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Lab-on-a-CD platform for generating multicellular three-dimensional spheroids

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Corresponding Author:	Joong Yull Park, Ph.D. Chung-Ang University Seoul, KOREA, REPUBLIC OF
Corresponding Author's Institution:	Chung-Ang University
Corresponding Author E-Mail:	jrpark@cau.ac.kr
Order of Authors:	Daehan Kim Gi-Hun Lee Jung Chan Lee Joong Yull Park, Ph.D.
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Dear Editor,

Thank you for your last email in which you requested modifications of our manuscript entitled **“Lab-on-a-CD platform for generating multicellular three-dimensional spheroids”** (manuscript ID: JoVE60399). Please find our point-by-point responses to the reviewers’ comments. We believe that after addressing the reviewer’s questions and concerns the revised manuscript is much improved.

We thank the reviewers for the constructive feedback and look forward to hearing from you regarding the status of our manuscript and its suitability for publication in **JoVE**.

Sincerely,

Joong Yull Park, Ph.D., Associate Professor
School of Mechanical Engineering
Chung-Ang University
84 Heukseok-ro, Dongjak-gu
Seoul, 06974, Republic of Korea
Tel: +82-2-820-5888; Email: jrpark@cau.ac.kr

TITLE:**Lab-on-a-CD Platform for Generating Multicellular Three-Dimensional Spheroids****AUTHORS AND AFFILIATIONS:**Daehan Kim¹, Gi-Hun Lee¹, Jung Chan Lee², Joong Yull Park¹¹Department of Mechanical Engineering, Graduate School, Chung-Ang University, Seoul, Republic of Korea²Department of Biomedical Engineering, College of Medicine, Seoul National University, Seoul, Republic of Korea**Corresponding Author:**

Joong Yull Park (jrpark@cau.ac.kr)

Email Addresses of Co-authors:

Daehan Kim (toto0825@cau.ac.kr)

Gi-Hun Lee (coppermine@me.com)

Jung Chan Lee (ljch@snu.ac.kr)

KEYWORDS:

3D spheroid, centrifugal microfluidic systems, lab-on-a-CD, centrifugal force, hypergravity, cell aggregation

SUMMARY:

We present a motor-powered centrifugal microfluidic device that can cultivate cell spheroids. Using this device, spheroids of single or multiple cell types could be easily cocultured under high gravity conditions.

ABSTRACT:

A three-dimensional spheroid cell culture can obtain more useful results in cell experiments because it can better simulate cell microenvironments of the living body than two-dimensional cell culture. In this study, we fabricated an electrical motor-driven lab-on-a-CD (compact disc) platform, called a centrifugal microfluidic-based spheroid (CMS) culture system, to create three-dimensional (3D) cell spheroids implementing high centrifugal force. This device can vary rotation speeds to generate gravity conditions from $1 \times g$ to $521 \times g$. The CMS system is 6 cm in diameter, has one hundred 400 μm microwells, and is made by molding with polydimethylsiloxane in a polycarbonate mold premade by a computer numerical control machine. A barrier wall at the channel entrance of the CMS system uses centrifugal force to spread cells evenly inside the chip. At the end of the channel, there is a slide region that allows the cells to enter the microwells. As a demonstration, spheroids were generated by monoculture and coculture of human adipose-derived stem cells and human lung fibroblasts under high gravity conditions using the system. The CMS system used a simple operation scheme to produce coculture spheroids of various structures of concentric, Janus, and sandwich. The CMS system will be useful in cell biology and tissue engineering studies that require spheroids and organoid culture of single or multiple cell

types.

INTRODUCTION:

It is easier to simulate biological in vivo microenvironments with three-dimensional (3D) spheroid cell culture than with two-dimensional (2D) cell culture (e.g., conventional Petri dish cell culture) to produce more physiologically realistic experimental results¹. Currently available spheroid formation methods include the hanging drop technique², liquid-overlay technique³, carboxymethyl cellulose technique⁴, magnetic force-based microfluidic technique⁵, and the use of bioreactors⁶. Although each method has its own benefits, further improvement in reproducibility, productivity, and generating coculture spheroids is necessary. For example, while the magnetic force-based microfluidic technique⁵ is relatively inexpensive, the effects of strong magnetic fields on living cells must be carefully considered. The benefits of spheroid culture, particularly in the study of mesenchymal stem cell differentiation and proliferation, have been reported in several studies⁷⁻⁹.

The centrifugal microfluidic system, also known as lab-on-a-CD (compact disc), is useful for easily controlling the fluid inside and exploiting the rotation of the substrate and has thus been utilized in biomedical applications such as immunoassays¹⁰, colorimetric assays for detecting biochemical markers¹¹, nucleic acid amplification (PCR) assays, automated blood analysis systems¹², and all-in-one centrifugal microfluidic devices¹³. The driving force controlling the fluid is the centripetal force created by rotation. Additionally, multiple functions of mixing, valving, and sample splitting can be done simply in this single CD platform. However, compared to the above-mentioned biochemical analysis methods, there have been fewer trials applying CD platforms to culture cells, especially spheroids¹⁴.

In this study, we show the performance of the centrifugal microfluidic-based spheroid (CMS) system by monoculture or coculture of human adipose-derived stem cells (hASC) and human lung fibroblasts (MRC-5). This paper describes in detail our group's research methodology¹⁵. Thus, the spheroid culture lab-on-a-CD platform can be easily reproduced. A CMS generating system comprising a CMS culture chip, a chip holder, a DC motor, a motor mount, and a rotating platform, is presented. The motor mount is 3D printed with acrylonitrile butadiene styrene (ABS). The chip holder and rotating platform are CNC (computer numerical control) machined with the PC (polycarbonate). The rotational speed of the motor is controlled from 200 to 4,500 rpm by encoding a PID (proportional-integral-derivative) algorithm based on pulse-width modulation. Its dimensions are 100 mm x 100 mm x 150 mm and it weighs 860 g, making it easy to handle. Using the CMS system, spheroids can be generated under various gravity conditions from 1 x *g* to 521 x *g*, so the study of cell differentiation promotion under high gravity can be extended from 2D cells^{16,17} to 3D spheroid. Coculture of various types of cells is also a key technology for effectively mimicking the in vivo environment¹⁸. The CMS system can easily generate monoculture spheroids, as well as coculture spheroids of various structure types (e.g., concentric, Janus, and sandwich). The CMS system can be utilized not only in simple spheroid studies but also in 3D organoid studies, to consider human organ structures.

PROTOCOL:

1. Centrifugal microfluidic-based spheroid (CMS) culture chip fabrication

1.1. Make PC molds for the top and bottom layers of the CMS culture chip by CNC machining. Detailed dimensions of the chip are given in **Figure 1**.

1.2. Mix PDMS base and PDMS curing agent at a ratio of 10:1 (w/w) for 5 min and place in a desiccator for 1 h to remove air bubbles.

1.3. After pouring the PDMS mixture into the molds of the CMS culture chip, remove air bubbles for 1 h more and cure in a heat chamber at 80 °C for 2 h.

1.4. Place them in the vacuumed plasma cleaner with the surfaces to be bonded facing up and expose them to air-assisted plasma at a power of 18 W for 30 s.

1.5. Bond the two layers of the CMS culture chip and place it in the heat chamber at 80 °C for 30 min to increase adhesion strength.

1.6. Sterilize the CMS culture chip in an autoclave sterilizer at 121 °C and 15 psi.

2. Cell preparation

2.1. Thaw the 1 mL of the vial containing 5×10^5 – 1×10^6 hASCs or MRC-5s cells in a water bath at 36.5 °C for 2 min.

2.2. Add 1 mL of Dulbecco's Modified Eagle Medium (DMEM) to a vial and gently mix with a 1,000 μ L pipette.

2.3. Put 15 mL of the DMEM prewarmed to 36.5 °C into a 150 mm diameter Petri dish using a pipette and add the cells from the vial.

2.4. After 1 day, aspirate the DMEM and replace with 15 mL of fresh DMEM. Subsequently, change the media every 2 or 3 days.

2.5. To detach the cells from the Petri dish, add 4 mL of trypsin to the Petri dishes and place them in an incubator at 36.5 °C and 5% CO₂ for 4 min.

3. Monoculture spheroid formation

3.1. Put 2.5 mL of 4% (w/v) pluronic F-127 solution into the inlet hole of the CMS culture chip (**Figure 2A**) while rotating the chip at 500–1,000 rpm and then rotate the chip at 4,000 rpm for 3 min using the CMS system (**Figure 2B**).

NOTE: The pluronic coating prevents cell attachment to the inlet port while the chip rotates. Make sure air is not trapped in the microwells.

133
134 3.2. Incubate the CMS culture chip filled with pluronic solution overnight at 36.5 °C in 5% CO₂.

135
136 3.3. Remove the pluronic solution, wash out the remaining pluronic solution with DMEM, and
137 dry the chip for 12 h on a clean bench.

138
139 3.4. Add 2.5 mL of DMEM to the CMS culture chip and rotate the chip at ~4,000 rpm for 3 min
140 for prewetting the inside of the chip.

141
142 3.5. Stop the rotation and pull out 100 µL of DMEM to make room for injecting the cell suspension.

143
144 3.6. Add 100 µL of cell suspensions that contain either 5×10^5 hASCs or 8×10^5 MRC-5s by
145 pipetting while the chip rotates at 500–1,000 rpm. Uniformly distribute the cells by pipetting 3–
146 5x for resuspension.

147
148 3.7. Rotate the chip at 3,000 rpm for 3 min to trap cells in each microwell by centrifugal force.

149
150 NOTE: Excessive rotational speed can cause cell escape through solution ejection holes.

151
152 3.8. Culture the cells for 3 days in the incubator at 36.5 °C, >95% humidity, and 5% CO₂, rotating
153 at 1,000–2,000 rpm. Change culture medium every day.

154 155 **4. Coculture spheroid formation**

156 157 **4.1. Concentric spheroids formation**

158
159 4.1.1. Add the first cells, 2.5×10^5 hASCs, and rotate the chip at 3,000 rpm. After 3 min, add the
160 second cells, 4×10^5 MRC-5s, and rotate the chip at 3,000 rpm for 3 min. Inject a total of 100 µL
161 of cell suspensions by pipetting. When the cells are injected, shift the rotational speed to 500–
162 1,000 rpm.

163
164 4.1.2. Culture the cells in the incubator at 36.5 °C, >95% humidity%, and 5% CO₂ by rotating at
165 1,000–2,000 rpm. The concentric spheroids are created within 24 h. For long-term culture,
166 change the culture medium every day.

167 168 **4.2. Janus spheroid formation**

169
170 4.2.1. Add 100 µL of cell suspensions containing the first cells, 2.5×10^5 hASCs, by pipetting while
171 the chip rotates at 500–1,000 rpm. Then, rotate the chip at 3,000 rpm for 3 min.

172
173 4.2.2. Incubate the chip at 36.5 °C, >95% humidity, and 5% CO₂ by rotating at 1,000–2,000 rpm
174 for 3 h.

175
176 4.2.3. Add 100 µL of the cell suspensions containing the second set of cells, 4×10^5 MRC-5s, by

177 pipetting while the chip rotates at 500–1,000 rpm. Then, rotate the chip at 3,000 rpm for 3 min.

178
179 4.2.4. Culture the cells in the incubator at 36.5 °C, >95% humidity, and 5% CO₂ by rotating at
180 1,000–2,000 rpm. The Janus spheroids are created within 24 h. For long-term culture, change the
181 culture medium every day.

182 183 **4.3. Sandwich spheroid formation**

184
185 4.3.1. Add 100 µL of cell suspensions containing the first cells, 1.5×10^5 hASCs, by pipetting while
186 the chip rotates at 500–1,000 rpm. Then, rotate the chip at 3,000 rpm for 3 min.

187
188 4.3.2. Incubate the chip at 36.5 °C, >95% humidity, and 5% CO₂ by rotating at 1,000–2,000 rpm
189 for 3 h.

190
191 4.3.3. Add 100 µL of cell suspensions containing the second cells, 3×10^5 MRC-5s, by pipetting
192 while the chip rotates at 500–1,000 rpm. Then, rotate the chip at 3,000 rpm for 3 min.

193
194 4.3.4. Incubate the chip at 36.5 °C, >95% humidity%, and 5% CO₂ by rotating at 1,000–2,000 rpm
195 for 3 h.

196
197 4.3.5. Add 100 µL of cell suspensions containing the third cells, 1.5×10^5 hASCs, by pipetting while
198 the chip rotates at 500–1,000 rpm. Then, rotate the chip at 3,000 rpm for 3 min.

199
200 4.3.6. Culture the cells in the incubator at 36.5 °C, >95% humidity%, and 5% CO₂ by rotating at
201 1,000–2,000 rpm. The sandwich spheroids are created within 12 h. For long-term culture, change
202 the culture medium every day.

203 204 **5. Cell staining**

205
206 5.1. Warm the cell fluorescence dye to room temperature (20 °C).

207
208 5.2. Add 20 µL of anhydrous dimethylsulfoxide (DMSO) per vial to make a 1 mM solution.

209
210 5.3. Dilute the fluorescence to a final working concentration of 1 µM using DMEM.

211
212 5.4. Add the fluorescence to the cell suspension and gently resuspend using a pipette.

213
214 5.5. Incubate 20 min at 36.5 °C, humidity of >95%, and 5% CO₂.

215 216 **REPRESENTATIVE RESULTS:**

217 The 6 cm diameter CMS culture chip (**Figure 2**) was successfully made following the above
218 protocol. First, the chip was made separately from a top layer and a bottom layer and then
219 bonded together by plasma bonding. Resulting spheroids can be easily gathered by detaching the
220 chip. The channel of the CMS culture chip comprises an inlet port and central, slide, and microwell

regions (**Figure 3**). The cell, medium, and pluronic solutions are injected through an inlet hole with a diameter of 5 mm. The injected cells are evenly distributed by resuspension 3–5x in the inlet port region. The cells are subjected to centrifugal force in the central region and spread outward. Because the central region is higher than the microwell, it can contain more media, allowing the spheroids to survive longer. The height of the microwell is 0.4 mm and the height of the central region is 1.5 mm. Suction holes are present at the center of the central region to easily remove the internal solutions. The slide region is a sloping area connecting the central region and the microwell region. The cells move along a 45° slope and settle in the microwell region, where the cells settle, grow, and tangle to form spheroids. Microwells located 14 mm from the center of the chip are semicylindrical with a height of 400 μm and a diameter of 400 μm . A total of 100 spheroids can be generated simultaneously in 100 microwells.

Using the prepared CMS chip, spheroids can be generated in the order shown in the protocol (**Figure 4**). Monoculture and coculture spheroids were generated with hASC and MRC-5 cells. To generate a monoculture spheroid of each type of cell, 5×10^5 hASCs or 8×10^5 MRC-5s were injected. The number of cells injected was independent of the cell size. Time-lapse images of both types of cells were taken at 2,000 rpm until day 3 of cell culture (**Figure 5**). Coculture spheroids of hASCs and MRC-5s were also generated with concentric, Janus, and sandwich structures. To make concentric spheroids, the first cells (2.5×10^5 hASCs) were injected and the second cells (4×10^5 MRC-5s) were injected 3 min later (**Figure 6A**). When the first cells were injected, they became U-shaped due to high gravity, and when the second cells were injected, they moved to the middle of the U-shape. Over time, the first U-shape cells encircled the second cells and completed the concentric spheroids. To make Janus spheroids, the first cells (2.5×10^5 hASCs) were injected, and the second cells (4×10^5 MRC-5s) were injected 3 h later (**Figure 6B**). When the injection interval between the two cells was long, the shape of the first cells changed from a U-shape to an elliptical shape by cell aggregation. Once the second cells were added to the elliptical shape of the first cells, the Janus spheroids were generated. In the case of the sandwich spheroids, the first cells (1.5×10^5 hASCs) were injected, the second cells (3×10^5 MRC-5s) were injected 3 h later, and the third cells (1.5×10^5 hASCs) were injected after another 3 h (**Figure 6C**). Similar to the Janus spheroid, each cell aggregated into an elliptical shape, and the three layers stacked to generate sandwich spheroids. Lastly, to demonstrate the long-term culture capability of the CMS, hASCs were cultured, exposed to high gravity for 7 days followed by a live/dead assay performed to show that most cells survived (**Figure 7**). Also, photos of all microwells of the CMS were taken after 3 days of MRC-5s cultivation to show excellent uniformity and sphericity of spheroids (**Figure 8**).

FIGURE AND TABLE LEGENDS:

Figure 1: Dimensions of the top and bottom layers of a CMS culture chip. The PC mold was made using a CNC machine and replicated with PDMS to make a CMS culture chip based on the drawing created by a 3D CAD (computer-aided design) program. The four circles at the edges of the top and bottom layers are for aligning the two layers. Dimensions are in millimeters.

Figure 2: Photographs of the CMS system. (A) Photographs of the completed CMS culture chip.

