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# Magnetic-, acoustic-, and optical-triple-responsive microbubbles for magnetic hyperthermia and pothotothermal combination cancer therapy

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1 TITLE:

> Magnetic-, Acoustic-, and Optical-Triple-Responsive Microbubbles for Magnetic Hyperthermia and Photothermal Combination Cancer Therapy

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#### **KEYWORDS:**

magnetic microbubbles, ultrasound, magnetic hyperthermia, photothermal therapy, iron oxide nanoparticles, microbubble

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#### **SUMMARY:**

Presented here is a protocol for the fabrication of iron oxide nanoparticle-shelled microbubbles (NSMs) through self-assembly, synergizing magnetic, acoustic, and optical responsiveness in one nanotherapeutic platform for magnetic hyperthermia and photothermal combination cancer therapy.

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#### **ABSTRACT:**

The precision delivery of anti-cancer agents which aim for targeted and deep-penetrated delivery as well as a controlled release at the tumor site has been challenged. Here, we fabricate iron oxide nanoparticle shelled microbubbles (NSMs) through self-assembly, synergizing magnetic, acoustic, and optical responsiveness in one nanotherapeutic platform. Iron oxide nanoparticles serve as both magnetic and photothermal agents. Once intravenously injected, NSMs can be magnetically guided to the tumor site. Ultrasound triggers the release of iron oxide nanoparticles, facilitating the penetration of nanoparticles deep into the tumor due to the cavitation effect of microbubbles. Thereafter, magnetic hyperthermia and photothermal therapy can be performed

on the tumor for combinational cancer therapy, a solution for cancer resistance due to the tumor heterogeneity. In this protocol, the synthesis and characterization of NSMs including structural, chemical, magnetic and acoustic properties were performed. In addition, the anti-cancer efficacy by thermal therapy was investigated using in vitro cell cultures. The proposed delivery strategy and combination therapy holds great promise in cancer treatment to improve both delivery and anticancer efficacies.

#### **INTRODUCTION:**

Cancer is one of the deadliest diseases, causing millions of deaths every year worldwide and huge economic losses<sup>1</sup>. In clinics, conventional anticancer therapies, such as surgical resection, radiotherapy, and chemotherapy still cannot provide a satisfactory therapeutic efficacy<sup>2</sup>. Limitations of these therapies are high toxic side effects, high recurrence rate and high metastasis rate<sup>3</sup>. For example, chemotherapy is suffered from the low delivery efficiency of chemo drugs precisely to the tumor site<sup>4</sup>. The inability of drugs to penetrate deep into the tumor tissue across the biological barriers, including extracellular matrix and high tumor interstitial fluid pressure, is also responsible for the low therapeutic efficacy<sup>5</sup>. Besides, the tumor resistance usually happens in the patients who received treatment by single chemotherapy<sup>6</sup>. Therefore, techniques where thermal ablation of tumor occurs, such as photothermal therapy (PTT) and magnetic hyperthermia therapy (MHT), have shown promising results to reduce tumor resistance and have been emerging in clinical trials<sup>7-9</sup>.

PTT triggers thermal ablation of cancer cells by the action of photothermal conversion agents under the irradiation of the laser energy. The generated high temperature (above 50 °C) induces complete cell necrosis<sup>10</sup>. Very recently, iron oxide nanoparticles (IONPs) were demonstrated to be a photothermal conversion agent that can be activated by near-infrared (NIR) light<sup>11</sup>. Despite the low molar absorption coefficient in the near infrared region, IONPs are candidates for lowtemperature (43 °C) photothermal therapy, a modified therapy to reduce the damage caused by heat exposure to normal tissues and to initiate antitumor immunity against tumor metastasis<sup>12</sup>. One of the limitations of PTT is the low penetration depth of the laser. For deep seated tumors, alternating magnetic field (AFM) induced heating of iron oxide nanoparticles, also called magnetic hyperthermia, is an alternative therapy for PTT<sup>13,14</sup>. The main advantage of MHT is the high penetration of magnetic field<sup>15</sup>. However, the required relatively high concentration of IONPs remains a major disadvantage for its clinical application. The delivery efficiency of nanomedicine (or nanoparticles) to solid tumors in animals has been 1-10% due to a series of obstacles including circulation, accumulation, and penetration 16,17. Therefore, a controlled and targeted IONPs delivery strategy with the ability to achieve high tissue penetration is of great interest in cancer treatment.

Ultrasound mediated nanoparticle delivery has shown its ability to facilitate the penetration of nanoparticles deep into the tumor tissue, due to the phenomenon called microbubble cavitation  $^{18,19}$ . In the present study, we fabricate IONPs shelled microbubbles (NSMs) through self-assembly, synergizing magnetic, acoustic, and optical responsiveness in one nanotherapeutic platform. The NSM contains an air core and a shell of iron oxide nanoparticles, with a diameter of approximately 5.4  $\mu$ m. The NSMs can be magnetically guided to the tumor site. Then the

release of IONPs is triggered by ultrasound, accompanied by microbubble cavitation and microstreaming. The momentum received from the microstreaming facilitates the penetration of IONPs into the tumor tissue. The PTT and MHT can be achieved by NIR laser irradiation or AFM application, or with the combination of both.

9394 **PROTOCOL:** 

All animal experiments were performed in accordance with the protocols approved by the OG Pharmaceutical guidelines for Animal Care and Use of Laboratory Animals. The protocols followed the guidelines of Ethics Committee for laboratory animals of OG Pharmaceutical.

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#### 1. Nanoparticle shelled microbubbles (NSMs) synthesis

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1.1. Disperse magnetic nanoparticles (Fe₃O₄, iron oxide) in deionized water to form a 10 mg/mL stock solution.

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104 1.2. Place the tube containing the IONPs solution in an ultrasonic cleaning machine for 20 min.
105 Obtain a uniformly dispersed IONPs solution before use.

106

107 1.3. Add 150 μL of deionized water, 150 μL of 10 mM sodium dodecyl sulfate (SDS), and 400 μL of a stock solution of IONPs from step 1.1. in 1.5 mL centrifuge tube.

