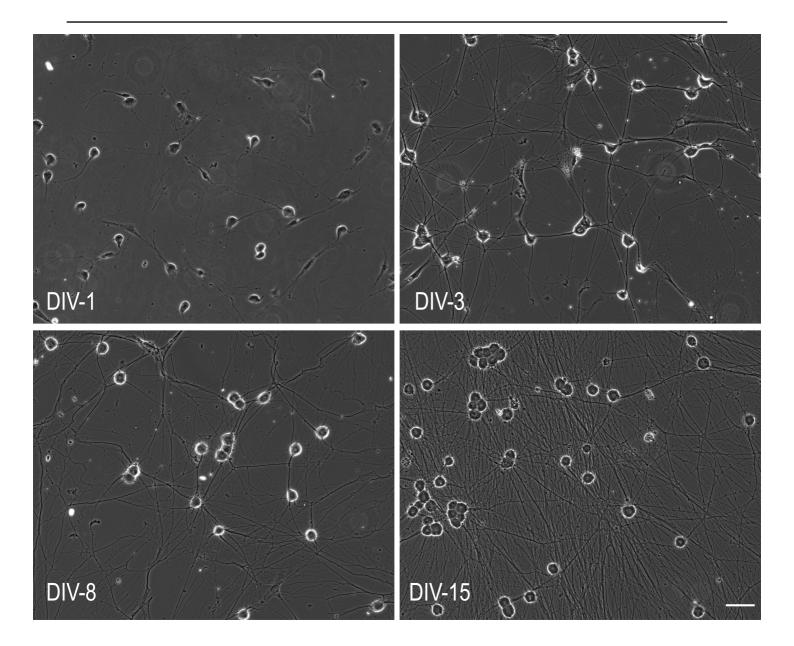
- 1. Betz, W. The Formation of Synapses between Chick Embryo Skeletal Muscle and Ciliary Ganglia Grown in vitro. *Journal of Physiology.* **254**, 63–73 (1976).
- 422 2. Fischbach, G. D. Synapse Formation between Dissociated Nerve and Muscle Cells in Low 423 Density Cell Cultures. *Developmental Biology.* **28**, 407–429 (1972).
- 3. Bernstein, B. W. Dissection and Culturing of Chick Ciliary Ganglion Neurons: A System well Suited to Synaptic Study. *Methods in Cell Biology.* **71**, 37–50 (2003).
- 426 4. Marwitt, R., Pilar, G., Weakly, J. N. Characterization of Two Ganglion Cell Populations in Avian Ciliary Ganglia. *Brain Research.* **25**, 317–334 (1971).
- 5. Role, L. W., Fishbach, G. D. Changes in the Number of Chick Ciliary Ganglion. Neuron Processes with Time in Cell Culture. *Journal of Cell Biology.* **104**, 363–370 (1987).
- 430 6. Landmesser, L., Pilar, G. Synaptic Transmission and Cell Death During Normal Ganglionic Development. *Journal of Physiology*. 737–749 (1974).
- 7. Koszinowski, S. et al. Bid Expression Network Controls Neuronal Cell Fate During Avian Ciliary Ganglion Development. *Frontiers in Physiology.* **9**, 1–10 (2018).
- 434 8. Landmesser, L., Pilar, G. Synapse Formation During Embryogenesis on Ganglion Cells Lacking a Periphery. *Journal of Physiology.* **241**, 715–736 (1974).
- 436 9. Nishi, R., Berg, D. K. Dissociated Ciliary Ganglion Neurons in vitro: Survival and Synapse
- 437 Formation. Proceedings of the National Academy of Sciences of the United States of America **74**,
- 438 5171-5175 (1977).

