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## Minimally Invasive Embryo Transfer and Embryo Vitrification at the Optimal Embryo Stage in Rabbit Model --Manuscript Draft--

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**TITLE:**

Minimally Invasive Embryo Transfer and Embryo Vitrification at the Optimal Embryo Stage in Rabbit Model

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**KEYWORDS:**

Embryo, embryo transfer, laparoscopy, vitrification, cryopreservation, rabbit

**SHORT ABSTRACT:**

Assisted reproductive techniques (ARTs) are in continuous evaluation to improve outcomes and reduce the associated risks. This manuscript describes a minimally invasive embryo transfer procedure with an efficient cryopreservation protocol that allows the use of rabbits as an ideal animal model of human reproduction.

**LONG ABSTRACT:**

Assisted reproductive techniques (ARTs), such as *in vitro* embryo culture or embryo cryopreservation, affect natural development patterns with perinatal and postnatal consequences. To ensure the innocuousness of ART applications, studies in animal models are necessary. In addition, as a last step, embryo development studies require evaluation of their capacity to develop full-term healthy offspring. Here, embryo transfer to the uterus is indispensable to perform any ARTs-related experiment.

The rabbit has been used as a model organism to study mammalian reproduction for over a century. In addition to its phylogenetic proximity to the human species and its small size and low maintenance cost, it has important reproductive characteristics such as induced ovulation, a chronology of early embryonic development similar to humans and a short gestation that allow us to study the consequences of ART application easily. Moreover, ARTs (such as intracytoplasmic sperm injection, embryo culture, or cryopreservation) are applied with suitable efficiency in this species.

Using the laparoscopic embryo transfer technique and the cryopreservation protocol presented in this article, we describe 1) how to transfer embryos through an easy, minimally invasive technique and 2) an effective protocol for long-term storage of rabbit embryos to provide time-flexible logistical capacities and the ability to transport the sample. The outcomes obtained after transferring rabbit embryos at different developmental stages indicate that morula is the ideal stage for rabbit embryo recovery and transfer. Thus, an oviductal embryo transfer is required, justifying the surgical procedure. Furthermore, rabbit morulae are successfully vitrified and laparoscopically transferred, proving the effectiveness of the described techniques.

## INTRODUCTION:

With the aims of bypassing human infertility or improving dissemination of livestock of high genetic value and preserving animal genetic resources, a set of techniques collectively termed assisted reproduction technologies, such as superovulation, *in vitro* fertilization, embryo culture, or cryopreservation, were developed<sup>1,2</sup>. Currently, hormonal treatments are given to stimulate the ovaries and produce a large number of antral ovarian follicles<sup>1</sup>. Oocytes collected from these follicles can be matured, fertilized, and developed *in vitro* until they are either cryopreserved or transferred to surrogate mothers<sup>3</sup>. However, during these treatments, gametes and zygotes are exposed to a series of non-physiological processes that could require embryo adaptation to survive in these conditions<sup>4,5</sup>. This adaptation is possible due to early embryo plasticity, which allows embryo changes in gene expression and developmental programming<sup>6</sup>. However, these modifications can influence the subsequent stages of embryo development until adulthood, and it is now widely accepted that methods, timing, cryopreservation procedure or culture conditions show different outcomes on embryo fate<sup>7,8</sup>. Therefore, to elucidate the specific induced effects of ARTs, the use of well-characterized animal models is inevitable.

The first documented live birth resulting from transfer of mammalian embryos took place in 1890<sup>9</sup>. Today, embryo transfer (ET) to a surrogate female is a crucial step in studying the ART-induced effects during preimplantation on subsequent embryo development stages<sup>10</sup>. ET techniques depend on the size and anatomical structure of each animal. In the case of large-sized animal models, it has been possible to perform ET by transcervical nonsurgical ET techniques, but in smaller-size species catheterization of the cervix is more complex and surgical techniques are frequently used<sup>11</sup>. However, surgical ET can cause hemorrhaging that could impair implantation and embryo development, as blood can invade the uterine lumen, causing embryo death<sup>10</sup>. Transcervical nonsurgical ET techniques are still applied in humans, baboons, bovine, pigs and mice<sup>12-17</sup>, but surgical ETs are still being used in species such as goats, sheep or other animals which present additional difficulties<sup>10, 18-21</sup>, such as rabbits (two independent cervixes) or mice (small size). Nonetheless, surgical transfer methods tend to have gradually been replaced by less invasive methods. Endoscopy was used to transfer embryos, for example, in rabbits, pigs and small ruminants<sup>18-20</sup>. These minimally invasive endoscopy methods can be used to transfer embryos into the ampulla via the infundibulum, which is essential in rabbits and has demonstrated beneficial effects in some species<sup>20</sup>. This is based on the importance of the correct dialogue between embryo and mother during early embryo stages in

the oviduct. As mentioned above, the embryo remodeling that takes place in rabbits during embryo migration through the oviduct is essential to achieve embryos able to implant<sup>22, 23</sup>.

Larger-size animal models, such as bovine, are interesting because the biochemical and preimplantation features are similar to those in human species<sup>24</sup>. However, large animals are too expensive to use in preliminary trials, and rodents are considered an ideal model (76% model organisms are rodents) for laboratory research<sup>25</sup>. Nevertheless, the rabbit model provides some advantages over rodents in reproductive studies, as some reproductive biological processes exhibited by humans are more similar in rabbits than those in mice. Human and rabbits present a similar chronological embryonic genome activation, gastrulation and hemochorial placenta structure. In addition, using rabbits it is possible to know the exact timing of fertilization and pregnancy stages due to their induced ovulation<sup>25</sup>. Rabbit life cycles are short, completing gestation in 31 days and reaching puberty at about 4-5 months; the animal is easy to handle due to its docile and non-aggressive behavior, and its upkeep is very economical compared to the expense of larger animals. Moreover, it is crucial to mention that rabbits have a duplex uterus with two independent cervixes<sup>11, 25</sup>. This places the rabbit in a preferential position, as embryos from the different experimental groups can be transferred into the same animal, but into a different uterine horn. This allows us to compare both experimental effects, reducing the maternal factor from the results.

Today, nonsurgical ET methods are not in use in rabbit. Some studies carried out in the late 90s using a transcervical ET technique resulted in low delivery rates ranging from 5.5% to 20.0%<sup>11,26</sup> versus 50-65% by surgical methods, among them the laparoscopy procedure described by Besenfelder and Brem<sup>18</sup>. The low success rates of these nonsurgical ET methods in rabbits coincide with the lack of the necessary embryo remodeling in the oviduct, which is avoided in transcervical ET. Here, we describe an effective minimally invasive laparoscopic ET procedure using rabbits as a model organism. This technique provides a model for further reproductive research in large animals and humans.

Because rabbits have a particularly narrow time window for embryo implantation, ET in this species requires a high degree of synchrony between the developmental stage of the embryo at ET and the physiological status of the recipient<sup>27</sup>. In some cases, after a reproductive treatment that slows embryo development (such as *in vitro* culture) or alters the endometrial receptivity (such as superovulation treatments), there is no synchrony between the embryo and the maternal uterus. These situations can negatively affect outcome. To respond in these contexts, we describe an effective rabbit morula vitrification protocol that allows us to pause, organize and resume the experiments. This process is logistically desirable for reproductive studies and gives us the capacity for long-term storage of embryos, allowing their transport. The laparoscopic procedure and cryopreservation strategies allow better planning of studies with fewer animals. Thus, our methodology offers hygienic and economic advantages and conforms to the concept of the 3Rs (replacement, reduction and refinement) of animal research with the stated goal of improving human treatment of experimental animals. Thus, with these methods, rabbits constitute an ideal model organism for *in vivo* reproductive assays.

## 131 **PROTOCOL:**

132  
133 All experimental procedures used in this study were performed in accordance with Directive  
134 2010/63/EU EEC for animal experiments and reviewed and approved by the Ethical Committee  
135 for Experimentation with Animals of the Polytechnic University of Valencia, Spain (research  
136 code: 2015/VSC/PEA/00170).

### 137 **1. Embryo Transfer**

#### 138 **1.1. Preparation of recipient females**

139  
140  
141  
142 1.1.1 Use only sexually mature females (> 4.5 months old).

143  
144 1.1.2 One week before ET, adapt females to a 16 h light/8 h dark regime to initiate follicular  
145 growth and enhanced female receptivity.

