# Journal of Visualized Experiments A mouse model for induced apical periodontitis --Manuscript Draft--

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1 TITLE:

2 Inducing Apical Periodontitis in Mice

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#### **KEYWORDS:**

Apical periodontitis, mice, endodontics, teeth, dental contamination, micro-CT

#### **SUMMARY:**

Here, we present a protocol to locally induce apical periodontitis in mice. We show how to drill a hole in the mouse's tooth and expose its pulp, in order to cause local inflammation. Analysis methods to investigate the nature of this inflammation, such as micro-CT and histology, are also demonstrated.

#### ABSTRACT:

The mechanisms involved in local induced inflammation can be studied using several available animal models. One of these is the induction of apical periodontitis (AP). Apical periodontitis is a common pathology of an inflammatory nature in the periodontal tissues surrounding the tooth root. In order to better understand the nature and mechanism of this pathology it is advantageous to perform the procedure in mice. The induction of this odontogenic inflammation is achieved by drilling into the mouse tooth until the dental pulp is exposed. Next, the tooth pulp remains exposed to be contaminated by the natural oral flora over time, causing apical periodontitis. After this time period, the animal is sacrificed, and the tooth and the jaw bone can be analyzed in various ways. Typical analyses include micro-CT imaging (to evaluate bone resorption), histological staining, immunohistochemistry, and RNA expression. This protocol is useful for research in the field of oral biology to better understand this inflammatory process in an in vivo experimental setting with uniform conditions. The procedure requires a careful handling of the mice and the isolated jaw, and a visual demonstration of the technique is useful. All technical aspects of the procedures leading to induced apical periodontitis and its

characterization in a mouse model are demonstrated.

#### **INTRODUCTION:**

The goal of this method is to induce apical periodontitis in a mouse by contaminating the apex with the natural microflora, and to then study various characteristics of this pathological process.

Apical periodontitis (AP) is a common pathology of an inflammatory nature in the periodontal tissues surrounding the tooth root. This dental disease can cause severe pain and must be treated by a dentist. The treatment options include root canal treatment (primary or secondary), endodontic surgery, tooth extraction, or follow-up depending on the clinical and radiographic findings, and the opinion of the clinician. The mechanism of this inflammatory process, although studied for several decades<sup>1-3</sup>, is still not comprehensively understood. Considering the severity of this pathology, there is thus a clear need for research addressing its fundamental nature. Thus, systems where the study of AP is possible are of great scientific interest.

 Since AP is a complex pathological process involving the local tissues and the immune system, in vitro studies are insufficient for a complete understanding of the processes. Study of clinical samples of this disease are also problematic due to ethical limitations and significant variability between different people and different clinical stages<sup>4,5</sup>, and hence the necessity of in vivo models. These models are based on the concept of exposing the dental pulp to contamination and observing the inflammatory reaction of the body to this stimulus in the periapical tissues<sup>6,7</sup>. Common in vivo models include rodents or larger animals such as dogs. Despite the clinical challenge in treating mice, which are very small animals with miniature teeth, the advantages of the mouse model are significant: practically, working with mice is technically simple in terms of facilities and is most cost effective, and scientifically, the mouse is a well-studied animal model with readily available genetic and molecular tools and a well-studied genome. Indeed, previous studies used a mouse model for studying inflammatory and bone resorption signals and cells involved in apical periodontitis<sup>8-11</sup>. Therefore, a clear protocol on how to use a mouse model for the study of AP is needed. Here, we describe such a protocol.

The protocol described here is has the big advantage of being appropriate to study knock-out (KO) mice and learn how the lack of a specific gene affects dental inflammation<sup>7,12</sup>. Other useful applications of this protocol include the study of effects of medications and systemic conditions on the development of apical periodontitis<sup>13</sup>, the effect of apical periodontitis on the development of osteonecrosis of the jaws<sup>14,15</sup> and stem cell therapy for bone regeneration<sup>16</sup>.

 This protocol can also be generalized as a model to study local inflammation. To study the inflammatory process, several mouse models have been developed, which include for example induced colitis or arthritis<sup>17,18</sup>. These models have systemic effects and have no built-in control in the same animal. Models for induced apical periodontitis, which include a contralateral control without inflammation, have the advantage of overcoming these limitations<sup>14,19</sup>.

The protocol described below is therefore useful for researchers who are interested in local inflammatory processes. The controlled nature of this inflammation, its confinement to a specific

location, and the contralateral control tooth, all make this protocol valuable for studying the mechanisms involved in this process. Moreover, the protocol is useful for researchers interested in the clinical aspects of periapical inflammation. The mouse model is ideal to study different variables of the disease, in addition to the advantage of being able to easily perform genetic manipulations in the mouse model, to investigate the activity of specific genes in periapical inflammation.

