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## In vivo assessment of alveolar macrophage efferocytosis following ozone exposure --Manuscript Draft--

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Dear JoVE editors and reviewers,

We respectfully submit our revised manuscript entitled "In vivo assessment of alveolar macrophage efferocytosis following ozone exposure". We thank the editors and reviewers for their previous comments and suggestions and believe this resubmission is much improved.

Our data are original and have not been submitted for publication elsewhere. All authors have read the manuscript and approve its submission. We thank you in advance for your consideration.

A handwritten signature in black ink that reads "Kymberly M. Gowdy".

Sincerely,

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**1 TITLE:**

2 In Vivo Assessment of Alveolar Macrophage Efferocytosis Following Ozone Exposure

3

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**18 KEYWORDS:**

19 air pollution, ozone, lung, inflammation, alveolar macrophage, efferocytosis

20

**21 SUMMARY:**

22 This manuscript describes a protocol for determining whether exposure to ozone, a criteria air  
23 pollutant, impairs alveolar macrophage efferocytosis in vivo. This protocol utilizes commonly  
24 used reagents and techniques and can be adapted to multiple models of pulmonary injury to  
25 determine effects on alveolar macrophage efferocytosis.

26

**27 ABSTRACT:**

28 Ozone (O<sub>3</sub>) is a criteria air pollutant that exacerbates and increases the incidence of chronic  
29 pulmonary diseases. O<sub>3</sub> exposure is known to induce pulmonary inflammation, but little is  
30 known regarding how exposure alters processes important to the resolution of inflammation.  
31 Efferocytosis is a resolution process, whereby macrophages phagocytize apoptotic cells. The  
32 purpose of this protocol is to measure alveolar macrophage efferocytosis following O<sub>3</sub>-induced  
33 lung injury and inflammation. Several methods have been described for measuring  
34 efferocytosis; however, most require ex vivo manipulations. Described in detail here is a  
35 protocol to measure in vivo alveolar macrophage efferocytosis 24 h after O<sub>3</sub> exposure, which  
36 avoids ex vivo manipulation of macrophages and serves as a simple technique that can be used  
37 to accurately represent perturbations in this resolution process. The protocol is a technically  
38 non-intensive and relatively inexpensive method that involves whole-body O<sub>3</sub> inhalation  
39 followed by oropharyngeal aspiration of apoptotic cells (i.e., Jurkat T cells) while under general  
40 anesthesia. Alveolar macrophage efferocytosis is then measured by light microscopy evaluation  
41 of macrophages collected from bronchoalveolar (BAL) lavage. Efferocytosis is finally measured  
42 by calculating an efferocytic index. Collectively, the outlined methods quantify efferocytic  
43 activity in the lung in vivo while also serving to analyze the negative health effects of O<sub>3</sub> or  
44 other inhaled insults.

45

46 **INTRODUCTION:**

47

48 The lung is constantly exposed to environmental insults, including air particulates, viruses,  
49 bacteria, and oxidant gases that trigger pulmonary inflammation<sup>1-3</sup>. These insults can  
50 compromise gas exchange and induce irreversible tissue injury<sup>4-5</sup>. Alveolar macrophages, which  
51 constitute approximately 95% of the immune cells found in murine and human lungs at  
52 homeostasis, are critical regulators of pulmonary inflammation after environmental insults<sup>1-5</sup>.  
53 Alveolar macrophages are essential during the host defense by phagocytizing and eliminating  
54 pathogens. Recently, alveolar macrophages have been shown to promote tissue homeostasis  
55 and the resolution of inflammation through efferocytosis<sup>6-7</sup>. Efferocytosis is a phagocytic  
56 process in which macrophages engulf and eliminate apoptotic cells<sup>8-10</sup>. Efferocytosis also results  
57 in the production of mediators (i.e., IL-10, TGF- $\beta$ , PGE<sub>2</sub>, and nitric oxide) that further augment  
58 the process, resulting in the resolution of inflammation<sup>9-12,16,18</sup>. This process is necessary for  
59 preventing secondary necrosis and promoting tissue homeostasis<sup>12-14</sup>. Several studies have  
60 linked impaired efferocytosis with various chronic lung diseases, including asthma, chronic  
61 obstructive pulmonary disease, and idiopathic pulmonary fibrosis<sup>8-9,15-17</sup>.

62

63 O<sub>3</sub> is a criteria air pollutant that exacerbates and increases the incidence of chronic pulmonary  
64 diseases<sup>19-21</sup>. O<sub>3</sub> induces pulmonary inflammation and injury and is known to impair alveolar  
65 macrophage phagocytosis of bacterial pathogens<sup>22-23</sup>. However, it is unknown whether O<sub>3</sub>  
66 impairs alveolar macrophage efferocytosis. Investigating O<sub>3</sub>-induced alterations in alveolar  
67 macrophage efferocytosis will provide potential insight into how exposure can lead to chronic  
68 pulmonary disease incidence and exacerbation. Described below is a simple method to evaluate  
69 alveolar macrophage efferocytosis in the lungs of female mice after acute O<sub>3</sub> exposure.

70

71 The outlined method possesses several advantages over other efferocytosis protocols commonly  
72 used in the field by eliminating the use of costly fluorescent dyes, extensive flow cytometry  
73 measurements, and ex vivo manipulation of alveolar macrophages<sup>24-25</sup>. Additionally, this  
74 protocol measures alveolar macrophage efferocytosis in the context of the lung  
75 microenvironment, which can influence macrophage function.

76

77 **PROTOCOL:**

78

79 All methods have been approved by the Institutional Animal Care and Use Committee (IACUC)  
80 of East Carolina University.

81

82 **1. Ozone (O<sub>3</sub>) and filtered air exposures (Day 1)**

83

84 1.1. Place a maximum of 12 female C57BL/6J mice, 8–12 weeks old, in a steel cage (with 12  
85 separate compartments) with wire mesh lids into an O<sub>3</sub> exposure chamber.

86

87 1.2. Place the thermometer in the exposure chamber with the cage to accurately record the  
88 temperature and humidity.

89

90 1.3. Turn on the oxygen and ultraviolet (UV) light that is attached to the apparatus.