146  
147 1.1.3 Select the recipient females, observing the turgidity and color of the vulva. If the vulva is  
148 turgid and reddish, the female is receptive.

149  
150 1.1.4 Induce pseudopregnancy (ovulation) by a single intramuscular injection of 1 µg of  
151 buserelin acetate (synthetic analogue of Gonadotropin-releasing hormone) regardless of body  
152 weight.

153  
154 Note: Normally, 0.8 µg is a suitable dose for ovulation induction in medium-size rabbits (4-5 kg),  
155 so 1 µg generally guarantees the ovulation.

156  
157 1.1.5 Induce ovulation as many days beforehand as the age of the embryos to be transferred  
158 (for example, 70-72 h before fresh morula ET).

#### 159 **1.2. Anesthesia and analgesia**

160  
161  
162 1.2.1. Weigh the rabbit and load the following anesthetics and analgesics.

163  
164 1.2.1.1. In a 1 mL syringe with a 30G needle: load xylazine (5mg/kg) and buprenorphine  
165 hydrochloride (0.03 mg/kg). In another 1 mL syringe with a 23G pericranial needle, load  
166 ketamine hydrochloride (35 mg/kg).

167  
168 1.2.2. Hold the rabbit and inject the xylazine-buprenorphine mixture intramuscularly.

169  
170 1.2.3. Insert the pericranial needle with ketamine in the marginal ear vein, slowly introducing  
171 all the syringe contents intravenously.

172  
173 1.2.4. Fix the needle and leave it inserted throughout the remaining steps to administer more  
174 anesthesia if necessary.

1.2.5. Leave the rabbit in the cage (clean and without any other animals) on a warm stage.

1.2.6. Once unconscious, apply eye ointment to avoid dryness of the eye and check for the absence of the palpebral reflex.

Note: This protocol provides a surgical anesthesia plane for a minimum of 30 min. If a longer time is required, inject additional dosages with half of the amount of ketamine hydrochloride described in 1.2.1 after 30 min.

1.2.7. Monitor the depth of anesthesia by checking the pedal reflex and breathing movement. Changes in the breathing pattern to an irregular and faster rate indicate loss of the proper plane of anesthesia.

1.2.8. Monitor the color of the mucous membranes (eyes, lips, *etc.*), respiratory rate (30-60 breaths per minute), heart rate (120-325 beats per minute) and rectal temperature (38-39.6 °C).

1.2.9. Eight hours before transfer, withhold food from animals to avoid the greater gut size and activity until the ET process is finished. Leave free access to water.

### **1.3. Embryo preparation**

1.3.1. Warm the embryo manipulation media to 25 °C: Base Medium (BM), consisting of Dulbecco's Phosphate-Buffered Saline (DPBS) supplemented with 0.2% (w/v) of Bovine Serum Albumin.

1.3.2. Working under a stereomicroscope, rinse fresh or thawed (Step 2) embryos with BM.

1.3.3. Using sterile gloves, attach an appropriately configured 17G epidural catheter to a 1 mL syringe.

1.3.4. Aspirate 1 cm of BM into the catheter, followed by a small air bubble.

1.3.5. Aspirate 5-7 embryos in a volume of 10 µL of BM, followed by another small air bubble.

1.3.6. Finish loading the catheter by aspirating 1 cm of BM.

### **1.4. Embryo transfer**

1.4.1. Use sterile gloves; wear a gown and mask.

1.4.2. Sterilize surgical instruments, clean the surfaces where surgery will be performed, and wipe them with 70% ethanol.

219  
220 1.4.3. Perform anesthesia as previously detailed (step 1.2), checking for loss of reflexes.

221  
222 1.4.4. Shave the fur from the ventral abdomen with an electric razor.

223  
224 1.4.5. Prepare the ventral abdomen aseptically.

225  
226 1.4.5.1. Clean the surgical area and remove any remaining hair. Evacuate the bladder  
227 using a urinary catheter. Wash the surgical area with a chlorhexidine gluconate soap. Sanitize  
228 the area with chlorhexidine solution.

229  
230 1.4.6. Place the animal on a warm surgical table, in Trendelenburg's position (head down at  
231 45°) to ensure that the stomach and intestines are cranially located. If any viscera are damaged  
232 in the process, the animal may die. It is therefore important to have them properly located  
233 (**Figure 1**).

234  
235 1.4.7. Cover the area using a sterile towel, with a hole (fenestration) exposing the shaved area,  
236 to separate the surgical site from any potential contaminating areas.

237  
238 1.4.8. Insert one endoscopic trocar 5 cm into the abdominal cavity, 2 cm caudal to the xiphoid  
239 process, and insufflate through it the peritoneal cavity with a pressure-regulating mechanical  
240 insufflator.

241  
242 Note: The intra-abdominal pressure should be 8-12 mmHg with CO<sub>2</sub> (**Figure 1A**).

243  
244 1.4.9. Insert the endoscope camera through the endoscopic trocar (**Figure 1B**).

245  
246 Note: Identify the reproductive tract, determining the status and position of the infundibulum  
247 and ampulla before ET to facilitate the next steps.

248  
249 1.4.10. Insert the 17-G epidural needle into the inguinal region between 2-3 cm from the  
250 infundibulum (**Figure 1B**).

251  
252 1.4.11. Identify the entrance of the infundibulum (**Figures 2A, 2B**).

253  
254 1.4.12. Insert the loaded catheter (step 1.3) through the epidural needle into the abdomen  
255 (**Figure 1C**).

256  
257 1.4.13. Locate the oviduct and insert 1-2 cm of the epidural catheter through the infundibulum  
258 in the ampulla (**Figures 2A-2C**). Do not progress very far into the oviduct to prevent damage  
259 and hemorrhage.

260  
261 1.4.14. Release the embryos into the oviduct by gently pressing the plunger of the syringe  
262 coupled to the catheter (**Figures 2D-2F**). Both air bubbles must exit the catheter.

263  
264 1.4.15. Remove the catheter just after the embryos have been released.

265  
266 1.4.16. Rinse the catheter, aspirating and releasing manipulating medium to check the absence  
267 of the embryos and confirm their successful transfer.

268  
269 1.4.17. Repeat steps 1.4.11 to 1.4.16 in the other side of the uterus, if desired.

270  
271 1.4.18. Remove the epidural needle and endoscope camera.

272  
273 1.4.19. Release CO<sub>2</sub> through the endoscopic trocar. If excess gas remains in the abdomen of the  
274 animal, it will have pain and discomfort.

275  
276 1.4.20. Remove the endoscopic trocar from the abdominal cavity. Remove the surgical towel.

277  
278 1.4.21. Discontinue anesthesia.

279  
280 1.4.22. Cleanse the incision made by the trocar with povidone iodide solution. Close the incision  
281 made by the trocar with a plastic dressing.

## 282 283 **1.5. Postoperative care**

284  
285 1.5.1. Treat the animals with antibiotics: 10 mg/kg of enrofloxacin, subcutaneously, every 24-h  
286 for 5 days.

287  
288 1.5.2. Administer analgesics: buprenorphine hydrochloride (0.03 mg/kg), intramuscularly, each  
289 12 hours for 3 days; Meloxicam (0.2 mg/kg), subcutaneously, every 24-h for 3 days.

290  
291 1.5.3. Monitor the animals for at least 30 min after surgery (depending on the animal and the  
292 dose of anesthesia used) making sure they recover their physiological conditions.

293  
294 1.5.4. Identify the recipient (*e.g.*, ear tattoo) and house animals individually in a clean cage  
295 with the appropriate environmental condition.

296  
297 *[Place **Figure 1** and **2** here]*

## 298 299 **2. Embryo Vitrification and Warming**

300  
301 2.1. Perform all the manipulations at room temperature (around 22 °C) to reduce the  
302 vitrification solution toxicity at warmer temperatures.

303  
304 Note: Embryos can be moved using 0.1-2 µL automatic pipette in this protocol, but other similar  
305 devices to move the embryos dragging the minimum volume can be suitable.



