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TITLE

Establishment and Characterization of Small Bowel Neuroendocrine Tumor Spheroids

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KEYWORDS

Small bowel neuroendocrine tumors, spheroids, synaptophysin, chromogranin A, SSTR2, immunofluorescence, immunohistochemistry, extracellular matrix, rapamycin

SUMMARY:

Neuroendocrine tumors (NETs) originate from neuroendocrine cells of the neural crest. They are slow growing and challenging to culture. We present an alternative strategy to grow NETs from the small bowel by culturing them as spheroids. These spheroids have small bowel NET markers and can be used for drug testing.

ABSTRACT:

Small bowel neuroendocrine tumors (SBNETs) are rare cancers originating from enterochromaffin cells of the gut. Research in this field has been limited because very few patient derived SBNET cell lines have been generated. Well-differentiated SBNET cells are slow growing and are hard to propagate. The few cell lines that have been established are not readily available, and after time in culture may not continue to express characteristics of NET cells. Generating new cell lines could take many years since SBNET cells have a long doubling time and many enrichment steps are needed in order to eliminate the rapidly dividing cancer-associated fibroblasts. To overcome these limitations, we have developed a protocol to culture SBNET cells from surgically removed tumors as spheroids in extracellular matrix (ECM). The ECM forms a 3-dimensional matrix that encapsulates SBNET cells and mimics the tumor micro-environment for allowing SBNET cells to grow. Here, we characterized the growth rate of SBNET spheroids and described methods to identify SBNET markers using immunofluorescence microscopy and

immunohistochemistry to confirm that the spheroids are neuroendocrine tumor cells. In addition, we used SBNET spheroids for testing the cytotoxicity of rapamycin.

INTRODUCTION:

Small bowel neuroendocrine tumors (SBNETs) originate from enterochromaffin cells of the small intestine. Although SBNETs are generally known to grow slowly, they commonly metastasize to the liver¹. While the surgical removal or tumor ablation can be considered in many cases, recurrence is nearly universal, and, therefore, medical therapy plays an important role in management. Tremendous efforts have been invested to generate new SBNET cell lines for drug testing. However, there has been very little success. Only 6 SBNET cell lines (KRJ-I, CND2, GOT1, P-STC, L-STC, H-STC) have been reported²⁻⁵; and unfortunately one cell line no longer expresses NET markers⁶ and three other SBNET cell lines (KRJ-I, L-STC, H-STC) were determined to be derived from transformed lymphoblasts instead of NETs⁷. In order to accelerate the identification of drugs for targeting SBNETs, alternative methods for in vitro drug testing are needed.

Here, we take an advantage of the availability of resected SBNETs and have established a way to culture these patient derived SBNETs as spheroids growing in ECM. The overall goal of this manuscript is to describe a method to culture SBNET as a three-dimensional (3D) culture and outline procedures to characterize these spheroids for the retention of SBNET markers by immunofluorescence staining and immunohistochemistry.

In addition, we demonstrate how these SBNET spheroids can be used for testing the effect of rapamycin, an anti-cancer drug for NETs⁸. The rationale behind this protocol is to develop a new method to grow SBNET cells in vitro and use them for drug testing. The advantage of this technique over the traditional method of establishing a SBNET cell line is that 3D cultures of SBNETs can rapidly be obtained and drug testing can be done within 3 weeks. SBNET spheroids could potentially be used as a model for performing in vitro drug screens to identify new drugs for SBNET patients. Since SBNET cell lines are not widely available, 3D cultures of SBNET spheroids can serve as a new in vitro model for studying SBNETs and can be shared among scientists in the field.

PROTOCOL:

All experiments using human neuroendocrine tumor samples have been approved by the University of Iowa Hospital and Clinics IRB committee (Protocol number 199911057). A list of all materials and equipment is described in the **Table of Materials**. A list of growth media and key solutions is found in **Table 1**.

1. Small bowel neuroendocrine tumor (SBNET) collection and cell dissociation

1.1. Obtain resected patient SBNET samples after tumor tissues confirmation from the Surgical Pathology Core.

1.2. Cut SBNETs into 5 mm² cubes and store in 25 mL of DMEM/F12 medium in a conical tube for the transportation to the laboratory.

1.3. Transfer the tumors in DMEM containing 1% FBS, 1% penicillin/streptomycin (Pen/Strep), 1% glutamine (Wash Medium) and incubate in this Wash Medium for 15 min.

1.4. Transfer tumors to a new dish and mince tumors to less than 1 mm pieces using sterile curved scissors.

1.5. Transfer the minced tissues to a new 50 mL tube containing 25 mL of Wash Medium.

1.6. Centrifuge the sample at 500 x *g* for 15 min at 4 °C.

1.7. Discard the supernatant and resuspend the pellets in 10 mL of Wash Medium containing collagenase (100 U/mL) and DNase (0.1 mg/mL).

1.8. Allow the digestion of the minced tumors to occur in a 37 °C incubator with slow shaking (50 rpm) for 1.5 h.

2. Culture of SBNETs as tumor spheroids in ECM

2.1. After digestion is completed (step 1.8), centrifuge at 500 x *g* for 15 min at 4 °C, discard the supernatant and resuspend the pellet in 15 mL of Wash Medium.

2.2. Place a 40 µm cell strainer on top of a new 50 mL tube and transfer 10 mL of the Wash Medium over the cell strainer. Swirl the Wash Medium to cover the side of the plastic tube to prevent NET cells from sticking to the side of the plastic tube.

2.3. Filter the cell suspension through cell strainer.

2.4. Centrifuge at 500 x *g* for 15 min at 4 °C, discard the supernatant, resuspend the pellet in 200 µL of Wash Medium (total volume is ~ 250 µL) and place it on ice.

2.5. Transfer 5 µL of cells to 500 µL of Wash Medium (1/100 dilution factor). Use the diluted cells for cell counting using a hemocytometer to obtain the number of cells per milliliter. Multiply by 100 to correct for the dilution factor.

2.6. Multiply the number of cells per mL obtained in step 2.5 by the total volume of cells in suspension obtained in step 2.4 (~ 250 µL).

2.7. Centrifuge at 500 x *g* for 15 min at 4 °C, discard the supernatant, and resuspend the cells in liquid ECM (1 x 10⁶ cells/mL) and keep on ice.

2.8. Transfer 5-20 μL of SBNET spheroids in ECM to a 96-well plate and allow the liquid ECM to solidify by placing the plate in a 37 °C incubator for 5 min.

2.9. Add 200 μL of SBNET culture medium (DMEM/F12 + 10% FBS + 1% PEN/STREP + 1% Glutamine + 10 mM nicotinamide + 10 $\mu\text{g}/\text{mL}$ insulin) to each well of the 96-well plate containing the SBNET spheroids in ECM.

