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Title:

Dissection, Culture and Analysis of Primary Cranial Neural Crest Cells from Mouse for the Study of Neural Crest Cell Delamination and Migration

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SUMMARY:

This protocol describes the dissection and culture of cranial neural crest cells from mouse models, primarily for the study of cell migration. We describe the live imaging techniques used and the analysis of speed and cell shape changes.

ABSTRACT:

Over the past several decades there has been an increased availability of genetically modified mouse models used to mimic human pathologies. However, the ability to study cell movements and differentiation in vivo is still very difficult. Neurocristopathies, or disorders of the neural crest lineage, are particularly challenging to study due to a lack of accessibility of key embryonic stages and the difficulties in separating out the neural crest mesenchyme from adjacent mesodermal mesenchyme. Here, we set out to establish a well-defined, routine protocol for the culture of primary cranial neural crest cells. In our approach we dissect out the mouse neural plate border during the initial neural crest induction stage. The neural plate border region is explanted and cultured. The neural crest cells form in an epithelial sheet surrounding the neural plate border, and by 24 h after explant, begin to delaminate, undergoing an epithelial-mesenchymal transition

(EMT) to become fully motile neural crest cells. Due to our two-dimensional culturing approach, the distinct tissue populations (neural plate versus premigratory and migratory neural crest) can be readily distinguished. Using live imaging approaches, we can then identify changes in neural crest induction, EMT and migratory behaviors. The combination of this technique with genetic mutants will be a very powerful approach for understanding normal and pathological neural crest cell biology.

INTRODUCTION:

The neural crest (NC) lineage is a transient, multipotent and migratory population of cells that appears exclusively in vertebrates during early embryonic development^{1,2}. Neural crest derivatives are extremely diverse, and include glia, smooth muscle, melanocytes, neurons and craniofacial bone and cartilage^{3,4}. Because the neural crest contributes to the function of many organ systems, this lineage is essential for human embryogenesis. Aberrant NC development is implicated in a wide range of the most common human birth defects (i.e., cleft lip and palate)⁵, and also disorders such as Hirschsprung's disease (HSCR), Wardenburg syndrome (WS), CHARGE syndrome and Williams Syndrome⁶⁻⁹.

NC development has been explored in a number of non-mammalian model systems including *Xenopus*, chick and zebrafish models. In mammals, work in mouse models has identified some of the key genetic events underlying neural crest development; however, it has been more difficult to follow the cell biology of neural crest migration, due to the inaccessibility of the mouse embryo (reviewed elsewhere^{10,11}). Furthermore, while studies in chick, *Xenopus* and zebrafish have established a gene regulatory network for NC, loss of function studies in these animal models sometimes do not exhibit a comparable phenotype in mouse. For example, in *Xenopus*, zebrafish and chick, non-canonical Wnt signaling is one of the cellular mechanisms that allows the NC to acquire its migratory capacity¹²⁻¹⁵. However, in mouse, loss of non-canonical Wnt signaling does not seem to affect migration¹⁶. As in vivo NC migration has been difficult to track for long periods in mouse, it is unclear whether these species-differences reflect differing modes of migration, or differences in molecular regulation.

As noted, NC studies in mouse have been very challenging because the ex utero culture of embryos is laborious. Moreover, the NC is constantly in intimate contact with adjacent tissues such as mesoderm and neurectoderm. Recent use of neural crest-specific *Cre* drivers or exogenous dyes has allowed us to fluorescently label the migratory NC; however, these approaches are still limited. Despite multiple reports describing different techniques to visualize NC migration^{17,18}, it has been difficult to resolve these techniques into a simple and routine procedure.

It is clear that there is a need for techniques that allow the handling and characterization of mammalian NC. We focused our efforts on the mouse cranial NC as it is the primary model for studying human craniofacial development and neurocristopathies. We refined our approach based on several interesting reports describing primary culture of NC cells¹⁹⁻²¹. Here, we thoroughly describe the optimal culture techniques for explanting primary NC cells. We demonstrate the live cell imaging method and the optimal use of different matrices to coat the

culture plates. Our protocol describes how to capture the migration of live NC cells using an inverted microscope, which is intended as a guideline for use with other microscopes, as well as a detailed summary of our cellular analyses.

The expected result from the explant should be a beautifully laid out distribution of cells that are clearly distinguished under the microscope, where one can see three different populations of cells which represent (i) neural plate, (ii) premigratory, and, (iii) migratory neural crest cells. We demonstrate how to analyze the cell behaviors at the border of the premigratory population of cells during the epithelial-mesenchymal transition. We also focused our effort on studying fully migratory cells for cell speed, distance and cell morphology.

PROTOCOL:

All animal work has undergone ethical approval by the King's College London Ethical Review Process and was performed in accordance with UK Home Office Project License P8D5E2773 (KJL).

1. Preparation of reagents

1.1. Prepare general solutions and tools including sterile phosphate buffer saline (PBS), 70% ethanol, dissection tools (forceps and dissection blades or sterile needles), plastic plates or glass slides coated with a commercially available extracellular matrix (ECM)-based hydrogel or fibronectin (see the **Table of Materials**), and neural crest media (see below).

1.2. Prepare the neural crest basal medium using Dulbecco's modified Eagle's medium (DMEM, 4500 g glucose), 15% fetal bovine serum (FBS), 0.1 mM minimum essential medium nonessential amino acids (MEM NEAA 100X), 1 mM sodium pyruvate, 55 μ M β -mercaptoethanol, 100 units/mL penicillin, 100 units/streptomycin, and 2 mM L-glutamine.

1.2.1. Condition the media overnight using growth-inhibited STO feeder cells²¹.

1.2.1.1. Prepare STO cells (see the **Table of Materials**) media to contain DMEM supplemented by 10% FBS and 100 U/mL penicillin, 100 U/mL streptomycin. Grow and expand STO cells to confluence in 25 cm² flasks coated with 0.1% gelatin. Apply 5000 rad of gamma irradiation.

1.2.1.2. Seed approximately 3×10^6 growth-inhibited cells on to a 10 cm² dish or confluent 25 cm² flask (from step 1.2.1.1). Add approximately 10–12 mL of neural crest basal medium and incubate overnight.

NOTE: Seeded cells can be used to produce conditional medium for up to 10 days. Check appearance of cells regularly

1.2.2. Filter the medium (0.22 μ m pore size), and supplement with 25 ng/mL basic fibroblast growth factor (bFGF) and 1000 U of leukemia inhibitor factor (LIF).

NOTE: Store at 4 °C and use within a month or store at -20 °C and use within 3 months.

133
134 1.3. Coat the tissue culture surfaces with extracellular matrix.

135
136 NOTE: Depending on the biological question being asked, the matrix can be coated onto glass-
137 bottomed culture dishes, plastic tissue culture dishes or glass cover slips. See below for differing
138 ECM based hydrogel dilutions dependent on the matrix substrate. Fibronectin has been tested
139 on glass-bottomed dishes and cover slips only at the concentrations specified below. Here on,
140 we will refer to the substrate-coated surfaces as “coated plates”.

141
142 1.3.1. Use ECM based hydrogel substrate.

143
144 NOTE: Keep the substrate cold until plating, either by cooling the media or keeping on ice.

