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TITLE:

Semi-quantitative Assessment Using [^{18}F]FDG Tracer in Patients with Severe Brain Injury

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KEYWORDS:

Glucose metabolism, brain injury, FDG-PET, [^{18}F]FDG, TBI, PET/CT, traumatic brain injury

SUMMARY:

[^{18}F]-fluorodeoxyglucose (FDG) positron emission tomography-computed tomography is useful for studying glucose metabolism related to brain function. Here, we present a protocol for an [^{18}F]FDG tracer set-up and semiquantitative assessment of the region-of-interest analysis for targeted brain areas associated with clinical manifestations in patients with severe traumatic brain injury.

45 **ABSTRACT:**

46 Patients with severe traumatic brain injury (sTBI) have difficulty knowing whether they are
47 accurately expressing their thoughts and emotions because of disorders of consciousness,
48 disrupted higher brain function, and verbal disturbances. As a consequence of an insufficient
49 ability to communicate, objective evaluations are needed from family members, medical staff,
50 and caregivers. One such evaluation is the assessment of functioning brain areas. Recently,
51 multimodal brain imaging has been used to explore the function of damaged brain areas. [^{18}F]-
52 fluorodeoxyglucose positron emission tomography-computed tomography ([^{18}F]FDG-PET/CT) is
53 a successful tool for examining brain function. However, the assessment of brain glucose
54 metabolism based on [^{18}F]FDG-PET/CT is not standardized and depends on several varying
55 parameters, as well as the patient's condition. Here, we describe a series of semiquantitative
56 assessment protocols for a region-of-interest (ROI) image analysis using self-produced [^{18}F]FDG
57 tracers in patients with sTBI. The protocol focuses on screening the participants, preparing the
58 [^{18}F]FDG tracer in the hot lab, scheduling the acquisition of [^{18}F]FDG-PET/CT brain images, and
59 measuring glucose metabolism using the ROI analysis from a targeted brain area.

61 **INTRODUCTION:**

62 Patients with sTBI are presented with unforeseeable neurological difficulties over the course of
63 rehabilitation that include motor deficits, sensory deficits, and psychiatric instability¹. Although
64 clinical assessment is generally performed verbally, patients with sTBI such as unresponsive
65 wakefulness syndrome or minimally conscious state have particular difficulty in knowing whether
66 they are accurately expressing their thoughts and emotions because of disorders of
67 consciousness, disrupted higher brain function, and verbal disturbances^{2,3}. Family members,
68 medical staff, and caregivers are sometimes confounded by unforeseeable neurological changes
69 or the lack of response that can result from insufficient communicatory ability^{4,5}.

71 Recently, multimodal brain imaging has been used to explore regional brain function^{6,7,8,9}. The
72 brain is the main consumer of glucose-derived energy, with glucose metabolism providing
73 approximately 95% of the adenosine triphosphate (ATP) required for the brain to function¹⁰.
74 The uptake of [^{18}F]-fluorodeoxyglucose (FDG) is a marker for the uptake of glucose by brain
75 tissue. [^{18}F]FDG-PET/CT can detect [^{18}F]FDG uptake and is, therefore, a useful tool for
76 examining brain function¹¹. In general, [^{18}F]FDG image analysis is divided into two categories:
77 ROI analysis and voxel-based analysis (VBA)¹². Previous reports show that ROI analysis is
78 preferred for studying specific regions of traumatic injury. This is because VBA (such as
79 statistical parametric mapping [SPM]) requires coregistration and normalization to a standard
80 brain, which does not work well in cases of TBI due to brain tissue deformation such as brain
81 atrophy, swelling, enlargement, and shrinking of ventricular space^{7,12}. Although various
82 algorithms and software have been developed for analyzing magnetic resonance imaging (MRI)
83 data, metals used in neurosurgical and orthopedic surgery generate noise artefacts^{7,12,13}.
84 Recently, the use of photomultipliers with PET/CT devices has improved the spatial resolution
85 of PET/CT-derived brain images¹⁴. The current protocol focuses on semi-quantitatively
86 measuring glucose uptake *via* ROI analysis in [^{18}F]FDG-PET/CT using self-produced [^{18}F]FDG
87 tracers in patients with sTBI.

89 **PROTOCOL:**

90 This study was performed in compliance with the institutional review board (approval No. 07-01)
91 and adhered to the tenets of the Declaration of Helsinki. Informed consent for medical record
92 and brain image use was obtained from the patients' legal representatives. The study was
93 conducted after approval by the institutional ethics committee (2017-14). This protocol was
94 made following the guidelines of the Japanese Society of Nuclear Medicine and European
95 Association of Nuclear Medicine as a reference^{15,16}.

97 **1. Screening of the Participants**

99 1.1. Obtain informed consent to use the medical records and brain images of the patients from
100 the patients' legal representatives. A Glasgow Coma Scale score ≤ 8 at the time of accident must
101 have been recorded in each patient's medical record^{17,18,19}.

103 1.2. Hold neurology, psychology, and multi-disciplinary staff conferences every six months to
104 assess clinical manifestations.

106 Note: Conference members should include medical staff such as medical doctors, nurses, physical
107 therapists, occupational therapists, speech therapists, nutritionists, and medical social workers.
108 Be sure to constantly check whether patients can communicate (verbally or nonverbally) and
109 make decisions for themselves because arousal state and neurological status are typically
110 unstable.

112 1.3. Conduct clinical assessments of the auditory function, visual function, motor function,
113 oromotor/verbal function, communication function, arousal state, facial expression, and other
114 relevant functions, using standard assessment batteries such as the Coma Recovery Scale-
115 Revised (CRS-R), the Nociception Coma Scale, and the Wessex Head Injury Matrix^{20, 21, 22}.

117 1.4. Schedule [¹⁸F]FDG-PET/CT scans for the patients who are medically stable and can safely
118 participate in examinations. Only schedule those who have provided informed consent or whose
119 legal representatives have provided informed consent, as stated in the informed consent form.
120 Schedule [¹⁸F]FDG-PET/CT image acquisition near the day of clinical assessment.