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110 1.4. Fix the homogenizer with a scaffold in an ice bath.

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112 1.5. Place the tube of the mixture in an ice bath and position the homogenizer probe precisely to be immersed in the mixture solution.

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115 1.6. Adjust the homogenizer speed to 20,000 rpm and turn on the homogenizer for 3 min.

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117 1.7. Turn off the homogenizer and remove the tube from the ice bath.

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119 1.8. Place the tube to the tube rack for 12 h stabilization at room temperature.

120

121 1.9. Adsorb the resulted NSMs to the tube wall by a magnet and remove the supernatant. Then replenish with 1 mL of fresh deionized water.

123

1.10. Repeat the wash process for three times and re-suspend NSMs in 1 mL of fresh distilled water.

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127 1.11. Transfer 10 μL of NSMs suspension to a clean glass slide after slightly shaking.

128

129 1.12. Use a fluorescence microscope at 20x magnification to visualize NSMs morphology. Ensure taking photos at random area.

131

132 1.13. Measure the diameter of the NSMs from the photos using an open access Nano Measurer

133 1.2 software. Count at least 200 microbubbles.

135 1.13.1. Click "File" and "Open" to select the image file to be processed. After the image is imported, press the "ruler". Draw a red line with the same length as the ruler.

1.13.2. Then press "Settings" | "Ruler" and enter the length of the ruler. Draw lines of the same lengths as the diameters of the individual microbubbles in the image. Complete all the measurements, then click on "Report" | "View Report".

#### 2. Acoustic response of NSMs

2.1. Dilute 200 μL of NSMs with 800 μL deionized water, then transfer into a 1.5 mL centrifuge tube to form a stock solution.

2.2. Connect the function generator, amplifier, impedance matching, and homemade focused transducer. Place the transducer in the center at the bottom of the artificial cuboid sink and connect the hydrophone with an oscilloscope to monitor the output ultrasound intensity (**Figure 1**). Add deionized water into the sink to immerse the transducer.

2.3. Adjust the function generator to the sweep mode, tune the frequency range from 10 kHz to 900 kHz and set the amplitude to 20 Vpp (Voltage peak-peak). Adjust the power of ultrasound to 0.1% by the amplifier. Each cycle's duration is 4 s with a time interval of 1 s.

NOTE: The peak negative pressure of the ultrasound pulses is < 0.4 bar or 4 MPa.

2.4. Prepare 1 mL NSMs stock solution samples in the tube and fix the tube with a scaffold on the top of the homemade focused transducer. Attach the magnet to the bottom of the tube and attract the NSMs.

2.5. Turn on the power of the function generator and the amplifier. Switch off the function generator after application of 5 cycles (25 s) of ultrasound. Remove the magnet and collect 1 mL of the solution containing the released IONPs. Add 1 mL of deionized water to the centrifuge tube.

2.6. Repeat step 2.5. until NSMs in the tube collapse completely.

2.7. Quantify all the released IONPs by the inductively coupled plasma optical emission spectrometry (ICP-OES) as described previously<sup>13</sup>.

#### 3. Optical response of NSMs

NOTE: In this work, a laser system containing 808 nm laser power and an infrared thermal imaging camera previously described by Xu et al. is utilized<sup>20</sup>.

- 177 3.1. Laser system preparation
- 178
- 179 3.1.1. Turn on the power supply of the laser and allow it to warm for several minutes. Fix a fiber coupled 808 nm laser diode on a retort stand.

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182 3.1.2. Direct the laser beam to the sample stage through an optical fiber and focus on the sample stage to achieve a 6 mm light spot (in diameter) by a convex lens.

184

3.1.3. Measure the power output with a laser power meter and adjust the power to 1 W/cm<sup>2</sup>.

186

3.1.4. Fix the infrared thermal imaging camera on the tripod. Turn on the camera and check the if working (e.g., monitor the focused region of interest (ROI) temperature). Turn off the power supply and the infrared thermal imaging camera.

190

191 3.2. Photothermal measurement in aqueous solution

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193 3.2.1. Prepare the 1 mL sample at different IONPs concentration (1.05 mg/mL, 1.35 mg/mL, 3.65 mg/mL, 5 mg/mL) in a 1.5 mL centrifuge tube.

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3.2.2. Place the tube of interest at the focused region of the laser beam and record the baseline
 temperature of the sample.

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3.2.3. Turn on the laser power and the infrared thermal imaging camera and irradiate the sample
 for 10 min continuously. At the same time, record the temperature in real time.

201

3.2.4. Turn off the laser power and infrared thermal imaging camera after 10 min of irradiation.
 Wait for the temperature of the region to return to the baseline.

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3.2.5. Repeat 3.2.2 to 3.2.4 for the measurement of other samples.

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NOTE: Use deionized water at 20 °C as a control for the photothermal measurement.

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3.3. Photothermal measurement in cultured cells

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NOTE: Murine breast cancer cells (4T1) were selected as a model to investigate the inhibition effect by photothermal treatment.

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3.3.1. Feed the cells with Roswell Park Memorial Institute-1640 (RPMI-1640) medium supplemented with 10% fetal bovine serum (FBS) and 1% penicillin. Set the culturing environment as 37 °C and 5% CO<sub>2</sub>.

217

3.3.2. Culture 4T1 cells in T25 flasks and passage the cells in a 1:2 ratio when 90% confluence is reached.

NOTE: The subculture ratio can be adjusted according to the specific cell conditions in different labs.

223

3.3.3. Remove and discard the culture medium. Rinse the cell layer with 1x PBS solution to remove the residual serum containing trypsin inhibitor.

226

3.3.4. Add 2 mL of Trypsin-EDTA solution (0.25%) to the flask for detachment. Then add 3 mL of 1640 medium and aspirate cells by gently pipetting.

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3.3.5. Collect 5 mL of the cell suspension and centrifuge at 500 x q for 3 min.

231

3.3.6. Remove the supernatant and add 1 mL of fresh 1640 medium to form a cell suspension.

233

- 3.3.7. Add 100 μL of the cell suspension to a confocal dish containing 1 mL of the culture medium.
- Ensure that the concentration of cell suspension is  $9 \times 10^5$ /mL, and the final cell concentration in cell culture confocal dish is  $8.1 \times 10^4$ /mL.