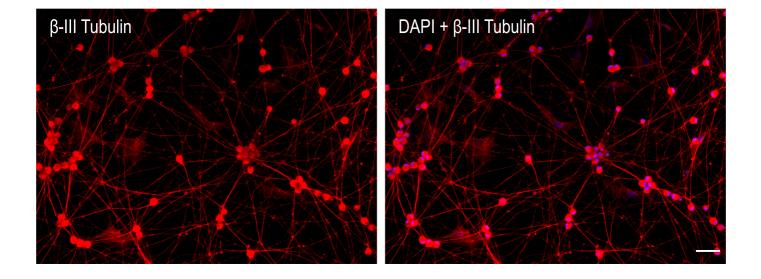
- 439 10. Nishi, R., Berg, D. K. Two Components from Eye Tissue that Differentially Stimulate the
- 440 Growth and Development of Ciliary Ganglion Neurons in Cell Culture. Journal of Neuroscience. 1,
- 441 505-513 (1981).
- 442 11. Pilar, G., Vaughan, P. C. Electrophysiological Investigations of the Pigeon iris
- Neuromuscular Junctions. *Comparative Biochemistry and Physiology B.* **29**, 51–72 (1969).
- 444 12. Landmesser, L., Pilar, G. Selective Reinnervation of Two Cell Populations in the Adult
- 445 Pigeon Ciliary Ganglion. *Journal of Physiology*. 203–216 (1970).
- 446 13. Pinto, M. J., Almeida, R. D. Puzzling Out Presynaptic Differentiation. Journal of
- 447 *Neurochemistry.* **139**, 921–942 (2016).
- 448 14. Dryer, S. E. Functional Development of the Parasympathetic Neurons of the Avian Ciliary
- 449 Ganglion: A Classic Model System for the Study of Neuronal Differentiation and Development.
- 450 *Progress in Neurobiology.* **43**, 281–322 (1994).
- 451 15. Egawa, R., Yawo, H. Analysis of Neuro-Neuronal Synapses using Embryonic Chick Ciliary
- 452 Ganglion via Single-Axon Tracing, Electrophysiology, and Optogenetic Techniques. Current
- 453 *Protocols in Neuroscience.* **87**, 1–22 (2019).
- 454 16. Pinto, M. J., Pedro, J. R., Costa, R. O., Almeida, R. D. Visualizing K48 Ubiquitination during
- 455 Presynaptic Formation by Ubiquitination-Induced Fluorescence Complementation (UiFC).
- 456 Frontiers in Molecular Neuroscience. **9**, 1–19 (2016).
- 457 17. Martins, L. F. et al. Mesenchymal Stem Cells Secretome-Induced Axonal Outgrowth is
- 458 Mediated by BDNF. Scientific Reports. 7, 1–13 (2017).
- 459 18. Nishi, R. Autonomic and Sensory Neuron. in *Methods in Cell Biology* 249–263 (1996).
- 460 19. Rojo, J. M., De Ojeda, G., Portolés, P. Inhibitory Mechanisms of 5-fluorodeoxyuridine on
- 461 Mitogen-induced Blastogenesis of Lymphocytes. *International Journal of Immunopharmacology*.
- 462 **6**, 61–65 (1984).
- 463 20. Hui, C. W., Zhang, Y., Herrup, K. Non-Neuronal Cells are Required to Mediate the Effects
- of Neuroinflammation: Results from a Neuron-Enriched Culture System. PLoS One 11, 1–17
- 465 (2016).
- 466 21. Crain, S. M., Alfei, L., Peterson, E. R. Neuromuscular Transmission in Cultures of Adult
- Human and Rodent Skeletal Muscle After Innervation in vitro by Fetal Rodent Spinal Cord. *Journal*
- 468 *of Neurobiology.* **1**, 471–489 (1970).
- 469 22. Kano, M., Shimada, Y. Innervation and Acetylcholine Sensitivity of Skeletal Muscle Cells
- Differentiated in vitro from Chick Embryo. *Journal of Cellular Physiology.* **78**, 233–242 (1971).
- 471 23. Robbins, N., Yonezawa, T. Developing Neuromuscular Juctions: First Sings of Chemical
- 472 Transmission during Formation in Tissue Culture. *Science*. **80**, 395–398 (1971).
- 473 24. Squire, L. R. Encyclopedia of Neuroscience. Encyclopedia of Neuroscience (2010).
- 474 25. Hooisma, J., Slaaf, D. W., Meeter, E., Stevens, W. F. The Innervation of Chick Striated
- 475 Muscle Fibers by the Chick Ciliary Ganglion in Tissue Culture. *Brain Research.* **85**, 79–85 (1975).
- 476 26. Morrison, B. M. Neuromuscular Diseases. Seminars in Neurology. 409–418 (2016).
- 477 27. Davies, A. M. The Trigeminal System: An Advantageous Experimental Model for Studying
- 478 Neuronal Development. *Development* **103**, 175–183 (1988).

