

Journal of Visualized Experiments

Using Nanoplasmon-enhanced scattering and Low-magnification Microscope imagery to quantify pathogen-driven exosome in micro amount of plasma --Manuscript Draft--

Article Type:	Invited Methods Collection - JoVE Produced Video
Manuscript Number:	JoVE59177R3
Full Title:	Using Nanoplasmon-enhanced scattering and Low-magnification Microscope imagery to quantify pathogen-driven exosome in micro amount of plasma
Keywords:	Nanoplasmon-enhanced scattering (nPES), exosome quantification, Far Field Dark-Field Microscope, Dark Scatter Master algorithm, high-throughput, pancreatic cancer
Corresponding Author:	Tony Hu Arizona State University Biodesign Institute Tempe, AZ UNITED STATES
Corresponding Author's Institution:	Arizona State University Biodesign Institute
Corresponding Author E-Mail:	tyhu@asu.edu
Order of Authors:	Meihua Wan Pouya Amrollahi Dali Sun Christopher Lyon Tony Hu
Additional Information:	
Question	Response
Please indicate whether this article will be Standard Access or Open Access.	Standard Access (US\$2,400)
Please indicate the city, state/province, and country where this article will be filmed . Please do not use abbreviations.	Tempe, AZ

TITLE:

Using Nanoplasmon-Enhanced Scattering and Low-Magnification Microscope Imaging to Quantify Tumor-Derived Exosomes

AUTHORS AND AFFILIATIONS:

Meihua Wan^{1,2}, Pouya Amrollahi^{2,3}, Dali Sun⁴, Christopher Lyon^{2,3}, Tony Y. Hu^{2,3}

¹Department of Integrated Traditional Chinese and Western Medicine, West China Hospital of Sichuan University

²Virginia G. Piper Biodesign Center for Personalized Diagnostics, The Biodesign Institute, Arizona State University

³School of Biological and Health Systems Engineering, Arizona State University

⁴Department of Electrical and Computer Engineering, North Dakota State University

Corresponding Author:

Tony Y. Hu, Ph.D. (Tony.Hu@asu.edu)

Email Addresses of Co-authors:

Meihua Wan (wanmh@scu.edu.cn)

Pouya Amrollahi (pouya.amrollahi@asu.edu)

Dali Sun (dali.sun@ndsu.edu)

Christopher Lyon (Christopher.J.Lyon@asu.edu)

KEYWORDS:

nanoplasmon-enhanced scattering (nPES), exosome quantification, far field dark-field microscope, dark scatter master algorithm, high-throughput, pancreatic cancer.

SUMMARY:

Clinical translation of exosome-derived biomarkers for diseased and malignant cells is hindered by the lack of rapid and accurate quantification methods. This report describes the use of low-magnification dark-field microscope images to quantify specific exosome subtypes in small volume serum or plasma samples.

ABSTRACT:

Infected or malignant cells frequently secrete more exosomes, leading to elevated levels of disease-associated exosomes in the circulation. These exosomes have the potential to serve as biomarkers for disease diagnosis and to monitor disease progression and treatment response. However, most exosome analysis procedures require exosome isolation and purification steps, which are usually time-consuming and labor-intensive, and thus of limited utility in clinical settings. This report describes a rapid procedure to analyze specific biomarkers on the outer membrane of exosomes without requiring separate isolation and purification steps. In this method, exosomes are captured on the surface of a slide by exosome-specific antibodies and then hybridized with nanoparticle-conjugated antibody probes specific to a disease. After hybridization, the abundance of the target exosome population is determined by analyzing low-

magnification dark-field microscope (LMDFM) images of the bound nanoparticles. This approach can be easily adopted for research and clinical use to analyze membrane-associated exosome biomarkers linked to disease.

INTRODUCTION:

Exosomes are released from most cell types and play a key role in cell-to-cell communications, including pathophysiological processes associated with various diseases, since they can be home to specific tissues or cell types, and contain a variety of nucleic acids, proteins, and lipids that reflect their cell of origin and can exert regulatory effects on their recipient cells¹⁻⁴. Exosomes are often secreted at elevated levels in disease states, can interact with both adjacent and distant cells, and are found at relatively high concentration in the circulation as well as most other body fluids, including saliva, urine, pancreatic and bile juice, and bronchoalveolar lavage fluid⁵⁻¹¹. This abundance and stability of exosomes in human body fluids, coupled with their information-rich nature, makes them ideal biomarkers for disease diagnosis and treatment monitoring.

This includes tumor-derived exosomes (TDEs), which contain tumor-specific or selective factors, which can serve as disease biomarkers, including tumor-associated mutant alleles. TDEs can participate in the remodeling of the tumor microenvironment to facilitate tumor development and metastasis, and regulate anti-tumor responses¹². Increased TDE secretion is a common phenotype of most cancers and several features of the tumor microenvironment, including hypoxia, acidic pH, and inflammation, are known to promote exosome secretion. Surprisingly, given the number of cells that secrete exosomes, an increase in total exosome level can, itself, function as a cancer biomarker. For example, a recent study found that the total EV concentration in bile juice discriminates malignant and nonmalignant in common bile duct stenosis patients with 100% accuracy⁷. Similar results have been found with studies using other body fluids, including plasma. However, due to the potential for subject to subject variation, and other confounding factors, most studies investigating exosomes as disease biomarkers have focused on detection of biomarker that are selectively associated with TDEs instead of total exosome numbers.

Translating exosome biomarkers into clinical practice, however, remains challenging since most reported exosome assay approaches require time-consuming and labor-intensive isolation procedures¹³. Currently popular exosome isolation methods include ultracentrifugation, density gradients, size-exclusion, co-precipitation, affinity capture, and microfluidic isolation approaches. Ultracentrifugation is the “gold standard” method, and is most commonly used for exosome isolations, but this procedure is time-consuming and results in exosome damage and exosome membrane clustering, and produces exosome samples that are contaminated with proteins, lipoproteins and other factors that can influence subsequent analyses¹⁴. Most exosome isolation methods, including ultracentrifugation, cannot separate exosomes (30–150 nm) from microvesicles (100–1000 nm) and apoptotic bodies (100–5000 nm), which arise through different mechanisms and have different functions, due to the size overlap among these groups, and the diversity of exosome populations¹⁵. New approaches are needed to improve the sensitivity and

reproducibility of exosome assays by improving exosome recovery while reducing exosome damage and contamination, although any assays based on such methods will also need to be optimized to render them suitable for translation to applications in clinical settings.

Several recent studies have proposed to employ integrated platforms to capture and analyze exosomes directly from body fluids. These methods employ microfluidic, electrokinetic, affinity capture, and various other methods for exosome isolation, and electrochemistry, surface plasmon resonance, and other methods to detect captured exosomes. It is not clear how feasible many of these approaches will be in clinical settings, due to their complexity, expense, low-throughput or other issues.

We have developed a rapid and inexpensive assay that can be used for sensitive and specific quantification of total exosomes and specific exosome subtypes, including disease-associated exosomes, such as TDEs, which requires only a small amount of sample and which employs a streamlined workflow suitable for clinical environments. In this assay, a slide is coated with antibodies that bind either an exosome-specific or disease-specific marker expressed on the exosome surface in order to directly capture target exosomes present in small volume plasma or serum samples applied to wells on the slide. Captured exosomes are then hybridized with an antibody-conjugated nanoparticle that recognizes the biomarker of interest on these exosomes, which can be either a general exosome marker or a factor specific for an exosome subtype of interest. Images of these sample wells are then captured using a dark field microscope (DFM) and analyzed to measure the light scattered from nanoparticles bound to exosomes of interest captured in each sample well^{6,16,17}. Notably, imaging an entire sample well by low-magnification DFM (LMDFM) avoids a selection bias encountered with high magnification DFM analyses when users must directly choose which fields to capture for subsequent image analysis. LMDFM image analysis is subject to light scattering artifacts from surface irregularities, including scratches and sample debris, but this background can be reduced using a simple noise-reduction algorithm we developed to run on the NIH image analysis program, ImageJ (<https://imagej.nih.gov/ij/>). This algorithm first applies an input contour threshold that is used to detect the boundaries of the sample well to define the region of the image for subsequent analysis. The region defined by this contour region is then split to separate signal present in the red, blue and green channels of the image and the blue channel is subtracted from the red channel to remove signal arising from surface artifacts and uneven lighting from nanorod signal.

This article describes how to use this assay to rapidly quantify either total or specific exosome levels in plasma or serum samples.

PROTOCOL:

1. Preparation of nanoparticle probes

NOTE: This assay utilizes Functionalized Gold Nanorods (AuNRs; 25 nm diameter x 71 nm length) that are covalently conjugated with neutravidin polymers (AV) and have a surface plasmon resonance peak that produces a red (641 nm peak) scattering signal upon DFM illumination.