122 **2. Preparation of the [¹⁸F]FDG Tracer in the Hot Lab**

124 2.1. In the hot lab, begin to manufacture reagent kits for the automated production of FDG
125 tailored to the FDG synthesizer (see **Table of Materials**). Be sure to use the automatic program
126 to check the mobility of the pumping system in the FDG synthesizer and to ensure that air does
127 not leak from the reagent kit. Sterilize the contact area of the machine (this is the start time).

129 Note: Be sure to check the radiation monitor in the hot lab and use the portable radiation
130 dosimeters to check the radiation levels of each person before they enter the hot lab.

132 2.2. Check the volume of [¹⁶O]-water and [¹⁸O]-water and the volume of helium, hydrogen, and

nitrogen in the gas tank. Check whether the tap water temperature for primary cooling is under 25 °C and that for secondary cooling is under 22 °C. Use all water in the closed system (30 min after the start) for production.

2.3. Begin the preliminary irradiation of [¹⁶O]-water in the cyclotron (1 h after the start). Check the monitor to be sure that 2 - 3 mL of [¹⁶O]-water is irradiated in optimal conditions (*e.g.*, 20 μA, 5 min) in the target area of the cyclotron. After irradiation, install the vial of [¹⁶O]-water into a radioisotope dose calibrator and measure the level of radioactivity (see **Table of Materials**).

Note: The radioactive decay should be calculated using the following formula.

$$N(t) = N(0) \times \frac{\left(\frac{1}{2}\right)^t}{T}$$

Here,

N(t) is the number radioactive nuclei at $t = t$ seconds;

N(0) is the number radioactive nuclei at $t = 0$ seconds;

T = the half-life.

2.4. Begin the irradiation of [¹⁸O]-water in the cyclotron (1 h 30 min after the start). Set the bombardment time for up to 20 min and the energy of the impinging protons to 16.5 MeV.

2.5. Start the FDG synthesizer according to the operator manual²² (2 h after the start). A modified procedure is given below.

2.5.1. After the irradiation, use helium gas to transfer 2 - 3 mL of the [¹⁸O]-water from the cyclotron to the polypropylene receiver of the FDG synthesizer.

2.5.2. Hook syringes onto the corresponding syringe drivers, pressurize reagent vials, dissolve the 1,3,4,6-Tetra-O-acetyl-2-O-trifluoromethanesulfonyl-β-D-mannopyranose in one vial (7 ± 0.2 mL) of acetonitrile (purity ≥ 99.5%), and rinse the cassette with acetonitrile.

2.5.3. After the bombardment, transfer the irradiated [¹⁶O]-water and [¹⁸O]-water to the FDG synthesizer.

Note: Once the synthesis has started, the irradiated [¹⁸O]-water moves through an anion exchange cartridge (see **Table of Materials**). Be sure to condition and convert the cartridge to the carbonate before the synthesis.

2.5.4. After transferring the eluent containing the [¹⁸F]activity without liquid into the reaction vessels, allow the solvents to evaporate until dry. During the drying process, add small amounts of acetonitrile to the reaction vessel 3x (each time, add 80 μL). Perform the evaporation at 95 °C under nitrogen flow and vacuum.

2.5.5. Add the mannose triflate precursor (25 mg) to the dry residue after dissolving it in about 3.5 mL of acetonitrile (with a purity of $\geq 99.5\%$). A nucleophilic substitution reaction occurs at 85 °C in the FDG synthesizer.

2.5.6. As a preliminary purification, mix the labeled solution with 26 mL of distilled water. Send about 4 mL of the diluted labeling solution back to the reaction vessel to recover the remaining activity. Pass the solution through the reverse-phase cartridge (see **Table of Materials**). Rinse the cartridge containing the trapped labeled precursor 4x using 10 mL, 10 mL, 13 mL, and 13 mL of distilled water on the successive washes.

2.5.7. Convert the acetylated compound (labeled precursor) into FDG within the cartridge *via* alkaline hydrolysis, using 750 μ L of 2 N NaOH for 2 min at room temperature.

2.5.8. After hydrolysis, collect the alkaline FDG solution in 7 mL of water and mix it with the neutralization solution (5 mL of citrate buffer and 1 mL of 2 N HCl).

2.5.9. Purify the resulting neutralized FDG solution.

2.5.9.1. Pass the neutralized FDG solution through a second reverse-phase cartridge (see **Table of Materials**), retaining the partially hydrolyzed compounds and nonpolar by-products.

2.5.9.2. Pass it through an Alumina N cartridge (see **Table of Materials**), retaining the last traces of unreacted [^{18}F]fluoride ions. Then, pass it through a 0.22- μ m filter.

2.5.9.3. Rinse the cassette and cartridges, filter with 3 mL of water to recover the residual FDG that is left in the lines and, then, drain the FDG into the final vial, which contains 15 - 17 mL of liquid.

2.5.10. Perform a qualitative analysis of the [^{18}F]FDG tracer (2 h 30 min after the start).

2.5.10.1. Visually observe the vial. Confirm that it is transparent and that it does not include any particles.

2.5.10.2. Measure the amount of liquid using a Roberval's balance (should be 15 - 17 mL).

2.5.10.3. Measure the radioactivity and half-life using a radioisotope dose calibrator (the same as in step 2.3, see **Table of Materials**) (criterion: 105 - 115 min).

2.5.10.4. Dispense 0.5 mL from the vial. Perform a radiochemical purity test *via* carbohydrate analysis. Use columns of 3.9 x 300 mm for high-performance liquid chromatography (see **Table of Materials**) to detect the peak radioactivity (over 95%).

Note: A single peak means high purity.

2.5.10.5. Measure the pH (pH 5.0 - 8.0) by using pH test paper (see **Table of Materials**). Measure the residual 4,7,13,16,21,24-Hexaoxa-1,10-diazabicyclo[8.8.8]hexacosane (see **Table of Materials**) (< 40 ppm) using test paper (see **Table of Materials**). Measure the endotoxins with the appropriate endotoxin-measuring device through absorbance measuring (see **Table of Materials**) (0.25 EU/mL). Do a test for sterility (finding no bacteria after 8 d at 37 °C).