2.10. Alternatively, culture SBNET organoids in stem cell media similar to what has previously been described for growing either human liver or pancreatic organoids⁹ and listed in the **Table of Materials**.

2.11. Change media every 5-7 days.

3. Quantification of SBNET spheroid size using ImageJ

3.1. Take 5-10 pictures of SBNET spheroids at Day 1, 4, 7, 14, 23 and 97 of the culture using a 10x objective.

3.2. Open saved images in ImageJ. Go to the **Analyze** tab, select the **Set Measurements** option and place a check on the **Area** option.

3.3. Use the oval selection tool from the tool bar to generate an ellipsoid or circle around a well-focused spheroid.

3.4. Go to the **Analyze** tab and select the **Measure** option. Repeat steps 3.4 and 3.5 in order to get area measurement from 25-50 SBNET spheroids. The values are provided in pixel square.

3.5. Convert the pixel area to μm^2 by dividing the size of each pixel with the length of each pixel to μm conversion factor of the microscopy images.

NOTE: SBNET cells grow mainly as spheroids and sometime as ellipsoids.

4. Characterization of SBNETS spheroids by immunofluorescence

4.1. Transfer the organoids grown in ECM to a 1.5 mL tube using a P1000 pipette.

4.2. Centrifuge at 1,500 x g for 1 min and remove the supernatant.

4.3. Wash the organoid culture by adding 1 mL of PBS, mix, centrifuge at 1,500 x g for 1 min and remove the supernatant.

4.4. Fix the organoids by adding 500 μL of 4% paraformaldehyde and incubate for 15 min.

4.5. Wash the culture twice with 1 mL of PBS.

174
175 4.6. Permeabilize the culture by adding 500 μ L of PBS + 3% BSA + 0.1% Triton X 100 for 5 min.

176
177 4.7. Then wash for three times with 1 mL of PBS + 3% BSA.

178
179 4.8. Incubate for 1 h with primary antibodies against synaptophysin (SYP)¹⁰ at 1/600 dilution or
180 chromogranin A (CgA)¹¹ and somatostatin receptor 2 (SSTR2)¹² at 1/400 dilution in antibody
181 buffer (2.5% bovine serum albumin, 0.1% sodium azide, 25 mM Tris pH 7.4, 150 mM sodium
182 chloride).

183
184 NOTE: Use 300 μ L or more of antibody solution per tube.

185
186 4.9. Wash three times with 1 mL of PBS + 3% BSA.

187
188 4.10. Incubate with secondary antibodies coupled to FITC at 1/500 dilution in antibody buffer for
189 1 h. Use 300 μ L or more of antibody solution per tube.

190
191 4.11. Wash 3 times with 1 mL of PBS + 3% BSA. Make sure to aspirate and discard all the
192 supernatant.

193
194 4.12. Add 5 μ L of mounting medium containing the nuclear stain DAPI.

195
196 4.13. Use a P20 pipette to transfer 5 μ L of the SBNET spheroids from step 4.12 to a glass slide
197 and seal with a cover slip.

198
199 4.14. Take images using a fluorescent microscope using the 10x, 20x or 40x objectives.

200 201 **5. SBNET spheroids characterization by immunohistochemistry (IHC)**

202
203 5.1. Transfer SBNET spheroids from the culture plate to a 1.5 mL tube by using a P1000 pipette.

204
205 5.2. Centrifuge at 1,500 x *g* for 1 min and remove the supernatant.

206
207 5.3. Fix SBNET spheroids by adding 500 μ L of 10% formalin to the tube from step 5.2 and incubate
208 at room temperature for 2-5 days prior to paraffin embedding and cut 4 μ m thick spheroid
209 sections.

210
211 5.4. Deparaffinize, rehydrate, and use heat-induced epitope retrieval in Antigen Retrieval
212 Solution at pH 9 by heating to 97 °C for 20 min using the 3-in-1 automated slide processing station
213 to prepare slides for antibody incubation.

214
215 5.5. Block slides and incubate with primary antibodies against SYP¹⁰ at a 1/100 dilution for 15
216 min, CgA¹¹ at a 1/800 dilution for 15 min, and SSTR2¹² at a 1/5,000 dilution for 30 min.

217

5.6. Incubate with the secondary antibody detection system for 15 min for the anti-SYP and CgA staining and 30 min for anti-SSTR2 staining. Take pictures using a 400x objective.

6. Treatment of SBNET organoids with rapamycin

6.1. Dissolve rapamycin in DMSO to obtain a 10 mM stock solution.

6.2. Prepare SBNET culture medium with DMSO (e.g., 1 mL of SBNET culture medium + 1 μ L of DMSO) and SBNET culture medium with 10 μ M of rapamycin (e.g., 1 mL of SBNET culture medium + 1 μ L of 10 mM rapamycin stock solution).

6.3. Transfer 200 μ L media with SBNET culture medium with DMSO or 10 μ M rapamycin to SBNET spheroid cultures.

6.4. Incubate SBNET spheroids for 5 days in 37 °C incubator.

6.5. Add 1 μ M of ethidium homodimer and incubate for 30 min. Remove the medium containing ethidium homodimer, wash with 200 μ L of PBS, and transfer 200 μ L of PBS to each well.

6.6. Take microscopy images of SBNET spheroids with and without drug treatment using the red filter cube with the 10x, 20x, or 40x objectives of a fluorescent microscope.

NOTE: Dead cells stained with Ethidium homodimer appears as red using the red filter cube G of a commercially available microscope (**Table of Materials**). Alternatively, the signal can be captured using a spectrophotometer at 535 nm excitation and 624 nm emission.

7. Splitting SBNET spheroids

NOTE: This is done for expansion and for sharing with other researchers.

7.1. Use a P1000 pipette to mechanically break the ECM and aspirate the ECM with SBNET spheroids to a sterile 1.5 mL tube.

7.2. Centrifuge at 1,000 x g at 4 °C, remove all the supernatant and place the tube on ice.

7.3. Add 2-4x the volume of new ECM to the pellet. Mix the new ECM with the old ECM and SBNET spheroids by pipetting up and down 10x. Avoiding introducing air bubbles.

7.4. Transfer 5-20 μ L of the ECM and SBNET spheroids mixture to a new plate and allow ECM to solidify.

7.5. Cover with new SBNET medium and transfer to the incubator. The recovery rate is approximately 95 to 100%.

7.6. For shipping SBNET spheroids to another lab, transfer SBNET spheroids with new ECM to a T25 flask and allow ECM to solidify.

7.7. Fill the T25 flask with SBNET spheroid medium, screw on the cap tightly, and prepare shipment package.

7.8. Upon receiving an SBNET spheroid culture, remove the culture medium and perform step 7.1 to 7.5 to put SBNET spheroids back in culture.

