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A Gnotobiotic System for Studying Microbiome Assembly in the Phyllosphere and in Vegetable Fermentation --Manuscript Draft--

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1 **TITLE:**

2 **A Gnotobiotic System for Studying Microbiome Assembly in the Phyllosphere and in Vegetable**
3 **Fermentation**

4
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17
18 **KEYWORDS:**

19 phyllosphere, cabbage, fermentation, germ-free, gnotobiotic, sterile vegetable extract,
20 microbiome, microbial community

21
22 **SUMMARY:**

23 A method of growing germ-free Napa cabbages has been developed which enables researchers
24 to evaluate how single microbial species or multispecies microbial communities interact on
25 cabbage leaf surfaces. A sterile vegetable extract is also presented which can be used to measure
26 shifts in community composition during vegetable fermentation.

27
28 **ABSTRACT:**

29 The phyllosphere, the above ground portion of the plant that can be colonized by microbes, is a
30 useful model system to identify processes of microbial community assembly. This protocol
31 outlines a system for studying microbial community dynamics in the phyllosphere of Napa
32 cabbage plants. It describes how to grow germ-free plants in test tubes with a calcined clay and
33 nutrient broth substrate. Inoculation of germ-free plants with specific microbial cultures provides
34 opportunities to measure microbial growth and community dynamics in the phyllosphere.
35 Through the use of sterile vegetable extract produced from cabbages shifts in microbial
36 communities that occur during fermentation can also be assessed. This system is relatively simple
37 and inexpensive to set up in the lab and can be used to address key ecological questions in
38 microbial community assembly. It also provides opportunities to understand how phyllosphere
39 community composition can impact the microbial diversity and quality of vegetable
40 fermentations. This approach for developing gnotobiotic cabbage phyllosphere communities
41 could be applied to other wild and agricultural plant species.

42
43 **INTRODUCTION:**

44 Microbial diversity of the phyllosphere plays an important role in maintaining plant health and

45 can also influence the ability of plants to withstand environmental stress¹⁻⁵. In turn, the health
46 of crops directly impacts food safety and quality^{6,7}. Plants play a role in ecosystem functioning
47 and their associated microbiomes both affect the ability of plants to carry out these activities as
48 well as directly influencing the environment themselves⁸. While scientists have begun to decipher
49 the function and composition of the phyllosphere, the ecological processes that influence
50 phyllosphere microbial community assembly are not fully understood^{9,10}. The phyllosphere
51 microbiome is an excellent experimental system for studying the ecology of microbiomes¹¹.
52 These communities are relatively simple and many of the community members can be grown on
53 standard lab media^{10,12,13}.

54
55 Fermented vegetables are one system where the community structure of the phyllosphere has
56 important consequences. In both sauerkraut and kimchi, the microbes that naturally occur on
57 vegetable leaves (the phyllosphere of *Brassica* species) serves as the inoculum for
58 fermentation^{14,15}. Lactic acid bacteria (LAB) are considered ubiquitous members of vegetable
59 microbiomes, however they can be in low abundance in the phyllosphere¹⁶. Strong abiotic
60 selection during fermentation drives a shift in microbial community composition enabling lactic
61 acid bacteria to increase in abundance. As LAB grow, they produce lactic acid which creates the
62 acidic environment of fermented vegetable products¹⁷. The link between the phyllosphere and
63 the ferment provides an opportunity to use vegetables as a model to understand how
64 microbiomes are structured.

65
66 We have developed methods to grow germ-free Napa cabbages and to inoculate them with
67 specific microbial communities using spray bottles. This is an inexpensive and reliable method of
68 evenly inoculating the cabbage with either individual microbes or mixed communities. A sterile
69 vegetable extract (SVE) has also been developed from three different cabbage types/varieties:
70 red and green cabbage (*Brassica oleracea*) and Napa cabbage (*B. rapa*). The addition of salt to
71 these SVEs replicates the fermentation environment and allows for small-scale and relatively
72 high-throughput experimental studies of fermentation microbiome assembly. These methods
73 can be used to study microbial community assembly in the phyllosphere and how microbial
74 community dynamics in the phyllosphere can be linked to the success of vegetable fermentation.

75 76 **PROTOCOL:**

77 78 **1. Growing germ-free cabbages**

79 80 1.1. Preparing equipment for growing germ-free cabbages

81 82 1.1.1. Cleaning the calcined clay to remove fine dust particles

83 84 1.1.1.1. Rinse calcined clay (**Table of Materials**) at least 3x with tap water; drain off water.

85
86 **CAUTION:** Calcined clay produces very fine dust and it is recommended to wear a protective mask
87 (**Table of Materials**) when washing.

88

89 1.1.1.2. Spread calcined clay out as a thin layer (~4 cm) into an autoclave tray and autoclave on
90 a dry cycle (121 °C heating for 20 min and 20 min drying time) to sterilize.

91

92 1.1.1.3. Allow the calcined clay to fully dry prior to use by spreading out on trays and placing in a
93 warm incubator (30–37 °C) for at least a week. Stir to mix every 3 days to fully dry the calcined
94 clay so that it will absorb an even amount of Murashige and Skoog (MS) nutrient broth (section
95 1.2).

96

97 NOTE: Drying also helps to keep the volume of calcined clay even when it is weighed into tubes.
98 Drying by other means, such as a drying oven, would also be suitable.

99

100 1.1.2. Cleaning the glassware for growing germ-free cabbages

101

102 1.1.2.1. Thoroughly clean and sterilize the glass tubes (**Table of Materials**) between each use.
103 Soak tubes for 30 min in 30% bleach solution and rinse well with tap water before cleaning in an
104 acid wash on a bacteriology setting. Acid-wash two-way test tube caps (**Table of Materials**)
105 between uses.

106

107 1.1.3. Surface sterilizing cabbage seeds

108

109 1.1.3.1. Place up to 100 Napa cabbage (*B. rapa var pekinensis*) seeds in a 1.5 mL microcentrifuge
110 tube.

111

112 NOTE: Adding more than 100 seeds to one microcentrifuge tube or changing the size of the tube
113 may affect germination rates of the seeds due to lack of seed coat removal.

114

115 1.1.3.2. Add 1 mL of 70% ethanol to the seeds and vortex for 5 min. Discard the ethanol using a
116 pipette.