2.5.11. Fill the vial covered by lead and tungsten with the [¹⁸F]FDG tracer at a dosage of 5 MBq/kg body weight.

2.5.12. Transfer the [¹⁸F]FDG tracer from the hot lab to the working room (3 h 25 min after the start).

3. Time Course for the Acquisition of the [¹⁸F]FDG-PET/CT Brain Images

3.1. Schedule the patients. Be sure to inform the staff to stop nutrition and feeding *via* gastrostomy. Do not stop providing water. The patients should fast starting 7 h before the image acquisition.

3.2. Prepare the intravenous route for [¹⁸F]FDG tracer administration. Secure a 22- to 24-G needle with 5 mL of heparin sodium (10 units/mL) on one of the lower limbs before entering the radiation-controlled area.

3.3. Have the patients lie down on a light stretcher before entering the radiation-controlled area. Bring the patients to the radiation-controlled area and wait for 30 min, in silence, while medical staff are on stand by.

3.4. Recheck the patency of the intravenous route by drawing blood with a 10-mL syringe. Measure the blood-glucose levels with a glucose meter.

3.5. After transferring the [¹⁸F]FDG tracer from the hot lab to the working room, set it up in the auto-dispensing and injection system (see **Table of Materials**).

3.6. Recheck the following information (*via* the medical staff): patient ID number, name, birthday, height, and body weight; the name of the tracer, the amount of tracer (water with 3.5 mL of [¹⁸F]FDG tracer + 12 mL of saline), the programmed radioactivity (5 MBq/kg), the time of injection, the [¹⁸F]FDG tracer-lot number, the injection speed (normally, 0.3 mL/s), and the level of radioactivity that was measured in the hot lab.

3.7. Record the automatic measurement of preinjected radioactivity that appears on the display of the auto-dispensing and injection system.

3.8. Inject the [¹⁸F]FDG tracer *via* the intravenous route prepared in step 3.2 (3 h 30 min after the start).

3.9. Record the residual volume of the [^{18}F]FDG tracer, which is shown automatically on the display of the auto-dispensing and injection system.

3.10. Have the patients wait in the waiting room of the radiation-controlled area for 50 min.

3.11. Transfer the patients from the waiting room to the PET/CT machine (see **Table of Materials**). Record the brain images for 10 min (4 h 30 min after the start).

Note: The imaging parameters for [^{18}F]FDG-PET/CT images are 10 min list mode. Reconstruct the data from 10-min bins. The data under 3 min are not used because the low-intensity signals are not adequate. Set the image reconstruction parameters: a block sequential regularized expectation maximization reconstruction algorithm (see **Table of Materials**); the matrix size = 192; the field of view = 25 cm; β -value: 100 - 200; z-axis filter: none.

3.12. After taking the images, check the injection area for extravasation. Discard all urine if the patient has a urinal catheter with urine bag.

3.13. Remove the patient from the radiation-controlled area (4 h 50 min after the start).

Note: See **Figure 1** for a schematic of the time schedule of events (patient procedure and synthesis of the [^{18}F]FDG tracer).

4. Analysis of the [^{18}F]FDG-PET/CT Images

4.1. Evaluate all image data for a standardized uptake value (SUV) measurement using the imaging software (see **Table of Materials**).

4.2. Select the patients.

4.3. Assign the data to the **MM oncology** workflow.

4.4. Click the button for **Functional** browsers.

4.5. Click the **VOI (volume of interest) threshold** button.

4.6. Set the VOI sphere to the three-dimensional browser.

Note: The maximum SUV (SUVmax) and mean SUV (SUVmean) are automatically measured for the VOI according to the chosen SUVmax threshold. Be sure to draw a border around the targeted VOI on the browser using the three-dimensional sphere, excluding other targets, extraocular muscles, and the scalp because they tend to disturb the set SUV threshold. Check the target area on axial, coronal, and sagittal slices.

4.7. After selecting all the right settings, click the **Edit the measure** button.

4.8. Change the threshold value (*e.g.*, 50%) of the VOI and click **OK**.

4.9. Record the SUVmax, SUVmean, target volume, and threshold of the target area, which are automatically measured.

4.10. To sterically visualize the glucose metabolism of the whole-brain surface, use the software (see **Table of Materials**) to set a color map for the [¹⁸F]FDG-PET/CT images based on blood glucose.

4.11. Finally, compare the clinical assessment with the [¹⁸F]FDG-PET/CT images.

REPRESENTATIVE RESULTS:

A 63-year-old man who had been run over by a car while cycling was brought to the emergency room *via* ambulance. The examination revealed a Glasgow Coma Scale score of 7 (eye opening = 1, best verbal response = 2, best motor response = 4), anisocoria (right: 2 mm, and left: 3 mm), and a negative corneal response¹⁷. A CT of the head showed subarachnoid and intracranial hemorrhage and a skull fracture of the left zygoma, temporal bones, and parietal bones. The patient had no medical history and was managed conservatively. After nine months, he was admitted to the Rehabilitation Center for Traumatic Apallics Chiba. Examination at admission revealed a Coma Recovery Scale (Revised) score of 6 (auditory function = 0 [none]; visual function scale = 1 [visual startle]; motor function scale = 3 [localization to noxious stimulation]; oromotor/verbal function scale = 1 [oral reflexive movement]; communication scale = 0 [none]; arousal scale = 1 [eye opening with stimulation]) and spontaneous eye opening, but no evidence of language comprehension or expression²⁰. Additionally, we saw no spontaneous limb movement, except for that associated with a change of systemic muscle tonus. We observed positive blink responses to loud sounds near his ear. He was regarded as having unresponsive wakefulness syndrome (previously referred to as vegetative state) by multi-disciplinary conferences.

To investigate thalamic activity for the possibility of neurological recovery, [¹⁸F]FDG-PET/CT was performed 13 months after the accident. [¹⁸F]FDG tracer was injected at a 242.4-MBq level of radioactivity.