145
146 1.3.1.1. Thaw the hydrogel at 4 °C overnight. Add 5 mL of 10% FBS in DMEM to 5 mL of hydrogel
147 for a final volume of 10 mL (see the **Table of Materials**).

148
149 1.3.1.2. Make 0.5–1 mL aliquots as convenient and store at -20 °C.

150
151 1.3.1.3 Thaw the hydrogel aliquots on ice.

152
153 1.3.1.4. Use a 1:20 dilution of the hydrogel stock to coat plastic.

154
155 1.3.1.5. Use a 1:5 dilution of the hydrogel stock to coat glass slides and glass-bottomed tissue
156 culture plates.

157
158 NOTE: Dilute the hydrogel in **cold** DMEM.

159
160 1.3.1.6. Apply enough diluted hydrogel to cover the desired area on to plates/slides and incubate
161 for 30–45 min at 37 °C.

162
163 1.3.1.7. Use coated plates/slides immediately or store coated slides at 4 °C overnight.

164
165 1.3.1.8. Remove excesses and rinse slides with high glucose DMEM (optional) before use.

166
167 1.3.2. Coat the tissue culture surfaces with fibronectin.

168
169 1.3.2.1. Prepare fibronectin as a 1 mg/mL stock solution and aliquot it. Dilute it with Dulbecco's
170 PBS (dPBS) to a final concentration of 1 µg/mL.

171
172 1.3.2.2. Apply sufficient fibronectin to cover the desired area and incubate at room temperature
173 for 15 min.

174
175 1.3.2.3. Remove residual fibronectin and allow the glass to dry for 15 min.

176

1.3.2.4. Rinse wells or cover slips with high glucose DMEM before use.

2. Day 1: Dissection of early somite stage embryos

NOTE: Use sterile tools and sterile solutions. If genotyping is needed, collect the body of the embryo for DNA extraction.

2.1. Dissection of the cranial neural plate is restricted to embryos at 8.5 days post coitum (dpc). Select embryos selected at the 5–8 somite stage. Dissect the uterus into the PBS and cut mesometrium to separate each embryo (**Figure 1A**). The muscular wall of the uterus contracts and the decidual tissue will become visible (**Figure 1B**).

NOTE: Maintain embryos in the uterus in ice-cold PBS while dissections are performed one embryo at a time. Move embryos with a glass Pasteur pipette into fresh sterile PBS to improve visibility and reduce contamination.

2.2. Slide forceps between the muscle layer and decidual tissue and remove the muscle layer with a second pair of forceps (**Figure 1C**).

2.3. Using forceps, pierce the deciduum at the edges of the mesometrial pole and with a second pair of forceps tear to open perpendicularly to the pole.

2.4. Peel back the decidual tissue with the forceps to visualize the Reichert's membrane.

2.5. Remove Reichert's membrane carefully. The visceral yolk sac becomes visible and the embryo can be seen inside (**Figure 1D**).

2.6. Remove the visceral yolk sac and the amnion (**Figure 1E**) and position the embryo in order to visualize the head fold (**Figure 1F**).

2.7. Cut the head fold above the heart and scrape away the underlying mesoderm using forceps and/or eyelash tools to obtain a clean neural plate (NP) (**Figure 1H**).

NOTE: The NP can be kept whole or divided down the anteroposterior axis so that each side can be plated individually. The neural plate border can be further trimmed away from the neural plate in order to minimize neuronal contributions to the explants.

2.8. Use a glass Pasteur pipette to transfer the dissected neural plate onto a hydrogel-coated dish filled with conditioned neural crest media.

2.9. Gently swirl the dish to position the NP in the middle of the well. This is important for maximizing the phase quality for live-cell imaging (on day 2).

220 2.10. Incubate overnight (or to desired time-point) at 37 °C in 5% CO₂. Neural crest cells should
221 be visibly migrating out of the neural plate.

222
223 NOTE: Cells usually attach within 6–8 h. After the explant attaches, allow more time to visualize
224 migrating cells. Usually by 24 h post explant, we can find three distinguishable populations of
225 cells. The first population, at the center of the explant, is the neural plate (NP). The second
226 population, the premigratory NC (pNC), surrounds the NP in an epithelial sheet of cells. The third
227 population, in the outside ring, is formed of migratory NC (mNC), which are bigger in size, and
228 appear fully mesenchymal (**Figure 2**).

229 230 **3. Day 2: Live cell imaging of murine cranial neural crest cells**

231
232 NOTE: Imaging should be performed at 24 h post explanting to optimally image and quantify
233 neural crest cell migration. NC induction media does not need to be refreshed before live cell
234 imaging. Access to an inverted microscope, with a motorized stage and an incorporated
235 environment chamber is required. Use multi-well tissue culture dishes suitable for imaging (**Table**
236 **of Materials**).

237 238 **3.1. Microscope set-up**

239
240 3.1.1. Set the environment chamber at 37 °C and 5% CO₂.

241
242 3.1.2. Pierce a hole into the lid of the tissue culture plate lid to allow the CO₂ needle, connected
243 to the CO₂ humidification chamber, to sit within the plate.

244
245 3.1.3. Place the tissue culture dish into the specimen holder and tape down the plate lid and CO₂
246 needle to prevent shaking during multi-well acquisition.

247
248 3.1.4. Switch on the microscope controller, the stage controller and the imaging software.

249
250 3.1.5. Focus on the cranial NC cells at 10x magnification (with matching phase ring in the
251 condenser selected).

252
253 3.1.6. Set high quality phase-contrast on the microscope by adjusting the field iris diaphragm,
254 aperture iris diaphragm and centering telescope, as specified in the microscope set-up manual.

255 256 **3.2. Phase contrast live-cell imaging**

257
258 3.2.1. Set the directory or file location where the time-lapse files will be saved.

259
260 3.2.2. Set the exposure time, binning, and camera area.

261
262 3.2.3. Set the number of time points, duration of imaging and time interval between frames.

263

3.2.3.1. To quantify NC cell migratory capacity, set the microscope to 10x magnification, taking 1 frame every 5 min (217 time points over 18 h). To quantify cell morphology, set magnification to 40x, taking 1 frame/min (61 time points over 1 h). To quantify lamellipodial dynamics, set magnification to 40x taking or 1 frame every 10 s (over 10 min).

3.2.4. For multi-well imaging, set the mechanical stage to move between selected XY positions of interest. Confirm that the cranial NC cells are in focus and the stage positions are correct.

3.2.5. Use the **Acquire** command to start time-lapse imaging.

3.2.6. Once time-lapse imaging is complete, review the multidimensional data and export .stk files for analysis.

NOTE: .stk is a TIFF stack file.

3.2.7. Exit the software, shut down the computer and turn off the stage, camera and microscope controllers.

4. Imaging analysis: quantification of NC cell migration

NOTE: To better define the cellular behaviors exhibited by migrating murine cranial neural crest cells, we have analyzed a series of quantifiable migratory parameters, specifically focusing on migratory capacity and cell shape dynamics. (1) **Migration (accumulated distance)** is the total path length taken by the cell (μm); (2) **Migration (Euclidean distance)** is the straight-line distance between initial and final position of cell (μm); (3) **Migration (cell speed)** is distance traveled by cell per unit of time ($\mu\text{m}/\text{min}$); (4) **Cell Shape (cell area)** is the total surface covered by cell. Set pixel to micron scale according to imaging microscope. ($A = A_{\text{px}} \times N_{\text{px}}$, where A_{px} = pixel area and N_{px} = number of pixels. Units: μm^2); (5) **Cell shape (cell circularity)** is the deviation of cell shape from a perfect circle which is indicated by a circularity value of 1.0 ($4\pi (A/P^2)$) where A = area and P = perimeter.