1.1. Wash 40 μL of AuNR-AV (2.56×10^{11} particles) three times with 200 μL PBS (pH 7.0) by centrifugation and aspiration ($8,500 \times g$ at 4°C for 10 minutes), followed by a final centrifugation and aspiration step after which the AuNR-AV pellet is suspended in 40 μL PBS.

1.2. Mix this AuNR-AV suspension with 10 μL biotinylated antibody (0.5 mg/mL) specific for an antigen on the surface of the exosome subtype of interest and 150 μL of PBS and then mix at 4°C for 2 h using a mixer to allow neutravidin-biotin binding to reach completion.

1.3. Wash the resulting antibody-conjugated AuNRs (AuNR-IgG) three times by centrifugation and aspiration ($6,500 \times g$ at 4°C for 10 minutes), and then suspend them in 200 μL PBS and store them at 4°C until use.

NOTE: Sterile technique and short storage times must be used to avoid contamination and degradation of the AuNR-IgG. It is best to use antibody-conjugated AuNRs within 24 hours of their conjugation.

2. Preparation of EV capture slides

2.1. Dilute selected exosome capture antibodies to 0.025 mg/mL in PBS and add 1 μL /well of this dilution onto a multi-well protein A/G slide, and then incubate this slide at 37°C for 1 h in a humidified chamber to allow capture antibody binding to protein A/G immobilized on the slide.

2.2. Aspirate wells to remove unbound antibodies, and wash wells three times by the addition and aspiration of 1 μL /well of PBS, then load each well with 1 μL of blocking buffer (see **Table of Materials**) and incubate the slide for 2 h at 37°C in a humidified chamber to block any remaining protein binding sites.

2.3. Aspirate wells to remove blocking buffer, wash wells three times by the addition and aspiration of 1 μL /well of PBS, and immediately use the blocked slides for exosome capture and analysis.

3. Standard curve preparation

3.1. To accurately quantify the absolute or relative abundance of a specific exosome subtype, the user must generate a standard curve with a pure exosome population that uniformly expresses the exosome surface biomarker of interest. This study analyzes the abundance of exosomes expressing a metastasis-associated membrane protein, Ephrin A2 receptor, which has a reported relationship with pancreatic cancer stage and prognosis^{6,18}.

NOTE: The human pancreatic cancer cell line PANC-1 and its exosomes are known to express this protein and isolated exosomes from this cell line were used to generate a standard curve to quantify the number of exosomes that express this protein in complex exosome samples.

3.2. Culture cells for 48 hours at 37 °C in serum-free culture media to allow exosome accumulation in the media, then isolate cell culture supernatants by centrifugation of suspension cultures or direct aspiration of culture media from adherent cell cultures.

3.3. Centrifuge the collected media at 2000 x *g* for 30 min to remove debris and recover the supernatant.

3.4. Filter the clarified culture supernatant through a 0.45 µm low protein binding filter unit of appropriate capacity (e.g. a 250 mL polyethersulfone vacuum filtration unit).

3.5. Concentrate the resulting filtrate by centrifugation at 3200 x *g* using a 100,000 nominal molecular weight limit filter system to a 250 µL final volume. Collect the retained volume from this filter, then wash the filter with 200 µL PBS, and combine this wash volume with the collected exosome sample volume.

3.6. Centrifuge this sample at 21,000 x *g* for 45 minutes and carefully recover the supernatant, taking care not to collect any precipitated material.

3.7. Centrifuge the recovered supernatant at 100,000 x *g* for 3 hours to precipitate the exosomes. Aspirate away the supernatant and collect the exosome pellet in 100 µL PBS.

3.8. Store the resulting exosome suspensions at 4 °C if used within 24 hours or at -80 °C for long term storage.

NOTE: Do not subject exosome samples to repeat freeze-thaw cycles.

3.9. Quantify an aliquot of the exosome suspension after mixing by direct measurement of exosome numbers (e.g., by nanoparticle tracking analysis or tunable resistive pulse sensing or by measuring the protein concentration of exosome lysates by micro-bicinchoninic acid assay, or an equivalent method, as a means to approximate exosome quantity)^{16,19}.

3.10. Generate a set of serial dilutions of the exosome suspension to allow comparison of nanoparticle signal to input exosome number or protein content.

3.11. Transfer 1 µL of each exosome standard to each of its replicate wells on the assay plate.

NOTE: Standard curves can be used to calculate the slope of the correlation line between nanoparticle signal and exosome concentration to (1) evaluate assay performance and (2) determine the relative concentration of target exosomes in experimental samples.

4. Processing human plasma or serum samples

4.1. Collect plasma or serum samples by standard methods and store at -80 °C until needed for exosome analysis. Rapidly thaw samples in a room temperature water bath. Repeatedly mix the

thawed samples by inversion to promote homogenous suspension.

NOTE: Results from serum and plasma samples may not be equivalent, since there is a significant release of exosomes during the clotting reaction.

4.2. Centrifuge plasma or serum samples at 500 x g for 15 min to precipitate protein aggregates and other debris. Transfer an aliquot of the plasma or serum sample to a fresh tube and add PBS to generate a 1:1 dilution. Mix the diluted sample by gentle vortexing or inversion, as appropriate. Transfer 1 μ L of each plasma or serum suspension to each of its replicate wells on the assay plate.

5. Exosome capture and detection

5.1. Load wells of a blocked EV capture slide with 1 μ L/well of exosome sample, using 8 replicates per sample, and incubate the slide overnight at 4 °C in a humidified chamber. Aspirate all sample wells and then add 1 μ L/well of PBS to wash wells and remove unbound exosomes and other contaminants from the loaded exosome sample.

5.2. Load sample wells with 1 μ L/well of a previously prepared AuNR-IgG suspension (see section 1 above) and incubate the slide for 2 h at 37 °C in a humidified chamber. Aspirate the nanoparticle solution and wash the slide in PBS supplemented with 0.01% Tween-20 (PBST) for 10 min using a mixer, then aspirate and wash all sample wells with deionized water for 10 min using a rotating mixer, and air-dry for subsequent LMDFM imagery.

NOTE: Inter-assay coefficients of variation (CVs) are assessed from eight replicates of the same sample. Samples that exhibit CVs >20% are considered non-informative and should be repeated, if there is sufficient sample.

6. DFM Image Capture

6.1. Capture images for exosome quantification under consistent lighting using a digital camera attached to a microscope equipped with a dark-field condenser ($1.2 < NA < 1.4$) and a 4x objective employing a 1/220 s exposure time.

6.2. Open the image capture software.

NOTE: We use NIS-Elements microscope imaging software (see **Table of Materials**) for the protocol described below, but it is possible to use another software that can match its image capture parameters. NIS-Elements Viewer imaging software is a free standalone program to view image files and data sets that contains analysis, visualization and archiving tools. The parameters below are also for a microscope with autofocus and an automated stage that permits multiple images to be automatically captured and stitched into a single image.

6.3. Place the slide upside down on the microscope stage, adjust the slide position and apply a

small drop of immersion oil on the back of the slide, where the condenser lens contacts the slide.

6.4. Click the **live** button in the software interface, and adjust the exposure time against a high concentration standard well to ensure the image is not saturated.

6.5. Open the **Scan Large Image** window from the **Acquire** tab and set the software interface parameters as follows: **Macro Image Optical conf** = current; Objective: 2:10x, **Scanning Optical conf** = current, Objective: 2:10x; **Stitching Overlap** = 20%; **Stitching via** = Optimal Path.

6.6. Choose **Create Large Image**, **Close active shutter during stage movement**, **Wait before each Capture: 20 ms**, **Focus manually at start**, and **Use step-by-step focus every 20 field**. These setting will be saved with the scanned images.

6.7. Move the microscope stage to define the **left top right bottom limits** of the target scan field. Adjust the focus to achieve a clear image on the monitor and adjust the condenser settings and environmental lighting as necessary to minimize any lighting irregularities in the focused image.

6.8. Name the image output file in the software. Click the **Scan** button and allow the microscope to scan and create and save a stitched image of the entire slide.

6.9. Open the saved image with the image capture software you are using and save it at 1/8 scale for subsequent analysis on the DSM plugin in ImageJ.

7. DFM image analysis

7.1. Download the ImageJ program (<https://imagej.nih.gov/ij/>). Install the DSM algorithm plugin into ImageJ using the instructions listed at https://imagej.net/Plugins#Installing_plugins_manually.

7.2. Open the ImageJ software, then set the following input parameters within the DSM algorithm: **Contour threshold (Ct)** = 253.020, **Type** = Red, **Center scale (S)** = 0.8, **Low (Lt)/High (Ht) quantification limit** = 0/62.