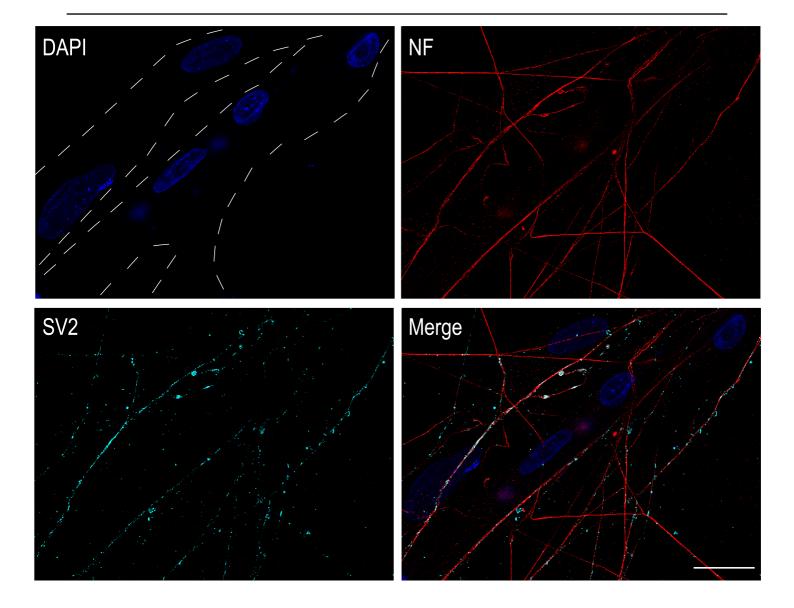












Name of Material/Equipment

5-fluoro-2'-deoxiuridina (5'-FDU)

Alexa Fluor 568-conjugated goat anti-chicken antibody

Alexa Fluor 568-conjugated goat anti-mouse antibody

Alexa Fluor 647-conjugated goat anti-mouse antibody

B27 supplement (50x), serum free

Chicken monoclonal neurofilament M

D-(+)-Glucose monohydrate

Fetal Bovine Serum (FBS), qualified, Brazil

HEPES, fine white crystals, for molecular biology

Horse Serum, heat inactivated, New Zealand origin

L-Glutamine (200 mM)

Mouse laminin I

Mouse monoclonal β-III tubulin

Mouse monoclonal SV2

Multidishes, cell culture treated, BioLite, MW24 (50x)

Neurobasal medium without glutamine

Penicillin/streptomycin (5,000 U/mL)

Phenol red, bioreagent, suitable for cell culture

Poly-D-Lysine

Potassium chloride

Potassium di-hydrogen phosphate (KH₂PO₄) for analysis, ACS

Prolong Gold Antifade mounting medium with DAPI

Puradisc FP 30mm Syringe Filter, Cellulose Acetate, 0.2µm, sterile 50/pk

Recombinant human ciliary neurotrophic factor (CNTF)

Recombinant human glial cell-derived neurotrophic factor (GDNF)

Sodium chloride for analysis, ACS, ISO

Sodium dihydrogen phosphate 2-hydrate (Na₂HPO₄·2H₂O), pure, pharma grade

Sodium Pyruvate 100 mM (100x)

Syringe without needle, 10 mL

Trypsin 1:250 powder

Company

Merck (Sigma Aldrich)

Thermo Fisher Scientific

Thermo Fisher Scientific

Thermo Fisher Scientific

Invitrogen (Gibco)

Merck (Sigma Aldrich)

VWR

Invitrogen (Gibco)

Fisher Scientific

Invitrogen (Gibco)

Invitrogen (Gibco)

Cultrex (R&D systems)

Merck (Sigma Aldrich)

DSHB

Thermo Fisher Scientific

Invitrogen (Gibco)

Invitrogen (Gibco)

Merck (Sigma Aldrich)

Merck (Sigma Aldrich)

Fluka (Honeywell Reaarch Chemicals)

Panreac Applichem

Invitrogen (Gibco)

Fisher Scientific

Peprotech

Peprotech

Panreac Applichem

Panreac Applichem

Thermo Fisher

Thermo Fisher

Invitrogen (Gibco)

Comments/Description Catalog Number F0503 A11041 A11031 A21235 17504-044 AB5735 24371.297 10270-106 10397023 26050-070 25030-081 3400-010-02 T8578 AB2315387 11874235 21103-049 15070-063 P3532 P7886 31248-1KG 131509-1000 P36935 10462200 450-13 450-10 131659-1000 141677-1000

11360039 11587292 27250-018

Response to reviewers

Revision of manuscript JoVE61431 – "Isolation and Culture of Chick Ciliary Ganglion Neurons," by Costa *et al*.

