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1 TITLE: 2 Effects of Blast-Induced Neurotrauma on Pressurized Rodent Middle Cerebral Arteries 3 4 **AUTHORS & AFFILIATIONS:** Uylissa A. Rodriguez^{1,2}, Yaping Zeng^{1,2}, Margaret A. Parsley^{1,2}, Bridget E. Hawkins^{1,2}, Donald S. 5 6 Prough^{1,2}, and Douglas S. DeWitt^{1,2} 7 8 ¹Charles R. Allen Research Laboratories, Department of Anesthesiology, University of Texas 9 Medical Branch, Galveston, TX, USA 10 ²The Moody Project for Translational Traumatic Brain Injury Research, University of Texas 11 Medical Branch, Galveston, TX, USA 12 Corresponding Author: Uylissa A. Rodriguez, PhD 13 14 uarodrig@utmb.edu 15 yazeng@utmb.edu 16 maparsle@utmb.edu 17 behawkin@utmb.edu 18 dsprough@utmb.edu 19 ddewitt@utmb.edu 20 21 **CORRESPONDING AUTHOR:** 22 Uylissa A. Rodriguez 23 24 **KEYWORDS:** 25 TBI, blast-induced traumatic brain injury (bTBI), blast-induced neurotrauma, 26 primary blast injury, cerebral vascular reactivity, middle cerebral arteries (MCA), myogenic 27 response 28 29 **SUMMARY:** 30 Here, we present a protocol to describe methods for ex vivo vascular reactivity determination 31 following a primary blast traumatic brain injury (bTBI) using isolated, pressurized, rodent middle 32 cerebral arterial (MCA) segments. bTBI induction is accomplished using a shock tube, also 33 known as an Advanced Blast Simulator (ABS) device. 34 35 **ABSTRACT:** 36 Though there have been studies on the histopathological and behavioral effects of blast 37 exposure, fewer have been dedicated to blast's cerebral vascular effects. Impact (i.e., non-blast) 38 traumatic brain injury (TBI) is known to decrease pressure autoregulation in the cerebral 39 vasculature in both humans and experimental animals. The hypothesis that blast-induced 40 traumatic brain injury (bTBI), like impact TBI, results in impaired cerebral vascular reactivity was 41 tested by measuring myogenic dilatory responses to reduced intravascular pressure in rodent 42 middle cerebral arterial (MCA) segments from rats subjected to mild bTBI using an Advanced 43 Blast Simulator (ABS) shock tube. Adult, male Sprague-Dawley rats were anesthetized,

intubated, ventilated and prepared for Sham bTBI (identical manipulation and anesthesia

except for blast injury) or mild bTBI. Rats were randomly assigned to receive Sham bTBI or mild bTBI followed by sacrifice 30 or 60 min post-injury. Immediately after bTBI, righting reflex (RR) suppression times were assessed, euthanasia at the time points post-injury was completed, the brain was harvested and the individual MCA segments were collected, mounted and pressurized. As the intraluminal pressure perfused through the arterial segments was reduced in 20 mmHg increments from 100 to 20 mmHg, MCA diameters were measured and recorded. With decreasing intraluminal pressure, MCA diameters steadily increased significantly above baseline in the Sham bTBI groups while MCA dilator responses were significantly reduced (p < 0.05) in both bTBI groups as evidenced by the impaired, smaller MCA diameters recorded for the bTBI groups. In addition, RR suppression in the bTBI groups was significantly (p < 0.05) higher than in the Sham bTBI groups. MCA's collected from the Sham bTBI groups exhibited typical vasodilatory properties to decreases in intraluminal pressure while MCA's collected following bTBI exhibited significantly impaired myogenic vasodilatory responses to reduced pressure that persisted for at least 60 min after bTBI.

INTRODUCTION:

Similar to that resulting from impact (*i.e.*, non-blast) TBI, blast-induced traumatic brain injury (bTBI) has been associated with cerebral vascular injury¹ and impaired cerebral vascular compensatory responses to occurrences like alterations in the partial pressures of carbon dioxide (PaCO₂)²⁻⁴ and oxygen (PaO₂)⁵. Additionally, blast exposure has caused cerebral arterial vasospasm in animals⁶ and bTBI patients⁷⁻⁸. While clinical TBI⁹ and fluid-percussion injury (FPI)¹⁰⁻¹² are associated with impaired cerebral vascular responses to changes in arterial blood pressure (*i.e.*, pressure autoregulation)⁹⁻¹², uncertainties remain concerning the effects of bTBI on cerebral vascular pressure autoregulation capacity.

The cerebral circulation reacts to variations in systemic arterial pressure with the intent of maintaining a continuous oxygen and nutrient supply delivered to the metabolically active brain 13-16. A unique type of homeostasis, autoregulation 17-19 occurs when "an organ maintains a constant blood flow despite changes in blood (perfusion) pressure or other physiologic or pathologic stimuli"20. Cerebral arteries constrict or dilate in response to variations in blood pressure, nitric oxide (NO), blood viscosity, PaCO₂ and PaO₂, etc. 4,11,16,21. Arterial myogenic response refers to such contractions or dilations. The myogenic vascular response, first described by Bayliss 22 and a major mechanism contributing to autoregulation of CBF, is characterized by vasoconstriction if perfusion pressure increases and vasodilatation if perfusion pressure decreases 14,17. This vascular response is the inherent ability of contractile tissues (such as vascular smooth muscle cells, VSMC's) to respond to stretch and/or changes in lumen and/or wall tension 23-29. When arteries are stretched (e.g., during intravascular pressure increases), VSMC's constrict 24-26,28.

