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TITLE:

Studying Left Ventricular Reverse Remodeling by Aortic Debanding in Rodents

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SUMMARY:

Here we describe a step-by-step protocol of surgical aorta debanding in the well-established mice model of aortic-constriction. This procedure not only allows studying the mechanisms underlying the left ventricular reverse remodeling and regression of hypertrophy but also to test novel therapeutic options that might accelerate myocardial recovery.

LONG ABSTRACT:

To better understand the left ventricular (LV) reverse remodeling (RR), we describe a rodent model wherein, after aortic banding-induced LV remodeling, mice undergo RR upon removal of the aortic constriction. In this paper, we describe a step-by-step procedure to perform a minimally invasive surgical aortic debanding in mice. Echocardiography was subsequently used to assess the degree of cardiac hypertrophy and dysfunction during LV remodeling and RR and to determine the best timing for aortic debanding. At the end of the protocol, terminal hemodynamic evaluation of the cardiac function was conducted, and samples were collected for histological studies. We showed that debanding is associated with surgical survival rates of 70-80%. Moreover, two weeks after debanding, the significant reduction of ventricular afterload triggers the regression of ventricular hypertrophy (~20%) and fibrosis (~26%), recovery of diastolic dysfunction as assessed by the normalization of left ventricular filling and end-diastolic pressures (E/e' and LVEDP). Aortic debanding is a useful experimental model to study LV RR in rodents. The extent of myocardial recovery is variable between subjects, therefore, mimicking

the diversity of RR that occurs in the clinical context, such as aortic valve replacement. We conclude that the aortic banding/debanding model represents a valuable tool to unravel novel insights into the mechanisms of RR, namely the regression of cardiac hypertrophy and the recovery of diastolic dysfunction.

INTRODUCTION:

The constriction of the transverse or ascending aorta in the mouse is a widely used experimental model for pressure overload-induced cardiac hypertrophy, diastolic and systolic dysfunction and heart failure¹⁻⁴. Aortic-constriction initially leads to compensated left ventricle (LV) concentric hypertrophy to normalize wall stress¹. However, under certain circumstances, such as prolonged cardiac overload, this hypertrophy is insufficient to decrease the wall stress, triggering diastolic and systolic dysfunction (pathological hypertrophy)⁵. In parallel, changes in extracellular matrix (ECM) lead to the collagen deposition and crosslinking in a process known as fibrosis, which can be subdivided into replacement fibrosis and reactive fibrosis. Fibrosis is, in most of the cases, irreversible and compromises myocardial recovery after overload relief^{6,7}. Nevertheless, recent cardiac magnetic resonance imaging studies revealed that reactive fibrosis is able to regress in the long term⁸. Altogether, fibrosis, hypertrophy and cardiac dysfunction are the part of a process known as myocardial remodeling that rapidly progresses towards heart failure (HF).

Understanding the features of myocardial remodeling has become a major objective for limiting or reversing its progression, the latter known as reverse remodeling (RR). The term RR includes any myocardial alteration chronically reversed by a given intervention, such pharmacological therapy (e.g., antihypertensive medication), valve surgery (e.g., aortic stenosis) or ventricular assist devices (e.g., chronic HF). However, RR is often incomplete due to the prevailing hypertrophy or systolic/diastolic dysfunction. Thus, the clarification of RR underlying mechanisms and novel therapeutic strategies are still missing, which is mostly due to the impossibility to access and study human myocardial tissue during RR in most of these patients.

To overcome this limitation, rodent models have played a significant role in advancing our understanding of the signaling pathways involved in HF progression. Specifically, aortic debanding of mice with an aortic constriction represents a useful model to study the molecular mechanisms underlying adverse LV remodeling⁹ and RR^{10,11} as it allows the collection myocardial samples at different time points in these two phases. Moreover, it provides an excellent experimental setting to test potential novel targets that can promote/accelerate RR. For instance, in aortic stenosis context, this model might provide information about the molecular mechanisms involved in the vast diversity of myocardial response underlying the (in)completeness of the RR^{6,12}, as well as, the optimal timing for valve replacement, which represents a major shortcoming of the current knowledge. Indeed, the optimal timing for this intervention is a subject of debate, mainly because it is defined based on the magnitude of aortic gradients. Several studies advocate that this time point might be too late for the myocardial recovery as fibrosis and diastolic dysfunction are often already present¹².

To our knowledge, this is the only animal model that recapitulates the process of both myocardial remodeling and RR taking place in conditions such as aortic stenosis or hypertension before and

after valve replacement or the onset of anti-hypertensive medication, respectively.

Seeking to address the challenges summarized above, we describe a surgical animal model that can be implemented both in mice and rats, addressing the differences between these two species. We describe the main steps and details involved when carrying out these surgeries. Finally, we report the most significant changes taking place in the LV immediately before and throughout RR.

PROTOCOL:

All animal experiments comply with the Guide for the Care and Use of Laboratory Animals (NIH Publication no. 85–23, revised 2011) and the Portuguese law on animal welfare (DL 129/92, DL 197/96; P 1131/97). The competent local authorities approved this experimental protocol (018833). Seven-week-old male C57B1/J6 mice were maintained in appropriate cages, with a regular 12/12 h light-dark cycle environment, a temperature of 22 °C and 60% humidity with access to water and a standard diet ad libitum.

1. Preparation of the surgical field

1.1. Disinfect the operation site with 70% alcohol and place a disposable operating room table cover over the surgical area.

1.2. Sterilize all the instruments before surgery.

NOTE: This procedure requires micro surgical scissors, 2 fine curved forceps, 3 fine straight, a scalpel, small forceps, an angled dissector scissor, a needle holder, an ultrafine ligation aid, 2 hemostats and, lastly, a magnetic fixator retraction system is highly recommended (**Figure 1A**).

1.3. Curve the tip of a 26 G blunted needle to 90° for an easier approach to the aorta. A 26 G needle will create a 0.45 mm diameter aortic narrowing (**Figure 1B**).

1.4. Adjust the heating pad temperature to 37 ± 0.1 °C.

2. Mice preparation and intubation

2.1. Anesthetize young C57B1/J6 mice (20-25 g) by inhalation of 8% sevoflurane with 0.5 - 1.0 L/min 100% O₂ in a cone tube.

2.2. Check the anesthesia depth using the toe pinch withdrawal reflex.

2.3. Place the mouse at dorsal recumbency on an inclined plate and proceed to orotracheal intubation.

2.4. Move the mouse to the heating pad and quickly connect the orotracheal tube to the ventilator to initiate the mechanical ventilation.

2.5. Adjust the ventilator parameters to a frequency of 160 breaths/min and a tidal volume of 10 mL/Kg.

3. Preparation for surgery (for both banding and debanding surgeries)

3.1. Shave and apply the depilatory cream from the neckline to mid-chest level of the mice.

3.2. Apply ophthalmic gel to the animals' eyes to prevent drying out of the cornea.

3.3. Place a rectal probe and the oximeter at the paw or tail for monitoring temperature, blood oxygenation, and heart rate, respectively.

NOTE: Anesthesia induces significant hypothermia, therefore, it is important to maintain normal body temperature during surgery to avoid a rapid decrease in heart rate.

3.4. Maintain anesthesia with sevoflurane (2.0 - 3.0%). Check the correct level of anesthesia by the lack of the toe-pinch reflex.

3.5. Place the mice in right-lateral decubitus on a heating pad and secure the limbs to the magnetic fixator retraction system with a tape to keep the animal in the correct position during the surgery (**Figure 2, Figure 3A**).

3.6. Disinfect the mouse chest with 70% alcohol followed by providone-iodine solution.

4. Ascending aortic banding surgery

NOTE: For a detailed protocol description, consult ^{2-4,13}.

4.1. With a disposable blade, perform a small (~0.5 cm) skin incision on the left side immediately below the axilla level and dissect the skin.

4.2. Gently dissect and separate the pectoralis muscle and other muscle layers until the ribs become visible. Use fine forceps and avoid cutting the muscle.

4.3. Under a microscope, identify the intercostal spaces and open a small incision between the 2nd and 3rd intercostal space with fine forceps.

4.4. Retract the ribs by placing the chest retractor (**Figure 2A**).

4.5. Use small forceps to gently dissect and separate the thymic lobes until ascending aorta becomes visible.

NOTE: Cotton applicators should be handy in case of bleeding. Warm sterile saline should be

given subcutaneously in case of significant bleeding (e.g., the mammary artery).

4.6. Use small forceps to gently dissect the aorta.

NOTE: Aorta is considered to be dissected when there are no fat or other adhesions around it and it is possible to easily encircle the vessel with a small curve forceps.

4.7. After aortic dissection, place a 7-0 polypropylene ligature around aorta by using ligation aid and curved forceps (**Figure 2B**).

4.8. Position the blunted 26 G needle parallel to the aorta (tip pointed towards the mice head) (**Figure 2B**). For mice weighing 20-25 g, this needle induces a reproducible 65-70% aortic constriction.

