

TITLE:

Isolation of atrial myocytes from adult mice

AUTHORS AND AFFILIATIONS:

Hailey J. Jansen¹ and Robert A. Rose¹

¹Libin Cardiovascular Institute of Alberta, Department of Cardiac Sciences, Department of Physiology and Pharmacology, Cumming School of Medicine, University of Calgary, Calgary, Alberta, Canada

Corresponding Author:

Robert A. Rose

Email: robert.rose@ucalgary.ca

Email Addresses of Co-authors:

Hailey J. Jansen (hailey.jansen@ucalgary.ca)

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SUMMARY

This protocol is used to isolate single atrial cardiomyocytes from the adult mouse heart using a chunk digestion approach. This approach is used to isolate right or left atrial myocytes that can be used to characterize atrial myocyte electrophysiology in patch-clamp studies.

ABSTRACT

The electrophysiological properties of atrial myocytes importantly affect overall cardiac function. Alterations in the underlying ionic currents responsible for the action potential can cause pro-arrhythmic substrates that underlie arrhythmias, such as atrial fibrillation, that are highly prevalent in many conditions and disease states. Isolating adult mouse atrial cardiomyocytes for use in patch-clamp experiments has greatly advanced our knowledge and understanding of the cellular electrophysiology in the healthy atrial myocardium and in the setting of atrial pathophysiology. In addition, studies using genetic mouse models have elucidated the role of a vast array of proteins in regulating atrial electrophysiology. Here we provide a detailed protocol for the isolation of cardiomyocytes from the atrial appendages of adult mice using a combination of enzymatic digestion and mechanical dissociation of these tissues. This approach consistently and reliably yields isolated atrial cardiomyocytes that can then be used to characterize cellular electrophysiology by measuring action potentials and ionic currents in patch-clamp experiments under a number of experimental conditions.

INTRODUCTION

The atria, which are the thin walled, low pressure chambers of the heart that receive blood from the superior and inferior vena cavae as well as the pulmonary veins, are integral in normal cardiac physiology. Like other regions of the heart, the atria contain a number of cell types, including cardiomyocytes, fibroblasts, endothelial cells, vascular smooth muscle cells, and others. Atrial

myocytes are electrically excitable cells that play an essential role in the conduction of electrical signals through the heart, thereby ensuring proper atrial contraction during each heart beat¹. Electrical dysfunction in the atria can lead to a number of atrial specific arrhythmias such as atrial flutter and atrial fibrillation^{2,3}. These are highly prevalent, yet poorly understood, atrial arrhythmias that lead to significant morbidity and mortality. Atrial fibrillation can occur in association with genetic mutations, in association with aging or in the setting of acquired forms of heart disease, including hypertension, heart failure and diabetes^{2,4-6}. These conditions can alter the electrical properties of atrial myocytes which can create a substrate that increases the prevalence of arrhythmogenesis^{1,2}.

Normal electrical function in the atria, as well as atrial arrhythmogenesis, are importantly affected by the morphology of the action potential (AP) produced in atrial myocytes. The atrial AP is generated from the activity of a number of ionic currents, including the sodium current (I_{Na} , carried by $Na_v1.5$ channels), the L-type calcium current ($I_{Ca,L}$, carried by $Ca_v1.2$ and $Ca_v1.3$ channels), and several potassium currents including the ultra-rapid delayed rectifier potassium current (I_{Kur} , carried by $K_v1.5$ channels), the transient outward potassium current (I_{to} , carried by $K_v4.2$ and $K_v4.3$ channels), a steady state potassium current (I_{Kss} , carried by $K_v2.1$ channels), and the inward rectifier potassium current (I_{K1} , carried by $K_{ir2.1}$ channels)^{1,7,8}. Although they do not play a major role in the mouse atria, the rapid and slow components of the delayed rectifier K^+ current (I_{Kr} and I_{Ks}) also contribute to AP repolarization in some species⁷. Alterations in one or more of these ionic currents can significantly alter the electrical properties of atrial myocytes, which can lead to atrial arrhythmias. For example, a reduction in I_{Na} can slow conduction velocity across the atria by reducing the AP upstroke velocity. On the other hand, a reduction in repolarizing potassium currents or an increase in either $I_{Ca,L}$ or the late I_{Na} can result in the development of afterdepolarizations that can trigger spontaneous activity in the atria^{1,2,9}.