Studies that examine resistance vessels *ex vivo* have commonly employed one of two methods for testing the pharmacological and physiological properties of isolated resistance vessels: the ring-mounted method and the cannulated, pressurized method. The ring-mounted vessel preparation method involves two wires passed intraluminally through the vessel segment, which hold the segment in place. Measuring the amount of force applied on the isometrically

sustained wires gauges the stimulation of the VSMC's. However, this technique carries with it certain reservations, most notably, the inevitable damage sustained by the endothelial layer of the lumen as the wires are passed through it³⁰ and the varying degree of stretching sustained by the isolated segment which in turn leads to vessel wall distension, ultimately affecting the vessel's sensitivity to pharmacological agents³¹. The cannulated, pressurized vessel preparation methodology utilizes an arteriograph comprised of two separate chambers that each house the placement of a middle cerebral arterial (MCA) harvested from a single animal. A micropipette is inserted into each end of the segment, the proximal end of the segment is fastened to the micropipette with sutures and the lumen is softly perfused with a physiological salt solution (PSS) in order to eliminate blood and any other substances. The distal end is then secured with sutures. Transmural or luminal pressure is set by raising the two reservoirs attached to each pipette to a suitable height above each segment but at different heights with respect to the other³²⁻³⁶. Pressure transducers positioned along the reservoirs and micropipettes provide perfusion pressure measurements while vessels are magnified using an inverted microscope outfitted with a monitor, video camera and scaler allowing for measurement of the external MCA diameters. Though both methods are valuable, the cannulated, pressurized vessel preparation methodology better mimics and permits the vessels investigated to be closer to their in vivo conditions^{32,37}.

The effects of different types of impact (*i.e.*, non-blast) TBI on cerebral vascular responses have previously been studied in cerebral arterial segments^{21,35-36,38}. Using a similar *ex vivo* MCA protocol for vessel collection, mounting and perfusion as described in the current study, earlier studies obtained success with their respective investigations into the associated mechanisms of cerebral vasculature dysfunction following TBI. Golding *et al.*³⁴ examined endothelial-mediated dilations in adult, male Long-Evans rat MCA's following severe TBI through controlled cortical impact (CCI) injury. In a second study, Golding *et al.*³⁶ investigated cerebrovascular reactivity to hypotension or CO₂ after harvesting MCA's from rats that sustained a mild CCI. Yu *et al.*³⁸ analyzed whether peroxynitrite scavengers improved dilatory responses to reduced intravascular pressure in adult, male Sprague-Dawley rat MCA segments subjected to FPI while Mathew *et al.*²¹ studied myogenic responses to hypotension in MCA's harvested after moderate, central FPI.

To better investigate the hypothesis that bTBI, like non-blast TBI, results in impaired cerebral vascular reactivity, we tested a mechanism contributing to compromised autoregulation by measuring myogenic dilatory responses to reduced intravascular pressure *ex vivo* in isolated, pressurized rodent MCA segments (**Figure 1**) collected from rats subjected to mild bTBI using an Advanced Blast Simulator (ABS) shock tube model (**Figure 2** and **Figure 3**) (see Rodriguez *et al.*³⁹ **Table 1**) that uses compressed air delivered directly to a driver chamber to generate Freidlander-like⁴⁰ over- and under-pressure waves (see Rodriguez *et al.*³⁹ **Figure 1A**).

[Place Figure 1 here]

[Place Figure 2 here]

133 **PROTOCOL**:

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- 135 All experimental protocols were approved by the Institutional Animal Care and Use Committee
- 136 (IACUC) of the University of Texas Medical Branch, an Association for Assessment and
- 137 Accreditation of Laboratory Animal Care (AAALAC) accredited facility.

138

139 1. Animal Preparation for ABS Blast Injury

140

141 1.1. Turn on mechanical rodent volume ventilator and set breath rate between 40 – 45 breaths per min.

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144 1.2. Switch thermostatically controlled warming blanket ON and tape a blue pad over it.

145

146 1.3. Attach ventilator hose to the ventilator.

147

- 148 1.4. Gather endotracheal intubation sled, laryngoscope, long pickup tweezers, stylet,
- endotracheal tube, and a cotton swab soaked with 0.05 mL of 1% Lidocaine HCl. Organize on
- the blue pad.

151

- 152 1.5. Confirm that rodent anesthetic "bubble" chamber, ventilator, air chamber and
- 153 isoflurane chamber hoses are securely connected and attached to their respective plug or
- socket. The anesthetic bubble chamber clamp should be OPEN; the ventilator clamp should be
- 155 CLOSED.

156

- 1.6. On the air chamber, set the knob for room air to 2 L/min and the knob for oxygen to 1
- 158 L/min.

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160 1.7. Turn on the isoflurane and set the knob to 4% of volume mixture.