Technically, the clinical procedure is challenging to carry out due to the small dimensions of the mice teeth. It will be beneficial to visualize this procedure in order to learn about positioning, equipment needed, and performance.

#### PROTOCOL:

All methods described here have been approved by the Institutional Animal Care and Use Committee (IACUC) of The Hebrew University (Ethics no. MD-17-15093-5).

#### 1. Animal anesthesia and positioning

1.1. Prepare sterile solutions as described below.

1.1.1. Prepare 5 mL of 0.22 g/mL of Ketamine and 2.87 mg/mL Medetomidine diluted in Phosphate Buffer Solution (PBS)/Saline.

1.1.2. Prepare a sterile solution of Atipamezole (0.4 mg/mL) diluted in PBS/Saline (recommended to prepare an amount of 5 mL).

1.1.3. Prepare a sterile solution of Mepivacaine (7.5 mg/mL) diluted in PBS/Saline for local anesthesia (one supplied vial of Mepivacaine is sufficient for a stock of 7.2 mL).

1.2. Use 6-8 weeks old female C57BL/6 mice for the experiment. Keep animals in a specific pathogen free (SPF) animal unit, with standard water and food provided by the facility and the animal feeding ad libitum.

1.3. Weigh mice and inject intraperitoneally (IP) a volume of 10  $\mu$ L for each gram of the weight. For example, for a mouse that weighs 20 grams, inject 200  $\mu$ L of Ketamine/Medetomidine solution. This will give a final concentration of (2.2 g/kg) Ketamine and (28.7 mg/kg) Medetomidine for each animal.

1.4. In order to prevent eye ulceration due to dryness during the procedure, apply eye ointment containing Chloramphenicol (5%) on the animals' eyes while they are under anesthesia. Keep the animals warm with a lamp while they are anesthetized. Check depth of anesthesia by checking pedal reflex (performing firm toe pinch).

1.5. After the mouse is anesthetized, position the mouse laying on its right side (for a right

handed researcher) on a closed-cell extruded polystyrene foam surface and attach feet to the surface using tape.

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1.6. Open the mouth by using small rubber bands around the incisors (1 for upper incisors, and 1 for lower incisors) held in place by long needles pinned into the closed-cell extruded polystyrene foam surface.

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1.7. Retract the right cheek by using forceps taped to the surface. Use forceps that are closed in steady state.

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143 1.8. Place the surface with mouse in a comfortable working position enabling access to
 144 mandibular molars, using proper magnification (a binocular microscope or clinical microscope)
 145 and light.

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1.9. Retract the tongue by using forceps or dental spatula and inject local anesthesia with a 30 Gauge needle into the mucobuccal fold adjacent to the first mandibular molar. 25-50  $\mu L$  is sufficient. Swelling of the tissue around the injection site should be visualized.

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2. Pulp exposure

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2.1. Use a 1/4 round dental burr, or a same size diamond burr (a long shank is recommended) at a speed of 800 rounds per minute (rpm), attached to any suitable dental motor (for example an automatic torque reduction (ATR) motor).

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2.2. Drill on the occlusal part of the first right mandibular molar until the pulp horns are visible through the dentin.

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2.3. Use a K- file or H-file #8 or #10 to pierce the pulp and insert the file into the pulp horns (mesial and distal) by breaking the dentin covering them.

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2.4 Continue working with the files inside the pulp as deep as possible, while widening the
 openings with the files. Usually there will be bleeding visible from the pulp.

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2.5 Make sure to round sharp edges of the tooth with the burr and remove the tooth from occlusion, in order to reduce pain during the experiment. Clean debris during the procedure with a microbrush.

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2.6 Leave the contralateral tooth (left first mandibular molar) as a control.

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172 3. End of clinical procedure

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3.1. Release mouse from the fixation state and inject Atipamezole IP (10  $\mu$ L for each gram of body weight. This will give a final dose of (4 mg/kg) Atipamezole.

3.2. Inject buprenorphine diluted in PBS/saline (0.05 mg/kg) IP (recommended to prepare an amount of 3 mL on the day of the procedure). See Discussion for explanation why pain relief is necessary.

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3.3. Make sure the animals recover from anesthesia before leaving them. Give them soft food because they may be incapable of eating hard food due to tooth pain.

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4. Post procedure follow-up (42 days)

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4.1. For the first 3 days after the procedure, weigh the animals and inject Buprenorphine (0.1 mg/kg) IP once a day (recommended to prepare an amount of 6mL).

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189 4.2. During the time of the experiment (42 days when inflammation builds up) monitor the animals by weight and general behavioral assessment 2-3 times a week.

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192 4.3. Deliver soft food to the animals during the course of the follow-up period. Wet the food with water and put it in a petri-dish on the floor of the cage.