7.3. Open the saved image from section 6.8 with ImageJ. Choose the **DSM Scan** button from the **Plugins** tab, then define the number of columns and rows according to the opened image. The program can recognize the detecting areas and analysis the scatter intensity of nanoparticle in according areas automatically. Set the following input parameters within the **DSM Scan** window: **Resize Percentage** = 25, **Spot Diameter (in pixels)** = 190 – 200, **Diameter Range** = 32, **Increment diameter (in pixels)** = 8, **DSM Configuration - Low limit** = 0, **High limit** = 62, **Adjacent Distance** = 100, **Subtract Bias** = 0.

NOTE: The results of scatter intensity of nanoparticle reflect the quantity of bound exosomes on the slide.

REPRESENTATIVE RESULTS:

Multi-well protein A/G coated slides (**Figure 1A**) were functionalized with anti-EphA2 antibody and then used to specifically capture EphA2-positive exosomes from serum samples of patients with and without pancreatic cancer (1 μ L/well) and incubated with gold nanorods conjugated with an anti-CD9 antibody (**Figure 1B**). DFM images of light scattered from these nanoparticles were analyzed using the DSM plugin in ImageJ software to quantify the bound EphA-2 positive exosomes in each well. The DSM algorithm automatically defines the boundary of a sample well, filters the noise from artifacts, calculates the scattered signal from each well, and outputs this information (**Figure 2**). The DSM algorithm strongly attenuates light scattering artifacts from scratches or debris present in the sample and improves the sensitivity and reproducibility of nanoparticle detection and can automatically process a batch of slide images for high-throughput use. This algorithm uses ImageJ commands and parameters input by the user to subtract image background, calculate the scattering signal from each well, and output a data and image file (**Figure 3**). Regions of interest are defined by the high intensity well boundaries in the capture image using the contour threshold function of the ImageJ macro program. Image analyses use a predefined contour threshold and image parameters to calculate the intensity of nanoparticle scattering for each well.

As reported in our previous work (supplementary information of Liang et al.⁶), exosomes isolated from PANC-1 cell cultures characterized by transmission electron microscopy and Western blot exhibited the size range, morphology, and protein marker expression consistent with a high purity exosome sample. The PANC-1 exosomes, prepared with the same procedure as our previous work, were used here to validate our nPES assay for exosome quantification. This assay used an anti-EphA2 antibody to capture a large population of exosomes from the total exosome population and an antibody against the general exosome protein CD9 to detect captured exosomes. Results obtained using serially diluted PANC-1 exosome samples, with protein concentrations ranging from 0.24 to 1.2 μ g/ μ L, showed good reproducibility in replicate wells (**Figure 4A**) and a strong linear correlation between the scatter response and exosome protein concentration (**Figure 4B**).

To demonstrate the potential application of this method, serum samples from patients with and without pancreatic cancer were analyzed to detect the abundance of serum exosomes expressing the cancer-associated biomarker EphA2, using an anti-EphA2 antibody to directly capture target exosomes from serum and nanoparticles conjugated with an anti-CD9 antibody to detect bound exosomes. This analysis revealed that serum samples from the pancreatic cancer patients had significantly higher levels of EphA2+ exosomes (**Figure 5**) than their controls.

FIGURE AND TABLE LEGENDS:

Figure 1: Exosome quantification scheme. (A) Schematic of multi-well protein A/G slides (192 wells) used in this assay. (B) Target exosomes are directly captured from samples, including serum and plasma, by surface immobilization on the capture antibody (e.g. anti-EphA2 antibody) bound to the slide, and then incubated with gold nanorods conjugated with a detection antibody

(e.g. anti-CD9 antibody) before analysis by DFM image analysis.

Figure 2: Exosome quantification by applying the DSM algorithm to LMDFM images. Low-magnification images are processed with the DSM algorithm to eliminate background signal and signal artifacts that can arise from scratches, mixing voids, debris, and uneven sample illumination to allow robust detection of gold nanorod signal, which correlates with exosome concentration. This figure has been adapted with permission from Sun, D. et al. Noise Reduction Method for Quantifying Nanoparticle Light Scattering in Low Magnification Dark-Field Microscope Far-Field Images. *Analytical Chemistry*. **88** (24), 12001-12005 (2016). Copyright (2016) American Chemical Society.

Figure 3: Schematic of the DSM algorithm commands and outputs. Indicated steps use native commands from ImageJ and all input parameters are selected according to the requirements of experiments via graphical user interface. This figure has been adapted with permission from Sun, D. et al. Noise Reduction Method for Quantifying Nanoparticle Light Scattering in Low Magnification Dark-Field Microscope Far-Field Images. *Analytical Chemistry*. **88** (24), 12001-12005 (2016). Copyright (2016) American Chemical Society.

Figure 4: Representative nPES LMDFM images and DSM output data. (A) LMDFM image of an nPES assay analyzing a concentration gradient of PANC-1 exosomes and (B) the linear correlation of the optical signal and exosome concentration from this slide (left to right: 0.24, 0.356, 0.53, 0.80, 1.20 $\mu\text{g}/\mu\text{L}$ respectively for each column). Data are presented as Mean \pm SE, $n=6$, with a Pearson correlation coefficient $R^2 = 0.99$ and coefficient of variation for the replicates of each concentration < 0.2 .

Figure 5: LMDFM signal of EphA2⁺ exosomes differs in serum from patients with and without pancreatic cancer. Serum samples analyzed by nPES using an anti-EphA2 capture antibody (cancer-associated) and an anti-CD9 detection antibody (general exosome marker) exhibited a significant difference in the concentration of EphA2⁺ exosomes in serum samples of patients with and without pancreatic cancer ($N = 7/\text{group}$). Results are presented as Mean \pm SE. $**p = 0.002$ by Mann-Whitney U-test (two-sided). This figure has been modified from [Sun, D. et al. Noise Reduction Method for Quantifying Nanoparticle Light Scattering in Low Magnification Dark-Field Microscope Far-Field Images. *Analytical Chemistry*. **88** (24), 12001-12005 (2016)].

DISCUSSION:

Exosomes arise from regulated invaginations of the outer endosome membrane that produce multivesicular bodies, a specialized subset of endosomes that contain a large number of intraluminal vesicles that undergo fusion with the plasma membrane to release mature exosomes into the extracellular space. Due to this biogenesis pathway, exosomes can carry membrane-bound factors associated with membrane fractions that comprise or fuse with the endosome membrane, as well as multiple different types of cytosolic components, and thus contain cargoes of proteins, DNA and various RNA subtypes (mRNAs, microRNAs, long non-coding RNAs) that can reflect the phenotype of their cell of origin²⁰. Since exosomes are secreted by

most if not all cell types, can exhibit increased secretion from diseased or malignant cells, and accumulate in most body fluids, exosomes are the subject of comprehensive and systematic investigation as a promising minimally invasive means to detect specific disease conditions and monitor their responses to treatment²¹.

Exosome isolation, which is required for most current exosome analyses, is a lengthy and labor-intensive procedure, restricting the clinical translation of exosome-associated biomarkers with potential medical relevance. Many common isolation methods (ultracentrifugation, size-exclusion, precipitation, etc.) often do not sufficiently distinguish exosomes (30–100 nm) from micro-vesicles (100–1000 nm) and apoptotic bodies (100–5000 nm) due to overlaps in their size ranges or physical properties or may damage exosome integrity¹⁵. New approaches are under development that may permit more rapid exosome analyses, but it is not clear how feasible it may be to implement many of these platforms in clinical settings due.

In this report, we present a novel approach that allows nanoparticle-based high-throughput exosome quantification using low magnification dark field microscope images. This method does not require exosome purification, expensive dedicated equipment, or novel technical expertise and should thus be amenable to rapid translation in most research and clinical settings. Our assay can be applied to precisely quantify the concentration of a target exosome population bearing a specific biomarker when assay results are compared to a standard curve, since our results exhibit there is a strong linear correlation ($R^2 = 0.99$) between optical response and exosome concentration. To demonstrate the real world potential of this approach, we have provided data where we employed this method to quantify the concentration of an exosome biomarker associated with pancreatic cancer in serum samples obtained from patients with and without pancreatic cancer.

In LMDFM, the entire sample well is imaged to avoid the selection bias found in high-magnification DFM analyses, where users must directly choose the sample fields to capture for subsequent image analysis, but is subject to light scattering artifacts from surface irregularities, including scratches and sample debris. This background can be reduced to detect target exosome-derived signal using our DSM noise-reduction algorithm that runs on the NIH image analysis program, ImageJ, but care must still be taken to avoid introducing such artifacts which may reduce the dynamic range of the assay.

Materials used in this assay:

Multi-well SuperProtein A/G slides holding 1 μ L/well were purchased from Arrayit Corporation (AGMSM192BC). Nanoparticles were obtained from Nanopartz (C12-25-650-TN-DIH-50-1, 6.4×10^{12} /mL). DFM images were captured with a Nikon DiR2 digital camera attached to a Nikon Ti-Eclipse microscope, with consistent lighting and a 1/220 s exposure time. The PANC-1 cell line used in this study was purchased from the American Type Culture Collection.