161

1.8. Start a timer and place a young adult (≈3 months old), male Sprague-Dawley rat (350 – 400 g) in the anesthetic bubble chamber for 4 – 6 min.

164

165 1.9. Weigh rat at the 2 min mark.

166

- 1.10. Confirm rat is fully anesthetized by gently pinching hind paw toes. If no paw withdrawal
- is observed, reduce the room air and set knob to 1 L/min, oxygen to 0.4 L/min and isoflurane to
- 169 2% of volume mixture.

170

171 1.11. Turn on rectal telethermometer temperature monitor.

172

173 1.12. OPEN the clamp to the ventilator and CLOSE the clamp to the anesthetic bubble chamber.

175

176 1.13. Remove rat from anesthetic bubble chamber and position on endotracheal intubation

177 sled.

178

1.14. Intubate rat. Place laryngoscope in animal's mouth, use long pickup tweezers to position the tongue out of the way, swab lidocaine-soaked cotton swab tip along inside of the throat and gently insert stylet containing the endotracheal tube into rat's trachea.

182

1.15. Once intubated, insert the end of the ventilator hose to the outside end of endotracheal tube and observe and confirm the rat is breathing steadily and without difficulty.

185

1.16. Tie down the endotracheal tube into place taking care that the tongue is free from the knot.

188

1.17. Apply white petroleum jelly to rectal telethermometer probe and insert directly beneath the tail.

191

192 1.18. Remove the ABS specimen tray from the specimen chamber and place under the heat lamp for warming before rat placement on tray.

194

195 1.19. Shave the top of the rat's scalp starting above the eyes and down to between the ears.

196 197

198

1.20. Cut a standard-sized foam ear plug into identical halves with scissors. Start at the center of the base of the plug and cut straight up to the rounded tip. Insert a halved piece into each ear tip first along the ear canal until contact is made with the tympanic membrane.

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1.21. Monitor rectal temperature. Once a temperature of 37 °C is reached, the rat is ready to be loaded into the ABS specimen tray.

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1.22. Secure the rat onto the ABS specimen tray. Remove the ventilator hose from the endotracheal tube and quickly but softly slide the rat into the top end of the tray, gently guiding the head through the head holder opening and rubber collar. Reinsert the ventilator hose back into the endotracheal tube, check the rubber collar to make sure it is securely but not tightly around the neck and verify that the rat is laying in a lateral prone position (Figure 3).

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1.23. Turn off the isoflurane and remove the ventilator hose from the endotracheal tube.

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212 1.24. Lock and secure the ABS specimen tray containing the anesthetized rat into the ABS specimen chamber.

214

215 1.25. Gently pinch hind paw toes using long tweezers every 3 s until a withdrawal reflex response is elicited.

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2. ABS Blast Device Preparation and Blast-TBI Induction

- NOTE: Protocol steps 2.1 2.10 are typically completed at the same time as steps 1.1 1.22 so
- the ABS is ready for blast injury administration right after the rat is loaded and secured into the
- specimen chamber.

2.1. Loosen the hydraulic hand pump (**Figure 4A**) knob in order to allow for any residual trapped air to escape from the driver chamber (**Figure 4B**) and to loosen the chamber from its seal.

227

228 2.2. Loosen the cap nuts (**Figure 4C**) from the all-thread rods (**Figure 4D**) surrounding the driver chamber and slide the chamber to the left and away from the expansion chamber (**Figure 230 4E**).

231

2.3. Completely remove the two all-thread rods and their corresponding cap nuts located at the top of the driver chamber in order to allow for placement of the mylar sheets in between the driver and expansion chamber.

235

2.4. Stack and tape together along the top edge four pre-cut and pre-measured (30 cm length, 20 cm width, 0.004 in. thick) mylar sheets (forming a mylar 'membrane') using a 2.54 cm piece of masking tape. Using a second piece of tape, securely tape the top edge of the mylar membrane to the top of the expansion chamber and over the center of the opening between the driver and expansion chambers (**Figure 4F**).

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2.5. Secure the driver chamber against the mylar membrane by replacing the two all-thread rods at the top of the chamber and hand-tightening all cap nuts surrounding the chamber.

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2.6. Situate the accessory steel block against the hydraulic hand pump block and driver chamber until securely fit.

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2.7. Tighten the hydraulic hand pump knob and confirm the driver chamber remains pressurized with no leaks by observing a constant pressure threshold on the hydraulic gauge.

249250

251 2.8. Open the trigger acquisition file that records ABS blast device pressure traces on the ABS blast device computer.

253

2.9. Loosen the compressed air tank's (**Figure 4G**) main knob enough to slightly open the airway.

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257 2.10. Operate the hydraulic hand pump until the gauge indicator reaches the red arrow indicating a desired chamber pressure level of ≈5,000 psi.

259

2.11. Secure and position the anesthetized animal onto the ABS specimen tray (Figure 4H) in a lateral prone position (Figure 3) and lock the specimen tray into the ABS specimen chamber (Figure 4I).

- 264 2.12. Gently pinch a hind paw using long tweezers every 3 s until a withdrawal reflex response is elicited.
- 266267
- 2.13. Click **Start** on the opened acquisition page on the ABS blast device computer.