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5. Experiment termination and analysis

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5.1. When 42 days<sup>11</sup> of follow-up have been completed, anesthetize animals IP with ketamine/xylazine at a concentration of 106.25 mg/kg Ketamine, and 75 mg/kg Xylazine (A stock solution of 42.5 mg/mL Ketamine, and 1.5 mg/mL Xylazine in a total volume of 2 mL is recommended) and preform cervical dislocation.

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NOTE: There are different options for possible analyses in order to evaluate inflammation<sup>20,21</sup>. Here the analysis of the tissue by micro-CT and histological staining will be described.

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After euthanasia, use surgical scissors and forceps to cut out part of the jaw including
 the 3 molars (separately for each side- treated and non-treated control). By using forceps peel
 off as much as the soft tissue as possible, leaving mostly bone and teeth on the sample.

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209 5.3. Rinse the tissue briefly in PBS, and then put it in paraformaldehyde (PFA) 4% (diluted in PBS) for 24-48 hours for fixation.

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CAUTION: Use PFA in a chemical hood, and according to its Material Safety Data Sheet (MSDS)guidelines.

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215 5.4. After 24-48 hours, rinse with PBS 3x in order to wash out the PFA.

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217 <mark>5.5. Micro-CT</mark>

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5.5.1. For micro-CT analysis, take the harvested tissues (part of the mandible including 3
 molars, in dimensions of approximately 4 mm x 5 mmx 1 mm) to a micro-CT scanner, place

them in an 12 mm diameter tube filled with 1.5 mL of PBS oriented so that the buccal or lingual surfaces of the tooth and root are laying parallel to the bottom of the tube. Separate between the samples with sponge, and cover the top of the tube with flexible film.

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5.5.2. Open the scanning panel and choose the measurement number. Choose the control file with the following parameters: energy of 70 kV, intensity of 114  $\mu$ A, and resolution of 6  $\mu$ m<sup>3</sup> voxel size.

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5.5.3. Click on scout view, and when the image appears, click reference line and mark the area
 of the samples for scanning. After each sample click add scan. When done marking the samples,
 go to the task list and choose start interact tasks.

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NOTE: The same samples can subsequently be used for histology. It is important that they do not dry out during the CT-scan.

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236 5.6. Use an appropriate computer program for micro-CT alignment and analysis.

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- 5.6.1. Open the sample on the XY plane in the micro-CT evaluation. Choose three points on each sample for alignment:
- The mesial apical constriction defines the origin of the coordinate system.
- The coronal part of the mesial canal defines a point on the Z axis.
- The distal apical constriction defines a point on the XZ plane.

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5.6.2. Use the measurement tool on the left panel, and draw a line reaching each point. Define each of the three points by an X, Y & Z value, as it appears in the right panel.

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5.6.3. Define the area of interest in the sample by choosing task under  $\mu$ CT evaluation, and click on **3D** evaluation. A rectangle and a window with the dimensions per axis will appear on the screen. Match the dimensions of the rectangle to fit the area of interest on the XY axis by clicking in the corners with the middle button of the mouse. Choose the dimensions in the Z axis by inserting the first slice number of interest in the Z square under **VOI Start**, and the number of slices from the first until the last slice number of interest in the Z square under **Dim**.

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5.6.4. Click on **applications** under **session manager**, and choose **DECterm**. Wait a few seconds for a window to open, and then type the five steps of slanted script described below according to the following instructions (between the lines click **enter**):

257 ipl

- 258 isq\_to\_aim
- 259 *aim1*

260

5.6.5. Copy the isq (file of interest) name: choose views under session manager and click
 microCTdata. Find the file being working on, and middle click on the file. Then middle click back
 in the window of the DECterm.