91

92 NOTE: Regulated airflow (>30 air changes/h) with controlled temperature (22–23 °C) and  
93 relative humidity (45%–50%) is obtained by the O<sub>3</sub> apparatus. O<sub>3</sub> is generated by the system in  
94 the exposure chamber by directing 100% oxygen through a UV light generator, then mixing with  
95 a filtered air supply.

96

97 1.4. Adjust the O<sub>3</sub> concentration to 1 ppm and regularly record O<sub>3</sub> levels every 10 min for 3  
98 h. Continuously monitor the temperature and humidity of chamber air, as is the O<sub>3</sub>  
99 concentration with a UV light photometer.

100

101 NOTE: Filtered air exposures are performed in a similar apparatus, with only a filtered air supply  
102 flowing through the exposure chamber.

103

104 1.5. Return the animals to their respective cages with bedding, food, and water *ad libitum*  
105 after 3 h of O<sub>3</sub>/filtered air exposure.

106

## 107 **2. Preparation of Jurkat T cell line (Day 2)**

108

109 NOTE: All procedures should be conducted in a class II biological safety cabinet.

110

111 2.1. Culture Jurkat T cells in 24 mL of basal cell culture medium + 10% FBS + 5%  
112 penicillin/streptomycin at 37 °C + 5% CO<sub>2</sub> (**Table of Material**). Jurkat T cells are a suspension cell  
113 line that can be maintained through passaging 1:6–1:8 into pre-warmed culturing media every  
114 3 days. Do not shake.

115

116 2.2. To prepare apoptotic cells, grow them to 90% confluency in each flask (which takes 3–4  
117 days to achieve after passaging). For this study, use cells from five T75 flasks to obtain the  
118 sufficient number of cells used in this protocol.

119

120 NOTE: A confluent flask contains about 20–24 million cells.

121

122 2.3. Pipette up cells (which is the entire flask) from each flask (approximately 24 mL) and  
123 transfer cells to a sterile 50 mL conical tube using a serological pipette. Use multiple conical  
124 tubes for multiple flasks.

125

126 2.4. Count cells by removing an 11 µL aliquot of cells from the 50 mL conical tube and mix  
127 with 11 µL of trypan blue stain and pipette 11 µL onto hemocytometer slides.

128

129 2.5. Insert slide into an automated cell counter and record the number of live cells to  
130 calculate the total cell count in each flask by multiplying the number of live cells by 24, as each  
131 flask contains 24 mL of media.

132

133 2.6. Centrifuge the cell suspension at 48 x g for 5 min at room temperature (RT) to pellet  
134 cells.

135  
136 2.7. Discard the supernatant by aspiration and resuspend the cell pellet in media to obtain  
137  $3.0 \times 10^6$  cells per mL.

138  
139 2.8. Aliquot 5 mL of cells in 100 mm x 20 mm tissue culture dishes (approximately nine  
140 dishes will be used; the total amount of cells in each dish should be  $\sim 15 \times 10^6$ ).

141  
142 2.9. Use one dish for control/unexposed, and the remaining dishes will be exposed to UV.

143  
144 2.10. Set the UV crosslinker to the correct energy level, press the energy button, and enter  
145 "600" using the number pad, which the machine will read as  $600 \mu\text{J}/\text{cm}^2 \times 100$ .

146  
147 NOTE: UV crosslinker energy units is in  $\mu\text{J}/\text{cm}^2 \times 100$ ; therefore, to achieve 60 millijoules/ $\text{cm}^2$ ,  
148 convert units to match the UV crosslinker.

149  
150 2.11. Irradiate all dishes with cells, not including the control, at 60 millijoules (mJ)/ $\text{cm}^2$  using  
151 the UV crosslinker. Remove the top cover of the tissue culture dishes during UV exposure, as  
152 UV light will not penetrate the plastic cover.

153  
154 2.12. Incubate all the dishes in a cell culture incubator, including unexposed control, at 37 °C  
155 at 5%  $\text{CO}_2$  for 4 h.

156  
157 2.13. Confirm apoptosis by flow cytometry using an apoptosis assay detection kit containing  
158 annexin V and propidium iodide (PI) (markers for apoptosis and necrosis, respectively) after 4 h  
159 of incubation, per the manufacturer's instructions<sup>26,27</sup>.

160  
161 NOTE: Irradiating Jurkat T cells in the UV crosslinker at an energy level of  $600 \mu\text{J}/\text{cm}^2$ , following  
162 a 4 h incubation will lead to  $\geq 75\%$  of apoptotic (both early and late) cells having more early  
163 apoptotic phenotype than the late apoptotic phenotype. This makes it easier for alveolar  
164 macrophages to recognize them and engulf as their membranes are uncompromised, unlike  
165 late apoptotic cells, leading to a higher efferocytic index and more accurate imaging of alveolar  
166 macrophage efferocytosis in this study.

167  
168 2.13.1. Pool 333  $\mu\text{L}$  ( $1 \times 10^6$  cells) of Jurkat T cells from several dishes (both "no UV" and "UV-  
169 exposed") together to use for compensation analysis tubes.

170  
171 2.13.2. Aliquot 333  $\mu\text{L}$  of Jurkat T cells in an unstained, annexin V single stain, PI single stain, no  
172 UV control, and  $600 \mu\text{J}/\text{cm}^2$  UV-exposed labeled flow cytometry tubes.

173  
174 2.13.3. Centrifuge tubes at 300 x g for 5 min at RT and decant the supernatant.

175  
176 2.13.4. Wash cells by resuspending in 500  $\mu\text{L}$  of cold, 1x phosphate-buffered saline (PBS).