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2.14. Once the 'Acquisitioning' window appears on the screen, press and hold down the ABS blast device trigger until the blast goes off, rupturing the mylar membrane and administering the ABS blast injury (20.9 psi ± 1.14 , 138 kPa ± 7.9) to the rat. Right after the blast detonates, start a second timer to keep track of how much time (in min and s) has elapsed post-injury.

273

274 2.15. Remove the rat from the ABS specimen tray and return to the blue pad and warming blanket, placing him fully on his back for assessment of righting reflex suppression.

276

2.16. Record the time for return of the righting reflex. Observing the second timer, document in min and s the length of time post-injury it takes for the rat to roll from his back onto his stomach three successive times. Return the rat to the anesthetic bubble chamber.

280

281 2.17. Loosen the hydraulic hand pump knob in order to allow for driver chamber loosening and movement.

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2.18. Tighten the compressed air tank's main knob in order to close the airway.

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286 [Place **Figure 3** here]

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288 [Place **Figure 4** here]

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3. Preparation of Rodent MCA PSS Solution

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NOTE: Protocol steps 3.1 - 3.3 are typically completed at the same time as steps 1.1 - 1.22 to have the PSS solution is ready for use.

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3.1. Prepare and mix a 1000 mL physiological salt solution (PSS) of the following composition and concentrations: 130 mM NaCl; 4.7 mM KCl; 1.17 mM MgSO₄·7H₂O; 5 mM glucose; 1.5 mM CaCl₂; 15 mM NaHCO₃.

298

299 3.2. Equilibrate the PSS with a gas mixture of 21% O_2 and 5% CO_2 in a balance of N_2 . The solution is ready when the pH reads 7.4.

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NOTE: All gases are obtained from compressed gas cylinders in the above mentioned concentrations.

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305 3.3. Fill the reservoir bottles and tubing with prepared PSS solution and chill the remaining solution.

4. Extraction of Rodent MCA Segments

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- 4.1. After documenting the length of the righting reflex time, return the rat to the anesthetic bubble chamber. CLOSE the clamp to the ventilator, and OPEN the clamp to the chamber. Turn the isoflurane on to 4% of volume mixture and keep the rat in the chamber for 2 3 min until deeply anesthetized.
- 315 4.2. Once the rat is anesthetized, OPEN the clamp to the ventilator and CLOSE the clamp to the anesthetic bubble chamber. Reduce the isoflurane to 2% of volume mixture, and remove 317 him from the bubble chamber. Place him on his stomach on the warming blanket and re-insert the end of the ventilator hose to the outside end of endotracheal tube.
- 320 4.3. Maintain mechanical ventilation at a breath rate between 40 45 breaths per min and 321 anesthesia at 2% of volume mixture for either 30 or 60 min immediately post-bTBI injury. 322
- 323 4.4. After completion of either the 30 or 60 min survival time, return the rat to the 324 anesthetic bubble chamber. Increase the isoflurane to 4% of volume mixture, and deeply 325 anesthetize for 5 6 min. Immediately euthanize by decapitation using a rodent-specific 326 guillotine.
 - 4.5. Delicately remove the brain from the skull. Use a #10 scalpel blade to make a central, 1.5-in vertical, bone-deep incision from the top of the shaved scalp down to the occipital condyle.
 - 4.6. Use small bone rongeurs to open and separate the scalp skin from the skull bone.
- 334 4.7. Use large bone rongeurs to cut and extract the occipital, interparietal, and lower half of the frontal bones encasing the brain.
- 4.8. Use a surgical spatula to carefully excavate the brain out of the skull once the brain is free of surrounding bone.
 - NOTE: Take extreme caution when separating the brain from the skull so as not to unnecessarily tug, jerk or pull the delicate MCA segments from the cranial wall.
 - 4.9. Deposit the harvested brain into the chilled PSS solution contained in a small glass Petri dish that is directly resting on top of a solid ice-block.
 - 4.10. Carefully remove both the left and right MCA beginning at the Circle of Willis. Continue removing the segment laterally and dorsally for approximately 4 5 mm.
- 349 4.11. Gently clean the collected MCA segments of approximately 4 5 mm in length of any
 350 connective tissue using microforceps.
 351

4.12. Mount the MCA's on the arteriograph. Cannulate the proximal end of each segment with the first glass micropipette (diameter ≈70 μm) and secure with a 10-0 nylon suture.

4.13. Softly perfuse the lumina with PSS to remove any residual blood and other contents from the lumen.

4.14. Cannulate the distal end of each segment with the second micropipette without stretching the MCA segment and secure with a 10-0 nylon suture.

4.15. After successful mounting of the MCA segment, place the chamber on top of an inverted microscope's stage for magnification of the vessels. The microscope is equipped with a video camera, monitor and a video scaler calibrated with an optical micrometer for arterial diameter measurements.

4.16. Fill each segment and the surrounding arteriograph bath with continuously circulated PSS warmed from room temperature to 37 $^{\circ}$ C and equilibrated with the gas mixture of 21% O₂ and 5% CO₂ in a balance of N₂.

4.17. Equilibrate the MCA segments at a pressure of 50 mmHg for 60 min by raising the reservoir bottles connected to the micropipettes to an appropriate height above the segments.