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3.3.8. Place the inoculated cell culture confocal dish in an incubator for 24 h.

239

3.3.9. Dilute different concentration (1.05 mg/mL, 1.35 mg/mL, 3.65 mg/mL, 5 mg/mL) of the IONPs sample to make 1 mL solution with serum-free 1640 medium.

242

3.3.10. Aspirate the culture medium from the confocal dish and add the prepared sample solution.

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3.3.11. Turn on the laser power. Focus the laser beam at the center of the dish and adjust the output power to 1 W/cm<sup>2</sup>. Turn on the infrared thermal imaging camera, irradiate the cells in the confocal dish for 10 min continuously. Record the temperature in real time for the focused region.

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3.3.12. Turn off the laser and infrared thermal imaging camera. Transfer the irradiated dish to the incubator for another 24 h.

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3.3.13. Remove and discard the culture medium, add 1 mL of the fresh culture medium in the confocal dish. Add 5  $\mu$ L of Calcein-AM solution (1 mg/mL) into the dish.

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3.3.14. Incubate the confocal dish at 37 °C and 5% CO $_2$  for 15 min. Rinse the cell layer with 1x PBS solution twice.

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3.3.15. Observe and image the cells by a confocal fluorescence microscope with an excitation wavelength of 488 nm and an emission wavelength of 500-540 nm.

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3.3.16. Choose 5 areas in the confocal images randomly and count the number of live 4T1 cells in each area manually. Quantify the viability of 4T1 cells by comparing the number of live cells in

all experimental groups with the control group.

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NOTE: Use the serum-free 1640 medium at 20 °C as a control for the photothermal measure. Use the sample without laser irradiation as cell viability control group.

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3.4. Photothermal measurement in vivo

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3.4.1. Prepare 3 of 8-week-old ICR male mice with a mean weight of 25  $\pm$  2 g.

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3.4.2. Add 2 g of gelatin powder to 20 mL of deionized water. Heat the solution to 40 - 50 °C, dissolve the gelatin gel completely to form a transparent and clear solution.

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277 3.4.3. Add 100 mg IONPs to the solution from 3.4.2.

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3.4.4. Heat the gel to 40 - 50 °C, immediately inject 500  $\mu$ L of the gelatin solution into the right breast pad of the mouse.

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3.4.5. Turn on the laser power and focus the laser beam at the interest region (right breast pad of the mice). Adjust the output power to 1 W/cm<sup>2.</sup> Turn on the infrared thermal imaging camera, irradiate the interest region for 10 min continuously. Record the temperature of the region of interest in real time.

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3.4.6. Turn off the laser and infrared thermal imaging camera.

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3.4.7. Euthanize mice by CO<sub>2</sub> asphyxiation and cervical vertebra dislocation or any method approved by the Institute's animal research committee.

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4. Magnetic hyperthermia measurement

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NOTE: Here, a magnetic hyperthermia system previously described by Wu et al. is utilized <sup>(21)</sup>.

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4.1. Prepare a magnetic hyperthermia system include an alternating magnetic field (AFM) generator and an infrared thermal imaging camera.

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4.1.1. Turn on the chiller for 10 min and then power on the moderate radio frequency heating machine (i.e., AFM generator).

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4.1.2. Set the parameters of the machine as follows: frequency (f) = 415 kHz, magnetic field intensity = 1.8 kA/m.

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4.2. Magnetic hyperthermia measurement in aqueous solution

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307 4.2.1. Prepare 1 mL of the sample at different IONPs concentration (1.05 mg/mL, 1.35 mg/mL, 308 3.65 mg/mL, 5 mg/mL) in a 1.5 mL centrifuge tube.

Induce the sample for 10 min continuously and record the temperature in real time. NOTE: The camera is located at the top of the sample, supplying a cross-sectional view of the sample. 4.2.4. Turn off the AFM and the infrared thermal imaging camera. Wait for the temperature of the copper coil to come back to the baseline for 10 min. NOTE: Be careful of high temperature, avoid direct contact with hands and wait for cooling before removing samples. 4.2.5. Repeat 4.2.2 to 4.2.4 for the measurement of the other samples. 4.2.6. Power off the moderate radio frequency heating machine (AFM) and chiller. NOTE: Use the deionized water at 20 °C as a control for magnetic hyperthermia measurement. 4.3. Magnetic hyperthermia measurement in vivo 4.3.1. Prepare 3 of 8-week-old ICR male mice with a mean weight of 25  $\pm$  2 g. 4.3.2. Prepare 20 mL of 10 % gelatin gel containing 5 mg/mL IONPs solution. 4.3.3. Heat the gelatin gel to 40 - 50 °C, immediately inject 500 μL of the gelatin solution into the right breast pad of the animal. NOTE: Magnetic-induced hyperthermia experiments were conducted with the heating machine using the same parameters as the in vitro test. 4.3.4. Turn on the alternating magnetic field (AFM) and the infrared thermal imaging camera. Place the right breast pad of the mice in the center of a water-cooled magnetic induction copper coil. 4.3.5. Turn on the infrared thermal imaging camera, image the interest region (right breast pad of the mice) for 10 min continuously and record the temperature of the interest region in real time. 4.3.6. Turn off the power switch of the machine and infrared thermal imaging camera after 10 min of induction. Wait for the temperature of the copper coil to return to the baseline for 10 min. 

4.2.2. Place the tube in the center of a water-cooled magnetic induction copper coil.

4.2.3. Turn on the alternating magnetic field (AFM) and the infrared thermal imaging camera.

4.3.7. Repeat 4.3.4 to 4.3.6 for the measurement of other samples.

4.3.8. Power off the moderate radio frequency heating machine (AFM) and chiller.

NOTE: Be careful of high temperature, avoid direct contact with hands and wait for cooling before removing samples.

4.3.9. Euthanize mice by  $CO_2$  asphyxiation and cervical vertebra dislocation or any method approved by the Institute's animal research committee.

