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## An enhanced green fluorescence protein-based assay for studying the neurite outgrowth in primary neurons

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Corresponding Author:	Kwok-Fai Lau HONG KONG
Corresponding Author's Institution:	
Corresponding Author E-Mail:	kflau@cuhk.edu.hk
Order of Authors:	Wai Wa Ray Chan Wen Li Dik Long Dennis Chau Kwok-Fai Lau
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**TITLE:**

An Enhanced Green Fluorescence Protein-Based Assay for Studying Neurite Outgrowth in Primary Neurons

**AUTHORS AND AFFILIATIONS:**

Wai Wa Ray Chan<sup>1\*</sup>, Wen Li<sup>1,2\*</sup>, Dik Long Dennis Chau<sup>1\*</sup>, Kwok-Fai Lau<sup>1</sup>

<sup>1</sup>School of Life Sciences, The Chinese University of Hong Kong, Hong Kong Special Administrative Region, China

<sup>2</sup>Shenzhen Institutes of Advanced Technology, Chinese Academy of Sciences, Shenzhen, Guangdong Province, China

\*These authors contributed equally.

Corresponding Author:

Kwok-Fai Lau ([kflau@cuhk.edu.hk](mailto:kflau@cuhk.edu.hk))

Email Addresses of Co-authors:

Wai Wa Ray Chan ([raychan@link.cuhk.edu.hk](mailto:raychan@link.cuhk.edu.hk))

Wen Li ([wen.li1@siat.ac.cn](mailto:wen.li1@siat.ac.cn))

Dik Long Dennis Chau ([denniscdl@link.cuhk.edu.hk](mailto:denniscdl@link.cuhk.edu.hk))

**KEYWORDS:**

Enhanced green fluorescent protein, ImageJ, microscopy, neurite outgrowth, primary neurons, transfection

**SUMMARY:**

In this report, we describe a simple protocol for studying neurite outgrowth in embryonic rat cortical neurons by co-transfecting with EGFP and the protein of interest.

**ABSTRACT:**

Neurite outgrowth is a fundamental event in the formation of the neural circuits during nervous system development. Severe neurite damage and synaptic dysfunction occur in various neurodegenerative diseases and age-related degeneration. Investigation of the mechanisms that regulate neurite outgrowth would not only shed valuable light on brain developmental processes but also on such neurological disorders. Due to the low transfection efficiency, it is currently challenging to study the effect of a specific protein on neurite outgrowth in primary mammalian neurons. Here, we describe a simple method for the investigation of neurite outgrowth by the co-transfection of primary rat cortical neurons with EGFP and a protein of interest (POI). This method allows the identification of POI transfected neurons through the EGFP signal, and thus the effect of the POI on neurite outgrowth can be determined precisely. This EGFP-based assay provides a convenient approach for the investigation of pathways regulating neurite outgrowth.

**INTRODUCTION:**

Neurites, including both axons and dendrites, are the projections from neurons involved in the establishment of the neural networks. The dynamic outgrowth of neurites is essential for

neurodevelopment. However, the underlying regulatory mechanisms underneath remain unclear. In particular, neurite damage is often observed in various neurodegenerative diseases and after brain injuries<sup>1</sup>. Therefore, investigation of the roles of putative molecules in various neurite outgrowth regulatory pathways would improve our understanding of the process. Moreover, it may reveal novel therapeutic targets for various neurological disorders. Neuronal cell lines are valuable models for studying neuronal processes including neurite outgrowth as they are easy to manipulate and transfect<sup>2,3</sup>. However, genetic drift has been reported to occur in some commonly used cell lines, which could lead to variations in their physiological responses<sup>4</sup>. Moreover, differential protein expression has been shown between neuronal cell lines and primary neurons. For instance, PC12, a neuronal cell line derived from rat adrenal gland that is widely used for studying neurite outgrowth<sup>2,3</sup>, does not express NMDA receptors<sup>5</sup>. Furthermore, it has been proposed that the reduced responsiveness of the mouse neuroblastoma line neuro-2a to neurotoxins in comparison to primary neurons is due to the lack of expression of certain membrane receptors and ion channels<sup>6</sup>. Therefore, primary neurons are a more desirable and representative model for the investigation of neurite outgrowth. However, the use of primary neurons is hindered by their low transfection efficiency<sup>7</sup>.

Here, we describe a method that involves the co-transfection of the protein of interest (POI) and EGFP to primary rat cortical neurons. The EGFP acts as a morphological marker for the identification of successfully transfected neurons and permits the measurement of neurites. We validated this method by using compounds/molecules that have been reported to modulate neurite outgrowth. Moreover, FE65, a neuronal adaptor protein that has been shown to stimulate neurite outgrowth, was used to illustrate this approach<sup>8,9</sup>. This protocol involves (1) the isolation of primary cortical neurons from embryonic day 18 (E18) rat embryos, (2) the co-transfection of neurons with EGFP and the POI (FE65 in this study) and (3) the imaging and analysis of the neurons by using the image processing software ImageJ with the NeuronJ plugin<sup>10,11</sup>.

## **PROTOCOL:**

All procedures followed were in accordance with the ethical standards of the animal experimentation ethics committee of the Chinese University of Hong Kong.