The diameter of the chip is 6 cm and the diameter of the microwell is 400 μm . The numbers above the microwells represent the individual numbers of the microwells from 1 to 100. These numbers were engraved into the mold. Scale bar = 400 μm . (B) Photograph of the whole CMS system. The CMS system comprises the CMS culture chip, chip holder, DC motor, and rotating platform. CMS devices can generate gravity conditions up to 521 $\times g$ through rotational force. The chip holder prevents separation of the CMS culture chip due to high gravity.

Figure 3: Channel components of the CMS. (A) Schematic images and (B) photographs of a cross-section of the CMS culture chip. The CMS culture chip consists of an inlet port and central, slide, and microwell regions. Because the injected cells do not pass through the barrier at a rotational speed of less than 1,000 rpm, the barrier helps in the resuspension of the cell and even distribution to the microwell. Scale bar = 2 mm.

Figure 4: Process of loading cells into the CMS culture chip. (A) To prevent cells from sticking to the bottom of the chip, coat with 2.5 mL of the pluronic F-127 solution at 4,000 rpm. Wait a day for the coating to be applied. (B) Remove the pluronic solution and prefill the channel with 2.5 mL of the DMEM medium. (C) Remove 100 μL of the DMEM and add 100 μL of cell suspension. At this time, resuspend 3–5x so that the cells are evenly distributed. (D) Move the cells to the microwell by rotating the chip, and then culture the cells for 3 days at 1,000 to 2,000 rpm.

Figure 5: Time-lapse photograph of monoculture spheroids of hASC and MRC-5 cells. Cells were grown for 24 h at 2,000 rpm. The spheroid was generated within 24 h. Scale bar = 400 μm .

Figure 6: Fluorescence images of coculture spheroids. (A) Concentric spheroid shapes in which hASC cells (green) surround MRC-5 cells (red). (B) Janus spheroid shape in which two cells are symmetrical. (C) Sandwich spheroid shape in which hASC layers are stacked between two MRC-5 layers. Scale bar = 400 μm .

Figure 7: Live/Dead assay of hASC on Day 7. The green fluorescent color represents living cells and the red fluorescent color represents dead cells. Scale bar = 400 μm .

Figure 8: MRC-5 spheroids on Day 3. A relatively constant number of cells enter each microwell and form spheroids having relatively constant sphericity in the CMS system.

Figure 9: Harvesting spheroids. Cultured spheroids can be harvested by dividing the two layers of the CMS culture chip. The two plasma-bonded layers can be easily separated by hand. Then the spheroids are collected from the microwells in the bottom layer simply by pipetting. Scale bar = 400 μm .

DISCUSSION:

The CMS is a closed system in which all injected cells enter the microwell without waste, making it more efficient and economical than conventional microwell-based spheroid generation methods. In the CMS system, the media is replaced every 12–24 h through a suction hole designed to remove the media in the chip (Figure 3A). During the media suction process, barely

any media escapes from inside the microwell due to the surface tension between the media and the wall of the microwell. A user can easily remove the trapped media by pressing near the microwell region of the chip with a finger, because the chip made of PDMS is elastic and flexible. Cells in the microwell remain stable without escaping, even with multiple media changes. To achieve the same quality of spheroid in all 100 microwells, the rotation of the device should not be eccentric, and the chip should be axisymmetrical. Otherwise, a variable number of cells may enter each well and the size and shape of the spheroid could differ. In the conventional microwell system, because the air is often trapped in the microwell, it is necessary to remove the air bubbles. However, the CMS system does not require the bubble removal process because the high centrifugal force generated by the rotation causes the media to push the bubbles and squeeze them out from the microwells.

The CMS system also has its limitations compared to conventional methods. The CMS system requires a larger culture space (e.g., large incubator space) as it comprises a motor, rotating platform, and a controller, and its total size is approximately 100 mm x 100 mm x 150 mm (**Figure 2B**). In addition, it causes a slight but persistent vibration. We expect that the miniaturization of the system (hopefully similar to the size of 6 well plates) will solve these issues.

It should be noted that the cultured spheroids can be collected by separating the two plasma-bonded layers of the CMS system (**Figure 9**). The bonding of the two layers is strong enough to prevent the media from leaking during system operation. However, owing to the small bonding area, it is separable by hand. The spheroids can be simply collected from the bottom layer by pipetting.

The CMS system has better reproducibility and productivity than conventional methods of spheroid generation. The conventional methods, such as normal microwell or hanging droplet methods, are labor-intensive. However, in the CMS system, it is much easier to increase the number of spheroids by simply increasing the chip size. With this device, it is also possible to generate organoids that require culture of multicell types, which is not easy to do in conventional culture methods. In addition to the cells in this study (hASC and MRC-5), CMS could be used for spheroid production using various other types of cells that can form spheroids.

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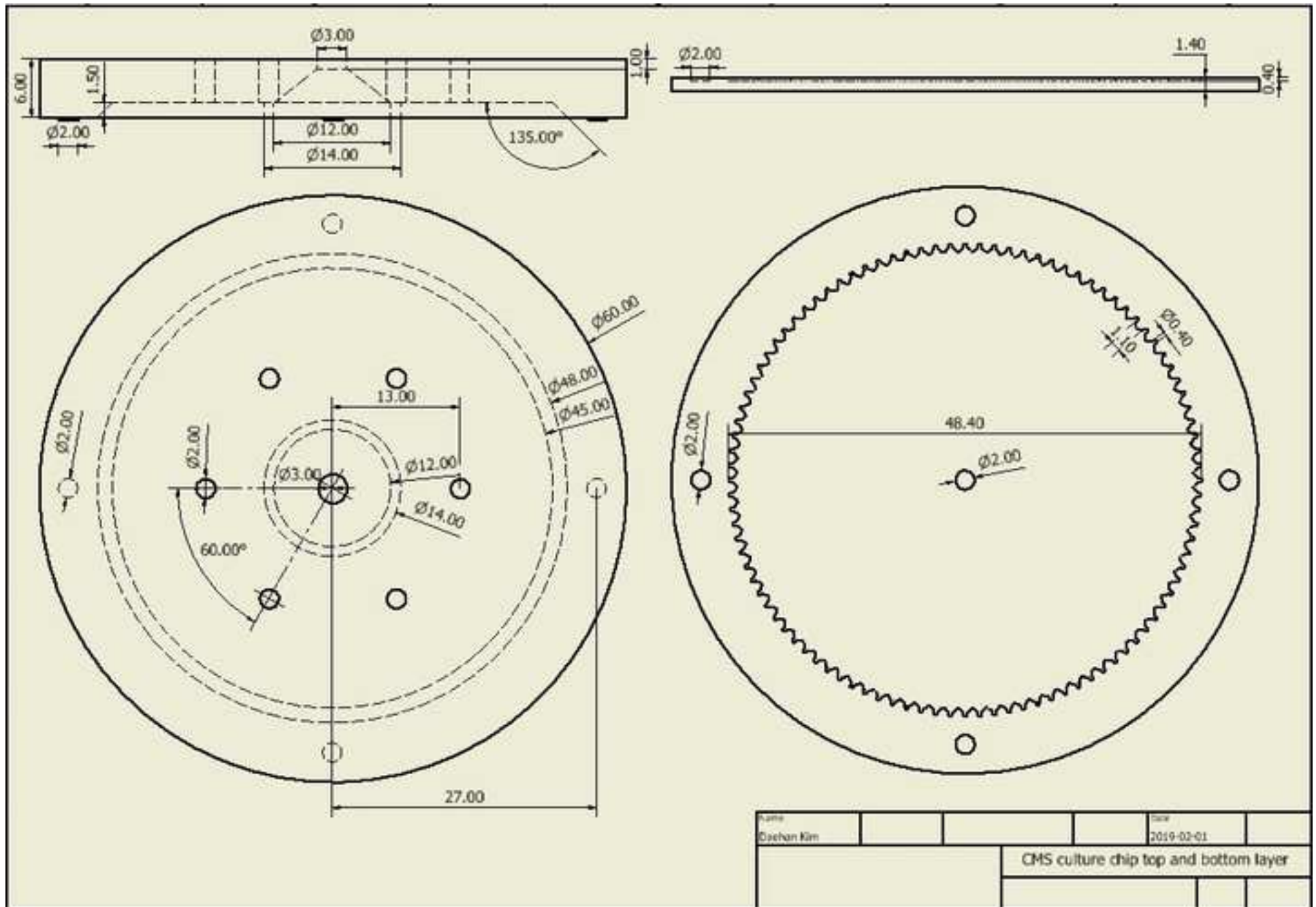
DISCLOSURES:

The authors have nothing to disclose.

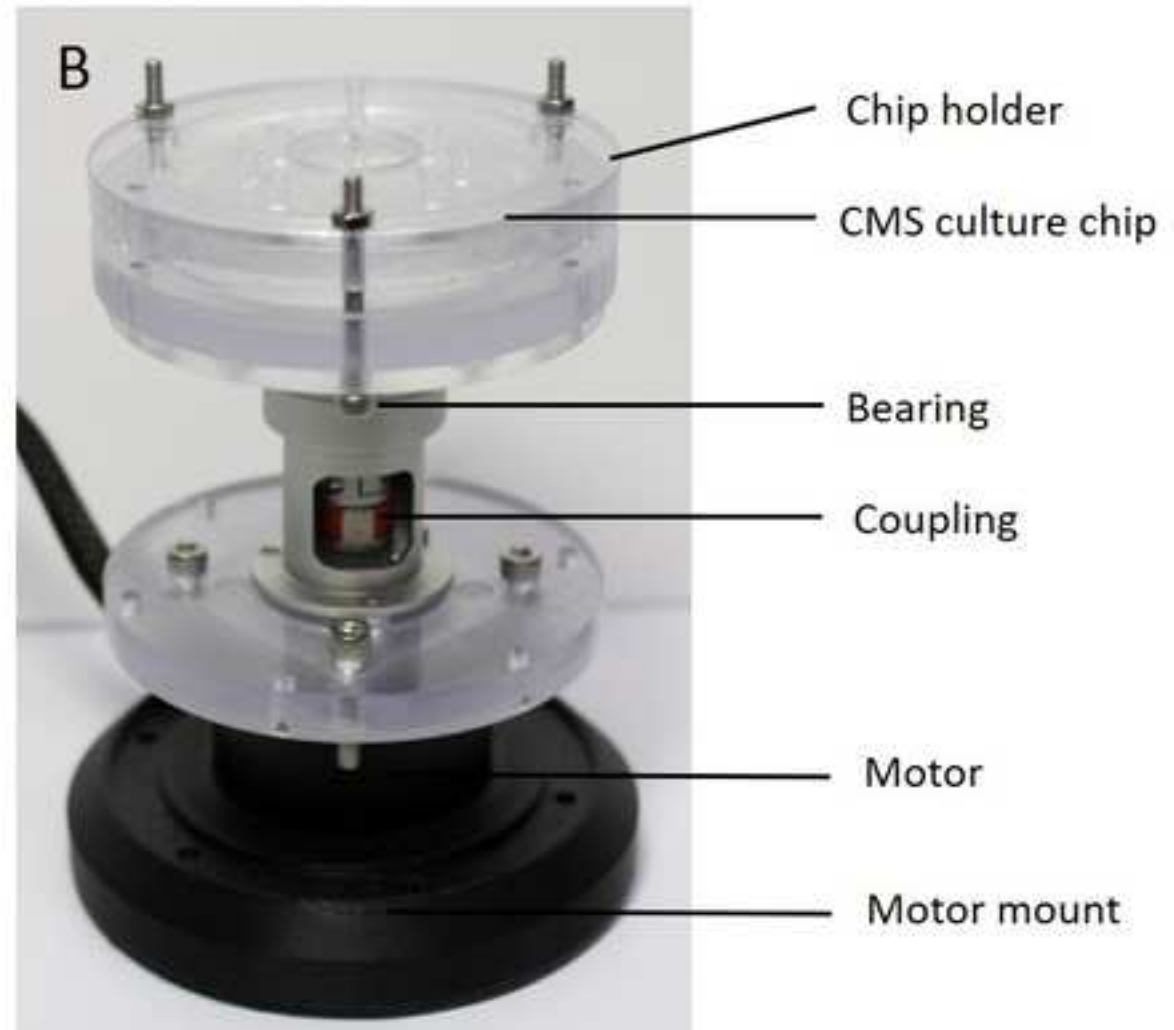
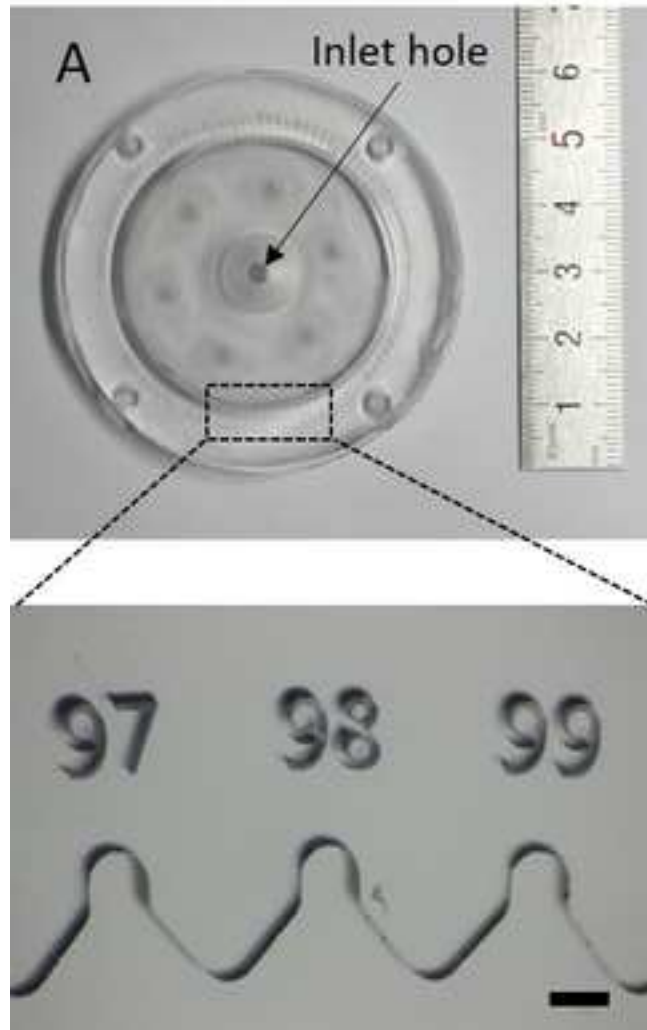
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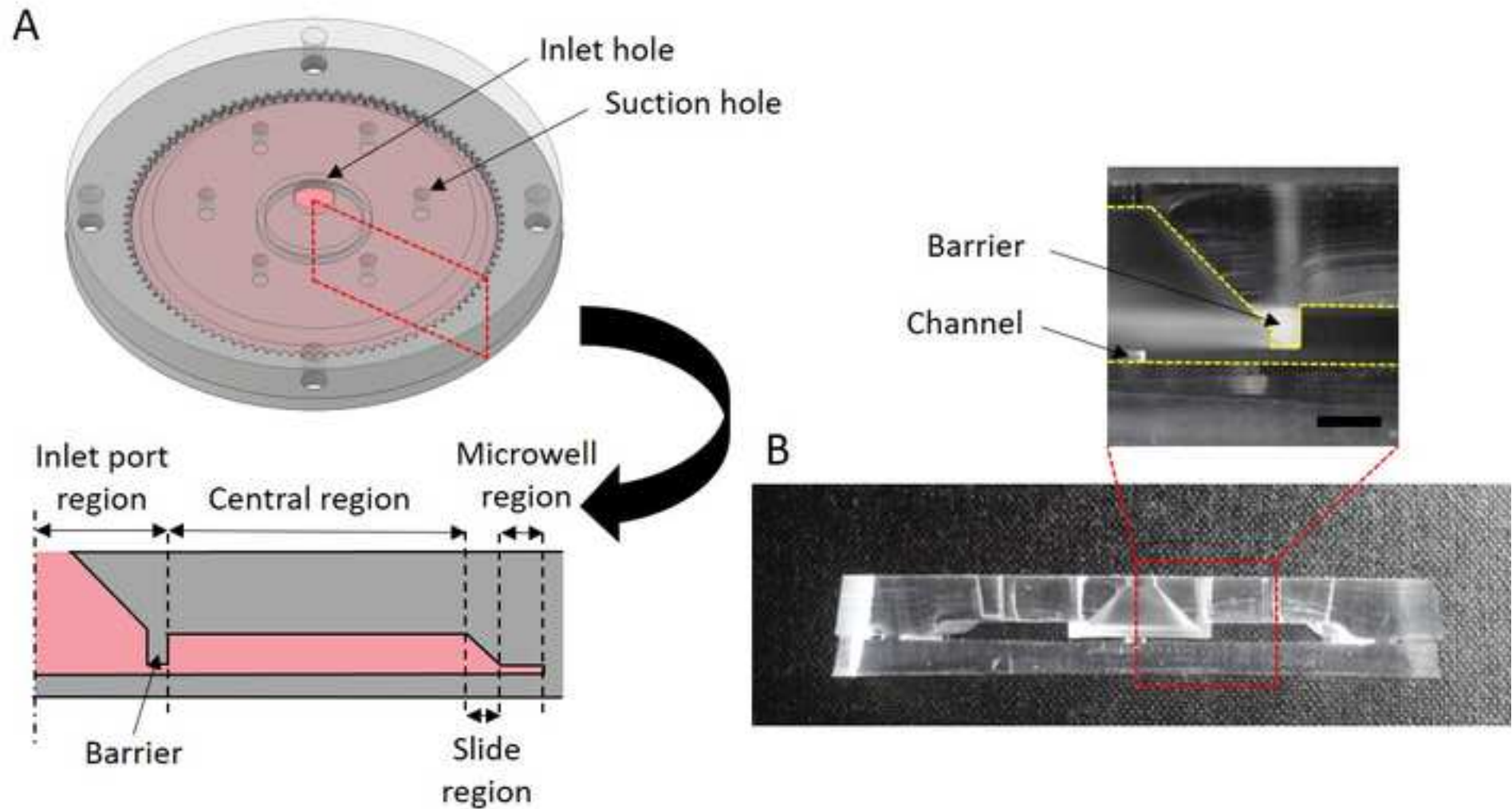
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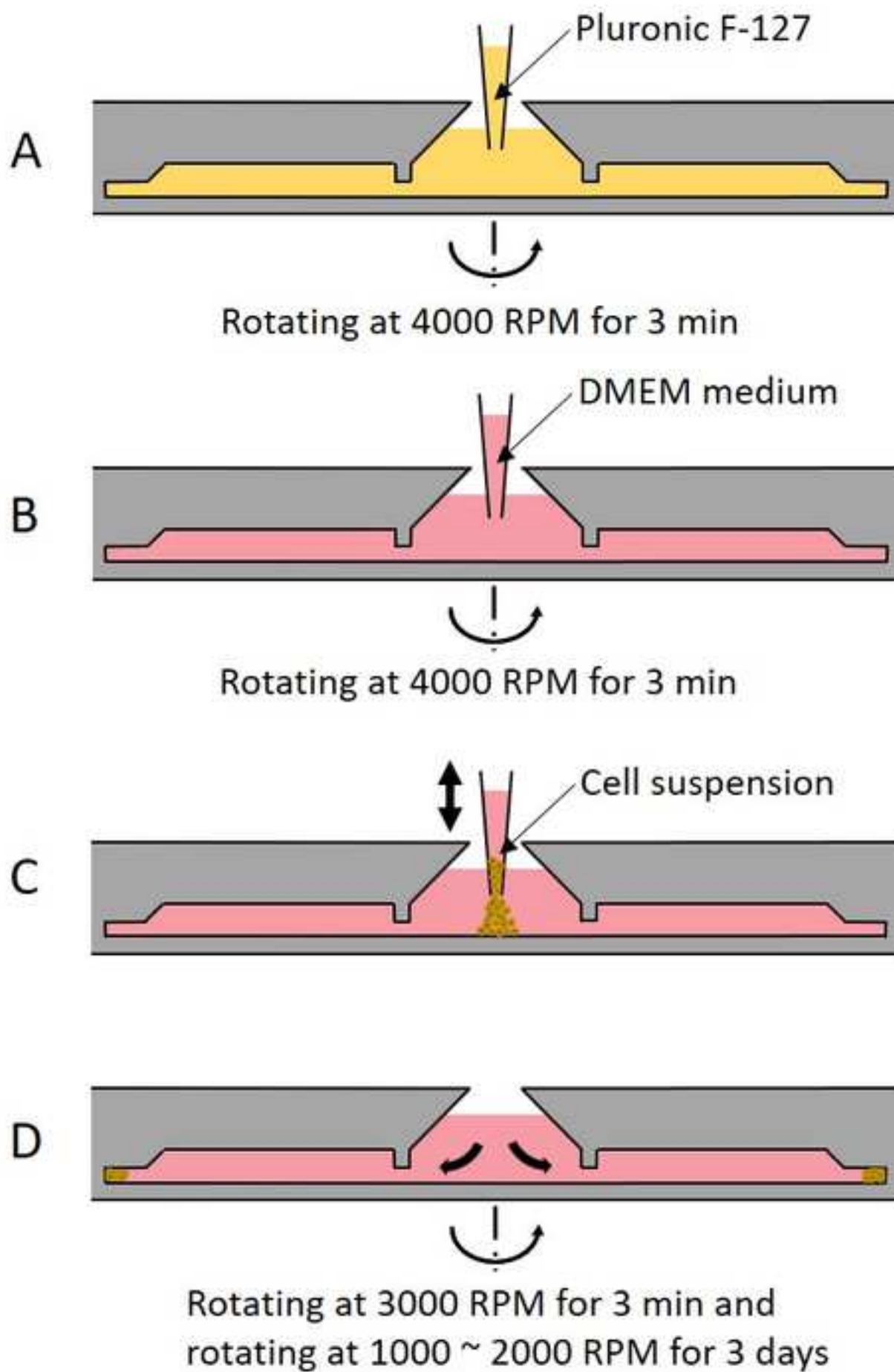