8. Cryostorage and recovery of SBNET spheroids

8.1. Transfer SBNET spheroids from 5-10 small wells to a 15 mL tube. Centrifuge at 500 x *g* for 15 min at 4 °C, remove supernatant, resuspend in freezing medium (90% FBS + 10% DMSO), store in a cell freezing container, and place this at -80 °C.

8.2. Transfer to the liquid nitrogen for longer storage.

8.3. To recover SBNET spheroids, place the frozen vial on ice and wait until the content is completely thawed. Invert the tube and re-place on ice in order to speed up the thawing process.

8.4. Once the sample is thawed, placed inside a pre-chilled centrifuge and spin at 1,000 x *g* for 10 min.

8.5. Remove the supernatant and resuspend the spheroids in ECM. Keep the tube on ice, transfer 20 µL to a new plate, and wait for the ECM to solidify.

8.6. Transfer 200 µL of SBNET culture medium with 10 µM of ROCK inhibitor (Y-27632)¹³ and transfer to the incubator.

8.7. Allow SBNET spheroids to recover and grow for 1 week. Remove the old culture medium, replenish with 200 µL of SBNET culture medium and return to the incubator.

8.8. Allow SBNET spheroids to continue to grow.

NOTE: It takes at least 1 week for rapidly growing spheroids to start to recover after cryopreservation¹³. SBNET spheroids take a minimum of 2-4 weeks to start growing. Many SBNET cells will die within the first 2 weeks and the survival rate is less than 10%. Since this is a very time-consuming and low yield process, it is better to share with other researchers SBNET spheroids in culture flasks (as described in step 7). Cryostorage and recovery should only be used as a backup plan in case of a bacterial contamination occurs.

REPRESENTATIVE RESULTS

There are currently only 2 SBNET cell lines established and published²⁻⁵ and they are not readily available to many researchers. Here, we propose to culture SBNET as spheroids in ECM and use

this as an alternative model to study SBNET drug sensitivity. Patient-derived tumor from an SBNET that metastasized to the liver was collected, digested to release SBNET cells, and mixed with liquid ECM for establishing an SBNET spheroid culture (**Figure 1A**). The Ki-67 of this SBNET was 4.3%. Although SBNET spheroids have a slow growth rate, their growth can be monitored by microscopic imaging (**Figure 1A**). It takes approximately 14 days for SBNET spheroids to double in size when the culture media is changed once a week (**Figure 1B**). After 14 days in culture, SBNET spheroids do not increase in size. Instead, some SBNET cells will dissociate to a neighboring location and form new spheroids. To propagate the SBNET spheroids culture, harvest the ECM containing SBNET spheroids and reseed them in new culture plate with new culture medium (Step 7).

To confirm that the organoid cultures contain SBNET cells, we describe a simple and fast method to stain the spheroids for SBNET markers such as synaptophysin, chromogranin A, and the somatostatin receptor type 2 (SSTR2) using immunofluorescence (IF) microscopy (Step 4). Using antibodies specific against synaptophysin, chromogranin A and SSTR2, our IF data showed that these markers are localized in the cytoplasm and at the membrane of SBNET cells (**Figure 2A**, in green) after 1 or 9 months in culture (**Figure 2B**). To ensure the specificity of the SYP, CgA and SSTR2 antibodies, we performed the same staining procedures on an organoid line from pancreas tumor that does not express SYP, CgA or SSTR2 (**Figure 2C**) as no green signal was detected. The main advantage of this SBNET spheroid IF experiment is that it can be performed within 4 h and gives similar staining information as the immunohistochemistry (IHC; **Figure 3**). We provide a protocol for performing IHC of the SBNET spheroids in step 5.

Culturing SBNET as spheroids is a valuable technique for identifying drugs that can inhibit SBNET growth. As a proof of principle, we treated SBNET spheroids with rapamycin for 5 days, an mTOR inhibitor, a class of drugs commonly used to treat NETs⁸. In comparison to our control SBNET spheroid, the rapamycin-treated spheroid formed a grape-like structure and became apoptotic or necrotic (**Figure 4A-D**). Dying cells can be detected using Ethidium homodimer to stain DNA and RNA and generate a bright yellow signal¹⁴. This dye cannot penetrate the cell membrane of live cells.

FIGURE AND TABLE LEGENDS

Figure 1: Patient-derived small bowel neuroendocrine tumors (SBNETs) grown in extracellular matrix (ECM) as spheroids. (A) Isolation of tumor cells from a resected SBNET and put in culture by mixing with ECM. Scale bar represents 100 μ m. (B) Surface area of SBNET spheroids with respect to the number of days in culture quantified using ImageJ. Data were obtained from SBNET spheroids of 1 patient and are represented as the mean area \pm standard error of the mean. The surface area of 30 to 60 spheroids were measured for each time point.

Figure 2: Immunofluorescence (IF) staining of SBNET spheroids. IF staining of SBNET spheroids after (A) 1 month in culture and (B) 9 months in culture. (C) IF staining of pancreas tumor organoids that do not express SBNET markers as negative controls. Tumor spheroids were fixed in 4% paraformaldehyde and stained using antibodies against synaptophysin (SYP) at 1/600 dilution, chromogranin A (CgA) at 1/400 dilution, and somatostatin receptor 2 (SSTR2) at 1/400.

IF images were taken at 100 ms, 200 ms and 400 ms exposure time for SYP, CgA and SSTR2 staining, respectively using the 10x, 20x or 40x objectives. Scale bar represents 50 μ m.

Figure 3: Immunohistochemistry (IHC) staining of SBNET spheroids. Formalin-fixed and paraffin-embedded SBNET spheroids sections were deparaffinized, rehydrated, blocked and stained with (A) SYP, (B) CgA, and (C) SSTR2 antibodies. Images were taken using the 400x objective. Scale bar represents 50 μ m.

Figure 4: Using SBNET spheroids for drug testing. (A) Bright field image of SBNET spheroids treated with DMSO for 5 days. (B) Image of SBNET spheroids treated with DMSO and stained with Ethidium homodimer (Ethidium H). (C) Bright field image of a dead SBNET spheroid forming grape-like structure after treatment with 10 μ M of rapamycin for 5 days. (D) Dead SBNET spheroid stained with Ethidium H appears as red dots. Images of Ethidium H staining were taken using the red filter cube at 100 ms exposure time. Scale bar represents 10 μ m.

Table 1. List of growth media and solution.

DISCUSSION

Tumor 3D cultures have become a valuable resource for preclinical drug testing¹⁵. Various tumor organoid biobanks have recently been established from breast cancer and prostate cancer tumors^{16,17}. In this study, we provide a detailed protocol to culture SBNET as spheroids and a simple and fast method to validate the spheroid cultures for NET markers by immunofluorescence and test drug sensitivity. From our experience, SBNET spheroids can grow in various culture media. They grow slightly faster in stem cell media for human pancreas or liver isolation that we adapted from previously published protocols⁹. We chose to grow the SBNETs in DMEM/F12 medium supplemented with insulin and nicotinamide because this is less expensive than stem cell media. Increasing the percentage of fetal bovine serum is another strategy to promote the growth of SBNET organoid cultures; however, this would also increase the overall cost for culture maintenance.