4.1. Single cell tracking

NOTE: To measure NC cell migration, XY coordinates of individual cells across all time-lapse frames are generated. This allows for subsequent analysis of distance, speed and persistence measures of cell migration.

4.1.1. Open ImageJ and import data as TIFF stack files.

4.1.2. Click **Analyze | Set Scale** to calibrate the .stk files according to microscope settings, working in pixel/ μm .

4.1.3. Click **Plugins | Tracking | Manual Tracking** to open Image J manual cell tracking plugin. To begin cell tracking, select **Add track**.

4.1.4. Track cells through all frames of time-lapse movies, using the nucleus as a reference point.

NOTE: 10–20 cells should be tracked per explant, with a total of 60 cells tracked ($n = 3$). Cells that undergo cell division during the course of time-lapse should be excluded from analysis.

4.1.5. Save and export the results as a .csv file. Results represent individual cell track number, slice number and XY coordinates over all frames.

4.2. Quantification of NC migratory capacity

4.2.1. Open single cell tracking data (see above). Convert .csv files into .txt file format.

4.2.2. Open the migration software (the **Table of Materials**). Click the **Import Data** tab to import the cell tracking data as a .txt file.

4.2.3. Under **Datasets | Initialization**, select the number of slices or frames to be analyzed and set the XY calibration and time interval between frames. Select **Apply settings** to save the settings.

4.2.4. Select the **Plot Data** symbol to form trajectory plots. Select the **Statistics** symbol to quantify distance and speed measures.

4.2.5. Save the trajectory plots as bitmap (.bmp) files, and distance and speed measures as .txt files. Select the **Remove Data** symbol. Repeat for other time-lapse files.

NOTE: Trajectory plots can be used to visualize the directness of individual cell paths for a given cell condition or state over the course of time-lapse movies (**Figure 4A**). Distance and speed data stored in the .txt files can then be used for further analysis.

4.3. Quantification of cranial NC cell area and circularity

NOTE: Quantification of NC cell circularity requires the circularity plug-in, an extended version of ImageJ's Measure command (refer to the **Table of Materials**)

4.3.1. Open the time-lapse .stk files in ImageJ and calibrate according to microscope settings, working in $\text{pxl}/\mu\text{m}$.

4.3.2. Under **Analyze | Set Measurements**, click to select the cell shape parameters: cell area, perimeter and shape descriptor.

4.3.3. Use the **Freehand Line** command, found under the **Straight Line** symbol, to manually draw around each cell, using cell membrane boundaries as a guide.

4.3.4. Press **Ctrl + B** keys on the keyboard to maintain the cell outline overlain on the image. Repeat for cells over each time-lapse frame.

4.3.5. Use the **Image | Overlay | To ROI Manager** to store the values.

4.3.6. Once all cells of interest per frame have been outlined, click **Analyze | Measure**. Save the results as a .csv file.

NOTE: 10–20 cells per movie should be outlined, with a total of 30–60 cells analyzed per condition ($n = 3$). Cell shape data (.csv files) can be used to quantify how cell shape dynamics change over time (**Figure 4C**) or how morphology may be altered under different cell treatments.

REPRESENTATIVE RESULTS:

Using the procedure demonstrated here, mouse embryos were dissected from the uterus, and extraembryonic tissues were removed (**Figure 1A–D**). Embryos were somite staged (using only embryos at 5–8 somites (ss), **Figure 1E,F**). The cranial neural plate was then dissected and the neuroepithelium was isolated. Mesodermal cells, identified as loose, circular, mesenchymal cells, were gently brushed off (**Figure 1G–L**). The anterior neural plate can be explanted whole, in which case the neural crest tissue will emerge laterally and expand radially around the explant, or each neural plate border (right and left) can be explanted separately. This is particularly useful when explanting from genetic mutants.

Within 24 h, a region of premigratory (epithelial) cranial neural crest can clearly be seen surrounding the neural plate explant (**Figure 2B**). Furthermore, a subpopulation of neural crest cells have undergone epithelial to mesenchymal transition and appear fully mesenchymal (**Figure 2**). Thus, we have several concentric rings of distinct cells, with the neural plate (NP) in the center, the premigratory neural crest (pNC) in the intermediate circle, and a population of migratory neural crest (mNC) in the outside ring (**Figure 2B**). In order to trace NC cells, it is possible to use genetically modified mouse models as we show in **Figure 2C**. In this case, we have used the neural crest specific *Wnt1::Cre;RosamTmG* which results in NC cells being labeled in green. In these mice, cells express membrane tomato (mT, in red) unless they are expressing Cre recombinase. Recombination leads to cells expressing membrane green fluorescent protein (GFP, in green). The red cells shown at the center of the explant are neural plate cells. Some dorsal neural plate cells also express GFP; for long term culture, we would excise all of the cells in the center. For our purposes, the purity of the explant is sufficient to track the different neural crest cell populations. Where higher purity of the neural crest is necessary, this genetic labeling strategy can be combined with fluorescent activated cell sorting (FACS) to ensure purity of the population. Alternatively, it is possible to fix the explants and identify the NC population with antibody labeling.

It was also evident by 24 h that the characteristic concentric rings of premigratory and fully migratory NC cells of the explant cultures was not dependent nor governed by matrix choice (**Figure 3**). Explant cultures plated on both an ECM-based hydrogel and fibronectin formed comparable explant structures, comprising the three cell populations, NP, pNC and mNC (**Figure**

396 **3A,C).** Neural crest cell morphology was also comparable between those plated on the ECM-
397 based hydrogel and fibronectin, with migratory NC cells showing similar cell area and circularity
398 measures (**Figure 3B,D**). However, explants plated on fibronectin produced cells with more
399 prominent lamellipodia at the cell leading edge, seemingly more polarized in the direction of
400 migration (**Figure 3B,D**).

401
402 Once a population of migratory neural crest cells is evident, live cell imaging can be completed.
403 Time-lapse microscopy is set to 10x magnification (18 h, 1 frame/5 min) for subsequent analysis
404 of NC cell migration (**Figure 4A**). ImageJ Manual Tracking plug-in generates XY coordinates of
405 individual cells over all frames of the time-lapse movies (**Figure 4B**). These coordinates can be
406 processed using the migration software. This software enables visualization of individual cell
407 tracks over time (**Figure 4B**) and can be used to quantify accumulated and Euclidean distance, as
408 well as cell speed.

409
410 Time-lapse imaging data also provides a wealth of information from which to analyze the
411 dynamics of morphological changes in the cranial neural crest cell morphology dynamics (**Figure**
412 **4C**). By outlining individual cell membranes, cell area and perimeter measurements can be
413 calculated from all frames of the movies (**Figure 4C**). These measurements allow for the
414 subsequent quantification of cell area and circularity (**Figure 4D**). **Figure 4C** shows an analysis of
415 cell shape changes over 18 h. Note that as cells migrate away from the explant, the cell area
416 significantly increases while cell circularity decreases (one-way ANOVA, Tukey's multiple
417 comparisons test) (**Figure 4E,F**). This suggests that as cells depart from the epithelial edge the
418 morphology changes, with cells showing a more pronounced leading edge.