- 2.2. Vitrify the embryos in a two-step addition procedure:
- 2.2.1. Place the embryos for 2 minutes in equilibrating solution consisting of 10% (v/v) ethylene glycol and 10% (v/v) dimethyl sulfoxide dissolved in BM.
- 2.2.2. Move the embryos (from step 2.2.1) for 1 minute into vitrification solution consisting of 20% (v/v) ethylene glycol and 20% (v/v) dimethyl sulfoxide dissolved in BM.
- 2.3. Load the embryos into a 125  $\mu$ L plastic ministraw (which contains one closed end with a cotton plug and one open extreme). The process is schematized in **Figure 3**.
- 2.3.1. Couple the closed end of 0.125  $\mu$ L ministraw with the appropriate 1 mL syringe.
- 2.3.2. Aspirate BM until 1/3 of the straw length, following by a small air bubble.
- 2.3.3. Aspirate the embryos in a volume of 40  $\mu$ L of vitrification solution, followed by another small air bubble.
- 2.3.4. Aspirate BM until the first liquid fraction (step 2.3.2) reaches the cotton.
- 2.3.5. Close the open end with a straw plug.
- 2.4. Perform step 2.2.2 while step 2.3 is being done to ensure that no more than one-minute elapses, which would be toxic to embryos.
- 2.5. Plunge the ministraw directly into liquid nitrogen to achieve vitrification.
- 2.6. Store the ministraw in a dewar for nitrogen for the desired time.
- 2.7. Thaw the embryos in a single step.
- 2.7.1. Place the ministraw horizontally 10 cm from liquid nitrogen vapour for 20-30 s.
- 2.7.2. When the crystallization process begins inside the ministraw, immerse the ministraw in a water bath at 25 °C for 10–15 s.
- 2.7.3. Remove the ministraw plug and cut the cotton plug.
- 2.7.4. With a coupled syringe, expel all the ministraw content into a plate containing 0.33 M sucrose solution at 25 °C in BM for 5 minutes.
- Note: This step must be done quickly in order to reduce embryo exposure to the vitrification solution.

2.7.5. Move the embryos to a new plate containing BM solution for another 5 min.

2.7.6. Consider only non-damaged embryos (with intact mucin coat and zona pellucida) to continue with the ET.

Note: Take into account that in thawed embryos, asynchronous transfers (*e.g.*, 60-62 h in morula transfers) may improve the results by allowing a resynchronization between the embryo and the maternal endometrium.

[Place **Figure 3** here]

#### REPRESENTATIVE RESULTS:

Minimally invasive laparoscopic transfer of fresh or vitrified embryos places the rabbit among the best model animals for reproductive studies. **Table 1** shows the results of fresh ET at different developmental stages (**Figure 4**) of transferred embryos. The survival rate at birth (percentage of embryos resulting in a pup) proved the efficacy of the laparoscopic technique described in this paper. The higher values were achieved when the ET was performed with embryos in the morula stage, either early or compact morulae. Based on these results, we performed a second experiment to demonstrate the survival rate after vitrification of these embryos. Thus, in **Table 2** we show the results obtained after transferring vitrified rabbit morulae recovered at the same time, differentiating between those embryos that had reached a good degree of compaction or not. The survival rate at birth was different between the different embryo stages, being higher in compacted morulae. Therefore, laparoscopic embryo transfer is a reliable technique to transfer fresh and vitrified embryos in rabbits

**Figure 1: Laparoscopic embryo transfer assisted by laparoscopy (External view).** **A)** Insertion of the endoscopic trocar (one port). **B)** Insertion of the endoscopic camera and the epidural needle (black arrow). **C)** Insertion of the embryo transfer catheter (white arrow) through the epidural needle.

**Figure 2: Laparoscopic embryo transfer assisted by laparoscopy (Internal view).** **A:** Insertion of the catheter through the epidural needle into the abdominal zone. Asterisk indicates the infundibulum. **B, C, D:** The catheter loaded with the embryos is inserted into ampulla region across the infundibulum. **E, F:** Release of the embryos, confirmed by the visualization of a swollen oviduct. This figure has been adapted from Marco-Jiménez *et al.*<sup>38</sup>.

**Figure 3: Schematization of correctly loaded straw.** **A)** BM refers to the embryo manipulating media employed during vitrification. Embryos must be loaded in vitrification solution. **B)** Macroscopic appearance of the loaded straw with a magnified detail of the embryo position. This large-volume device allows us to vitrify large number of embryos, unlike minimum volume devices. Furthermore, the handling of this device is easier compared with minimum volume devices, while the results are similar in rabbits<sup>41</sup>.

**Figure 4: Rabbit embryos. A)** Pronuclear. **B)** Eight cells. **C)** Early morula. **D)** Compact morula. **E)** Blastocyst. Asterisk indicates the two pronuclei. Black arrows indicate the zona pellucida. White arrows indicate the mucin coat, which normally varies between embryos. ICM: Inner Cell Mass. TE: Trophoctoderm. Scale bar: 50  $\mu$ m.

**Table 1. Efficiency of fresh rabbit embryo transfer (*in vivo* derived) by laparoscopy.** <sup>1</sup>Different embryos were recovered at 18-20h (pronuclear), 36-38h (8 cells), 60-62h (early morula), 70-72h (compact morula) and 80-82h (blastocyst) after mating. Compact (>32 cells) and non-compact morulae ( $\approx$ 32 cells) can be founded at 70-72h, but only compact morulae were transferred. <sup>2</sup>Survival rate at birth from recipient pregnant does. <sup>a,b</sup>Values with different superscripts are statistically different (P<0.001).

**Table 2. Viability of non-compacted vs compact vitrified morula.** <sup>a,b</sup>Values with different superscripts are statistically different (P<0.001). <sup>1</sup>Survival rate at birth from recipient pregnant does. Embryos were recovered at the same time (70-72 h) and were distinguished into compact (>32 cells) and non-compact morulae ( $\approx$ 32 cells).

## DISCUSSION:

Since the first documented live birth case from transferred embryos<sup>9</sup>, this technique and the rabbit species have become crucial in reproductive studies. Besides, embryo research studies involving manipulation, production, cryopreservation, *etc.* require as a last step the evaluation of embryo capacity to generate healthy full-term offspring. Therefore, embryo transfer technique is indispensable<sup>13,28</sup>. Over the years, the surgical methods initially employed to transfer embryos into the maternal uterus have gradually been replaced by less invasive methods in the vast majority of species<sup>13-15,21,27,29,30</sup>. However, in rabbits, intraoviductal ET in early embryo stages of development and *in vitro* produced embryos becomes unavoidable to ensure a similar result to natural conditions. In rabbits, intraoviductal mucin coat is a crucial factor allowing embryo implantation, as it takes place after the remodelling of the embryonic coatings during blastocyst expansion in the uterine horns. However, mucin coat deposition is limited to the oviduct for 3 days following ovulation, and the molecular mechanisms of coat material deposition are largely unknown<sup>31</sup>. For these reasons, it is known that *in vitro*-developed blastocysts did not survive when transferred to the uterus<sup>32-34</sup>, and embryos with a damaged mucin coat have a lower survival rate<sup>35</sup>. Likewise, groups that reported a transcervical embryo transfer in rabbits resulted in very low live born rates<sup>11,26</sup>. Here, we present a minimally invasive technique, adapted from Besenfelder and Brem<sup>18</sup>, to transfer embryos with successful birth rates. According to the results in **Table 1**, the morula stage in rabbit embryos was the best embryonic stage to achieve a high survival rate at birth. One possible explanation is the greater sensitivity to manipulation of the earliest stages. Interestingly, the success rate increases as the embryonic stage progresses, possibly due to the greater exposure of the embryo to oviductal secretions prior to its recovery. But when embryos reach the blastocyst stage and are place-concordant transferred to the uterus, the values decrease drastically. Not excluding what has been said, a possible explanation could be that the embryos transferred into the oviduct can restore the possible damage generated in the mucin layer during embryo manipulation.

Therefore, blastocysts transferred into the uterus would be deprived of this mechanism, which could compromise their implantation capacity.

The technique is performed using a single port instrument (5 mm endoscope trocar), with slight, brief manipulation. Therefore, the 5-mm endoscope trocar incision does not require closure. Laparoscopic technique benefits include decreased postoperative pain, quicker return to normal activity, and fewer postoperative complications. In addition, endoscopic procedures induce fewer abdominal adhesions and allow a better immune response by the recipient compared with open surgery<sup>21,36,37</sup>. Accumulating evidence from our lab has demonstrated the effectiveness of this ET procedure in the rabbit model. Thus, in the last five years a total of 3,909 embryos (1,335 fresh and 2,574 vitrified embryos) were transferred through the procedure described in the present manuscript. As a result of this technique, the offspring rates of fresh and vitrified transfer embryos were 62.9% and 42.5%, respectively<sup>38-47</sup>. Many studies are all based on this technique: Marco-Jiménez *et al.*<sup>38-41</sup>, Vicente *et al.*<sup>42</sup>, Viudes-de-Castro *et al.*<sup>43</sup>, Saenz-de-Juano *et al.*<sup>44,45,47</sup>, Lavara *et al.*<sup>46</sup>.