177  
178 2.13.5. Centrifuge and pellet cells at 300 x g for 5 min at RT. Discard the supernatant after  
179 centrifugation.  
180  
181 2.13.6. Prepare 400 µL of 1x binding buffer per flow tube by diluting 10x binding buffer with  
182 distilled water while cells are centrifuging.  
183  
184 2.13.7. Prepare annexin V and PI incubation reagent (100 µL per sample/tube) per the  
185 manufacturer's instructions.  
186  
187 2.13.8. Decant the supernatant after centrifugation and gently resuspend all tubes in 400 µL of  
188 1x binding buffer, then add 100 µL of annexin V incubation reagent to each sample tube. Lastly,  
189 add 100 µL of annexin V single stain and PI single stain to their respective tubes, but do not add  
190 anything beyond the 1x binding buffer to the unstained tube.  
191  
192 2.13.9. Incubate tubes in the dark for 15 min at RT.  
193  
194 2.13.10. Centrifuge all cells at 300 x g for 5 min at RT and decant supernatant.  
195  
196 2.13.11. Resuspend cells in 400 µL of 1x binding buffer, then analyze samples for apoptosis by  
197 flow cytometry. Collect at least 10,000 events per tube to allow accurate representation of  
198 staining.  
199  
200 2.14. Combine all the irradiated cells from dishes into a 50 mL conical tube and pellet cells by  
201 centrifugation at 48 x g for 5 min at RT.  
202  
203 2.15. Discard the supernatant from the tube by aspiration and resuspend cells in 24 mL of  
204 sterile phosphate buffered saline (PBS) and pellet cells by centrifugation at 48 x g for 5 min at  
205 room temperature.  
206  
207 2.16. Discard the supernatant from the tube by aspiration and resuspend cells in the amount  
208 of PBS used for dosing mice approved by IACUC. The dose used is between 5–10 x 10<sup>6</sup> cells/50  
209 µL per mouse; therefore, for 10 mice, resuspend in 500 µL (number of cells in each dose varies  
210 depending on how many cells are cultured for irradiation).  
211  
212 NOTE: Makeup at least two additional doses to account for any liquid that may stick to the sides  
213 of the pipette tip resulting in the loss of cells.  
214

### 3. Murine oropharyngeal instillation of apoptotic cells (Day 2)

215  
216  
217 3.1. Prepare dosing inoculum of apoptotic cells using a P200 pipette prior to anesthetizing  
218 mice to expedite the procedure. As per the institutional guidelines, a volume of 50 µL  
219 containing approximately 5–10 x 10<sup>6</sup> cells is utilized for oropharyngeal (o.p.) instillation to  
220 ensure best results.



221

222 3.2. Anesthetize mice in a clear chamber with 2% isoflurane at a flow rate of 1 L/min or as  
223 per the institutional guidelines. Anesthetize one to two mice at a time; the number is  
224 determined by the comfort level of the experimenter. Observe the breathing pattern and  
225 confirm deep breaths are visible with 2–3 s counts between breaths. Check for the depth of  
226 anesthesia by the lack of response to the toe pinch.

227

228 3.3. Position the mouse in a semi-recumbent supine position. Use a surgical string tied  
229 between pegs on a slanted acrylic sheet board to suspend by the maxillary incisors.

230

231 3.4. Using a pair of blunt non-ridged forceps, lightly grab and pull the mouse tongue. Instill  
232 the apoptotic cells into the oral cavity with a P200 pipette. Dosing is successful when the mice  
233 make a crackling noise 1–2 s after giving the dose.

234

235 NOTE: Take care to avoid inducing trauma either to the tongue or oropharynx before the  
236 apoptotic cell instillation.

237

238 3.5. With a gloved finger, gently block the nose until the mouse inhales while the tongue is  
239 retracted. Cover the nose until no liquid is visible in the oral cavity and the mouse has taken  
240 two or more inhalations.

241

242 NOTE: As mice are obligate nose breathers, covering the nose helps ensure that the mouse will  
243 inhale the apoptotic cells into the lungs.

244

245 3.6. Remove the mouse from the inoculation board and return it to the cage to allow  
246 recovery from anesthesia. Place the mouse on its back to prevent bedding or debris from  
247 blocking the nares during the recovery.

248

249 3.7. Wait 90 min to allow alveolar macrophages to engulf influx of apoptotic cells after all  
250 the mice have awoken from anesthesia. Typically, awakening after anesthesia will take 1–2 min,  
251 which should not affect the outcome/timing of instillation.

252

#### 253 **4. Bronchoalveolar lavage fluid collection and processing (Day 2)**

254

255 4.1. Euthanize each mouse per institutional guidelines 90 min after dosing with apoptotic  
256 cells. Here, a lethal injection of ketamine and xylazine is used (90 mg/kg and 10 mg/kg,  
257 respectively) followed by excising the diaphragm.

258

259 NOTE: This time point allows sufficient time for alveolar macrophages to sense and engulf  
260 apoptotic cells<sup>38</sup>.

261

262 4.2. Weigh all mice (g) on a scale and record weights. Use the body weight to calculate BAL  
263 volume (26.25 mL/kg body weight).

264

- 265 4.3. Place mice on their backs and spray 70% ethanol to sterilize the chest and neck area.  
266
- 267 4.4. Make a 2" longitudinal cut just below the sternum along the entire ventral side with  
268 surgical scissors, and while holding the sternum with forceps, nick the diaphragm to allow the  
269 lungs to fall back into the chest cavity.  
270
- 271 4.5. Cut laterally along the sides of the rib cage to allow the lungs more room to expand  
272 when lavaging, then fold the chest cavity back with forceps.  
273
- 274 4.6. Make a 1" vertical cut up along vasculature through the neck to expose the trachea.  
275
- 276 4.7. Use two forceps to pull muscle and tissue off the trachea and expose it. Avoid additional  
277 potential bleeding and cutting the trachea, since it is surrounded by vasculature, longitudinal  
278 muscles, and connective tissue.  
279
- 280 4.8. Use a needle to make a slit in the trachea (about one-quarter of the distance down from  
281 the head) and insert a cannula (18 G x 1.25") with a syringe pre-loaded with 1x PBS  
282 (26.25 mL/kg body weight, ~0.7–1.0 mL in an 8–10 week old female C57Bl/6J mouse) caudally  
283 into the trachea.  
284
- 285 4.9. Push PBS into the lungs slowly to allow the lungs to inflate, then pull the same volume  
286 back out into the syringe. Repeat this process 3x. Ensure that PBS is not exiting the nostrils,  
287 which can occur if either the cannula has not been inserted far enough into the trachea or if  
288 inflation is occurring too quickly. Withdraw the cannula slightly if the lungs do not inflate well.  
289
- 290 4.10. Collect the pooled lavage fluid from each specific mouse in a 15 mL tube.  
291
- 292 4.11. Centrifuge the bronchoalveolar lavage at  $1109 \times g$  for 6 min at 4 °C and collect  
293 supernatant into a 1.5 mL tube and freeze at -80 °C. The pellet represents cells from the  
294 bronchoalveolar space.  
295
- 296 4.12. Remove residual red blood cells in collected BAL fluid by adding 1 mL of ACK RBC lysis  
297 buffer to the cell pellet, then vortex well and lyse for 1 min on ice. Afterwards, add 4 mL of PBS  
298 to stop the lysis reaction.  
299
- 300 4.13. Pellet cells by centrifugation at  $1109 \times g$  for 6 min at 4 °C and aspirate the supernatant  
301 with a vacuum aspirator.  
302
- 303 4.14. Resuspend cells in 1 mL of 1x PBS + 10% FBS to each BAL sample tube. Count cells on a  
304 hemocytometer for the quantification of total airspace cells from each sample (no trypan blue).  
305 Centrifuge 120  $\mu$ L of each sample onto slides at  $12 \times g$  for 3 min, using medium acceleration and  
306 a cytocentrifuge. Dry the slides overnight.  
307  
308