419 420 **FIGURE AND TABLE LEGENDS:**

421
422 **Figure 1: Isolation of cranial neural crest explants from an e8.5 embryo.** Images are stills from a
423 video documenting the micro-dissection technique. **(A–C)** Dissection of the embryo from the
424 uterus. **(B–C)** Using two sharp forceps, gently pull apart the muscular layer. Panel **(D)** shows
425 embryo inside the visceral yolk sac (yellow line). Extract the embryo from the visceral yolk sac.
426 **(E)** Lateral views of the embryo at stage 8.5 lateral. **(F)** Dorsal view of the embryo at stage 8.5.
427 Count somites (ss) to determine the age of embryos; usually 5–8 ss (yellow circles in F). **(G)** Close
428 up look at the cranial region of the embryo. Remove extraembryonic membranes from the cranial
429 region; somites are marked with a yellow line. **(H)** Dissections of anterior neural plate are
430 performed under the first branchial arch (yellow line). **(I)** Lateral view of anterior neural plate
431 dissection. Neural folds, where neural crest cells arise, are marked with a yellow line. **(J–L)**
432 Remove mesodermal tissue (fluffy mesenchymal cells) underlying anterior neural folds as much
433 as possible before plating NP onto prepared culture dishes. Movie was taken using a stereo-
434 microscope with a widefield apochromatic lens at 3.0X zoom (see the **Table of Materials**).

435
436 **Figure 2: Murine cranial neural crest explant.** **(A)** Schematic representation of the dorsal view of
437 an e8.5 mouse embryo. The cranial region of the embryo is cut at the dashed line. The neural
438 plate border (highlighted in red) is isolated from the surrounding mesoderm tissue and cultured
439 for 24 h to allow the cranial neural crest to emigrate. Schematic adapted from²²⁻²³. **(B)** Left:

Representative bright field image of a cranial neural crest explant 24 hours after plating. Three populations of cells are observed, which are also schematized on the right. NP = neural plate, pNC = pre-migratory neural crest and mNC = migratory neural crest. Scale bar = 250 μ m. **(C)** Higher magnification images of an explant from genetically labeled mouse (*Wnt1::cre; Rosa^{mtmg}*). Cells without the Cre driver express membrane tomato (mT) in red. Expression of Cre under the control of a neural crest specific Wnt1 promoter leads to excision of the mT cassette and expression of membrane GFP (mG) in green. Nuclei are stained with Hoescht (in blue). Scale bar = 200 μ m. **(D–D’)** Higher magnification images of migratory cells expressing membrane GFP (D). **(D’)** DNA is labeled with Hoescht (blue). **(D’')** Merge of D and D’. Scale bar = 20 μ m

Figure 3: Explants cultured on different substrates. (A–B) Phase contrast images of explants cultured on commercial ECM-hydrogel. **(C–D)** Explants cultured on 1 μ g/mL fibronectin. Neural plate (NP), premigratory (pNC) and migratory (mNC) neural crest cells can be distinguished by their differing cell morphologies. Scale bar = 100 μ m.

Figure 4: Quantification of cranial neural crest cell migration and cell shape dynamics. (A) Phase-contrast frames from time-lapse imaging of explant cultures overlaid with single neural crest cell tracks, using the ImageJ/Fiji Manual Cell Tracking plug-in. Ten representative mNC cells were manually tracked over 18 h (217 frames) and the XY coordinates were exported. Data are represented as an overlay dot and line plots. Cells were plated on 1 μ g/mL fibronectin. Scale bar = 200 μ m. **(B)** Representative trajectory plot of 10 mNC cells, generated using migration software. **(C)** Phase-contrast frames taken from time-lapse analysis of explant cultures. Dashed lines outline 8 representative migratory neural crest cells analyzed for cell shape dynamics when plated on 1 μ g/mL fibronectin. Scale bar = 200 μ m. **(D)** Schematic representation of the calculations used to quantify cell area and circularity. Cell morphology of the schematic is that of the cell highlighted in blue **(C)**. A_{px} = pixel area, N_{px} = pixel number, A = area, P = perimeter (1 pixel = 1.6 μ m²). **(E–F)** Quantification of cell area and cell circularity measures over time. Each dot represents one cell (n = 60), taken from 5 biological replicates over 3 independent experiments, and analyzed at 0 h, 6 h, 12 h and 18 h (** p < 0.01, *** p < 0.001, **** p < 0.0001 one-way ANOVA, Tukey’s multiple comparisons test).

DISCUSSION:

Studying mammalian neural crest cells has been a challenge for scientists because of the in utero nature of mammalian development. In vivo studies are difficult to set up, as the embryo must be manipulated under conditions that mimic life in the uterus. In practice, it is nearly impossible to reproducibly culture these (E8+) embryos for longer than 24 h, especially for live imaging. Furthermore, neural crest induction and migration occur concurrently with neural tube closure and embryonic turning in the mouse; this is a crucial and stressful morphogenetic event, which frequently fails when embryos are cultured ex utero. Thus, the success rate of ex utero approaches is generally low. The use of immortalized NC cells²¹ is a useful tool to reduce animal use and it may provide a better source of neural crest cells for long-term analysis, transfection, and enrichment studies. However, there is clearly a need to reliably culture primary neural crest cells. Our method is applicable to mouse knock-out or conditional genetic models. A comparable method to ours has been described for other neural crest populations²⁰; however, our method

thoroughly describes the step-by-step isolation of murine cranial NC cells. We also describe the use of different matrices as well as the migration analysis procedure in detail.

To achieve consistent results, we found that special attention paid towards staging during the selection of embryos. Not surprisingly, the number of somites correlates with different stages in cranial NC development. Therefore, the knowledge of the embryo anatomy is very important before acquiring any experimental data. This approach can then be adapted towards isolating discrete populations of neural crest cells, depending on the biological question and the target cells.

Once the embryos are selected and dissected, mesodermal cells can be readily distinguished and should be removed to allow better visualization and to reduce contamination. For longer-term cultures, the neural plate tissue can be removed at 24 h of plating in order to prevent contamination by neural tissues. A further refinement could be the use of fluorescent lineage labeling (for example, using a *Wnt1::cre* or *Sox10::creERT* drivers combined with fluorescent reporters^{24,25}) to distinguish neural crest cells from other tissues as shown in **Figure 2C**.