Performing IF staining and imaging with a fluorescent microscopy using the 10x, 20x or 40x objectives is a quick and simple method to test for the expression SBNET markers. However, it does not give a well-defined localization in comparison to IHC (**Figure 2, Figure 3**). For example, the IF data showed that the membrane localization of SSTR2 is difficult to detect. We mainly detect the cytosolic SSTR2, which has previously been reported¹⁸. In order to obtain a better localization of the marker proteins, we recommend using IF and confocal microscopy. Overall, IF is a useful method to rapidly confirm SBNET markers. Our antibodies (anti-SYP, anti-CgA, anti-SSTR2) did not cross-react with the negative control organoids that do not express SYP, CgA, or SSTR2 (**Figure 2C**) in the IF experiment. This suggestion that the fluorescent signals that we detected are specific to SBNET spheroids.

To increase the yield of SBNET spheroids, the critical steps of this protocol are during the cell filtration step (step 2.2) and mixing the SBNET with the liquid ECM for aliquoting into tissue culture plates (step 2.8). Make sure to cover the cell strainer membrane and the collection tube

with media in order to prevent the SBNET cells from sticking to the plastic. Liquid ECM will rapidly solidify if not placed on ice. Make sure to have a small ice container in the tissue culture hood in order to keep the ECM and SBNET cells cold.

The limitation of this technique is the slow growth rate of the SBNET spheroids. Experiments must be planned efficiently and avoid using an excess amount of SBNET spheroids. Another limitation is the slow recovery after freeze thaw. It takes over 1 month after thawing for the SBNET spheroids to start growing. To overcome this limitation, we suggest to continuously maintain SBNET spheroids in cultures and splitting them as needed (step 7). Even after 9 months in culture, the SBNET spheroids still maintain expression of SBNET markers (**Figure 2B**).

Although 3D culture of SBNET spheroids is more labor intensive than traditional 2D culture of other cancer cell lines, it is an extremely valuable model for in vitro culture of SBNET because many SBNET researchers do not have access to the existing cell lines. With this protocol, scientists and clinicians can establish SBNET spheroid cultures from resected tumors and share them with other laboratories. In addition, the SBNET spheroids could potentially be used to establish SBNET patient-derived xenograft mouse models. Overall, the techniques presented here can be adapted for culturing, characterizing and performing drug testing of other NETs such as pancreatic or lung NETs. Note that the growth rate of the organoids will vary between the different types of NETs and patient samples.

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DISCLOSURES

The authors have nothing to disclose.

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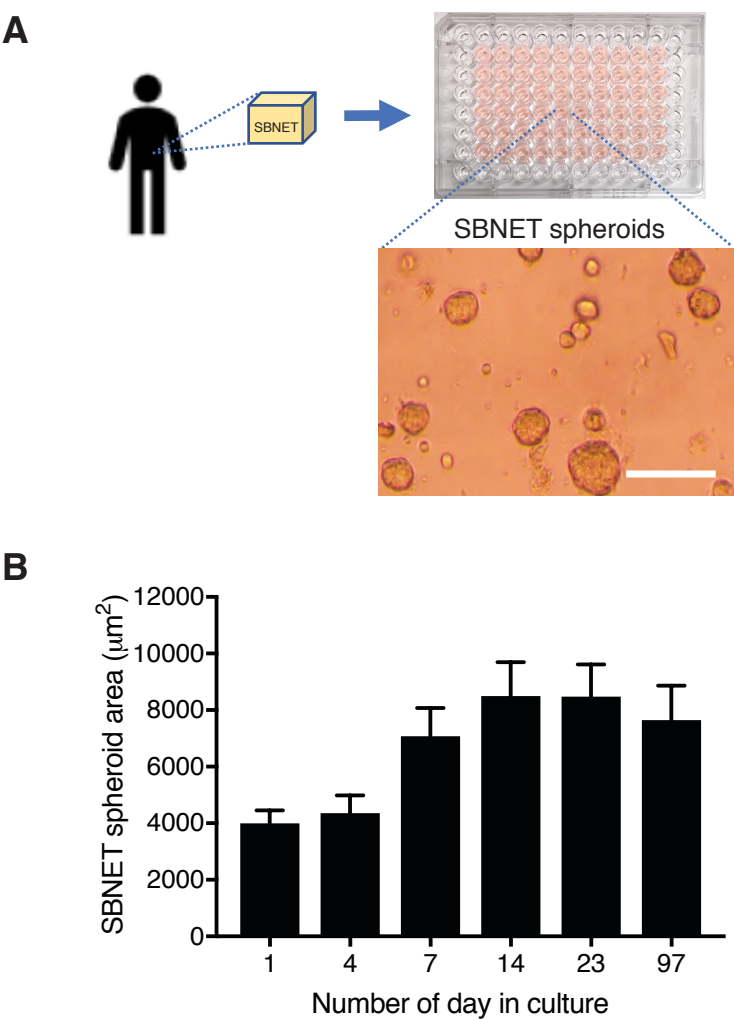
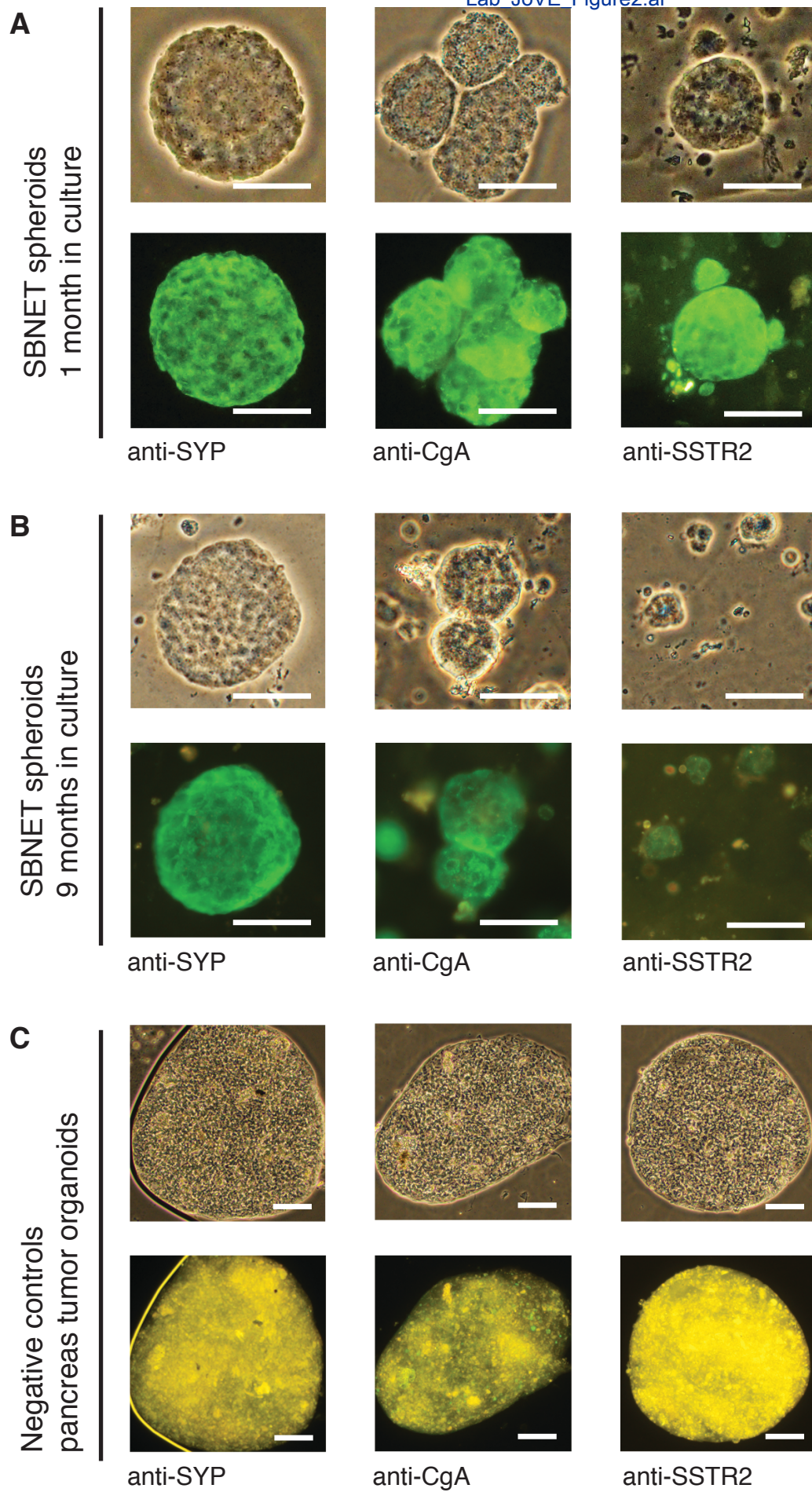