309 **5. Calculation of alveolar macrophage efferocytic index (Day 3)**

310

311 5.1. Stain the slides with hematoxylin and eosin to allow for calculation of both efferocytic  
312 and differential cell counts, with at least 200 cells counted from each slide.

313

314 5.2. View slides under a bright-field setting on a biological microscope (a 20x or 40x  
315 objective will work best).

316

317 5.3. Calculate the efferocytic index based on the ratio of the number of alveolar  
318 macrophages that phagocytosed apoptotic Jurkat T cells to alveolar macrophages without  
319 apoptotic cell uptake out of a total 200 macrophages on a cell differential slide. Convert the  
320 ratio to a percentage for data input. Use the following equation:

321

$$\frac{\text{Number of alveolar macrophages that engulfed apoptotic cells}}{\text{Number of alveolar macrophages that did not engulf cells}} \times 100$$

322

323

324 **REPRESENTATIVE RESULTS:**

325

326 O<sub>3</sub> exposure is known to induce pulmonary inflammation and injury, and efferocytosis is  
327 required to maintain tissue homeostasis. C57BL/6J female mice were exposed to filtered air  
328 (FA) or 1 ppm O<sub>3</sub> for 3 h and necropsied 24 h post-exposure to examine pulmonary  
329 inflammation and injury. O<sub>3</sub>-exposed mice displayed a significant increase in macrophages and  
330 neutrophils in the airspace compared to the FA control group (**Figure 1A,B**). Additionally, O<sub>3</sub>-  
331 exposed mice had a significant increase in BAL protein, a marker of alveolar epithelial barrier  
332 dysfunction 24 h post-exposure (**Figure 1C**).

333

334 To determine if O<sub>3</sub>-induced pulmonary inflammation is associated with defects in alveolar  
335 macrophage efferocytosis in vivo, C57BL/6J female mice were instilled with apoptotic Jurkat T  
336 cells via oropharyngeal aspiration 24 h post-FA or post-O<sub>3</sub> exposure. Apoptosis in Jurkat T cells  
337 was confirmed by flow cytometry prior to dosing, and there was a significant increase in early  
338 (annexin V<sup>+</sup> PI<sup>-</sup> and late (annexin V<sup>+</sup> and PI<sup>+</sup>) apoptotic cells (**Figure 2A,B**). The exposure level  
339 and incubation time resulted in repetitive results of ~75% apoptotic Jurkat T cells. A magnified  
340 image of what was identified as an efferocytic macrophage is shown in **Figure 3A**. Efferocytic  
341 macrophages were identified as macrophages that had engulfed a Jurkat T cell (indicated by  
342 black arrows), compared to regular alveolar macrophages (indicated by white arrows) (**Figure**  
343 **3B**). When alveolar macrophage efferocytosis was assessed utilizing the protocol, there was a  
344 statistically significant decrease in the efferocytic index of the O<sub>3</sub>-exposed group compared to  
345 FA controls (**Figure 3B,C**). These data indicate that O<sub>3</sub>-induced pulmonary inflammation is  
346 associated with decreased clearance of apoptotic cells, which may prolong lung injury and  
347 inflammation.

348

349 **FIGURE AND TABLE LEGENDS:**

350

351 **Figure 1: O<sub>3</sub> exposure induces pulmonary inflammation and injury.** C57BL/6J female mice

352 were exposed to filtered air (FA) or 1 ppm O<sub>3</sub> for 3 h. 24 h post-exposure, mice were necropsied  
353 to analyze pulmonary inflammation and injury (n = 6 per group). (A) Bronchoalveolar lavage  
354 (BAL) cell differentials were calculated, then epithelial (epi), eosinophils (eos), lymphocytes  
355 (lymph), macrophages (M $\phi$ ), and neutrophils (PMN) were identified with at least 200 cells  
356 counted from each slide. (B) A representative image of cellular differentials. (C) Total protein in  
357 the BAL fluid. Data are expressed as  $\pm$  SEM (\*\*p < 0.01).

358  
359 **Figure 2: Confirmation of UV induced apoptosis in Jurkat T cells.** Jurkat T cells were exposed to  
360 UV (60 mJ/cm<sup>2</sup>) using a UV Crosslinker (Model 1800). Following UV exposure, Jurkat T cells  
361 were incubated at 37 °C with 5% CO<sub>2</sub> for 4 h. Following incubation, Jurkat T cells were stained  
362 with annexin V and propidium iodide (PI), and apoptosis was evaluated by flow cytometry. Early  
363 apoptotic, late apoptotic, and necrotic cells are identified as annexin V<sup>+</sup>/PI<sup>-</sup>, annexin V<sup>+</sup>/PI<sup>+</sup>,  
364 annexin V<sup>-</sup>/PI<sup>+</sup>, respectively. Representative flow cytometry scatter plots (with 10,000 events  
365 recorded) of (A) unexposed Jurkat T cells and (B) UV-exposed Jurkat T cells.