#### **REPRESENTATIVE RESULTS:**

The triple-responsive nanoparticle-shelled microbubbles (NSMs) used in this study were prepared by agitating the mixture of the surfactant and IONPs. The IONPs (50 nm) self-assembled at the interface of liquid and gas core, to form a densely packed magnetic shell. The morphology of NSMs is shown in **Figure. 1A**. The resulted NSMs presented a spherical shape and with an average diameter of  $5.41 \pm 1.78~\mu m$  (**Figure 1B**). The results indicated the NSMs were prepared successfully. When stored in water, the microbubbles remained intact for more than 1 year, and were stable in buffers and cell culture medium for at least 10 days<sup>19</sup>. As shown in **Figure 1D**, a stepwise release of Fe was achieved with increasing the number of cycles of applied ultrasound. After 10 cycles, approximately 20% of Fe were released. Until 50 ultrasound cycles, the amount of released Fe reached a plateau to around 80%. These results suggested the on-demand release of IONPs by an external ultrasound trigger.

IONPs-mediated photothermal measurement in aqueous solution is shown in **Figure 2**. The temperature of IONPs increased rapidly with increasing irradiation time as shown in **Figure 2A,B**. A 30 °C increase of temperature could be achieved when being exposed to a NIR laser (808 nm,1 W/cm<sup>2</sup>) for 10 min at the Fe concentration of 5 mg/mL.

The heat generated by PTT could kill the cancer cells. The viability of 4T1 cell by PTT was evaluated by NIR laser (808 nm, 1 W/cm²) treatment for 10 min. As shown in **Figure 3A**,**B**, in comparison with the control group, there was no difference in the morphology and live cell number when incubated with a high concentration of Fe (5 mg/mL), suggesting the good bioavailability of IONPs. Once irradiated by NIR laser, cells became round shape, indicating apoptosis. The quantification of the live cell number, i.e., the viability of cells is shown in **Figure 3C**. The cells incubated with high IONPs concentration (3.65 mg/mL and 5 mg/mL) under NIR irradiation had the highest death rate, which is around 80% and 100% respectively. The low IONPs concentration (1.025 mg/mL and 1.35 mg/mL) treated group showed a similar killing efficiency as approximately 40%. The results demonstrate that the photothermal effect of NSMS can effectively treat cancer.

As shown in **Figure 4A**,**B**, the temperature of the gelatin injection area rapidly increased by about 20 °C after 5 min of NIR irradiation. The real surface temperature of the area of interest in mice could be reached to around 57 °C. As shown in **Figure 5**, when exposed to the AFM, the thermal imaging of different concentrations of IONPs (1.05 mg/mL, 1.35 mg/mL, 3.65 mg/mL, 5 mg/mL) were monitored by an infrared thermal camera (**Figure 5A**), and the elevated temperature curves

were recorded and plotted at different time intervals (**Figure 5B**). Among them, the 1.35 mg/mL, 3.65 mg/mL and 5 mg/mL IONPs could quickly heat the solution and increase the temperature (20 °C, 30 °C, 40 °C, respectively) after 10 min of induction. The results demonstrate an alternating magnetic field response characteristic of NSMS.

In the in vivo magnetic hyperthermia experiment, mice were exposed to AFM at the frequency of 415 kHz and the magnetic amplitude of 1.8 kA/m for 10 min. The heating process was monitored by an infrared thermal imaging camera in real time (**Figure 6A, 6B**). Significant temperature changes of the area of interest were observed (**Figure 6**). The temperature increased rapidly with time, with an increment of 50 °C for 10 min of induction.

#### FIGURE AND TABLE LEGENDS:

- Figure 1: Characterization and controlled IONPs release of the NSMs. (A) Representative bright-field microscopy image of NSMs. Scale bar:  $20 \mu m$ . (B) The diameter distribution of the NSMs, n = 200. (C) The diagram of ultrasonic equipment used in the experiment. (D) Cumulative release profiles of IONPs from NSMs under ultrasound stimulation (< 0.4 bar or 4 MPa).
- Figure 2: IONPs-mediated photothermal measurement in aqueous. (A) Infrared thermal images of different concentrations of IONPs after 10 min of laser irradiation at 808 nm for 1 W/cm<sup>2</sup>. (B)
  Typical temperature elevation curves of different concentrations of IONPs (808 nm, 1 W/cm<sup>2</sup>, 10 min).
  - Figure 3: IONPs-mediated photothermal measurement in 4T1 cells. (A) Confocal fluorescence microscopy images of live 4T1 cells after 24h incubation with different concentrations of IONPs (stained with Calcein-AM, green). NIR treated cells were exposed to the 808 nm laser for 10 min (1  $\text{W/cm}^2$ ). Scale bar: 50  $\mu$ m. (B) Typical temperature elevation curves of different concentrations of IONPs treated 4T1 cells for 10 min of NIR irradiation (1  $\text{W/cm}^2$ ). (C) Quantification of the viability of 4T1 cells incubated with IONPs at different concentrations with or without NIR treatment.
  - **Figure 4: IONPs-mediated photothermal measurement in vivo. (A)** Infrared thermal images of the interest region of the mouse exposed to the NIR laser (808 nm, 1 W/cm², 10 min) captured at different time intervals. **(B)** Elevated temperature curves at different time intervals after NIR laser (808 nm, 1 W/cm², 10 min) treatment.
  - Figure 5: IONPs-mediated magnetic hyperthermia measurement in aqueous. (A) Infrared thermal images of different concentrations of IONPs solution under the AFM at the frequency of 415 kHz and the magnetic amplitude of 1.8 kA/m for 10 min. (B) Typical temperature curves of different concentrations of IONPs solution under the AFM at the frequency of 415 kHz and the magnetic amplitude of 1.8 kA/m.
  - **Figure 6: IONPs-mediated magnetic hyperthermia in vivo. (A)** Infrared thermal images of the interest region of the mice captured at different time intervals under the AFM at the frequency of 415 kHz and the magnetic amplitude of 1.8 kA/m for 10 min. **(B)** Elevated temperature curves

at different time intervals under AFM at the frequency of 415 kHz and the magnetic amplitude of 1.8 kA/m.