4.9. Make 2 loose knots around the aorta and the 26 G needle with the help of 2 forceps (**Figure 2B**).

4.10. Tighten the 1st knot and, quickly after, the 2nd knot. Briefly confirm the right positioning of the constriction and quickly remove the needle to restore aortic blood flow. Finally, make a 3rd knot (BA group).

4.11. Reposition the thymus and the muscles into their initial position.

4.12. Perform the sham procedure identical to the constriction procedure but keeping the suture loose around the aorta (SHAM group).

4.13. Cut the ends of the suture and remove the chest retractor.

NOTE: Short suture ends may increase the probability of knots loosening with aortic pressure, while long ends make the debanding procedure riskier since adhesions can occur between the suture and the left atrium.

4.14. Close the chest wall using 6-0 polypropylene suture with a simple interrupted or continuous suture using the lowest number of stitches possible. Tighten the last chest knot with the lungs inflated at end inspiration by pinched off the outflow of the ventilator for 2s to re-inflate the lungs.

4.15. Close the skin with a 6-0 silk/polypropylene suture in a continuous suture pattern.

NOTES: If a more recent ventilator is used, it is possible to programme it to pause in inspiration (Setup-Advanced-Pause-Inspiration)

5. Post-operative care

221 5.1. Apply providone-iodine solution to the skin suture site.

222
223 5.2. For proper analgesia, administer buprenorphine subcutaneously 0.1 mg/Kg, twice daily, until
224 the animal fully recovers (usually 2-3 days after surgery).

225
226 5.3. Inject sterile saline intraperitoneally to prevent dehydration in case of significant bleeding
227 during the surgery.

228
229 5.4. Turn off the anesthesia (without deintubating the mouse) and wait until the animal recover
230 the reflexes (whiskers movements are an awakening signal) and starts to breathe spontaneously.

231
232 5.5. Remove the tracheal cannula.

233
234 5.6. Let the animal recover in an incubator at 33 °C.

235
236 5.7. Return the animal to a 12 h light/dark cycle room after full recovery.

237 238 **6. Aortic debanding surgery**

239
240 6.1. Seven weeks later, perform the debanding of the aorta in half of the BA animals and remove
241 the loose suture from half of the SHAM mice, giving rise to 2 new groups – debanding (DEB) and
242 DE(SHAM), respectively. DE(SHAM) represents the control for the DEB group (**Figure 4**).

243
244 6.2. Repeat all the steps 2.1 to 3.6 mentioned above.

245
246 6.3. Gently dissect the tissues, adhesions, and fibrosis around the aorta until its constriction
247 becomes visible.

248
249 6.4. Carefully dissect the aorta and separate the suture from the aorta. Cut the suture with angled
250 one-probed spring scissors (**Figure 3B**).

251
252 6.5. Close the chest wall using 6-0 polypropylene suture with a simple interrupted or continuous
253 suture using the minimum number of stitches possible.

254
255 **NOTE:** Try to tighten the last chest suture when lungs are inflated to avoid pneumothorax.

256
257 6.6. Close the skin with a 6-0 silk/polypropylene suture in a continuous suture pattern.

258
259 6.7. Perform all post-operative care procedures as mentioned in 5.

260
261 6.8. Sacrifice the animals 2 weeks later.

262 263 **7. Echocardiography to assess cardiac function and left ventricular hypertrophy in vivo**

265 7.1. Perform the echocardiographic exam every 2-3 weeks to follow the progression of
266 hypertrophy and cardiac function.

267
268 7.2. Anesthetize the animals, as described, by inhalation of 5% sevoflurane with a nose cone.
269 Adjust the anesthesia level by decreasing it to 2.5%.

270
271 7.3. Shave and apply the depilatory cream from the neckline to mid-chest level.

272
273 7.4. Place the animal on a heating pad and place the ECG electrodes. Assure a good ECG trace
274 and maintain heart rate between 300 and 350 beats/min.

275
276 7.5. Monitor the temperature (~37 °C).

277
278 7.6. Apply echo gel and position the animal at left lateral decubitus.

279
280 7.7. Start the echocardiograph and adjust the settings.

281
282 7.8. Position an ultrasound probe over the thorax.

283
284 7.9. Assess the pressure gradient across the banding at 7 and 2 weeks after banding and
285 debanding surgery, respectively. Position the probe at the LV long axis and place the beam over
286 aorta. Press the button PW to activate pulsed wave Doppler echocardiography. After seven
287 weeks of banding, aortic gradients will be >25 mmHg in the banded animals.

288
289 7.10. Record two-dimensional guided images of aorta showing the presence or absence of the
290 ascending aorta constriction to anatomically visualize the efficacy of the banding and debanding.

291
292 NOTE: It is possible to visualize turbulent flow at the constriction level if the color mode is
293 available.

294
295 7.11. Assess hypertrophy by positioning the probe at an LV short axis, at papillary muscles level,
296 and press M-mode tracing to visualize LV anterior wall (LVAW), LV diameter (LVD) and LV
297 posterior wall (LVPW) in diastole (D) and systole (S) (**Figure 5**).

298
299 7.12. Assess systolic function, calculate the ejection fraction and fractional shortening as
300 previously described^{14,15}.

301
302 7.13. Assess diastolic function by 1) determining the peak of pulsed-wave Doppler of early and
303 late mitral flow velocity (E and A waves, respectively) using an apical 4-chamber apical view just
304 above the mitral leaflets; 2) recording lateral mitral annular myocardial early diastolic (E') and
305 peak systolic (S') velocities using pulsed-TDI and apical 4-chamber apical view (**Figure 5**).

306
307 7.14. Record at least three consecutive heartbeats to each parameter assessment. These values
308 will be subsequently averaged.

8. Hemodynamic assessment

8.1. At the end of the protocol (**Figure 4**), perform final echocardiography, as described in 7, before the terminal hemodynamic assessment.

8.2. Repeat steps 2.1 to 3.6.

8.3. Cannulate the right jugular vein and perfuse sterile saline at 64 mL/Kg/h.

8.4. Rotate slightly the animal to the left side and make a skin incision at the level of the xiphoid appendix.

8.5. Separate the skin from the muscle with forceps or with a scissor.

8.6. Make a lateral incision between the left ribs at the xiphoid appendix level.

8.7. Perform a left lateral thoracotomy to expose the heart fully.

NOTE: To avoid bleeding and lung damage, insert a cotton swab into the thoracic cavity and push the lung gently while inserting two hemostats on the right and left side of the place to cut.

8.8. Pre-heat the P-V loop catheters in a water-bath at 37 °C.

8.9. Calibrate the catheter (setup, channel setting, chose the correct channel for pressure and volume, units).

8.10. Insert a catheter apically into the LV and assure the volume sensors are positioned between the aortic valve and the apex. Volumes can be assessed by echocardiography (**Figure 5**). Visualization of the pressure-volume loops helps to confirm the correct positioning of the catheter (**Figure 6**).

8.11. Allow the animal to stabilize 20-30 min without significant changes in the shape of the pressure-volume loops.

8.12. With ventilation suspended at end-expiration, acquire baseline recordings(**Figure 6**). Continuously acquire data at 1,000 Hz to be subsequently analyzed off-line by appropriate software.

8.13. Compute parallel conductance after the hypertonic saline bolus (10%, 10 µL).

8.14. While anesthetized, sacrifice the animal by exsanguination, collect and centrifuge the blood.

8.15. Lastly, excise and collected the heart. Weight the heart, the left, and the right ventricle separately and immediately store the samples in liquid nitrogen or formalin for subsequent molecular or histological studies, respectively.

9. Aortic banding/debanding procedure in rats

9.1. Perform aortic banding in young Wistar (70-90 g) using a 22 G needle and 6-0 polypropylene ligature to constrict the aorta.

9.2. Ensure a proper anesthetic and analgesic procedures with 3-4% of sevoflurane and 0.05 mg/Kg of buprenorphine for, respectively.

9.3. During echocardiography, assure a heart rate always above 300 rate / min (ideally between 300 and 350).

9.4. Before step 8.9, gently dissect the rat aorta, place a flow probe around it to measure cardiac output. The use of the aortic flow probe is the gold standard procedure for rats.

9.5. For the hemodynamic evaluation, cannulate the jugular or femoral vein for fluid administration (32 mL/Kg/h).

9.6. Replace the pressure-volume catheter SPR-1035 by the SPR-847 or SPR-838, whose sizes better suit the rat ventricular dimensions.

REPRESENTATIVE RESULTS:

Post-operative and late survival

The perioperative survival of the banding procedure is 80% and the mortality during the first month is typically <20%. As previously mentioned, the success of the debanding surgery is highly dependent on how invasive the previous surgery was. After a learning curve, the mortality rate during the debanding procedures is around 25%. For this mortality accounts mostly deaths during the surgery procedure, including aorta or left atrium rupture (in rats, the survival rate is higher in both surgical procedures).