Pressure transducers located between the micropipettes and reservoir bottles will assess transmural pressure within the MCA segment indicating when the desired 50 mmHg pressure is attained.

4.18. After the conclusion of the equilibration period, increase the intravascular pressure to 100 mmHg by setting the reservoir bottles at different heights.

4.19. Deliver 30 mM K⁺ (for confirmation of vessel contraction) *via* the luminal perfusate and measure arterial diameters. Approximately 10 min later deliver 10⁻⁵ M Ach (for vessel dilation) and measure arterial diameters.

4.20. Examine vessel dilatory responses. Lower the reservoir bottles to reduce the intravascular pressure from 100 mmHg to 80 mmHg. Allow the MCA segments to equilibrate for 10 min. Measure arterial diameters.

4.21. Reduce the intravascular pressure from 80 mmHg to 60 mmHg. Allow the MCA segments to equilibrate for 10 min. Measure arterial diameters.

4.22. Reduce the intravascular pressure from 60 mmHg to 40 mmHg. Allow the MCA segments to equilibrate for 10 min. Measure arterial diameters.

4.23. Reduce the intravascular pressure from 40 mmHg to 20 mmHg. Allow the MCA segments to equilibrate for 10 min. Measure arterial diameters.

REPRESENTATIVE RESULTS:

- 397 Mean bTBI overpressure for all study animals was 20.9 psi ± 1.14 (138 kPa ± 7.9).
- The mean duration of righting reflex (RR) suppression for rats subjected to ABS bTBI shockwave exposure (5.37 min ± 2.1) was not significantly longer (p = 0.36, bTBI vs. sham) than in the sham group (5.10 min ± 1.6).

In both the 30 and 60-min sham groups, MCA diameters increased above baseline as intraluminal pressure was reduced from 100 to 20 mmHg. Compared to their corresponding sham groups, the MCA dilatory responses to the continuous imposed reduction in intravascular pressure in the observed 30-min (p = 0.01, bTBI vs. sham) and 60-min (p = 0.02, bTBI vs. sham) ABS bTBI groups were significantly reduced after blast exposure (**Figure 5**). For a more detailed discussion of these results, see Rodriguez et al.³⁹.

These studies revealed that mild bTBI significantly impaired cerebral compensatory dilator responses to reduced intravascular pressure in MCA segments 30 and 60 min after mild bTBI while the mild shock wave levels used in these studies resulted in durations of suppression of RR (<30 s) similar to those in sham-injured rats.

Statistical analyses were performed with software. The myogenic response to changes in intravascular pressure was assessed by calculating percent change from baseline (100 mmHg) for each level of intraluminal pressure (80, 60, 40, and 20 mmHg). Unpaired Student's t-tests were used to evaluate differences between the bTBI and sham group baselines. Differences in MCA dilator responses between bTBI and sham groups were assessed using a repeated one-way analysis of variance (ANOVA) Dunnett's multiple comparisons test and a Bartlett's test for equal variance.

Due to the reduction in statistical power that results from repeated testing, comparisons at each specific pressure point in the MCA experiments (*e.g.*, between 100 and 80 mmHg or between 60 and 40 mmHg, *etc.*) were not conducted. Significance was accepted at the $p \le 0.05$ level. All data in the text, referenced table, and figure is expressed as means \pm standard errors of the means (SEM).

[Place **Figure 5** here]

FIGURE AND TABLE LEGENDS:

Figure 1: Location of middle cerebral arteries (MCA). Ventral view of the rat brain highlighting the location of the MCA's relative to the posterior cerebral arteries (PCA), internal carotid arteries (ICA), external carotid arteries (ECA), basilar artery (BA) and common carotid arteries (CCA).

Figure 2: Advanced Blast Simulator (ABS) shock tube device. The ABS used to produce primary blast injury in all study animals. 1 = driver chamber; 2 = expansion chamber; 3 = specimen chamber; 4 = reflected wave suppressor; yellow star = specimen tray.

Figure 3: Rat placement on ABS specimen tray and inside ABS. Direction and orientation of the study animal inside the ABS. When placed in the ABS, the animal is in a transverse prone position with the dorsal surface of the head perpendicular to the shock wave direction (red arrows).

Figure 4: Advanced Blast Simulator (ABS) shock tube device schematic. Major components of the ABS. A = hydraulic hand pump; B = driver chamber; C = cap nuts; D = all-thread rods; E = expansion chamber; F = location of mylar membrane placement; G = compressed air cylinders; H = specimen tray; I = specimen chamber.

Figure 5: Effects of bTBI on middle cerebral arterial (MCA) responses to reduced intravascular pressure. Dilator responses to progressive reductions in intravascular pressure exhibited impaired vasodilatory responses and were significantly reduced in the 30-min (p = 0.01, bTBI vs. sham) and 60-min (p = 0.02, bTBI vs. sham) bTBI groups (n=6/group) after blast exposure compared to both Sham groups (n=12). In both the 30 and 60-min sham groups, MCA diameters increased above baseline as intraluminal pressure was reduced from 100 to 20 mmHg. Values are plotted as means \pm SEM. *p < 0.05 vs. sham.