Practical recommendations for carrying out this technique are described below. In embryo culture experiments, it is also advisable to use a new catheter for embryo transfer instead of the one used to move the embryos between the culture media and manipulation media. This avoids transfer of mineral oil and ensures an optimal flow. During ET it is important to minimize handling of the reproductive tract, as excessive manipulation of the oviduct could result in adhesions. If the oviduct is twisted, employ the epidural syringe to try to position it correctly, not the catheter, as it contains the embryos and the mechanical manipulation could cause their loss. Once the catheter passes through the oviduct, it slides easily. If it does not, the catheter may have deviated. Once inside the oviduct, if the media does not flow, move the catheter out slightly and try to reinsert it again. If it still does not flow, the catheter is clogged. Remove it from the oviduct and release the content into a dish with a clean medium. Then, reload the embryos into another catheter and try to reinsert it into the oviduct again. Delivery usually takes places 28-30 days after morula transfer.

In addition, there is evidence indicating that the embryo developmental stage can be more advanced than the uterine environment in pseudopregnant females, but not the opposite. Specifically, embryos have the ability to wait for the favorable womb environment, but the womb environment cannot wait for the embryos at the right stage for implantation<sup>10</sup>. With regard to vitrified embryos, after a short/Long-term storage it is possible to synchronize the developmental stage of the embryo with the corresponding favorable womb environment. Furthermore, if the embryo donor is also the embryo recipient, the detrimental effects of superovulation on the endometrium can be bypassed by using the vitrification technique and transferring the embryos in a subsequent cycle<sup>48</sup>. In rabbits, vitrified embryos transferred into oviducts of recipients induced to ovulate 60-62h beforehand (asynchrony) is a highly efficient technique<sup>44,49</sup>. Related with this, it has been suggested that the oviductal embryo transition during 10-12 h could explain the beneficial effects in the restoration of cell physiology and replacement of dead cells, and probably repair the damage induced in mucin coat during embryo manipulation. Besides, vitrified embryos present a delay in development, as they have

been metabolically suspended during the storage. Therefore, transfer of cryopreserved embryos into asynchronous recipients allows the embryo to reactivate its metabolic activity and thus the embryo stage of development is synchronized with the womb environment. Instead, if cryopreserved embryos are transferred into synchronic receptors, the cross-talk between the mother and the embryo hinders the onset of a successful pregnancy. In rabbit, the highest survival rate has been obtained after intraoviductal transfer of cryopreserved morulae<sup>49</sup>. Our data are consistent with this report, although the morula stage exhibits different survival rates following cryopreservation depending on their degree of compaction at 70-72h (**Table 2**). Here, compacted morulae showed higher survival rates at birth in comparison to non-compacted morulae, which was in concordance with previous reports showing that every stage of development had its own mechanism relative to the permeation of cryoprotectants and the extent of dehydration during the addition of the cryopreservation solution<sup>50</sup>. Underlying these techniques, we have demonstrated that a combination of vitrification and intraoviductal embryo transfer is a successful strategy to re-establish rabbit populations after 15 years of storage in liquid nitrogen, without adverse effect on their post-thaw survival and live birth<sup>51</sup>.

The following details should be taken into account to successfully perform this technique. It is important to bear in mind that the increasing density of the consecutive mediums used for vitrification (DPBS, equilibration solution, vitrification solution) could induce embryo contraction due to progressive embryo dehydration. However, its normal appearance is recovered when the embryo is equilibrated with the medium. Furthermore, when the embryo is moved between increasing density media, it tends to move to the surface of the media due to density movements. To avoid embryo loss and ensure the time of vitrification, it is recommendable to perform the vitrification in small drops of the media that will keep the embryo in place.

In conclusion, here we describe both an ET technique and an embryo vitrification method that facilitate future studies which use rabbits as a model. Based on the close phylogenetic distance between rabbits and humans, the use of this model could provide results easily transferable to human clinical medicine. In addition, our method offers some hygienic and economic advantages, conforming to the concept of the 3 Rs of animal welfare (replacement, reduction and refinement), while maintaining the goal of improving humane treatment of experimental animals.

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The authors have nothing to disclose.