Figure 1

**Figure 2**

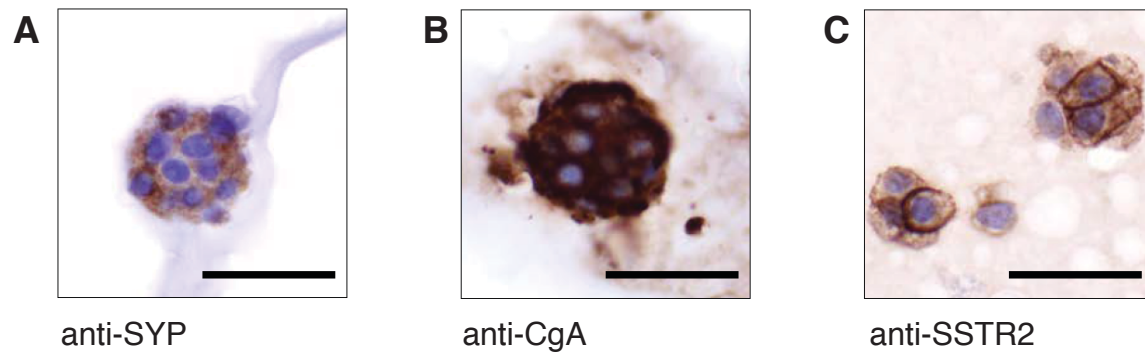


Figure 3

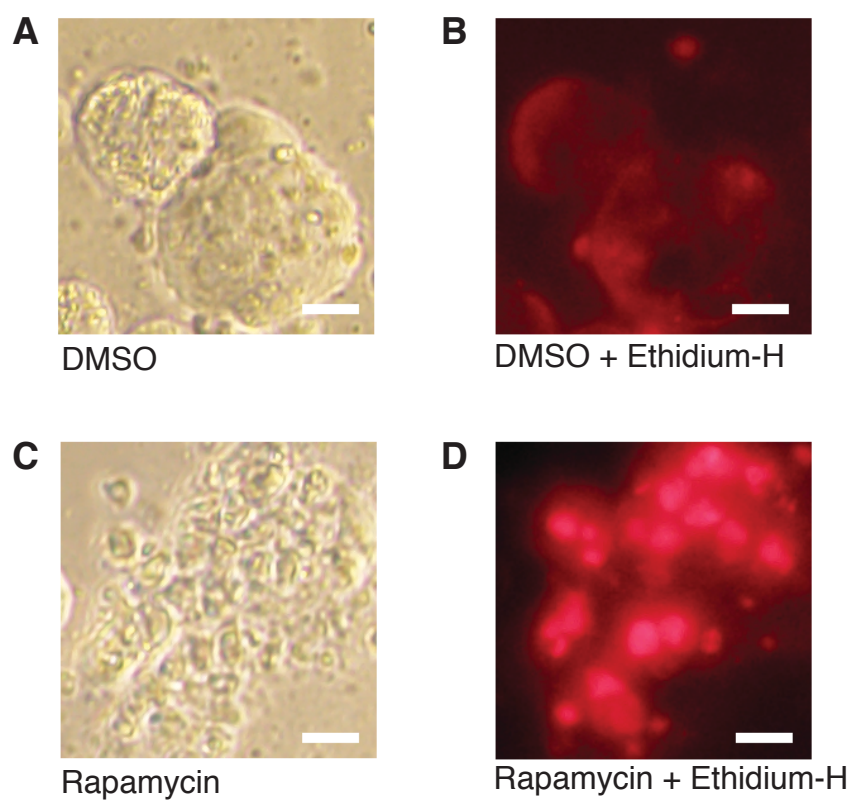


Figure 4

TABLE 1. LIST OF GROWTH MEDIA AND SOLUTIONS

Growth media or solution	Composition
Wash Medium	DMEM containing 1% FBS, 1% PEN/STREP, 1% Glutamine
SBNET culture medium	DMEM/F12 + 10% FBS + 1% PEN/STREP + 1% Glutamine + 10 mM nicotinamide + 10 µg/mL insulin
Antibody buffer	2.5% bovine serum albumin, 0.1% sodium azide, 25 mM Tris pH 7.4, 150 mM sodium chloride
Freezing medium	90% FBS + 10% DMSO
Human liver stem cell isolation medium	DMEM/F12 , 1% Pen/Strep, 1% GlutaMAX, 10 mM HEPES, 1/50 B27 Supplement, 1/100 N2 Supplement, 1 mM N-acetylcysteine, 200 ng/mL Rspo 1, 50ng/mL EGF, 100 ng/mL FGF10, 10 mM nicotinamide, 10 uM forskolin, 5uM A83-01
Human pancreatic stem cell isolation medium	DMEM/F12 , 1% Pen/Strep, 1% GlutaMAX, 10 mM HEPES, 1/50 B27 Supplement, 1/100 N2 Supplement, 1 mM N-acetylcysteine, 200 ng/mL Rspo 1, 25 ng/mL Noggin, 50ng/mL EGF, 100 ng/mL FGF10, 10 mM nicotinamide, 10 uM forskolin, 5uM A83-01, 3 uM PGE-2