### **1. Preparation of coverslips**

- 1.1. Place a sterile 18 mm circular coverslip into each well of a 12-well tissue culture plate.
- 1.2. Coat the coverslip with 5 µg/mL poly-D-lysine solution in a humidified 37 °C incubator for at least 1 h.
- 1.3. Aspirate the poly-D-lysine solution from the tissue culture plate and rinse the coated coverslips once with sterile water.

### **2. Rat embryonic neuron dissection**

- 2.1. Sacrifice a timed-pregnant Sprague-Dawley rat at a gestational age of 18 days (E18) by

either cervical dislocation or CO<sub>2</sub> asphyxiation.

NOTE: Please check local regulations for the sacrifice of pregnant rats.

2.2. Open the abdominal cavity of the pregnant rat with dissecting scissors and transfer the uterus to a 10 cm Petri dish.

2.3. Open the uterus and the amniotic sac carefully with small dissecting scissors and remove the placenta from the rat embryo using small dissecting scissors. Transfer the whole embryo to a 10 cm Petri dish with pre-chilled phosphate buffered saline supplemented with glucose (PBS-glucose, 10 mM sodium phosphates, 2.68 mM potassium chloride, 140 mM sodium chloride and 3 g/L glucose) using a pair of small forceps.

2.4. Cut along the sagittal suture of the skull and open it carefully with a pair of small dissecting scissors. Transfer the embryonic brain with a small flat spatula to a 10 cm Petri dish with ice-cold PBS-glucose.

2.5. Separate the two cerebral hemispheres from the cerebellum and brain stem using two #5 tweezers under a dissection microscope.

NOTE: Please see reference<sup>12</sup> for the structure of the rat brain.

2.6. Remove the meninges using the #5 tweezers.

2.7. Isolate the cortex from the cerebral hemispheres with two straight #5 tweezers.

2.8. Transfer the isolated cortex to ice-cold PBS-glucose in a 15 mL centrifuge tube.

### **3. Primary cortical neuron culture**

NOTE: All procedures in steps 3 and 4 are performed inside a Class II Biosafety cabinet.

3.1. Settle the isolated cortex by gravity at 4 °C for 5 min and aspirate the PBS-glucose.

3.2. Add 1 mL of 0.05% Trypsin-EDTA to the isolated cortex and mix gently by tapping and incubate the tissue in a 37 °C water bath for 10 min to allow enzymatic digestion. Tap the tube gently to mixing every 2 min.

3.3. Add 4 mL of maintenance medium (e.g., Neurobasal Medium) to the tissue/trypsin mixture.

NOTE: All the maintenance medium used in this protocol is supplemented with Penicillin-Streptomycin and B-27 supplement<sup>13</sup>.

3.4. Dissociate the tissue gently by trituration using a 1 mL pipette.

3.5. Pellet the dissociated cells by centrifugation at 200 x *g* for 5 min. Aspirate the

supernatant.

3.6. Repeat steps 3.5 to 3.7 twice.

3.7. Resuspend the cell pellet in 1 mL of maintenance medium.

3.8. Add 10  $\mu$ L of 0.4% Trypan Blue solution to 10  $\mu$ L of cell suspension for counting of viable cells by a hemocytometer.

3.9. Plate the neurons at a density of 65,000/cm<sup>2</sup> (viable cells) in 1 mL of maintenance medium per well in a 12-well plate.

#### **4. Cell transfection and fixation**

4.1. At 2 days in vitro (DIV2), transfect 0.5  $\mu$ g of EGFP construct (pEGFP-C1) to neurons together either with or without of 0.5  $\mu$ g of POI by using 1  $\mu$ L of transfection reagent (e.g., Lipofectamine 2000). Use manufacturer's instructions.

NOTE: Mammalian expression constructs were prepared by using an endotoxin free plasmid preparation kit. Treatment with chemicals/molecules (in this manuscript cytochalasin D (Cyto D) and nerve growth factor (NGF) were used) can be done at 6 h after transfection.

4.2. Aspirate the culture medium 24 h post-transfection and wash the transfected cells once with 37 °C PBS (10 mM sodium phosphates, 2.68 mM potassium chloride, 140 mM sodium chloride).

4.3. Fix the cells with 4% paraformaldehyde in PBS for 10 min in the dark at room temperature.

4.4. Wash the fixed cells three times with PBS.

4.5. Add a minimal amount of fluorescence mounting medium on a microscope glass slide. Carefully transfer the coverslip from the 12-well plate onto the mounting medium with the sample facing the glass slide.

NOTE: Seal the edge of the coverslip with nail polish if an aqueous mounting medium is used.

#### **5. Measurement of neurite outgrowth**

5.1. Use a 40x objective for capturing images using an epi-fluorescent microscope.

5.2. Capture images from at least 40 intact neurons with EGFP signal per transfection.

5.3. Open the captured image in ImageJ software with the NeuronJ plugin<sup>11</sup> to measure the length of the longest neurite, from the cell body to the tip of the growth cone, of each imaged neuron.