DISCUSSION:

As with all protocols and instructions, it is imperative that certain steps for the protocol in this particular study are followed as accurately and as precisely as possible. After the initial intubation of the rat it is important to confirm that it is breathing steadily and without difficulty. Mistakenly inserting the endotracheal tube into the esophagus instead of the trachea will result in rasping, difficult breaths, bleeding and the subsequent rousing of the rat due to deficient anesthetic delivery to the lungs.

When taping the mylar membrane sheets over the center of the opening between the driver and expansion chamber, it is imperative that the sheets are centered and cover the entire opening^{39,41}. Misaligning the sheets over the opening will result in air leakage from the driver chamber, a drop in the required pressure for membrane burst-potential and denial of administration of the blast injury. Properly situating and securely fitting the accessory steel block against the hydraulic hand pump block and driver chamber is also essential as is tightening the hydraulic hand pump knob and confirming the driver chamber remains pressurized without leaks. Proper placement of the steel block allows for the driver chamber to tightly close against the expansion chamber, thus creating the mandatory seal required over the chamber opening by the Mylar membrane sheets and between the driver and expansion chamber.

During preparations before the MCA vessel extractions, gassing the PSS with the requisite mixture of 21% O_2 and 5% CO_2 in a balance of N_2 equilibrates the solution and facilitates the necessitated neutral physiological pH needed for a working PSS solution^{21,33-34}.

Equilibrating the segments at a constant pressure for 60 min^{21,32-34} is extremely obligatory as this step permits the segments to constrict following a maximum dilation displayed during their

first primary pressurization. This event demonstrates the occurrence of spontaneous tone, a property suggestive of a healthy artery³²⁻³⁴. Though assorted pressure levels for segment equilibration have been utilized in other studies^{33-34,42}, this study and those of Mathew *et al.*²¹, Golding *et al.*³⁵ and Golding *et al.*⁴³ equilibrated the segments at 50 mmHg. While equilibrating collected segments anywhere between 40 mmHg – 100 mmHg³² allows for some flexibility and modification for that step of the protocol, an hour equilibration period within those pressure parameters ultimately confirms healthy arteries needed for continuation of the experiment. Taking extreme caution when removing the brain from the skull and the left and right MCA segments from the Circle of Willis while keeping those vessels intact is perhaps the most critical step of the entire protocol. Puncturing the brain with the bone rongeurs, tearing or severe stretching of the segments during removal or accidentally pulling the vessels with the surgical spatula when excavating the brain out of the skull will ultimately result in destruction of the harvested MCA's, causing unserviceable segments and discontinued use of that set of arteries, ultimately voiding the entire experiment for that animal.

Though measuring cerebral vascular responses to dilatory or constrictory stimuli in MCA segments ex vivo collected after impact or blast TBI in vivo has yielded success, the methodology is not without its difficulties and/or limitations. Perhaps one of the more discernable complexities linked with examining the consequences of TBI on the circulation of the cerebral vasculature is detaching the explicit effects of TBI on the vessels from the implicit effects incurred due to the various materials and elements generated by the injured brain⁴⁴. This conceivable perplexity can potentially be evaded by analyzing ex vivo the vasoconstrictory and vasodilatory reactions of harvested, perfused and/or pressurized MCA's. In an effort to reduce the duration of time that cerebral arteries in vivo are exposed to locally discharged parenchymal vasoactive material prior to death, collection of the cerebral arteries directly after TBI can lessen the degree of such prolonged-exposure effects. Ex vivo studies on isolated MCA's additionally present the prospect of analyzing mechanisms of traumatic vascular injury through the use of particular receptor agonists and antagonists or reputed vehicles of vascular injury that would not afford scrutiny as efficiently or as discriminatory in vivo. Subsequently, this ex vivo method can be combined with ex vivo exposure to drugs to test resulting myogenic responses (vasoconstriction or dilation of vessel segment due to intravascular or extravascular drug exposure).

Other limitations include roughly or impatiently removing the MCA's from the harvested brain which can result in premature tearing of the vessels, thus voiding their use. In addition, letting more than a few minutes elapse between euthanasia of the animal, collection of the vessels and their placement in the prepared PSS solution can also negate their viability. When properly performed and followed, the methods described in this protocol for testing myogenic responses of MCA's after bTBI takes several hours from start to finish and attempts at curtailing the length of time required for success can result in experimental failure. However, this method is done *in vitro* and utilizes considerably more cost-effective instrumentation and equipment than *in vivo* high-resolution magnetic resonance (MR) imaging⁴⁵⁻⁴⁶ or conventional Doppler sonography/velocimetric techniques⁴⁷⁻⁴⁹ which are also employed for vessel studies.

- 528 These findings that mild bTBI injury is associated with impaired cerebral dilatory responses to
- reduced intravascular pressure could potentially be a function of the vasospasm⁶⁻⁷ and VSMC
- 530 hyperconstriction⁵⁰ previously reported after blast exposure ultimately leading to occurrences
- 531 such as reduced relative cerebral perfusion. Additionally, blast-induced damage hampering
- normal dilatory reactions of the cerebral vasculature could possibly promote further reductions
- 533 in cerebral perfusion when combined with arterial hypotension, a frequent incidence during
- 534 combat operations.