Aortic banding and myocardial remodeling

The success of aortic constriction was verified by increased LV end-systolic pressure (LVESP) and by Doppler aortic flow velocities >2.5 m/s, which corresponds to a pressure gradient of 25 mmHg using the modified Bernoulli equation (**Figure 5**). Compared to SHAM mice, banding induced LV hypertrophy as assessed by increased LV mass (**Table 1** and **Figure 5**) and impaired diastolic function evident by higher filling pressures (ratio of mitral peak velocity of early filling (E) to early diastolic mitral annular velocity (E'), (E/e'), and left ventricular end-diastolic pressure (LVEDP) and prolonged relaxation (τ , **Table 1**, **Figure 5**, and **Figure 6**) within 7 weeks. Ejection fraction was still preserved at this stage of the disease.

Histologically, seven-weeks of aortic banding induced significant cardiomyocyte hypertrophy and

fibrosis (**Figure 7**).

Aortic debanding and myocardial reverse remodeling

In mice subjected to debanding, successful removal of aortic stenosis was verified by echo-Doppler velocities (**Table 1** and **Figure 5**). Debanding surgery gave rise to two groups of animals with distinct degrees of RR (DEB-COMP and DEB-INCOM), whose average values are shown in table 1. Overall, debanding promoted a significant decrease of afterload (decreased LVESP) and LV hypertrophy (assessed by morphometry, echocardiography, and histology). Moreover, we observed normalization of diastolic function and aortic velocities (**Table 1**, **Figure 5**, **Figure 6**, and **Figure 7**).

FIGURE AND TABLE LEGENDS:

Table 1: Left ventricle morphofunctional changes assessed by echocardiography and by hemodynamics.

Table 2: Critical steps of the protocol.

Figure 1: Ultra-fine surgical instruments used for the banding and debanding procedures. (A) 2 needle-holders and a scalpel blade; two catheters for mice intubation and a scissor; a scalpel, 2 curved forceps, a ligation aid, a microsurgical scissor, 3 straight forceps; (B) and 26G-needle and blunted 26G-needle curved to fit the mice small thoracic opening properly.

Figure 2: Aortic banding procedure. (A) The thoracic approach to the ascending aorta performed with the help of a magnetic fixator retraction system (3 retractors are visible). (B) The ascending aorta is clearly dissected and visible. The blunted needle and the polypropylene suture 6-0 are placed in the right position to perform the aortic banding.

Figure 3: Aortic debanding procedure. (A) The mouse is placed in a magnetic retraction system, representing a handy tool to retract the muscles and tissues around the aorta. The mouse is intubated for mechanical ventilation. A rectal probe controls temperature and an oximeter is placed on the right mice paw to monitor blood oxygenation during surgery. Fibrosis and adherent tissue is carefully removed around the aorta and suture, to be able to cut the suture (B) and (C).

Figure 4: Experimental protocol design for mice. Myocardial remodeling (red) and reverse remodeling (green) are shown in the bottom together with all evaluation tasks. Of note, debanding surgery can give rise to two groups of animals with distinct degrees of reverse remodeling. Thus, we obtained DEB mouse with complete (DEB-COMP) and incomplete (DEB-INCOM) myocardial recovery.

Figure 5: Echocardiographic assessment of cardiac structure and function. (A) Aortic flow velocities; (B) LV mass; (C) Ventricular dimensions (LV diameter, LVD) and wall thickness (LV posterior wall, LVPW and LV anterior wall, LVAW); (D) Transmitral flow (peak of pulse Doppler wave of late mitral flow velocity, A, and peak of pulsed Doppler wave of early mitral flow velocity,

E) and (E) Myocardial velocities (late diastolic mitral annular tissue velocity, A' ; early diastolic mitral annular tissue velocity, E' and systolic mitral annular tissue velocity, S').

Figure 6: Representative pressure-volume loops for SHAM, BA and DEB groups. Data were continuously acquired at 1000 Hz and subsequently analyzed off-line by PVAN software.

Figure 7: Myocardial hypertrophy and fibrosis assessed histologically. (A) Left ventricle hypertrophy assessed by cardiomyocytes sectional area of hematoxylin-eosin (HE)-stained sections (5 μ m) from SHAM (n = 17), BA (n = 14) and DEB group (n = 12). (B) Left Ventricular interstitial fibrosis and representative images of Red Sirius-stained sections (5 μ m) from SHAM (n = 17), BA (n = 13) and DEB (n = 12).

DISCUSSION:

The model proposed herein mimics the process of LV remodeling and RR after aortic banding and debanding, respectively. Therefore, it represents an excellent experimental model to advance our knowledge on the molecular mechanisms involved in the adverse LV remodeling and to test novel therapeutic strategies able to induce myocardial recovery of these patients. This protocol details steps on how to create a rodent animal model of aortic banding and debanding with a minimally invasive and highly conservative surgical technique to reduce the surgical trauma.

The most critical step of the protocol is related to the degree of surgical aggression during aortic banding. The success of the subsequent aortic debanding surgery depends enormously on a minimally invasive banding procedure that avoids tissue aggression and fibrosis around the aorta and, therefore, a less-invasive approach is mandatory (**Table 2**). Suture internalization is associated with less LV hypertrophy and better cardiac function¹⁶ (**Table 2**) and makes the debanding procedure impossible to perform without causing an aortic rupture. In the present study, we tried to use silk, since it creates more scar tissue at the banding site, triggering a more stable degree of pressure overload. However, in our hands, the debanding surgery was more demanding when silk was used since it is a multifilament wire making it's total removal from the aorta more difficult. Nevertheless, these are technical issues that are widely protocol-and-operator-dependent, and these variations, type of suture, is not incompatible with good technical practices and reproductive results. Physiological parameters monitoring during banding and especially during debanding is mandatory for the success of the model implementation (**Table 2**).

In 1991, Rockman et al., described the transverse aorta constriction (TAC) in mouse for the first time⁴. Since then a considerable amount of papers came out providing numerous versions of this procedure with variations with respect to the animal age/size¹⁷, mice genetic background¹⁸, the diameter of the needle/constriction¹⁹, the material used for banding, the aortic location of the banding, the duration of the banding¹⁹ and debanding¹¹. All these methodological alternatives are valid as long as they fulfill the aims of each study. However, we should stress out that the progression of the disease towards heart failure is faster and thus RR is more incomplete when selecting: 1) longer banding durations, 2) heavier/older the mice²⁰ and 3) smaller needle diameter used for the aortic constriction (higher percentage of aortic constriction)¹⁶.

The duration of the banding and the debanding significantly impact the stage of the disease and, therefore, the recovery during RR. Likewise, choosing the right timing for debanding is mandatory to adjust to the severity of the disease envisaged. The results observed in our study are in accordance with pre-existence animal^{11,21} and human studies²², except for cardiomyocytes hypertrophy, where some studies showed its normalization^{10,21} and others its partial regression²³. Moreover, studies have shown that, fibrosis regression can occur in the long term (70 months for human patients)²⁴. The results seem to be dependent on the technique used to address fibrosis²⁵. Recently, Treibel et al. were able to differentiate between cellular (myocytes, fibroblast, endothelial, red blood cells) and extracellular (ECM, blood plasma) compartments in patients with aortic stenosis after aortic valve replacement (AVR) using cardiovascular magnetic resonance with T1 mapping²². They described that regression of LV mass following AVR can be driven by 1) matrix regression alone, where the extracellular volume reduces; 2) cellular regression alone, where extracellular volume increases; 3) or by a proportional regression in cellular and matrix compartments, where the extracellular volume is unchanged²². These authors concluded that, following AVR, while diffuse fibrosis and myocardial cellular hypertrophy regress, focal fibrosis does not resolve. Thus, diffuse interstitial fibrosis, as assessed by matrix volume, is a potential therapeutic target. In our study, reduction of fibrosis seems to occur within 2 weeks of RR and before cardiomyocytes hypertrophy normalization. Also, sacrificing the animals 2 weeks after the debanding was the perfect timing to obtain ventricular diversity among DEB group, namely animals with diastolic dysfunction persistence (DEB-INCOM) and others with complete LV mass reversal and diastolic function improvement (DEB-COM). Moreover, as soon as 2 weeks after debanding, we have previously shown significant right ventricular changes in the banding group that partially recover after debanding²⁶, while Bjornstad et al. reported normalization of fetal genes expression, indicative of myocardial remodeling within the same timeframe¹¹.

The surgical procedure of banding/debanding can also be performed in rats²⁶, however, some differences should be highlighted. Due to its bigger size, rats have more muscle layers than mice which decreases aortic visualization and hinders positioning the ligature around the aorta. On the other hand, the risk of damaging adjacent tissues and organs, such as atria or lungs, are minimized. To overcome the issue of suture internalization we used a larger polypropylene ligature in rats to hold tight the aorta (6.0 instead of 7.0 polypropylene).

Due to aorta manipulation, debanding surgery might decrease cardiac output by imposing additional afterload on LV and thus impair the circulatory and respiratory system. Compared to mice, rats seem to be more resistant to more extended anesthetic period and therefore are easier to keep the physiological respiratory parameters controlled during the long debanding surgery. In rats, LV hypertrophy development is faster than mice, but it takes longer to progress to heart failure. Thus, the debanding surgery can be done between 5-9 weeks after banding procedure without compromising ejection fraction²⁶.