5.4. Analyze the data obtained with the software to determine the effect of the targeted proteins in neurite outgrowth.

#### REPRESENTATIVE RESULTS:

To test this methodology, we used Cyto D and nerve growth factor NGF, which have been shown to inhibit and stimulate neurite outgrowth respectively<sup>14-16</sup>. The neurite length of neurons transfected with EGFP were measured after treatment with Cyto D or NGF. The transfection efficiency of EGFP to the neurons was 2.7% (1,068 neurons counted). As shown in **Figure 1A**, Cyto D suppressed neurite extension in a dose-dependent manner. Conversely, neurite outgrowth was potentiated in the neurons treated with NGF (**Figure 1B**).

Next, we investigated the utility of this system by transfecting the neuronal adaptor FE65, which has been shown to promote neurite outgrowth. Primary rat cortical neurons were co-transfected with FE65 and EGFP. Despite the low transfection efficiency, immunofluorescence analysis revealed that over 80% of the neurons were successfully co-transfected with EGFP and FE65 (**Figure 2A**). Similar to previous reports<sup>8,9</sup>, FE65 significantly stimulated the neurite outgrowth by 2x (**Figure 2B**). We also analyzed the expression of EGFP and FE65 at different time points by Western blot analysis. As shown in **Figure 2C**, EGFP and FE65 were detected 6 h and 12 h post-transfection, respectively. Similar expression levels of the proteins were observed in 1 d to 7 d post-transfection neurons. This indicates that the analysis of neurite outgrowth could be done as early as 6 h post-transfection or in more mature neurons. Together, this data suggest that the mentioned protocol is suitable for determining the role of putative neurite outgrowth regulatory proteins by classical transfection.

We also monitored the effect of gene dosage on neurite outgrowth by transfecting primary rat cortical neurons with different amounts of FE65 plasmid DNA. As shown in **Figure 2D**, a dose-dependent increase in neurite extension was observed from 0 – 0.5 µg of FE65 plasmid DNA. However, there was no significant difference between neurons transfected with either 0.5 µg or 1 µg of plasmid DNA (**Figure 2D**).

#### FIGURE AND TABLE LEGENDS:

**Figure 1: Neurite outgrowth is modulated by Cyto D and NGF.** E18 rat cortical neurons were transfected on DIV2 with an EGFP expression vector. 6 h post-transfection, the cells were treated with (A) 0-0.5 µg/mL Cyto D or (B) 0-100 ng/mL NGF for 24 h. Then the neurons were fixed and imaged accordingly. Images were captured with 40x objective using an epifluorescence microscope and the length of the longest neurite from the cell body to the tip of the growth cone was measured by using ImageJ with the NeuronJ plugin. Three independent experiments were performed and at least 40 neurons were measured in each group. The bar chart showed the fold change in mean neurite length. Unpaired t-test was adopted for the statistical analysis. \*p<0.001, \*\*p<0.05 Error bars were S.E.M.

**Figure 2: FE65 stimulates neurite outgrowth.** E18 rat cortical neurons were transfected on DIV2 with either empty vector control (EV) or FE65 together with an EGFP expression vector. Cells were fixed and imaged 24 h after transfection. (A) The transfected neurons were counterstained with anti-FE65 antibody and the number of cells with EGFP or FE65 singly transfected and EGFP + FE65 co-transfected were counted. Three independent experiments were performed and at least 100 cells were counted in each experiment. Data were expressed

as the percentage of cells with EGFP and EGFP + FE65 signals. \* $p < 0.001$  Error bars were S.D. (B) The length of the longest neurite from the cell body to the tip of the growth cone was measured by using ImageJ with the NeuronJ plugin. Representative neuron images were shown in the right panel. FE65 was stained by a goat anti-FE65 antibody as described<sup>8,17</sup>. Three independent experiments were performed and at least 40 neurons were measured per transfection. The bar chart showed the fold change in mean neurite length. The data were analyzed by unpaired t-test. \* $p < 0.001$  Error bars were S.E.M. Scale bar was 10  $\mu\text{m}$ . (C) Western blot analysis of the expression of levels of EGFP and FE65 at the post-transfection time points as indicated. EGFP and FE65 were detected by mouse anti-GFP and anti-myc (to FE65 C-terminal myc tag), respectively. (D) The average neurite length of neurons transfected with various amounts of FE65 plasmid DNA as indicated. Statistical analyses were performed using one-way ANOVA tests with Bonferroni post-hoc test. \* $p < 0.001$ , \*\* $p < 0.05$ . Error bars were S.E.M. Scale bar was 10  $\mu\text{m}$ .

## DISCUSSION:

As stated before, PC12 and its subclones are widely employed for studying neurite extension because they have excellent transfection efficiency<sup>2,3</sup>. In contrast, primary neurons have a low transfection rate, which is a major obstacle for studying neurite outgrowth regulators by transfection<sup>7</sup>. Here, we describe a convenient protocol for quantifying neurite outgrowth in primary neurons. Despite the low overall transfection efficiency, more than 80% of the transfected neurons were successfully co-transfected with the two proteins: FE65 and EGFP (Figure 2A). Therefore, by analyzing the EGFP labelled neurons, the effect of FE65 on neurite outgrowth could be precisely determined (Figure 2B).