117

118 1.1.3.3. Add 1 mL of 50% bleach and vortex for 5 min. Discard the bleach solution using a pipette.

119

120 1.1.3.4. Add 1 mL of autoclaved deionized water and vortex for 5 min. Discard the deionized
121 water using a pipette.

122

123 1.1.3.5. Repeat step 1.1.3.4 3x to rinse off all bleach. Soak the seeds in sterile deionized water
124 for 2–8 h prior to planting to soften the seed coat.

125

126 1.2. Growing germ-free cabbages

127

128 NOTE: Napa cabbages (*B. rapa var pekinensis*) are grown in glass tubes (15 cm x 2.5 cm)
129 containing calcined clay soaked in Murashige and Skoog (MS) nutrient broth (**Figure 1**).

130

131 1.2.1. Weigh 10 g of clean calcined clay into a clean glass tube (15 cm x 2.5 cm).

132

133 1.2.2. Prepare MS nutrient broth by dissolving 4.4 g of MS medium in 1 L of deionized water. Add
134 MS nutrient broth (~9 mL) to each glass tube to cover the calcined clay using a pipette.

135
136 NOTE: Standing liquid in the tube will prevent the seed from germinating so it might be necessary
137 to add slightly less MS broth to some tubes.

138
139 1.2.3. Loosely cap glass tubes with 22 mm two-way test tube caps and autoclave (121 °C for 60
140 min). When removing them from the autoclave, push caps onto the glass tubes to seal them. Cool
141 tubes to room temperature before use.

142
143 1.2.4. Gently place one sterile cabbage seed into the center of each tube using sterile, extra-long
144 (25.4 cm) forceps. Place the tubes in a 7-way tray then place under light racks (full-spectrum T5
145 fluorescent bulbs or other illumination setup for plant growth) with a 16 h light cycle at 24 °C.

146
147 NOTE: Seeds germinate overnight and develop their first true leaf after 5 days. A true leaf is the
148 first vascular leaf after the cotyledons have formed. It has a more wrinkled edge and in *Brassica*
149 *rapa* is covered in trichomes.

150
151 1.3. Testing for sterility of germ-free cabbages

152
153 NOTE: To test whether the cabbages are germ-free, select a few (5–10) cabbages from each batch
154 and plate out to determine whether any culturable colonies are present.

155
156 1.3.1. Gently remove the cabbage from the glass tubes by gripping the base of the plant with
157 sterilized forceps and pulling it out. Before removing the cabbage fully from the tube, carefully
158 cut off the roots using sterilized dissection scissors. Compact the cabbage leaves into a 1.5 mL
159 microcentrifuge tube.

160
161 NOTE: Larger cabbages might require removing one or two of the larger leaves while the cabbage
162 is still in the tube to make it easier to get the cabbage into the 1.5 mL microcentrifuge tube. These
163 larger leaves can be added to the 1.5 mL tube after the rest of the cabbage has been placed into
164 the tube if the entire cabbage is required.

165
166 1.3.2. Add 400 µL of 1x phosphate buffer saline (PBS) to each 1.5 mL microcentrifuge tube. Using
167 a sterile micropestle, homogenize the cabbage by pestling 30x.

168
169 1.3.3. Plate 100 µL of the cabbage homogenate onto agar plates to determine whether there are
170 any contaminants present in the sample. Most bacteria found in the phyllosphere will grow on
171 tryptic soy (TS) agar plates. Use wide orifice pipette tips when plating cabbage homogenate as
172 the cabbage homogenate is thick and can clog regular pipette tips.

173
174 **2. Inoculating the phyllosphere with microbial solutions**

175
176 2.1. Making glycerol stocks of inoculation strains

177

178 NOTE: **Table 1** lists the microbial isolates that can be used in this step. Other phyllosphere isolates
179 could also be used here.

180

181 2.1.1. Densely streak out individual colonies from a fresh streak, onto two/three new plates of
182 the same media to get many colonies.

183

184 2.1.2. Let streaks grow for 2–5 days then scrape colonies from all plates into a 15 mL conical tube
185 containing 15 mL of 15% glycerol, and vortex to mix thoroughly.

186

187 2.1.3. Transfer an aliquot of 1 mL of the well-mixed glycerol stock into a 1.5 mL microcentrifuge
188 tube and store glycerol stocks at $-80\text{ }^{\circ}\text{C}$ until use. Save the remaining 14 mL of glycerol stock at $-$
189 $80\text{ }^{\circ}\text{C}$ as relatively large volumes of inoculation solution are required when inoculating cabbages.

190

191 2.1.4. One week before use, thaw the 1.5 mL tube containing 1 mL of glycerol stock (from step
192 2.1.3) on ice, dilute, and plate at several different dilutions (e.g., 10^{-4} , 10^{-5} , and 10^{-6}) to determine
193 the concentration (colony-forming unit [CFU] per μL) of the 14 mL of inoculation solution.

194

195 2.2. Sterilizing inoculation spray bottles

196

197 2.2.1. Disassemble the amber round Boston pump bottles (59 mL) and soak all components
198 (pump, tube, cap and bottle) in 30% bleach solution for 30 min in a large plastic container with a
199 tightly fitting lid.

200

201 2.2.2. After soaking, carefully pour out all bleach from the container by lifting just one corner of
202 the lid of the container.

203

204 2.2.3. Rinse the bottles by filling the plastic container with autoclaved deionized water ($\sim 1\text{ L}$
205 depending on the container size) and carefully pour out deionized water, again by lifting the lid
206 at one corner.

207

208 2.2.4. Sterilize a biosafety cabinet by spraying with 70% ethanol solution and turning on the UV
209 light for 30 min.

210

211 NOTE: Continue this work in the biosafety cabinet so that there is no risk of microbial
212 contamination of the bottles as they air dry.

213

214 2.2.5. Remove bottles from the large plastic container and fill each bottle with autoclaved
215 deionized water using a pipette. Reassemble the pumps and place one in each bottle. Pump the
216 deionized water through each bottle (10 sprays per bottle) to remove bleach from the pump
217 component of the bottle.

218

219 2.2.6. Repeat step 2.2.5 to ensure that all bleach is removed from the glass bottles.