#### **DISCUSSION**:

Here, we presented a protocol of fabricating iron oxide nanoparticle shelled microbubbles (NSMs) through self-assembly, synergizing magnetic, acoustic, and optical responsiveness in one nanotherapeutic platform. The IONPs were densely packed around the air core to form a magnetic shell, which can be controlled by the external magnetic field for targeting. Once delivered, the release of IONPs can be achieved by ultrasound trigger. The released IONPs can be activated by both NIR light and AFM for PTT and MHT, or the combination of both.

During the whole protocol, the synthesis steps of NSMs play an important role, which is the basis of the whole protocol. At the same time, the controlled release of IONPs in vitro validated the acoustic response of NSMs. The protocol of photothermal measurement in aqueous solution and magnetic hyperthermia measurement in aqueous solution also validated the magnetic and optical response of NSMs respectively.

In order to prepare the NSMs successfully, the solution of IONPs must be sonicated for 20 min before use to ensure the even dispersion of IONPs in the water. When the agitation was performed, the homogenizer probe must be immersed in the solution completely. When studying acoustic response of NSMs, the sample tube must be placed on the top of the transducer directly and attract the NSMs to the bottom of the tube by the magnet to prevent the attenuation of the ultrasound intensity. Besides, if the temperature increase was not significant during the photothermal measurement or magnetic hyperthermia measurement, it may because the sample was neither in the focus of the laser beam nor in the center of a water-cooled magnetic induction copper coil.

It should be noted that the protocol still has some limitations. For example, although the mean diameter of the prepared NSMs was similar to the diameter of some clinically used microbubbles<sup>22</sup> (for ultrasound imaging), however, the uniformity of NSMs size needs to be improved. In addition, the circulation of NSMs in blood should be improved by modification of the microbubble surface. Apart from this, synergizing therapy has not been verified in vivo, and the therapeutic efficacy in vivo is still unknown.

The proposed IONPs delivery strategy not only achieve the on-demand release of IONPs but also promote the penetration of IONPs into the tumor tissue. Currently, the increased interstitial fluid pressure in the tumor and the dense tumor stroma greatly limit the nanoparticle delivery efficiency<sup>5</sup>. Therefore, this protocol provides a tissue penetrating strategy for nanomedicine delivery and is of great interest in cancer treatment.

We also demonstrated that IONPs-mediated PTT and MHT are effective both in vitro and in vivo. The results showed that the IONPs had a good photothermal conversion and magnetic thermal conversion abilities and might ablate tumor efficiently. The combination of the both PTT and MHT were sufficient to ensure complete cancer cell death and improve anticancer efficacies. In the

future, dual thermal therapy (i.e., PTT and MHT) by NSMs will provide a new option for the treatment of deep-seated solid tumor in clinics.

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#### **DISCLOSURES:**

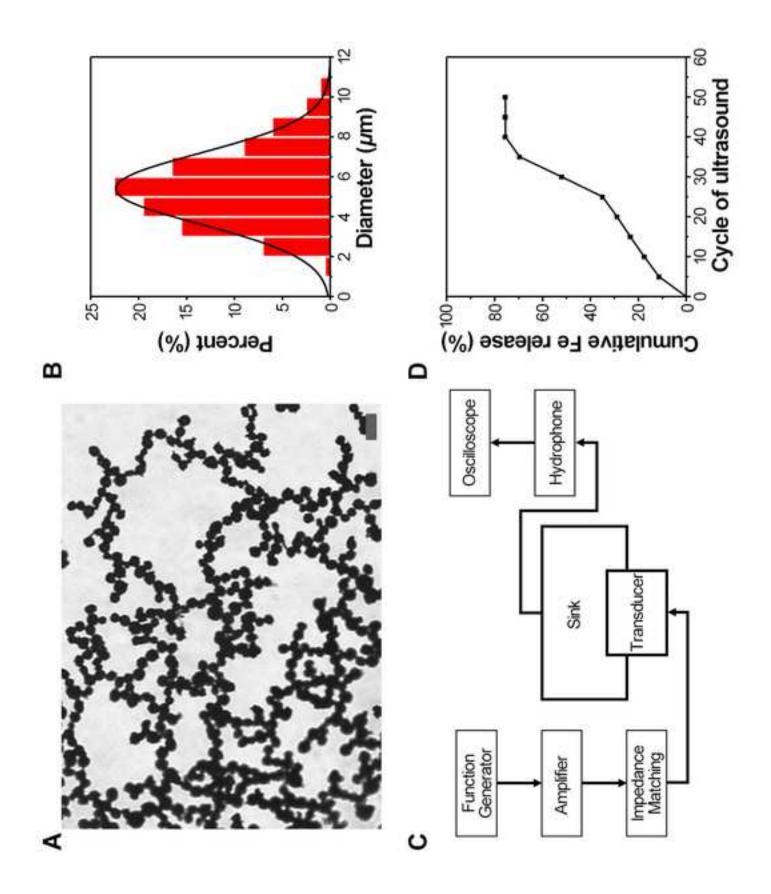
493 The authors have nothing to disclose.