We would like to thank the editor for the suggestions to improve our video protocol. We submitted a new version of the video and we believe we have addressed all the suggested alterations.

We would also appreciate if you could consider the new version of the manuscript (uploaded in the present revision step) as we detected a mistake the funding sources. This is the only alteration that needs to be made in the manuscript and it is highlighted in grey (page 9, lines 368 and 370).

Editorial comments:

Changes to be made by the Author(s) regarding the written manuscript:

1. No changes are required.

Changes to be made by the Author(s) regarding the video:

- 1. Video Glitches:
- "• 06:05 There seems to be a video glitch here. Is this glitch in the original footage or is it only in the exported file?

We corrected the glitch.

• 07:18 Video and audio drops out here briefly as well."

We corrected the glitch.

4. Narration:

• 08:25 The line here about "collecting all ganglia to 15 mL tube" is slightly jumbled. It needs some careful editing to eliminate the repeat word "15 mL tube".

We corrected the voice-over in this section. We believe that the narration is now completely understandable.



ARTICLE AND VIDEO LICENSE AGREEMENT

Title of Article:	Isolation and Culture of Chick Ciliary Ganglion Neurons
Author(s):	Filipa J. Costa*, Marta S. Dias*, Rui O. Costa, Joana R. Pedro, Ramiro D. Almeida
	Author elects to have the Materials be made available (as described at .com/publish) via: Access
X The Auth	lect one of the following items: or is NOT a United States government employee. nor is a United States government employee and the Materials were prepared in the finis or her duties as a United States government employee.

ARTICLE AND VIDEO LICENSE AGREEMENT

Defined Terms. As used in this Article and Video License Agreement, the following terms shall have the following meanings: "Agreement" means this Article and Video License Agreement; "Article" means the article specified on the last page of this Agreement, including any associated materials such as texts, figures, tables, artwork, abstracts, or summaries contained therein; "Author" means the author who is a signatory to this Agreement; "Collective Work" means a work, such as a periodical issue, anthology or encyclopedia, in which the Materials in their entirety in unmodified form, along with a number of other contributions, constituting separate and independent works in themselves, are assembled into a collective whole: "CRC License" means the Creative Commons Attribution-Non Commercial-No Derivs 3.0 Unported Agreement, the terms and conditions of which can be found at: http://creativecommons.org/licenses/by-nc-

nd/3.0/legalcode; "Derivative Work" means a work based upon the Materials or upon the Materials and other preexisting works, such as a translation, musical arrangement, dramatization, fictionalization, motion picture version, sound recording, art reproduction, abridgment, condensation, or any other form in which the Materials may be recast, transformed, or adapted; "Institution" means the institution, listed on the last page of this Agreement, by which the Author was employed at the time of the creation of the Materials; "JoVE" means MyJove Corporation, a Massachusetts corporation and the publisher of The Journal of Visualized Experiments; "Materials" means the Article and / or the Video; "Parties" means the Author and JoVE: "Video" means any video(s) made by the Author, alone or in conjunction with any other parties, or by JoVE or its affiliates or agents, individually or in collaboration with the Author or any other parties, incorporating all or any portion

of the Article, and in which the Author may or may not appear.

- 2. **Background.** The Author, who is the author of the Article, in order to ensure the dissemination and protection of the Article, desires to have the JoVE publish the Article and create and transmit videos based on the Article. In furtherance of such goals, the Parties desire to memorialize in this Agreement the respective rights of each Party in and to the Article and the Video.
- Grant of Rights in Article. In consideration of JoVE agreeing to publish the Article, the Author hereby grants to JoVE, subject to Sections 4 and 7 below, the exclusive, royalty-free, perpetual (for the full term of copyright in the Article, including any extensions thereto) license (a) to publish, reproduce, distribute, display and store the Article in all forms, formats and media whether now known or hereafter developed (including without limitation in print, digital and electronic form) throughout the world, (b) to translate the Article into other languages, create adaptations, summaries or extracts of the Article or other Derivative Works (including, without limitation, the Video) or Collective Works based on all or any portion of the Article and exercise all of the rights set forth in (a) above in such translations, adaptations, summaries, extracts, Derivative Works or Collective Works and(c) to license others to do any or all of the above. The foregoing rights may be exercised in all media and formats, whether now known or hereafter devised, and include the right to make such modifications as are technically necessary to exercise the rights in other media and formats. If the "Open Access" box has been checked in Item 1 above, JoVE and the Author hereby grant to the public all such rights in the Article as provided in, but subject to all limitations and requirements set forth in, the CRC License