Figure 2A shows that the glucose metabolism in the left thalamus was lower than in the right thalamus (right thalamus: SUVmax = 9.44, SUVmean = 5.93; left thalamus: SUVmax = 6.79, SUVmean = 4.53). The laterality ratio for SUVmax ($\text{SUVmax}_{\text{left}} / \text{SUVmax}_{\text{right}}$) was $6.79/9.44 = 0.72$. Based on a previous report²⁴, this suggested that the patient might become psychiatrically unstable over the clinical course.

Additionally, an overall view of the whole-brain [¹⁸F]FDG-PET/CT images showed that the peak glucose metabolism was in the left basal ganglia. Further, an examination of the three-dimensional brain-surface image showed that the glucose metabolism in the right frontal and

parietal areas was higher than in the corresponding regions of the left hemisphere (see **Figure 2C**). Based on these data, clinical manifestations such as a level of wakefulness, motor activity, language comprehension and expression, visual and auditory cognition, facial expression, and psychiatric state can be compared with SUV values for the targeted brain area.

FIGURE AND TABLE LEGENDS:

Figure 1: Schematic diagram of the time schedule for patient procedures and synthesis of [¹⁸F]FDG tracer. [¹⁸F]FDG: Fluorine-18 fluoro-2-deoxyglucose.

Figure 2: Representative [¹⁸F]FDG-PET/CT brain image. (A) This panel shows a measurement of the right thalamic glucose metabolism viewed using the three-dimensional image browser. (B) This panel shows representative color-mapped images after [¹⁸F]FDG-PET and CT fusion. The blood glucose level at the time of the scan (maximum 15 g/mL) is depicted as red with a 50% SUVmax threshold. (C) This panel shows representative three-dimensional brain-surface [¹⁸F]FDG-PET images. The reddish regions have a higher glucose metabolism than the greenish regions. The blood glucose level at the time of scan (maximum 8 g/mL) is shown in red. (C) Images were constructed using advanced visualization software. [¹⁸F]FDG: ¹⁸F-fluoro-deoxyglucose; PET/CT: positron emission tomography/computed tomography.

DISCUSSION:

This protocol provides the means to conduct a series of brain-glucose metabolic assessments with [¹⁸F]FDG-PET/CT using self-produced [¹⁸F]FDG tracer at a single institution.

The production of [¹⁸F]FDG tracer follows the procedure described in the FDG synthesizer operator manual; however, caution is necessary regarding three points. First, the bombardment time and energy (step 2.5) should be adjusted according to the number of patients. Second, attention should be paid to the tube for 4,7,13,16,21,24-Hexaoxa-1,10-diazabicyclo[8.8.8]hexacosane because it can easily become stopped up by the crystallization of 4,7,13,16,21,24-Hexaoxa-1,10-diazabicyclo[8.8.8]hexacosane. Third, the hook of syringes (step 2.5.2) should be handled carefully because it tends to break.

Clinical assessment must be handled with caution. The condition of patients with sTBI is typically unstable due to fluctuations in awareness and mood, especially during the chronic stage. Therefore, multidisciplinary regular conferences (*e.g.*, every six months) are needed to verify the patient status. Otherwise, clinical signs can be overlooked by the examiners^{19,20,21,22}. To prevent misdiagnosis, several scoring systems, such as the Coma Recovery Scale-Revised and the Wessex Head Injury Matrix, should be used^{20,22}. However, it is likely that these clinical assessments cannot be performed on the same day as the [¹⁸F]FDG-PET/CT.

Another point of caution is that patients can sometimes make unforeseen movements during image acquisition, such as muscle tonus or sudden epileptic seizures. Because anesthetic sedation can influence brain glucose metabolism, this protocol does not include a method for sedation¹³. Therefore, the possibility that image acquisition might be interrupted or needs to be

suspended is unavoidable and should be prepared for.

The automated SUVs for single voxels corresponding to extraocular muscles and the scalp may include outliers. Further, the automated VOI using the imaging software can become less anatomically accurate depending on the SUV threshold and spatial resolution of the CT. Additionally, if only a small amount of [¹⁸F]FDG tracer accumulates, we should distinguish the focal active area from the surrounding tissues on the browser. However, assessment *via* PET/CT alone is essential because most sTBI patients have neurosurgical and orthopedic surgical metal in their bodies, making MRI impossible.

Although preparing the equipment for [¹⁸F]FDG tracer production in advance is necessary, the delivery of the tracer makes it easy to use in clinical studies that lack facilities with a cyclotron²⁵. This [¹⁸F]FDG PET/CT approach for patients with sTBI has the potential to identify injured brain areas and residual brain function, which can be used for determining therapeutic targets. In the future, this protocol should be modified for use with advanced PET/CT imaging.

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DISCLOSURES:

The authors have nothing to disclose.