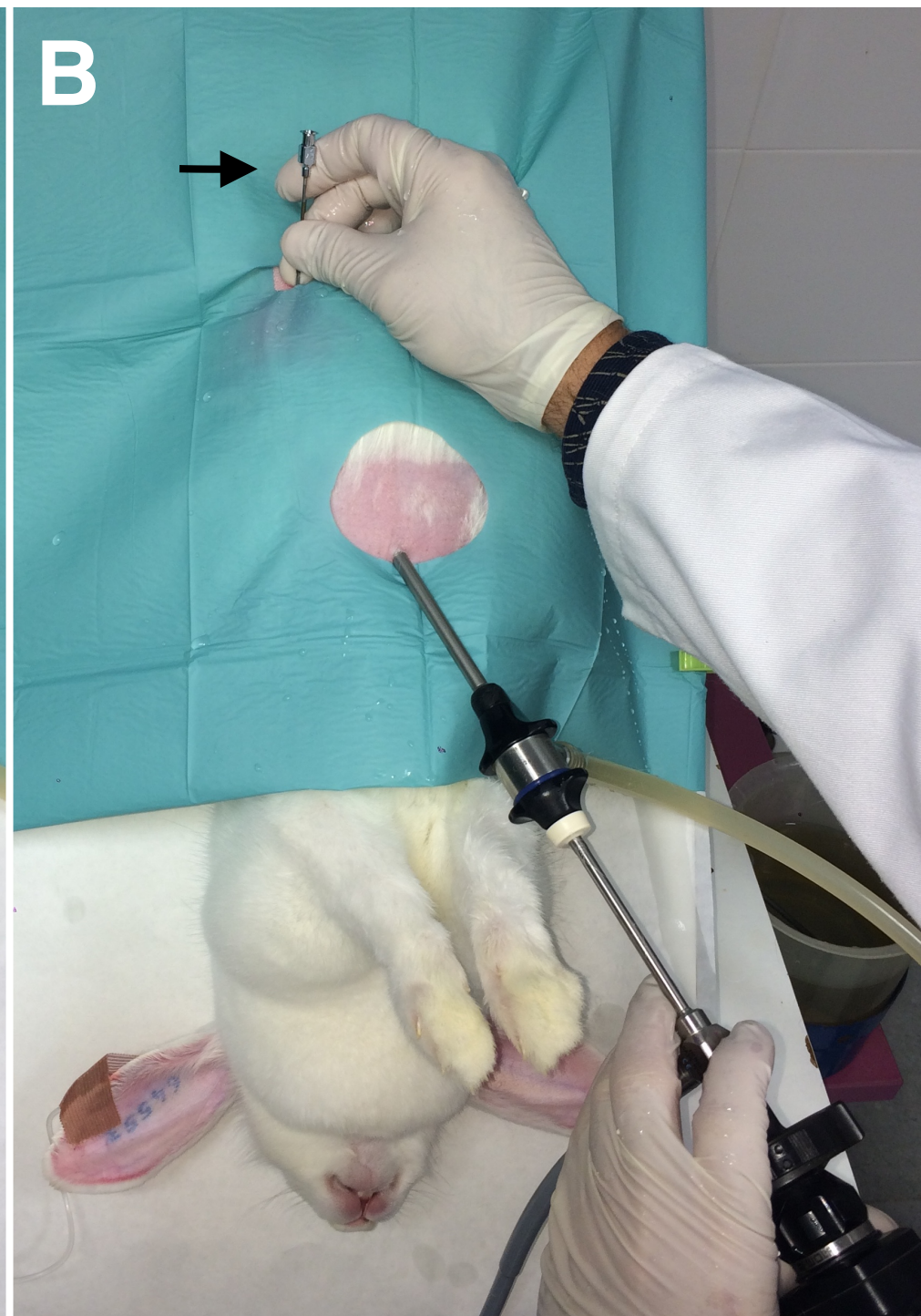
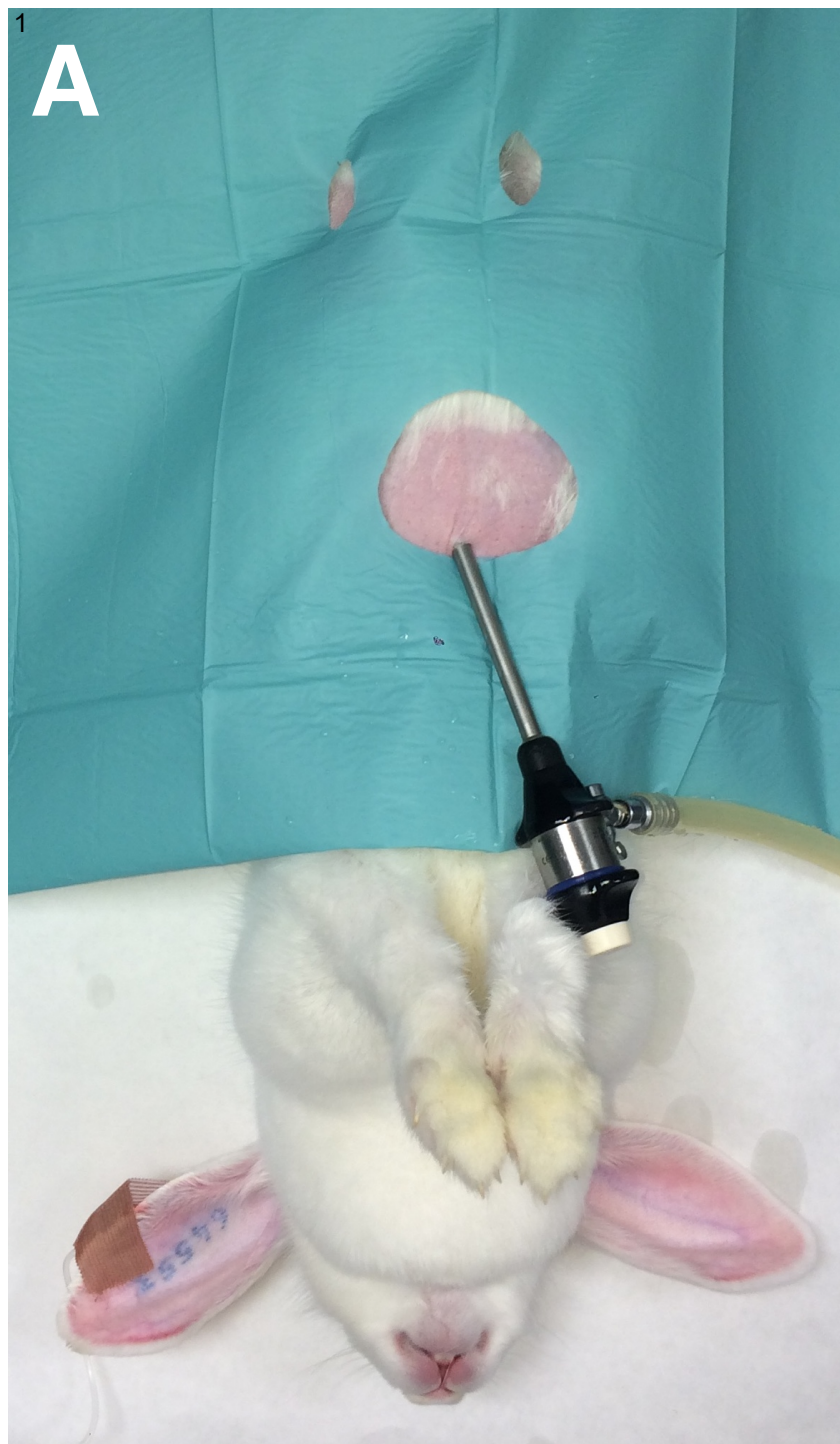
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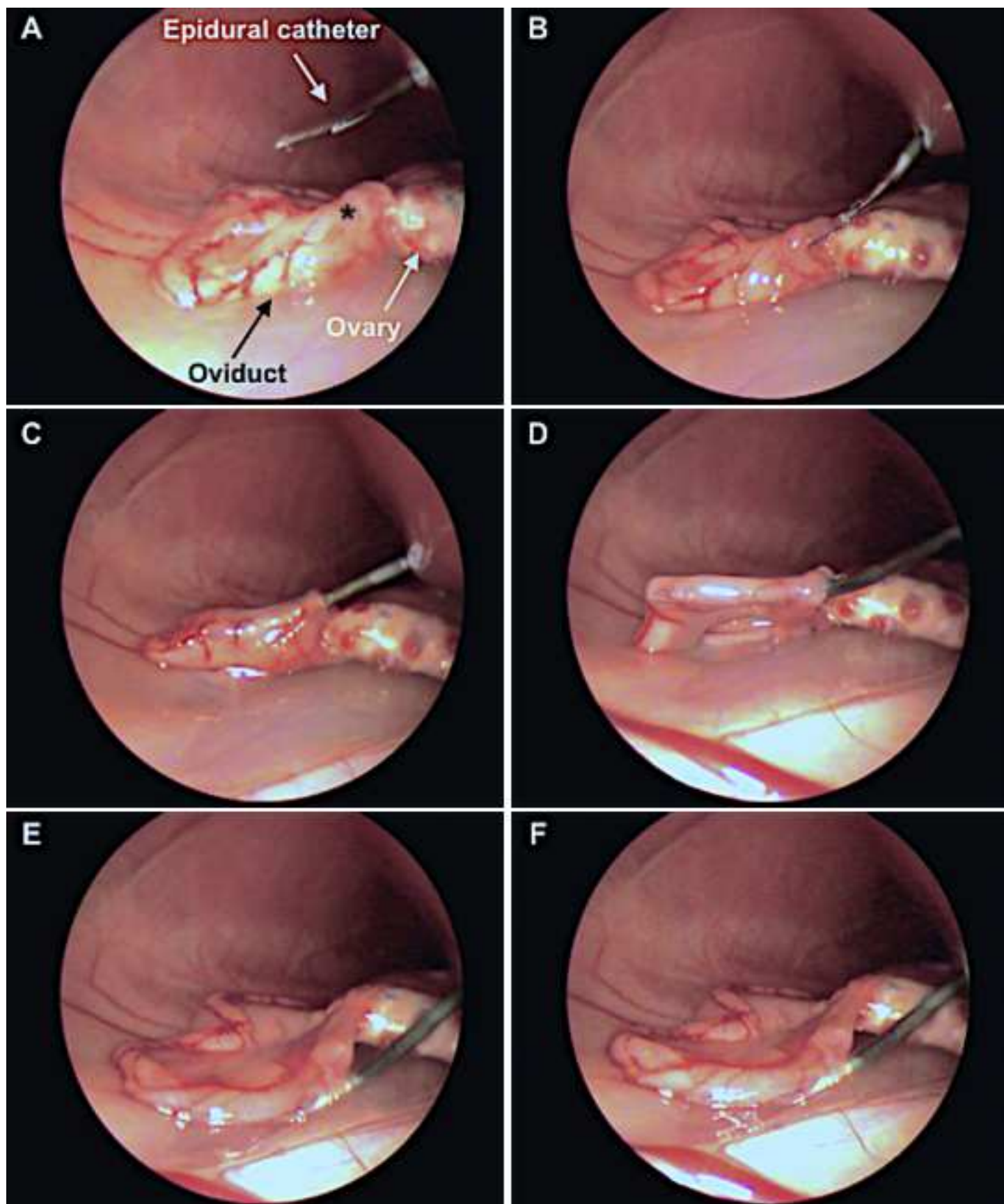
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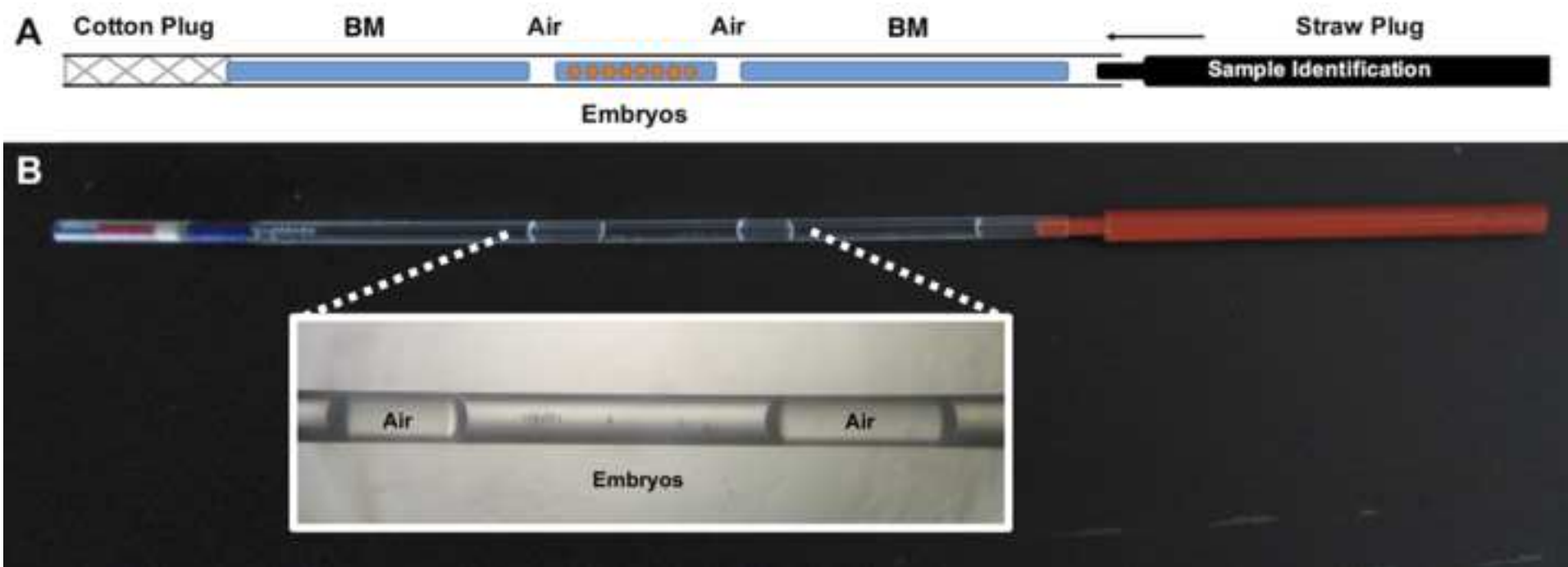
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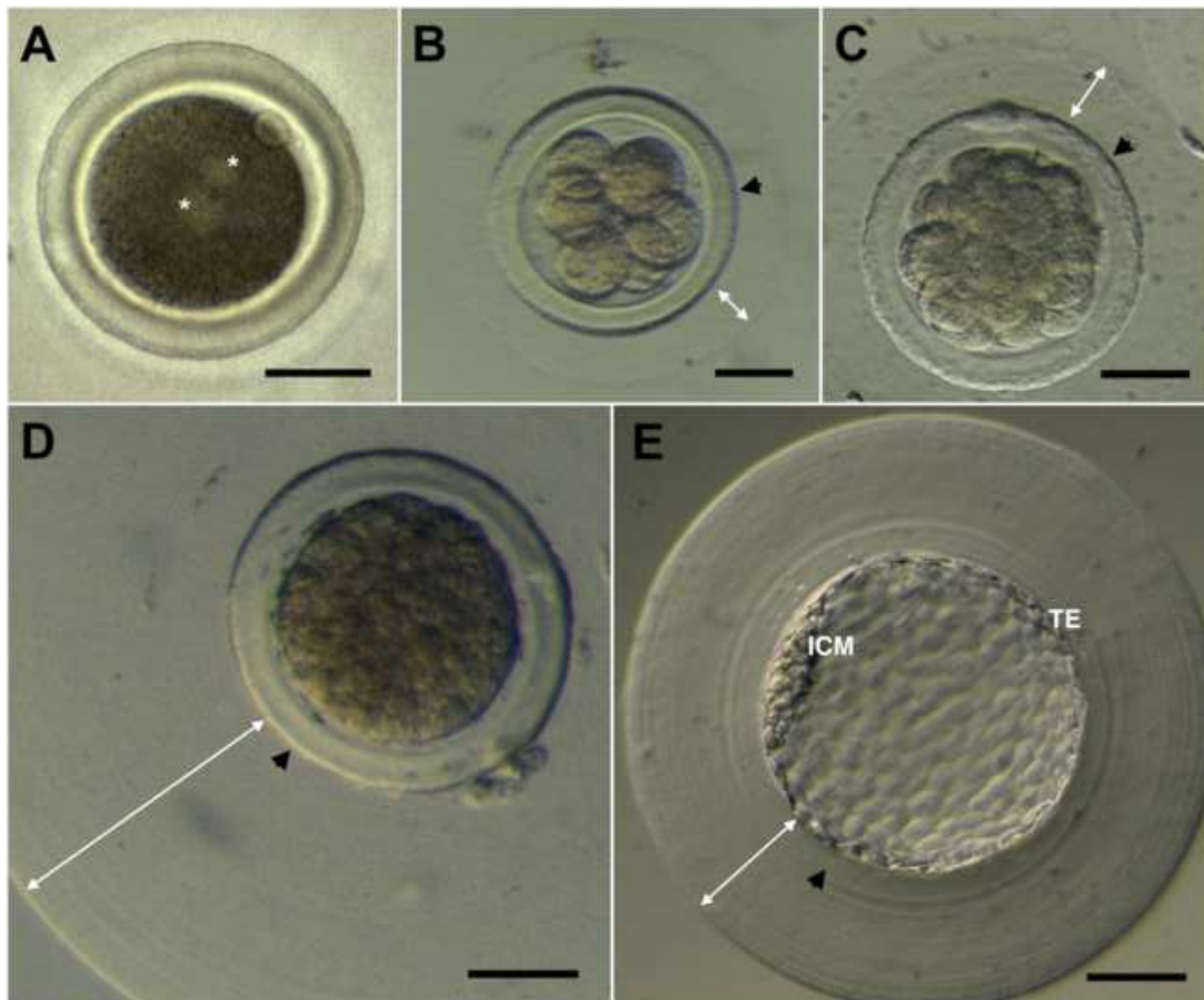