Name of Material/ Equipment	Company	Catalog Number	Comments/Description
Anti-rabbit FITC	Jackson ImmunoResearch	11-095-152	Secondary antibody couple to a green fluorophore
Antigen Retrieval Solution	Agilent Dako	S2367	Solution at pH 9 for preparing slides for IHC
Autostainer Link 48	Agilent Dako	Not Available	Automated system for antibody staining
Cell freezing container	Thermo Scientific	5100-0001	Container to for freezing cells
CellSence	Olympus	Version 1.18	Computer software for using fluorescent microscope
Chromogranin A antibody	Abcam-45179	RB-9003-PO	Antibodies for IF
Chromogranin A antibody (clone LK2H10)	Thermo Scientific	MA5-13096	Antibodies for IHC
Collagenase	Sigma	C0130	Enzyme for digesting tumor tissue
DMEM	Gibco	11965-092	Medium for tissue preparation
DMEM/F12	Gibco	11320-033	Medium for organoid cultures
DMSO	Sigma	D8418	Solvent for dissolving drug
DNase	Sigma	DN25	Enzyme for digesting tumor tissue
Ethidium Homodimer	Chemodex	CDX-E0012-T1E	DNA and RNA binding dye
FBS	Gibco	16000044	Reagent for culture media
Fluorescent microscope	Olympus	CKX35	Microscope for taking pictures of SBENT spheroids
Glutamine	Gibco	A2916801	Reagent for culture media
ImageJ	National Institutes of Health	Version 1.51	Computer software for image analysis
Insulin	Sigma	I0516	Reagent for culture media

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Title of Article:	Establishment and Characterization of Small Bowel Neuroendocrine Tumor Spheroids
Author(s):	Po Hien Ear, Guiying Li, Meng Wu, Ellen Abusada, Andrew M. Bellizzi and James R. Howe

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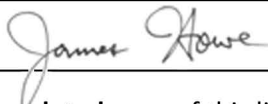
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CORRESPONDING AUTHOR

Name:	James R. Howe		
Department:	Surgery		
Institution:	University of Iowa		
Title:	Professor		
Signature:		Date:	July 26th, 2019

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July 24th, 2019

RE: Rebuttal for Editorial Comments of Manuscript JoVE60303 "Establishment and characterization of small bowel neuroendocrine tumor organoids,"

Dear Dr. Bajaj,

Thank you for expressing interest regarding our manuscript. We have submitted a revised copy of the manuscript addressing all the editorial and reviewers' comments along with figures in Illustrator format. We apologize for the delay! We wanted to make sure that we addressed all the reviewers' comment thoroughly. The current manuscript is now 10 pages long. We hope the editorial team and reviewers will like our modifications and recommend this manuscript for publication.

Please see below for our point by point responses to the Editorial comments.

Sincerely,



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Rebuttal for Editorial Comments:

Changes to be made by the Author(s):

1. Please take this opportunity to thoroughly proofread the manuscript to ensure that there are no spelling or grammar issues. The JoVE editor will not copy-edit your manuscript and any errors in the submitted revision may be present in the published version.

Thanks for pointing this out. We have performed the revision.

2. Please remove all commercial language from your manuscript and use generic terms instead. All commercial products should be sufficiently referenced in the Table of Materials and Reagents.

For example: Matrigel, Abcam-45179, Abcam-32127, VECTASHIELD, Vector Laboratories, Jackson ImmunoResearch, etc

Ok, all removed.

3. Please ensure that the short abstract/summary is no more than 50 words.

Corrected, it's 49 words now.

4. Please expand the Introduction to include all of the following:

a) A clear statement of the overall goal of this method

Added

b) The rationale behind the development and/or use of this technique

added

c) The advantages over alternative techniques with applicable references to previous studies

added

d) A description of the context of the technique in the wider body of literature.

added

e) Information to help readers to determine whether the method is appropriate for their application. We updated the introduction with more information.

5. Please include an ethics statement before the numbered protocol steps, indicating that the protocol follows the guidelines of your institution's human research ethics committee. We've included a statement with IRB protocol number. [We included the statement and IRB protocol number.](#)

6. Please include a single line space between each step, substep, and note in the protocol section. [We included the single lines for spacing.](#)

7. Please ensure that all text in the protocol section is written in the imperative tense as if telling someone how to do the technique (e.g., "Do this," "Ensure that," etc.). The actions should be described in the imperative tense in complete sentences wherever possible. Avoid usage of phrases such as "could be," "should be," and "would be" throughout the Protocol. Any text that cannot be written in the imperative tense may be added as a "Note." [Yes, we double checked and inserted a few Notes in the protocol.](#)

8. The Protocol should contain only action items that direct the reader to do something. [Yes, confirmed.](#)

9. The Protocol should be made up almost entirely of discrete steps without large paragraphs of text between sections. Please ensure that individual steps of the protocol should only contain 2-3 actions per step. [We double checked.](#)

10. Please ensure you answer the "how" question, i.e., how is the step performed? [Yes, we checked.](#)

11. 1.1: How and from where the tumors were obtained? [We included a statement saying that tumors were resected from patients in the operating room, brought to the surgical pathology core facility for analysis, and a fraction of the tumors were cut into 5 mm piece for storage in DMEM/F12 medium.](#)

Do you perform any wash steps before storing? [No, resected tumors were simply cut into smaller pieces and stored in DMEM/F12.](#)

Do you immediately transfer it to DMEM, or this can be stored at -80 C? [No storage at -80°C. Resected tumor samples are stored at 4°C in DMEM/F12 for up to 3 hrs prior to processing. Overnight storage will decrease the yield of viable organoids.](#)

How do you transfer the tumor samples to the lab-based settings? [In 50 mL conical tubes.](#)

What is the general size of the tumors obtained? Do you make small pieces before transferring to DMEM? [Cut tumors into 5 mm cubes and use 3 or more pieces for processing to ensure enough tumor cells can be obtained.](#)