Another advantage of the EGFP-based approach described is that immunofluorescence staining can be omitted. Immunofluorescence staining of Tuj 1, a neuron-specific class III  $\beta$ -tubulin, is widely employed as a morphological marker when studying neurite elongation<sup>18-21</sup>. In addition to Tuj 1, staining of the POI is required for the identification of transfected neurons<sup>19,22,23</sup>. It is known that the consistency of immunofluorescence staining, which is crucial for neurite outgrowth measurement, is affected by many factors including sample preparation and antibodies<sup>24</sup>. Hence, the overall simplicity of the EGFP-based method could improve the accuracy of the assay.

In our protocol, neurons are fixed for neurite measurement 24 h post-transfection. Thus, neurons are exposed to the transfection reagent for 24 h. It is long known that transfection reagents are toxic to cells<sup>25</sup>. If the effect of the POI on neurite extension needs to be determined beyond DIV3, fresh medium replenishment may help to minimize the toxicity. Moreover, alternative gene delivery methods may be considered such as  $\text{Ca}^{2+}$  phosphate co-precipitation and nucleofection, both of which are shown to have a less toxic effect to cells<sup>26</sup>. Additionally, we show here that the highest effect of FE65 on neurite outgrowth is observed in the neurons transfected with that 0.5  $\mu\text{g}$  of FE65 and 0.5  $\mu\text{g}$  of EGFP plasmids by using 1  $\mu\text{L}$  of transfection reagent. For other POIs, the optimal amounts of plasmid DNA and transfection reagents should be determined as proteins have widely different turnover rates.

In addition to gene delivery method, cell density is another critical parameter to be considered. If the neuron density is too high, it becomes difficult to identify the origins of neurites as they would overlap with each other. Although plating cells at a low density may

resolve the issue, the survival of primary neurons would be significantly reduced at a low cell density<sup>27</sup>. Primary rat hippocampal neurons have been shown to grow healthily at the density between 40,000 to 100,000/cm<sup>2</sup><sup>28</sup>. In this protocol, a density of 65,000/cm<sup>2</sup> of rat cortical neurons is used. Nevertheless, it is important to determine the appropriate cell density for different types of neurons under different experimental conditions.

The neurite measurement of developing rat primary neurons (i.e., DIV3 neurons) is described here. However, more mature neuronal phenotypes can be observed in neurons beyond DIV3<sup>29</sup>. As the effects of POIs or drugs on neurite extension in mature neurons may be different from the developing neurons, investigation by using neurons from different stages would provide a more comprehensive perspective. It is worth noting that we were still able to observe EGFP expression in the neurons 7 d post-transfection. This may facilitate the study of POIs or drugs on neurite outgrowth in mature neurons.

Human induced pluripotent stem cell (hiPSC)-derived neurons are valuable tools in identification of novel therapeutic approaches. For instance, investigation of neurite outgrowth in these cells could reveal novel targets in neuroregeneration as the use of hiPSC-derived neurons avoids the species differences. Similar to primary rodent neurons, hiPSC-derived neurons are difficult to transfect<sup>30</sup>, which may reduce the co-transfection efficiency of EGFP and the POI. Hence, the use of polycistronic mammalian expression vectors could ensure that all the transfected cells express the entire set of transfected genes including EGFP and POIs. Additionally, alternative gene delivery methods, such as electroporation, may improve transfection efficiency. Again, cell viability is an issue which needs to be considered when using such gene delivery approaches.

It is known that the rat embryonic brain cortex contains different types of neurons including spiny stellate neurons, bipolar neurons and long-projecting neurons<sup>31</sup>. While this protocol stated here can reveal the general effect of POIs on neurite outgrowth, it is possible that the same POI may exhibit different responses in different types of neurons. For example, myostatin increases the number of sensory axons but not that of motor axons<sup>32</sup>. In such a scenario, modification of the protocol is necessary, such as prior isolation of specific types of neurons by flow cytometry. Alternatively, specific neuronal marker antibodies may be used for the identification of the required types of neurons during imaging.

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#### DISCLOSURES:

The authors declare that they have no conflicts of interest with the contents of this article.