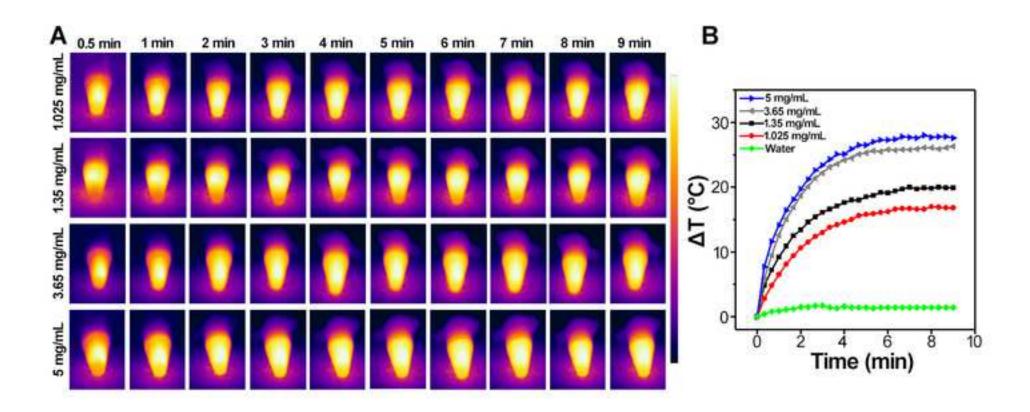
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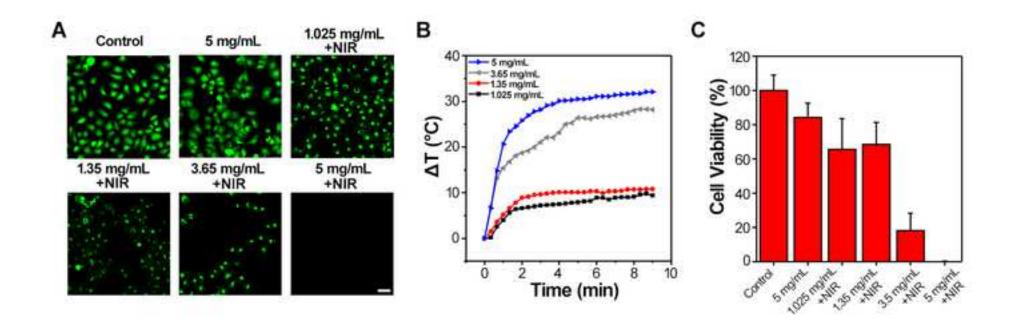
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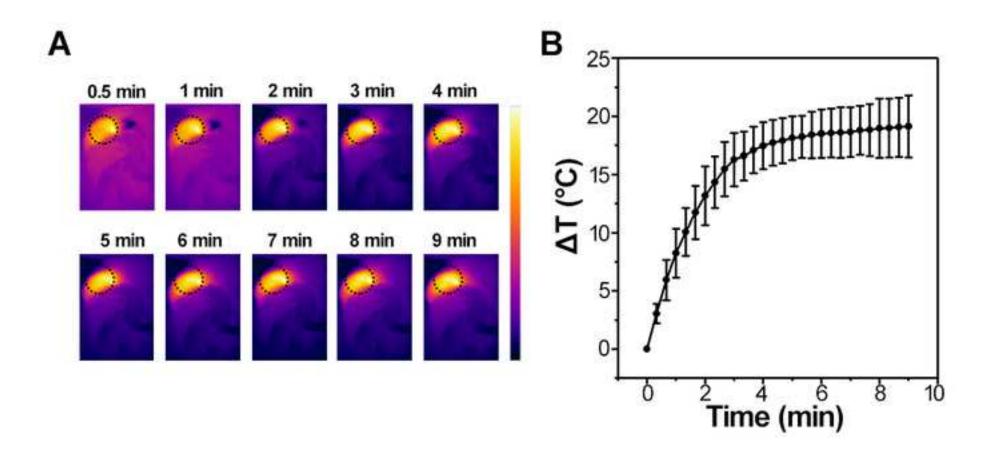
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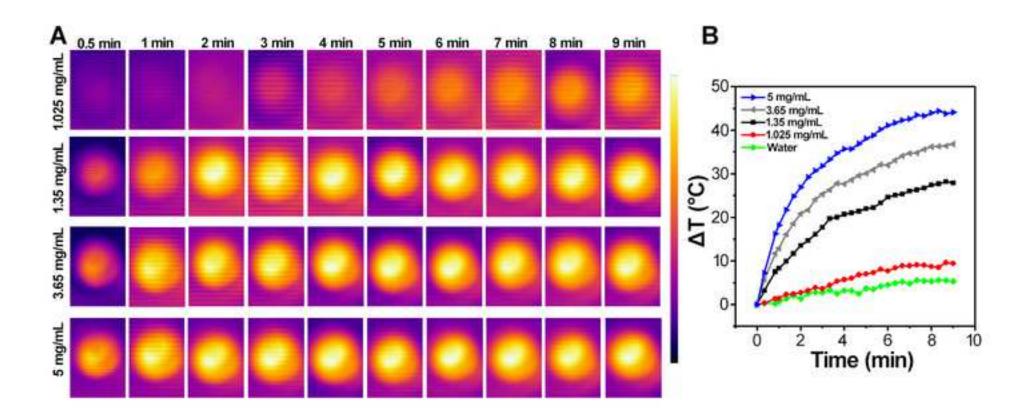
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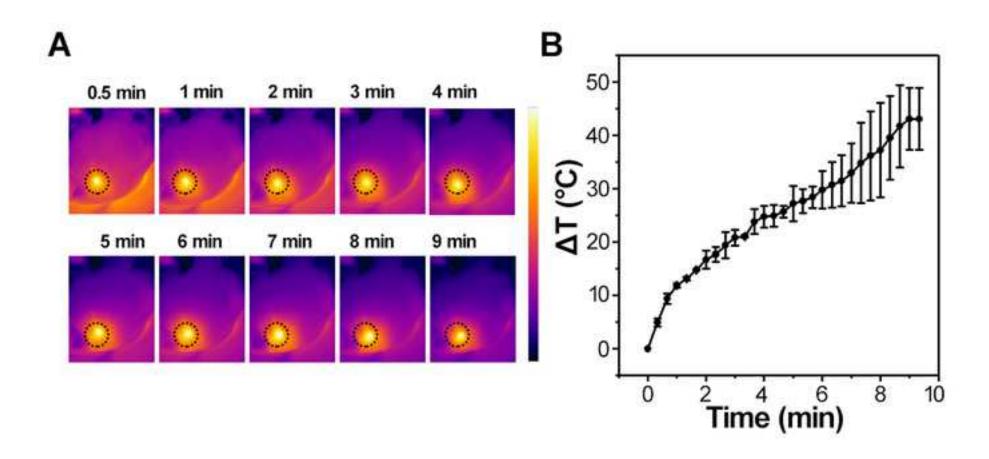