It is important to recognize that there are differences in AP morphology in different parts of the atrial myocardium that are likely due to differences in the expression or regulation of these underlying ion channels. For example, differences in AP duration between the right and left atria in association with differences in I_{to} current density have been well described¹⁰⁻¹³. Also, we have recently demonstrated that there are distinct patterns of electrical remodelling in the right and left atria of mice with chronic hypertension^{6,14}. The right atrial posterior wall also contains the sinoatrial node, which has its own distinct patterns of AP morphology and firing patterns¹⁵. The distinct properties of myocytes in each of these different parts of the atria can be investigated in detail using isolated myocytes from each of these regions.

There are different approaches that can be used to isolate atrial myocytes for patch-clamp electrophysiology studies¹⁶. One possibility is to use a retrograde perfusion approach where the heart is cannulated via the aorta for the delivery of enzymes. While this is a viable approach it can produce variability in atrial myocyte quality due to inconsistencies in perfusion of the atria. We have adopted a 'chunk' digestion approach for the isolation of atrial myocytes that eliminates the need for retrograde perfusion of the heart. Our approach uses a combination of enzymatic digestion and mechanical dissociation of atrial tissue that consistently and reliably yields large numbers of isolated atrial myocytes that are suitable for patch-clamp studies. While we describe

our approach here using atrial appendage tissue, the approach can be used on any region of the atrial myocardium (i.e. right or left atrial appendages, free walls, posterior walls) that the investigator chooses. This approach is ideal for studies of atrial myocyte electrophysiology in genetically modified mice, in mouse models of cardiovascular disease, or for studying the effects of pharmacological compounds^{5,6,17-19}.

PROTOCOL

All animal procedures were approved by The University of Calgary Animal Care and Use Committee and were conducted in accordance with the guidelines of the Canadian Council on Animal Care. The atrial myocyte isolation, images, and representative results described below were obtained from a 15 week old male wildtype C57Bl/6 mouse. We routinely use this protocol to isolate atrial myocytes from wildtype mice^{17,18}, mice carrying genetic mutations^{19,20} and mouse models of disease such as chronic hypertension^{6,14}. The protocol can be used similarly for male or female mice. We also utilize a similar version of this isolation procedure to isolate sinoatrial node myocytes from the mouse heart^{17,21-23}. A flowchart of this experimental protocol is located in Figure 1.

1. Preparation of Stock Solutions and Equipment

1.1. Prepare one dissecting dish by adding silicone elastomer according to the manufacturer's instructions. **Add enough of this silicone elastomer compound to cover the bottom of a 10 cm Petri dish to a depth of 1 cm.** Allow to cure and then insert 6 insect pins into the dish. This silicone dissecting dish can be reused for months and stored at room temperature.

1.2. Prepare three fire-polished Pasteur pipettes with an opening of 1 mm (small bore), 3 mm (medium bore), or 5 mm (large bore) in diameter as shown in Figure 2A. To make these pipettes score a Pasteur pipette and then snap along the score mark to produce an opening that is slightly larger than the desired bore size. Next, use a metal file to smooth the surface and then fire-polish this opening using an open flame. This will produce a smooth, fire-polished edge with an opening of the desired diameter. It is important that the opening is free of cracks and rough surfaces. These fire-polished pipettes can be stored at room temperature and reused for months.

1.3. Prepare stock solutions for Tyrode's pH 6.9 solution and Tyrode's pH 7.4 solution as listed in Table 1. Also prepare 10 mL each of 1 M MgCl₂, 1 M CaCl₂, and 100 mM CaCl₂. Use ultrapure water for all solutions and store at 4 °C for up to 2 months.

1.4. Prepare 1 L of modified Kraft-Brühe (KB) solution as indicated in Table 2. Use ultrapure water. Divide the solution into 20 mL aliquots and store at -20°C for up to 2 months.

2. Preparation of Solutions and Isolation Setup for Atrial Myocyte Isolation

2.1. Prepare 50 mL of a modified Tyrode's pH 7.4 solution as described in Table 3 in a 125 mL Erlenmeyer flask. Use the appropriate volume of 1 M CaCl₂ and 1 M MgCl₂ stock solutions to make this solution. Place the Erlenmeyer flask in a 35°C water bath until use, as shown in Figure 2B.