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Figure 1

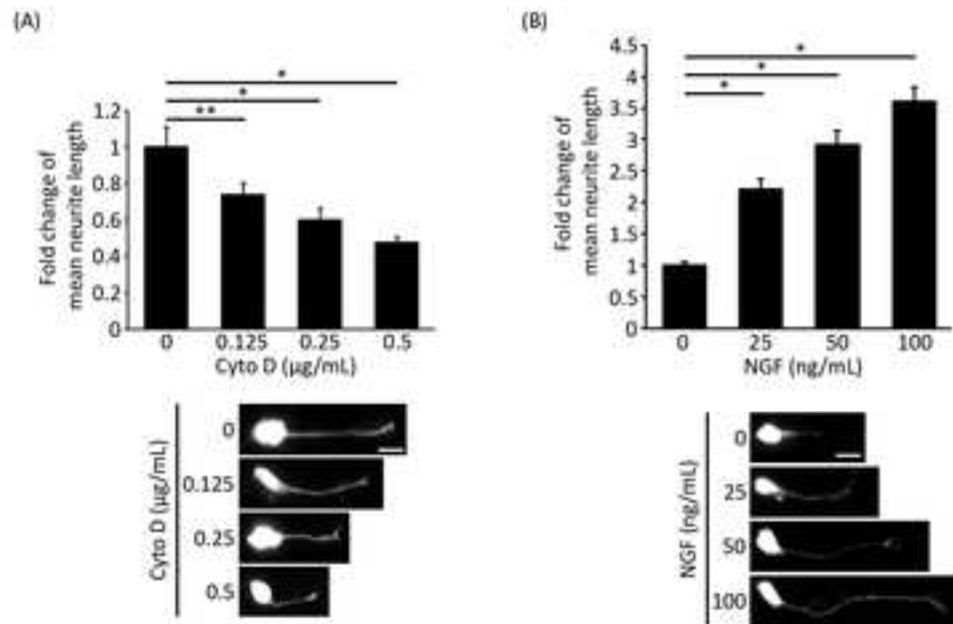
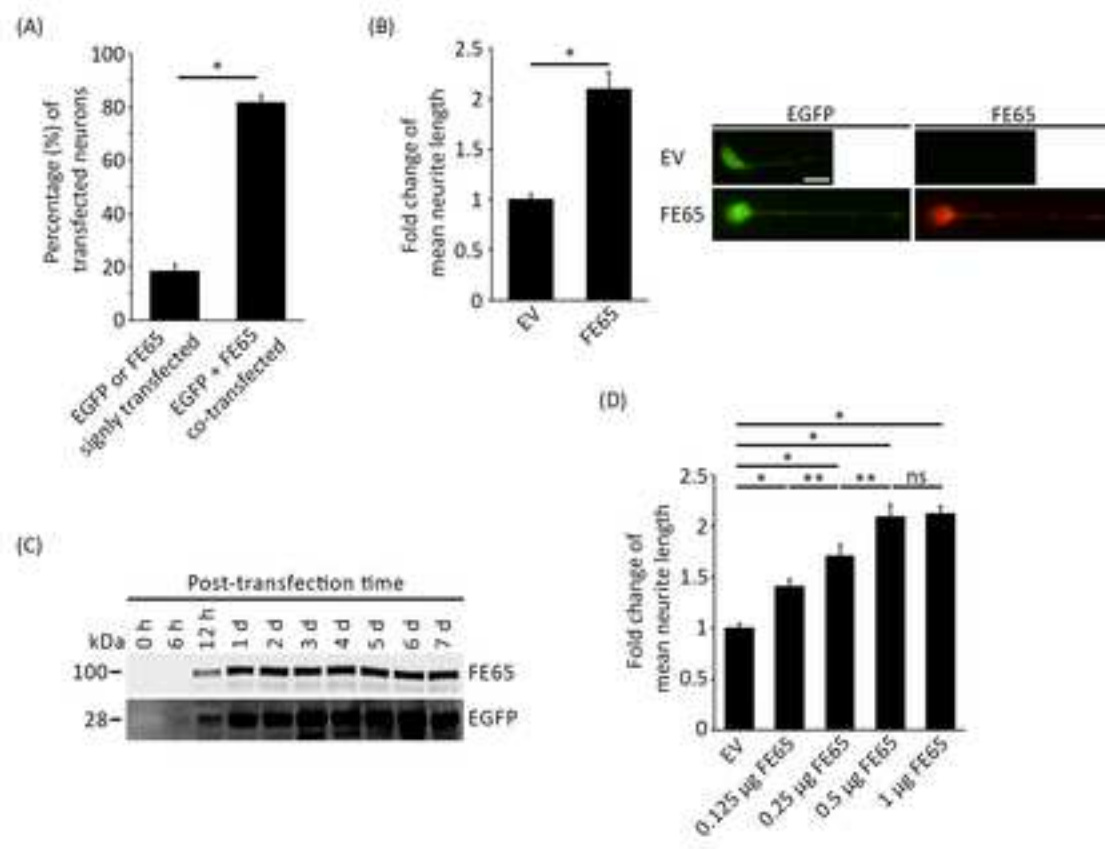


Figure 2



<b>Name of Material/ Equipment</b>	<b>Company</b>	<b>Catalog Number</b>
#5 tweezers	Regine	5-COB
18 mm Circle Cover Slips	Thermo Scientific	CB00180RA
B27 Supplement	Gibco	17504044
Cytochalasin D	Invitrogen	PHZ1063
D-(+)-Glucose	Sigma-Aldrich	G8270
Dimethyl Sulfoxide	Sigma-Aldrich	D2650
Dissecting Scissors, 10 cm	World Precision Instruments	14393
Dissecting Scissors, 12.5 cm	World Precision Instruments	15922
EndoFree Plasmid Maxi Kit	QIAGEN	12362
Fluorescence Mounting Medium	Dako	S302380
Lipofectamine 2000 Transfection Reagent	Invitrogen	11668019
Neurobasal Medium	Gibco	21103049
NGF 2.5S Native Mouse Protein	Gibco	13257019
Nugent Utility Forceps, 10mm, Straight Tip	World Precision Instruments	504489
Paraformaldehyde	Sigma-Aldrich	P6148
pEGFP-C1	Clontech	#6084-1
pCI FE65		
PBS Tablets	Gibco	18912014
Penicillin-Streptomycin	Gibco	15140122
Poly-D-lysine hydrobromide	Sigma-Aldrich	P7280
Spatula	Sigma-Aldrich	S4147
Trypsin-EDTA (0.05%), phenol red	Gibco	25300062
Trypan Blue Solution, 0.4%	Gibco	15250061

**Comments/Description**

Sterilize before use.