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265
       5.6.6. Enter the X, Y & Z values (with a space between them) which were determined under
266
       VOI when choosing region of interest.
267
268
       5.6.7. Enter the X, Y & Z values (with a space between them) which were determined under
269
       dim when choosing region of interest.
270
271
       5.6.8. Wait until receiving a message: isq to aim completed.
272
       (step II- alignment):
273
       align z
       aim1
274
275
       aim2
276
277
       5.6.9. Enter the X, Y & Z values (with a space between them) which were determined for the
278
       origin of the coordinate system.
279
280
       5.6.10. Enter the X, Y & Z values (with a space between them) which were determined for the
281
       point on the z axis.
282
283
       5.6.11. Enter the X, Y & Z values (with a space between them) which were determined for the
284
       point on the XZ plane.
285
286
       5.6.12. Wait until receiving a message: "align Z completed"
287
       (step III- header):
288
       header
       aim2
289
290
       000
291
       000
292
293
       5.6.13. Click enter.
294
       (step IV- converting the file back from aim to isq):
295
       toisa
296
       aim2
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298
       5.6.14. Copy the isq (file of interest) name: choose views under session manager and click
299
       microCT data. Find the file you are working on, and middle click on the file. Then middle click
300
       back in the window of the DECterm. Erase (using "backspace") the ".ISQ" at the end of the file,
301
       and write:" new.ISQ" to recognize the aligned file.
302
303
       5.6.15. Click enter | enter.
304
305
       5.6.16. Wait until receiving a message: "toisq from aim completed"
306
       (step V-flip):
307
       isq
308
       а
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309 310 5.6.17. Copy the new isq (file of interest) name: choose views under session manager and click 311 microCT data. Find the file being working on, and middle click on the file. Then middle click 312 back in the window of the DECterm. 313 314 5.6.18. Click enter | enter. Wait to receive a message: "isq to aim completed" 315 flip 316 а 317 aa 318 319 wait to receive a message: "flip aim completed" 320 from 321 аа 322 323 5.6.19. Copy the new isq name: choose views under session manager and click microCT data. 324 Find the file being working on, and middle click on the file. Then middle click back in the 325 window of the DECterm. Erase (using "backspace") the ".ISQ" at the end of the file, and write: 326 " flip.ISQ" to recognize the aligned file. 327 328 5.6.20. Wait until receiving a message: "from aim to isq completed" 329 330 5.7. Contouring 331 332 5.7.1. Choose the slice which represents approximately the middle of the tooth, in which the 333 coronal pulp, radicular pulp of both canals, and both apical foramens are presented. 334 335 5.7.2. Manually mark the contour of interest on the middle slice by clicking on the upper left 336 contour panel- starting from the mesial point of the mesial root apex, marking the apical border 337 coronally to the radiopaque apical area, through the distal border of the distal root apex, and 338 following the mesial border of the distal root, and the distal border of the mesial root through 339 the furcation region (See Figure 3 II,IV). 340 5.7.3. Copy this contour (Ctrl+C, Ctrl+V) and adjust it accordingly to 5 slices positioned on 341 342 either side of the middle slice. 343 344 5.7.4. To calculate the tissue volume of the contour marked for each sample choose task 345 under µCT evaluation, and click on 3D evaluation. In the window of 3D evaluation click select near task and choose a filter to calculate the tissue volume (TV). 346 347 348 5.8. Histology

5.8.1. After the removal of the tissues from the micro-CT scanner, decalcify the tissues by putting each sample in a microcentrifuge tube with 1 mL of ethylenediaminetetraacetic acid (EDTA) 0.5 M pH 8.0 for 10 days. Change the EDTA solution every 3 days.

5.8.2. Dehydration: Put samples in histological cassettes, and into increasing ethanol concentrations, an hour each, as follows: 70% ethanol (at this point the process can be stopped for several weeks, as long as the samples are kept in Ethanol), 90% ethanol 2x, 100% ethanol 2x, xylene 2x (caution: use xylene in a chemical hood, and according to its MSDS guidelines).

5.8.2.1. Transfer cassettes to liquid paraffin (60 °C) and leave in chemical hood overnight for the xylene to evaporate.

5.8.3. Blocking: Use a histological blocking machine to embed the samples in paraffin. Be careful to embed them in a correct position (i.e., the crown and roots should be oriented parallel to the bottom part of the mold, in a way that the tooth is "lying down") in order to get sagittal sections. The samples are now ready to be cut with a microtome.

5.8.4. Cutting the sections: Start by cutting thick slices of  $\sim$ 20  $\mu$ m until reaching the relevant part of tissue. Once recognizing any part of the tooth (crown or roots) change to sections of 6  $\mu$ m, and change the angle of cutting according to the previous section.

5.8.4.1. For example, if the previous section included the crown but not the roots, change the angle of the block in the microtome so that the roots come closer to the knife, and the crown goes back (the parts of the tooth can be recognized with a naked eye on the block itself).

5.8.4.2. Continue to adjust the angle until obtaining sagittal sections including coronal and radicular pulp, and the apical foramen. Cut in this orientation as many slices as possible, until the relevant tissue is all cut.

5.8.5. For staining protocols (e.g., Haemotoxylin and Eosin staining (H&E), Brown & Brenn staining, Tartrate-Resistant Acid Phosphatase (TRAP) staining, immunohistochemistry), see<sup>20,21</sup>.

#### **REPRESENTATIVE RESULTS:**

A flow chart of the experimental steps is presented in **Figure 1**. As mentioned in the protocol, the mice are anesthetized, and their first mandibular molar on one side is drilled until pulp exposure, while the contralateral tooth is left as a control. Next, the teeth are left to be contaminated by the oral flora for 42 days, during which they are monitored and receive pain medication. After 42 days, mice are euthanized, and the teeth and adjacent jaw are taken for analysis.