The major limitation of the banding/debanding animal model is the demanding microsurgical skills and technique of the operator, usually requiring a long learning curve to accomplish the

debanding surgery. Another limitation is the impossibility to perform close chest hemodynamics in mouse and rat, which will be more physiologic. However, by using this method is obligatory to insert the catheter from the right carotid artery to LV which is, in this particular case not feasible since in banding animals ascending aorta is constricted before the carotid branches. Moreover, in mouse, we were not able to measure load-independent contractility (ESPVR) and diastolic parameters (slope of EDPVR) by performing vena cava occlusion maneuver, an important parameter for an adequate characterization of myocardial function. We found this maneuver difficult to perform in mice with ascending aorta constriction due to their small size (20-25g).

Future application of the banding/debanding animal model includes the development of novel therapeutic approaches to myocardial diseases and the characterization of the pathways that underlie the process of LV remodeling and RR.

In conclusion, this clinically-relevant model allows to temporally and mechanistically characterize the progression towards HF, as well as, its recovery since it allows the collection of myocardial samples in different stages of myocardial remodeling and RR. Moreover, it proves to be a useful experimental model for testing therapeutic strategies aimed at the recovery of the failing heart.

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DISCLOSURES:

The authors have no conflict of interest.

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A)



B)



A)**B)**

Figure 3

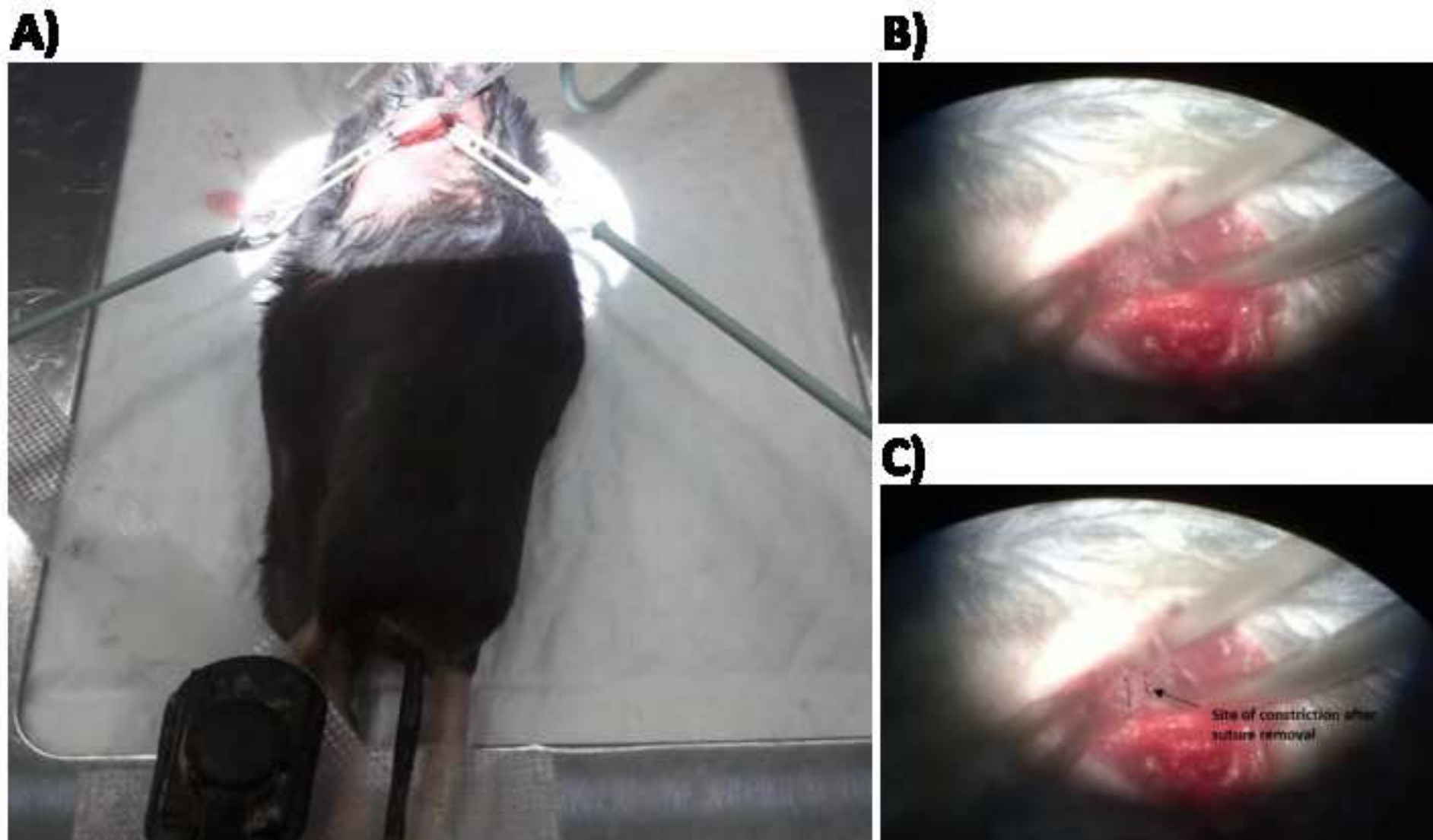
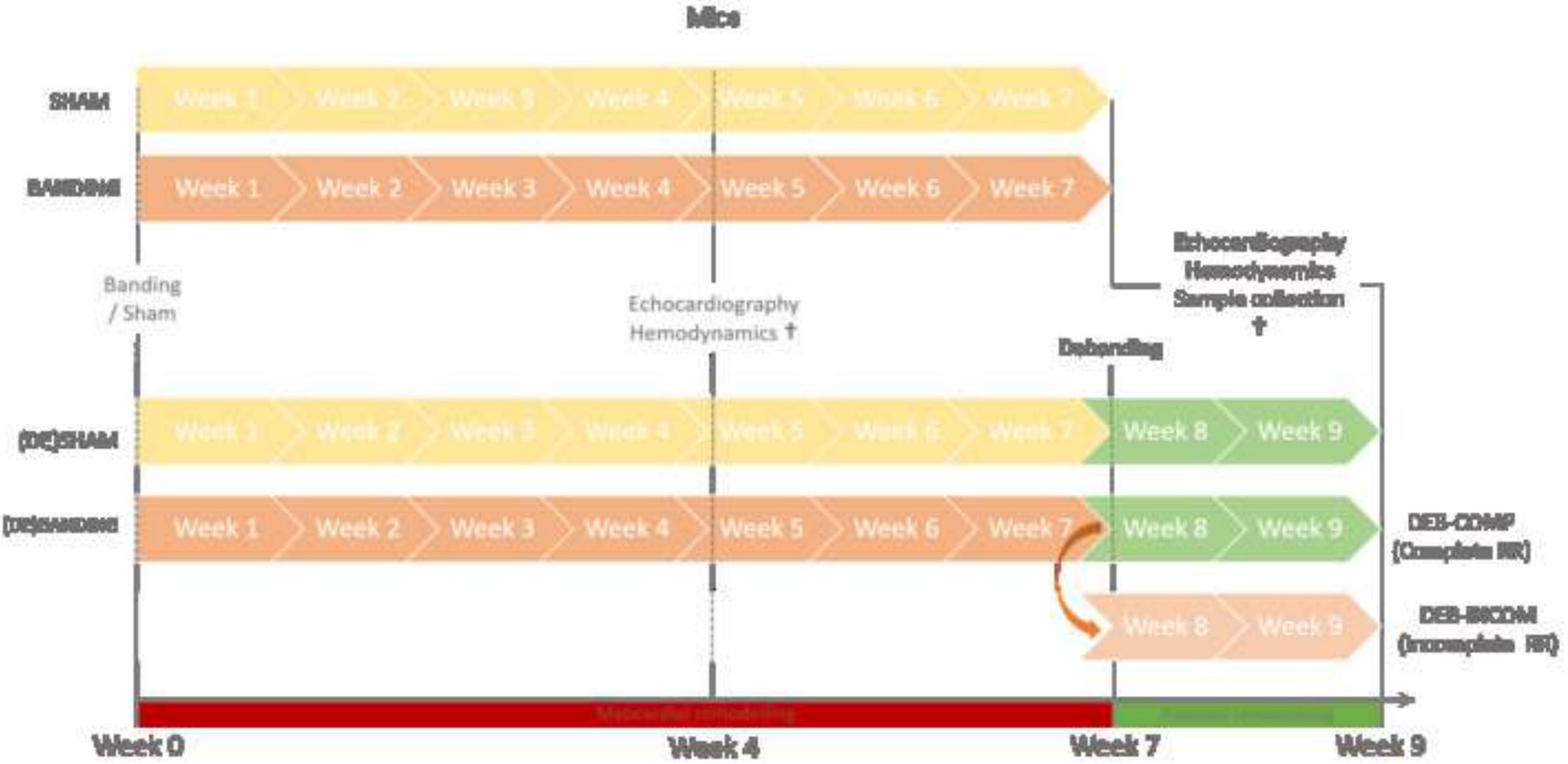