220

221 2.2.7. Test whether bottles are sterile by placing a number on each bottle (sticking lab tape to
222 the side of the bottle when it is fully dry) then add 10 mL of 1x PBS to each of the bottles and
223 pump 3 sprays onto a TS agar plate. After spraying, incubate the plates for one week at room
224 temperature. If any colonies grow on a plate it indicates that the respective bottle was not sterile
225 and should not be used for experiments.

226
227 2.2.8. Before storing the sterile bottles, remove all remaining PBS and allow the bottles to dry
228 thoroughly in the biosafety cabinet. Store sterile bottles in a sterile plastic container (typically
229 the container used for bleaching the bottles) until use.

230

231 2.3. Preparing the microbial inoculum and spraying germ-free cabbages

232

233 CAUTION: All steps should be performed in a biosafety cabinet, as spraying aerosolizes the
234 microbial solutions which could contaminate work surfaces or pose a health risk if carried out on
235 a lab bench.

236

237 NOTE: Cabbages will form true leaves after 5 days, so it is advisable to wait one week after
238 planting the cabbage before inoculating with any microbial solutions. As the tubes are sealed,
239 there is no need to water the cabbages. Experiments are best performed within a month of
240 planting, as the small tubes restrict the cabbage's growth.

241

242 2.3.1. Thaw glycerol stocks on ice and dilute in 1x PBS to the desired inoculation concentration
243 (concentration determined by thawing and plating a 1 mL aliquot in step 2.1.4).

244

245 NOTE: A variety of different inoculation levels can be used, but phyllosphere isolates can grow
246 from 10^4 to 10^8 CFUs/mL of cabbage slurry in 10 days.

247

248 2.3.2. Add 10 mL of diluted glycerol stock to the sterile pump bottle and pump 5 sprays into a
249 large waste collection beaker to remove any residual PBS from the bottle pump component.

250

251 2.3.3. Remove the lid from the cabbage tube, tilt the cabbage towards the spray bottle, and spray
252 each cabbage with 3 pumps of the inoculation solution, which provides ~ 600 μL of inoculum.

253

254 2.3.4. After inoculating, harvest a subset of the cabbages to assess the actual input inoculation
255 concentration. Remove the cabbage from a tube with sterilized forceps. Cut off the roots with
256 sterile dissection scissors and then carefully place the cabbage in a preweighed sterile 1.5 mL
257 microcentrifuge tube. Record the weight of the cabbage for future calculations if CFUs/g of
258 cabbage is required for calculations.

259

260 2.3.5. Add 400 μL of 1x PBS to each 1.5 mL microcentrifuge tube containing cabbage and use a
261 sterile micropestle to homogenize the cabbage into the 1x PBS by grinding it 30x.

262

263 2.3.6. Dilute cabbage homogenate (if required) and plate out the pestled cabbage mixture. Use
264 wide orifice tips for pipetting the cabbage slurry because it will be thick and full of plant tissue

265 pieces.

266

267 3. Preparing sterile vegetable extract

268

269 NOTE: This method is a modified version of cabbage sterile media production^{18,19}.

270

271 3.1. Purchase a cabbage from a supermarket. In the lab, remove and discard the outermost
272 leaves of the cabbage. Chop all remaining cabbage to fit into a blender and homogenize cabbage
273 to a fine pulp, i.e., the cabbage will not get any finer with further blending.

274

275 NOTE: Any blender which can chop cabbage to a smooth homogeneous pulp should be suitable
276 for this method.

277

278 3.2. Weigh the blended cabbage homogenate and add 2 mL of distilled water per gram of
279 cabbage. Filter the blended cabbage slurry through 2 layers of basket coffee filters (unbleached
280 paper).

281

282 3.3. Dispense the cabbage slurry into centrifuge tubes (size is dependent on the centrifuge).
283 Centrifuge the filtered cabbage slurry at 20,000 x *g* for 20 min until large particles settle out of
284 solution.

285

286 NOTE: It is essential to centrifuge the cabbage slurry for a long period of time as cabbage particles
287 rapidly clog the filter sterilizer.

288

289 3.4. Using a serological pipette, remove the supernatant from the pelleted cabbage debris taking
290 care not to disturb the pelleted cabbage. If aiming to recreate fermentation conditions where
291 standard salt concentrations are used, add 2% w/v NaCl at this step (i.e., before filter
292 sterilization).

293

294 3.5. Filter sterilize the vegetable extract using a 0.2 µm filter (500 mL or 1 L) attached to a
295 vacuum. Dispense into sterile tubes (either 50 mL centrifuge tubes or 15 mL centrifuge tubes)
296 and freeze at -80 °C until use.

297

298 4. Inoculation of sterile vegetable extract

299

300 4.1. Thaw SVE and dispense 490 µL into 1.5 mL microcentrifuge tubes. Use sufficient tubes to
301 have at least five replicates per treatment per timepoint as each timepoint measurement is
302 destructive.

303

304 4.2. Thaw glycerol stocks of microbial isolates on ice and dilute with 1x PBS to the desired
305 concentration. The concentration of lactic acid bacteria can be as low as 5,000 CFU per mL of
306 SVE. To achieve this concentration, dilute stocks to 250 CFUs/µL because 10 µL will be used for
307 inoculation of a total volume of 500 µL.

308

309 4.3. Inoculate SVE with 10 μ L of diluted microbial isolate. Pipette up and down a few times to
310 thoroughly mix. Incubate at desired temperature (14 °C for kimchi production temperature or 24
311 °C for warmest sauerkraut fermentation).

312
313 4.4. Measure rate of growth of microbial isolate in the SVE by harvesting replicate tubes on day
314 1, day 2, day 4, day 7 and day 14.

315
316 NOTE: Fermentation proceeds rapidly at the outset and slows over time. Therefore, having more
317 initial timepoints gives greater resolution to the dynamics of how fermentation proceeds.

318
319 4.5. At each timepoint, mix the inoculated SVE well by pipetting up and down a few times. Serially
320 dilute the inoculated SVE in 1x PBS and plate onto agar plates. Incubate the agar plates for 4–7
321 days before counting colonies.

322
323 NOTE: Man, Rogosa, and Sharpe (MRS) agar should be used to enumerate all lactic acid bacteria,
324 yeast peptone dextrose (YPD) should be used for yeast, and TS agar for most other bacteria
325 isolates from the phyllosphere.

326
327 4.6. Record the pH of the samples at each timepoint using a micro pH probe.