**Figure 2** demonstrates clinical images of the mouse mandible after first right molar pulp exposure. In **Figure 2A** the whole mandible is shown, while the inset in **Figure 2B** shows an enlargement of the treated first right molar. The left first molar is used as a control. Exposure of both mesial and distal pulp horns and the entrance to the canals can be seen in **Figure 2B**. Note that the tooth was mechanically lowered to sub-occlusion in order to reduce pain.

After dental pulp exposure to the oral flora, the dental pulp is eventually contaminated<sup>6,7</sup> and

becomes necrotic. According to the literature<sup>22</sup>, Gram negative bacteria then secrete lipopolysaccharide (LPS) to the apical region of the tooth. Through a complex reaction of the immune system, one of the outcomes is bone resorption in the periapical region, which is the hallmark of apical periodontitis<sup>23</sup>. This bone resorption can be identified and quantified by micro-CT. In micro-CT images, radiolucent periapical regions indicate areas where the hard bone tissue became a soft periapical lesion due to the inflammatory process. In **Figure 3**, representative micro-CT images demonstrate a treated tooth compared to a control. The arrow in **Figure 3A**III points at the mesial pulp exposure (the distal pulp exposure does not appear on this slice of the sample), and the mesial and distal periapical radiolucent areas of bone resorption are surrounded by a dashed line. A boxplot graph shown here quantifies the significant periapical bone resorption in the treated teeth compared to the controls.

While micro-CT is an excellent technique for evaluation of the 3-dimensional size of the lesions, it is lacking information regarding their biological composition. Histological staining, as presented in Figure 4, provides this information. H&E staining is demonstrated in a control tooth compared to a treated tooth. In the treated tooth (Figure 4B,C,D), the dental pulp itself presents necrosis which can be seen clearly in the H&E staining (Figure 4C), compared to the control organized pulp tissue (Figure 4A). Additionally, and importantly, in the periapical region of the treated tooth a periapical lesion, composed of immune cells (dominantly macrophages and lymphocytes), is visualized (Figure 4D) (compared to the healthy periodontal ligament (PDL) and bone tissue in the periapical region of the control tooth). This periapical lesion is the desired outcome of the induced apical periodontitis technique presented here.

On the other hand, **Figure 5** presents an unsuccessful contamination which can occur in rare cases (at least 85% of the animals show bone resorption in the micro-CT), i.e., a tooth which was exposed to the oral flora for 42 days, yet did not present pulp necrosis, and therefore did not demonstrate bone loss and periapical lesion in the micro-CT (**Figure 5A**) and histological (**Figure 5B**) analyses.

#### **TABLE OF MATERIALS:**

#### **FIGURE AND TABLE LEGENDS:**

 **Figure 1: Time axis of experimental process.** Schematic representation of the temporal progression of the experimental procedure.

Figure 2: Clinical images of mouse mandible after right first molar pulp exposure. (A) Mouse mandible, first right molar with exposed pulp, first left molar serves as an untreated control. (B) Enlargement of the right molar with the exposed pulp. The entrance to the canals can be visualized.

Figure 3: Micro-CT analysis. (A) Representative micro-CT scans (slices of 6μm) of treated (AIII, AIV) and control (AI, AII) teeth. Arrow points at mesial pulp exposure (distal pulp exposure is not present in this slice). Mesial and Distal periapical areas of bone loss adjacent to the treated tooth

are surrounded by dashed lines. All, AIV- Representative images of contour marking. (**B**) Box-plot quantifying the tissue volume (as measured by the contour marked for 11 slices of each sample) of the control (orange, n=14 animals) compared to the treated (blue, n=15 animals) samples. The analysis was performed using the Scanco evaluation software for micro-CT. Samples were aligned on the sagittal axis oriented in a way that the coronal pulp, root canals and apical foramen were visualized in the same slice (see protocol for detailed information about orientation). Contours were marked for 5 slices on either side of the mid-tooth area (all together 11 slices). Tissue volume for the contour of each sample was calculated using the software.

**Figure 4: Histological H&E representative images: (A)** Histological slice of a control tooth. **(B)** Histological slice of a treated tooth, with a severe periapical lesion presented. **(C)** enlargement of necrotic tissue. **(D)** enlargement of periapical granuloma tissue P=pulp, D=dentin, B=bone, BM=bone marrow, PDL=periodontal ligament, N=necrotic pulp, G= granuloma.

**Figure 5: Example of unsuccessful contamination: (A)** micro-CT representative image of a tooth with pulp exposure (white arrow), but no significant periapical bone loss, correlated to (**B)** Histological H&E representative image of the same tooth revealing vital (not necrotic) pulp, and normal apical tissues. P=pulp, D=dentin, B=bone, BM=bone marrow, PDL=periodontal ligament. (**C**) Enlargement of calcified tissue presented in B.