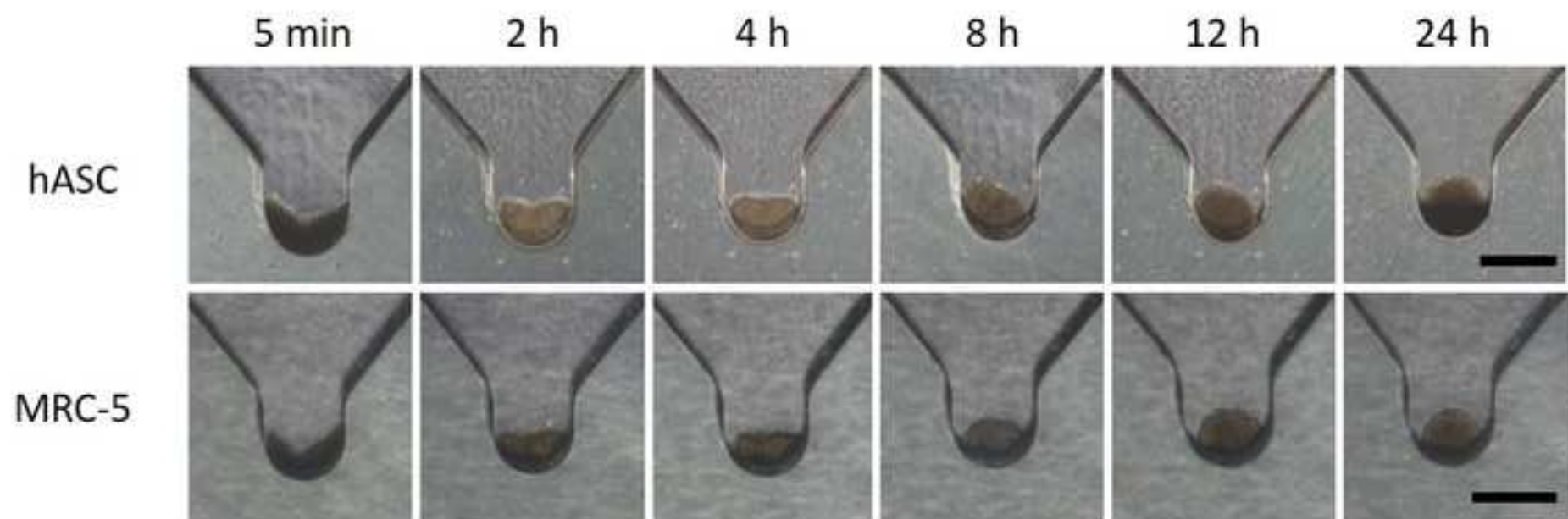
Photographs of CMS system

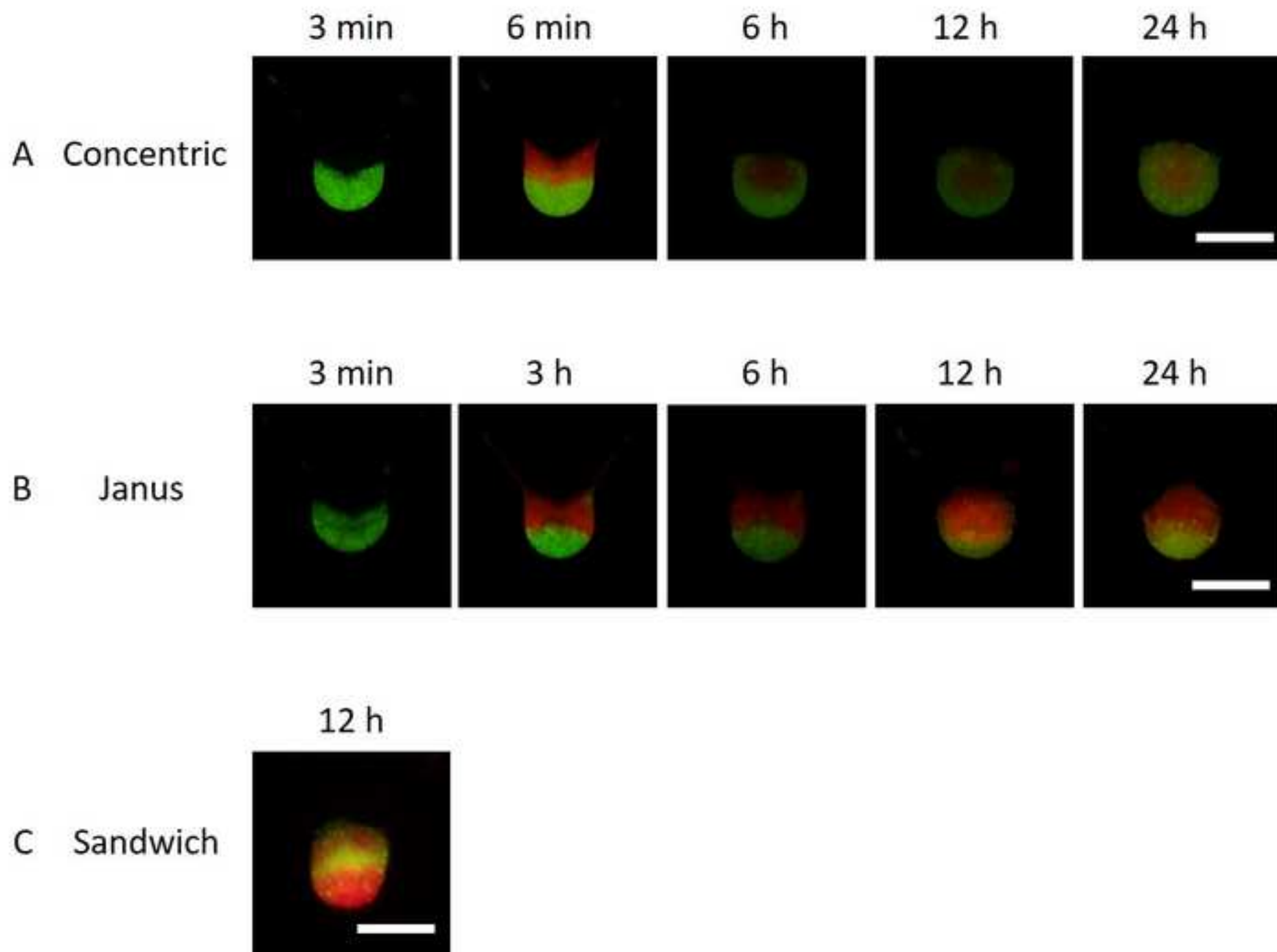


Schematic images and photographs of a cross-section of the CMS culture chip



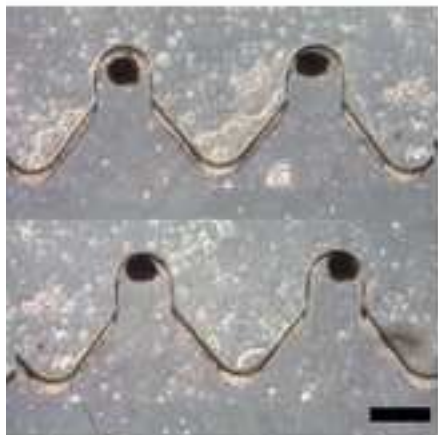




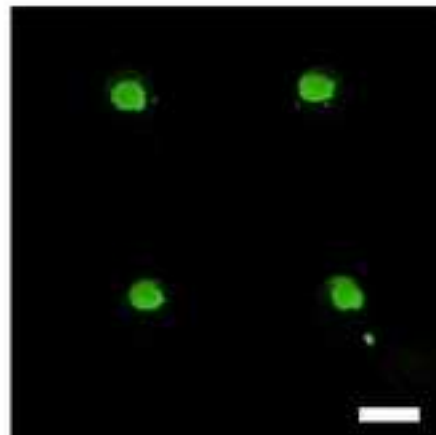


Live/Dead assay of hASC on Day 7

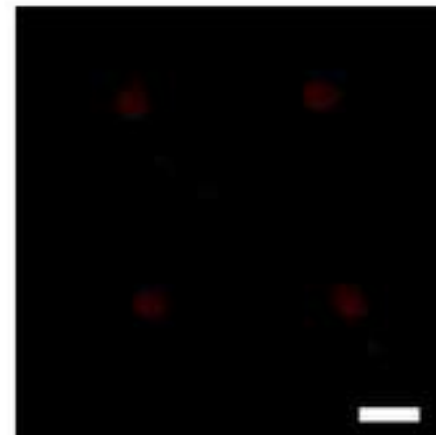
Bright field



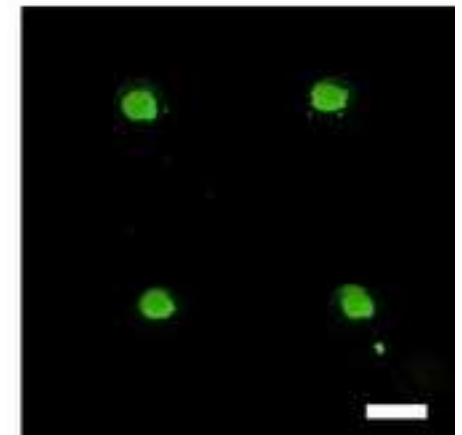
Live



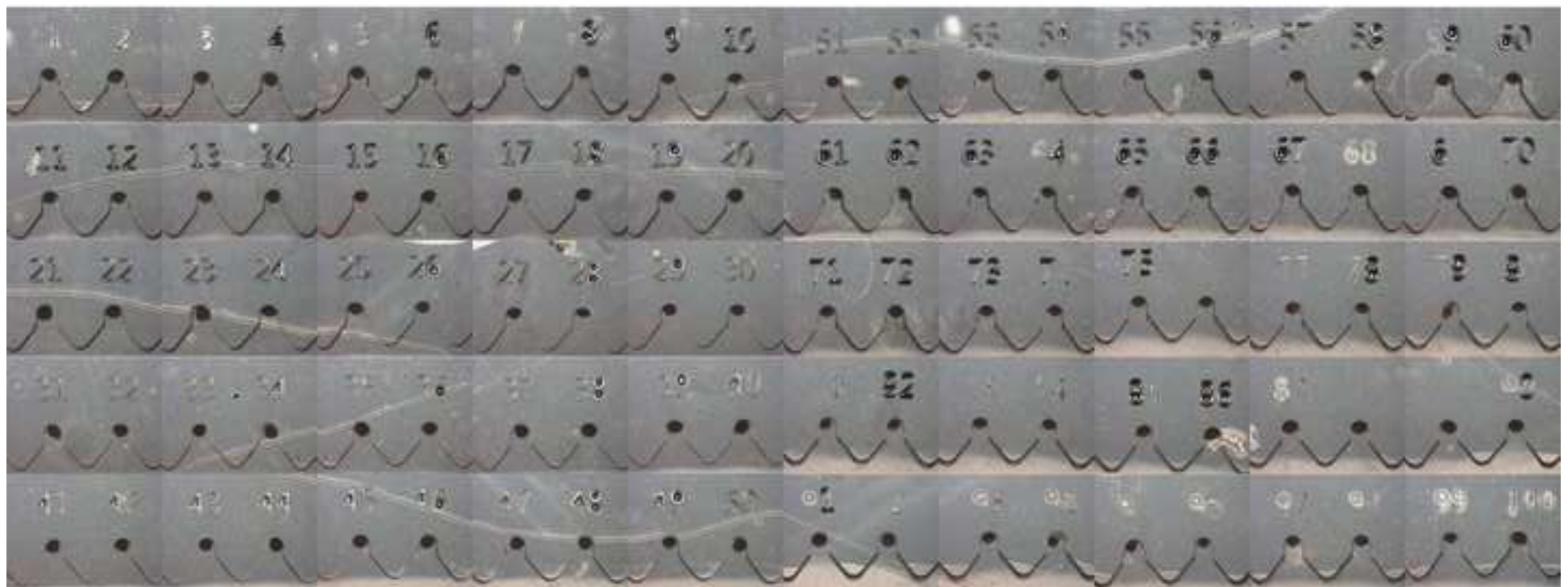
Dead



Merged



MRC-5 spheroids on Day 3



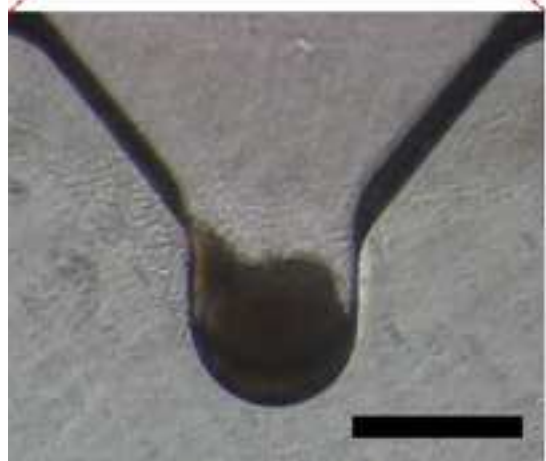
Spheroids harvesting



Separate CMS culture chip



Harvest spheroids with pipette



Name of Material/Equipment	Company	Catalog Number
3D printer	Cubicon	3DP-210F
Adipose-derived mesenchymal stem cells (hASC)	ATCC	PCS-500-011
Antibiotic-Antimycotic	Gibco	15240-062
CellTracker Green CMFDA	Thermo Fisher Scientific	C2925
CellTracker Red CMTPX	Thermo Fisher Scientific	C34552
Computer numerical control (CNC) rotary engraver	Roland DGA	EGX-350
DC motor	Nurielectricity Inc.	MB-4385E
Dimethylsulfoxide (DMSO)	Sigma Aldrich	D2650
Dulbecco's modified eaggles medium (DMEM)	ATCC	30-2002
Dulbecco's phosphate buffered saline (D-PBS)	ATCC	30-2200
Fetal bovine serum	ATCC	30-2020
human lung fibroblasts (MRC-5)	ATCC	CCL-171
Inventor 2019	Autodesk	
Petri dish Φ 150 mm	JetBiofill	CAD010150
Plasma cleaner	Harrick Plasma	PDC-32G
Pluronic F-127	Sigma Aldrich	11/6/9003
Polycarbonate (PC)	Acrylmal	AC15PC
Polydimethylsiloxane (PDMS)	Dowcorning	Sylgard 184
Trypsin	Gibco	12604021