328
329 NOTE: This step should be carried out after plating because the pH probe will transfer cells
330 between tubes/treatments.

331 332 **REPRESENTATIVE RESULTS:**

333 **Growth rates of Napa cabbages**

334 The seed sterilization method was tested with several different Napa cabbages (*B. rapa var*
335 *pekinense*; **Supplemental Figure 1**) from a number of different suppliers and all grew consistently
336 with similar growth rates. However, testing the methods with different species of *Brassica* (*B.*
337 *rapa*: Turnip Purple Top; *B. oleracea*: Cairo Hybrid, Tropic Giant Hybrid; *B. campestris*: Pak Choi
338 Toy Choy Hybrid; *B. juncea*: Mustard Red Giant) gave limited success (**Supplemental Figure 2**).
339 Unlike Napa cabbage that forms compact neat rosettes that fit into the glass tubes, these *Brassica*
340 spp. either had low germination rates after sterilizing or the stem elongated rapidly to make a
341 spindly, unhealthy plant. In addition, sterilizing older seeds (>1 year old) is not recommended as
342 the seed coats dry out making it harder to remove them during the sterilization process. Regularly
343 purchase new seeds and test a subset of cabbages to determine whether they are sterile before
344 carrying out experiments.

345 346 **Growth of microbial inoculants in the Napa cabbage phyllosphere**

347 Microbial isolates (**Table 1**) were inoculated either as single strain isolates or in combination with
348 another isolate to look for pairwise interactions in the Napa cabbage phyllosphere. A total of 15
349 germ-free cabbages were inoculated for each treatment and five cabbages were harvested
350 immediately after inoculation, five were harvested four days after inoculation, and the remaining
351 were harvested 10 days after inoculation. Results show that phyllosphere isolates are capable of
352 rapid growth in the Napa cabbage phyllosphere (**Figure 2**).

353

354 **Growth of microbial inoculants in sterile vegetable extract**

355 Two yeasts (*Kazachstania barnetti* and *Pichia membranifaciens*) and three bacteria (*Lactobacillus*
356 *koreensis*, *Pediococcus parvulus*, and *Leuconostoc mesenteroides*) were inoculated into three
357 different types of SVE made from red, green, and Napa cabbage. All samples were incubated at
358 24 °C and growth of the inoculates over 14 days was recorded by spot plating 5 µL of each
359 treatment onto either MRS or YPD agar plates (n = 5). Results are shown in **Figure 3A**. The pH of
360 each sample was also recorded throughout the fermentation (**Figure 3B**) and shows that the
361 lactic acid bacteria were capable of acidifying the SVE to levels below pH 4 (indicating a ferment
362 that is safe for consumption).

363

364 **FIGURE AND TABLE LEGENDS:**

365 **Figure 1: Diagram of germ-free cabbage setup.**

366

367 **Figure 2: Growth rates of different bacteria on germ-free Napa cabbage.** (A) Growth of single
368 inoculations in the phyllosphere. (B) Growth after inoculating two microbes into the
369 phyllosphere. Growth of microbes was measured as colony forming units counted per g of
370 cabbage homogenate plated onto either TSA or MRS media. n = 5. Error bars = standard
371 deviation.

372

373 **Figure 3: Growth of lactic acid bacteria and yeasts in sterile vegetable extract (SVE) made with**
374 **red, green and Napa cabbage.** (A) Growth of microbial inoculants was measured by counting
375 colony forming units per mL of SVE plated. Yeasts were plated onto YPD agar plates and bacteria
376 onto MRS agar plates. (B) Acidification of the sterile vegetable extract as microbes grow shown
377 as fall in pH. n = 5. Error bars = standard deviation.

378

379 **Table 1: Microbial isolates inoculated on germ-free Napa cabbage.**

380

381 **Supplemental Figure 1: Growth of *Brassica rapa var pekinensis*: Bilko in germ-free conditions.**

382

383 **Supplemental Figure 2: Different cabbage varieties growing in germ-free conditions.** (A) *B. rapa*:
384 Turnip Purple Top, (B) *B. oleracea*: Cairo Hybrid, (C) *B. oleracea*: Tropic Giant Hybrid, (D) *B.*
385 *campestris*: Pak Choi Toy Choy Hybrid, (E) *B. juncea*: Mustard Red Giant.

386

387 **DISCUSSION:**

388 Germ-free Napa cabbage plants have been used to study dispersal limitation of lactic acid
389 bacteria in the Napa cabbage phyllosphere¹⁷. Germ-free Napa cabbages can also be used to test
390 individual or pair-wise growth in the phyllosphere (**Figure 1**). Methods for making sterile
391 vegetable extract has been tested for three different varieties of cabbage: red, green and Napa.
392 Each of these SVEs act as a reliable growth media; inoculated microbes grow consistently across
393 the different media. Single strain growth rates in SVE (**Figure 2**) show that LAB grow rapidly and
394 acidify the media in the same way that would be anticipated in a ferment¹⁷.

395

396 Germ-free plants and sterile vegetable extract can be used in combination to address a number

397 of different ecological questions such as priority effects and succession in the phyllosphere or
398 within a ferment. A synthetic community of microbes is simple to construct through plating out
399 homogenized cabbages to obtain phyllosphere isolates, or sauerkraut to obtain lactic acid
400 bacteria¹⁶. Pairwise-interactions or leave-one-out experiments with more community members
401 can be carried out in the phyllosphere or in the SVE to assess the importance or function of
402 community members. Environmental selection studies can be carried out in the SVE where the
403 impact of the vegetable fermented can be assessed. There is also potential to use both the germ-
404 free cabbages and SVE to quantify diversification of microbial species and communities using
405 experimental evolution.

406

407 A limitation of this germ-free cabbage system is the short timescale of the experiments. Because
408 of the small glass tubes used, the cabbages are not able to grow for periods longer than a month
409 as their leaves are confined by the edge of the tubes. Larger growing containers, such as plant
410 tissue culture boxes (**Table of Materials**) could be used, but these will still not produce a full-
411 sized cabbage plant. We have also tried growing cabbages in 0.75% agar containing MS broth,
412 but found that this produced inconsistent growth of the cabbage seedlings. Using calcined clay
413 as a growing substrate with enough MS broth to saturate but not flood the clay grains is the
414 optimum method for growing healthy cabbages.