Previous reports have highlighted the potential of plating mouse NC explant cultures on different matrices, most commonly on commercial ECM hydrogels, fibronectin and collagen I^{20,21,26}. In our hands, mouse cranial NC explant cultures are successfully grown on all three matrices, at concentrations specified in original reports (data not shown). The initial refined approach we adapted for our NC explant cultures used a commercial hydrogel as the matrix of choice, which primarily consisted of laminin and collagens²¹ (**Figure 3A–B**). However, composition of this hydrogel is not clearly defined, with unknown growth factor and protein content. As such, we have since shifted our approach to plating mouse NC explant cultures on fibronectin (**Figure 3C–D**). Fibronectin is well defined and highly expressed in the ECM and basement membranes along which NC cells migrate in vivo^{28–30}. To optimize a fibronectin matrix that best replicates neural crest cell migration and morphology as seen using the hydrogel, we compared NC cell behaviors exhibited on the hydrogel against a titration of 0.25–30 µg/mL fibronectin, and defined 1 µg/mL fibronectin as providing ideal properties (data not shown). We believe that this preliminary work may help establish a framework for the systematic comparison of matrices, such as fibronectin, against those previously described, namely collagen and laminin^{32–34}. It would be especially interesting to compare mouse NC cell migratory capacity on fibronectin versus collagen I, given that collagen-IA1 is endogenously secreted by mouse, avian and human NC cells^{28,30–32}. Collagen I is therefore as relevant as fibronectin in the consideration of matrix choice. It is also worth acknowledging that the bioavailability of growth factors in the media may be altered by different matrix components, especially given the high serum content of our media. To overcome this, we are currently working to produce serum-free defined culture conditions. These defined media are successfully used in neural crest induction protocols in the pluripotent stem cell field, but require further optimization for our NC explant culture system^{33,34}. Our work may also serve as a starting point for refining conditions for other types of NC cells such as cardiac and trunk NC, and for subsequent studies of NC differentiation. Most importantly, this protocol allows the isolation of cranial NC cells for a variety of applications. We envision studies on directed migration, 3-D migration and invasion. Cells isolated in this manner can be treated in vitro for a number of

analyses. For example, cells can readily be treated using different small molecules to target specific proteins, they can be treated at defined time points, and washout experiments can be designed to determine recovery of cell behaviors. Longer term culture for transfection and differentiation assays is possible, as well as passage of cells (data not shown). However, the viability, the capacity of cell renewal and multipotency should be validated after passaging. Cells plated on glass coverslips can also be used in immunofluorescent staining protocols, following live imaging. Finally, this approach represents a tremendously powerful system for studying migration of NC from genetic mouse models²²⁻²⁵.

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DISCLOSURES:

The authors have no conflicts of interest.