366  
367 **Figure 3: O<sub>3</sub> exposure decreases alveolar macrophage efferocytosis.** C57BL/6J female mice  
368 were exposed to filtered air (FA) or 1 ppm O<sub>3</sub> for 3 h. 24 h post-exposure, mice were  
369 oropharyngeally instilled with approximately 5 x 10<sup>6</sup> apoptotic Jurkat T cells. 1.5 h after  
370 instillation, bronchoalveolar lavage (BAL) was performed, and the efferocytic index was  
371 calculated in BAL macrophages by light microscopy after counting 200 macrophages (n = 11 per  
372 group). (A) Representative image of an efferocytic macrophage. (B) Identification of alveolar  
373 macrophages (white arrows) and efferocytic macrophage (black arrows) after FA or O<sub>3</sub>  
374 exposure. (C) Calculation of the efferocytic index after FA or O<sub>3</sub> exposure (\*\*\*p < 0.0001).

375  
376 **Figure 4: Suboptimal Jurkat T cell apoptosis using 350 nm frosted bulbs.** Jurkat T cells were  
377 irradiated using the UV Crosslinker for 10 min and incubated at 37 °C at 5% CO<sub>2</sub> for 1 h.  
378 Following UV exposure, Jurkat T cells were incubated at 37 °C with 5% CO<sub>2</sub> for 4 h. Following  
379 incubation, Jurkat T cells were stained with annexin V and propidium iodide (PI), then apoptosis  
380 was evaluated by flow cytometry. Early apoptotic, late apoptotic, and necrotic cells are  
381 identified as annexin V<sup>+</sup>/PI<sup>-</sup>, annexin V<sup>+</sup>/PI<sup>+</sup>, and annexin V<sup>-</sup>/PI<sup>+</sup>, respectively. Representative  
382 flow cytometry plots (with 10,000 events recorded) of UV-exposed Jurkat T cells with 350 nm  
383 bulbs are shown.

## 384 **DISCUSSION:**

385  
386  
387 Efferocytosis is an anti-inflammatory process in which macrophages clear apoptotic cells and  
388 debris as well as produce multiple anti-inflammatory mediators<sup>9-12,16,18</sup>. Multiple models of  
389 efferocytosis have provided insight into how the macrophage is a critical cell in the resolution of  
390 inflammation<sup>6,7</sup>. Recently, the progression of chronic lung diseases has been associated with  
391 defects in efferocytosis<sup>8-9,15-17</sup>. However, it is currently unclear whether exposure to air  
392 pollutants such as O<sub>3</sub>, results in defects in efferocytosis. This protocol enables the evaluation of  
393 alveolar macrophage efferocytosis after O<sub>3</sub> exposure. It also quantifies efferocytosis in vivo  
394 using light microscopy and allows the measurement of efferocytosis in the context of the lung  
395 microenvironment, without ex vivo manipulations or expensive fluorescent dyes. Although this

396 protocol is performed in the context of O<sub>3</sub> exposure, multiple models of lung inflammation and  
397 injury can be used with this protocol to evaluate alveolar macrophage efferocytosis.

398  
399 Advantages of this method over existing methods are its ability to analyze alveolar  
400 macrophages in the context of physiological environment. Ex vivo analysis of alveolar  
401 macrophages includes plating and incubation with apoptotic cells. Plating alveolar macrophages  
402 can induce both physiological and genomic changes that may alter efferocytosis<sup>28-30</sup>.  
403 Additionally, in the lung, alveolar macrophages exist in a microenvironment that contains  
404 surfactant and components of the lung lining fluid that are known to influence macrophage  
405 function<sup>31-35</sup>. Our method allows efferocytosis measurements in the lung with no ex vivo  
406 manipulations, which is more physiologically relevant. Future applications of this protocol can  
407 lead to more in-depth studies about how the lung microenvironment can alter alveolar  
408 macrophage efferocytosis.

409  
410 A critical component of this protocol is the generation of apoptotic cells for evaluation of  
411 alveolar macrophage efferocytosis. This involves optimizing the correct UV exposure level to  
412 induce apoptosis, not necrosis. Our protocol uses the UV crosslinker with 254 nm wavelength  
413 emission bulbs and an exposure level of 60 mJ/cm<sup>2</sup>. The UV bulb choices are critical in  
414 producing apoptosis, not necrosis. 350 nm UV bulbs are excellent for protein membrane cross-  
415 linking and sterilization but fail to induce apoptosis<sup>35-37</sup>. An example dot plot of Jurkat T cells  
416 exposed to 60 mJ/cm<sup>2</sup> with 350 nm bulbs is shown in **Figure 4** with a significant increase in late  
417 apoptotic and necrotic cells. Additionally, the protocol uses a 4 h incubation post-UV exposure.  
418 To optimize this part of the protocol, we previously examined various incubation times and  
419 found that 1.5 and 2 h incubation post-exposure only yielded approximately 40% apoptosis,  
420 with an efferocytic index of less than 5% (data not shown). Based on current literature, ~70%–  
421 80% total apoptotic cells are sufficient for measuring efferocytosis<sup>38</sup>.

422  
423 A limitation to this protocol is that it examines the efferocytic response of all macrophages in  
424 the airspace after FA or O<sub>3</sub> exposure and does not distinguish tissue resident macrophages from  
425 recruited macrophages. The lung resident macrophage termed alveolar macrophage originate  
426 from the fetal liver, whereas recruited macrophages derive from a blood-borne embryonic  
427 origin. Upon injury, the lung can have a highly heterogeneous macrophage population with  
428 unique genetics and expression of cell surface markers<sup>28-35</sup>. It is known that the immunological  
429 response and function of these macrophage populations are different; however, recent studies  
430 have indicated that the tissue resident macrophage have a greater efferocytic response  
431 compared to recruited macrophages<sup>29-31</sup>. Determining the efferocytic response of tissue  
432 resident macrophages vs. recruited macrophages can be assessed with the current protocol;  
433 however, the macrophage populations need to be purified by FACS and plated on slides for  
434 analysis. Additionally, this protocol only assesses alveolar macrophage efferocytic function in  
435 one strain of inbred, commercially available mice. It has previously been reported that  
436 different strains of mice show different responses to O<sub>3</sub> exposure, including pulmonary  
437 inflammation<sup>39,40</sup>. Therefore, there may be differences in alveolar macrophage efferocytosis  
438 based on the strain examined. This is a variable that should be considered when performing this  
439 in vivo assay.