415

416 There are a few critical steps to ensure successful growth of germ-free cabbages. Ensuring that
417 the calcined clay is fully dry when adding MS broth allows the clay to fully absorb the MS broth
418 during the autoclave cycle. However, if there is any MS broth over the level of the clay, it must
419 be removed before adding the seeds; seeds will not germinate if they are sitting in MS broth.
420 Another important step to monitor is seed sterilization. Older seeds (>1 year old) will not
421 germinate as quickly or as reliably as young seeds. Changing the size of the tube used for
422 sterilization or overfilling the tubes can also impact sterilization. The sterilization step also helps
423 soften and remove the seed coat so that the seeds rapidly germinate. Note here that reusing the
424 pump spray bottles after using with microbial cultures is not recommended, as it is difficult to
425 remove biofilms from the pump component. Of particular note, caution should be taken with
426 *Bacillus* species as they are particularly resilient to autoclaving. Any pump bottles that have come
427 into contact with *Bacillus* spp are not reused.

428

429 While sterile vegetable extract does not have the spatial structuring that is present in a
430 fermentation vessel, growth dynamics of LAB suggest that it mimics fermentation progress with
431 a rapid fall in pH and an increase in growth of lactic acid bacteria over the 14 days of
432 fermentation. *Leuconostoc mesenteroides* is important at the outset of fermentation and it
433 increased in abundance more rapidly than the *Lactobacillus* and *Pediococcus* spp, a trend seen in
434 other sauerkraut succession surveys^{20,21}. Work in the lab has also explored using
435 spectrophotometer to obtain optical density (OD) readings for measuring the growth of LAB in
436 SVE dispensed into 96 well plates. Initial results with Napa cabbage extract looked promising, but
437 SVE made with red cabbage extract changed color as the pH dropped resulting in confounded OD
438 readings. Furthermore, using OD readings to enumerate growth limits the use of this system to
439 single strain inoculations. Together, these limitations led us to abandon using OD readings to
440 measure microbial growth.

441
442 Testing ecological interactions in the phyllosphere is topical as there is evidence that the
443 phyllosphere affects crop plant health and productivity²². Our model system has only been
444 developed to work with Napa cabbage, but bacteria from the phyla Proteobacteria, Firmicutes,
445 and Actinobacteria are common in the phyllosphere of many plant species^{13,23}. While only three
446 different varieties of cabbage have been tested, SVE can be made with other important
447 agricultural plants. For example, studies investigating microbial community assembly during
448 carrot juice fermentation²⁴ or microbial colonization of maize root²⁵ can be replicated using the
449 protocols outlined in this paper.

450
451 Coupling the germ-free cabbage with the SVE to study community assembly in fermentation can
452 show how changes in the phyllosphere microbiome can influence the success of fermentation.
453 Spoilage of ferments or a failure to reach a sufficiently low pH can result if there is not a rapid
454 initial acidification²⁶. These spoiled ferments might be due to manufacturing processes, but
455 variation in phyllosphere microbiomes may also have an important influence on the success of
456 vegetable ferments¹⁷. The described system is a useful model for determining what microbiome
457 assembly processes may impact the success of vegetable fermentation.

458
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463
464 **DISCLOSURES:**