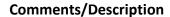




## Name of Material/ Equipment 808 nm laser power Calcein-AM Fetal bovine serum Fluorescence Microscope Function generator Gelatin gel Heating machine Homemade focused transducer Homogenizer Hydrophone ICR male mice Inductively coupled plasma optical emission spectrome Infrared thermal imaging camera. Iron(II,III) oxide Laser power meter Oscilloscope **RF Power Amplifier** Roswell Park Memorial Institute-1640

Sodium dodecyl sulfate

Company	Catalog Number		
Changchun New Industries Optoelectronics Tech	MDL-F-808-5W-18017023		
Thermo Fisher SCIENTIFIC	C3099		
Invitrogen	16000-044		
Olympus	IX71		
Keysight	33500B series		
Sigma	9000-70-8		
Shuangping	SPG-06- II		
SCILOGEX	D-160		
T&C	NH1000		
OG Pharmaceutical. Co. Ltd			
PerkinElmer			
FLIR	E50		
Alfa Aesar	1317-61-9		
Changchun New Industries Optoelectronics Tech			
Keysight	DSOX3054T		
T&C	AG1020		
KeyGEN BioTECH	KGM31800		
Sigma	151-21-3		



20 MHz, 2 channels with arbitrary waveform generation capability

Frequency=855, R-X=36.2 $\Omega$ +5.8 $\Omega$ , |Z|– $\theta$  =37 $\Omega$ +8 $^{\circ}$ 

8000-30000 rpm

8-week-old

50-100nm APS Powder

Bandwidth 500 MHz, Sampling Rate 5 GS/S, 4 channels

The signal source can also be connected to an external signal source. The gain can be adjusted from 0 to 100%. It has multiple

#### **Editorial comments:**

- 1. The editor has formatted the manuscript to match the journal's style. Please retain.
- 2. Please address specific comments marked in the manuscript.
- 3. Please ensure you answer the how question how is this done, for each step
- 4. Once done please ensure that the protocol length is no more than 10 pages and the highlight is no is more than 2.75 including headings and spacings. Some of the shorter steps can be combined to have 2-3 actions per step.

#### **Specific Comments**

1. The manuscript needs a thorough proofreading. (Line 1)

**Answers:** We have proofread the manuscript carefully. Corrections were made in the revised manuscript.

2. How is this done – not shown in the protocol. Iron oxide Microbubbles as Hyperthermia and Photothermal Combination Therapy for Cancer. (Line 2)

**Answers:** In the protocol, we focused on the synthesis of nanoparticle-shelled microbubbles (NSMs) with the responses to optical, magnetic and ultrasonic triggers. The acoustic response of microbubbles was shown in part 2 (Acoustic response of NSMs), the optical response of NSMs was shown in Part 3 (Optical response of NSMs), and the magnetic response was shown in part 4 (Magnetic hyperthermia measurement). Ideally, the animal tumor model can be intravenously injected with NSMs, followed by magnetic targeting, ultrasound triggered release, and treatment by magnetic hyperthermia and photothermal therapy. However, in this protocol we only show their responses to the three external triggers in independent experiments respectively.

- 3. Please clearly explain this part in the protocol how is this done? (Line39-40) **Answers:** The NSM used in the present protocol contains a gas core and a shell of IONPs. The acoustic response of microbubbles and the dual responses (i.e. magnetic and optical responses) of IONPs are retained. Therefore, we called the NSMs as the triple-responsive nanotherapeutic platform. As we mentioned, ideally, , the animal tumor model can be intravenously injected with NSMs, followed by magnetic targeting, ultrasound triggered release, and treatment by magnetic hyperthermia and photothermal therapy. However, in this protocol we only show their responses to the three external triggers in independent experiments respectively.
- 4. Please ensure all the steps are written in imperative tense. Please ensure you include the answer to the how question in each step: How is this step done. For this please include button clicks, knob turns etc. (Line 94)

**Answers:** Thank you for your suggestion. We have checked and revised the protocol carefully. All the steps are written in imperative tense.

5. Please move this part to the table of materials. Also ethics approval needs to be obtained from the university where the experiments are being performed.... your own

university and not from where you purchased it. (Line 95)

**Answers:** We have moved this part (the vendor of the animals) to the table of materials. For the ethics approval, there is no animal ethic committee in our university. Therefore, we commissioned OG Pharmaceutical to perform the animal experiments and All animal experiments were performed in accordance with the protocols approved by the OG Pharmaceutical guidelines for Animal Care and Use of Laboratory Animals.

6. Please use this formatting throughout. (Line 102)

**Answers:** We have revised the formatting in the manuscript.

7. How is this done? (Line 104)

**Answers:** Changes have been made.

1.2. Place the tube containing the IONPs solution in an ultrasonic cleaning machine for 20 min. Obtain a uniformly dispersed IONPs solution before use. (Line 104-105)

8. Added here for clarity. (Line 108)

Answers: Changes have been made.

1.3. Add 150  $\mu$ L of deionized water, 150  $\mu$ L of 10 mM sodium dodecyl sulfate (SDS), and 400  $\mu$ L of a stock solution of IONPs from step 1.1. in 1.5 mL centrifuge tube. (Line 108)

9. Is this open access? How do you use this to count the microbubbles, please include button clicks if any. (Line 133)

**Answers:** This software is open access.

The following descriptions were added.

1.14. Click "File" and "Open", select the image file to be processed. After the image is imported, press the "ruler". Draw a red line with the same length as the ruler. Then press "Settings"-"Ruler", and enter the length of the ruler. Draw lines with the same lengths with the diameters of the individual microbubbles in the image. Complete all the measurements, then click on "Report"-"View Report". (Line 135-139)

10. Please check, converted to imperative tense. Also please include some sort of flow diagram to show how this is done. (Line 146-149)

**Answers:** We have changed all sentences into imperative tense. The flow diagram was provided in Fig 1.

2.2. Connect the function generator, amplifier, impedance matching, and homemade focused transducer. Place the transducer in the center at the bottom of the artificial cuboid sink and connect the hydrophone with an oscilloscope to monitor the output ultrasound intensity (Figure 1). Add deionized water into the sink to immerse the transducer. (Line 146-149)

11. Please expand during the first time use. (Line 152)

Answers: 20 Vpp (Voltage peak-peak). (Line 152)