Comments/Description

Contained 1% of completed medium and buffer

10 mM

10 mM

Contained 10% of completed medium

3D computer-aided design program

Surface Treated

Dilute with phosphate buffered saline to 4% (w/v) solution

200 x 200 x 15 mm

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Author(s):	Daehan Kim, Gi - Hun Lee, Jung Chan Lee, Joong Yull Park

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CORRESPONDING AUTHOR

Name:	Joong Yull Park		
Department:	Mechanical Engineering		
Institution:	Chung - Ang University		
Title:	Associate Professor		
Signature:		Date:	7 JUNE 2019

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Editorial comments:

General:

1. Please take this opportunity to thoroughly proofread the manuscript to ensure that there are no spelling or grammar issues.

Response: We re-checked typos and grammar issues.

2. Please include email addresses for all authors in the manuscript.

Response: All authors' emails now are included.

3. Please define all abbreviations before use, e.g., CD, CNC.

Response: Abbreviations are defined as shown in the box below.

ABSTRACT:

A **three-dimensional** spheroid cell culture can obtain more useful results in cell experiments because it can better simulate cell microenvironments of the living body than a **two-dimensional** cell culture. In this study, we fabricated an electrical motor-driven Lab-on-a-**CD (compact disc)** platform, called a centrifugal microfluidic-based spheroid (CMS) culture system, to create 3D cell spheroids implementing high centrifugal force.

...

INTRODUCTION:

...

In this study, we demonstrate the performance of the centrifugal microfluidic-based spheroid (CMS) system by mono-culture or co-culture of human adipose-derived stem cells (hASC) and human lung fibroblasts (MRC-5). This paper describes in detail the methodology of the existing paper of our group¹⁵, thus the spheroid culture in CD platform can be easily reproduced. A CMS generating system comprising a CMS culture chip, a chip holder, a DC motor, a motor mount, and a rotating platform, is presented. The motor mount is 3D printed with the **acrylonitrile butadiene styrene (ABS)**. The chip holder and rotating platform are **CNC (computer numerical control)** machined with the **PC (polycarbonate)**. The rotational speed of motor is controlled from 200 to 4500 rpm by encoding a **PID (proportional-integral-derivative)** algorithm based on pulse width modulation. Its dimensions are 100 x 100 x 150 mm³ and it weighs 860 g, making it easy to handle. Using the CMS system, spheroids can be generated under various gravity conditions from 1 to 521 G, so the study of cell

differentiation promotion under high gravity can be extended from 2D cell^{16, 17} to 3D spheroid. Co-culture of various types of cells is also a key technology for effectively mimicking the *in vivo* environment¹⁸. The CMS system can easily generate mono-culture spheroids, as well as co-culture spheroids of various structure types (concentric, Janus, and sandwich). The CMS system can be utilized not only in simple spheroid studies but also in 3D organoid studies, which considers human organ structures.

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Response: All commercial languages are deleted from the manuscript, as shown in the box below.

PROTOCOL:

...

1.2 Mix PDMS base and PDMS curing agent at a ratio of 10: 1 (w/w) for 5 min and place in a desiccator for 1 h to remove air bubbles.

...

2.2 Add 1 mL of Dulbecco's Modified Eagle Medium (DMEM) to vial and gently mix with 1000 µL pipette.

...

3.1 Put 2.5 mL of 4 % (w/v) pluronic F-127 solution into the inlet hole of CMS culture chip (Figure 2A) while rotating the chip at 500-1000 rpm and then rotate the chip at 4000 rpm for 3 min using CMS system (Figure 2B).

...

3.6 Add 100 µL of cell suspensions that contain either 5×10^5 hASCs or 8×10^5 MRC-5s by pipetting while the chip rotates at 500-1000 rpm and resuspend the cells 3-5 times by pipetting to be uniformly distributed.

FIGURE AND TABLE LEGENDS:

Figure 1: Dimensions of the top and bottom layers of a CMS culture chip designed by Autodesk Inventor 2019. PC mold was fabricated using CNC machine and replicated with PDMS to make a

CMS culture chip of the drawing created by 3D CAD (computer-aided design) program. The four circles at the edges of the top and bottom layers are for aligning the two layers. The unit is 'mm'.

Protocol:

1. For each protocol step, please ensure you answer the “how” question, i.e., how is the step performed? Alternatively, add references to published material specifying how to perform the protocol action. If revisions cause a step to have more than 2-3 actions and 4 sentences per step, please split into separate steps or substeps.

Specific Protocol steps:

1. 1.4: Please provide more detailed instructions or a reference for plasma bonding.

Response: The plasma bonding process is described in detail. To address this issue, changes were made (in red) to the manuscript, as shown in the box below.

PROTOCOL:

...

1.4 Place them in the vacuumed plasma cleaner with the surfaces to be bonded facing up and expose them to air-assisted plasma at a power of 18 W in 30 s.

1.5 Bond the two layers of the CMS culture chip and place it in the heat chamber at 80 ° C for 30 min to increase adhesion strength.

1.6 Sterilize the CMS culture chip in an autoclave sterilizer at 121 °C and 15 psi.

2. 2.1: How is the chip rotated, exactly? How is the solution put into it while it is spinning? Please refer to Figures as necessary.

Response: The CMS culture chip is rotated by the rotation system in Figure 2B. The solution is injected through the inlet hole. To address the above-mentioned issues clearly, some changes were made (in red) to the manuscript, as shown in the box below.

PROTOCOL:

...

3. Mono-culture spheroid formation

3.1 Put 2.5 mL of 4 % (w/v) pluronic F-127 solution into the inlet hole of CMS culture chip (Figure 2A) while rotating the chip at 500-1000 rpm and then rotate the chip at 4000 rpm for 3 min using CMS system (Figure 2B).

3. 2.6: How do you resuspend?

Response: We used a pipette. To address this, changes were made (in red) to the manuscript, as shown in the box below.

PROTOCOL:

...

3.6 Add 100 μ L of cell suspensions that contain either 5×10^5 hASCs or 8×10^5 MRC-5s by pipetting while the chip rotates at 500-1000 rpm and resuspend the cells 3-5 times by pipetting to be uniformly distributed.

4.3.2.1, 3.3.1, 3.3.4, 3.4.1, 3.4.3, 3.4.5: Are these steps similar to 2.6 (i.e., 100 μ L solution, pipetting)?

Response: The steps mentioned are the same as the 2.6 step. The protocol has been modified in the same way, as shown in the box below.

PROTOCOL:

...

4.2.1 Add the first cells, 2.5×10^5 hASCs and rotate the chip at 3000 rpm. After 3 min, add the second cells, 4×10^5 MRC-5s and rotate the chip at 3000 rpm for 3 min. When the cells are injected, shift the rotational speed to 500-1000 rpm and 100 μ L of cell suspensions are injected by pipetting.

...

4.3.1 Add 100 μ L of cell suspensions containing the first cells, 2.5×10^5 hASCs by pipetting while the chip rotates at 500-1000 rpm and rotate the chip at 3000 rpm for 3 min.

...

4.3.3 Add 100 μ L of cell suspensions containing the second cells, 4×10^5 MRC-5s by pipetting while the chip rotates at 500-1000 rpm and rotate the chip at 3000 rpm for 3 min.

...

4.4.1 Add 100 μ L of cell suspensions containing the first cells, 1.5×10^5 hASCs by pipetting while the chip rotates at 500-1000 rpm and rotate the chip at 3000 rpm for 3 min.

...

4.4.3 Add 100 μ L of cell suspensions containing the second cells, 3×10^5 MRC-5s by pipetting while the chip rotates at 500-1000 rpm and rotate the chip at 3000 rpm for 3 min.

...

4.4.5 Add 100 μ L of cell suspensions containing third cells, 1.5×10^5 hASCs by pipetting while the

chip rotates at 500-1000 rpm and rotate the chip at 3000 rpm for 3 min.

Figures:

1. Figure 1: Please include units.

Response: We added the unit (mm) in the caption., as shown in the box below.

FIGURE AND TABLE LEGENDS:

Figure 1: Dimensions of the top and bottom layers of a CMS culture. PC mold was fabricated using CNC machine and replicated with PDMS to make a CMS culture chip of the drawing created by 3D CAD (computer-aided design) program. The four circles at the edges of the top and bottom layers are for aligning the two layers. The unit is 'mm'.

2. Figure 2A: The numbers here aren't apparent in the diagram in Figure 1; please clarify how they are made. Also, how long is the scale bar?

Response: The numbers above the microwells represent the individual numbers of the microwells, from 1 to 100. These numbers were engraved into the mold using the CNC machine. The scale bar was added. To address the above-mentioned issues, changes were made (in red) to the manuscript, as shown in the box below.

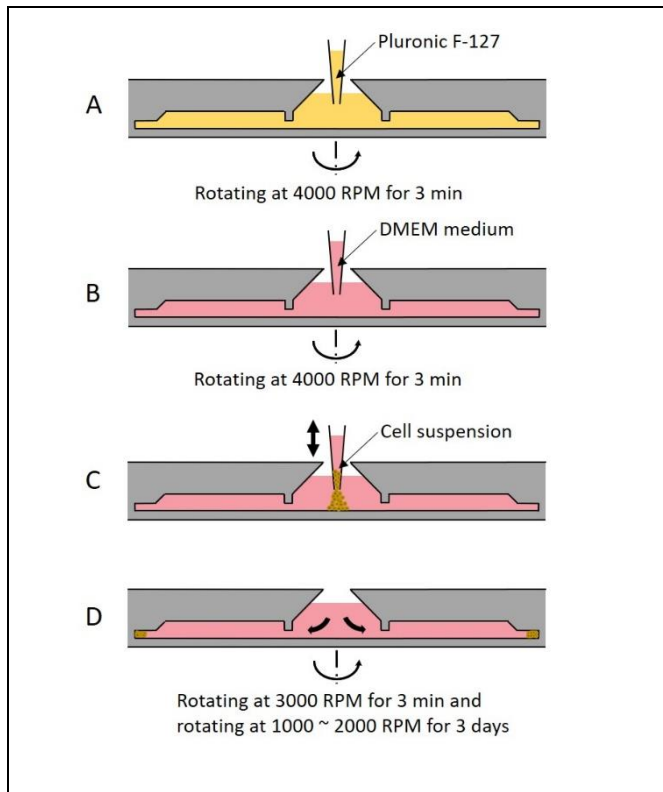
FIGURE AND TABLE LEGENDS:

...

Figure 2: Photographs of the CMS. (A) Photographs of the completed CMS culture chip. The diameter of the chip is 6 cm and the diameter of the microwell is 400 μm . The numbers above the microwells represent the individual numbers of the microwells, from 1 to 100. These numbers were engraved into the mold using the CNC machine. The scale bar corresponds to 400 μm . (B) Photograph of the whole CMS system. The CMS system comprises the CMS culture chip, chip holder, DC motor, and rotating platform. CMS devices can generate gravity conditions up to 521G through rotational force. The chip holder prevents separation of the CMS culture chip from high gravity.

3. Figure 3: '3 days', not '3days' (i.e., include a space).

Response: Figure 4 is now corrected as shown below.



References:

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2. Please do not abbreviate journal titles.

Response: Reference format is now corrected as advised.

Table of Materials:

1. Please ensure the Table of Materials has information on all materials and equipment used, especially those mentioned in the Protocol.

Response: Information of plasma cleaner, 3D computer-aided design program, 3D printer, ABS, Petri dish, Trypsin, Antibiotic-Antimycotic, DMSO, and live/dead kit were added in the Table of Materials.

Reviewers' comments:

Reviewer #1:

Minor Concerns:

The authors describe interesting method of producing cell spheroids for different applications.

The described protocol looks quite detailed and well established.

The benefits and shortcomings of the protocol are mentioned in the text.

However, I believe the manuscript misses one important part about the harvesting of spheroids from the Lab-on-a-CD system.

I believe it would be valuable, since the spheroid generation (by using any method) is only a first step in their further application.

Such an addition would increase the significance of the presented method.

The comments/description page is unclear.

Response: We thank the reviewer for this helpful comment. It is important to harvest the spheroids as reviewer asked. In this study, it is difficult to collect spheroids by pipetting from the combined CMS culture chip. So, plasma bonded chip is separated, and spheroids are collected. We added related contents and figure.

To address the above-mentioned issues, changes were made (in red) to the manuscript, as shown in the box below.

DISCUSSION:

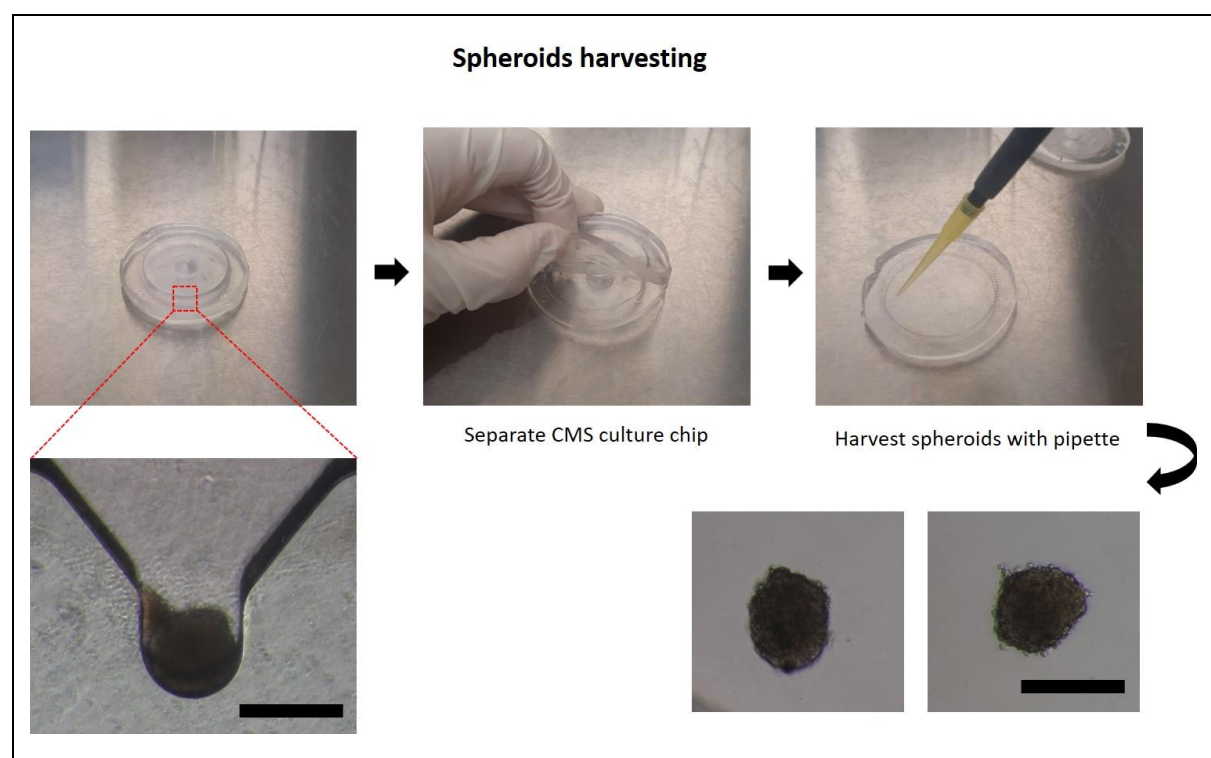
The CMS is a closed system in which all injected cells enter the microwell without waste, making it more efficient and economical than conventional microwell-based spheroid generation methods. In the CMS system, the media is replaced every 12-24 h through a suction hole designed to remove the media in the chip (Figure 3A). During the media suction process, there is barely any escape of the media from inside the microwell due to the action of surface tension between the media and the wall of microwell, so the media change process is bothered. A user can easily remove the trapped media by pressing near the microwell region of the chip with a finger as the chip made of PDMS is elastic and flexible. Cells in the microwell remain stable without escaping, even with multiple media changes. To achieve the same quality of spheroid in all 100 microwells, the rotation of the device should not be eccentric, and the chip should be axisymmetrical. Otherwise, a variable number of cells may enter each well and the size and shape of the spheroid would differ. In the conventional microwell system, since the air is often trapped in the microwell, it is necessary to remove the air bubbles. However, the CMS system does not require the bubble removal process because the high centrifugal force generated by the rotation causes the media to push the bubbles and squeeze them out from the microwells.