465 The authors have nothing to disclose.

466
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Figure 1

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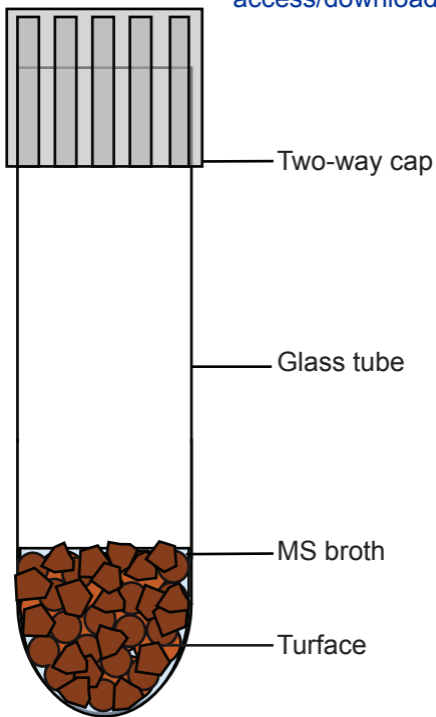
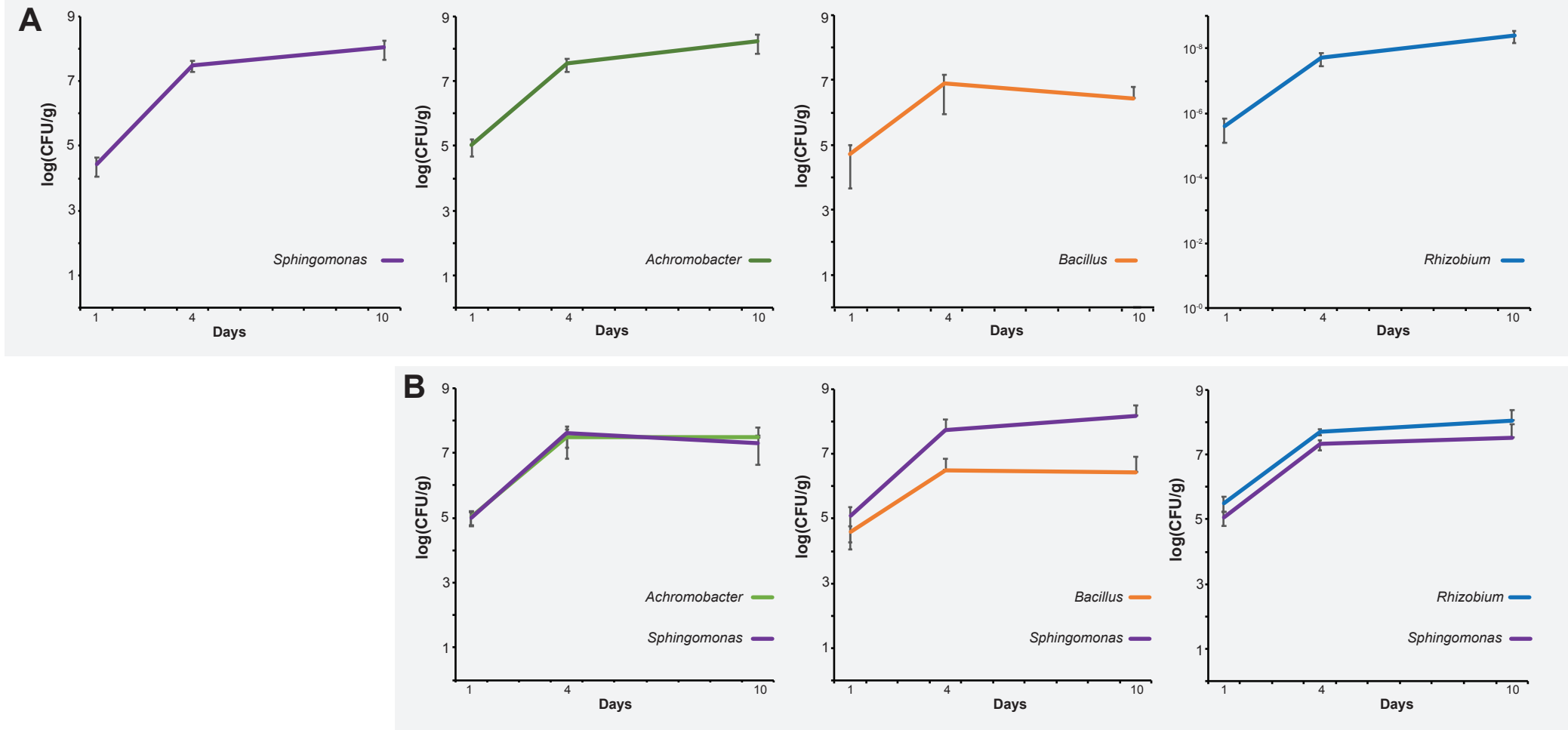
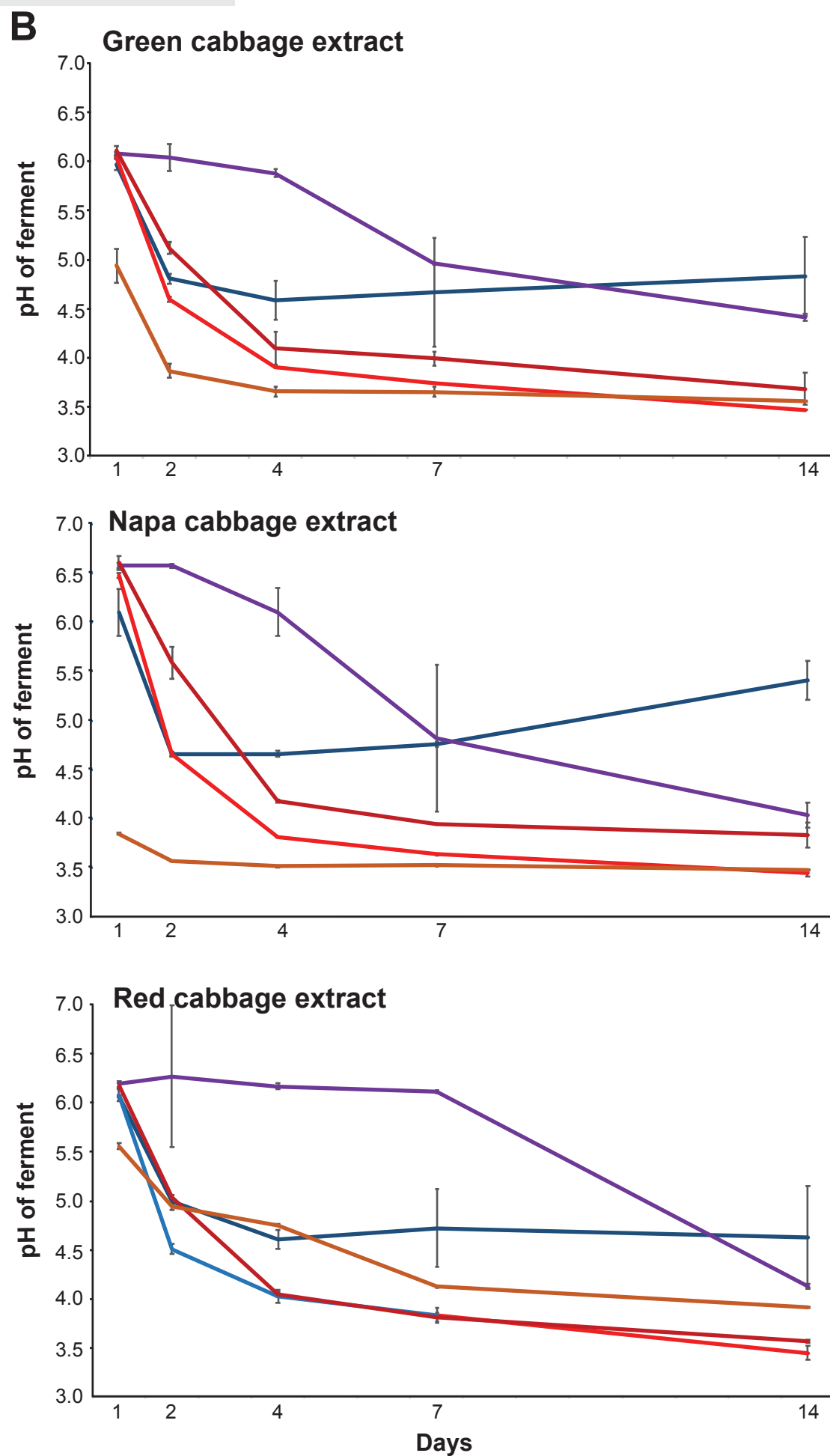
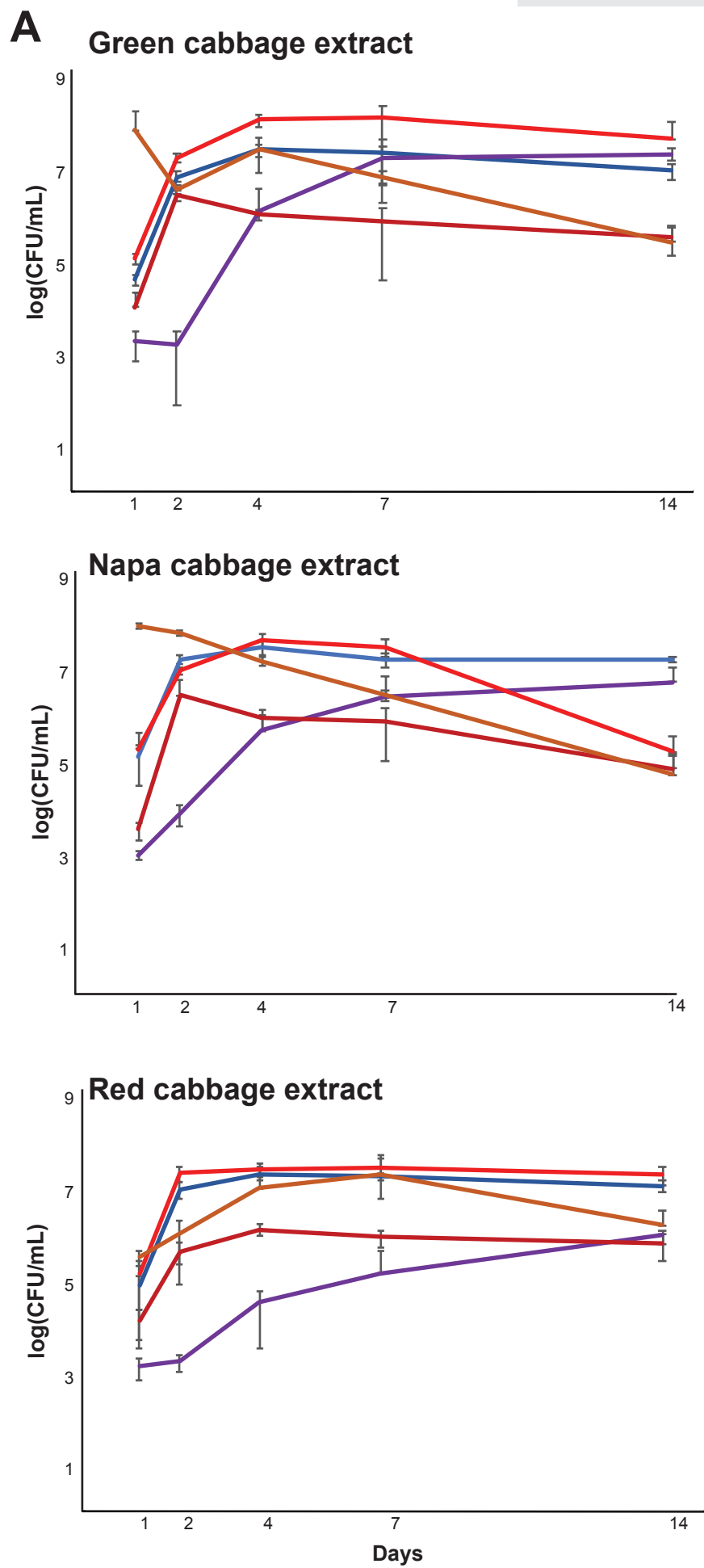
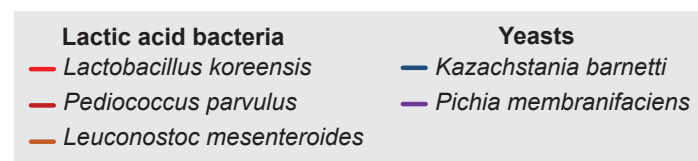