#### **DISCUSSION:**

A method is introduced here for the induction of apical periodontitis in mice. The goal of the method is to exploit the apical periodontitis condition for studying mechanisms and consequences of this inflammatory process. Apical periodontitis was induced in 6-8 week old mice, an age in which the roots are fully developed<sup>24</sup>. In order to cause apical periodontitis in this model, the tooth pulp of mouse mandibular molars is exposed using a dental burr. Bacteria from the oral flora of the mice (in SPF conditions) invade the pulp and root canals of the teeth, causing pulp necrosis, and secreting LPS to the apical tissues, which triggers apical inflammation.

When carrying out this procedure, pay attention to these following critical steps. Correct positioning of the animals during pulp exposure is critical for the success of the procedure. A critical step is the proper exposure of the pulp. Insufficient canal exposure can result in a Dentin bridge formation, which may lead to the failure of the procedure and the inability to create AP. During pulp exposure, attention is required to minimize soft tissue injury during pulp exposure to avoid unwanted pain and inflammation in other regions which may cause side effects. Proper alignment of the samples in the micro-CT analysis software is critical in order to obtain interpretable results. When preparing the jaw tissue for histology, it is recommended to peel off the soft tissue surrounding the bone for achieving correct orientation when preparing molds for histology. The samples must be kept in wet medium during the entire process (from the harvesting stage, through the micro-CT, until the histological block procedure). When cutting the tissue in a microtome, the angle of the sample should be fixed in order to achieve sagittal slices of the tooth. It is also important to take into account ethical issues regarding the welfare of the animals. For example, proper anesthesia is critical during the procedure (both systemic and local,

see<sup>25,26</sup>). Pain medication is essential, especially for the first few days following the procedure, and monitoring weight and behavior as well as a supplying the animals with soft food should be implemented. From previous experience, the overall reaction of the mice is to tolerate well the procedure and they do not exhibit extreme distress.

A failure of the method is considered in cases where an apical inflammation failed to form: there is no evidence for bone resorption in the periapical region of the tooth on the micro-CT scan, and the PDL tissue of the tooth is intact in histological staining (as presented in **Figure 5**). The possible reasons for not achieving inflammation include stochastic differences in the behavior of the animals as well the specific exposure of each animal to bacteria. Although good results are achieved in causing apical periodontitis by using this method (at least 85% of animals show bone resorption), follow the protocol closely to reduce any variation between the samples. If any mice show signs of distress during the follow-up period, consider removing them from the experiment to prevent suffering. The decision to do so may be aided by looking at the loss or gain of weight of the animals during the follow-up period. Animals that lose a lot of weight suffer and should be removed. We have also observed that the animals suffering the most are those which started the experiment at a low weight or poor health condition. Overall, the procedure, if performed correctly, should yield consistent results.

Several limitations of this technique are to be noted. It is important to note that this model was developed in order to study apical periodontitis caused by bacterial contamination and does not mimic several other possible mechanisms by which apical periodontitis may arise, such as traumatic injury and autoinflammatory disease. Moreover, significant differences between this model and the clinical situation in human patients do exist. In mice, spontaneous periapical lesions have not been described and this is entirely an artificial situation. The anatomy of rodent teeth also differs from that of humans; the importance of these differences being unknown. Nonetheless, the mouse is an extremely useful model for understanding basic mechanisms and phenomena. Moreover, a root canal healing model in a mouse (by treating with a root canal) has not been reported so far, but potentially has high importance in this field of research should it prove to be feasible. A method of pulp capping has been reported for mice, which shows great potential<sup>27</sup>. A root canal healing model has indeed been recently developed in rats, a model animal often used in endodontic research<sup>28</sup>. The method reported here could serve as a preliminary procedure for developing this root canal healing model.

Using an in vivo method is crucial for the study of such a complex immune reaction, and a mouse model, although clinically challenging due to the small size of the animal, has many advantages: it is cost effective, involves easily accessible facilities, and a set of available genetic and molecular tools (such as available knock-outs, CRISPR libraries and a multitude of genomic data). This model is most suitable for endodontic research, as it induces the clinical presentation of AP in sterile lab conditions, with minimal variations (as opposed to clinical studies). Moreover, this model also has advantages in other research fields, such as chronic inflammation, due to the ability to cause a chronic but local inflammation with minimal systemic involvement, and the use of the contralateral side of the same animal as a control.