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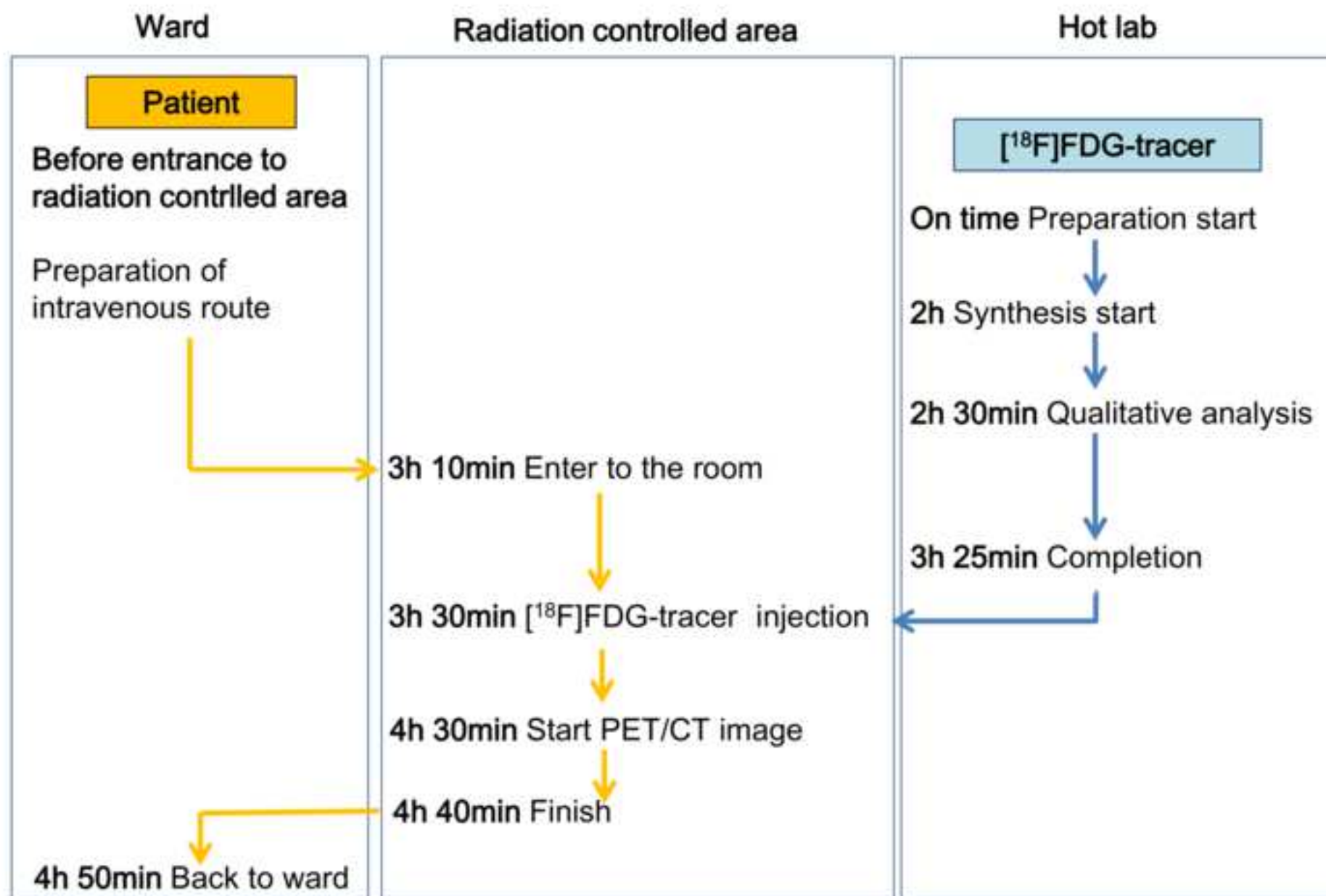
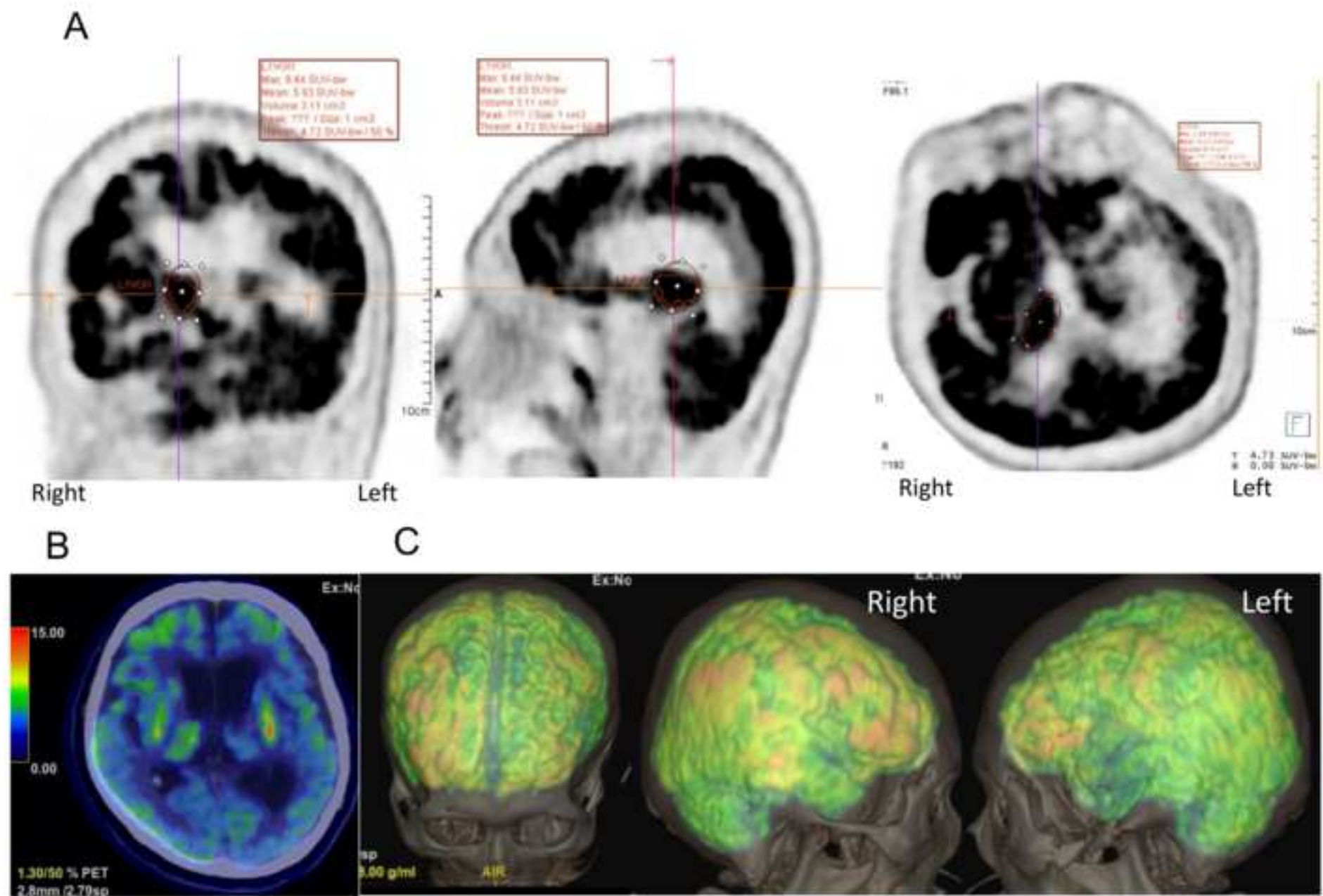