Figure 2

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Phyla/Genera of microbial inoculants	Source of microbe
Firmicutes <i>Bacillus</i>	Phyllosphere
Firmicutes <i>Lactobacillus</i>	Fermentation
Proteobacteria <i>Achromobacter</i>	Phyllosphere
Proteobacteria <i>Rhizobium</i>	Phyllosphere
Proteobacteria <i>Sphingomonas</i>	Phyllosphere

Name of Material/Equipment	Company	Catalog Number
1.5 mL microcentrifuge tubes	VWR	20170-650
15 mL conical tubes	Falcon	352096
7-way tray tray	Sigma Magenta	T8654
Amber Round Boston Glass Bottle		GPS 712OZSPPK12BR
Basket coffee filters	If you care	
Bleach (mercury-free)	Austin's	50-010-45
Borosilicate Glass tubes	VWR	47729-586
Calcined clay	Turface	MVP
Cuisinart blender	Cuisinart	
Dissection scissors	7-389-A	American Educational Products
Ethanol	VWR	89125-172
Forceps	Aven	18434
Glycerol	Fisher Scientific	56-81-5
KleenGuard M10	Kimberley-Clark	64240
Large plastic container	Rubbermaid	
Light racks	Gardner's Supply	39-357
Magenta tm 2-way caps	Millipore Sigma	C1934
Man, Rogosa, and Sharpe	Fisher Scientific	DF0881-17-5
Micro pH probe	Thermo Scientific	8220BNWP
Micropestle	Carolina	215828
MS nutrient broth	Millipore Sigma	M5519
NaCl	Sigma Aldrich	S9888
Napa cabbage seeds	Johnny's Select Seeds	2814G
Petri dish 100 mm x 15 mm	Fisher	FB0875712
Phosphate buffer saline	Fisher Scientific	50-842-941
Plant tissue culture box	Sigma	Magenta GA-7
Serological pipettes	VWR	89130-900
Sterile dowel	Puritan	10805-018
Sterilizing 0.2 µm filter	Nalgene	974103
Tryptic soy agar	Fisher Scientific	DF0370-17-3

Wide orifice pipette tips	Rainin	17007102
Yeast, peptone and dextrose	Fisher Scientific	DF0428-17-5

Comments/Description
Ordered on Amazon.com from various suppliers (unbleached paper) Purchased from Wholefoods
Ordered on Amazon.com from Root Naturally 6 Quart Bags. Particle size approximately 3-5 mm
Cuisinart Mini-Prep Plus Food Processor, 3-Cup
Ordered on Amazon.com
Ordered on Amazon.com
Ordered on Amazon.com
full-spectrum T5 fluorescent bulbs
This media is for broth and 15 g of agar is added to make plates
Also called Pellet Pestle
Murashige and Skoog Basal Medium
<i>B. rapa var pekinensis (Bilko)</i>
Used to make agar plates
Teknova
Autoclave before use to sterilize
This media is for broth and 15 g of agar is added to make plates

This media is suitable but media can also be made using yeast, peptone and dextrose, add 15 g of agar when making plates

JoVE61149 - Response to Reviews

We would like to thank the two reviewers for their comments and suggestions for improving this manuscript. Original comments are bold and italicized and our response to their comments has been added below each point.