- This work reports the use of micro-CT and histology for analysis of the lesion. Potentially, other types of analyses can be used in this model which were not performed here, such as isolating DNA and testing DNA methylation on different genes in the inflammatory cells; isolating RNA and performing RNA-seq to see the pattern of gene expression in different immune cells or different types of mice; or isolating cells and characterizing them by FACS<sup>20,21,29</sup>. Collectively, there is a great potential in the model reported here, which will hopefully be facilitated by this reported
- 535536537

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protocol and demonstration.

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#### **DISCLOSURES:**

The authors have nothing to disclose

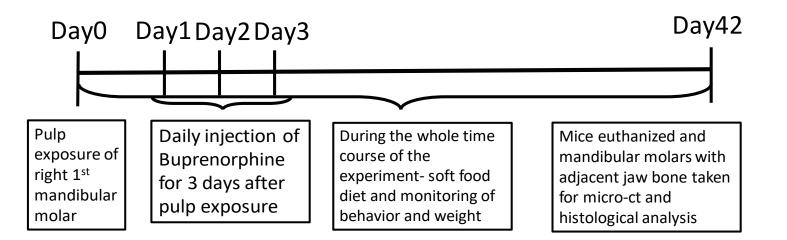
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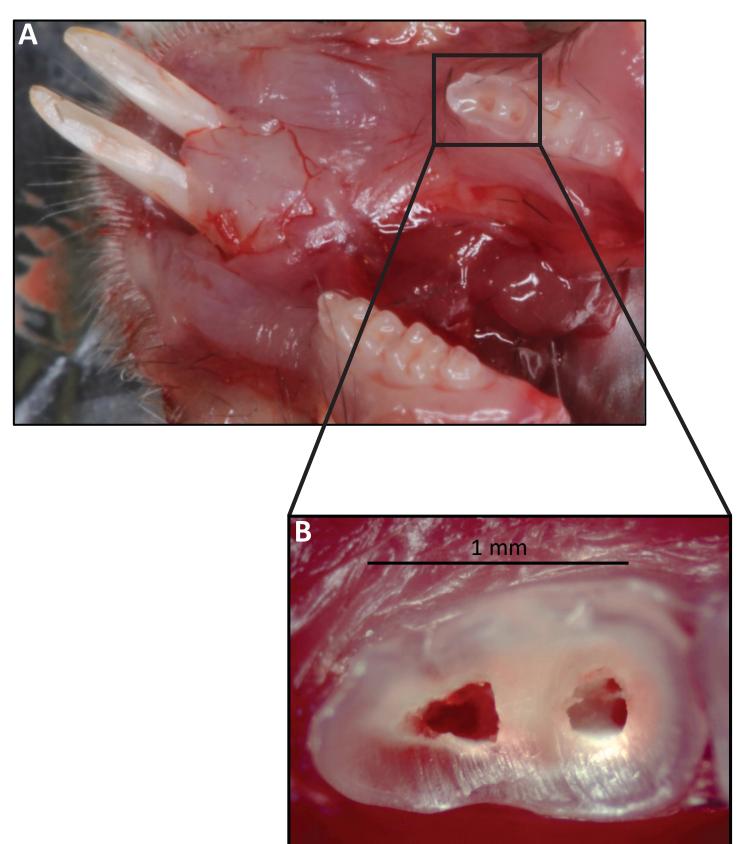
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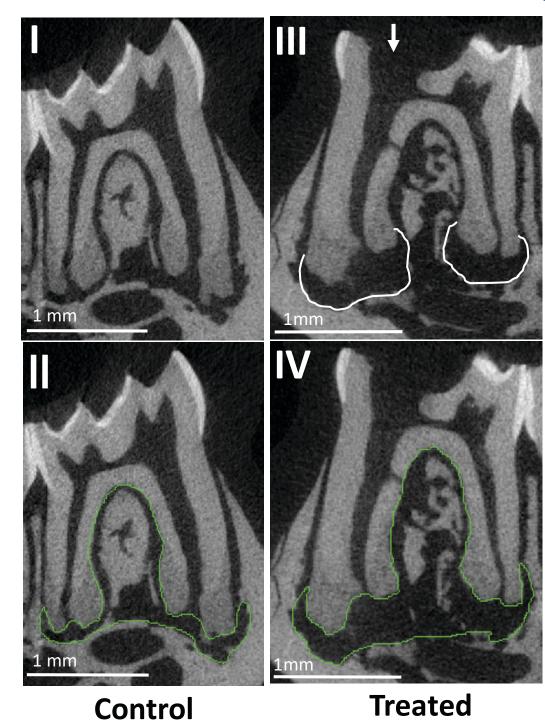
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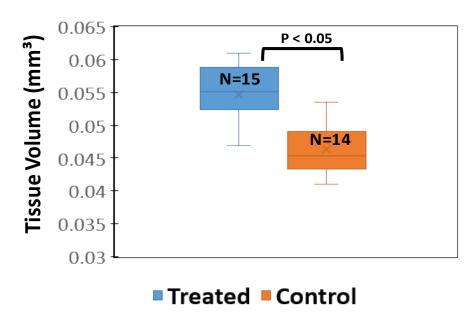