Figure 2

[Click here to access/download;Figure;JoVE Figure2.tif](#)



Name of Material/ Equipment	Company	Catalog Number	Comments/Description
20ml syringe	Terumo	SS-20ESZ	
10ml syringe	Terumo	SS-10ESZ	
1ml syringe	Terumo	SS-01T	
Protective plug	Top	ML-KS	
Three-way cock L type 180°	Terumo	TS-TL2K	
Extension tube	Top	X1-50	
Indwelling needle 22G or 24G	Terumo	SR-OT2225C	
Tegaderm transparent dressing	3M	1624W	
Hepaflash 10U/ml 10ml	Terumo	PF-10HF10UA	
	Universal Giken		
Auto dispensing and injection system	Co., Ltd.	UG-01	
Fluid for auto dispensing and injection	Universal Giken		
system	Co., Ltd.	UG-01-001	
Millex-GS Syringe Filter Unit	Millipore	SLGSV255F	
Air needle	Terumo	XX-MFA2038	
Check valve	Hakko	23310100	
	HIKARI	18610155-3	
	pharmaceutical		
Saline 500ml	Co., Ltd.		
Yukiban 25x7mm	Nitto	3252	
Elascot No.3	Alcare	44903221	
Presnet No.3 27x20mm	Alcare	11674	
Steri Cotto a 4x4cm	Kawamoto	023-720220-00	
StatstripXp3	Nova Biomedical	11-110	
Statstrip Glucose strips	Nova Biomedical	11-106	
JMSsheet	JMS	JN-SW3X	
Injection pad	Nichiban	No.30-N	
Stepty	Nichiban	No.80	
		Volume Share 7.	
Advantage Workstation	GE Healthcare	version 4.7	

Discovery MI PET/CT EV Insite	GE Healthcare PSP	
GE TRACERlab MX _{FDG} synthesizer reagent kit	ABX	K-105TM
TRACERlab MX _{FDG} cassette	GE Healthcare	P5150ME
Extension tube	Universal Giken Co., Ltd	AT511-ST-001
TSK sterilized injection needle 18x100	Tochigiseiko	AT511-ST-004
TSK sterilized injection needle 18x60	Tochigiseiko	AT511-ST-002
TSK sterilized injection needle 21x65	Tochigiseiko	AT511-ST-003
Seal sterile vial -N 5ml	Mita Rika Kogyo Co., Ltd.	SSVN5CBFA
k222 TLC plate	Universal Giken Co., Ltd.	AT511-01-005
Anion-cation test paper	Toyo Roshi Kaisha Seikagaku	7030010
Endospecy ES-24S set	corporation	20170
Sterile evacuated vial	Gi phama	10214
5ml syringe	Terumo	SS-05SZ
Extension tube	Top	X-120
Finefilter F	Forte grow	
Millex FG	medical Co.Ltd.	F162
Vented Millex GS	Merck	SLFG I25 LS
Injection needle 18x38	Merck	SLGS V25 5F
Injection needle 21x38	Terumo	NN-1838R
	Terumo	NN-2138R

Water-18O	Taiyo Nippon Sanso Otsuka	F03-0027
Distilled water	phrmaceutical	
Hydrogen gas G1	Hosi Iryou Sanki	
Helium gas G1	Hosi Iryou Sanki	
Nitrogen G1	Hosi Iryou Sanki	
TRACERlabMX _{FDG}	GE Healthcare	
Sep-Pak Light Accell Plus QMA	WATERS	
Sep-Pak Plus tC18	WATERS	
Sep-Pak Plus Alumina N	WATERS	
HPLC with 3.9 X 300 mm columns	WATERS	
	Universal Giken	
US-2000	CO. Ltd.	
Kryptofix222	Merck	
	Seikagaku	
EG Reader SV-12	Corporation	
	Universal Giken	
UG-01	Co., Ltd.	
	Siemens	
syngo.via	Healthineers	
Advantage Workstation Volume Share		
7, version 4.7	GE Healthcare	
Q clear	GE Healthcare	
CRC-15PET dose calibrator	CAPINTEC, INC.	



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Title of Article:

Semi-quantitative assessment of brain glucose metabolism via ^{18}F -FDG-PET/CT in patients with brain injury

Author(s):

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Semi-quantitative assessment of brain glucose metabolism via 18F-Fluoro-deoxyglucose positron emission tomography-computed tomography in patients with brain injury

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Tomohiro Yamaki

Date:

18 June 2018

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Alisha DSouza, Ph.D.
Senior Review Editor
Journal of Visualized Experiments

18 August, 2018

Dear Dr. DSouza

Thank you for your email [dated 9 August] enclosing the editors' comments. Our responses are given in a point-by-point manner below. Change to the manuscript is shown in track the changes within the manuscript to identify all of the edits.

Response to the comments from the Editorial Comments

Comment 1: This sounds a bit awkward. Consider deleting this?

Response: Thank you for your suggestion. We have changed the article title to **"Semi-quantitative assessment using [¹⁸F]FDG tracer in patients with severe brain injury"**

Comment 2: The manuscript will benefit from thorough language revision as there are a number of grammatical errors throughout. Please have a proficient English-speaker thoroughly review the manuscript and edit any errors.

Response: Thank you for your suggestion. This manuscript was checked by Edanz Research Editing Group (www.edanzediting.com/ac) again

Comment 3: Some steps were edited for clarity. Highlighting was adjusted to meet JoVE's style requirements.

Response: I really appreciate your editing and highlighting. I agree all parts.

Comment 4: Reference?

Response: In accordance with editor 's comment, we have added the **REFERENCE 17 (p.3, lines 101)**.

Comment 5: Unhighlighted due to lack of filmable content.

Response: I agree it.

Comment 6: Please ensure that the hot lab is accessible for filming. Please mention notes of caution regarding appropriate shielding and personnel protection.