Develop mental stage <sup>1</sup>	Embryos	Recipient s	Place of transfer	Pregnanc y rate (%)	Implanta tion rate (%)	Survival rate at birth (%) <sup>2</sup>
Pronucle ar	78	7	Oviduct	7 (100)	50 (64.0) <sup>b</sup>	34 (43.6) <sup>b</sup>
8 cells	81	7	Oviduct	7 (100)	60 (74.1) <sup>b</sup>	53 (65.4) <sup>a</sup>
Early morula	81	7	Oviduct	7 (100)	80 (98.8) <sup>a</sup>	60 (74.1) <sup>a</sup>
Compact morula	80	7	Oviduct	7 (100)	80 (100) <sup>a</sup>	58 (72.5) <sup>a</sup>
Blastocys t	80	7	Uterus	7 (100)	73 (91.3) <sup>a</sup>	38 (47.5) <sup>b</sup>

Develop mental stage	Transferr ed embryos	Recipient s	Pregnanc y rate (%)	Survival rate at birth (%) <sup>1</sup>
Non- compact ed	135	10	9 (90)	62 (45.9) <sup>b</sup>
Compact ed	150	10	10 (100.0)	98 (65.3) <sup>a</sup>
TOTAL	285	20	19 (95)	160 (56.1)

Name of Reagent/ Equipment	Company
Bovine Serum Albumin (BSA)	VWR
Buprenorphine hydrochloride	Alvet Escartí
Buserelin Acetate	Sigma Aldrich
Clorhexidine digluconate soap	Alvet Escartí
Clorhexidine digluconate solution	Alvet Escartí
CO <sub>2</sub>	Air Liquide
CO2 Incubator	Fisher scientific
Dimethyl Sulfoxide	Sigma Aldrich
Dulbecco's phosphate-buffered saline (DPBS)	Sigma Aldrich
Electric razor	Oster Golden A5
Endoscope camera	Optomic Spain S.A
Endoscope trocar with silicone leaflet valve	Karl Storz Endoscopia Ibérica S.A.
Enrofloxacin	Alvet Escartí
Epicraneal needle 23G	Alvet Escartí
Epidural catheter	Vygon corporate
Epidural needle	Vygon corporate
Ethylene Glycol	Sigma Aldrich
Eye ointment	Alvet Escartí
Ketamine hydrochloride	Alvet Escartí
Laparoscopy equipment	Karl Storz Endoscopia Ibérica S.A.
Light source	Optomic Spain S.A
Liquid Nitrogen	Air Liquide
Mechanical CO2 insufflator	Karl Storz Endoscopia Ibérica S.A.
Meloxicam	Alvet Escartí
Petri dishes, 35-mm	Sigma Aldrich
Plastic dressing (Nobecutan)	IBOR medica
Plastic Straw 0.25 mL	IMV - technologies
Povidone iodide solution	Alvet Escartí
Scissors	ROBOZ
Silicone tube for insufflator	Karl Storz Endoscopia Ibérica S.A.