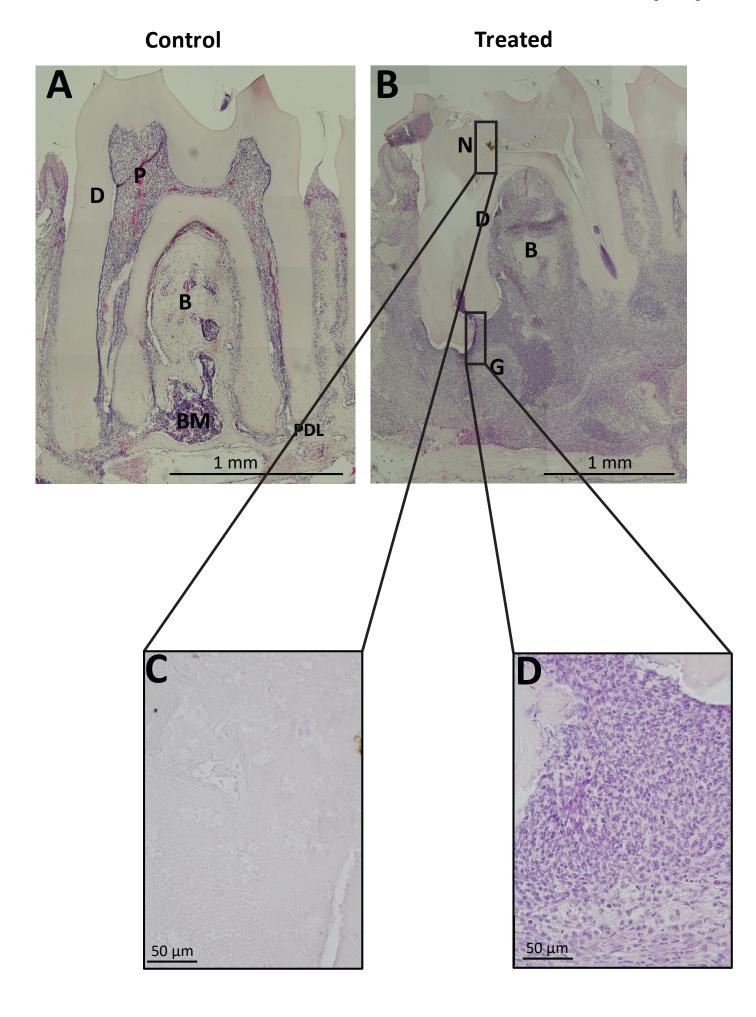


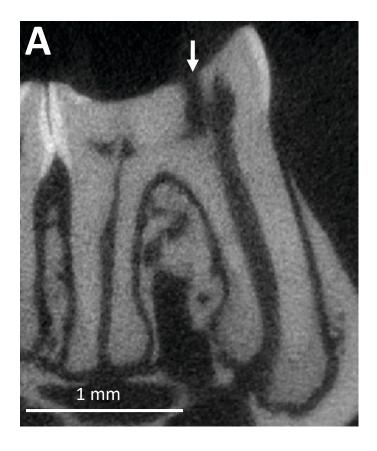
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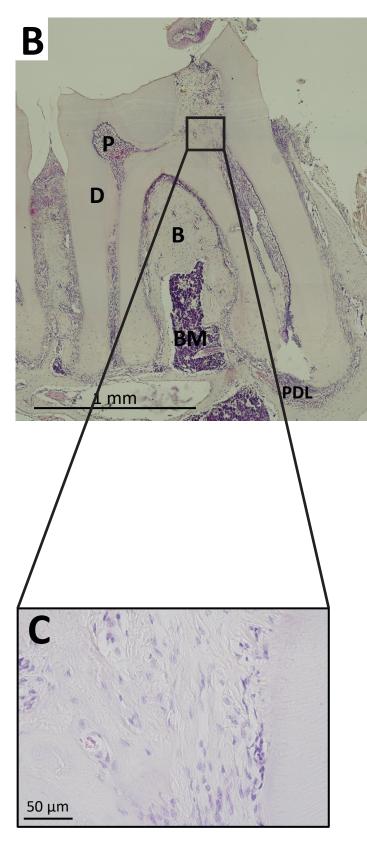


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Mepivacaine HCl 3%	Teva	CAS 96-88-8	
microbrushes- adjustable precision			
applicators	PARKELL	S379	
micro-ct scanner	scanco	uCT 40	
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	Rekah		
Chloramphenicol eye ointment (5%)	pharmaceutical	CAS 56-75-7	
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