- These results indicate that bTBI results in a change to the mechanisms facilitating arterial
- vascular control. Though acute-phase cerebral vascular impairment of arterial myogenic
- response to reductions in intravascular pressure for at least an hour post-injury were observed,
- there remain gaps in information surrounding the acute phase after bTBI. The importance of
- identifying what physical and biochemical deficiencies injuries to the cerebral vasculature and
- 541 the brain exposure to bTBI causes could aid in determining the level of therapeutic and/or
- rehabilitative success fairly immediately after injury.

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The authors have nothing to disclose.

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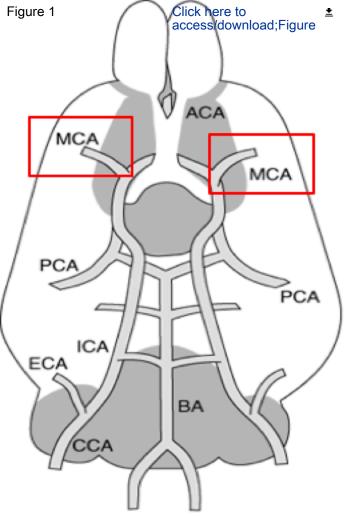
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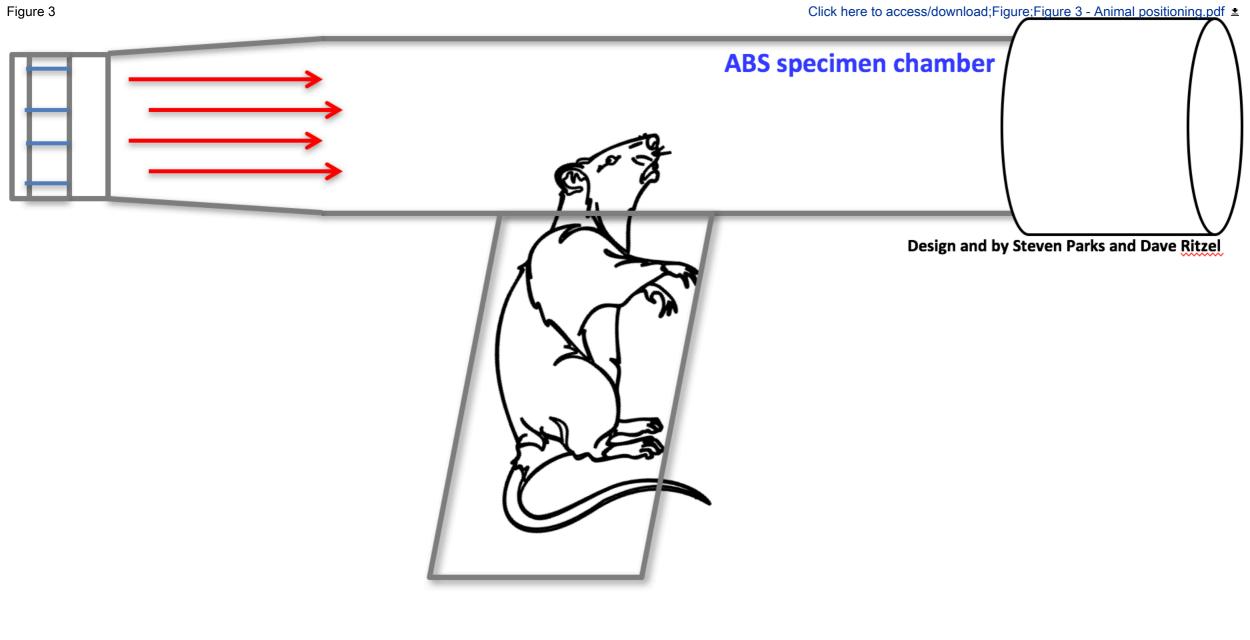
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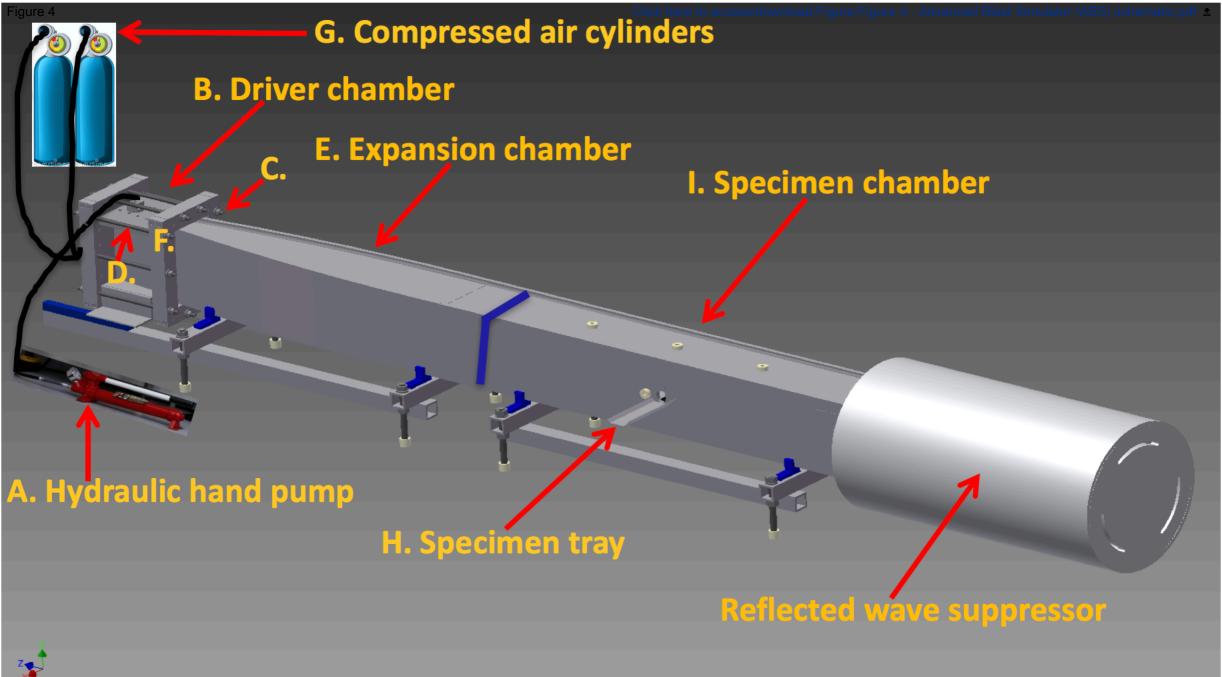
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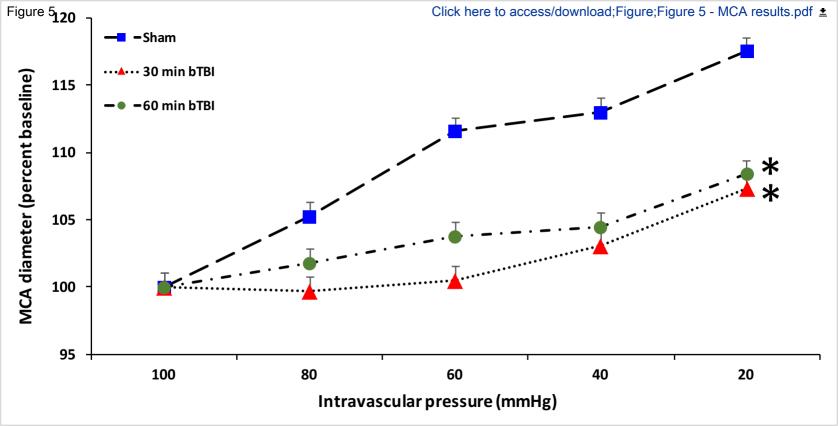
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Advanced Blast Simulator (ABS) Dyn-FX Consulting, Ltd. and ORA, Inc.