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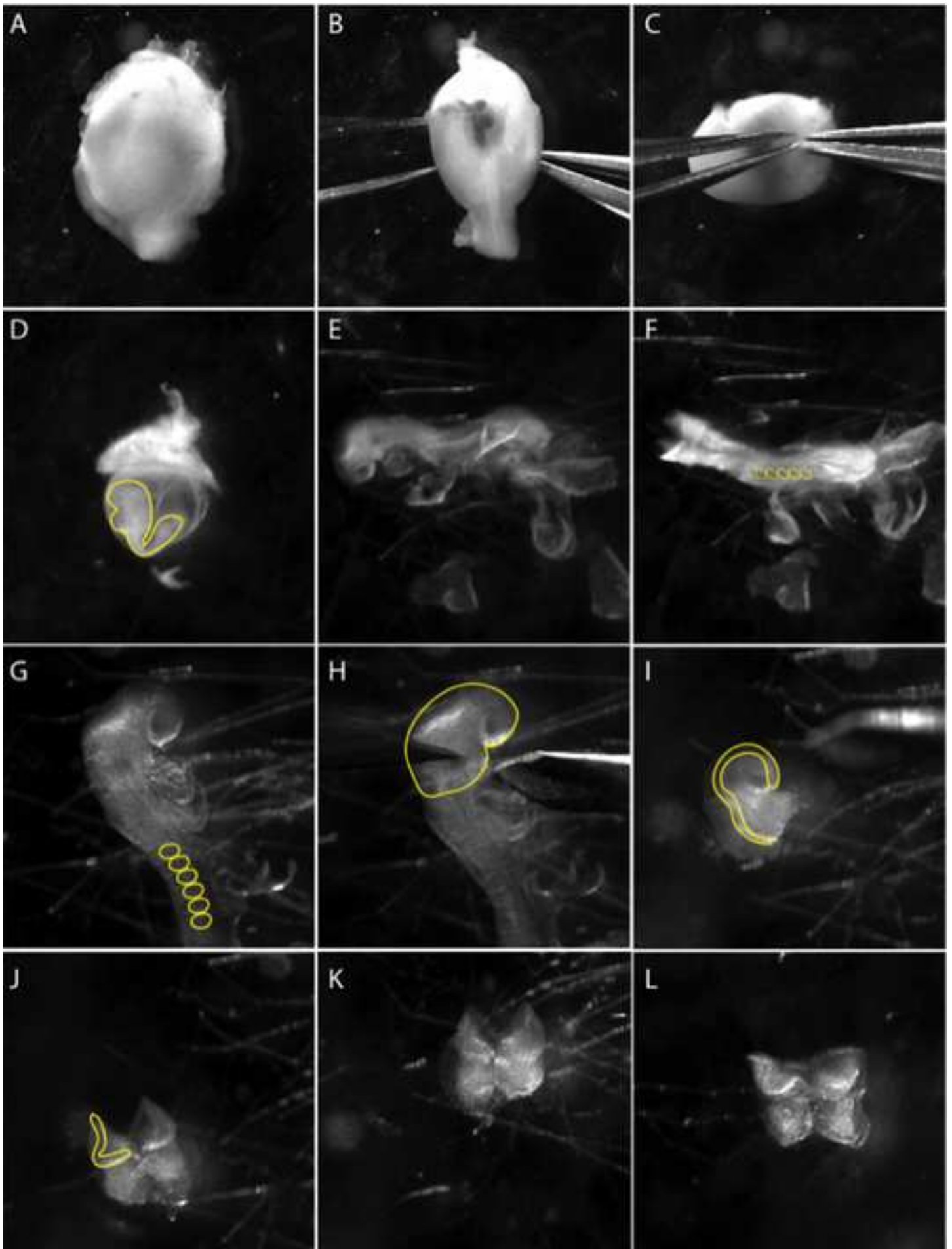
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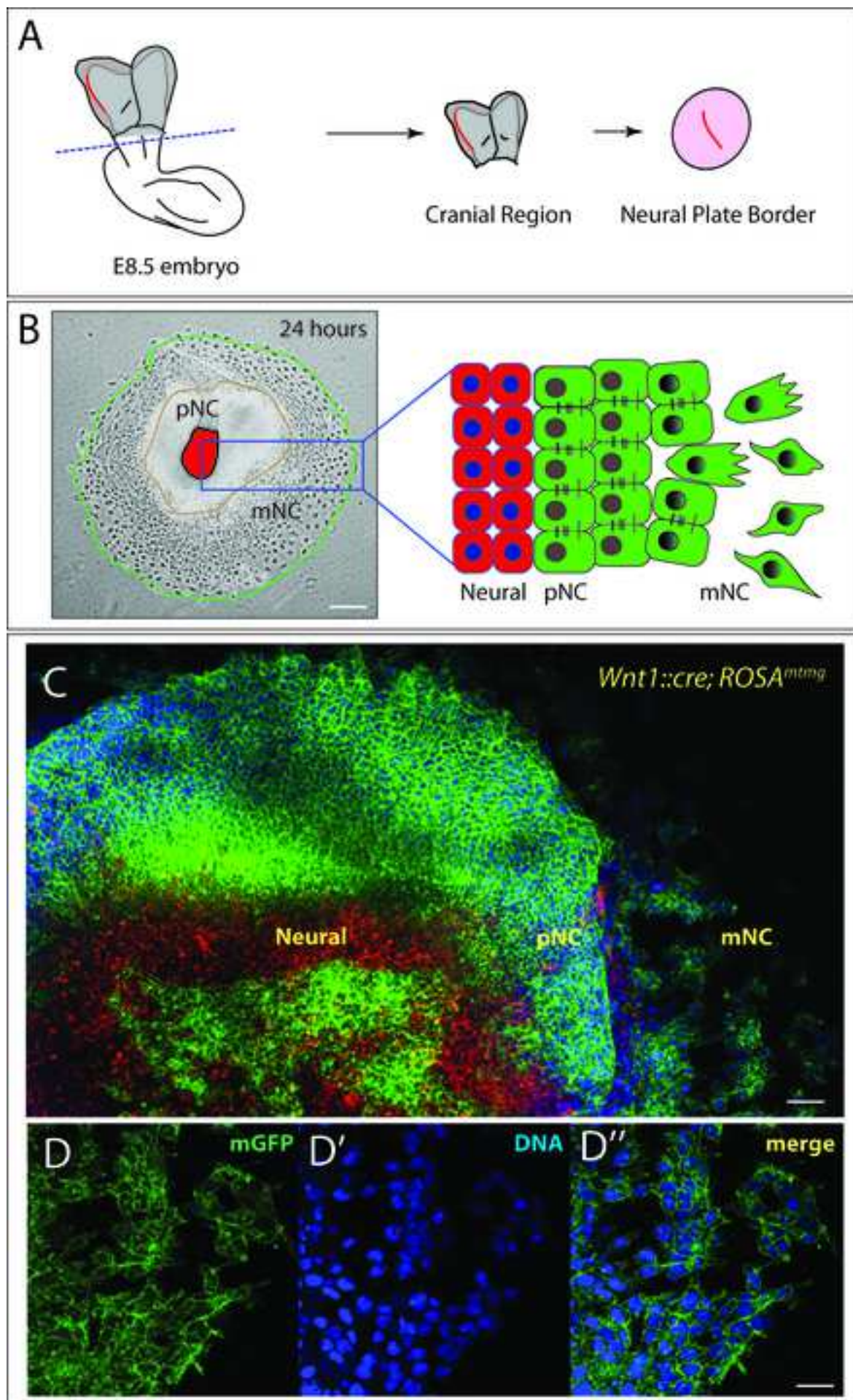
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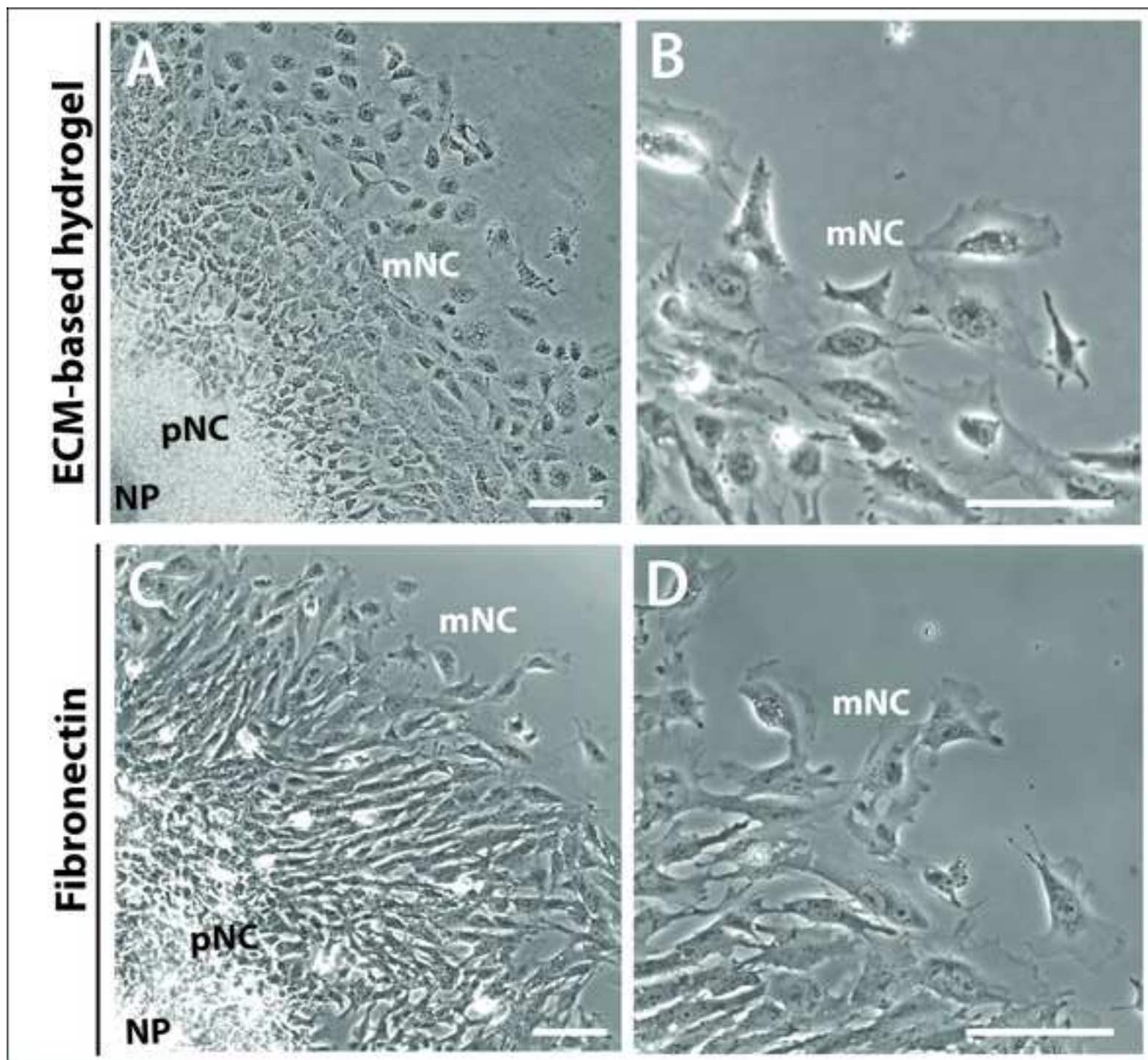
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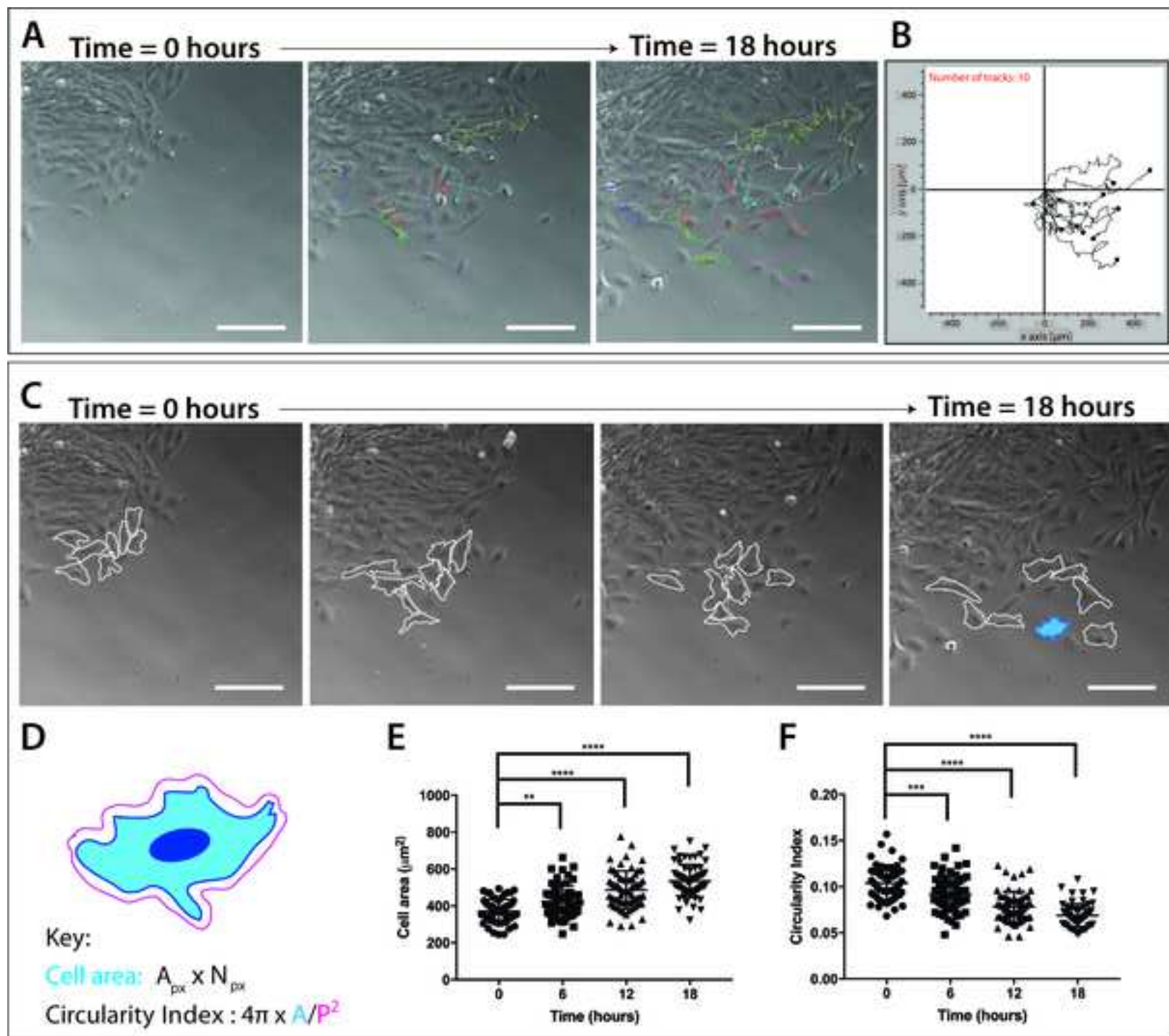
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bFGF	R&D systems
β -mercaptoethanol	Gibco
Tissue culture flasks	Corning
DMEM (4500 mg/L glucose)	Sigma
Dulbecco's phosphate-buffered saline (dPBS)	Sigma
Ethanol	Fisher Chemicals
Fetal Bovine Serum	Sigma
Fetal Bovine Serum (ES Cell FBS)	Gibco
Fibronectin bovine plasma	Sigma
L-glutamine	Sigma
Glass-bottomed, multi-well 24-well tissue culture plate	Ibidi
Cell migration analysis tool	Ibidi
Circularity Plug-in	ImageJ
LIF	ESGRO by Millipore
Manual Cell Tracking Plug-in	ImageJ
Microscope Image Analysis Software	Universal Imaging Corporation
MEM non-essential aminoacids 100X	Gibco
Matrigel (ECM-based Hydrogel)	Corning
Microscope	Olympus
Microscope camera	Photometrics
Microscope controller	Olympus