Figure 4



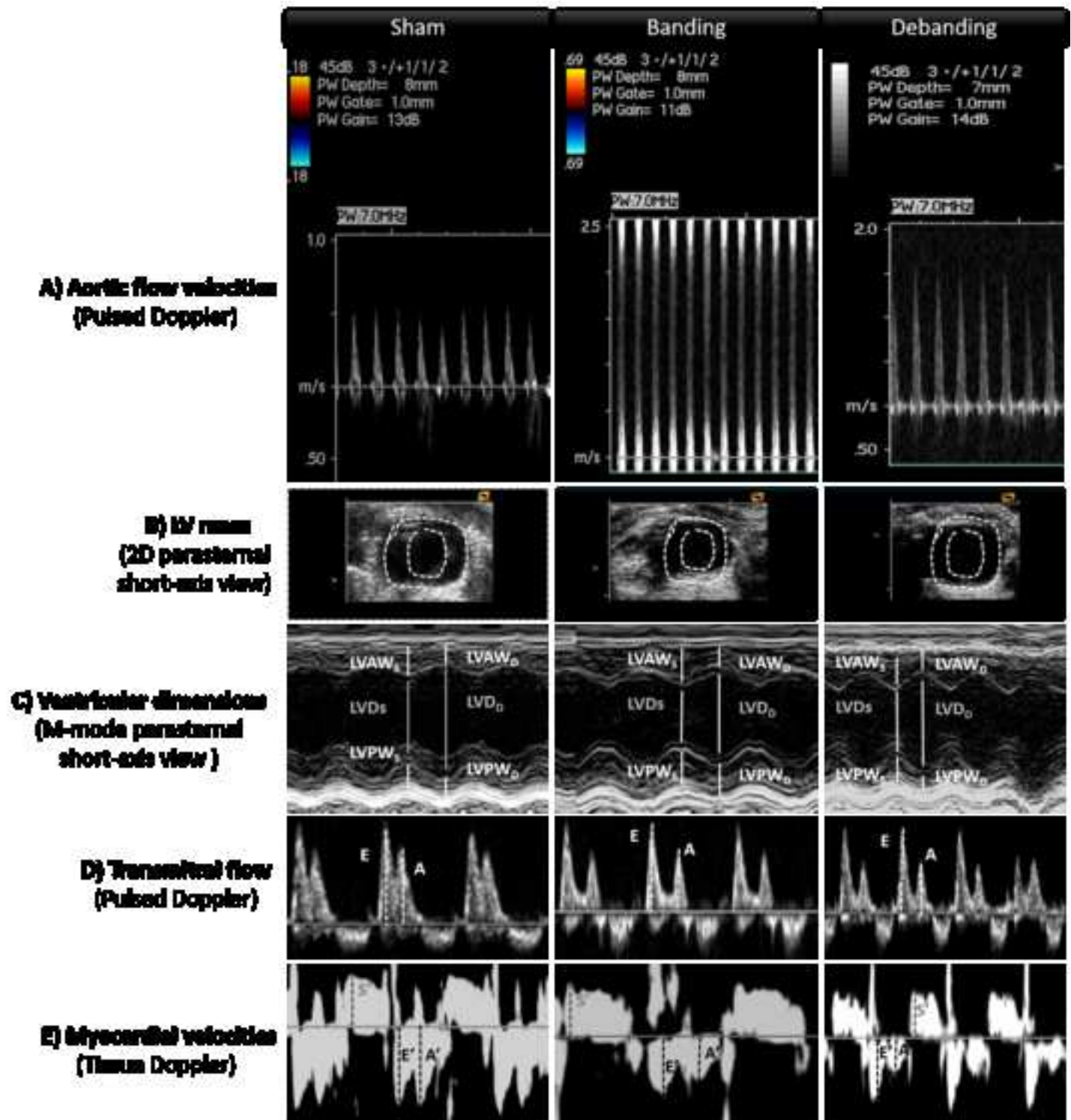
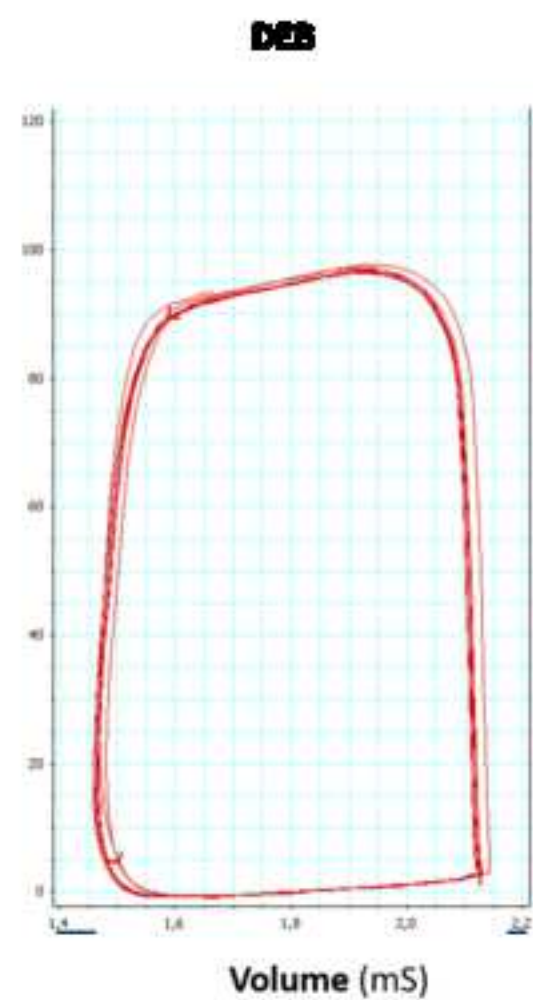
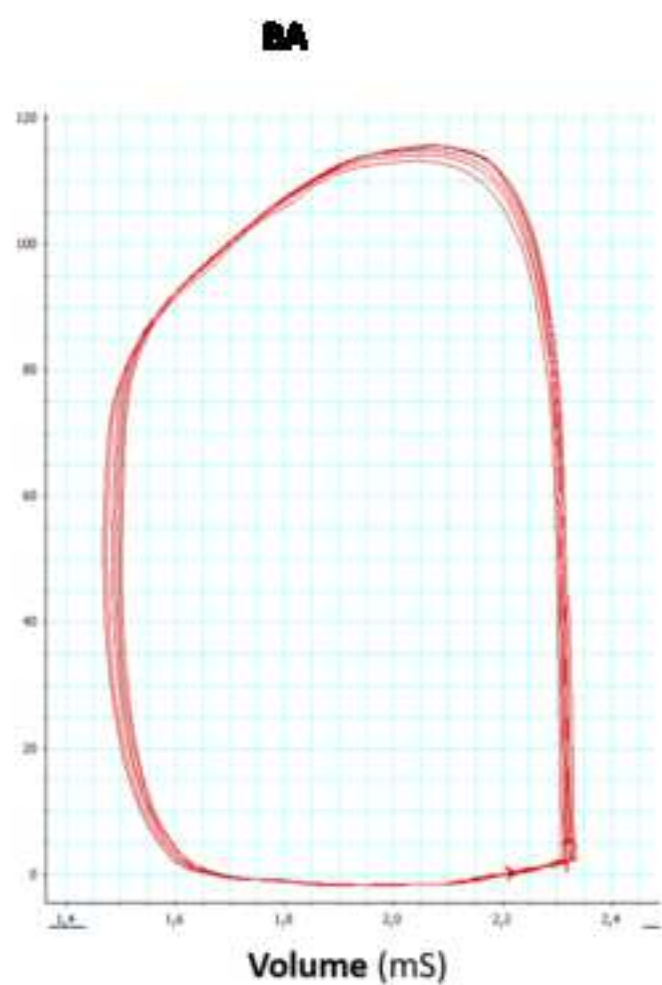
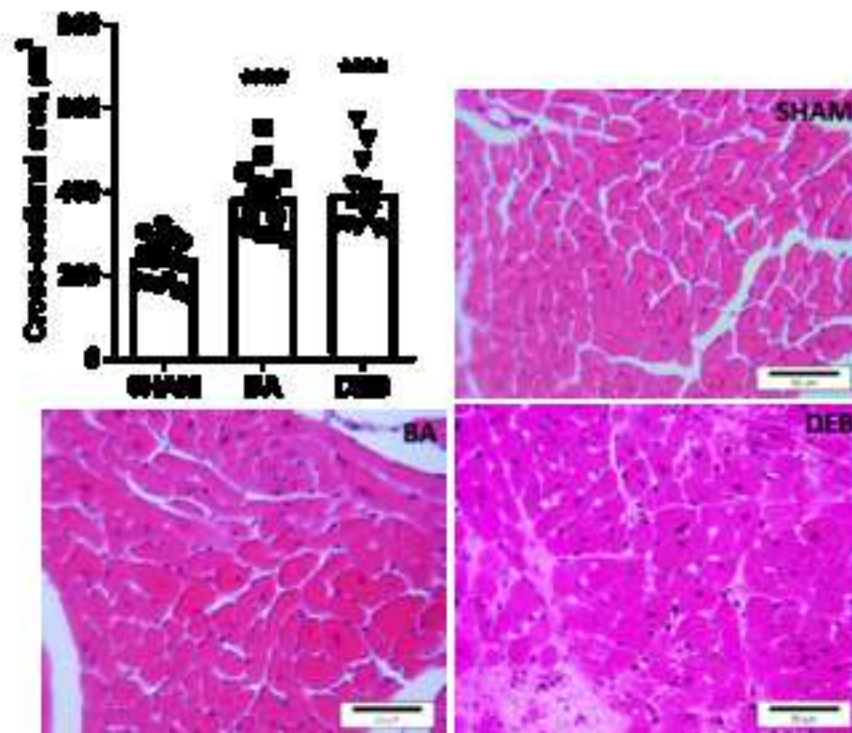