Adult, male, Sprague-Dawley rats Charles River Laboratories

Arteriograph Living Systems Instrumentation, Inc.

Bone rongeurs, large FST Fine Science Tools

Bone rongeurs, small FST Fine Science Tools

CaCl₂ Sigma

Ear plugs 3M

Glucose Sigma

Isoflurane Piramal Enterprises Limited

KCl Sigma

 $MgSO_4 \bullet 7H_2O$ Sigma

Microforceps Buxton Biomedical Inc.

Mylar sheets Texas Art Supply

NaCl Sigma

NaHCO₃ Sigma

Nylon suture Ethicon

Scalpel blade #10 Bard-Parker

Surgical spatula Delmaks Surgico

Thermometer Physitemp Instruments, Inc.,

Volume ventilator Harvard Apparatus, Inc.

Water blanket Gaymar Industries, Inc.

Catalog Name	Comments/Description		
N/A	Blast-simulating shock tube used to ir		
N/A	Experimental animals		
Arteriograph	Mounting of harvested arteries and n		
Friedman Rongeur	Brain extraction from skull		
Boynton Rongeur	Brain extraction from skull		
Calcium chloride	Preparation of rodent middle cerebra		
Foam Ear Plugs 1100 Class AL	Prevent injury of ear tympanic memb		
D-[+]-Glucose	Preparation of rodent middle cerebra		
Isoflurane, USP	Anesthetic		
Potassium chloride	Preparation of rodent middle cerebra		
Magnesium sulfate	Preparation of rodent middle cerebra		
Micro Tying Fcps, 180mm	Brain extraction from skull		
Mylar	Membrane used for compressed air b		
Sodium chloride	Preparation of rodent middle cerebra		
Sodium bicarbonate	Preparation of rodent middle cerebra		
10-0 Ethilon nylon suture black monofilament 5" (13 cm	n Mounting of harvested arteries and n		
10 Stainless Steel Surgical Blade	Brain extraction from skull		
Cement Spatula	Brain extraction from skull		
Thermalert Monitoring Thermometer	Monitoring of experimental animal's		
Small Animal Ventilator	Constant and steading breathing of th		
Mul-T-Pad Temperature Therapy Pad	Maintenance of experimental animal'		

nduce primary blast injuries neasurement of lumen diameter I arterial physiological salt solution (PSS) rane when in the blast machine I arterial physiological salt solution (PSS) I arterial physiological salt solution (PSS) I arterial physiological salt solution (PSS) uild-up during blasting I arterial physiological salt solution (PSS) I arterial physiological salt solution (PSS) neasurement of lumen diameter

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