The CMS system also has its limitations compared to conventional methods. The CMS system requires a larger culture space (e.g. large incubator space) as it comprises a motor, rotating platform,

and a controller, and its total size is approximately 100 x 100 x 150 mm³ (Figure 2B). In addition, it causes a slight but persistent vibration. We expect that the miniaturization of the system (hopefully similar the size of 6-well plates) will solve these issues.

It should be noted that the cultured spheroids can be collected by separating the two plasma-bonded layers of the CMS system (Figure 9). The bonding of the two layers is strong enough to prevent the media from leaking during system operation, however, owing to the small bonding area, it is separable by hand. The spheroids are can be simply collected from the bottom layer by pipetting.

The CMS system has better reproducibility and productivity than conventional methods of spheroid generation. The conventional methods such as normal microwell or hanging droplet method are labor-intensive. However, in the CMS system, it is much easier to increase the number of spheroids without the need of extra effort by simply increasing the chip size. With this device, it is also possible to generate organoids that require culture of multi-cell types, which is not easy to do in conventional culture methods. In addition to the demonstrated cells in this study (hASC and MRC-5), CMS could be used for spheroid production using various types of cells that can form spheroids.



Reviewer #2:

Manuscript Summary:

In this manuscript, authors report a protocol to fabricate the uniform spheroids using centrifugal force via an integrated motor device. The results make sense, and writing is good. However, there are some drawbacks or unclear technological details. The reliability could be a concern. Thus, I suggest to reject this work at this moment.

Major Concerns:

1) Authors claimed a high throughput method in fabricating cell spheroids. However, the demonstrated throughput is only 100, which is similar to normal 96 well plates or hanging drop methods.

Response: We appreciate the reviewer's comment. If spheroids are cultured in a 96 well plates, 96 pipetting is needed. The hanging droplet method also requires one pipetting per drop. So, these two methods are very labor-intensive and difficult to develop into a high-throughput system. However, using the CMS system, even if the number of spheroids increases, the labor does not increase significantly, and it is easy to generate more spheroids by simply increasing the size of the chips. However, we agree that the high-throughput is not an advantage of our system currently, therefore, we remove the term from the manuscript.

To address the above-mentioned issues, changes were made (in red) to the manuscript, as shown in the box below.

DISCUSSION:

...

The CMS system has better reproducibility and productivity than conventional methods of spheroid generation. The conventional methods such as normal microwell or hanging droplet method are labor-intensive. However, in the CMS system, it is much easier to increase the number of spheroids without the need of extra effort by simply increasing the chip size. With this device, it is also possible to generate organoids that require culture of multi-cell types, which is not easy to do in conventional culture methods. In addition to the demonstrated cells in this study (hASC and MRC-5), CMS could be used for spheroid production using various types of cells that can form spheroids.

2) 2. On page 7, line 238: It was mentioned that "Cells in the microwell remain stable without escaping, even with multiple media change". Authors didn't clearly demonstrate how to remove the fabricate cell spheroids from the CD chip.

Response: We appreciate the reviewer's concern. It is important to remove the fabricated spheroids from the chip. In this study, it is difficult to collect spheroids by pipetting from the combined CMS culture chip. So, plasma bonded chip is separated to collect spheroids. We added related contents to the manuscript and figure was also added, as shown in the box below.

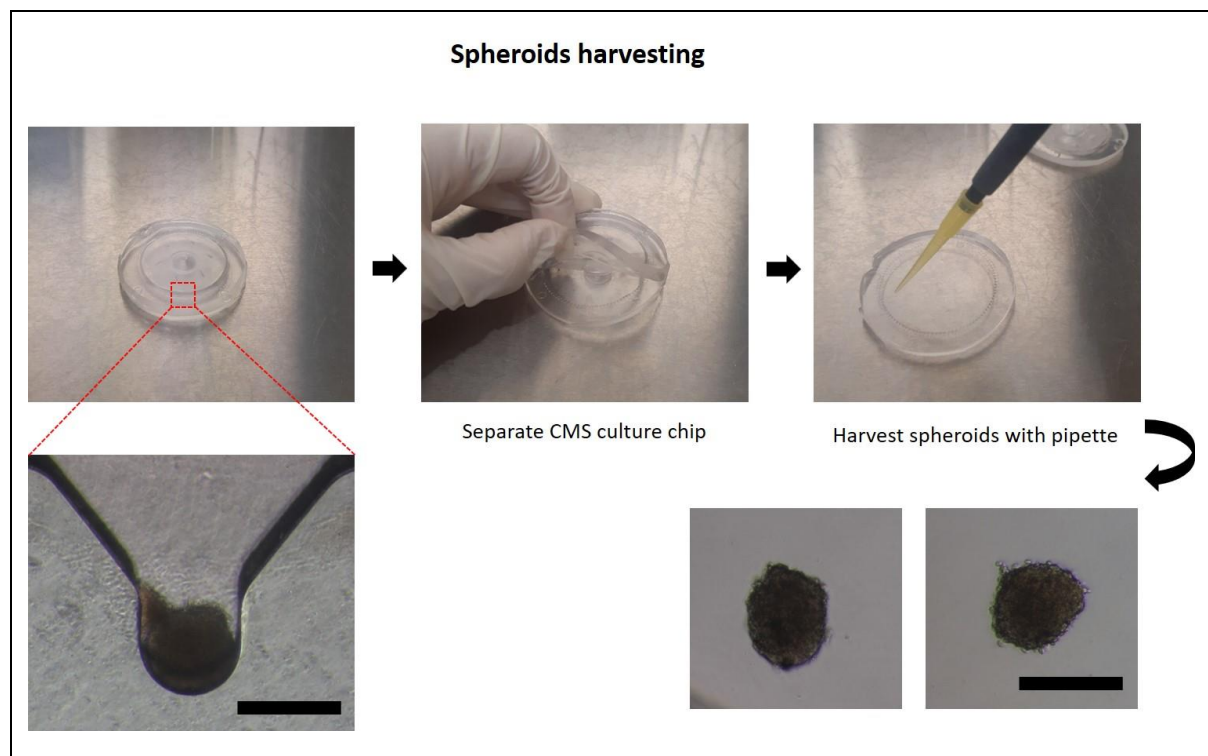
DISCUSSION:

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The CMS system also has its limitations compared to conventional methods. The CMS system requires a larger culture space (e.g. large incubator space) as it comprises a motor, rotating platform, and a controller, and its total size is approximately 100 x 100 x 150 mm³ (Figure 2B). In addition, it causes a slight but persistent vibration. We expect that the miniaturization of the system (hopefully similar the size of 6-well plates) will solve these issues.

It should be noted that the cultured spheroids can be collected by separating the two plasma-bonded layers of the CMS system (Figure 9). The bonding of the two layers is strong enough to prevent the media from leaking during system operation, however, owing to the small bonding area, it is separable by hand. The spheroids can be simply collected from the bottom layer by pipetting.

The CMS system has better reproducibility and productivity than conventional methods of spheroid generation. The conventional methods such as normal microwell or hanging droplet method are labor-intensive. However, in the CMS system, it is much easier to increase the number of spheroids without the need of extra effort by simply increasing the chip size. With this device, it is also possible to generate organoids that require culture of multi-cell types, which is not easy to do in conventional culture methods. In addition to the demonstrated cells in this study (hASC and MRC-5), CMS could be used for spheroid production using various types of cells that can form spheroids.



3) In considering that authors couldn't harvest spheroid from 3D chip. They also didn't show the long-term culture (two week or more) of cell spheroids and cell spheroids' viability during the

culture in CD chip.

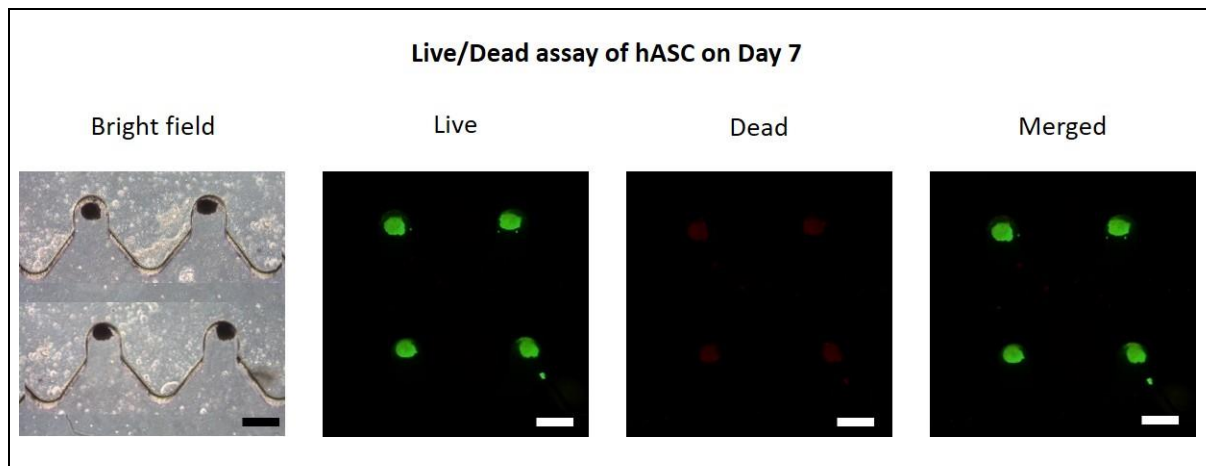
Response: We appreciate the reviewer's concern. As mentioned in response 2, spheroids can be collected by separating the CMS culture chip. So, we do not have the result of culturing spheroids for more than two weeks. But we successfully cultured hASC cells for 7 days. live/dead analysis showed that most of the cells survived.

To address the above-mentioned issues, changes were made (in red) to the manuscript, as shown in the box below.

REPRESENTATIVE RESULTS:

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The number of cells injected is independent on the cell size. Time-lapse images of both cells were taken at 2000 rpm until day 3 of cell culture (Figure 5). Co-culture spheroids of hASC and MRC-5 were also generated with concentric, Janus, and sandwich structures. In the case of concentric spheroids, the first cell (2.5×10^5 hASCs) is injected and the second cell (4×10^5 MRC-5s) is injected 3 min later (Figure 6A). When the first cell is injected, the cell becomes U-shaped due to high gravity, and when the second cell is injected, it moves to the middle of the U-shape. Over time, the first cell in the outer U-shape surrounds the second cell in the middle and completes the concentric spheroid. In the case of Janus spheroids, the second cell (4×10^5 MRC-5s) is injected 3 h after the first cell (2.5×10^5 hASCs) is injected (Figure 6B). When the injection interval between the two cells is long, the shape of first cell changes from U-shape to elliptical shape by cell aggregation. The second cell is added to the elliptical shape of the first cell, and the Janus spheroid is generated. In the case of the sandwich spheroid, the first cell (1.5×10^5 hASCs) is injected and the second cell (3×10^5 MRC-5s) is injected 3 h later, and the third cell (1.5×10^5 hASCs) is injected (Figure 6C) after another 3 h. Similar to the Janus spheroid, each cell aggregates into an elliptical shape, and three layers are stacked to generate sandwich spheroid. **Lastly, to demonstrate the long-term culture capability of the CMS, hASCs were cultured being exposed to high gravity for 7 days followed by a live/dead assay performed to show that the most cells survived (Figure 7).** Also, photos of all microwells of the CMS were taken after 3 days of MRC-5s cultivation to show excellent uniformity and sphericity of spheroids (Figure 8).



4) How does the centrifugal force impact on the cell viability?

Response: We thank the reviewer for this helpful question. This question seems to have been fully shown through the live/dead experiment in response 3.

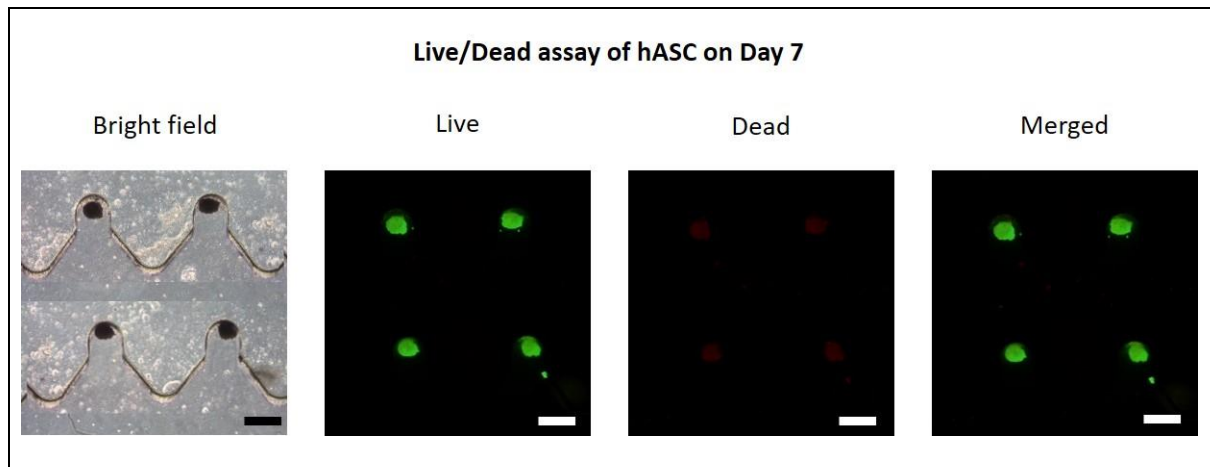
To address the above-mentioned issues, changes were made (in red) to the manuscript, as shown in the box below.