Dissolved in DMSO.

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### CORRESPONDING AUTHOR

Name:

Kwok-Fai Lau

Department:

School of Life Sciences

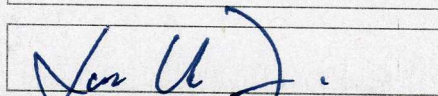
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MS ID: JoVE60031R1

MS TITLE: An enhanced green fluorescence protein-based assay for studying the neurite outgrowth in primary neurons

Dear Dr. Nguyen,

Thank you for communicating with us about the situation of our manuscript. As suggested in your email dated 24 June 2019, we have revised our manuscript according to the comments from reviewers #5, #6 and #7. To facilitate the review process, our responses to the first review from reviewers #1, # 2, # 3 and #4 are also included.

### **Reviewer #5**

#### *Major Concerns:*

*1. The method of immuno-staining of FE65 must be described in PROTOCOL.*

Thank you for the suggestion the immuno-staining protocol for FE65 has been described in our other publications. We have now included the references for the immuno-staining protocol for FE65.

*2. The method of analysis how to trace the neurite and how to quantify the length of neurite by ImageJ and NeuronJ must be described in PROTOCOL.*

Thank you for the suggestion. Similar concern is also raised by reviewer #2. As stated in our response to reviewer #2, we shall include a video during JoVE video preparation to illustrate how we perform neurite measurement by using ImageJ (with NeuronJ plugin).

*3. Transfection rate (percentage in total neurons) of EGFP-expressing cells must be mentioned in REPRESENTATIVE RESULTS.*

Thank you for the suggestion. We have now included the transfection rate information. Please refer to lines 197-199 of the manuscript.

#### *Minor Concerns:*

*1. The information of plasmid vector must be described.*

Thank you for the suggestion. We have now included the information of the plasmid vectors in the material list.

### **Reviewer #6**

#### *Major Concerns:*

*1. Authors raised the essential problem for neurite outgrowth analysis is low efficiency of transfection. However, this study does not deal with increasing neuronal transfection efficiency.*

Similar concern is raised by reviewer #3. As stated in our response to reviewer #3, our protocol is not attempted to improve the transfection efficiency of primary neurons. Instead, it provides an easy way for the identification of the neurons which has been transfected with a protein of interest (POI) by co-transfecting with EGFP. Since our data has suggested that (Figure 2A) the co-transfection efficiency (not general transfection efficiency) of a POI (FE65) and EGFP is around 80%, most EGFP transfected primary

neurons should also be co-transfected with the POI. Therefore, the effect of POI on neurite outgrowth could be determined by measuring the neurite length of the EGFP labeled neurons.

*2. If a protein of interest (POI) is intracellular one, its expression plasmid needs to be transfected. In this case a GFP or RFP plasmid can be co-transfected to identify transfected cells as was done here.*

Thank you for the comment. We agree with reviewer #6 that the protocol stated in this manuscript can be modified to facilitate different applications in different laboratories.

*However, this idea is not new. Also, it is far better to identify the transfected cells by staining with antibody against POI. EGFP affects neuronal health.*

As suggested by the editor, novelty is not a requirement for publication in JoVE.

*3. If a POI is extracellular, transfection is not necessary. One only needs to stain cells with neuron-specific antibodies.*

Thank you for the comment. We agree with reviewer #6 that transfection is not necessary if a POI is extracellular. We are not attempted to provide a protocol to replace the classical approaches. Instead, our protocol provides an alternative way for studying neurite outgrowth in primary neurons in particular for intracellular proteins. We have compared our protocol and the classical staining approach for neurite outgrowth study. Please see discussion section paragraph 3.

#### *Minor Concerns:*

*1. Neuronal images shown in the figures are unusual in that their differentiation is too slow. DIV 3 neurons (transfected on DIV 2) grown on a PDL-coated coverslip usually differentiate into stage II with axons and dendrites. However, the illustrated images show only one neurite.*

Thank you for the comment. We agree with reviewer #6 dendrites are difficult to see from the neuronal images. As EGFP signal is strong in the cell bodies, we took images with relatively low exposure. This facilitates the identification of the cell body boundary which is crucial in the measurement of neurite length. Although they are difficult to see, some faint dendrites can be observed in the enlarged images.

*2. Instead of WB (Fig. 2C), immunocytochemistry and densitometry should be employed, to track the temporal expression of proteins from transfected cells. As authors mentioned efficiency of neuronal transfection is very low. Therefore, WB results in relatively crude results than immunocytochemistry.*

Thank you for the comment. The purpose of Western blots for EGFP and FE65 is to illustrate that the expression of the proteins at different time points. Therefore, the analysis of neurite outgrowth could be done as early as 6h post-transfection or in more mature neurons. We agree with reviewer #6 that immunocytochemistry and densitometry can also be employed to track temporal expression of proteins from transfected cells.