Stereomicroscope

Sterile Gloves

Sterile gown

Sterile mask

Straw Plug

Sucrose

Syringe, 1-mL

Syringe, 5-mL

Urinary catheter

Waterbath

Xylazine

Rabbits

Leica

Alvet Escartí

Alvet Escartí

Alvet Escartí

IMV - technologies

Sigma Aldrich

Fisher scientific

Fisher scientific

IMV - technologies

RAYPA

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0265DCCA500B	
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OP-714	
30114GK	Lightweight trocar model.
9993046	To be ordered by a licensed veterinarian.
514056353	Smaller needles can be also used.
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187.10	
102466-M	
5273	
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P1505XXX	
Endoflator®	
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6431	
02656DPYS500S	
RS-5880	Any regular surgical grade steel small straight scissors will work.
20400040	

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058B15924B  
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11750425  
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Line A Other maternal lines, such as Line V or Line HP can be used.

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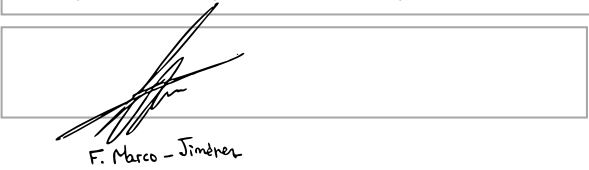
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### CORRESPONDING AUTHOR:

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Department:	Ciencia Animal	
Institution:	Universitat Politecnica de Valencia	
Article Title:	Minimally Invasive Embryo Transfer and Embryo Vitricification at the Optimal Embryo Stage in Rabbit Model	
Signature:		Date: 24/02/2018

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Dear reviewers and editor,

In this document we respond appropriately to your recommendations.

**Changes recommended by the JoVE Scientific Review Editor:**

- Please take this opportunity to thoroughly proofread the manuscript to ensure that there are no spelling or grammatical errors.
- **Abstracts:** Please re-word the Short Abstract to more clearly state the goal of the protocol. For example, "This protocol/manuscript describes..."

*The abstract has been revised and rewritten.*

• **Introduction:**

- 1) The following lines need literature references: 80-81, 81-82.

*The text has been revised and literature references have been added.*

- **Protocol Language:** Please ensure that all text in the protocol section is written in the imperative voice/tense as if you are telling someone how to do the technique (i.e. "Do this", "Measure that" etc.) Any text that cannot be written in the imperative tense may be added as a "Note", however, notes should be used sparingly and actions should be described in the imperative tense wherever possible.

- 1) Some examples NOT in imperative tense: Line 167, 174. 191-93 etc.

*The protocol text has been revised and the imperative voice implemented. In this sense, supplementary information is added as a "note", following the editorial recommendations.*

- **Protocol Detail:** Please note that your protocol will be used to generate the script for the video, and must contain everything that you would like shown in the video. **Please add more specific details (e.g. button clicks for software actions, numerical values for settings, etc.) your protocol steps.** There should be enough detail in each step to supplement the actions seen in the video so that viewers can easily replicate the protocol.

*These recommendations have been taken into account and the appropriate corrections made.*

- 1) Line 172: Is the dosage fixed regardless of body weight? Dosage should ideally be provided as ug/kg.

*We have clarified this issue in the manuscript. Normally, 0.8 µg is a suitable dose for ovulation induction in medium size rabbits (4-5 Kg), so 1 µg generally guarantees the ovulation.*

- 2) Line 186: Unclear what is meant by "insert and fix"; is the needle left inserted throughout the remaining steps?

*One more step is added to clarify this issue.*

- 3) Lines 200-201: This should be moved up to before the induction of anesthesia or to the start of 1.4.

*The duration of the step has been clarified.*

- 4) Line 222: Do you mean 70%?

*The symbol error has been corrected.*

- 5) Line 236: Please describe all the surgery steps including tools used. E.g, it is unclear how and where the initial incisions are made. How large and deep should they be?

*No initial incision is present before the trocar introduction; the CO2 was insufflated through the inserted trocar. The process has been clarified.*

- 6) Line 239: Which port are you referring to? The one from 1.4.8.? Please describe what is to do be done here clearly: "It is important to look at the reproductive tract arrangement, determining the status and position of the infundibulum and ampulla before embryo transfer to facilitate the next steps"



*The sentence has been clarified. The part highlighted in “” quotes is added as a note in the manuscript, as it merely advises the reader that identifying the reproductive tract could facilitate the following steps.*

7) Line 244: how is it identified?

*Graphical information is available in figure 2. This has been clarified in the manuscript.*

8) Line 248: Can you quantify how deep to insert? Perhaps in millimeters?

*Data have been added.*

9) Line 286: What age?

*The age of the embryos depends on the experimental process in which the manuscript could be useful. Only the embryo receptor females should be prepared accordingly and this is stated in the paper.*

10) 288: How are the embryos handled?

*This issue has been added as a note in the previous step.*

• **Protocol Numbering:** Please adjust the numbering of your protocol section to follow JoVE's instructions for authors, 1. should be followed by 1.1. and then 1.1.1. if necessary and all steps should be lined up at the left margin with no indentations. There must also be a one-line space between each protocol step.

*The text protocol numbering has been corrected.*

• **Protocol Highlight:** Please highlight ~2.5 pages or less of text (which includes headings and spaces) in yellow, to identify which steps should be visualized to tell the most cohesive story of your protocol steps.

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- 2) The highlighted steps should form a cohesive narrative, that is, there must be a logical flow from one highlighted step to the next.
- 3) Please highlight complete sentences (not parts of sentences). Include sub-headings and spaces when calculating the final highlighted length.
- 4) Notes cannot be filmed and should be excluded from highlighting.

*The protocol steps to the video are accordingly highlighted in yellow.*

• **Discussion:** JoVE articles are focused on the methods and the protocol, thus the discussion should be similarly focused. Please ensure that the discussion covers the following in detail and in paragraph form: 1) modifications and troubleshooting, 2) limitations of the technique, 3) significance with respect to existing methods, 4) future applications and 5) critical steps within the protocol.

*The recommendations are taken into account. However, this article has some particularities, such as the implementation of two different procedures (embryo vitrification and embryo transfer) with one common goal. We want to focus the work mainly on the embryo transfer process, which is the main new feature that will allow the researchers to use the rabbit as a model for reproductive studies. For this reason, discussion is mainly focused on this technique. In this context, a comprehensive narration was performed, including in two paragraphs the troubleshooting, limitations and comparison to the existing methods in each technique. Then, limitations are discussed after each of the above mentioned paragraphs and the future applications are discussed in the last part of the discussion. This structure is constructed to provide one cohesive description of the protocol, making references to the results presented in order to contextualize this protocol with the laboratory work.*

• **Table of Materials:** Please revise the table of the essential supplies, reagents, and equipment. The table should include the name, company, and catalog number of all relevant materials/software in separate columns in an xls/xlsx file. Please include items such as rabbit strain, all drugs.

*Rabbit strain is added to the table, and the drugs have been revised.*

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*The re-print permission from the editorial is included in the supplementary files. The figure is accordingly cited in the manuscript.*

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#### Comments from Peer-Reviewers:

##### Reviewers' comments:

###### Reviewer #1:

###### Manuscript Summary:

I have completed my review of the article entitled 'Minimally invasive embryo transfer and embryo vitrification at the optimal embryo stage in rabbit model' by Marco-Jimenez, Garcia-Dominguez, Viudes-de-Castro and Vicente. I find the article/protocol to be of importance and a valuable contribution. The protocol provide a minimally invasive technique compared to open laparotomy and the recovery of animals is an improvement. The protocol is detailed and provide fine instructions.

Even though there are numerous problems, and I recommend that it be accepted only after major revisions. These problems, which I detail below, may be summarized as (1) poor grammar and style throughout, especially in the introduction and discussion (2) The results are misleading in terms of the description of non-compact vs. compact in table 1 and 2. (3) The discussion summarize interesting studies but due to the unclear writing the statements vanish.