ARTICLE AND VIDEO LICENSE AGREEMENT

- 4. **Retention of Rights in Article.** Notwithstanding the exclusive license granted to JoVE in **Section 3** above, the Author shall, with respect to the Article, retain the non-exclusive right to use all or part of the Article for the non-commercial purpose of giving lectures, presentations or teaching classes, and to post a copy of the Article on the Institution's website or the Author's personal website, in each case provided that a link to the Article on the JoVE website is provided and notice of JoVE's copyright in the Article is included. All non-copyright intellectual property rights in and to the Article, such as patent rights, shall remain with the Author.
- 5. Grant of Rights in Video Standard Access. This Section 5 applies if the "Standard Access" box has been checked in Item 1 above or if no box has been checked in Item 1 above. In consideration of JoVE agreeing to produce, display or otherwise assist with the Video, the Author hereby acknowledges and agrees that, Subject to Section 7 below, JoVE is and shall be the sole and exclusive owner of all rights of any nature, including, without limitation, all copyrights, in and to the Video. To the extent that, by law, the Author is deemed, now or at any time in the future, to have any rights of any nature in or to the Video, the Author hereby disclaims all such rights and transfers all such rights to JoVE.
- 6. Grant of Rights in Video - Open Access. This Section 6 applies only if the "Open Access" box has been checked in Item 1 above. In consideration of JoVE agreeing to produce, display or otherwise assist with the Video, the Author hereby grants to JoVE, subject to Section 7 below, the exclusive, royalty-free, perpetual (for the full term of copyright in the Article, including any extensions thereto) license (a) to publish, reproduce, distribute, display and store the Video in all forms, formats and media whether now known or hereafter developed (including without limitation in print, digital and electronic form) throughout the world, (b) to translate the Video into other languages, create adaptations, summaries or extracts of the Video or other Derivative Works or Collective Works based on all or any portion of the Video and exercise all of the rights set forth in (a) above in such translations, adaptations, summaries, extracts, Derivative Works or Collective Works and (c) to license others to do any or all of the above. The foregoing rights may be exercised in all media and formats, whether now known or hereafter devised, and include the right to make such modifications as are technically necessary to exercise the rights in other media and formats. For any Video to which this Section 6 is applicable, JoVE and the Author hereby grant to the public all such rights in the Video as provided in, but subject to all limitations and requirements set forth in, the CRC License.
- 7. **Government Employees.** If the Author is a United States government employee and the Article was prepared in the course of his or her duties as a United States government employee, as indicated in **Item 2** above, and any of the licenses or grants granted by the Author hereunder exceed the scope of the 17 U.S.C. 403, then the rights granted hereunder shall be limited to the maximum