#### **Reviewer #7**

#### *Minor Concerns:*

*1. If any, fluorescence images of cortical neurons should be added.*

Thank you for the comment. Fluorescence images of cortical neurons have been shown in Figs 1A and 1B (EGFP) and Fig 2B (both EGFP and FE65)

*2. Which enzymes were used to dissociate cortical neurons before trituration process, please you explain?*

Thank you for the comment. Trypsin (0.05% Trypsin-EDTA solution), a widely employed proteolytic enzyme for cell and tissue dissociation, is used to dissociate cortical neurons before trituration process. We have now stated the information more clearly in protocol section 3.3.

*3. The authors should add references to the protocol section.*

Thank you for the comment. We have updated the references throughout the manuscript including the protocol section.

**Below please see our responses to the comments from the editorial, reviewers #1, #2, #3 and #4 of the first review.**

**Editorial comments:**

*1. Please take this opportunity to thoroughly proofread the manuscript to ensure that there are no spelling or grammar issues. The JoVE editor will not copy-edit your manuscript and any errors in the submitted revision may be present in the published version. Please employ professional copyediting services if needed.*

Thank you for the suggestion. We have carefully revised the manuscript.

*2. All methods that involve the use of human or vertebrate subjects and/or tissue sampling must include an ethics statement. Please provide an ethics statement at the beginning of the protocol section indicating that the protocol follows the guidelines of your institution.*

An ethics statement is added accordingly. Please refer to lines 89-90 of the manuscript.

*3. 2.2: Please describe how to isolate the embryos.*

We have now included a section to describe rat embryo isolation. Please refer to lines 103-119 of the manuscript.

*4. Please specify all surgical tools used throughout the protocol.*

The surgical tools used are now included in both the protocol and the material list.

*5. 4.4: At what temperature are the cells fixed?*

The temperature for fixing the cells is now included. Please refer to lines 214-215 of the manuscript.

*6. Discussion: As we are a methods-based journal, please discuss critical steps in the protocol, modifications and troubleshooting of the method, and limitations of the method.*

Thank you for the suggestion. We have updated our manuscript accordingly. Please refer to the discussion section of the manuscript.

*7. References: Please do not abbreviate journal titles; use full journal name.*

We apologize for the mistake. We have downloaded the most updated JoVE EndNote style for reference formatting in the revised manuscript.

**Reviewer #1**

### *Major Concerns:*

*The procedure has been extensively used in many other publications, and there are no improvements provided neither in efficiency nor in simplicity.*

As novelty is not a requirement for publication, this comment is disregarded.

### **Reviewer #2**

#### *Major points*

##### *Protocol section*

*- The transfection protocol reported is quite general and lacks important information and/or tricks that could explain for example the high transfection efficiency claimed by the authors*

We apologize for missing the information about transfection. We have now included the information. Please refer to lines 199-205 of the manuscript.

We also apologize for the improper presentation of data in Figure 2A. We aimed to illustrate the co-transfection efficiency of FE65 and EGFP in the neurons in the figure. In the same transfection, approximately 80% of transfected neurons contained both FE65 and EGFP. This suggest that the co-transfection efficiency of FE65 and EGFP to neurons is quite high (Not the general transfection efficiency). We have now labeled the Figure 2A more clearly.

*- Section 5 "Measurement of neurite growth" needs to be expanded. This is probably the most important part of the protocol and image processing is usually complex. A figure/video guiding the researcher in this operation would be appropriate*

Thank you for the suggestion. We shall include a video during JoVE video preparation to illustrate how we perform neurite measurement by using ImageJ.

*- Please reports the composition of solutions*

We apologize for missing some of the information. We have now updated our manuscript and the material list to include all the composition of solutions that were prepared in our lab.

*- 3.4 paragraph. Dissociate the tissue gently by trituration using 1mL pipette. It is impossible to dissociate a tissue (even the brain) simply by pipetting. Trypsin is normally included in the step.*

We apologize for missing such important information in our protocol. The protocol has been updated. Please refer to lines 143-145 of the manuscript.

*- Lipofectamine 2000 can be toxic. It is not clear how long the cells have been incubated with lipofectamine. This information is quite critical and must be reported or at least discussed.*

Thank you for the suggestion. We have now included a section in the discussion to discuss the toxicity issue regrading lipofection. Please refer to lines 359-370 of the manuscript.

#### *Representative results*

*Fig.1. To give an idea of transfection efficiency, it would be better to include representative images of GFP-transfected neurons under control or after incubation with Cyto D and NGF.*

*Fig.2. To give an idea of co-transfection efficiency, it would be better to include a representative image of GFP-transfected neurons double stained with FE65*

Thank you for the suggestions. We have updated both Figures 1 and 2 accordingly.

#### *Discussion*

*The discussion is very limited. There are several points that authors should discuss:*

*- Cell density and transfection efficiency may be critical for detecting neurite outgrowth. In fact, if the cell density and/or transfection efficiency were high, it would be difficult to identify each single cell outline and thus correctly measure neurites extension.*

*- The observation time. Usually neurons acquire a fully mature phenotype after several days in culture, but the protocol reports neuron transfection and observation within 3 days from dissection. This may impact the effect of protein or drugs.*

*- the gene dosage*

*-The expression time of protein of interest and GFP*

*-The plasmid. Co-transfection could be quite critical. Indeed, only in case of high transfection efficiency reasonably every cell contains both plasmids and expresses both proteins. Polycistronic plasmids could be more efficient.*

Thank you for the suggestions. We have performed new experiments to illustrate the expression of POI (i.e. FE65) and EGFP at different time points (Figure 2C) and the effect of gene dosage (Figure 2D). Moreover, we have also discussed the issues suggested by reviewer 2. Please refer to the discussion section (lines 372-398).