12. 3, 4: After how many days do you perform the characterization and rapamycin treatment? [We have SBNET spheroids growing in culture for up to 9 months now and they still express the NET markers \(see new Figure 7\). SBNET spheroids can be used for drug treatment experiment at any timepoint. We tested our SBNET spheroids that were in culture for 2 months with rapamycin treatment for 5 days.](#)

Citations for the antibody used as the marker for organoid culture? [These antibodies have been used in other cancers and tissue sections but not for neuroendocrine tumors. Hence, our pathologist team has included the detailed conditions IHC in the new Section 5.](#)

13. 3.1: Is it one organoid per tube? [We plate ~ 1000 to 10000 spheroids per well \(96-well plated\).](#)

14. 3.11, 4.6: What is the magnification used? [10X, 20X, 40X for immunofluorescence and 400X for immunohistochemistry. Images were cropped with appropriate scale bars in ImageJ.](#)

15. 4. Do you perform DMSO control as well? [Yes, new figure with 4 conditions.](#)

16. There is a 10-page limit for the Protocol, but there is a 2.75-page limit for filmable content. Please highlight 2.75 pages or less of the Protocol (including headings and spacing) that identifies the essential steps of the protocol for the video, i.e., the steps that should be visualized to tell the most cohesive story of the Protocol. [We have highlighted the 2.5 pages of protocol for the filmable content.](#)

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18. As we are a methods journal, please revise the Discussion to explicitly cover the following in detail in 3-6 paragraphs with citations: [We've edited the Discussion section.](#)
a) Critical steps within the protocol

Added

b) Any modifications and troubleshooting of the technique

We added ROCK inhibitor to the culture media to slightly improve cell survival of SBNET spheroids after thawing. In addition, we switched from calling our SBNET “organoids” to “spheroids” since Reviewer#3 pointed out that our 3D cultures are not heterogenous.

c) Any limitations of the technique

Added

d) The significance with respect to existing methods

Added

e) Any future applications of the technique

Added *in vivo* model as future application.

19. Please sort the materials table in alphabetical order.

We sorted the materials/equipment.

20. The signed ALA is for the UK only. Please print and sign the attached Author License Agreement (ALA). Please then scan and upload the signed ALA with the manuscript files to your Editorial Manager account.

We are from the USA. No ALA needed.



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Department of Surgery

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July 24th, 2019

RE: REBUTTAL FOR REVIEWERS' COMMENTS OF JoVE60303 MANUSCRIPT
"Establishment and characterization of small bowel neuroendocrine tumor organoids,"

Dear Dr. Bajaj,

We re-submitted a revised version of our manuscript. We would like to thank your editorial team and all the reviewers for pointing out important controls and many constructive comments. We have incorporated all the requested information in our revised manuscript. Overall, we think that the constructive comments have allowed us to significantly improve this manuscript. We hope that you would consider our paper for publication in JoVE.

Please see below for our point by point responses to the reviewers' comments.

Please let me know if you need any further information.

Sincerely,

A handwritten signature in blue ink, appearing to read "Po Hien Ear".

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Reviewers' comments:

Reviewer #1:

Manuscript Summary:

The manuscript by Po Hien Ear et al. describes the establishment of SBNET organoids, their cryoconservation as well as their approval of SBNET markers by IF and IHC.

Major Concerns:

- Two different concentrations are given for insulin in the medium (line 98). [Corrected, it should be 10 µg/mL of insulin.](#)

It's also not clear to which stem cell medium it is referred as reference 10 contains different media for murine or human liver or pancreas. [We tried both human liver and human pancreas stem cell media with slight modifications. We're providing a list of media used in the new Table 2.](#)

- Regarding the treatment with rapamycin: Which wavelengths were used to detect this Ethidium Homodimer? [For microscopy, we used the red filter cube G \(Olympus microscope CKX53 model\). Ethidium homodimer can be detected using the spectrophotometer at 535 nm excitation and 624 nm emission.](#)

The DMSO control should also be shown with the Ethidium Homodimer due to the fact that it can be toxic for cells as well. Therefore it would be nice to show another negative control with organoids only in medium. [Please see new Figure 3 with DMSO control.](#)

Also, the fluorescence signal is not necessarily caused by apoptosis. It could be also necrosis or another signaling pathway leading to permeable cell membranes. [Thanks for pointing this out. We will edit our text accordingly.](#)

Therefore a more precise assay would be necessary. In general, a viability assay (like e.g. Presto Blue or Cell Titer Glo 3D) with IC50 calculation would be more meaningful for using the organoids as tool for personalized drug screening. [We agree. We are optimizing conditions for Cell Titer Glo 3D for systematic drug testing in the near future.](#)

- Growth/ lifespan: As the authors mentioned in the introduction drug screening with existing SBNET cell cultures is limited by the slow doubling time and resulting less material. The growth of their organoids was shown by "organoid areas" (Figure 1b). How were the organoid areas determined? [By Image J. We have included a new section describing how to quantify SBNET spheroid surface area \(New Section 3\).](#)

How many organoids were calculated per day? [30 to 60 spheroids were measured for each time point.](#)

The diagram looks confusing with these different coloured columns and frames. [We agreed, we have now changed the columns to the same color.](#)

In general, the lifespan of all established organoids should be mentioned, especially because we experienced NET organoids to die after 6-10 passages. Are they all expandable to 97 d? We are experiencing more difficulty with NET spheroids from the pancreas. Some of our PNET spheroids died after multiple passages and some were outgrown by fibroblasts. However, for the SBNET spheroids, we have been able to keep them growing for over 9 months now. It looks like they are healthy growing in the conditions that we describe in this manuscript.

When they write "After 14 days in culture, SBNET organoids do not increase in size. Instead, some SBNET cells will dissociate to a neighboring location and form new organoids." (line 151f.) - Can they be split like it is usual for organoids or how was the Matrigel change performed? That has to be described. Yes, they can be split. We split the spheroids by recovering the old Matrigel with all the cells and mixing with new Matrigel and transferring to a new plate. Please see new Section 7 of the Protocol.

Minor Concerns:

- It's not explained how the IHC was performed (reference or protocol). We have included a new section 5 on IHC.

- In general, white balance while taking photographs should have been used (Fig 1a, 3). Good suggestion! We will start using this in the future. Initially, we did not want to lose any information and therefore did not want to filter out anything.

Reviewer #2:

Manuscript Summary:

This is a review of the manuscript entitled "establishment and characterization of small bowel neuroendocrine tumor organoids." In this manuscript, the authors first document the difficulties in studying small bowel neuroendocrine tumors (SBNETs) and subsequently describe organoid culture with a view to using this system for drug discovery. The goal of this paper is to clearly explain this new system so that others could follow this line of research

Major Concerns:

- 1) The authors state that 1×10^6 cells are resuspended in 1ml of Matrigel and then media is changed every 5-7 days. In Figure 1B, they show organoids can be cultured for 97 days. Given that Matrigel will degrade over time, how are these organoids passaged into new Matrigel? Yes we agree. We the cells become too crowded after 2-4 weeks in culture, we split them. Organoids with Matrigel were harvested and transferred to a 1.5 microtube, centrifuge at 1000 g and remove any excess media. New Matrigel is added to the pellet and aliquot into new plate. Please see new Section 7 of the protocol.