12. This is not a step converted to a note instead. (Line 155)

**Answers:** Changes have been made.

13. How is this done? Please bring out clarity, by organizing the steps in the way it is performed. (Line 157-166)

**Answers:** Changes have been made.

- 2.4. Prepare 1 mL NSMs stock solution samples in the tube and fix the tube with a scaffold on the top of the homemade focused transducer. Attach the magnet to the bottom of the tube and attract the NSMs.
- 2.5. Turn on the power of the function generator and the amplifier. Switch off the function generator after application of 5 cycles (25 seconds) of ultrasound. Remove the magnet and collect 1 mL of solution containing the released IONPs. Add 1 mL of deionized water to the centrifuge tube.
- 2.6. Repeat the 2.5. until the NSMs in tube collapse completely. (Line 157-166)
- 14. No need to make separate section... this can be combined with 4.3 instead. (Line 160)

**Answers:** We have moved the section to the 3.3.

15. What is this with respect to your experiment described here. (Line 186)

**Answers:** We are sorry that we did not explain clearly. We have revised the protocol.

- 3.1.4. Fix the infrared thermal imaging camera on the tripod. Turn on the camera and check the camera working (for example, monitor the focused region of interest (ROI) temperature). (Line 186-188)
- 16. Please expand how is this done. Please include all steps in imperative tense. Please include the reasons for using 4T cells. (Line 210)

**Answers:** We have expanded the protocol.

- 3.3.1. Murine breast cancer cell (4T1) were selected as a model to investigate the inhibition effect by photothermal treatment. Feed the cell with Roswell Park Memorial Institute-1640 (RPMI-1640) medium supplemented with 10% fetal bovine serum (FBS) and 1% penicillin. Set the culturing environment as 37 °C and 5% CO2.
- 3.3.2. Culture 4T1 cells in T25 flasks and passage the cells in a 1:2 ratio when 90% confluence is reached.

NOTE: The subculture ratio can be adjusted according to the specific cell conditions in different labs.

3.3.3. Remove and discard culture medium. Rinse the cell layer with  $1 \times PBS$  solution to remove the residual of serum which contains trypsin inhibitor.

- 3.3.4. Add 2 mL of Trypsin-EDTA solution (0.25%) to the flask for detachment. Then add 3 mL of 1640 medium and aspirate cells by gently pipetting.
- 3.3.5. Collect the 5 mL cell solution and centrifuge at 750 rpm for 3 minutes.
- 3.3.6. Remove the supernatant and add 1 mL of fresh 1640 medium to form a cell suspension.
- 3.3.7. Add 100  $\mu$ L of cell suspension to a confocal dish containing 1 mL of culture medium. The concentration of cell suspension was  $9\times105$ /mL, the final cell concentration in cell culture confocal dish was  $8.1\times104$ /mL. (Line 210-233)
- 17. Significance of these concentrations? (Line 237)

**Answers:** The concentration of IONPs are in accordance with the concentrations used in photothermal measurement in aqueous solution.

18. How is this done? (Line 250)

**Answers:** We have revised the protocol.

- 3.3.13. Remove and discard culture medium, add 1mL fresh culture medium in confocal dish. Add  $5~\mu L$  of Calcein-AM solution (1 mg/mL) into the dish.
- 3.3.14. Incubate the confocal dish at 37 °C and 5% CO2 for 15 min. Rinse the cell layer with  $1 \times PBS$  solution for twice.
- 3.3.15. Observe and image the cells by a confocal fluorescence microscope with an excitation wavelength of 488 nm and an emission wavelength of 500-540 nm. (Line 250-257)

19. How? (Line 259)

**Answers:** 4.3.16 Choose 5 areas in the confocal images randomly, and count the number of live 4T1 cells in each area manually. Quantify the viability of 4T1 cells by compare the number of live cells in all experimental groups with the control group. (Line 259-261)

20. Immunocompromised mice? Strain? (Line 268)

**Answers:** ICR mice are not immunocompromised mice. It was named after the initial letters of American Institute of Cancer Research (ICR).

21. How is this made? Which step? (Line 270)

**Answers:** Changes have been made.

- 3.4.2. Add 2 g gelatin powder to 20 mL of deionized water. Heat the solution to 40 50 °C, dissolve the gelatin gel completely to form a transparent and clear solution.
- 3.4.3. Add 100 mg IONPs to the solution from 3.4.2. (Line 270-273)

22. Region of interest in your case? (Line 278)

**Answers:** Region of interest is the right breast pad of the mice injected with the gelatin solution. It was clarified in the protocol.

23. How? (Line 285)

**Answers:** 3.4.7. Dislocate the cervical vertebra of mice forcefully and quickly, disconnect the spinal cord and brain marrow quickly. The mice died painless. (Line 285-286)

24. Please use imperative tense throughout and remove redundancy. (Line 288)

**Answers:** We have checked the sentence and removed redundancy.

25. Added here please check. (Line 301)

**Answers**: Thanks. It is correct.

26. Notes cannot be filmed. (Line 311)

Answers: Sure.

27. Please use complete sentences. (Line 317)

**Answers:** Corrections were made.

Be careful of high temperature, avoid direct contact with hands and wait for cooling before removing samples. (Line 317-318)

28. How is this done? What is the region of interest. (Line 340)

**Answers:** 4.3.5. Place the right breast pad of the mice in the center of a water-cooled magnetic induction copper coil. (Line 339-340)

Region of interest was clarified in the protocol.

31. How is this done? (Line 353)

**Answers:** 4.3.9. Dislocate the cervical vertebra of mice forcefully and quickly, disconnect the spinal cord and brain marrow quickly. The mice died painless.

- 32. Please expand the Discussion to explicitly cover the following in detail in 3-6 paragraphs with citations:
- a) Critical steps within the protocol
- b) Any modifications and troubleshooting of the technique
- c) Any limitations of the technique
- d) The significance with respect to existing methods
- e) Any future applications of the technique

*Please include some citations in the discussion as well. (Line 437)* 

**Answers:** We have revised the discussion and rewritten discussion as requested.