Figure 6



A



B

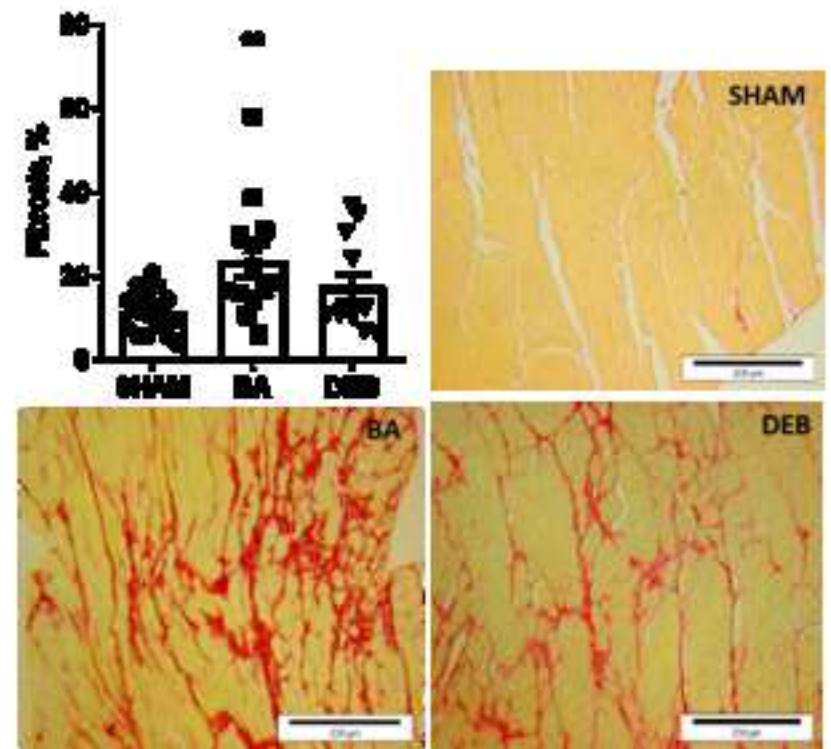


Table 1. Morphological and functional data

	SHAM (n=19)	BA (n=15)	DEB (n=14)
Body weight (mg)	28.07±0.34	27.57±0.58	26.72±0.65
Heart weight/BSA (mg/cm²)	74.28±2.19	103.00±9.84 ^{αα}	84.04±3.47
LV Mass (mg/cm²)	1.23±0.06	1.80±0.11 ^{αααα}	1.39±0.12 ^{xx}
EDVI (uL/cm²)	0.78±0.04	0.84±0.07	0.79±0.07
ESVI (uL/cm²)	0.32±0.02	0.33±0.04	0.34±0.04
E/E'	13.81±0.61	20.44±1.51 ^{ααα}	14.81±1.22 ^{xx}
E/A	1.46±0.06	1.59±0.08	1.57±0.12
S'	0.041±0.003	0.049±0.010	0.036±0.003
EF (%)	58.16±2.11	61.87±2.93	58.63±3.77
LVSP (mmHg)	80.79 ± 3.97	107.20 ± 7.84 ^{αα}	88.63 ± 3.87
LVEDP (mmHg)	4.79 ± 0.75	9.77 ± 2.37 ^α	3.94 ± 0.45 ^{xx}
HR (bpm)	523 ± 16	466 ± 25	529 ± 17
Tau (ms)	5.77 ± 0.34	9.79 ± 2.86	6.00 ± 0.43

Critical steps
Invasiveness of the banding surgery
Suture internalization
Physiological parameters

Advice

It is important to avoid:

- prolonged occlusion of the ascending aorta during the ligation, which may lead to lung edema and activation of inflammatory pathways capable of influencing the phenotype and disease severity¹⁵;
- bleeding of the mammary artery which, if not timely circumvented, can lead to decreased blood pressure and promote higher amounts of fibrosis when re-opening the thorax (debanding);
- damaging mice pleura and lungs;

Mini left lateral thoracotomy for banding and debanding (same place; present study) vs left lateral thoracotomy for the banding and a sternotomy for the debanding surgery¹¹:

- the first is less invasive and have a short-recovery time, which improves the success of the open-chest haemodynamic performed two weeks later. Nevertheless, the use of same position to re-open the chest can increase the number of complications due to adhesions (around left atrium, pulmonary artery, etc).

Can be prevented by using:

- two banding sutures side-by-side¹⁶;
- silk instead of polypropylene¹¹;
- titanium clips or a O-rings around the aorta to induce its constriction²¹;
- double loop-clip thecnique¹⁵;
- inflatable cuff to carry out supracoronary aortic banding²².

During surgery it is important to monitor:

- heart rate;
- blood oxygenation, keeping it above 90% (specially during aorta manipulation);
- anesthesia, keeping it at the lowest dose possible without inflicting discomfort on the animal.

Name of Material/Equipment	Company	Catalog Number
Absorption Spears	F.S.T	18105-03
Blades	F.S.T	10011-00
Buprenorphine	Buprelieve	
Catutery	F.S.T	18010-00
Catutery tips	F.S.T	18010-01
cotton swab	Johnson's	
Depilatory cream	Veet	
Disposable operating room table cover	MEDKINE	DYND4030SB
Echo probe	Siemens	Sequoia 15L8W
Echocardiograph	Siemens	Acuson Sequoia C512
End-tidal CO ₂ monitor	Kent Scientific	CapnoStat
Forcep/Tweezers	F.S.T	11255-20
Forcep/Tweezers	F.S.T	11272-30
Forcep/Tweezers	F.S.T	11151-10
Forcep/Tweezers	F.S.T	11152-10
Gas system	Penlon Sigma Delta	
Hemostats	F.S.T	13010-12
Hemostats	F.S.T	13011-12
Ligation aids	F.S.T	18062-12
Magnetic retractor	F.S.T	18200-20
Needle holder	F.S.T	12503-15
Needle 26G	B-BRAUN	4665457
Oxygen	Air Liquide	
Polipropilene suture	Vycril	W8304/W8597
Povidone-iodine solution	Betadine [®]	
PowerLab	Millar instruments	ML880 PowerLab 16/30
Pulse oximeter	Kent Scientific	MouseStat
PVAN software	Millar Instruments	
PV loop cathether	Millar instruments	SPR-1035 . 1.4 F
Retractor	F.S.T	17000-01
Scalpet handle	F.S.T	10003-12

Scissors	F.S.T	15070-08
Scissors	F.S.T	14084-09
Sevoflurane	Baxter	533-CA2L9117
Temperature control module	Kent Scientific	RightTemp
Ventilator	Kent Scientific	PhysioSuite
Water-bath	Thermo Scientific™	TSGP02

Comments/Description

To absorb fluids during the surgery
To perform the skin incision
Analgesia drug
To prevent exsanguination
To prevent exsanguination
To absorb fluids during the surgery
To delipate the animal
To cover the surgical area
Ultrasound signal aquisition
Ultrasound signal aquisition
To control expiration gas saturation
To dissect the tissues and aorta
To dissect the tissues and aorta
To dissect the tissues and aorta
To dissect the tissues and aorta
To anesthesia and mechanical ventilation
To hold the suture before tight the aorta
To hold the suture before tight the aorta
To place a suture around the aorta
To help keep the animal in a proper position
To suture the animal
To serve as a molde of aortic constriction diameter
To anesthesia and mechanical ventilation
To suture the animal and to do the constriction
Skin antiseptic
PV loop Signal Aquisition
To control heart rate and blood saturation
To analyse the haemodynamic data
PV loop Signal Aquisition
To provide a better overview of the aorta
To perform the skin incision

To cut the suture in debanding surgery

To cut other material during the surgery e.g. suture, paper

To control animal corporal temperature

To ventilate the animal

maintain water temperature adequate to heat the P-V loop catheters



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Author(s):

PATRICIA GOUZALVES-RODRIGUES, DANIELA MITOMDI-SILVA, ADELINO F LEITE-PORGIM
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We thank the reviewers for their brilliant and detailed analysis of our work, which helped us to improve the manuscript. All the points raised by the reviewers were taken into account, and the manuscript was corrected accordingly ("track changes" in red, purple and in blue). Furthermore, we include below an answer where we outline, point by point, each change made as raised in the editor or reviewers' comments. We sincerely believe that the revised version will comply with their suggestions.