Reviewers' comments:

Reviewer #1:

In this manuscript Miller et al. present a protocol for growing germ-free cabbages in the laboratory. These cabbages can then be inoculated with defined sets of microbes to study microbiome assembly and interactions in the phyllosphere. Overall the manuscript is well-written, and I believe that the methods are of interest to the community.

We are pleased that the reviewer considers this paper of interest to the community.

Minor Comments

I believe it is JoVE policy that the manuscript must be free of all commercial language and all commercial products should be sufficiently referenced in the Table of Materials and Reagents.

We have removed all commercial language from the document and made sure that all materials are detailed in the Table of Materials

In Step 2.1.4 is the exact same tube containing the glycerol stock used both for enumerating colony counts and for inoculation onto the cabbages or are separate aliquots of the same stock used for each step?

After making a 15 mL tube of glycerol stock, 14 mL is retained for inoculating onto the cabbages and 1 mL is plated to determine the concentrations of this inoculating solution. We have edited point 2.1.4 to make this point clearer.

In Step 2.3.4 would it be more appropriate to report growth in terms of cells/g/mL of homogenate?

As the focus of this step is microbial growth on the cabbage leaf we report on CFUs/g of cabbage which takes into account variation in amount of cabbage.

In Step 3.6 is the weight of the 2% NaCl based on the plant weights measured in Step 3.3? Because this is a plant slurry, would it be more appropriate to indicate a final concentration of NaCl in % w/v?

We have changed this in the text.

In Step 4.4 are the plants incubated stationary or shaking?

The plants are stationary when growing.

Lines 364-7: Are you indicating here that the pump bottles can only be used a single time and then discarded or used a single time before they must be sterilized again?

We have had success with sterilizing and reusing pump bottles. However as they are relatively inexpensive we typically purchase new pump bottles for each experiment to reduce any risk of contamination. We do not reuse the sterile bottles when inoculating with *Bacillus* in experiments because we have found that spore-formers are especially problematic in terms of contamination.

It's not of immediate concern for this manuscript, but I am curious if the authors have ever germinated their cabbages in medium containing microbes to study potential interactions between the rhizosphere and the phyllosphere? Is this a potential application of the method?

We have not looked at rhizosphere interactions in this system, but it would be an interesting next step for this research.

Figure Comments

Figure S1 - Could the authors include an example of *B. rapa* var *pekinese* for comparison as I'm unable to determine what successful growth looks like in this system compared to these examples with limited success.

I have taken photos of successful *B. rapa* var *pekinese* to add to this figure.

Line Comments

60: Replace "cheap" with "inexpensive"

We have made this change.

77: What does MVP stand for?

This is part of the name of the calcined clay product which we recommend. We have removed the name from the manuscript and referred the reader to the Table of Materials.

145: Is growth of even a single colony indicative of contamination?

We have not used bottles with a single colony as we believe it could impact our results.

160: Insert a space between "1" and "mL"

We have made this change.

199: What is a "true leaf"? How do you distinguish a "true leaf" from another leaf?

A true leaf is the first vascular leaf after the cotyledons have formed. It has a more wrinkled edge and in *Brassica rapa* is covered in trichomes.

286: spp. shouldn't be italicized

We have made this change.

315: Why is natamycin added to the plates?

The natamycin is not needed in this instance. We apologize for this error. Natamycin is only needed to isolate bacteria from mixed bacteria and fungal communities.

335: Insert "and" between "rapidly" and "acidify"

We have made this change.

Reviewer #2:

Manuscript Summary:

This manuscript describes a protocol for the establishment and vetting of a system to evaluate the growth of microbial inocula in axenic cabbage plants as well as creation of media to evaluate fermentation and growth of these communities. Overall, I found the manuscript and protocols quite clear and I think they will certainly be of use to the larger community. Well done!

We are really glad that the reviewer found the methods to be clear and thinks that they will be useful.

Major Concerns:

None

Minor Concerns:

L7 and throughout: "germ-free" better as "gnotobiotic" or "axenic"

We regard gnotobiotic as having a defined community of microbes. Germ-free or axenic would be relevant terms for cabbages grown in our system.

L30-32: "the system is quick...assembly" feels like it could be rephrased in ways that are not as definitive or make assumptions. For example, instead of "cheap" it could say "relatively inexpensive and less time consuming".

"Easy" also seems a bit subjective here.

The text has been altered to "this system is relatively simple and inexpensive to set up in the lab"

L60: again, feels like there is a better term than "cheap" here

Changed to inexpensive

L80: would be good to have a relative number for the particle size here, in case "MVP" is changed in the future

Noted, approximate particle size added to the document.

L158: why mix into a 15mL solution if you only store 1mL?

We apologize for the confusion on this point. This text has been changed to reflect concerns by Reviewer 1 so hopefully this section is clearer. All 15 mL of the glycerol stock is stored but as a 14 mL inoculation solution and a 1 mL aliquot to determine the concentration of the inoculation solution.

L206: How will researchers know what constitutes 10^4 cells? Would be good to have a measurement step when freezing either through plating dilution series or OD600 or something

By thawing and plating the 1 mL aliquot of glycerol stock the researcher will be able to estimate the concentration of the 14 mL of inoculation solution. Hopefully changes in point 2.1.4 will make this clearer)

L367: would be good to suggest what steps could be implemented to carry out extra "caution" with Bacillus

Added "We do not reuse any pump bottles which have come into contact with *Bacillus* spp"

L377: can change in OD here be used as a quick metric for whether the fermentation is working then (if not for quantifying bacteria)?

We found that using OD to measure fermentation could be misleading as the sterile vegetable extract can clear as it ferments. Checking the pH of the sterile vegetable extract can also be used to check whether fermentation is proceeding.

L382: "a lot of interest" could be rephrased here to be less colloquial

Changed to "is topical as there is evidence that"



Bilko
B. rapa var pekinese



Turnip Purple Top
B. rapa



Cairo Hybrid
B. oleracea



Tropic Giant Hybrid
B. oleracea



Pak Choi Toy Choi
B. campestris



Mustard Red Giant
B. juncea