2.2. Prepare the modified Tyrode's pH 6.9 solution as described in Table 4 in a 50 mL tube. Use the 100 mM CaCl_2 stock solution to make this solution. Aliquot 2.5 mL of this solution into each of three 5 mL round bottom tubes. Place these tubes in a wire rack placed in a 35°C water bath until use, as shown in Figure 2B.

2.3. Prepare the enzyme solution as described in Table 5 in a 14 mL round bottom tube. To make the protease solution add 1 mg of protease per 100 μL ultrapure water. Place the tube containing this enzyme solution in the wire rack and incubate in a 35°C water bath until use.

2.4. Thaw one aliquot of modified KB solution in a 35°C water bath. Aliquot 2.5 mL KB solution into each of three 5 mL round bottom tubes and 2.5 mL into a 14 mL round bottom tube. Place these tubes in the wire rack and incubate in a 35°C water bath until use, as shown in Figure 2B.

2.5. Lay out the dissecting plate, dissecting tools, a Pasteur pipette, and the fire-polished pipettes as shown in Figure 2B.

3. Dissection of Mouse Atrial Appendage(s)

3.1. Inject the mouse with 0.2 mL of heparin (10 000 USP units/10mL) via intraperitoneal injection and wait 5 min for absorption.

3.2. Anesthetize the mouse using 3-4% isoflurane inhalation. When the mouse is fully anaesthetized and does not exhibit a toe pinch reflex, euthanize the mouse by cervical dislocation. Place the mouse on a paper towel or a cork board and tape the paws down to hold the mouse in place.

3.3. Wet the chest of the mouse with 70% ethanol. Remove the fur and skin covering the chest using curved scissors. Next, use rat tooth forceps to lift the sternum and then cut the diaphragm along the edge of the ribs. Remove the entire rib cage using curved scissors to expose the heart.

3.4. To remove the atrial appendage (right or left), gently lift the appendage using fine dissecting forceps and cut it out with spring scissors. Immediately transfer the atrial appendage to a silicone coated dissecting dish containing 20 mL of the warmed modified Tyrode's pH 7.4 solution described in step 2.1.

3.5. Place one dissecting pin at the top and one pin at the bottom of the opening of the atrial appendage. Using a pasture pipette, flush the atria with the warmed modified Tyrode's pH 7.4 solution to remove blood. Open the atrial appendage by cutting along the top and bottom edge of the atrial appendage. Next, pin the corners of the atrial appendage down to create a flat, rectangular piece of tissue, as shown in Figure 3A.

4. Isolation of Atrial Myocytes

Note: Steps in this section are all performed at 35°C, with tubes submerged in a 35°C water bath. Be careful when transferring tissue strips between round bottom tubes to ensure that only the tissue (and not the solution) is transferred between tubes.

4.1. Cut the atrial appendage into approximately 8-10 equal sized strips (approximately 0.7 mm in width) using spring scissors and fine forceps. An example of the strips of atrial tissue is shown in Figure 3B. Note that the strips contract once they are cut free from the main piece of tissue. Using the small bore fire-polished pipette, transfer the tissue strips into the first tube containing warmed modified Tyrode's pH 6.9 solution described in step 2.2. Wait 5 min.

4.2. Wash the tissue strips by transferring them to the second and then the third round bottom tube containing modified Tyrode's pH 6.9 solution prepared in step 2.2 using the medium bore fire-polished pipette.

4.2.1. To wash the tissue strips cap the 5 mL round bottom tube and gently invert the tube 3 times. Let the tissue strips settle to the bottom of the tube before transferring the tissue strips to the next tube using the medium bore fire-polished pipette.

4.3. Transfer the tissue strips into the enzyme solution described in step 2.3 using a medium bore fire-polished pipette and incubate for 30 min. Swirl the tube every 3-5 min to prevent the tissue strips from adhering together.

Note: At the beginning of the enzymatic digestion tissue strips settle quickly following swirling. At approximately 20 min of digestion the tissue strips begin to float in the enzymatic solution following swirling. During this time the atrial tissue strips also change in appearance from pale pink to white as they are digested.