440

441 In conclusion, the protocol described above allows the evaluation of alveolar macrophage  
442 efferocytosis in vivo. This protocol is cost-effective and simple, making it an assay that can be  
443 widely utilized. Moreover, this method can be applied to numerous models of lung injury  
444 and/or inflammation to increase the understanding of how various pulmonary insults can alter  
445 macrophage efferocytosis.

446

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452

#### 453 **DISCLOSURES:**

454 The authors declare no conflicts of interest.

455

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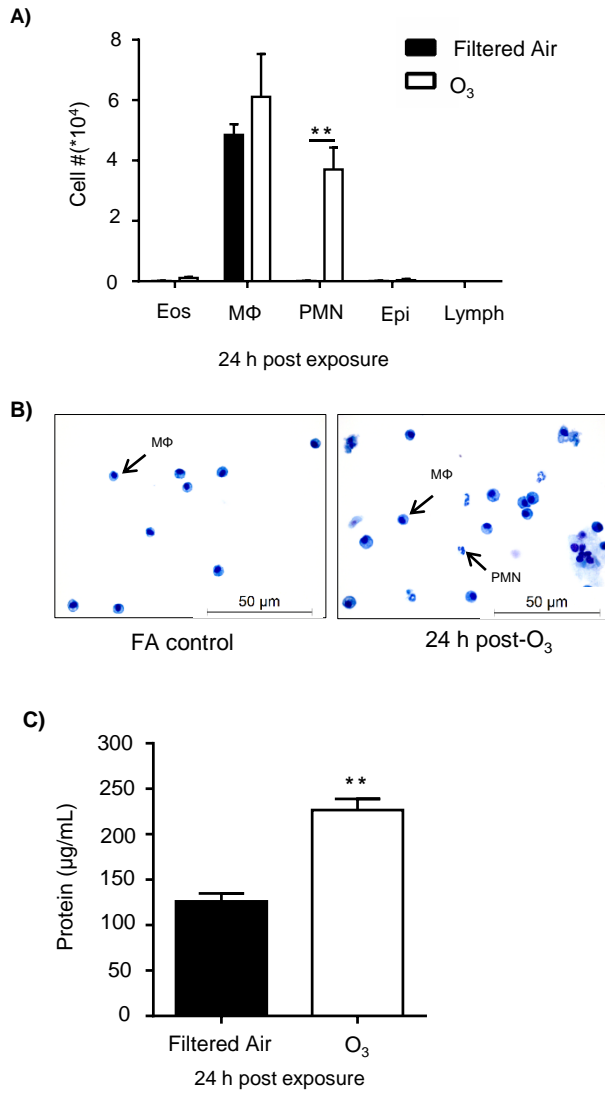


Figure 1

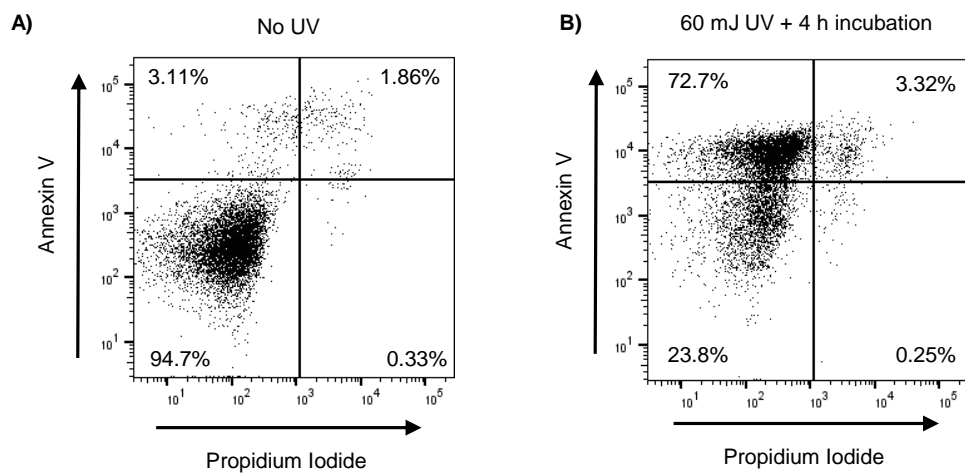


Figure 2

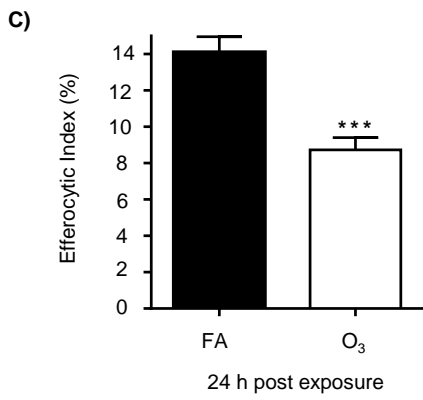
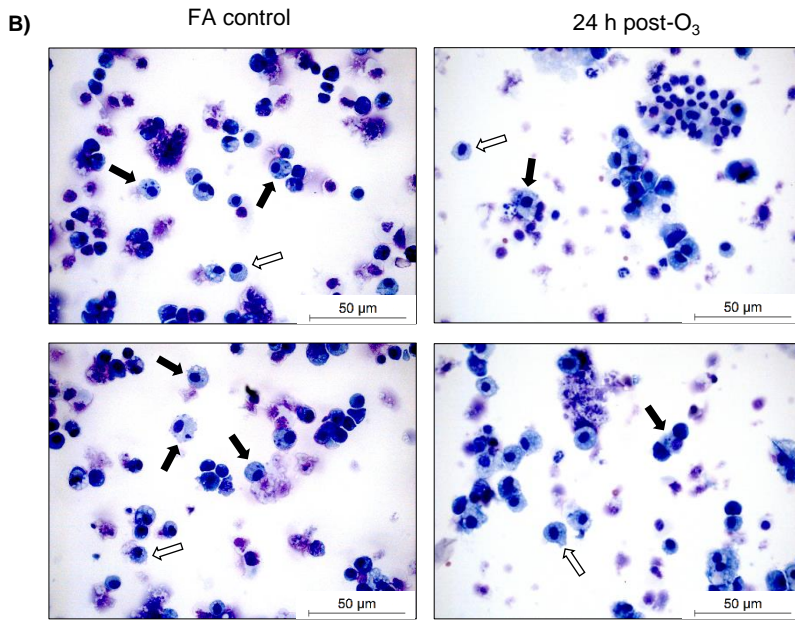
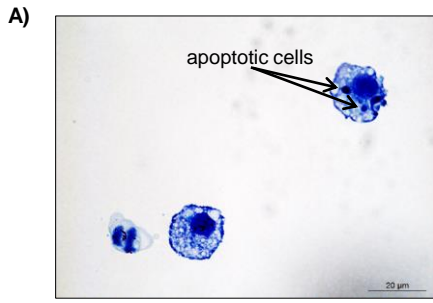