ACKNOWLEDGMENTS:

The work was primarily supported by research funding provided by NIH (U01CA214254, R01HD090927, R01AI122932, R01AI113725 and R21AI126361-01), Arizona Biomedical Research Commission (ABRC) young investigator award.

DISCLOSURES:

The authors declare that they have no competing financial interests.

REFERENCES:

- 1 Andaloussi S, E. L., Mager, I., Breakefield, X. O., Wood, M. J. Extracellular vesicles: biology and emerging therapeutic opportunities. *Nature Reviews Drug Discovery*. **12** (5), 347-357, doi:10.1038/nrd3978 (2013).
- 2 Choi, D. S., Kim, D. K., Kim, Y. K., Gho, Y. S. Proteomics, transcriptomics and lipidomics of exosomes and ectosomes. *Proteomics*. **13** (10-11), 1554-1571, doi:10.1002/pmic.201200329 (2013).
- 3 Schorey, J. S., Cheng, Y., Singh, P. P., Smith, V. L. Exosomes and other extracellular vesicles in host-pathogen interactions. *EMBO Reports*. **16** (1), 24-43, doi:10.15252/embr.201439363 (2015).
- 4 Hoshino, A. et al. Tumour exosome integrins determine organotropic metastasis. *Nature*. **527** (7578), 329-335, doi:10.1038/nature15756 (2015).
- 5 Zaborowski, M. P., Balaj, L., Breakefield, X. O., Lai, C. P. Extracellular Vesicles: Composition, Biological Relevance, and Methods of Study. *Bioscience*. **65** (8), 783-797, doi:10.1093/biosci/biv084 (2015).
- 6 Liang, K. et al. Nanoplasmonic Quantification of Tumor-derived Extracellular Vesicles in Plasma Microsamples for Diagnosis and Treatment Monitoring. *Nature Biomedical Engineering*. **1**, doi:10.1038/s41551-016-0021 (2017).
- 7 Severino, V. et al. Extracellular Vesicles in Bile as Markers of Malignant Biliary Stenoses. *Gastroenterology*. **153** (2), 495-504 e498, doi:10.1053/j.gastro.2017.04.043 (2017).
- 8 Osteikoetxea, X. et al. Detection and proteomic characterization of extracellular vesicles in human pancreatic juice. *Biochemical and Biophysical Research Communications*. **499** (1), 37-43, doi:10.1016/j.bbrc.2018.03.107 (2018).
- 9 Bulacio, R. P., Nosetto, E. C., Brandoni, A., Torres, A. M. Novel finding of caveolin-2 in apical membranes of proximal tubule and first detection of caveolin-2 in urine: A promising biomarker of renal disease. *Journal of Cellular Biochemistry*. doi:10.1002/jcb.27772 (2018).
- 10 Nair, S., Tang, K. D., Kenny, L., Punyadeera, C. Salivary exosomes as potential biomarkers in cancer. *Oral Oncology*. **84**, 31-40, doi:10.1016/j.oraloncology.2018.07.001 (2018).
- 11 Kim, J. E. et al. Diagnostic value of microRNAs derived from exosomes in bronchoalveolar lavage fluid of early-stage lung adenocarcinoma: A pilot study. *Thoracic Cancer*. **9** (8), 911-915, doi:10.1111/1759-7714.12756 (2018).
- 12 Boussadia, Z. et al. Acidic microenvironment plays a key role in human melanoma progression through a sustained exosome mediated transfer of clinically relevant metastatic molecules. *Journal of Experimental & Clinical Cancer Research*. **37** (1), 245, doi:10.1186/s13046-018-0915-z (2018).
- 13 An, M., Wu, J., Zhu, J., Lubman, D. M. Comparison of an Optimized Ultracentrifugation

- Method versus Size-Exclusion Chromatography for Isolation of Exosomes from Human Serum. *Journal of Proteome Research*. doi:10.1021/acs.jproteome.8b00479 (2018).
- 14 Brenner, A. W., Su, G. H., Momen-Heravi, F. Isolation of Extracellular Vesicles for Cancer Diagnosis and Functional Studies. *Methods in Molecular Biology*. **1882**, 229-237, doi:10.1007/978-1-4939-8879-2_21 (2019).
- 15 Li, P., Kaslan, M., Lee, S. H., Yao, J., Gao, Z. Progress in Exosome Isolation Techniques. *Theranostics*. **7** (3), 789-804, doi:10.7150/thno.18133 (2017).
- 16 Sun, D. et al. Noise Reduction Method for Quantifying Nanoparticle Light Scattering in Low Magnification Dark-Field Microscope Far-Field Images. *Analytical Chemistry*. **88** (24), 12001-12005, doi:10.1021/acs.analchem.6b03661 (2016).
- 17 Sun, D., Hu, T. Y. A low cost mobile phone dark-field microscope for nanoparticle-based quantitative studies. *Biosensors and Bioelectronics*. **99**, 513-518, doi:10.1016/j.bios.2017.08.025 (2018).
- 18 Koshikawa, N., Minegishi, T., Kiyokawa, H., Seiki, M. Specific detection of soluble EphA2 fragments in blood as a new biomarker for pancreatic cancer. *Cell Death & Disease*. **8** (10), e3134, doi:10.1038/cddis.2017.545 (2017).
- 19 Clayton, A., Turkes, A., Navabi, H., Mason, M. D., Tabi, Z. Induction of heat shock proteins in B-cell exosomes. *Journal of Cell Science*. **118** (Pt 16), 3631-3638, doi:10.1242/jcs.02494 (2005).
- 20 Henne, W. M., Buchkovich, N. J., Emr, S. D. The ESCRT pathway. *Developmental Cell*. **21** (1), 77-91, doi:10.1016/j.devcel.2011.05.015 (2011).
- 21 Panagiotara, A., Markou, A., Lianidou, E. S., Patrinos, G. P., Katsila, T. Exosomes: a cancer theranostics road map. *Public Health Genomics*. **20** (2), 116-125 (2017).