4.4. After enzymatic digestion, perform three 2.5 mL KB solution washes in the 5 mL round bottom tubes prepared in step 2.4. For each wash gently invert the tube 3 times before moving the tissue to the next tube using the medium bore fire-polished pipette. Following the final wash transfer the strips into the 14 mL round bottom tube containing 2.5 mL KB solution. Wait 5 min.

4.5. Gently triturate the tissue for 7.5 min using the wide bore fire-polished pipette. This will mechanically dissociate the tissue strips and yield a cloudy solution filled with individual atrial myocytes (see accompanying video).

Note: During trituration the tissue becomes white and the solution becomes cloudy. The force of trituration, achieved by altering both the frequency and velocity of expelling the tissue strips from the wide bore fire-polished pipette, should be tailored to the individual isolation. If trituration is too gentle the cell yield will be low while trituration that is too harsh will yield many dead cells. Avoid bubbles while tritulating.

4.6. Fill the 14 mL round bottom tube containing the triturated tissue strips with KB solution to a final volume of 7-10 mL depending on the desired density of cells for experimental use. Place

this tube at room temperature for 1 h. Following this incubation period, cells can be used for a variety of experiments for up to 7 h. Cells can also be stored at 4°C for up to 7 h.

REPRESENTATIVE RESULTS

The atrial myocytes isolated using this protocol can be used to characterize the electrophysiological properties of these cells using the patch-clamp technique. Aliquots of atrial myocytes in KB solution can be added to the recording chamber of a standard patch-clamp apparatus and superfused with solutions appropriate for the kind of recording the experimentalist wishes to perform. Atrial myocytes isolated using this protocol are best used for electrophysiological studies within 6-7 h of isolation. Representative patch-clamp data from our laboratory is presented below.

Figure 4 illustrates examples of isolated atrial myocytes from normal mice prepared using the protocol above. Isolated atrial myocytes are typically on the order of 100 μm in length and 10 μm in width with clear striations. The capacitance of isolated atrial myocytes is typically 40-70 pF.

Figure 5A illustrates an example of an atrial myocyte AP recorded using the perforated patch-clamp technique in current clamp mode, as we have described previously^{6,19,20}. Summary data illustrating typical atrial myocyte AP parameters are provided in Table 6. Specifically, we present summary data for measurements of resting membrane potential (RMP), maximum upstroke velocity (V_{max}), overshoot (OS) and AP duration at 50% (APD₅₀), 70% (APD₇₀) and 90% (APD₉₀) repolarization time (Table 6). APs can also be recorded in the whole cell configuration¹⁴. The superfusion and pipette solutions for recording APs are available in Tables 7 and 8.

Figure 5B illustrates a representative family of Na^+ currents (I_{Na}) recorded in the whole cell configuration of the patch-clamp technique. These currents were recorded using 50 ms voltage clamp steps between -100 and +10 mV from a holding potential of -120 mV. We have described approaches and protocols for recording I_{Na} previously^{6,14,20}. A summary I_{Na} IV relationship is also presented in Figure 5B. Solutions used to record I_{Na} are presented in Tables 7 and 8.

Figure 5C illustrates a representative family of Ca^{2+} currents ($I_{\text{Ca,L}}$) recorded in the whole cell configuration of the patch-clamp technique. These currents were recorded using 250 ms voltage clamp steps between -60 and +80 mV from a holding potential of -70 mV. The experimental conditions that can be used to measure $I_{\text{Ca,L}}$ have been previously described^{17,18,20}. A summary $I_{\text{Ca,L}}$ IV relationship is also presented in Figure 5C. The solutions used to record $I_{\text{Ca,L}}$ are available in Tables 7 and 8.

Figure 5D illustrates a representative family of K^+ currents (I_{K}) recorded in the whole cell configuration of the patch-clamp technique. These currents were recorded from a holding potential of -80 mV using 500 ms voltage clamp steps between -120 mV and +80 mV, as we have described previously^{6,14}. The summary IV relationship for total I_{K} is also presented in Figure 5D. The solutions used to record I_{K} are available in Tables 7 and 8.