REPRESENTATIVE RESULTS:

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The number of cells injected is independent on the cell size. Time-lapse images of both cells were taken at 2000 rpm until day 3 of cell culture (Figure 5). Co-culture spheroids of hASC and MRC-5 were also generated with concentric, Janus, and sandwich structures. In the case of concentric spheroids, the first cell (2.5×10^5 hASCs) is injected and the second cell (4×10^5 MRC-5s) is injected 3 min later (Figure 6A). When the first cell is injected, the cell becomes U-shaped due to high gravity, and when the second cell is injected, it moves to the middle of the U-shape. Over time, the first cell in the outer U-shape surrounds the second cell in the middle and completes the concentric spheroid. In the case of Janus spheroids, the second cell (4×10^5 MRC-5s) is injected 3 h after the first cell (2.5×10^5 hASCs) is injected (Figure 6B). When the injection interval between the two cells is long, the shape of first cell changes from U-shape to elliptical shape by cell aggregation. The second cell is added to the elliptical shape of the first cell, and the Janus spheroid is generated. In the case of the sandwich spheroid, the first cell (1.5×10^5 hASCs) is injected and the second cell (3×10^5 MRC-5s) is injected 3 h later, and the third cell (1.5×10^5 hASCs) is injected (Figure 6C) after another 3 h. Similar to the Janus spheroid, each cell aggregates into an elliptical shape, and three layers are stacked to generate sandwich spheroid. **Lastly, to demonstrate the long-term culture capability of the CMS, hASCs were cultured being exposed to high gravity for 7 days followed by a live/dead assay performed to show that the most cells survived (Figure 7).** Also, photos of all microwells of the CMS were taken after 3 days of MRC-5s cultivation to show excellent uniformity

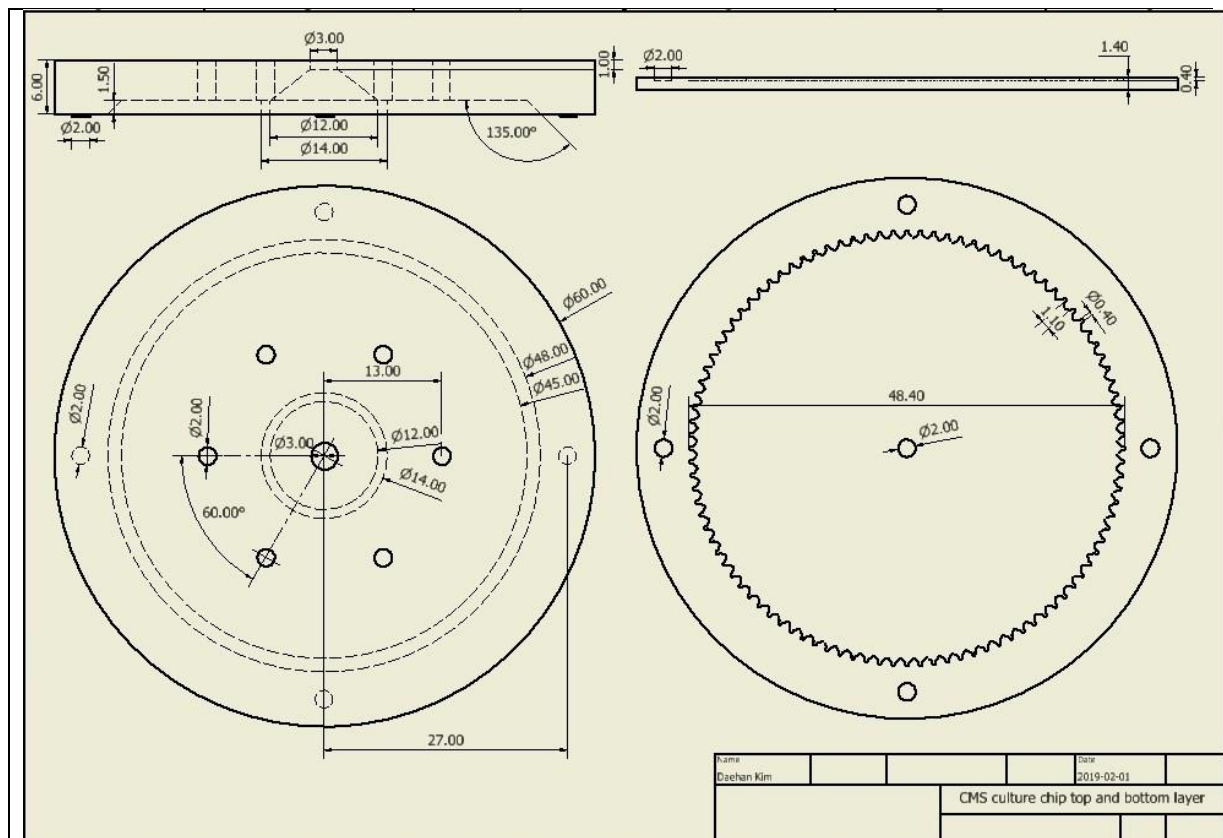
and sphericity of spheroids (Figure 8).



Minor Concerns:

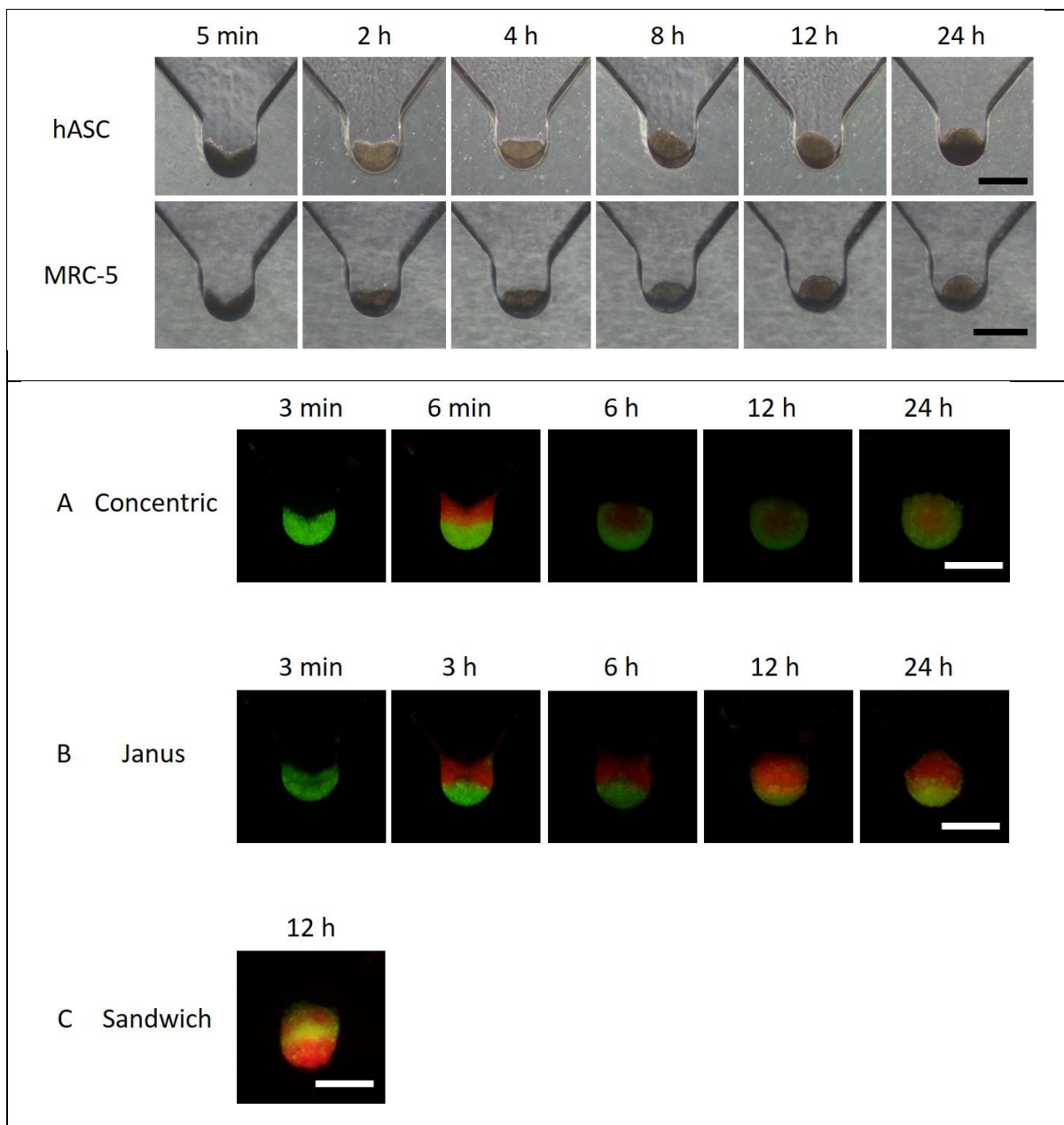
The image resolution of Figure 1 is low.

Response: The resolution in Figure 1 is improved.



Scale bars in Fig 5 and 6 are missing.

Response: Scale bars have been added in Figures 5 and 6.



Reviewer #3:

Manuscript Summary:

Authors present a method regarding 3D cell culture for generation of spheroids on a Lab-on-a-CD platform. The method is based on mono- and co-culturing of human adipose-derived stem cells and human lung fibroblasts cells under hyper-gravity conditions. The technique leads the formation of spheroids in a high throughput manner.

Major Concerns:

- In the manuscript, the protocol for 3D spheroid formation based on authors' previous work (DOI: 10.1088/1758-5090/aa9472) was presented in detail. Authors' previous work should be mentioned in the manuscript. If there are some modifications related to previous work, it can be explained.

Response: We thank the reviewer for this helpful comment. As the reviewer has advised, we have mentioned and referenced existing papers in the manuscript. However, since there were no changes in the experiment except for small changes, we did not mention any additional details.

To address the above-mentioned issues, changes were made (in red) to the manuscript, as shown in the box below.

INTRODUCTION:

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In this study, we demonstrate the performance of the centrifugal microfluidic-based spheroid (CMS) system by mono-culture or co-culture of human adipose-derived stem cells (hASC) and human lung fibroblasts (MRC-5). This paper describes in detail the methodology of the existing paper of our group¹⁵, thus the spheroid culture in CD platform can be easily reproduced. A CMS generating system comprising a CMS culture chip, a chip holder, a DC motor, a motor mount, and a rotating platform, is presented. The motor mount is 3D printed with the acrylonitrile butadiene styrene (ABS). The chip holder and rotating platform are CNC (computer numerical control) machined with the PC (polycarbonate). The rotational speed of motor is controlled from 200 to 4500 rpm by encoding a PID (proportional-integral-derivative) algorithm based on pulse width modulation. Its dimensions are 100 x 100 x 150 mm³ and it weighs 860 g, making it easy to handle. Using the CMS system, spheroids can be generated under various gravity conditions from 1 to 521 G, so the study of cell differentiation promotion under high gravity can be extended from 2D cell^{16, 17} to 3D spheroid. Co-culture of various types of cells is also a key technology for effectively mimicking the *in vivo* environment¹⁸. The CMS system can easily generate mono-culture spheroids, as well as co-culture spheroids of various structure types (concentric, Janus, and sandwich). The CMS system can be utilized not only in simple spheroid studies but also in 3D organoid studies, which considers human organ structures.

- Other 3D cell culture techniques such as magnetic-based ones (DOI: 10.1038/s41598-018-25718-

9, 10.3389/fbioe.2018.00192) should be discussed in order to cover alternative ways for 3D spheroid cell culture.

Response: We thank the reviewer for this helpful comment. We have presented a variety of ways to make spheroids, but we did not mention about their features. We referenced the 3D cell culture paper suggested by the reviewer and commented on its features.

To address the above-mentioned issues, changes were made (in red) to the manuscript, as shown in the box below.

INTRODUCTION:

It is easier to simulate biological in vivo microenvironments with three-dimensional (3D) spheroid cell culture than with two-dimensional (2D) cell culture (e.g. conventional Petri dish cell culture) to produce more physiologically realistic experimental results¹. Currently available spheroid formation methods include the hanging drop technique², liquid-overlay technique³, carboxymethyl cellulose technique⁴, magnetic force-based microfluidic technique⁵, and the use of bioreactors⁶. Although each method has their own benefits, further improvement in reproducibility, production yield, and generating co-culture spheroids is necessary. For example, magnetic force-based microfluidic technique⁵ is relatively inexpensive, however, the effects of strong magnetic fields on living cells must be carefully considered. The benefits of spheroid culture, particularly in the study of mesenchymal stem cell differentiation and proliferation, have been reported in several studies⁷⁻⁹.

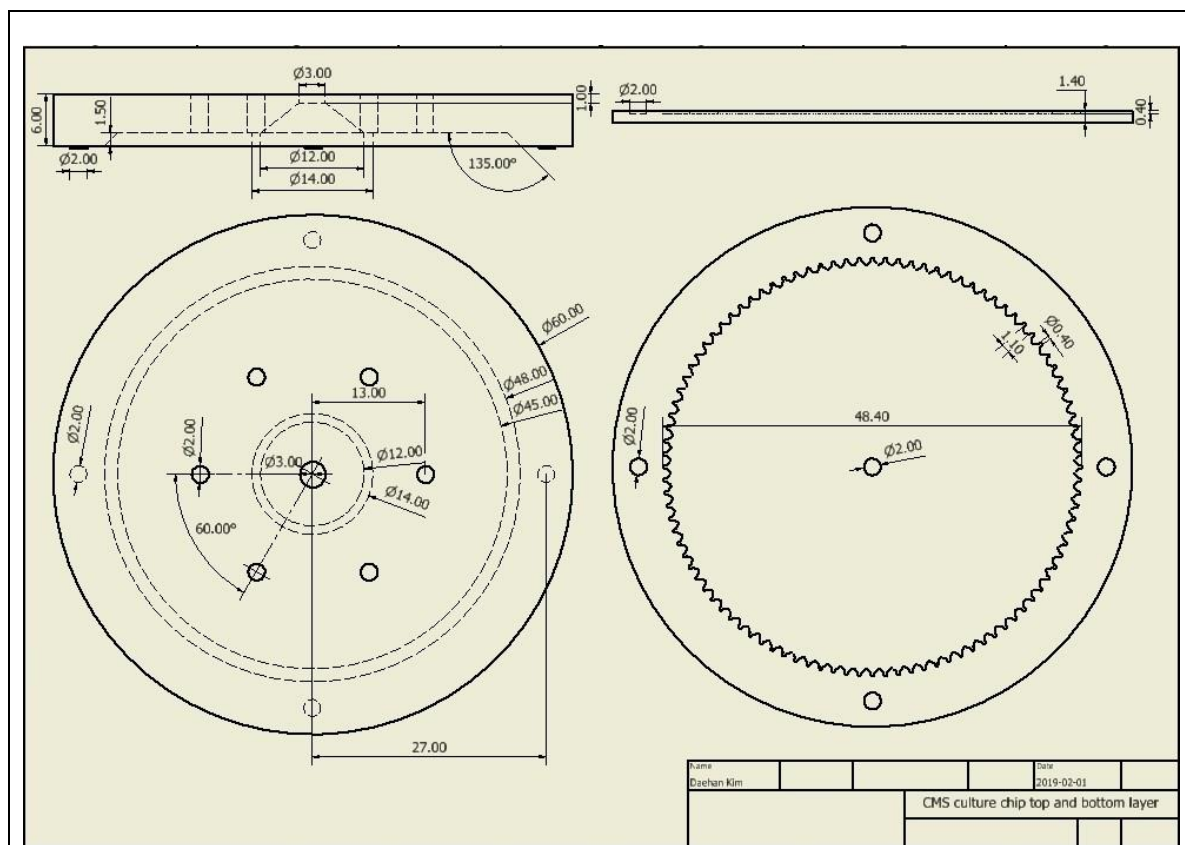
- In Figure 1, units should be given. Microwell and barrier dimensions should be indicated.

Response: We thank the reviewer for pointing out this omission. We added in the description of Figure 1 that the unit is mm and dimensions for microwell and barrier have been added.

To address the above-mentioned issues, changes were made (in red) to the manuscript, as shown in the box below.

FIGURE AND TABLE LEGENDS:

Figure 1: Dimensions of the top and bottom layers of a CMS culture chip. PC mold was fabricated using CNC machine and replicated with PDMS to make a CMS culture chip of the drawing created by 3D CAD (computer-aided design) program. The four circles at the edges of the top and bottom layers are for aligning the two layers. The unit of the figure is 'mm'.



- Plasma bonding parameters (duration, power, pressure, machine, etc.) should be given.

Response: We thank the reviewer for this helpful comment. The plasma bonding process in the protocol is explained in more detail. information about plasma cleaners was added to the table of materials.

To address the above-mentioned issues, changes were made (in red) to the manuscript, as shown in the box below.

PROTOCOL:

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1.3 After pouring the PDMS mixture into the molds of the CMS culture chip, remove air bubbles for one more hour and cure in a heat chamber at 80 ° C for 2 h.

1.4 Place them in the vacuumed plasma cleaner with the surfaces to be bonded facing up and expose them to air-assisted plasma at a power of 18 W in 30 s.

1.5 Bond the two layers of the CMS culture chip and place it in the heat chamber at 80 ° C for 30 min to increase adhesion strength.

- CMS system (technical drawings, preferred DC motor, controller, etc.) should be explained in detail.

Response: We thank the reviewer for this suggestion. We focused on cell culture, so omitted the description of the CMS system itself. We added the contents as advised.

To address the above-mentioned issues, changes were made (in red) to the manuscript, as shown in the box below.

INTRODUCTION:

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In this study, we demonstrate the performance of the CMS system by mono-culture or co-culture of human adipose-derived stem cells (hASC) and human lung fibroblasts (MRC-5). A centrifugal microfluidic-based spheroid (CMS) generating system comprising a CMS culture chip, a chip holder, a DC motor, a motor mount, and a rotating platform, is presented. The motor mount is 3D printed with the acrylonitrile butadiene styrene (ABS). The chip holder and rotating platform are CNC (computer numerical control) machined with the PC (polycarbonate). The rotational speed of motor is controlled from 200 to 4500 rpm by encoding a PID (proportional-integral-derivative) algorithm based on pulse width modulation. Its dimensions are 100 x 100 x 150 mm³ and it weighs 860 g, making it easy to handle. Using the CMS system, spheroids can be generated under various gravity conditions from 1 to 521 G, so the study of cell differentiation promotion under high gravity can be extended from 2D cell^{15, 16} to 3D spheroid. Co-culture of various types of cells is also a key technology for effectively mimicking the in vivo environment¹⁷. The CMS system can easily generate mono-culture spheroids, as well as co-culture spheroids of various structure types (concentric, Janus, and sandwich). The CMS system can be utilized not only in simple spheroid studies, but also in 3D organoid studies, which considers human organ structures.

- Standard cell culture protocol to prepare hASCs and MRC-5s should be given.

Response: We appreciate the reviewer's advice. We did not put in the cell culture process because we thought that is the basic one, but it is better to put the basic culture process because of the characteristics of the methodology journal. We were added standard cell culture protocol.