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We asked a native English speaker to revise the entire manuscript, and we hope this version is significantly improved.

2. Please define all abbreviations during the first-time use.

We have confirmed all the abbreviations.

3. Please remove all commercial language from your manuscript and use generic terms instead. All commercial products should be sufficiently referenced in the Table of Materials and Reagents. For example: Charles River, Spain, Fine Science Tools, Penlon Sigma Delta, TOPO Small Animal Ventilator, Kent Scientific Inc., vycril, SPR-1035. 1.4 F, Millar instruments, (MPVS 300, Millar Instruments, ML880 PowerLab 16/30, 241 Millar Instruments, etc

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telling someone how to do the technique (e.g., “Do this,” “Ensure that,” etc.). The actions should be described in the imperative tense in complete sentences wherever possible. Avoid usage of phrases such as “could be,” “should be,” and “would be” throughout the Protocol. Any text that cannot be written in the imperative tense may be added as a “Note.” However, notes should be concise and used sparingly.

- 6. The Protocol should contain only action items that direct the reader to do something.
- 7. Please add more details to your protocol steps. Please ensure you answer the “how” question, i.e., how is the step performed? For example, see below:
- 8. Lines 108-111: This can be converted to a note and the materials required can be moved to the materials table.

We have addressed all these remarks and significantly changed the methods to include action sentences (imperative tense) explained in more detail. Some parts of the text were converted to CRITICAL STEPS and NOTES.

9. 3.1: Do you check the depth of anesthesia?

10. 3.2: How is this done?

11. 3.6: Need more details on thoracotomy.

12. For all substeps in 3: Please include how is this done? Using what instrument?

13. 4, 5, 6, 7,8: Include how?

We always monitor anesthesia depth by checking the toe-pinch reflex. This information has been added to the revised version of the manuscript. We also added and clarified the details of thoracotomy and all the substeps of 3 (now 4).

14. 5.2: Step 2.6 is not present. Please check the step numbers.

All the step numbers have been reviewed.

15. Software steps must be more explicitly explained ('click', 'select', etc.). Please add more specific details (e.g. button clicks for software actions, numerical values for settings, etc.).

16. The Protocol should be made up almost entirely of discrete steps without large paragraphs of text between sections.

In the revised version of the manuscript, software steps were detailed and the long paragraphs in the method section were replaced by discrete and short sentences reporting to direct actions.

17. There is a 10-page limit for the Protocol, but there is a 2.75-page limit for filmable content. Please highlight 2.75 pages or less of the Protocol (including headings and spacing)

that identifies the essential steps of the protocol for the video, i.e., the steps that should be visualized to tell the most cohesive story of the Protocol.

We have highlighted in green the filmable content identifying the essential steps for the video protocol.

18. Please obtain explicit copyright permission to reuse any figures from a previous publication. Explicit permission can be expressed in the form of a letter from the editor or a link to the editorial policy that allows re-prints. Please upload this information as a .doc or .docx file to your Editorial Manager account. The Figure must be cited appropriately in the Figure Legend, i.e. "This figure has been modified from [citation]."

There are no figures from previous publications.

19. As we are a methods journal, please revise the Discussion to explicitly cover the following in detail in 3-6 paragraphs with citations:

- a) Critical steps within the protocol**
- b) Any modifications and troubleshooting of the technique**
- c) Any limitations of the technique**
- d) The significance with respect to existing methods**
- e) Any future applications of the technique**

The discussion has been dramatically reduced:

- 1. We created a table (Table 2) to summarise the critical steps and remove this information from the text.*
- 2. We removed an entire paragraph related to the aortic constriction procedure. Since we consider the focus of this paper to be the aortic debanding, rather than the banding procedure, we excluded this paragraph.*
- 3. An effort was made to keep the most relevant information and the topics a, b, c, d and e mentioned above by the editor.*

However, in order to address some reviewers' comments, we add some text to the discussion. So, if the editor finds interesting, we could transform the paragraph highlighting the changes between mice and rats into a table.

20. Please ensure that the references appear as the following: [Lastname, F.I., LastName, F.I., LastName, F.I. Article Title. Source. Volume (Issue), FirstPage – LastPage, (YEAR).] For more than 6 authors, list only the first author then et al. Please do not abbreviate the journal title.

21. Please remove the legends from the figures.

22. Figure 1,6: Please hide the commercial name: Prolene, Miller

23. Please revise the table of the essential supplies, reagents, and equipment. The table should include the name, company, and catalog number of all relevant materials in separate columns in an xls/xlsx file. Please alphabetically sort the materials table.

The material table has been updated according to the editor suggestions.

Reviewers' comments:

Reviewer #1:

In this methodological paper, Falcao Pires et al. has given a proper description of a rodent model of ascending aortic constriction-induced myocardial remodeling and debanding-evoked reverse remodeling. The subject of the presented manuscript (pressure overload-induced remodeling and pressure unloading-induced reverse remodeling) is currently a central issue in the field of cardiovascular medicine and animal models similar to that was described in the present study represent an adequate tool to mimic those alterations that occur after aortic valve replacement therapy (surgical or transcatheter). The description of the utilized model is adequate and the notes related to this model are important/helpful. The following comments should be addressed before accepting the manuscript for publication.

We thank the reviewer for the valuable remarks.

Comment 1: Fibrosis.

The authors claim in the introduction that myocardial fibrosis is irreversible after pressure unloading therapy. However, it is important to note that myocardial fibrosis can be subdivided into replacement and reactive fibrosis. Previous clinical studies have demonstrated that replacement fibrosis is indeed unable to regress. However, recent studies utilizing novel cardiac magnetic resonance imaging have revealed that reactive, diffuse fibrosis (including interstitial and perivascular fibrosis) is able to regress in the long term.

We agree with the reviewer comment. We added this information in the introduction (line 65 to 71).

Comment 2: Pressure-volume analysis.

The authors used an open chest pressure-volume (P-V) analysis method to assess left ventricular hemodynamics. Nevertheless, the closed chest P-V analysis technique (when the catheter is guided from the right carotid artery into the left ventricle) would be another solution. Is the closed chest technique feasible in ascending aortic constricted mice? If not, it should be mentioned as a limitation.

The close-chest approach to perform hemodynamic evaluation is a much more conservative approach and, often, preferable over the open-chest approach. However, in the particular case of ascending aorta constriction, the insertion of the catheter into the left ventricle through the carotid is not feasible due to the location of the banding before the carotid branches. Furthermore, in rats, we use a flow probe to accurate cardiac output, which is considered the gold-standard technique and impossible to perform in a closed-chest approached. Therefore, following the reviewer suggestion, we included this limitation in the discussion section (line 509-512).

Furthermore, one of the main advantage of P-V analysis is the possibility to measure load-independent contractility (e.g. slope of ESPVR, PRSW) and diastolic parameters (slope of EDPVR) by performing vena cava occlusion maneuver. This is of particular interest in case of aortic constriction, when the robust alteration in afterload makes the conventional parameters inadequate to characterize myocardial function. Can the author comment on it, why did they not measure these particular parameters?

We agree with the reviewer and recognize that the absence of load-independent parameters may be a study limitation. Nevertheless, we feel that hemodynamic and its derived parameters are not the emphasis of the paper as these represent a way to assess the cardiac function of the mice model of debanding, which is the focus of the paper. We did not perform these maneuvers because in mice we were not able to measure cardiac output and thus we could not do the alpha correction to transform conductance into volume (mL). In rats, this limitation does not exist as by placing the flow probe around the aorta it is easy to have cardiac output and thus work with the correct volumes. We include this as a limitation of the study (line 512-517).

The authors named LVEDP as an index of left ventricular stiffness, which is not 100% correct. Correspondingly, LVEDP is a valuable parameter of passive filling. However, the slope of EDPVR is traditionally used to describe chamber stiffness.

We agree with the reviewer and changed the text accordingly (line 372).

The SPR-847 (1.4 F) catheter was suggested to fit the best in rats. However, our experience suggests that SPR-838 (2F) is the most suitable in a big range of rat size (body weight from 200 grams to 600 grams).

Both catheters are similar as they share the main characteristics, the key difference is the major effective length on SPR-838. However, the distance between the electrodes is the same (0.5 mm with the distance between each pair of 9.0 mm, pressure sensor placed between the two pairs of electrodes). In our opinion both catheters are adequate and both are widely used in the cardiovascular field in rats, beyond our laboratory^{1, 2}.

The authors suggest to use the femoral vein for vena cannulation in rats. However, I would like to stress it out that the left jugular vein should be used in most cases in rats as well. During the injection of saline boluses (for parallel conductance calculation) the substance should find its way quickly to the left ventricle. Therefore, the cannula is most often guided from the left jugular vein into the right atrium. This ensures that the saline bolus immediately (after going through the pulmonary circulation) reaches the left ventricle.