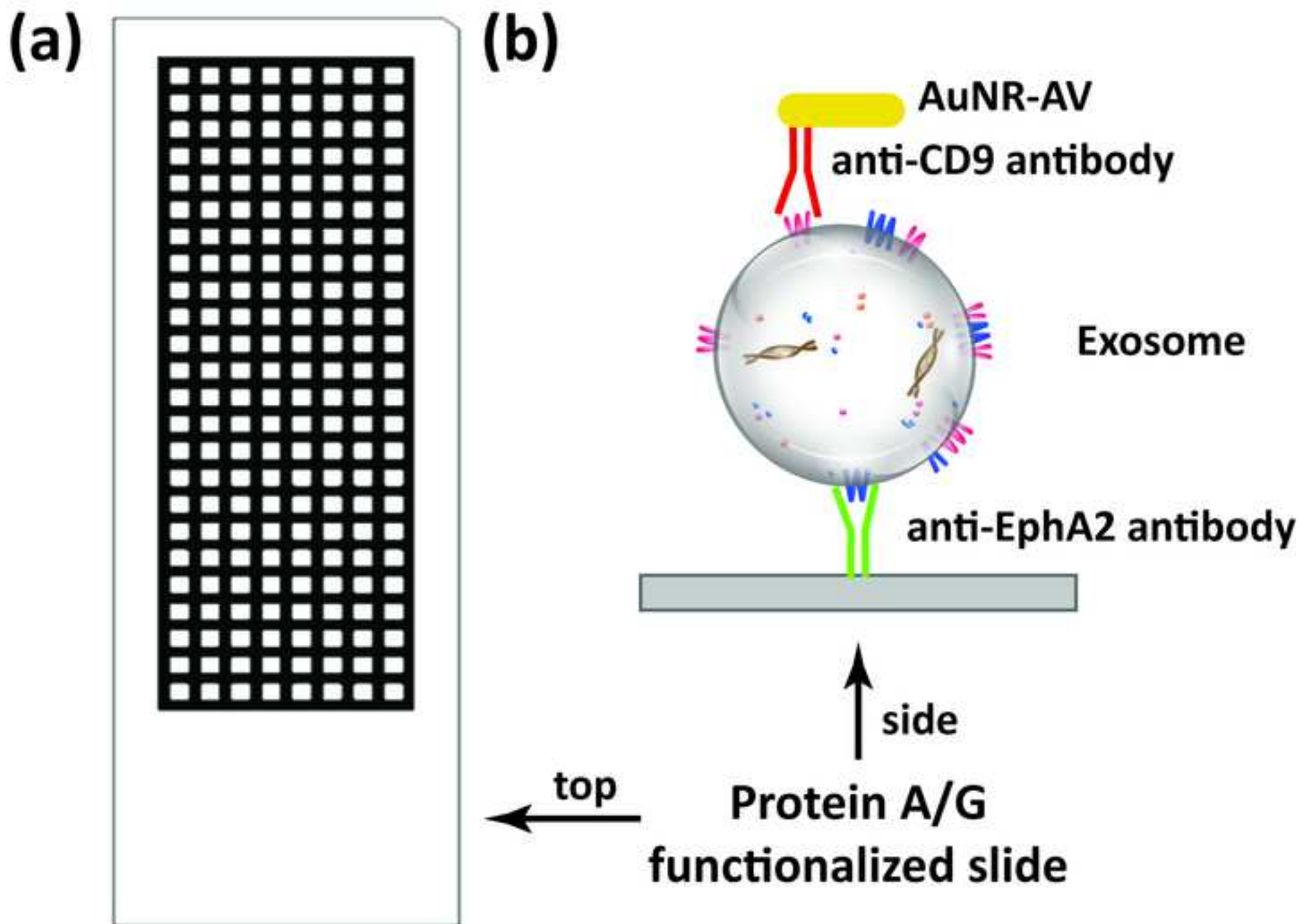
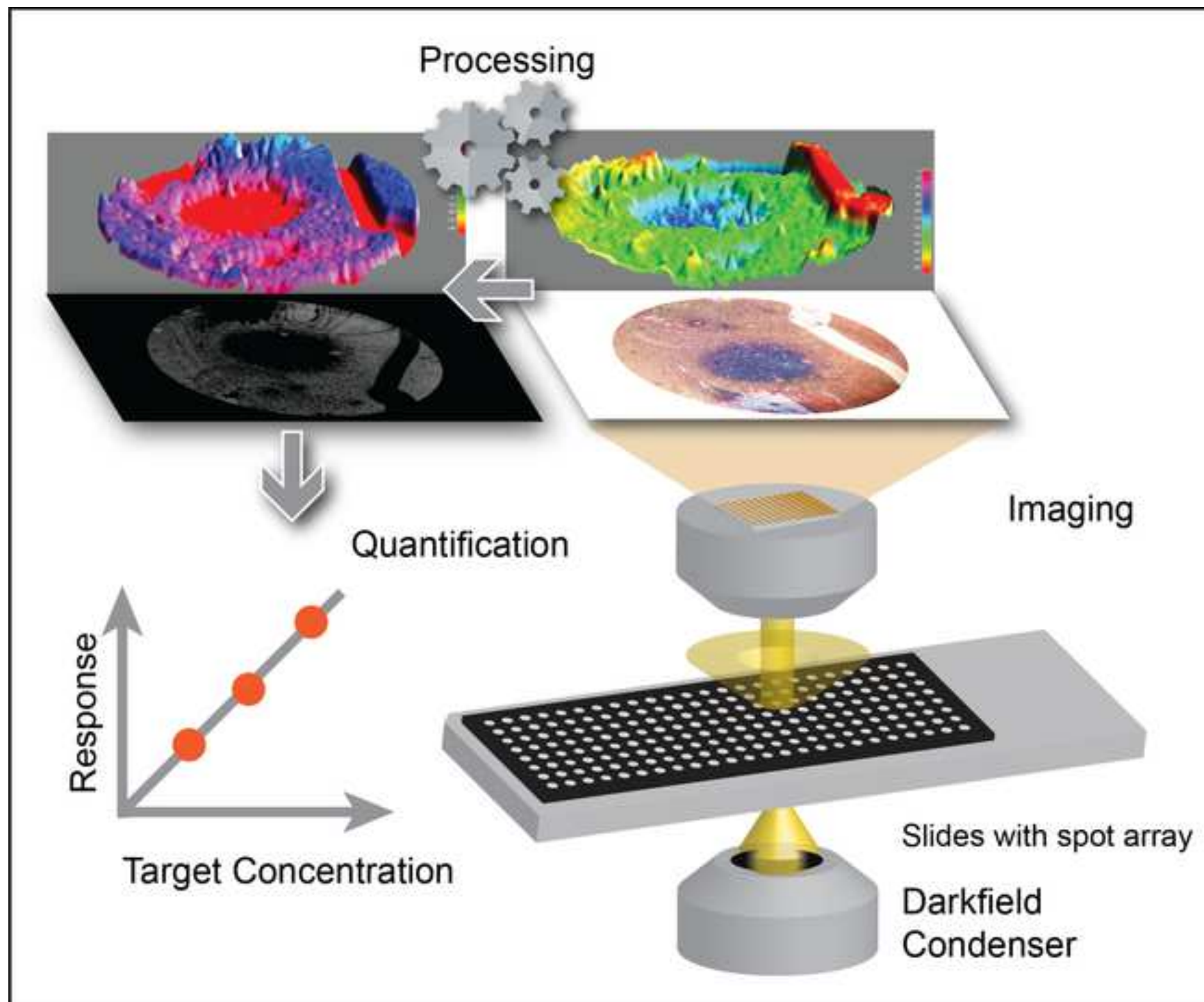
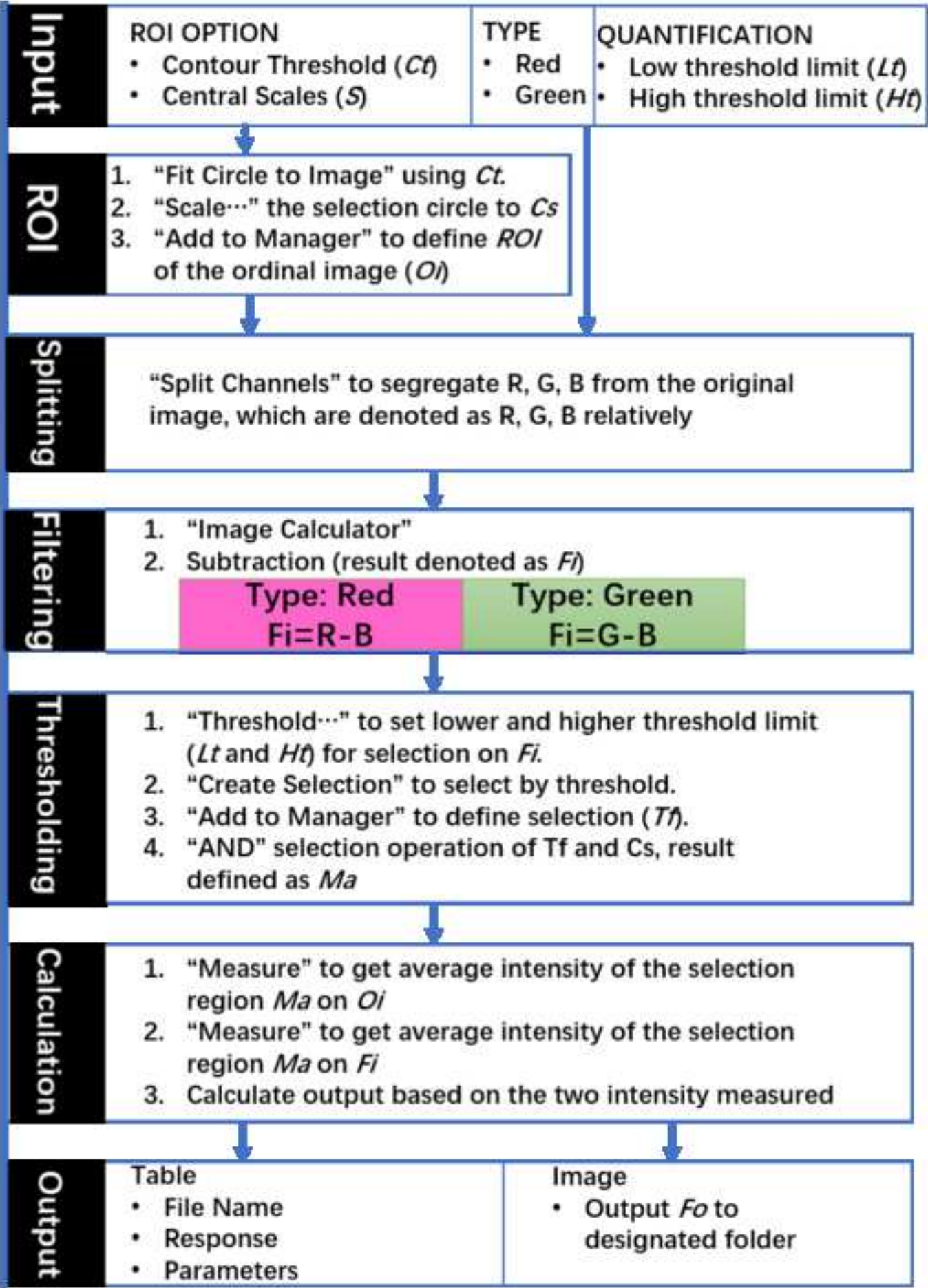