To address the above-mentioned issues, changes were made (in red) to the manuscript, as shown in the box below.

PROTOCOL:

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2. Cells preparation

2.1 Thaw the 1 mL of vial of containing 5×10^5 to 1×10^6 hASCs or MRC-5s cells at 36.5 °C of

water bath for 2 min.

2.2 Add 1 mL of Dulbecco's Modified Eagle Medium (DMEM) to vial and gently mix with 1000 μ L pipette.

2.3 Put 15 mL of the prewarmed DMEM at 36.5 °C to the diameter of 150 mm of Petri dish using pipette and add the cells from vial.

2.4 After 1 day, aspirate DMEM and replace 15 mL of DMEM. After that, change media every 2 or 3 days.

2.5 To detach cells from the Petri dish, add 4 mL of trypsin to the Petri dishes and place the Petri dish in the 36.5 °C and 5 % CO₂ of incubator for 4 minutes.

- In 3.2, 3.3, and 3.4 of the protocol, pull out volume and volume of cell sample should be indicated.

Response: We appreciate the reviewer's careful check. We were added the volume of cells during the protocol.

To address the above-mentioned issues, changes were made (in red) to the manuscript, as shown in the box below.

PROTOCOL:

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4. Co-culture spheroid formation

4.1 Prepare the CMS culture chip following steps 1.1 to 1.6.

4.2 Concentric spheroids formation

4.2.1 Add the first cells, 2.5×10^5 hASCs and rotate the chip at 3000 rpm. After 3 min, add the second cells, 4×10^5 MRC-5s and rotate the chip at 3000 rpm for 3 min. When the cells are injected, shift the rotational speed to 500-1000 rpm and 100 μ L of cell suspensions are injected by pipetting.

4.2.2 Culture the cells in the incubator at 36.5 °C, humidity of >95 %, and 5 % CO₂ by rotating at 1000-2000 rpm. Within 24 h, the concentric spheroids are created. For long-term culture, change culture medium every day.

4.3 Janus spheroids formation

4.3.1 Add 100 μ L of cell suspensions containing the first cells, 2.5×10^5 hASCs by pipetting while the chip rotates at 500-1000 rpm and rotate the chip at 3000 rpm for 3 min.

4.3.2 Incubate the chip at 36.5 °C, humidity of >95 %, and 5 % CO₂ by rotating at 1000-2000 rpm for 3 h.

4.3.3 Add 100 µL of cell suspensions containing the second cells, 4 × 10⁵ MRC-5s by pipetting while the chip rotates at 500-1000 rpm and rotate the chip at 3000 rpm for 3 min.

4.3.4 Culture the cells in the incubator at 36.5 °C, humidity of >95 %, and 5 % CO₂ by rotating at 1000-2000 rpm. Within 24 h, the Janus spheroids are created. For long-term culture, change culture medium every day.

4.4 Sandwich spheroids formation

4.4.1 Add 100 µL of cell suspensions containing the first cells, 1.5 × 10⁵ hASCs by pipetting while the chip rotates at 500-1000 rpm and rotate the chip at 3000 rpm for 3 min.

4.4.2 Incubate the chip at 36.5 °C, humidity of >95 %, and 5 % CO₂ by rotating at 1000-2000 rpm for 3 h.

4.4.3 Add 100 µL of cell suspensions containing the second cells, 3 × 10⁵ MRC-5s by pipetting while the chip rotates at 500-1000 rpm and rotate the chip at 3000 rpm for 3 min.

4.4.4 Incubate the chip again at 36.5 °C, humidity of >95 %, and 5 % CO₂ by rotating at 1000-2000 rpm for 3 h.

4.4.5 Add 100 µL of cell suspensions containing third cells, 1.5 × 10⁵ hASCs by pipetting while the chip rotates at 500-1000 rpm and rotate the chip at 3000 rpm for 3 min.

4.4.6 Culture the cells in the incubator at 36.5 °C, humidity of >95 %, and 5 % CO₂ by rotating at 1000-2000 rpm. Within 12 h, the sandwich spheroids are created. For long-term culture, change culture medium every day.

- Long-term cell culture (e.g. 24 h) protocol on the chip should be explained in detail.

Response: We thank the reviewer for this helpful comment. For long-term culture, it only needed to change media every day. We were added long-term culture protocol.

To address the above-mentioned issues, changes were made (in red) to the manuscript, as shown in the box below.

PROTOCOL:

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3.8 Culture the cells for three days in the incubator at 36.5 °C, humidity of >95 %, and 5 % CO₂ atmosphere by rotating at 1000-2000 rpm. **Change culture medium every day.**

...

4.2.2 Culture the cells in the incubator at 36.5 °C, humidity of >95 %, and 5 % CO₂ atmosphere by rotating at 1000-2000 rpm. Within 24 h, the concentric spheroids are created. **For long-term culture, change culture medium every day.**

...

4.3.4 Culture the cells in the incubator at 36.5 °C, humidity of >95 %, and 5 % CO₂ atmosphere by rotating at 1000-2000 rpm. Within 24 h, the Janus spheroids are created. **For long-term culture, change culture medium every day.**

...

4.4.6 Culture the cells in the incubator at 36.5 °C, humidity of >95 %, and 5 % CO₂ atmosphere by rotating at 1000-2000 rpm. Within 12 h, the sandwich spheroids are created. **For long-term culture, change culture medium every day.**

- Fluorescent cell staining protocols used in Fig. 6 should be given.

Response: We thank the reviewer for this suggestion. We were added protocol for the process of staining cells. Information about fluorescence can be found in the table of materials.

To address the above-mentioned issues, changes were made (in red) to the manuscript, as shown in the box below.

PROTOCOL:

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5. Cell staining

5.1 Warm the cell fluorescence to room temperature (20 °C).

5.2 Add 20 µL of Anhydrous dimethylsulfoxide (DMSO) per vial to make 1mM.

5.3 Dilute the fluorescence to a final working concentration of 1 µM using DMEM.

5.4 Add the fluorescence to cell suspension and gently resuspend using pipette.

5.5 Incubate 20 min at 36.5 °C, humidity of >95 %, and 5 % CO₂.

- Gathering process of resulting spheroids was mentioned in the manuscript. This protocol should be explained in detail.

Response: We thank the reviewer for this advice. The process of harvesting the spheroids is a simple process of separating the chips and harvesting the spheroids, so we wrote a little more detail on the discussion than the protocol and we added figure.

To address the above-mentioned issues, changes were made (in red) to the manuscript, as shown in the box below.

DISCUSSION:

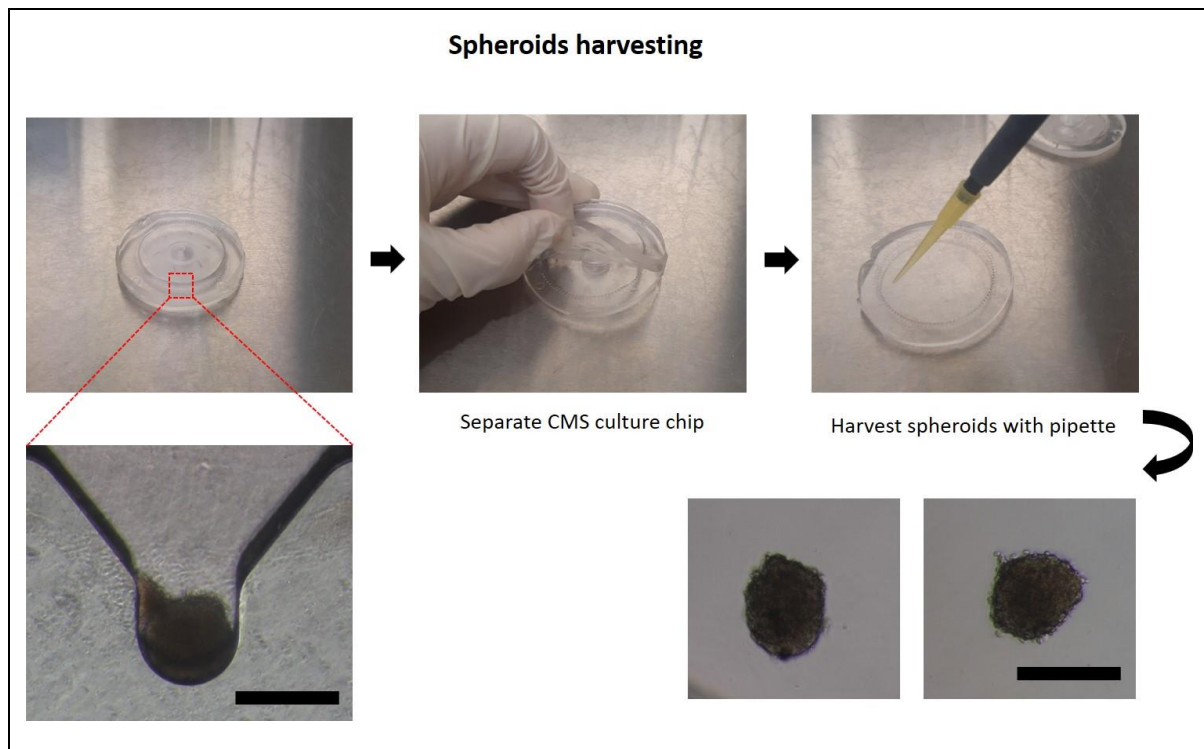
The CMS is a closed system in which all injected cells enter the microwell without waste, making it more efficient and economical than conventional microwell-based spheroid generation methods. In the CMS system, the media is replaced every 12-24 h through a suction hole designed to remove the media in the chip (Figure 3A). During the media suction process, there is barely any escape of the media from inside the microwell due to the action of surface tension between the media and the wall of microwell, so the media change process is bothered. A user can easily remove the trapped media by pressing near the microwell region of the chip with a finger as the chip made of PDMS is elastic and flexible. Cells in the microwell remain stable without escaping, even with multiple media changes. To achieve the same quality of spheroid in all 100 microwells, the rotation of the device should not be eccentric, and the chip should be axisymmetrical. Otherwise, a variable number of cells may enter each well and the size and shape of the spheroid would differ. In the conventional microwell system, since the air is often trapped in the microwell, it is necessary to remove the air bubbles. However, the CMS system does not require the bubble removal process because the high centrifugal force generated by the rotation causes the media to push the bubbles and squeeze them out from the microwells.

The CMS system also has its limitations compared to conventional methods. The CMS system requires a larger culture space (e.g. large incubator space) as it comprises a motor, rotating platform, and a controller, and its total size is approximately 100 x 100 x 150 mm³ (Figure 2B). In addition, it causes a slight but persistent vibration. We expect that the miniaturization of the system (hopefully similar the size of 6-well plates) will solve these issues.

It should be noted that the cultured spheroids can be collected by separating the two plasma-bonded layers of the CMS system (Figure 9). The bonding of the two layers is strong enough to prevent the media from leaking during system operation, however, owing to the small bonding area, it is separable by hand. The spheroids are can be simply collected from the bottom layer by pipetting.

The CMS system has better reproducibility and productivity than conventional methods of spheroid generation. The conventional methods such as normal microwell or hanging droplet method are

labor-intensive. However, in the CMS system, it is much easier to increase the number of spheroids without the need of extra effort by simply increasing the chip size. With this device, it is also possible to generate organoids that require culture of multi-cell types, which is not easy to do in conventional culture methods. In addition to the demonstrated cells in this study (hASC and MRC-5), CMS could be used for spheroid production using various types of cells that can form spheroids.



- Effect of vibration and high-g conditions on cell viability should be discussed.

Response: We appreciate the reviewer's suggestion. To check the viability of the cells, live/dead assay was performed to hASC spheroids after 7 days. We added content about long-term culture and figure of live/dead assay.

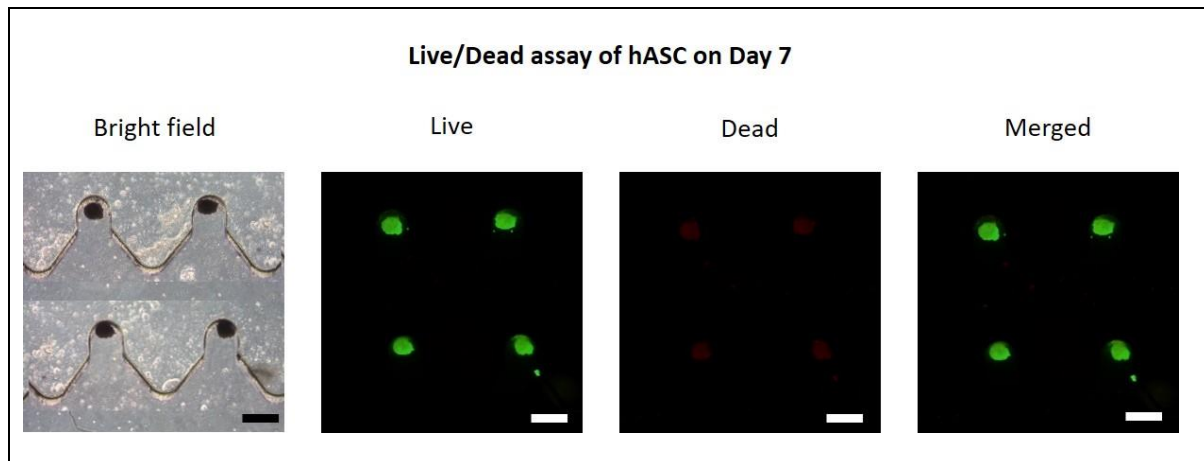
To address the above-mentioned issues, changes were made (in red) to the manuscript, as shown in the box below.

REPRESENTATIVE RESULTS:

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Over time, the first cell in the outer U-shape surrounds the second cell in the middle and completes the concentric spheroid. In the case of Janus spheroids, the second cell (4×10^5 MRC-5s) is injected 3 h after the first cell (2.5×10^5 hASCs) is injected (Figure 6B). When the injection interval between the two cells is long, the shape of first cell changes from U-shape to elliptical shape by cell aggregation. The second cell is added to the elliptical shape of the first cell, and the Janus spheroid is generated. In the case of the sandwich spheroid, the first cell (1.5×10^5 hASCs) is injected and

the second cell (3×10^5 MRC-5s) is injected 3 h later, and the third cell (1.5×10^5 hASCs) is injected (Figure 6C) after another 3 h. Similar to the Janus spheroid, each cell aggregates into an elliptical shape, and three layers are stacked to generate sandwich spheroid. **Lastly, to demonstrate the long-term culture capability of the CMS, hASCs were cultured being exposed to high gravity for 7 days followed by a live/dead assay performed to show that the most cells survived (Figure 7).** Also, photos of all microwells of the CMS were taken after 3 days of MRC-5s cultivation to show excellent uniformity and sphericity of spheroids (Figure 8).



- Uniformity of formed spheroids should be also discussed.

Response: We appreciate the reviewer's helpful comment. Figure 8 shows a total of 100 spheroids, so it shows the uniformity of the CMS system. if not the vibration is strong when the cells are injected or if not the rotational centroid of the CMS system is not misaligned, a similar number of cells enter each microwell.

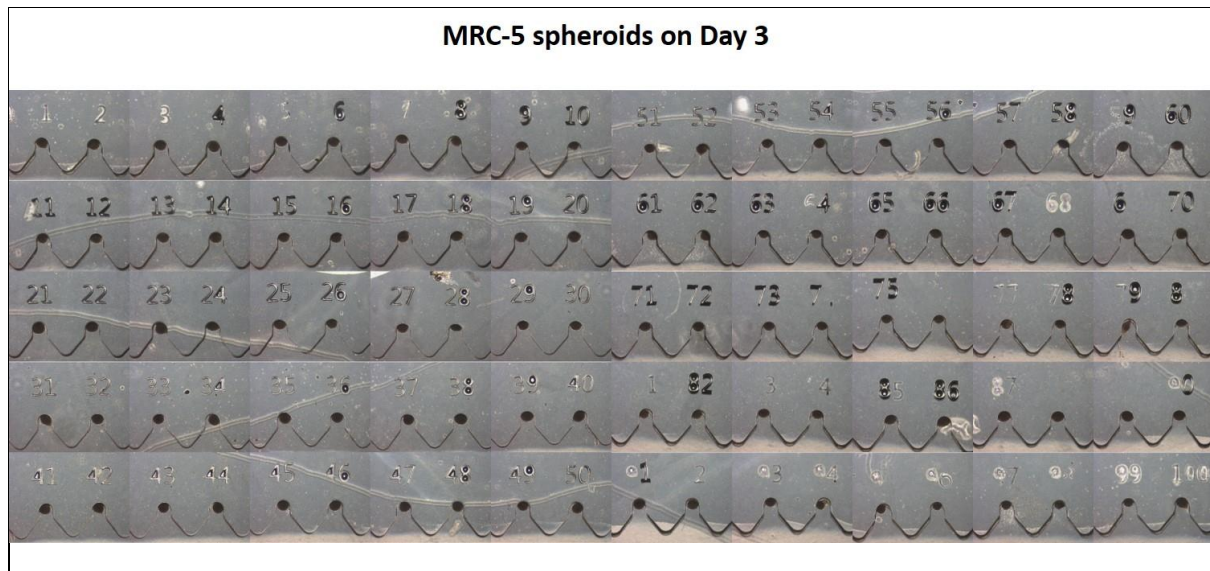
To address the above-mentioned issues, changes were made (in red) to the manuscript, as shown in the box below.