Using these approaches to record APs and major families of ionic currents, including Na^+ , Ca^{2+} and K^+ currents (as illustrated above), permits the investigator to rigorously interrogate atrial myocyte electrophysiology in a plethora of experimental conditions. Our laboratory has routinely employed these techniques to study atrial myocyte electrophysiology in normal mice, in mouse models of heart disease, and in genetically modified mice^{6,14,17-20}.

FIGURE AND TABLE LEGENDS

Figure 1. Flowchart for the atrial myocyte isolation protocol. Summary of the steps used to isolate atrial myocytes using this protocol.

Figure 2. Experimental setup and dissection tools for atrial myocyte isolation. A. A small bore fire-polished pipette with an opening 1 mm in diameter (left) is used for tissue transfer following dissection, a medium bore fire-polished pipette with an opening 3 mm in diameter (middle) is used to transfer tissue strips during the isolation, and a large bore fire-polished pipette with an opening 5 mm in diameter (right) is used for trituration of digested atrial tissue. B. Experimental setup for atrial myocyte isolation.

Figure 3. Image of the atrial appendage dissection. A. Representative bright field image of an excised atrial appendage cut open and pinned out. B. Representative bright field image of the atrial appendage cut into tissue strips of approximately 0.7 mm in width. Scale bar is 1 mm.

Figure 4. Images of isolated atrial myocytes. A. Brightfield image of isolated atrial myocytes immediately after isolation. Scale bar is 50 μm . B. Brightfield image of a single isolated atrial myocyte. Scale bar is 100 μm .

Figure 5. Representative patch-clamp data obtained from isolated atrial myocytes. A. Representative stimulated AP recording from an isolated atrial myocyte. Summary of AP parameters is presented in Table 6. Amphotericin B (200 $\mu\text{g}/\text{mL}$) was added to the pipette solution to permeabilize the cellular membrane. B. Representative I_{Na} recordings (left) and summary I_{Na} IV curve (right) from an isolated atrial myocyte. Nifedipine (10 μM) was added to the modified Tyrode's solution to block $I_{\text{Ca,L}}$ when recording I_{Na} . C. Representative $I_{\text{Ca,L}}$ recordings (left) and summary $I_{\text{Ca,L}}$ IV curve (right) from an isolated atrial myocyte. D. Representative I_{K} recordings (left) and summary I_{K} IV curve (right) from an isolated atrial myocyte. The solutions used to record each of these currents are listed in Tables 7 and 8. Summary IV curves are averaged measurements from 10 atrial myocytes isolated from a 15 week old male wildtype C57Bl/6 mouse.

Table 1: Stock Tyrode's pH 7.4 and stock Tyrode's pH 6.9 solutions. Composition of stock Tyrode's solutions (pH 7.4 and pH 6.9) that can be made in advance and stored at 4°C for up to 2 months.

Table 2: Modified KB solution. Recipe for modified KB solution that can be made in advance, aliquoted, and stored at -20°C for up to 2 months.

Table 3: Modified Tyrode's pH 7.4 solution with glucose, magnesium, calcium, and heparin.
Composition of modified Tyrode's pH 7.4 solution used for the atrial tissue dissection. This solution should be made fresh and kept in a 35°C water bath until use.

Table 4: Modified Tyrode's pH 6.9 solution containing glucose, taurine, BSA, and low calcium.
Composition of the modified Tyrode's pH 6.9 solution used for the atrial myocyte isolation. This solution should be made fresh and kept in a 35°C water bath until use.

Table 5: Enzymatic solution. Composition of the enzymatic solution used to enzymatically digest atrial tissue strips. This solution should be made fresh and kept in a 35°C water bath until use.

Table 6: Summary of AP parameters from isolated atrial myocytes. Data are presented as mean \pm SEM, $n = 10$ atrial myocytes isolated from a 15 week male wildtype C57Bl/6 mouse.

Table 7: Composition of Tyrode's solutions used during patch-clamp experiments. Composition of the Tyrode's solutions used to record APs, I_{Na} , $I_{Ca,L}$, and I_K from isolated atrial myocytes.

Table 8: Composition of internal pipette solution used during patch-clamp experiments.
Composition of the pipette filling solutions used to record APs, I_{Na} , $I_{Ca,L}$, and I_K from isolated atrial myocytes.