#### *Minor Concerns:*

*- The text would benefit from English language and style revision. There are several typos and grammatical errors. Ex Row 77 resin o rinse?*

We apologize for the mistakes. We have carefully revised the manuscript.

*- The following paper should be cited. Yeyeodu et al, A Rapid, Inexpensive High Throughput Screen Method for Neurite Outgrowth. Current Chemical Genomics, 2010, 4, 74-83.*

Thank you for the suggestion. We have now included the reference. Please refer to line 65 of the manuscript.

### **Reviewer #3**

#### *Major Concerns:*

*1. In the introduction the authors argue that PC12 cells are not a good model for primary CNS neurons as a rationale for their protocol for culturing primary rat cortical neurons. Since numerous papers have used primary neurons for studying axon growth and guidance mechanisms, I don't find this to be a strong rationale and the authors cite only a single publication in which PC12 cells were used to study neurite outgrowth. This is not a fair representation of the field.*

We agree with reviewer 3 that stronger rationales are needed to justify the use of primary neurons over neuronal cell lines. We have revised our manuscript accordingly. Please refer to lines 64-75 of the manuscript.

*2. The authors argue that the low transfection rate of primary neurons is a limitation for using them to study axon outgrowth mechanisms. However, their methodology does not seem to improve low transfection efficiency and the authors do not quantify this efficiency. This limits how precisely effects of FE65 on axon outgrowth can be determined.*

Thank you for the comment. In fact, our protocol is not attempted to improve the transfection efficiency of primary neurons. Instead, it provides an easy way for the identification of the neurons which has been transfected with a protein of interest (POI) by co-transfecting with EGFP. Since our data has suggested that (Figure 2A) the co-transfection efficiency (not general transfection efficiency) of a POI (FE65) and EGFP is around 80%, most EGFP transfected primary neurons should also be co-transfected with the POI. Therefore, the effect of POI on neurite outgrowth could be determined by measuring the neurite length of the EGFP labeled neurons.

*3. The authors use only a single method for transfection although other labs have used electroporation which is an improvement on transfection of primary neurons with Lipofectamine. In this respect the protocol is somewhat out of date.*

Thank you for the comment. We agree with reviewer 3 that transfection efficiency would be improved by using electroporation for the extremely difficult transfect cells such as human iPSCs. Therefore, the use of electroporation and other gene delivery methods are discussed. Please refer to lines 359-370 and 389-398 of the manuscript.

*4. While novelty is not a criterion for JOVE, this manuscript largely describes well established and widely used methods for culturing cortical neurons along with transfection approaches that do not improve upon transfection efficiency. Further, the authors fail to consider other techniques such as electroporation which may improve efficiency of transfection. The authors in the discussion suggest that their protocol for co-transfection will be useful for studying neurite outgrowth of human iPSC derived neurons. Since they show that primary rat cortical neurons are difficult to transfect and human iPSCs are even more.*

Thank you for the comment. As stated in our response to reviewer 3's concerns 3, gene delivery for "extremely difficult transfect cell types" such as human iPSCs could be improved by using electroporation. We have therefore updated our manuscript. Please refer to lines 389-398 of the manuscript.

*Minor Concerns:*

*The manuscript contains some lapses in English usage and grammar.*

We apologize for the mistakes. We have carefully revised the manuscript.

#### **Reviewer #4**

*Major Concerns:*

*The study is interesting. However, the authors did not provide any data to demonstrate why their method is superior to current methods for neuronal transfection with EGFP. These data are essential to support the authors' conclusion.*

Thank you for the comment. As stated in the introduction section, neuronal cell lines are widely used for studying neuronal processes including neurite outgrowth as they are relatively easy to manipulate and transfect. However, the exact neurite outgrowth response may be affected by genetic drift and the lack of expression of certain neuronal molecules in these neuronal cell lines. Therefore, it is more desirable to use primary neurons to study neurite outgrowth. Our manuscript aims to provide a detailed protocol for studying neurite outgrowth in primary neurons which are known to have low transfection efficiency. In our protocol, the neurons transfected with a POI can be determined by co-transfecting with EGFP (the co-transfection efficiency of POI and EGFP is over 80%. Please see Figure 2A). Therefore, this is a major advantage of our protocol. We have now revised our manuscript with additional information. Moreover, we have included new data to illustrate the expressions of FE65 (i.e. the POI) and EGFP at different time points (Figure 2C). As the two proteins still expressed on day 7 post-transfection, this suggests that our protocol can be used in both developing and mature neurons. Additionally, immunofluorescence staining, which is used for classical neurite outgrowth study, could be omitted in our protocol. We have included a new section to discuss this advantage. Please refer to lines 350-357 of the manuscript.

Since we have positively addressed the comments presented by the 7 reviewers, we hope that you will now find our manuscript suitable for publication in the JoVE.

Yours sincerely,

Kwok-Fai Lau. PhD.