The reviewer is correct. In fact, in our laboratory, different users are more skilled to catheterize each one of these three possible veins, directly into the paw, femoral or jugular vein. For obvious anatomic reasons when the jugular vein is cannulated the saline bolus circuit is smaller. However, to the best of our knowledge, the magnitude of the differences is not enough to interfere with the results. Furthermore, we used the same approach during an entire protocol and the same amount of saline bolus (to better control the blood hyperconductivity).

P-V derived LVESP was utilized to measure the afterload. However, P-V analysis makes it possible to calculate arterial elastance (an integrative parameter of arterial afterload) which would probably give a more appropriate estimation of afterload.

We added this information to the table1 in the manuscript.

Comment 3: Time course.

The clinical experience suggest that reverse remodeling occurs in two phases. Early after AVR/TAVI, regression of cardiomyocyte hypertrophy takes place. However, reactive fibrosis often regresses only in the long term. Therefore, an additional group would be of particular interest when reverse remodeling is assessed after a longer follow-up period. The authors should comment on this issue.

We agree that it will be of interest to extend this time to understand the existence of these two phases and thus we included some sentences in the discussion addressing the translation of our animal model to clinical context (Line 475).

In mice, we only evaluated cardiac function after two weeks of RR. However, among DEB animals, we were able to separate two subgroups with distinct structural and functional phenotypes: DEB1 with persistently increased E/E' and fibrosis with LV mass regression; and DEB2 with E/E' , fibrosis and LV mass normalization. Both showing cardiomyocytes hypertrophy. Moreover, RNA sequence showed that DEB1 subgroup showed a higher number of dysregulated ECM related genes, which corroborates the phenotype findings (manuscript in preparation).

Comment 4: Echocardiography

The authors wrote that during echocardiographic measurement it is critical to maintain the heart rate over 300. Although, it is true I would suggest to give an even more strict range (e.g. between 300-350 beats/min). According to my experience, substantial differences could be observed in left ventricular function in case of 300 and 400 beats/min as well.

We agree with the reviewer that heart rate has a profound impact on systolic and diastolic function. Nevertheless, in this particular case, as aortic banding induces a hypercontractile state, the reduction of heart rate to values similar between groups, will induce a strong cardiodepression in the banding group that will impact systolic and diastolic function, masking possible physiological differences among groups. We usually prefer to assess initially the heart rate of each animal under light anesthesia and then we try to stay close to those initial values.

Following the reviewer suggestion, we changed this in the paper (line 255).

Also on the representative captures demonstrating E/A ratio it is difficult to see the differences between sham and aortic banded rats. This should be improved.

In fact we did not found statistically differences amount groups on E/A ratio (as depicted in table1 and represented in the figure). Echocardiographycally the only diastolic parameter affected by aortic constriction was E/E', mainly due to myocardial hypocontractility.

Reviewer #2:

Manuscript Summary:

The manuscript describes a banding-debanding model of the aorta in mice (and rats). This is a technically challenging model and a video-illustration will be valuable for researchers wishing to establish this model to study reverse myocardial remodeling, in addition to the existing published descriptions.

We thank the reviewer for the valuable comments.

Major Concerns:

The authors recommend using a polypropylene suture for the aortic banding (7-0 in line 148 and 6-0 in line 308). The authors discuss the phenomenon of suture internalization (lines 361-371) as described by C. A. Lygate et al. (ref 15). In our similar publication (Bjørnstad JL, Skrbic B, Sjaastad I, Bjørnstad S, Christensen G, Tønnessen T. A mouse model of reverse cardiac remodelling following banding-debanding of the ascending aorta. *Acta Physiol* 2012;205:92-102), we also experienced this phenomenon and advocated the use of a silk suture. Even though the silk suture creates more scar tissue at the banding site, a more stable degree of pressure overload is achieved leaving at better starting-point before debanding to study reverse remodelling. Partial internalization of the polypropylene suture also increases the risk of fatal bleeding during debanding, and I would still recommend researchers to use a silk suture in a banding-debanding model of the aorta in mice.

First, we would like to congratulate the reviewer for the amazing paper that was central to this field and therefore a cornerstone to our research.

In the beginning, we used silk to perform the constriction due to its natural characteristics and considering that it slides less after tightening the knot. However, as silk is a multifilament suture, it imposes increased time and difficulty to loosen the knot during the debanding surgery. Nevertheless, we realized that its use is associated with a smaller percentage of suture internalization. The next obvious choice would be polypropylene, even if this material is more slippery. We overcame this problem by using a double surgeon's knot followed by a simple knot. Both knots were performed simultaneously around the 26-gauge needle. To be as fast as possible we used a long suture and held the 2nd knot with two hemostats allowing to tighten the 2nd knot quickly.

Concerning suture internalization in rats, we surpassed this issue by using a smaller polypropylene suture size for banding (6-0). Also, when this phenomenon was observed, aortic gradients decreased and, therefore, the animals had to be excluded. These small technical issues are widely protocol-and-operator-dependent, and these variations are not incompatible with good technical practices and reproductive results (Table 2).

It seems that the authors in the description of the surgery advocate using a left lateral thoracotomy for both banding and debanding. In our study, we advocated using a left lateral thoracotomy for the banding and a sternotomy for the debanding to reduce the rate of complications due to adhesions. In the discussion (lines 355-358), the use of a mini-

sternotomy is advocated. This should be pointed out also under the description of the surgery.

In the beginning of our surgical training, we used thoracotomy for the debanding surgery. However, later on, we found that mini left-side thoracotomy seemed to be preferable due to its less invasive and its shortest recovery time. Also, we observed that mini left-side thoracotomy improved the success of the open-chest hemodynamic performed two weeks later (Table 2).

The authors use Doppler aortic flow velocities above 2.5 m/s corresponding to a pressure gradient of 25 mmHg as cut-off to verify successful banding and debanding (line 212 and 277). We used 3 m/s corresponding to a pressure gradient of 36 mmHg as cut-off to verify successful banding and did not see any signs of increased velocities at the banding site following debanding in virtually any animal and no measurable gradient in any animal. However, we used silk suture for the banding and were careful to remove constricting fibrosis during debanding surgery to see a normalization of the aortic wall. In my opinion a narrow cut-off point of above 25 mmHg before debanding and below 25 mmHg after debanding seems inadequate. Following debanding the velocity at the constriction site should be similar to the velocity at the level of the aortic valve/root. The authors advocate heart rate above 400 beats per minute corresponding to light anesthesia and in my experience this would usually correspond to 1 m/s flow velocity at the level of the aortic valve/root. In figure 5A this velocity in sham operated animals is only 0.5 m/s. 2.5 m/s at the banding site and 0.5 m/s at the level of the aortic valve/root indicates in my opinion probably a significant stenosis and cardiodepression due to the depth of anesthesia.

We have to be honest and inform the reviewer that our lab echocardiographic equipment is not able to measure velocities above 2.5 m/s. Therefore, we recognise this is a study limitation. At the debanding surgery, we only removed the suture, not fibrosis, and the normalization of the aortic flow velocities was often partial but never reached the 2.0 m/s. Due to this equipment limitation, our flow velocities measurements were not quantitative. We only evaluate aortic flow (together with 2D color Doppler) to assess the constriction and compare it between groups. Therefore, the position and angle of the echo probe was not very accurately adjusted but just the enough to confirm the lower velocities in the sham groups images. The probe was not placed at the aortic root since the turbulent aortic flow in banding and thus the increases velocities occur at the point and immediately after the constriction. Before constriction, the velocities are lower than normal because as the blood has to go through a narrow space, it accumulates upstream. Your concern regarding the lower aortic velocities in sham are legitimate and a cardiodepression induced by over-anaesthesia could indeed reduce aortic velocities in parallel to decreased inotropy. However, chronotropism seems to be maintained as the heart rate in this image does not seem to be lower than normal.

Minor Concerns:

Line 35: The authors state that they have developed a banding-debanding model. As the model already is described previously I do not find the word "developed" appropriate. We agree with the reviewer and toned down our words.

Line 128: "Ascending aortic banding surgery (Rockman's technique)". Howard Rockman described in 1991 the model of transverse aortic constriction, not the ascending aorta.

The reviewer is correct. All the surgical procedure is similar, but the constriction is in a different aortic location. We added references reporting ascending aorta constriction.

Line 212: TPreparation of the** she phrase "by using both pulse wave Doppler" is not meaningful.**

The text was changed accordingly.

1. Janssen SP, Gayan-Ramirez G, Van den Bergh A, Herijgers P, Maes K, Verbeken E and Decramer M. Interleukin-6 causes myocardial failure and skeletal muscle atrophy in rats. *Circulation*. 2005;111:996-1005.
2. Kim KH, Kim HK, Chan SY, Kim YJ and Sohn DW. Hemodynamic and Histopathologic Benefits of Early Treatment with Macitentan in a Rat Model of Pulmonary Arterial Hypertension. *Korean circulation journal*. 2018;48:839-853.