Microscope temperature controller

Solent Scientific

Penicillin/streptomycin

Sigma

Sodium Pyruvate

Sigma

Statistics software

Graphpad Prism

STO feeder cells

ATCC

Stereomicroscope

Nikon

XY microscope stage controller

Applied Scientific
Instrumentation

Catalog Number

233-FB

31350-010

430639

D5671

D8537

E/0650DF/C17

TFS AA 10-155

26140079/16141-079

F1141

G7513

82406

v2.0

v1.29 or later

ESG1106

v1.34k or later

6.3r7

11140-050

356234

1X81

512B

1X2-UCB

RS232

A5955

S8636

v7.0

CRL-1503

SMZ

MS-4400

Comments/Description

25cm² culture flasks

Glass-bottomed, No 1.5, 24-well tissue culture dish with black sides

Manuals for this software can be found at: <https://ibidi.com/manual-image-analysis/171-chemotaxis-and-mi>

The circularity plug-in is an extended version of ImageJ/Fiji's Measure command, designed by Rasband,

ref Cordelieres F. Institut Curie, Orsay (France) 2005

MetaMorph Software Series 6.3r7

Olympus 1X81 inverted microscope

Photometrics CascadeII 512B camera (4x UPlanFL N, 10x UPlanFL N, 20x UPlanFL N, 40x UPlanFL N objectives)

Olympus 1X2-UCB microscope controller

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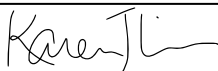
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9 May 2019

Journal of Visualised Experiments

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As discussed, please find enclosed our revision of the submission titled “Dissection, culture and analysis of primary cranial neural crest cells from mouse: explants for the study of neural crest cell delamination and migration”. After going through the recommendations from the editors and reviewers, we believe our protocol is improved and describes more clearly how to dissect and culture cranial neural crest cells from mouse, with emphasis on the study of cell migration. We appreciate very much the comments obtained from the feedback, and we believe our protocol is now ready for publication.

Best wishes,

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4. Authors and affiliations: Please provide an email address for each author.
5. Please define acronyms/abbreviations (FBS, DMEM, etc.) upon first use in the main text. **DONE.**
6. Please use SI abbreviations for all units: L, mL, μ L, h, min, s, etc. Please use the micro symbol μ instead of u and abbreviate liters to L (L, mL, μ L) to avoid confusion. **DONE.**
7. Please include a space between all numbers and the corresponding unit: 15 mL, 5 g, 7 cm, 37 °C, 60 s, 24 h, etc. **DONE.**
8. Please use a superscript number to cite the reference (Ishii M, et al. 2011, Rasband, W., (2000), etc.). **DONE.**
9. All methods that involve the use of human or vertebrate subjects and/or tissue sampling must include an ethics statement. Please provide an ethics statement at the beginning of the protocol section indicating that the protocol follows the guidelines of your institution. **DONE.**
10. Please adjust the numbering of the Protocol to follow the JoVE Instructions for Authors. Step 1 followed by 1.1, followed by 1.1.1, etc. Each step should include 1–2 actions and contain 2–3 sentences. Use subheadings and substeps for clarity if there are discrete stages in the protocol. Please refrain from using bullets, dashes, or indentations. **DONE.**
11. JoVE cannot publish manuscripts containing commercial language. This includes trademark symbols (™), registered symbols (®), and company names before an instrument or reagent. Please remove all commercial language from your manuscript and use generic terms instead. All commercial products should be sufficiently referenced in the Table of Materials. You may use the generic term followed by “(Table of Materials)” to draw the readers’ attention to specific commercial names. Examples of commercial sounding language in your manuscript are: Matrigel, Olympus, MetaMorph, etc. **DONE.**
12. Please use the active/imperative voice and complete sentences throughout the protocol. **DONE.**
13. Please specify all surgical tools used throughout the protocol. **DONE.**
14. For actions involving software usage, please provide all specific details (e.g., button clicks, software commands, any user inputs, etc.) needed to execute the actions. **DONE.**
15. Please combine some of the shorter Protocol steps so that individual steps contain