Figure 2





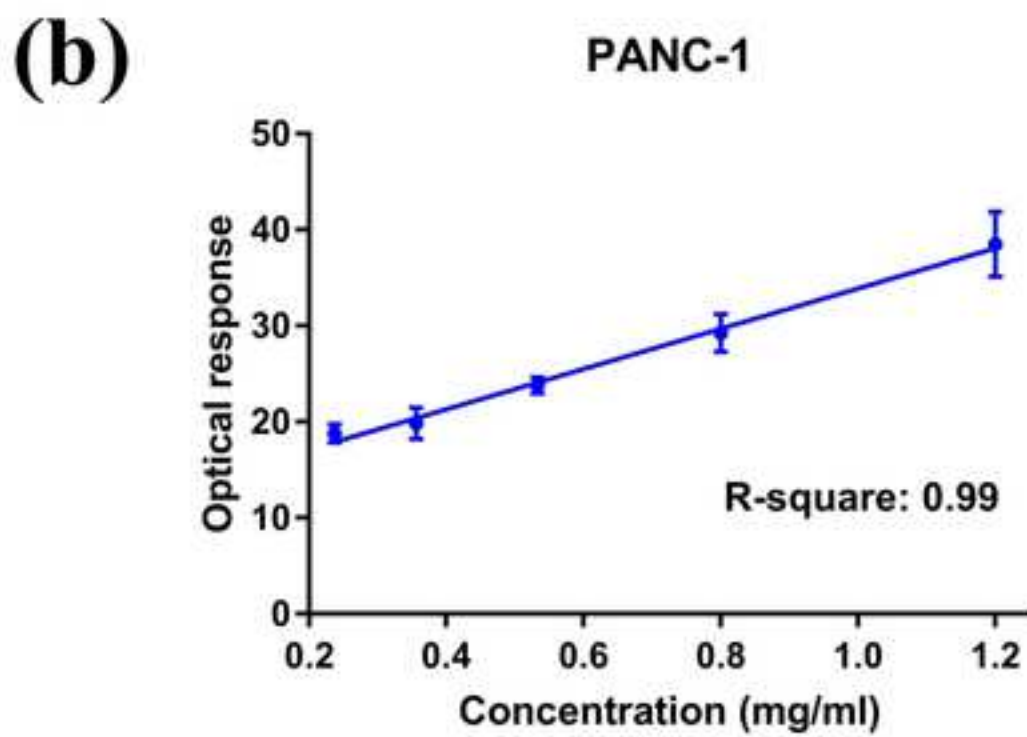
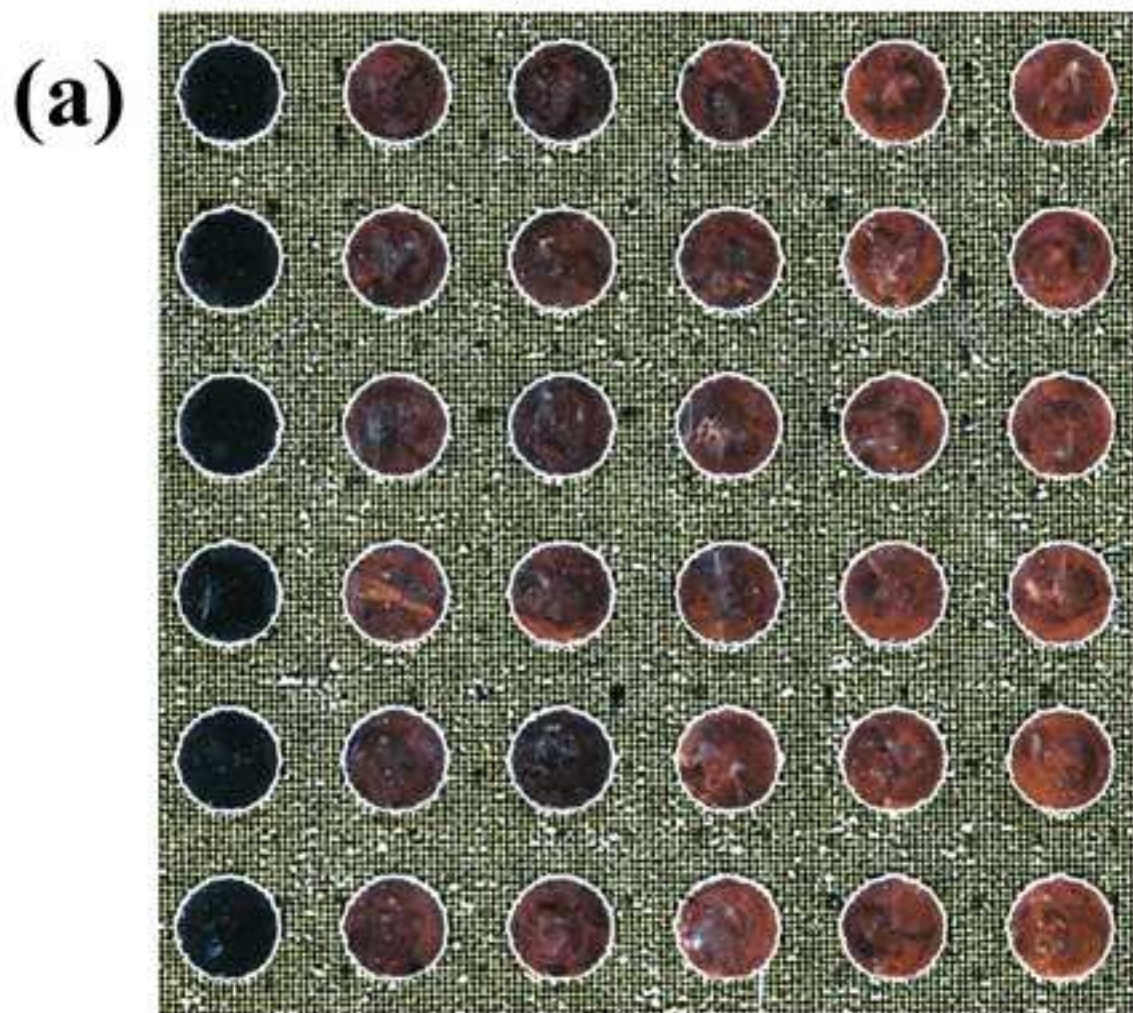
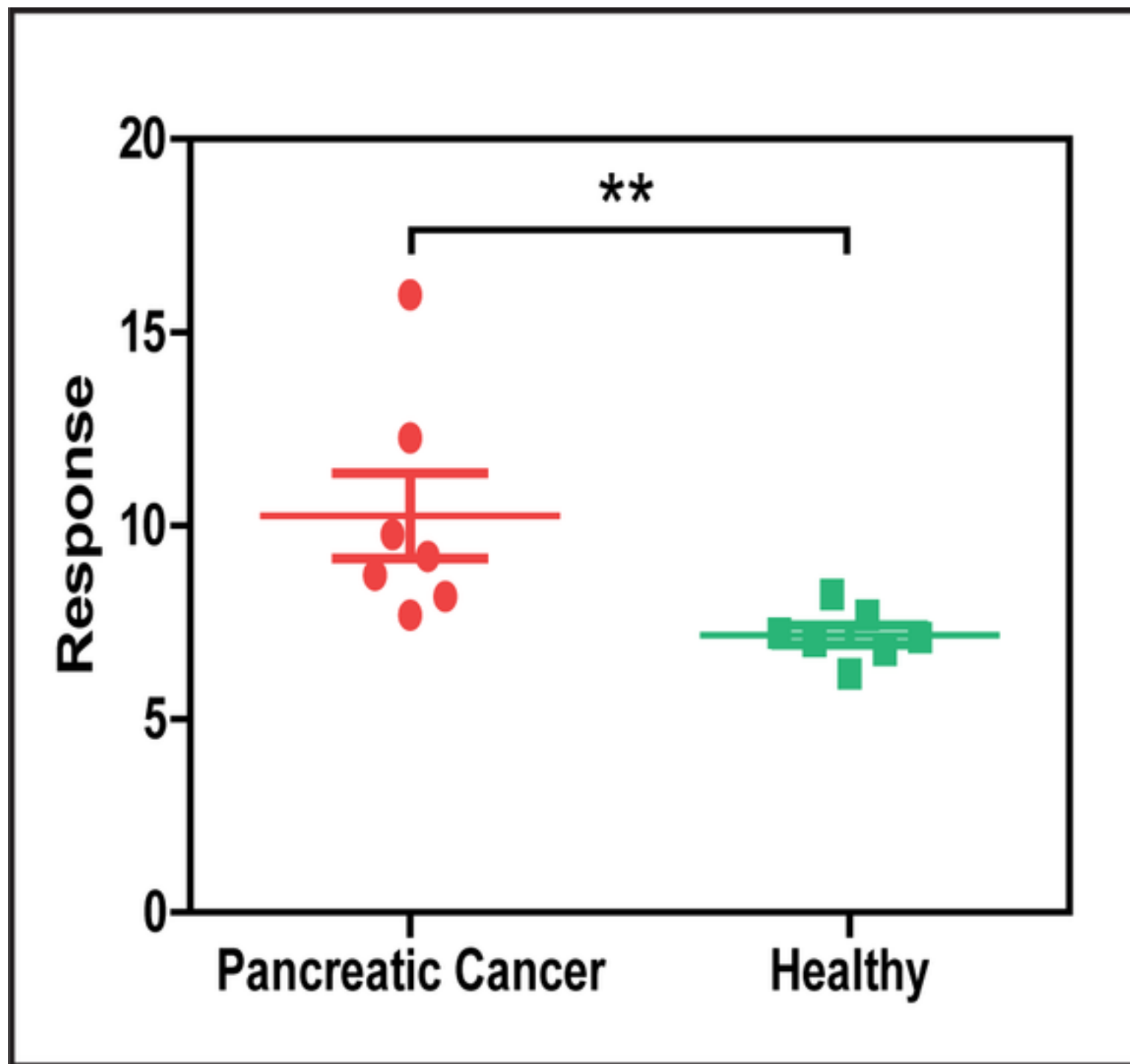