DISCUSSION

Our lab routinely uses this protocol to isolate mouse atrial myocytes for use in patch-clamp experiments in order to investigate the effects of different forms of cardiovascular disease, genetic mutations, or pharmacological compounds on atrial myocyte electrophysiology. Although highly reproducible, the quality of the data obtained from the isolated atrial myocytes depends on the quality of the isolation. In addition, reintroduction of calcium following the atrial myocyte isolation will result in cell death for a population of isolated myocytes due to the calcium paradox¹⁶. Accordingly, isolating viable, high-quality atrial myocytes using this approach requires practice and optimization at multiple points throughout the isolation. Once optimized, it is estimated that between 70-90% of the total atrial myocytes isolated using this approach will be both calcium tolerant and rod shaped. The steps requiring the most practice and optimization are discussed below.

The speed and efficiency of the dissection will have downstream effects on the quality of the isolated cells. It is important to take time to ensure all blood is removed from the atrial tissue and that tissue strips are cut to a similar size. It should take approximately 5 min to remove the atrial appendage, cut the tissue into strips, and transfer the tissue strips into the first tube of modified Tyrode's pH 6.9 solution. However, if this step takes too long the quality of the tissue may be compromised.

It is also important that tissue strips are cut to a uniform size within an isolation and between hearts. If tissue strips are too large or too small, or if they are not uniform within an isolation, this can cause problems during both enzymatic digestion and trituration. This is because small

strips will be more thoroughly digested and large strips will be under digested. It is equally important to consider the genotype and disease setting being studied as the size of the atrial appendage can vary between animals. For example, hypertrophic hearts have larger atrial appendages compared to healthy hearts, and therefore the experimenter can cut more strips in hypertrophic hearts compared to normal sized hearts. Accordingly, optimizing the size of the cut tissue strips and applying these dimensions to each individual atrial appendage will greatly improve the reproducibility of myocyte isolations between experimental conditions.

The delicate balance between the enzymatic digestion and mechanical dissociation is key to a successful atrial myocyte isolation using this protocol. If tissue is not adequately swirled during the enzymatic digestion the individual tissue strips will tend to clump and stick together, which will limit the effectiveness of the enzymatic digestion. If agitated too frequently or vigorously this can damage the atrial tissue, which will result in the isolation of nonviable cells. Mechanical dissociation of isolated atrial myocytes from tissue strips during trituration is the most critical step to practice and optimize using this approach to isolate atrial myocytes. If trituration is too gentle cell yield will be low. On the other hand, if trituration is too harsh then an abundance of non-viable myocytes will be isolated and the quality of data obtained during patch-clamp experiments will be jeopardized. In addition, the composition of the atria can affect the isolation. For example, if tissue is fibrotic the enzymatic digestion and the trituration steps may need to be modified. It is therefore important to take the time to develop the skills required to obtain high quality cells during trituration that can be used for patch-clamp experiments.

As with all experimental techniques there are limitations. This technique requires practice in order to reproducibly isolate viable, high quality myocytes, which in turn will impact the feasibility of any experiments to be performed using these myocytes. This approach is also terminal and atrial myocytes isolated using this approach can be used on the day of the isolation only. Our lab uses the cells within 6-7 h of isolation.

This approach of isolating atrial cardiomyocytes has several applications. For example, this approach can be modified to isolate atrial myocytes (as well as cardiac fibroblasts) from other species including human atrial tissue biopsies. In addition, a benefit to using this chunk method for atrial myocyte isolation (in contrast to retrograde perfusion of the heart) is that it can be modified to isolate cardiomyocytes from other regions of the heart, such as the sinoatrial node or other specific regions of the atrial myocardium, or encompass the entire supraventricular region of the heart. Our lab uses atrial cardiomyocytes for patch-clamp experiments to measure action potentials and ionic currents, although this approach need not be limited to this technique. For example, isolated myocytes can be used to investigate alterations in calcium transients and contractility in a variety of experimental settings. Atrial cardiomyocytes can also be used in immunofluorescence studies to study the location of proteins or structures of interest. Accordingly, this approach is highly versatile with many possible applications.

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DISCLOSURES

None.

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