Figure 3

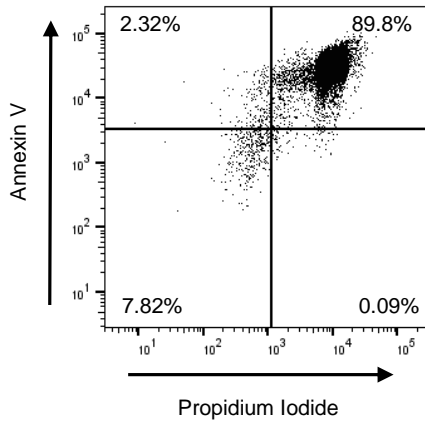


Figure 4

Name of Material/ Equipment	Company	Catalog Number
Annexin V-FITC Kit	Trevigen	4830-250-K
BCL2 Jurkat T Cells	ATCC	ATCC CRL-2899
Countess II Automated Cell Counter	Thermofisher	AMQAX1000
Cytospin 4 Cytocentrifuge	Thermofisher	A78300003
Fetal Bovine Serum, qualified, heat inactivated	Thermofisher	16140071
Kwik-Diff Reagent 2, Eosin	Thermofisher	9990706
Kwik-Diff Reagent 1, Fixative	Thermofisher	9990705
Kwik-Diff Reagent 3, Methylene Blue	Thermofisher	9990707
Penicillin-Streptomycin	Sigma/Aldrich	P0781-100ML
RPMI 1640 Medium, GlutaMAX Supplement	Thermofisher	61870036
Stratagene UV Stratalinker 1800 UV Crosslinker	Cambridge Scientific	16659

Teledyne T400 ultraviolet light photometer

Teledyne API

T400

Teledyne T703 Ozone calibrator

Teledyne API

T703

### **Comments/Description**

The TACS Annexin V-FITC Kit allows rapid, specific, and quantitative identification of apoptosis in individual cells when using flow cytometry.

The BCL2 Jurkat cell line was derived by transfecting human Jurkat T cells with the pSFFV-neo mammalian expression vector containing the human BCL-2 ORF insert and a neomycin-resistant gene. Has been used for models of measuring efferocytosis. It is a benchtop assay platform equipped with state-of-the-art optics, full autofocus, and image analysis software for rapid assessment of cells in suspension. Very easy to use.

Provides economical thin-layer preparations from any liquid matrix, especially hypocellular fluids such as bronchoalveolar lavage fluid. Provides Nutrients to cultured cells for them to grow. It is standard for cell culture.

Eosin staining that stains cytoplasm.

Fixes cells to be stained by H&E.

Methylene Blue staining that stains the nucleus.

Penicillin-Streptomycin is the most commonly used antibiotic solution for culture of mammalian cells. Additionally it is used to maintain sterile conditions during cell culture.

RPMI 1640 Medium (Roswell Park Memorial Institute 1640 Medium) was originally developed to culture human leukemic cells in suspension and as a monolayer. RPMI 1640 medium has since been found suitable for a variety of mammalian cells, including HeLa, Jurkat, MCF-7, PC12, PBMC, astrocytes, and carcinomas. Helps grow Jurkat T cells fast and efficiently.

The Stratalinker UV crosslinker is designed to induce apoptosis, crosslink DNA or RNA to nylon, nitrocellulose, or nylon-reinforced nitrocellulose membranes.

The Model T400 UV Absorption analyzer uses a system based on the Beer-Lambert law for measuring low ranges of ozone in ambient air. Provides feedback control of the UV lamp intensity, assuring stable ozone output.



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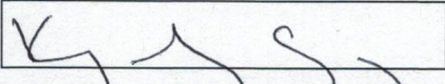
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Response to Reviewer Comments: Hodge et al. JoVE

**We would like to thank the editor for efforts on improving the manuscript. All comments and suggestions made by the editor have been addressed in the revised manuscript.**

**Additionally, we thank the reviewers for the time and effort that they have put into their thoughtful reviews and helpful comments. We have responded to each comment and question below and indicated the modifications in the revised manuscript. Our responses to reviewer comments are bolded below.**

**Reviewer 1:**

Overall, the manuscript is very well written and the protocol is easy to follow. I only have a couple of minor concerns that would help improve clarity.

- R1.C1: Please provide a few words justifying a rationale for the selected 90min time point to assess efferocytosis.
  - ***In vivo* models of measuring efferocytosis in the literature using intratracheal (i.t) or oropharyngeal (o.p) instillation of apoptotic cells followed by lavage range from 30 minutes to 2.5 hours post-instillation. In this protocol, and other papers referenced below, bronchoalveolar lavage fluid was collected at the  $\geq 90$  minutes post instillation (Lee et al., 2012; Park et al., 2008). This time point was used with the thought of allowing sufficient time for accumulation of signals from the apoptotic cells as well as the migration of alveolar macrophages to the apoptotic cells for engulfment. Additionally, cell differentials as this time point in Park et al., 2008 showed the macrophages did engulf the apoptotic cells and very few thymocytes remained in the airspace. We have now included this explanation in our protocol for clarification to the reader.**
- R1. C2: Day 1, #8, please indicate how long it typically takes for animals to awake from anesthesia and how significant this time is compared to the 90min incubation.
  - **Per the reviewer's suggestion, we indicated in Day 1, #8 description, "Typically, mice should awake following anesthesia in 1-2 minutes" was added to the protocol for clarification. Given how quickly the mice awake, this should not alter the 90 min incubation.**
- R1.C3: Day 2, #8, it will be helpful to indicate the average or range volume of PBS used to lavage an adult mouse lung.
  - **The range of 1X PBS used to lavage an adult mouse lung is between 0.7-1 mL. The lavage protocol we use calculates the lavage volume based on weight of the mouse to ensure that the lungs are not overinflated. As suggested, this has been added to the Day 2 #8 part of the protocol:**