Figure 5



Name of Material/ Equipment	Company	Catalog Number	Comments/Description
Eppendorf Repeater stream	Fisher Scientific	05-401-040	
Eppendorf Research plus	Eppendorf	3120000011	0.1 – 2.5 µL, dark gray
Functionalized Gold Nanorods	Nanopartz	C12-25-650-TN-DIH-50-1	In vitro neutravidin polymer functionalization
HulaMixer Sample Mixer	Thermo Fisher Scientific	15920D	
Incu-shaker 10L	Benchmark Scientific	H1010	
Inverted Research Microscope	Nikon	Ti-DH	With Dark field condenser, DS-Ri2 camera, and Ti-SH-U universal holder, and motorized stage
NIS-Elements	Nikon		Microscope imaging software
Phosphate Buffered Saline (1X)	GE Healthcare Life Sciences	SH30256.02	HyClone
Protein A/G Treated Glass Substrate Slides	Arrayit Corp.	AGMSM192BC	Premium microarray substrate
Q500 Sonicator	Qsonica, LLC	Q500-110	With standard probe (#4220)
Superblock blocking buffer	Thermo Scientific		
TWEEN 20	Sigma Life Sciences	9005-64-5	



1 Alewife Center #200
Cambridge, MA 02140
tel. 617.945.9051
www.jove.com

ARTICLE AND VIDEO LICENSE AGREEMENT

Title of Article:

Nanoplasmonic quantification of pathogen derived exosome in plasma microarray

Author(s):

Meihua Wan, Dal: Sun, Pouya Amrollahi, Christopher Lyon, Ye, Hu

Item 1 (check one box): The Author elects to have the Materials be made available (as described at

<http://www.jove.com/author>) via: ☒ Standard Access ☐ Open Access

Item 2 (check one box):

- ☒ The Author is NOT a United States government employee.
- ☐ The Author is a United States government employee and the Materials were prepared in the course of his or her duties as a United States government employee.
- ☐ The Author is a United States government employee but the Materials were NOT prepared in the course of his or her duties as a United States government employee.

ARTICLE AND VIDEO LICENSE AGREEMENT

1. **Defined Terms.** As used in this Article and Video License Agreement, the following terms shall have the following meanings: **"Agreement"** means this Article and Video License Agreement; **"Article"** means the article specified on the last page of this Agreement, including any associated materials such as texts, figures, tables, artwork, abstracts, or summaries contained therein; **"Author"** means the author who is a signatory to this Agreement; **"Collective Work"** means a work, such as a periodical issue, anthology or encyclopedia, in which the Materials in their entirety in unmodified form, along with a number of other contributions, constituting separate and independent works in themselves, are assembled into a collective whole; **"CRC License"** means the Creative Commons Attribution-Non Commercial-No Derivs 3.0 Unported Agreement, the terms and conditions of which can be found at: <http://creativecommons.org/licenses/by-nc-nd/3.0/legalcode>; **"Derivative Work"** means a work based upon the Materials or upon the Materials and other pre-existing works, such as a translation, musical arrangement, dramatization, fictionalization, motion picture version, sound recording, art reproduction, abridgment, condensation, or any other form in which the Materials may be recast, transformed, or adapted; **"Institution"** means the institution, listed on the last page of this Agreement, by which the Author was employed at the time of the creation of the Materials; **"JoVE"** means MyJoVE Corporation, a Massachusetts corporation and the publisher of *The Journal of Visualized Experiments*; **"Materials"** means the Article and / or the Video; **"Parties"** means the Author and JoVE; **"Video"** means any video(s) made by the Author, alone or in conjunction with any other parties, or by JoVE or its affiliates or agents, individually or in collaboration with the Author or any other parties, incorporating all or any portion of the Article, and in which the Author may or may not appear.

2. **Background.** The Author, who is the author of the Article, in order to ensure the dissemination and protection of the Article, desires to have the JoVE publish the Article and create and transmit videos based on the Article. In furtherance of such goals, the Parties desire to memorialize in this Agreement the respective rights of each Party in and to the Article and the Video.

3. **Grant of Rights in Article.** In consideration of JoVE agreeing to publish the Article, the Author hereby grants to JoVE, subject to **Sections 4 and 7** below, the exclusive, royalty-free, perpetual (for the full term of copyright in the Article, including any extensions thereto) license (a) to publish, reproduce, distribute, display and store the Article in all forms, formats and media whether now known or hereafter developed (including without limitation in print, digital and electronic form) throughout the world, (b) to translate the Article into other languages, create adaptations, summaries or extracts of the Article or other Derivative Works (including, without limitation, the Video) or Collective Works based on all or any portion of the Article and exercise all of the rights set forth in (a) above in such translations, adaptations, summaries, extracts, Derivative Works or Collective Works and (c) to license others to do any or all of the above. The foregoing rights may be exercised in all media and formats, whether now known or hereafter devised, and include the right to make such modifications as are technically necessary to exercise the rights in other media and formats. If the "Open Access" box has been checked in **Item 1** above, JoVE and the Author hereby grant to the public all such rights in the Article as provided in, but subject to all limitations and requirements set forth in, the CRC License.

ARTICLE AND VIDEO LICENSE AGREEMENT

4. Retention of Rights in Article. Notwithstanding the exclusive license granted to JoVE in **Section 3** above, the Author shall, with respect to the Article, retain the non-exclusive right to use all or part of the Article for the non-commercial purpose of giving lectures, presentations or teaching classes, and to post a copy of the Article on the Institution's website or the Author's personal website, in each case provided that a link to the Article on the JoVE website is provided and notice of JoVE's copyright in the Article is included. All non-copyright intellectual property rights in and to the Article, such as patent rights, shall remain with the Author.

5. Grant of Rights in Video – Standard Access. This **Section 5** applies if the "Standard Access" box has been checked in **Item 1** above or if no box has been checked in **Item 1** above. In consideration of JoVE agreeing to produce, display or otherwise assist with the Video, the Author hereby acknowledges and agrees that, Subject to **Section 7** below, JoVE is and shall be the sole and exclusive owner of all rights of any nature, including, without limitation, all copyrights, in and to the Video. To the extent that, by law, the Author is deemed, now or at any time in the future, to have any rights of any nature in or to the Video, the Author hereby disclaims all such rights and transfers all such rights to JoVE.

6. Grant of Rights in Video – Open Access. This **Section 6** applies only if the "Open Access" box has been checked in **Item 1** above. In consideration of JoVE agreeing to produce, display or otherwise assist with the Video, the Author hereby grants to JoVE, subject to **Section 7** below, the exclusive, royalty-free, perpetual (for the full term of copyright in the Article, including any extensions thereto) license (a) to publish, reproduce, distribute, display and store the Video in all forms, formats and media whether now known or hereafter developed (including without limitation in print, digital and electronic form) throughout the world, (b) to translate the Video into other languages, create adaptations, summaries or extracts of the Video or other Derivative Works or Collective Works based on all or any portion of the Video and exercise all of the rights set forth in (a) above in such translations, adaptations, summaries, extracts, Derivative Works or Collective Works and (c) to license others to do any or all of the above. The foregoing rights may be exercised in all media and formats, whether now known or hereafter devised, and include the right to make such modifications as are technically necessary to exercise the rights in other media and formats. For any Video to which this Section 6 is applicable, JoVE and the Author hereby grant to the public all such rights in the Video as provided in, but subject to all limitations and requirements set forth in, the CRC License.

7. Government Employees. If the Author is a United States government employee and the Article was prepared in the course of his or her duties as a United States government employee, as indicated in **Item 2** above, and any of the licenses or grants granted by the Author hereunder exceed the scope of the 17 U.S.C. 403, then the rights granted hereunder shall be limited to the maximum rights permitted under such

statute. In such case, all provisions contained herein that are not in conflict with such statute shall remain in full force and effect, and all provisions contained herein that do so conflict shall be deemed to be amended so as to provide to JoVE the maximum rights permissible within such statute.