Are they passaged every 14 days? No, SBNET spheroids only needs to be passaged every 2-4 weeks because they are slow growing.

During the passaging process, are the organoids disassociated or passaged whole? Passaged whole since we do not see SBNET spheroids growing bigger than 150 μm in diameter.

This is important and needs to be explained so others can follow their work. We agree, we have incorporated all the information in our resubmission. Please see new Section 3,5, and 7. Our Protocol has in total 8 sections now.

2) Regarding storage and recovery of SBNET organoids, it can be difficult to remove organoids from old Matrigel when reseeding into new Matrigel. Centrifugation will not remove organoids from Matrigel in my experience so how do the authors overcome this problem? We agree that it is very difficult to remove all old Matrigel because we have also tried doing this. However, we noticed that the SBNET spheroids can still grow very well when they are simply mixed with new Matrigel.

3) The authors state in the introduction that one of the original SBNET lines failed to continue to express NET markers, presumably after prolonged cell culture. At what timepoint were the images in Fig. 2 obtained? Sorry for the confusion, we were referring to an organoid line from a pancreas tumor. These PNET line seemed to be outgrown by fibroblast and other stromal cells and the NET markers can no longer be detected.

Was it after 97 days or far earlier? Do they express the necessary markers after 97 days? Yes, our SBNET spheroids continue to express NET markers after 97 days. We have included new data showing that SBNET spheroids expressing NET markers after 9 months in culture although the level of SSTR2 seems to be decreased. It appears that the Matrigel microenvironment helps to preserve the expression of NET markers.

4) Similarly, how long were the SBNET organoids cultured before they were incubated with rapamycin and is there an optimal time for assaying responses? We usually culture our SBNET spheroids for 5 days or more to make sure the SBNET cells are growing before using for a drug testing. For the rapamycin experiment, those SBNET spheroids were grown for 2 months and used for drug treatment.

Minor Concerns:

In the protocol section 1.1, should resected tumors be stored in 25ml of DMEM/F12 at room temp/on ice/at 4C etc. How long can this tissue be stored for until tumors are processed? We usually process our tumors within 3 hrs after tumor resection. We have tried to process tumors after storage in DMEM/F12 at 4°C for 24 hrs. Some SBNET spheroids were obtained but there were many dead cells in the Matrigel. We estimate that the efficiency decreases by 50-80% after 24 hrs incubation in DMEM/F12 at 4°C.

Reviewer #3:

Manuscript Summary:

The authors present a detailed step by step description of the methods they used to successfully culture small intestinal neuroendocrine tumors following surgical resection in

humans. In addition, the authors present data results describing the appearance, growth rate, and immunohistochemical detection of known tumor marker genes confirming that they have in fact cultured cells from the tumor itself. The materials and equipment needed are included in the protocol. The steps are complete, clearly explained and should allow the successful culturing of these tumors. The practical application of these procedures should be useful to investigators with access to these patient's tumors and interest in understanding their abnormal growth as well as test new growth inhibiting therapies.

Major Concerns:

The title, abstract and manuscript refer to tumor organoids. It is inaccurate to call these organoids because the data presented indicates that these are uniform tumor cells and there is no data to suggest the presence of normal small bowel epithelium implied in the term organoid, such as a mixture of Lgr5 stem cells, paneth cells, goblet cells and enterocytes. Furthermore, no data is presented indicating tumor heterogeneity. All cells are monotonously chromogranin A, synaptophysin and SSTR2 positive. It would be more accurate to simply call them small bowel neuroendocrine tumor cultures. [This is a good point. We have not seen Paneth and goblet cells in our culture, but we do see some fibroblasts. Since these are predominantly SBNET cells selected out from other cell types we have changed our descriptor to “spheroids” rather than “organoids”.](#)

Introduction:

1. KRJ-1, L-STC and H-STC celline are now found to be naturally-occurring EBV transformed lymphoblasts (ref #8). Authors cited this reference, the information regarding small bowel neuroendocrine tumor cell lines should be correctly updated. [Thank you. We've made the correction.](#)

Methods:

Line 98. Insulin, different concentrations were listed twice. [We have corrected this.](#)

Line 99. Authors stated tumors can be cultured in stem cell media. If so, these components should be listed in the methods section in the supplement. [We have included a new Excel sheet with the growth media composition in our revised manuscript.](#)

Results.

1. Are the representative cultured tumors derived from a single cell or a fragment of the original tumor? [From a fragment of the original tumor.](#)

Can tumors form from single cells or fragments derived from larger cultured tumors? [We have not tried dissociating all the tumors cells into single cells. We noticed that by using the cell strainer with 40 µm pore cutoff, we obtained a mixed population of single cells to groups of ~6 cells.](#)

2. Are the cultured tumors cryopreservable? [Yes, however we have only been able to recover up to 10% of our SBNET organoids after 1 month. Not all cells will survive](#)

cryopreservation and thawing but some will and can be used to restart the culture. However, this process takes months. We recommend just keeping the culture going by splitting them approximately once every 2 weeks or so. Please see new Section 7.

3. Data should be presented regarding culture efficiency (success rate for culturing tumors per tumor (if multiple tumors are present) and per patient). We have been able to generate cultures of 8/9 resected SBNETs. The SBNET that had poor viability was the tumor that was left in DMEM/F12 for 24 hrs at 4°C prior to processing. We will be reporting these finding in a separate manuscript. In this manuscript, our goal is to provide a detailed protocol for our colleagues in the NET field to be able to generate and grow SBNET spheroids in their own laboratories.

4. Figure #1:A. Include some information about the patients source of tumor (primary vs. sporadic tumor, tumor grade, and ? multiple tumors/patient, location mets etc.) and how many tumors the graph represents (N=?). The tumor sample was from an SBNET that metastasized to the liver (n=1 patient). The Ki-67 was 4.3%.

B. ? Mean +/- SEM, and how many tumors from how many patients? We are showing only SBNET of 1 patient since this is a protocol paper. We will include other patient samples in a different paper.

5. Figure#2: Please rule out autofluorescence by including a control staining. Yes, thank you for pointing this out. We've added new panels to Figure 2 consisting spheroids that were derived from a pancreas tumor but do not express SYP, CgA, or SSTR2.

6. Figure#3: Please show figures from both before and after treatment with Rapamycin. Thanks for pointing this out. We have added new panels to this figure (now Figure #4).