- rights permitted under such statute. In such case, all provisions contained herein that are not in conflict with such statute shall remain in full force and effect, and all provisions contained herein that do so conflict shall be deemed to be amended so as to provide to JoVE the maximum rights permissible within such statute.
- 8. **Protection of the Work.** The Author(s) authorize JoVE to take steps in the Author(s) name and on their behalf if JoVE believes some third party could be infringing or might infringe the copyright of either the Author's Article and/or Video.
- 9. Likeness, Privacy, Personality. The Author hereby grants JoVE the right to use the Author's name, voice, likeness, picture, photograph, image, biography and performance in any way, commercial or otherwise, in connection with the Materials and the sale, promotion and distribution thereof. The Author hereby waives any and all rights he or she may have, relating to his or her appearance in the Video or otherwise relating to the Materials, under all applicable privacy, likeness, personality or similar laws.
- Author Warranties. The Author represents and warrants that the Article is original, that it has not been published, that the copyright interest is owned by the Author (or, if more than one author is listed at the beginning of this Agreement, by such authors collectively) and has not been assigned, licensed, or otherwise transferred to any other party. The Author represents and warrants that the author(s) listed at the top of this Agreement are the only authors of the Materials. If more than one author is listed at the top of this Agreement and if any such author has not entered into a separate Article and Video License Agreement with JoVE relating to the Materials, the Author represents and warrants that the Author has been authorized by each of the other such authors to execute this Agreement on his or her behalf and to bind him or her with respect to the terms of this Agreement as if each of them had been a party hereto as an Author. The Author warrants that the use, reproduction, distribution, public or private performance or display, and/or modification of all or any portion of the Materials does not and will not violate, infringe and/or misappropriate the patent, trademark, intellectual property or other rights of any third party. The Author represents and warrants that it has and will continue to comply with all government, institutional and other regulations, including, without limitation all institutional, laboratory, hospital, ethical, human and animal treatment, privacy, and all other rules, regulations, laws, procedures or guidelines, applicable to the Materials, and that all research involving human and animal subjects has been approved by the Author's relevant institutional review board.
- 11. **JoVE Discretion.** If the Author requests the assistance of JoVE in producing the Video in the Author's facility, the Author shall ensure that the presence of JoVE employees, agents or independent contractors is in accordance with the relevant regulations of the Author's institution. If more than one author is listed at the beginning of this Agreement, JoVE may, in its sole



ARTICLE AND VIDEO LICENSE AGREEMENT

discretion, elect not take any action with respect to the Article until such time as it has received complete, executed Article and Video License Agreements from each such author. JoVE reserves the right, in its absolute and sole discretion and without giving any reason therefore, to accept or decline any work submitted to JoVE. JoVE and its employees, agents and independent contractors shall have full, unfettered access to the facilities of the Author or of the Author's institution as necessary to make the Video, whether actually published or not. JoVE has sole discretion as to the method of making and publishing the Materials, including, without limitation, to all decisions regarding editing, lighting, filming, timing of publication, if any, length, quality, content and the like.

12. Indemnification. The Author agrees to indemnify JoVE and/or its successors and assigns from and against any and all claims, costs, and expenses, including attorney's fees, arising out of any breach of any warranty or other representations contained herein. The Author further agrees to indemnify and hold harmless JoVE from and against any and all claims, costs, and expenses, including attorney's fees, resulting from the breach by the Author of any representation or warranty contained herein or from allegations or instances of violation of intellectual property rights, damage to the Author's or the Author's institution's facilities, fraud, libel, defamation, research, equipment, experiments, property damage, personal injury, violations of institutional, laboratory, hospital, ethical, human and animal treatment, privacy or other rules, regulations, laws, procedures or guidelines, liabilities and other losses or damages related in any way to the submission of work to JoVE, making of videos by JoVE, or publication in JoVE or elsewhere by JoVE. The Author shall be responsible for, and shall hold JoVE harmless from, damages caused by lack of sterilization, lack of cleanliness or by contamination due to

the making of a video by JoVE its employees, agents or independent contractors. All sterilization, cleanliness or decontamination procedures shall be solely the responsibility of the Author and shall be undertaken at the Author's expense. All indemnifications provided herein shall include JoVE's attorney's fees and costs related to said losses or damages. Such indemnification and holding harmless shall include such losses or damages incurred by, or in connection with, acts or omissions of JoVE, its employees, agents or independent contractors.

- 13. Fees. To cover the cost incurred for publication, JoVE must receive payment before production and publication of the Materials. Payment is due in 21 days of invoice. Should the Materials not be published due to an editorial or production decision, these funds will be returned to the Author. Withdrawal by the Author of any submitted Materials after final peer review approval will result in a US\$1,200 fee to cover pre-production expenses incurred by JoVE. If payment is not received by the completion of filming, production and publication of the Materials will be suspended until payment is received.
- 14. Transfer, Governing Law. This Agreement may be assigned by JoVE and shall inure to the benefits of any of JoVE's successors and assignees. This Agreement shall be governed and construed by the internal laws of the Commonwealth of Massachusetts without giving effect to any conflict of law provision thereunder. This Agreement may be executed in counterparts, each of which shall be deemed an original, but all of which together shall be deemed to me one and the same agreement. A signed copy of this Agreement delivered by facsimile, e-mail or other means of electronic transmission shall be deemed to have the same legal effect as delivery of an original signed copy of this Agreement.

Ramin Almeid