8. Likeness, Privacy, Personality. The Author hereby grants JoVE the right to use the Author's name, voice, likeness, picture, photograph, image, biography and performance in any way, commercial or otherwise, in connection with the Materials and the sale, promotion and distribution thereof. The Author hereby waives any and all rights he or she may have, relating to his or her appearance in the Video or otherwise relating to the Materials, under all applicable privacy, likeness, personality or similar laws.

9. Author Warranties. The Author represents and warrants that the Article is original, that it has not been published, that the copyright interest is owned by the Author (or, if more than one author is listed at the beginning of this Agreement, by such authors collectively) and has not been assigned, licensed, or otherwise transferred to any other party. The Author represents and warrants that the author(s) listed at the top of this Agreement are the only authors of the Materials. If more than one author is listed at the top of this Agreement and if any such author has not entered into a separate Article and Video License Agreement with JoVE relating to the Materials, the Author represents and warrants that the Author has been authorized by each of the other such authors to execute this Agreement on his or her behalf and to bind him or her with respect to the terms of this Agreement as if each of them had been a party hereto as an Author. The Author warrants that the use, reproduction, distribution, public or private performance or display, and/or modification of all or any portion of the Materials does not and will not violate, infringe and/or misappropriate the patent, trademark, intellectual property or other rights of any third party. The Author represents and warrants that it has and will continue to comply with all government, institutional and other regulations, including, without limitation all institutional, laboratory, hospital, ethical, human and animal treatment, privacy, and all other rules, regulations, laws, procedures or guidelines, applicable to the Materials, and that all research involving human and animal subjects has been approved by the Author's relevant institutional review board.

10. JoVE Discretion. If the Author requests the assistance of JoVE in producing the Video in the Author's facility, the Author shall ensure that the presence of JoVE employees, agents or independent contractors is in accordance with the relevant regulations of the Author's institution. If more than one author is listed at the beginning of this Agreement, JoVE may, in its sole discretion, elect not take any action with respect to the Article until such time as it has received complete, executed Article and Video License Agreements from each such author. JoVE reserves the right, in its absolute and sole discretion and without giving any reason therefore, to accept or decline any work submitted to JoVE. JoVE and its employees, agents and independent contractors shall have

ARTICLE AND VIDEO LICENSE AGREEMENT

full, unfettered access to the facilities of the Author or of the Author's institution as necessary to make the Video, whether actually published or not. JoVE has sole discretion as to the method of making and publishing the Materials, including, without limitation, to all decisions regarding editing, lighting, filming, timing of publication, if any, length, quality, content and the like.

11. **Indemnification.** The Author agrees to indemnify JoVE and/or its successors and assigns from and against any and all claims, costs, and expenses, including attorney's fees, arising out of any breach of any warranty or other representations contained herein. The Author further agrees to indemnify and hold harmless JoVE from and against any and all claims, costs, and expenses, including attorney's fees, resulting from the breach by the Author of any representation or warranty contained herein or from allegations or instances of violation of intellectual property rights, damage to the Author's or the Author's institution's facilities, fraud, libel, defamation, research, equipment, experiments, property damage, personal injury, violations of institutional, laboratory, hospital, ethical, human and animal treatment, privacy or other rules, regulations, laws, procedures or guidelines, liabilities and other losses or damages related in any way to the submission of work to JoVE, making of videos by JoVE, or publication in JoVE or elsewhere by JoVE. The Author shall be responsible for, and shall hold JoVE harmless from, damages caused by lack of sterilization, lack of cleanliness or by contamination due to the making of a video by JoVE its employees, agents or independent contractors. All sterilization, cleanliness or decontamination procedures shall be solely the responsibility of the Author and shall be undertaken at the Author's

expense. All indemnifications provided herein shall include JoVE's attorney's fees and costs related to said losses or damages. Such indemnification and holding harmless shall include such losses or damages incurred by, or in connection with, acts or omissions of JoVE, its employees, agents or independent contractors.

12. **Fees.** To cover the cost incurred for publication, JoVE must receive payment before production and publication the Materials. Payment is due in 21 days of invoice. Should the Materials not be published due to an editorial or production decision, these funds will be returned to the Author. Withdrawal by the Author of any submitted Materials after final peer review approval will result in a US\$1,200 fee to cover pre-production expenses incurred by JoVE. If payment is not received by the completion of filming, production and publication of the Materials will be suspended until payment is received.

13. **Transfer, Governing Law.** This Agreement may be assigned by JoVE and shall inure to the benefits of any of JoVE's successors and assignees. This Agreement shall be governed and construed by the internal laws of the Commonwealth of Massachusetts without giving effect to any conflict of law provision thereunder. This Agreement may be executed in counterparts, each of which shall be deemed an original, but all of which together shall be deemed to be one and the same agreement. A signed copy of this Agreement delivered by facsimile, e-mail or other means of electronic transmission shall be deemed to have the same legal effect as delivery of an original signed copy of this Agreement.

A signed copy of this document must be sent with all new submissions. Only one Agreement required per submission.

CORRESPONDING AUTHOR:

Name:

Ye Ma

Department:

BioDesign Institute

Institution:

Arizona State University

Article Title:

Nanoplasmonic quantification of pathogen-derived exosome

Signature:

[Handwritten Signature]

Date:

09/28/18

Please submit a signed and dated copy of this license by one of the following three methods:

- 1) Upload a scanned copy of the document as a pdf on the JoVE submission site;
- 2) Fax the document to +1.866.381.2236;
- 3) Mail the document to JoVE / Attn: JoVE Editorial / 1 Alewife Center #200 / Cambridge, MA 02139

For questions, please email submissions@jove.com or call +1.617.945.9051

Dear Dr. Steindel,

We have carefully studied the editor's comments and have accordingly undertaken a revision to address them. Below we provide a point-by-point response including corresponding descriptions of revisions to the manuscript:

1. Formatted according to JoVE guidelines (all text aligned to the left margin, spaces between all steps/substeps/notes; see attached manuscript), the current length of the protocol is ~3.75 pages, above our length for filming. Please highlight 2.75 pages or less of the Protocol (in yellow and including headers and spacing) that identifies the essential steps of the protocol for the video, i.e., the steps that should be visualized to tell the most cohesive story of the Protocol. Remember that non-highlighted Protocol steps will remain in the manuscript, and therefore will still be available to the reader.

Response: We regret our oversight and have highlighted only the essential steps of the protocol in the revised version of manuscript.

2. 3.12: Please provide citations for these procedures.

Response: We have provided the necessary citations in the revised manuscript and apologize for the omission.

3. 3.14: This is unclear-are standards measured along with other samples or separately? Please indicate at the appropriate point in the protocol.

Response: Thank you for pointing out this issue. The standards in this section are used to analyze the performance of the nPES method. However, when quantifying exosomes expressing a certain marker (for example EphA2), the standard curve measurement needs to be performed on the same slide or in the same batch as the samples being analyzed.

4. Section 4: The difference in handling plasma and serum is still unclear; is it just step 4.5 (which only mentions serum)?

Response to 4: We regret the confusion. In our proof of concept experiments, we did not observe any significant differences in exosome isolation and surface antigen expression when analyzing plasma and serum. However, serum and plasma samples should be analyzed separately. We have revised the text in question accordingly.

5. Section 6: In particular, if this is to be filmed, please give step-by-step instructions for how to run the Dark Scatter Master plugin (e.g., 'Click...', 'Select...'). Please include at least one imperative instruction in each numbered substep.

Response to 5: We have revised our protocol in section 6 to provide more detailed instructions for how to operate the DSM plugin.

6. Figure 4a: Please explain this further. What is the concentration gradient shown here? Do different colors signify anything?

Response: We apologize for the lack of clarity. We have included the concentration of each column in Figure 4's legend. This slide shows the nPES signal from a plate with an increasing (left to right) concentration gradient of exosomes. The different colors observed in these wells indicate an increase in light scattering from exosome-bound gold nanorods as a function of the increasing number of exosomes immobilized on surface of the slide.

7. Figure 4b: Please explain the error bars in the legend.

Response: We regret our failure to label this data. The graph depicts the mean and standard error (Mean \pm SE) of the data. We have added text to legend to indicate the format of this data.

8. Please include at least some discussion on exosome characterization, as requested by Reviewer 2. This does not have to be in the form of figures, but it should be mentioned.

Response: We now reference our study that describes the characterization of the exosomes prepared in the same manner as the exosomes used in this manuscript and state that analysis of these samples by transmission electron microscopy and Western blot revealed the isolated vesicles exhibited a size range, morphology and expression profile

consistent with a high purity exosome sample.