Response: Our hot lab is accessible for filming. We conjecture that the cameraman will be

exposed to radiation about 10 μ Sv, which means 5-10 percent of simple X ray. In accordance with editor 's comment, we have added the **PROTOCOL 2.1. (p.3, lines 130-132)**

⇒Be sure to check the radiation monitor in the hot lab and use the portable radiation dosimeters to check the radiation levels of each person before they enter the hot lab.

Comment 7: Unclear what is to be done and what we would show, please clarify.

Response: In accordance with editor 's comment, we have added the **PROTOCOL 2.1. (p.3, lines 130-132)**

⇒Be sure to use the automatic program to check the mobility of the pumping system in the FDG synthesizer and to ensure that air does not leak from the reagent kit.

Comment 8: What is checked for?

Response: In accordance with editor 's comment, we have added the **PROTOCOL 2.2. (p.4, lines 133-134)**

⇒2.2. Check the volume of [¹⁶O]-water and [¹⁸O]-water and the volume of helium, hydrogen, and nitrogen in the gas tank. Check the tap water temperature for primary cooling under 25 degrees and that that for secondary cooling is under 22 degrees.

Comment 9: What is done to prepare the cyclotron and gas tank?

Response: In accordance with editor 's comment, we have added the **PROTOCOL 2.2. (p.4, lines 134-135)**

⇒Check the tap water temperature for primary cooling under 25 degrees and that that for secondary cooling is under 22 degrees.

.

Comment 10: What is done here? In order to film this, exact actions must be described. Please elaborate. Mention any relevant settings.

Response: In accordance with editor 's comment, we have added the **PROTOCOL 2.3. (p.4, lines 138-145)**

⇒2.3. Begin preliminary irradiation of [¹⁶O]-water in the cyclotron (1 h after start). Check the monitor to be sure that 2–3ml of [¹⁶O]-water is irradiated in optimal conditions (e.g., 20 μ A, 5 min) in the target area of the cyclotron. After irradiation, enter the vial of [¹⁶O]-water into a radioisotope dose calibrator and measure the level of radioactivity (see table of materials).

Note: The radioactive decay should be calculated using the formula: $N(t) = N(0) \times (1/2)^{t/T}$

$N(t)$ is the number radioactive nuclei at $t = t$ seconds; $N(0)$ is the number radioactive nuclei at $t = 0$ seconds; T is the half-life.

Comment 11: What is done here? In order to film this, exact actions must be described. Please elaborate. Mention any relevant settings.

Response: In accordance with editor 's comment, we have added the **PROTOCOL 2.4. (p.4, lines 147-148)**

⇒2.4. Begin irradiation of [¹⁸O]-water in the cyclotron (1 h 30 min after start). Set bombardment time for up to 20 min and the energy of the impinging protons to 16.5 MeV.

Comment 12: Prepare how exactly? Do you simply mean, load 2-3 ml 18O water? Where is the water loaded? In what kind of container?

Response: In accordance with editor 's comment, we have added the **PROTOCOL 2.5.1. (p.4, lines 153-154)**

⇒2.5.1. After irradiation, use helium gas to transfer 2–3 ml of the [¹⁸O]-water from the cyclotron to the polypropylene receiver of the FDG synthesizer.

Comment 13: How? What I done here? What would we film?

Response: In accordance with editor 's comment, we have added the **PROTOCOL 2.5.1. (p.4, lines 156-158)**

⇒2.5.2. Hook syringes onto the corresponding syringe drivers, pressurize reagent vials, dissolve the 1,3,4,6–Tetra–O–acetyl–2–O–trifluoromethanesulfonyl–β–D–mannopyranose in 1 vial (7 ± 0.2 ml) of acetonitrile (purity ≥ 99.5%), and rinse the cassette with acetonitrile.

The cameraman can film the procedure on the monitor of the FDG synthesizer.

Comment 14: What is the precursor?

Response: In accordance with editor 's comment, we have changed the **PROTOCOL 2.5.1. (p.4, lines 157)**

⇒1,3,4,6–Tetra–O–acetyl–2–O–trifluoromethanesulfonyl–β–D–mannopyranose

Comment 15: What volume? 1 vial is vague.

Response: In accordance with editor 's comment, we have changed the **PROTOCOL 2.5.1. (p.4, lines 157-158)**

⇒1 vial (7 ± 0.2 ml)

Comment 16: %?.

Response: In accordance with editor 's comment, we have changed the **PROTOCOL 2.5.1. (p.4, lines 157-158)**

⇒purity ≥ 99.5%

Comment 17: There appear to be missing steps before this as there is some discontinuity..

Response: In accordance with editor 's comment, we have added highlighted color area of **PROTOCOL 2.5.4.**

The cameraman can film the procedure on the monitor of the FDG synthesizer.

Comment 18: %?.

Response: In accordance with editor 's comment, we have changed the **PROTOCOL 2.5.5. (p.4, lines 173)**

⇒purity ≥ 99.5%

Comment 19: Unclear. Is this in the synthesizer?.

Response: In accordance with editor 's comment, we have changed the **PROTOCOL 2.5.5. (p.4, lines 173-174)**

⇒A nucleophilic substitution reaction occurs at 85 °C in the FDG synthesizer.

Comment 20: Ultrapure? Distilled? De-ionized?

Response: In accordance with editor 's comment, we have changed the **PROTOCOL 2.5.6. (p.4, lines 176)**

⇒26 ml of distilled water

Comment 21: Ultrapure? Distilled? De-ionized?

Response: In accordance with editor 's comment, we have changed the **PROTOCOL 2.5.6. (p.5, lines 180)**

⇒using 10 ml, 10 ml, 13 ml, and 13 ml of distilled water

Comment 22: There is a discontinuity in the highlighting. Please ensure continuity between highlighted steps. Please highlight relevant steps for filming from 2.5.3-2.5.9.

Response: In accordance with editor 's comment, we have added highlighted color area from **PROTOCOL 2.5.4. - 2.5.9.3.**

Comment 23: If relevant, cite a reference for how this is done. Please add a bit more details to describe what is done (for filming purposes).

Response: In accordance with editor 's comment, we have changed the **PROTOCOL 2.5.10.3. (p.5, lines 207-208)**

⇒Measure the radioactivity and half-life using a radioisotope dose calibrator the same as step 2.3.(see table of materials) (criterion: 105–115 min).