REPRESENTATIVE RESULTS:

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Over time, the first cell in the outer U-shape surrounds the second cell in the middle and completes the concentric spheroid. In the case of Janus spheroids, the second cell (4×10^5 MRC-5s) is injected 3 h after the first cell (2.5×10^5 hASCs) is injected (Figure 6B). When the injection interval between the two cells is long, the shape of first cell changes from U-shape to elliptical shape by cell aggregation. The second cell is added to the elliptical shape of the first cell, and the Janus spheroid is generated. In the case of the sandwich spheroid, the first cell (1.5×10^5 hASCs) is injected and the second cell (3×10^5 MRC-5s) is injected 3 h later, and the third cell (1.5×10^5 hASCs) is injected (Figure 6C) after another 3 h. Similar to the Janus spheroid, each cell aggregates into an elliptical shape, and three layers are stacked to generate sandwich spheroid. Lastly, to demonstrate the long-

term culture capability of the CMS, hASCs were cultured being exposed to high gravity for 7 days followed by a live/dead assay performed to show that the most cells survived (Figure 7). Also, photos of all microwells of the CMS were taken after 3 days of MRC-5s cultivation to show excellent uniformity and sphericity of spheroids (Figure 8).



- Reproducibility and productivity of the presented method should be compared in detail with conventional methods

Response: We thank the reviewer for this helpful comment. We demonstrated fabricating 100 spheroids with a few injections. However conventional methods such as the microwell or the hanging droplet methods require much more labor to fabricate the same number of spheroids. Thus, when making more spheroids later, the CMS system will have much better reproducibility and productivity than conventional methods.

To address the above-mentioned issues, changes were made (in red) to the manuscript, as shown in the box below.

DISCUSSION:

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The CMS system also has its limitations compared to conventional methods. The CMS system requires a larger culture space (e.g. large incubator space) as it comprises a motor, rotating platform, and a controller, and its total size is approximately 100 x 100 x 150 mm³ (Figure 2B). In addition, it causes a slight but persistent vibration. We expect that the miniaturization of the system (hopefully similar the size of 6-well plates) will solve these issues.

It should be noted that the cultured spheroids can be collected by separating the two plasma-

bonded layers of the CMS culture chip (Figure 9). The bonding of the two layers is strong enough to prevent the media from leaking during system operation, however, owing to the small bonding area, it is separable by hand. The spheroids are can be simply collected from the bottom layer by pipetting.

The CMS system has better reproducibility and productivity than conventional methods of spheroid generation. The conventional methods such as normal microwell or hanging droplet method are labor-intensive. However, in the CMS system, it is much easier to increase the number of spheroids without the need of extra effort by simply increasing the chip size. With this device, it is also possible to generate organoids that require culture of multi-cell types, which is not easy to do in conventional culture methods. In addition to the demonstrated cells in this study (hASC and MRC-5), CMS could be used for spheroid production using various types of cells that can form spheroids.

Minor Concerns:

- In Fig 2A, scale bar length should be given

Response: We thank the reviewer for pointing out this omission. The content of the scale bar has been added to the description in Figure 2.

To address the above-mentioned issues, changes were made (in red) to the manuscript, as shown in the box below.

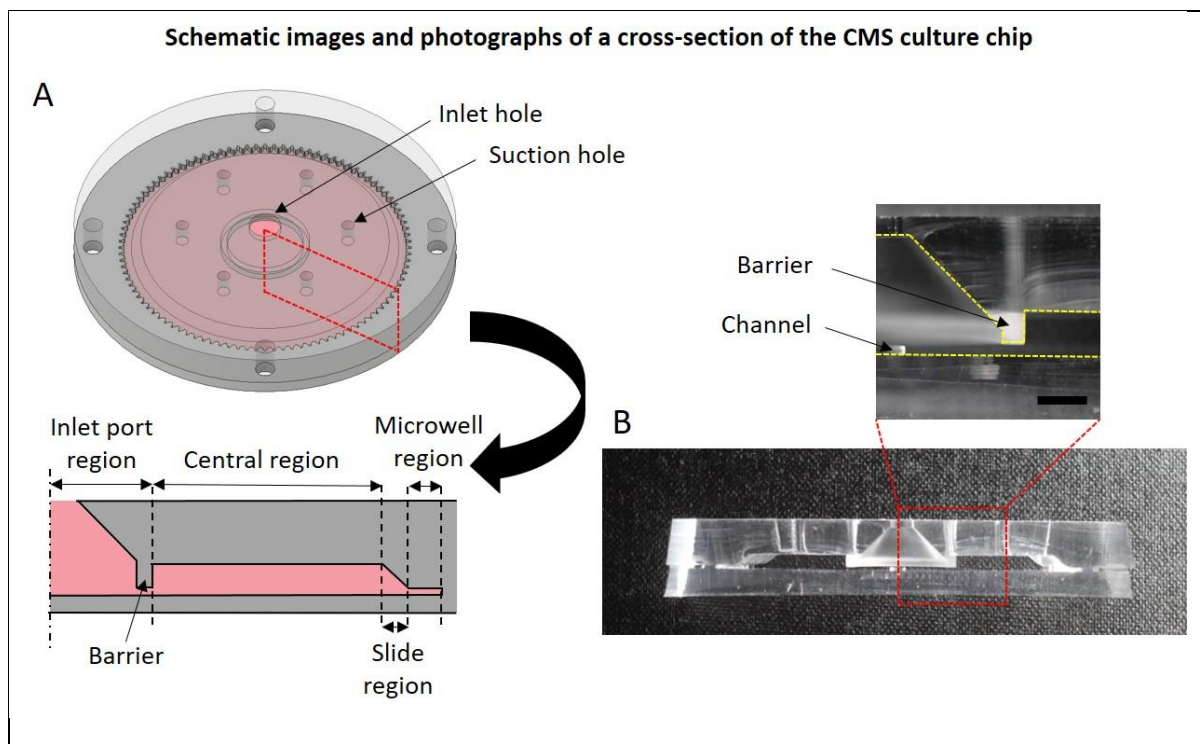
FIGURE AND TABLE LEGENDS:

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Figure 2: Photographs of the CMS system. (A) Photographs of the completed CMS culture chip. The diameter of the chip is 6 cm and the diameter of the microwell is 400 μm . The numbers above the microwells represent the individual numbers of the microwells, from 1 to 100. These numbers were engraved into the mold. The scale bar corresponds to 400 μm . (B) Photograph of the whole CMS system. The CMS system comprises the CMS culture chip, chip holder, DC motor, and rotating platform. CMS devices can generate gravity conditions up to 521G through rotational force. The chip holder prevents separation of the CMS culture chip from high gravity.

- The inset image of Fig 3B is not clear. Channels can be indicated on the figure and scale bar can be given.

Response: Yellow lines have been added to clarify the figure. Scale bar was added.



- The article could benefit from a good proofread.

Response: We appreciate the reviewer's careful check. We re-checked typos and grammar errors.

Reviewer #4:

Manuscript Summary:

The author team has developed a new protocol of a centrifugal force-based microfluidic device to fabricate spheroids. 100 spheroids can be produced simultaneously from the device using a wide range of gravity forces.

Major Concerns:

(1) there is no demonstration of distributing cells evenly into each well through the centrifugal forces in this device. During traveling from the inlet port to the sliding region of each well, cells may be subjected to different trajectory pathways and land in each well with different number of cells.

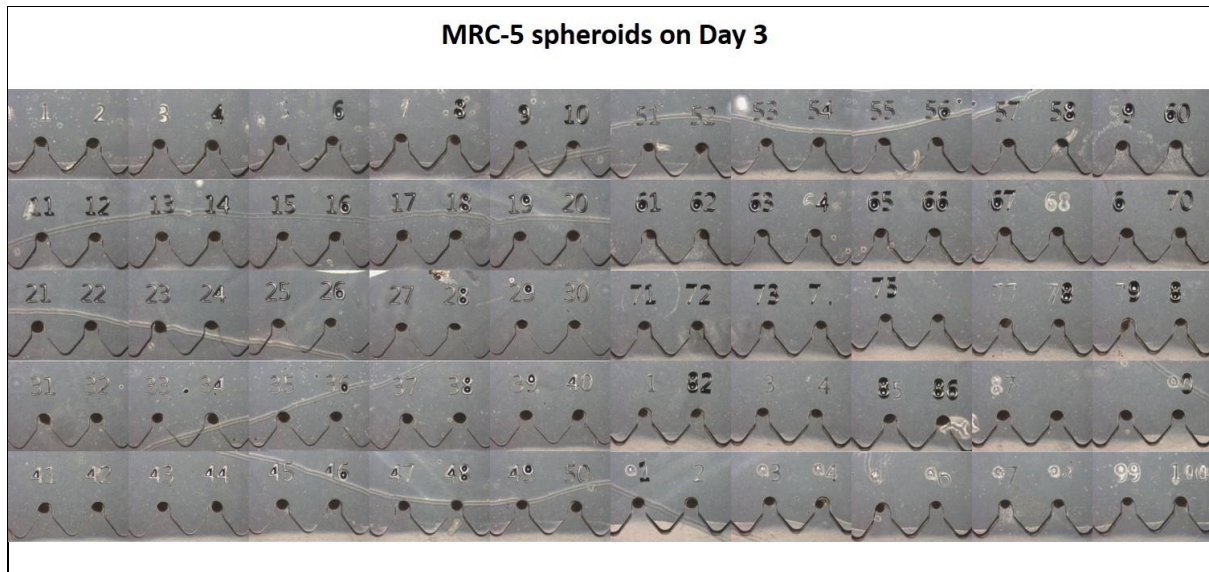
Response: We appreciate the reviewer's concern. Figure 8 shows a total of 100 spheroids, so it shows the uniformity of the CMS system. if not the vibration is strong when the cells are injected or if not the rotational centroid of the CMS system is not misaligned, a similar number of cells enter each microwell.

To address the above-mentioned issues, changes were made (in red) to the manuscript, as shown in the box below.

REPRESENTATIVE RESULTS:

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Over time, the first cell in the outer U-shape surrounds the second cell in the middle and completes the concentric spheroid. In the case of Janus spheroids, the second cell (4×10^5 MRC-5s) is injected 3 h after the first cell (2.5×10^5 hASCs) is injected (Figure 6B). When the injection interval between the two cells is long, the shape of first cell changes from U-shape to elliptical shape by cell aggregation. The second cell is added to the elliptical shape of the first cell, and the Janus spheroid is generated. In the case of the sandwich spheroid, the first cell (1.5×10^5 hASCs) is injected and the second cell (3×10^5 MRC-5s) is injected 3 h later, and the third cell (1.5×10^5 hASCs) is injected (Figure 6C) after another 3 h. Similar to the Janus spheroid, each cell aggregates into an elliptical shape, and three layers are stacked to generate sandwich spheroid. Lastly, to demonstrate the long-term culture capability of the CMS, hASCs were cultured being exposed to high gravity for 7 days followed by a live/dead assay performed to show that the most cells survived (Figure 7). Also, photos of all microwells of the CMS were taken after 3 days of MRC-5s cultivation to show excellent uniformity and sphericity of spheroids (Figure 8).



(2) From the current device, how the spheroids can be recovered from this device?

Response: We thank the reviewer for this helpful comment. It is important to harvest the spheroids as reviewer asked. In this study, it is difficult to collect spheroids by pipetting from the combined CMS culture chip. So, plasma bonded chip is separated, and spheroids are collected. We added related contents to the manuscript.

To address the above-mentioned issues, changes were made (in red) to the manuscript, as shown in the box below.

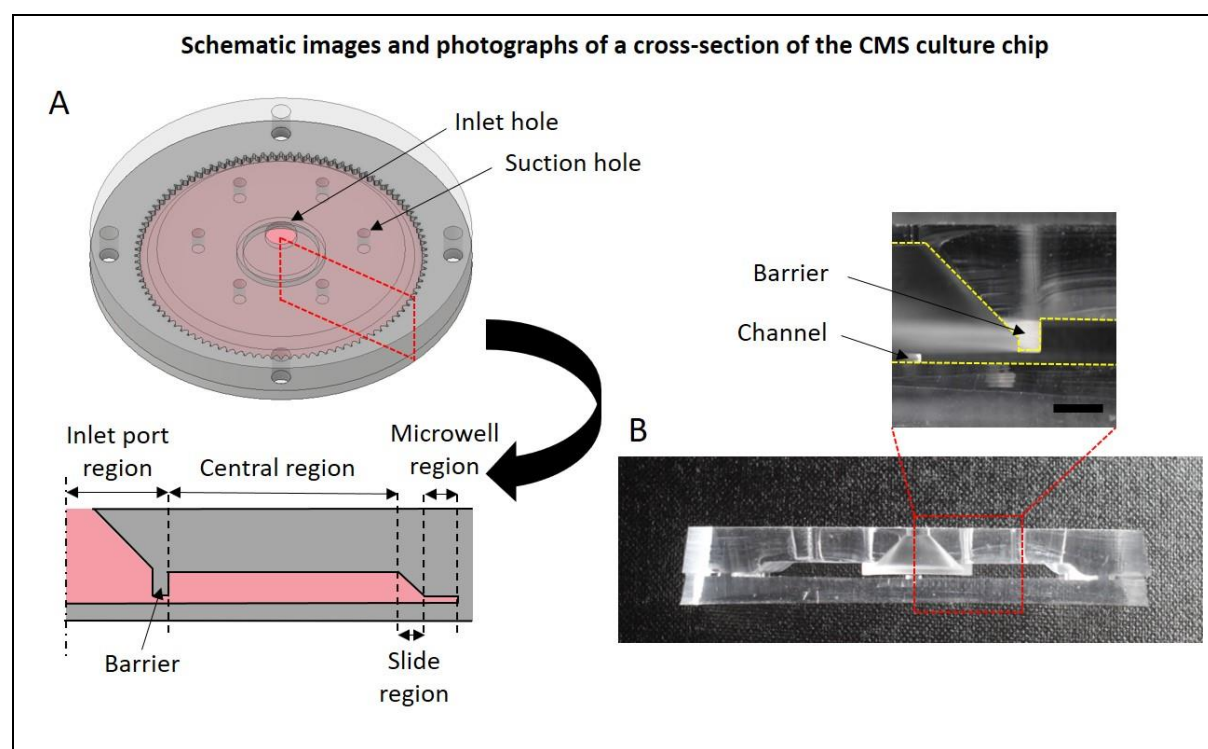
DISCUSSION:

The CMS is a closed system in which all injected cells enter the microwell without waste, making it more efficient and economical than conventional microwell-based spheroid generation methods. In the CMS system, the media is replaced every 12-24 h through a suction hole designed to remove the media in the chip (Figure 3A). During the media suction process, there is barely any escape of the media from inside the microwell due to the action of surface tension between the media and the wall of microwell, so the media change process is bothered. A user can easily remove the trapped media by pressing near the microwell region of the chip with a finger as the chip made of PDMS is elastic and flexible. Cells in the microwell remain stable without escaping, even with multiple media changes. To achieve the same quality of spheroid in all 100 microwells, the rotation of the device should not be eccentric, and the chip should be axisymmetrical. Otherwise, a variable number of cells may enter each well and the size and shape of the spheroid would differ. In the conventional microwell system, since the air is often trapped in the microwell, it is necessary to remove the air bubbles. However, the CMS system does not require the bubble removal process because the high centrifugal force generated by the rotation causes the media to push the bubbles and squeeze them out from the microwells.

The CMS system also has its limitations compared to conventional methods. The CMS system requires a larger culture space (e.g. large incubator space) as it comprises a motor, rotating platform, and a controller, and its total size is approximately 100 x 100 x 150 mm³ (Figure 2B). In addition, it causes a slight but persistent vibration. We expect that the miniaturization of the system (hopefully similar the size of 6-well plates) will solve these issues.

It should be noted that the cultured spheroids can be collected by separating the two plasma-bonded layers of the CMS system (Figure 9). The bonding of the two layers is strong enough to prevent the media from leaking during system operation, however, owing to the small bonding area, it is separable by hand. The spheroids are can be simply collected from the bottom layer by pipetting.

The CMS system has better reproducibility and productivity than conventional methods of spheroid generation. The conventional methods such as normal microwell or hanging droplet method are labor-intensive. However, in the CMS system, it is much easier to increase the number of spheroids without the need of extra effort by simply increasing the chip size. With this device, it is also possible to generate organoids that require culture of multi-cell types, which is not easy to do in conventional culture methods. In addition to the demonstrated cells in this study (hASC and MRC-5), CMS could be used for spheroid production using various types of cells that can form spheroids.



Minor Concerns:

There are typos and grammar errors in the entire manuscript.

Response: We appreciate the reviewer's careful check. We re-checked typos and grammar errors.