**"Use a needle to make a slit in the trachea (about  $\frac{1}{4}$  of the way down from the head) and insert a cannula (18 G x  $1\frac{1}{4}$  inches) with a syringe pre-loaded with 1x phosphate buffered saline (PBS) (26.25 mL/kg body weight, approximately 0.7-1.0 ml in an 8-10 week old female C57Bl/6J mouse) caudally into the trachea."**

- R1. C4: Day 2, #15 the second sentence is in past tense, check for consistency throughout the protocol.
  - **As suggested, the tense of the protocol was changed from past to present, including Day 2, #15 description:**

**“Each sample (120  $\mu$ L) is centrifuged onto slides at 12 x g for 3 min, medium acceleration, using a cytocentrifuge. Slides are set aside to dry overnight.”**

**Reviewer 2:**

This is an interesting protocol that will likely be of interest to investigators examining macrophages and the resolution of injury.

- R2.C1: Manuscript should be carefully reviewed for language and style. Additional experimental information is needed as described below.
  - **Manuscript was reevaluated for language and writing style to address any inconsistencies.**
- R2. C2: Does this work with cells other than Jurkat? Where are they from?

**Preliminary studies before using Jurkat T cells, our lab isolated thymocytes from 3-4 week old mice to irradiate for instillation. Using apoptotic thymocytes for macrophage efferocytic assays was also successful in other publications (Tao et al., 2015; Bae et al., 2013; Friggeri et al., 2010). Jurkat T cells are used in this protocol because they are a commercially available and inexpensive cell line. Additionally, Jurkat T cells can be kept sterile which minimizes any off-target effects in the airspace. The Jurkat T cells were obtained ATCC and the catalog number is CRL-2899.**
- R2.C3: Why were only female mice used?
  - **Only female mice were used in this protocol because it has previously been reported that females display a greater inflammatory response and defects in alveolar macrophage phagocytosis of bacteria after O<sub>3</sub> exposure when compared to males (Fuentes et al., 2019; Cabello et al., 2015; Mikerov et al., 2008). However, future studies in our laboratory include analyzing sex differences in alveolar macrophage efferocytosis.**
- R2.C4: Does the response vary with mouse strain?
  - **We have currently only evaluated C57Bl/6J mice. However, previous reports have indicated that different strains of mice have different response to O<sub>3</sub> exposure, including pulmonary inflammation (Wesselkamper et al., 2001, Kleeberger et al., 2000). Therefore, there could be differences in the amount efferocytosis based on strain exposed. Although these strain screens are very important in understanding susceptibility to environmental lung diseases, we believe the evaluation of strains outside of C57Bl/6J is outside the scope of this protocol. However, we have added in this caveat to our discussion to help the reader understand that the strain chosen may influence the outcome of this assay.**

- R2.C4: Figure 1- more information needs to be provided on how many cells were counted for determination of differentials; the label 24 h post exposure should be included in the figure legend; be consistent with FA versus Filtered Air.
  - **As suggested, the figure legend was edited to clarify methods to:**  
  
**“Figure 1: O<sub>3</sub> exposure induces pulmonary inflammation and injury. C57BL/6J female mice were exposed to filtered air (FA) or 1 ppm O<sub>3</sub> for 3 h. 24 h post exposure, mice were necropsied to analyze pulmonary inflammation and injury (n=6/group). A) Bronchoalveolar lavage (BAL) cell differentials were calculated and epithelial (epi), eosinophils (eos), lymphocytes (lymph), macrophages (Mφ), and neutrophils (PMN) were identified with at least 100 cells counted from each slide. B) A representative image of cellular differentials. C) Total protein in the BAL fluid. Data are expressed as ±SEM \*\*p<.01.”**
- R2.C5: Figure 2- how representative were these data? was it reproducible?
  - **The data used in figure 2 is representative of our studies. Since optimizing the correct energy level and incubation time for the Jurkat T cells, the results show in figure 2 have been reproduced in approximately 6-8 independent studies.**
- R2.C5: Figure 3- how many cells were counted to determine index?
  - **A total of 200 cells were counted to calculate the efferocytic index in this protocol. We have now ensured that this is included in the manuscript.**
- R2. C6: Figure 4- how representative were these data? was it reproducible?
  - **The data used in figure 4 is representative of past suboptimal studies where we had used the different UV bulbs (350nm and not 254nm) which induced more late apoptosis. We have conducted approximately 3 independent suboptimal studies using other sources of UV light that resulted in increased late apoptotic and necrotic Jurkat T cells.**

### **Reviewer 3:**

The authors describe a simple protocol to measure efferocytosis by alveolar macrophages. The approach is relatively simple and straightforward.

- R3. C1: Somehow references got cutoff at # 21 (but they go up to 34 in the text)
  - **We apologize for this oversight. References past #21 are now included in the manuscript and ordered correctly in reference section.**
- R3. C2: line 316, it states: Plating alveolar macrophages can induce both physiological and genetic changes that may alter efferocytosis". I think it may be more appropriate to say "physiological and genomic changes" (or perhaps epigenomic)
  - **We agree with the reviewer and have changed the text on line 316 to say:**

**“Plating alveolar macrophages can induce both physiological and genomic changes that may alter efferocytosis.”**

References:

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- 6 Das, A. *et al.* Correction of MFG-E8 Resolves Inflammation and Promotes Cutaneous Wound Healing in Diabetes. *J Immunol*. **196** (12), 5089-5100, (2016).
- 7 Bae, H. B. *et al.* Vitronectin inhibits efferocytosis through interactions with apoptotic cells as well as with macrophages. *J Immunol*. **190** (5), 2273-2281, (2013).
- 8 Cabello, N. *et al.* Sex differences in the expression of lung inflammatory mediators in response to ozone. *Am J Physiol Lung Cell Mol Physiol*. **309** (10), L1150-1163, (2015).
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- 11 Kleeberger, S. R., Reddy, S., Zhang, L. Y. & Jedlicka, A. E. Genetic susceptibility to ozone-induced lung hyperpermeability: role of toll-like receptor 4. *Am J Respir Cell Mol Biol*. **22** (5), 620-627, (2000).
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