2-3 actions and maximum of 4 sentences per step. **DONE.**

16. Please include single line spacing between each numbered step or note in the protocol. **DONE.**

17. After you have made all the recommended changes to your protocol section (listed above), please highlight in yellow up to 2.75 pages (no less than 1 page) of protocol text (including headers and spacing) to be featured in the video. Bear in mind the goal of the protocol and highlight the critical steps to be filmed. Our scriptwriters will derive the video script directly from the highlighted text.

18. Please highlight complete sentences (not parts of sentences). Please ensure that the highlighted steps form a cohesive narrative with a logical flow from one highlighted step to the next. The highlighted text must include at least one action that is written in the imperative voice per step. Notes cannot usually be filmed and should be excluded from the highlighting. **DONE.**

19. Please include all relevant details that are required to perform the step in the highlighting. For example: If step 2.5 is highlighted for filming and the details of how to perform the step are given in steps 2.5.1 and 2.5.2, then the sub-steps where the details are provided must be highlighted. **DONE.**

20. Please include a scale bar, ideally at the lower right corner, for all microscopic images to provide context to the magnification used. Define the scale in the appropriate figure Legend. **DONE.**

21. Figures 3 and 4: Please include a space between all numbers and the temperature unit: 24 h, etc. **DONE.**

22. Table of Materials: Please ensure that it has information on all relevant supplies, reagents, equipment and software used, especially those mentioned in the Protocol. Please sort the items in alphabetical order according to the name of material/equipment. **DONE.**

Reviewers' comments:

Reviewer #1:

Manuscript Summary:

This protocol provides a much-needed video complement to the many neural crest isolation protocols that have been published since the late 1980s for multiple model systems, and since more recently for the mouse in particular. It also supplies helpful methodology to conduct simple cell tracking and image analyses from live microscopy. A good discussion of matrix considerations completes the protocol.

Major Concerns:

For some applications, perfect purity of the neural crest culture is not a negotiable variable, but the manual dissection of mesoderm away from the cranial neural folds will always leave contaminating cells that may infiltrate and migrate along with the neural crest-derived mesenchyme. This possibility should be discussed head-on and not ignored. The same goes for the ectoderm just lateral to the neural plate, of which fragments always persist, which is likely to provide the "epithelia-look like" sheet of cells just outside the neural plate explant, on which the "premigratory" neural crest amasses before spreading beyond onto the matrix. However, experience of all authors is that the ectoderm will not infiltrate among the mesenchymal cells beyond where it has spread and attached. It's just important to recognize it for what it is.

The "refinement" of using an enhancer-Cre-driven fluorescent marker as recommended by the authors in the discussion should therefore be more emphatically stated as a means by which other researchers, according to their needs, can validate that the cells they are tracking are indeed each of neural crest origin. I'm personally of the opinion that FACS is no more likely to yield a pure population than explanting, but a fluorescent genetic marker is easy to combine with the microscopy and should, in my opinion, also be integrated into this protocol, for it to be of best use to the community working with mouse NCC. Even if contaminating mesoderm intermingles with the NCC, it is likely to be overwhelmed by the latter, highly proliferative population, and using a fluorescent marker like Wnt1-Cre;Rosa(dT) or YFP would make for a great demonstration that indeed, in the end, one is tracking NCC.

We do agree with the reviewer, therefore, we have changed Figure 2 to include a Wnt1::Cre;Rosa mTmG image that shows NC cells labeled in green. We hope this image can clarify the location of the NC cells population within the explants.

Minor Concerns:

What is an eyelash tool and how is it made in your lab? We have omitted this tool, as some members of the lab now use tungsten wires or fine needles instead.

Do you work on silicon-coated dishes as you maintain and try to clean the neural plate, in order to preserve your forceps? No, we did not.

What happens to the notochord under the neural plate and is it necessary to either leave it or remove it? There are very few notochord cells in the cranial region at these stages; any notochord cells present are removed prior to explanting.

When the explant is plated, please state if the ependyma or outer (mesodermal-facing) surface of the neural plate is in contact with the matrix. The mesodermal facing surface of the neural plate is in contact with the matrix.

Do cells always migrate away along the entire neural fold border in the same way? If not, what introduces variability? Here, based on our manual dissections, we have focused primarily on the cranial crest emanating from the mesencephalon. We have performed similar dissections varying the anterior-posterior register of the dissected tissue. These data are not shown.

There is a lot of serum in the medium and, in addition, it is conditioned by support cells in what must be a variable manner (though it's nice not to see "chick embryo extract" in there). Therefore, the discussion of defined matrix is a little one-sided without also discussing how growth factors in the medium may be made more bio-available by the composition of the matrix. Agreed. We have included a statement on future plans for more defined culture media.

It is also surprising to not see discussed the cheaper laminins or collagen-I options, which have been used by other authors. (Col1A1 itself is endogenously synthesized by mouse, avian and human NCC and is as relevant as fibronectin; cf. Thomas et al 2008, <https://academic.oup.com/hmg/article/17/21/3411/2386148#supplementary->

[data](#), supplementary Table 2.) **Indeed! We agree and have added this to the discussion. We thank the reviewer for pointing this out.**

Reviewer #2:

Manuscript Summary:

The manuscript describes a protocol for isolation of mouse neural tube explants for observing neural crest (NC) cell behaviors during migration. The procedure is well described and simple to follow. Expected outcomes and methods for quantification with imaging software is excellent. I expect this to be a great resource for the NC community. I would have liked to have seen a comparison between wild type and mutant NC cell behaviors (particularly the PCP mutants described in the introduction), however I understand this may be beyond the scope of this study.

Major Concerns:

None

Minor Concerns:

- 1) Discuss the most likely difficulties/potential problems related to the extraction and dissection of the mouse embryos- for a new researcher, what is the most likely error they would make in this procedure?

We believe the most common error relates to the anatomy of the embryo. We have included in the text a suggestion to familiarize with it before using the protocol to acquire experimental data.

- 2) How do the authors distinguish the pre-migratory crest from overlying ectoderm or roofplate cells? Is the ectoderm physically removed or just not a significant contribution to the cranial neural tube at the stages presented? **At these stages, the neural plate is still a flat sheet, so the roofplate does not yet exist as a defined structure. Therefore, when the neural plate border is dissected out, this includes some ectoderm and neurectoderm. At this stage, we cannot distinguish the neural plate border (which is the site of neural crest induction) from the future roofplate.**