Comment 24: Unclear what is meant. Please describe the actions in detail.

Comment 25: Unclear what we would film here. Please describe all the steps..

Response: In accordance with editor 's comment, we have edited for clarity and changed the **PROTOCOL 2.5.10.3. -2.5.10.5 (p.5, lines 207-216)**

2.5.10.3. Measure the radioactivity and half-life using a radioisotope dose calibrator the same as step 2.3.(see table of materials) (criterion: 105–115 min).

2.5.10.4. Dispense 0.5 ml from the vial.

2.5.10.5. Perform a radiochemical purity test via carbohydrate analysis. Use 3.9×300 mm columns for high-performance liquid chromatography (see table of materials) to detect the peak radioactivity (over 95).

Note: A single peak means high purity.

Comment 26: How is this done? What would we film here?

Response: In accordance with editor 's comment, we have changed the **PROTOCOL 2.5.10.6. (p.5, lines 219-220)**

⇒Measure the residual 4,7,13,16,21,24-Hexaoxa-1,10-diazabicyclo[8.8.8]hexacosane (see table of materials) (< 40 ppm) using test paper (see table of materials)

Comment 27: How is this done? What would we film here? All steps need to be described in the text.

Response: In accordance with editor 's comment, we have changed the **PROTOCOL 2.5.10.6. (p.5, lines 220 - p.6, lines 221)**

⇒Measure the endotoxins with the appropriate endotoxin-measuring device through absorbance measuring (see table of materials) (0.25 EU/ml).

Comment 28: Unclear what the incubation conditions would be.

Response: In accordance with editor 's comment, we have changed the **PROTOCOL 2.5.10.6. (p.6, lines 221)**

⇒finding no bacteria after 8 days at 37°

We think that we had better set the humidity in future

Comment 29: Food and water?

Response: In accordance with editor 's comment, we have changed the **PROTOCOL3.1. (p.6, lines 233-234)**

⇒Do not stop taking water. Patients should fast starting 7 hours before image acquisition.

Comment 30: Which parameters? Please describe.

Response: In accordance with editor 's comment, we have deleted the words.

Comment 31: Place where?

Response: In accordance with editor 's comment, we have changed the **PROTOCOL 3.2. (p.6, lines 236-238)**

⇒Secure a 22–24 G needle with 5 ml heparin sodium (10 units/ml) on the lower limbs before entering the radiation-controlled area.

Comment 32: Mention volume and needle gauge.

Response: In accordance with editor 's comment, we have changed the **PROTOCOL 3.4. (p.6, lines 244-245)**

⇒Recheck the patency of the intravenous route by drawing blood with a 10 ml syringe without a needle.

Comment 33: Please add the step where the ROIs/VOIs are drawn.

Response: In accordance with editor's comment, we have changed the following text in the **PROTOCOL 4.4 (p.7, lines 300-303)**

⇒Be sure to draw a border around the targeted VOI on the browser using the three-dimensional sphere, excluding other targets, extraocular muscles, and the scalp because they tend to disturb the set SUV threshold. Check the target area on axial, coronal, and sagittal slices.

Comment 34: Unclear what is being said. Please revise for grammar.

Response: In accordance with editor's comment, we have changed the following text in the **PRPTOCOL 4.8 (p.7, lines 312-313)**

⇒4.8. To sterically visualize glucose metabolism of the whole brain surface, use the software (see table of materials) to set a color map for the [18F]FDG-PET/CT images based on blood glucose.

Comment 35: Reference?

Response: In accordance with editor's comment, we have added the **REFERENCE 17 (p.8, lines 319)**

Comment 36: Reference?

Response: In accordance with editor's comment, we have added the **REFERENCE 20 (p.8, lines 329)**

Comment 37: It looks like the opposite is the case in 2c. Please indicate the right and left hemispheres in the figures

Response: Thank you for your suggestion. In accordance with editor 's comment, we have changed the **Figure 2C** and indicate the right and left hemispheres

Comment 38: Please mark the right and left sides of the brain on the panels.

Response: In accordance with editor 's comment, we have added the marking of the right and left sides of the **Figure 2**

Comment 39: The text and markings are too small to see clearly. Please increase the line weights and font sizes. Please translate the marking to English as well to allow a reader to interpret this.

Response: In accordance with editor 's comment, we have changed the font size language and of the **Figure 2**. The font size of **Figure 2A** was fixed in this program, so I enlarged the picture

Comment 40: Unclear what is meant, needs revision.

Response: In accordance with editor's comment, we have changed the following text in the **DISCUSSION (p.9, lines 374-377)**

⇒Second, attention should be paid to the tube for
4,7,13,16,21,24-Hexaoxa-1,10-diazabicyclo[8.8.8]hexacosane because it can easily become
stopped up by crystallization of 4,7,13,16,21,24-Hexaoxa-1,10-diazabicyclo[8.8.8]hexacosane.

Comment 41: Unclear what is meant, needs revision.

Response: In accordance with editor's comment, we have changed the following text in the **DISCUSSION (p.9, lines 378-379)**

⇒Third, the hook of syringes (PROTOCOL 2.5.2) should be handled carefully because it tends to be broken.

Comment 42: But you previously say that the main reason behind your protocol is that MRI has artefacts from metal implants. This is a bit confusing

Response: In accordance with editor's comment, we have changed the following text in the

DISCUSSION (p.10, lines 404-405)

⇒In the future, this protocol should be modified for use with advanced PET/CT imaging.

Comment 43: Please do not abbreviate journal titles. Please follow this format: Godbolt A. K., Deboussard C. N., Stenberg M., Lindgren M., Ulfarsson T., Borg J. Disorders of consciousness after severe traumatic brain injury: a Swedish-Icelandic study of incidence, outcomes and implications for optimizing care pathways. Journal of Rehabilitation Medicine. 45 (8), 741-748, (2013).

Response: In accordance with editor's comment, I have corrected the references throughout the manuscript.

We wish to thank the editor again for the valuable comments.

We look forward to a publication of our manuscript in Journal of Visualized Experiments.

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