In the following I outline the above-mentioned points in more detail, it is crucial that a qualified English editor review this article for grammar, as there are numerous grammatical errors, some of which I have not altered, as it is not within my purview as peer reviewer

###### Major Concerns:

-The need of proofreading by a qualified English editor considering typos and grammar.

*English grammar and vocabulary has been revised.*

-Results: Table 2: 70-72h is considered non-compacted whereas they are considered compacted in table 1? The text doesn't state anywhere why 70-72h Compact morulae are suddenly being referred to as non-compact in Table 2. This makes one question the experiment concerning " Viability of 70-72h non-compacted vs compact vitrified morulae".

*Further explanation of this issue is included in the table description to clarify the doubt.*

-Discussion: very interesting point in the discussion disappear in the unclear writing. I would recommend several of the paragraphs within the discussion to be rewritten

*Some paragraphs in the discussion have been rewritten in order to clarify the sense of the sentences. English grammar and vocabulary has been revised.*

###### Minor Concerns:

Line 53. Rewrite

*This recommendation has been implemented.*

58: rabbits, delete animal in animal model organism

*This recommendation has been implemented.*

84: transferred to a surrogate

*This point has been revised.*

96: techniques

*This point has been revised.*

102: bovine, pigs and mice

*This point has been revised.*

102: rewrite sentence

*The sentence has been rewritten.*

105: endoscopy was used

*This point has been revised.*

114: rewrite

*This point has been rewritten.*

117: an ideal model (76 % model organisms are rodents)

*This point has been revised.*

136: ET procedure using rabbits as a model organism

*This point has been revised.*

136: rewrite the last sentence (the technique provide a model for further research...)

*The sentence has been rewritten.*

144: outcome

*This point has been revised.*

144-145: rewrite not clear

*This point has been revised.*

152: rabbits

*This point has been revised.*

152: model organism

*This point has been revised.*

192: time is

*This point has been revised.*

242: 17-G

*This point has been revised.*

301 Step 2.2.2 must take place...

*This point has been revised.*

303: nitrogen to achieve

*This point has been revised.*

304: Store the ministraw in

*This point has been revised.*

305: Thawing is completed in a..

*This point has been revised.*

312: °C

*This point has been revised.*

General: inconsistency using °C or ° C throughout the paper

*This point has been revised.*

Table 1 : text: 2 survival rate ... rewrite sentence

*The sentence has been rewritten.*

Table 2: text: 1 survival... rewrite sentence

*The sentence has been rewritten.*

Discussion:

Paragraph 1, 3 and 5: rewrite, the statements are unclear.

*These points have been revised.*

I wish the authors success implementing my recommended changes, and I look forward to seeing this article published.

**Reviewer #2:**

Manuscript Summary:

The manuscript describes a method of laparoscopic embryo transfer in rabbits.

Major Concerns:

None

Minor Concerns:

Many minor grammatical and stylistic suggestions for improvement on the attached.

*All the grammatical and stylistic suggestions have been implemented.*

Recommend title change to: ...in rabbits.

*The title has been reconsidered, but taking into account that in this paper we present some techniques that allow the use of the rabbit as an ideal animal model for reproductive studies in large mammalian species such as humans, we think that the detailed title is consistent with the purpose of the paper.*

**Reviewer #3:**

Review of manuscript JoVE58055

Line 38: change "transference" to "embryo transfer"

*This point has been revised.*

Line 43: delete "today"

*This point has been revised.*

Line 44: delete "the" and hyphen

*This point has been revised.*

Line 45: rabbitS

*This point has been revised.*

Line 53: delete "Taking into account that"

*This point has been revised.*

Line 55: replace "final" with "and"

*This point has been revised.*

Line 58: replace "To date," with "The"; delete "as an animal model organism"

*This point has been revised.*

Line 60: delete "it has reproductive characteristics such as induced ovulation, a"

*This point has been revised.*

Line 61: delete "chronology of"

*This point has been revised.*

Lines 62-63: place "Such as intracytoplasmic sperm injection, embryo culture or cryopreservation" in parentheses.

*This point has been revised.*

Line 70: change "transference" to "transfer"

*This point has been revised.*

Line 71: Delete "So," and add "thus" after comma

*This point has been revised.*

Line 72: Delete "Interestingly,"

*This point has been revised.*

Line 73: change "laparoscopy-" to "laparoscopically"  
*This point has been revised.*

Line 78: aimS  
*This point has been revised.*

Line 81: add comma before "were"; delete "oocytes are produced by following a"  
*This point has been revised.*

Line 82: change "treatment" to "treatments are given"; replace "and" with "to"; replace "these gametes" with "antral ovarian follicles"  
*This point has been revised.*

Line 83: Replace "Thus," with "oocytes"; replace "eggs" with "from these follicles"; move "in vitro" before "until"  
*This point has been revised.*

Line 91 and throughout manuscript: British English or American English? (characterized, behavior, hemochorial, anesthesia, etc.)  
*The manuscript is in UK English and has been revised for consistency.*

Line 94: delete hyphen  
*This point has been revised.*

Line 95: delete "stages"  
*This point has been revised.*

Line 96: Replace "Embryo transfer" with "The ET"  
*This point has been revised.*

Line 98: delete hyphen  
*This point has been revised.*

Line 99: replace "currently used" with "frequently"  
*This point has been revised.*

Line 104: cervices  
*This point has been revised.*

Line 111: takeS  
*This point has been revised.*

Line 117: replace "where" with "and"  
*This point has been revised.*

Line 124: use semi-colon after "months"  
*This point has been revised.*

Line 126: replace "double" with "duplex"  
*This point has been revised.*

Line 130: start new paragraph with "Today, non-surgical..."; rabbitS  
*This point has been revised.*

Line 132: delivery  
*This point has been revised.*

Line 135: in THE oviduct  
*This point has been revised.*

Line 136: rabbitS  
*This point has been revised.*

Line 137: Replace "embryo transfer" with "ET"  
*This point has been revised.*

Line 139: replace "However, as" with "Because"  
*This point has been revised.*

Line 141: replace "transfer time" with "ET"  
*This point has been revised.*

Line 142: replace "retards" with "slows"; delete "the"; place "such as in vitro culture" in parentheses  
*This point has been revised.*

Line 143: place "such as superovulation treatments" in parentheses  
*This point has been revised.*

Line 147: giveS  
*This point has been revised.*

Line 151: add "of animal research: before "with"  
*This point has been revised.*

Line 152: replace "rabbit constitutes" with "rabbits constitute"  
*This point has been revised.*

Line 153: add "in vivo" before "reproductive"  
*This point has been revised.*

Line 168: replace "accommodate" with "adapt"  
*This point has been revised.*

Line 200: for how many hours is water withheld?  
*Animals have free access to water. It has been clarified in the paper.*

Line 220: add semi-colon after "gloves"; replace "wearing" with "wear"  
*This point has been revised.*

Line 221: replace "cleaning" with "clean"  
*This point has been revised.*

Line 222: %  
*This point has been revised.*

Lines 226-229: uses a, b, c, d (instead of 1, 2, 3, 4)  
*We follow the authors instruction for the numbering.*  
Line 227: What size Foley catheter? 10 French?  
*The model is available in the materials Table.*

Line 233: add "properly" after "them"  
*This point has been revised.*

Line 234: add "(fenestration)" after "hole"  
*This point has been revised.*

Line 236 and throughout manuscript: replace "trocar endoscope" with "endoscopic trocar"  
*This point has been revised.*

Line 237: add a comma after "process"; add a hyphen after "pressure"  
*This point has been revised.*

Line 242: gauge  
*This point has been revised.*

Lines 247-248: Which is correct: "deep" or "do not progress very far"?  
*This confusing sentence has been corrected.*

Line 257: reaplce "is accumulated" with "remains"  
*This point has been revised.*

Line 258: pain and discomfort  
*This point has been revised.*

Line 259: from (not form)  
*This point has been revised.*

Line 280: VERY IMPORTANT CHANGE NEEDED: replace "thawing" with "warming"  
*This point has been revised.*

Line 282: degree symbol  
*This point has been revised.*

Line 283: warmER  
*This point has been revised.*

Line 289: sulFoxide  
*The manuscript is in British English (sulphoxide)*  
[https://en.oxforddictionaries.com/definition/dimethyl\\_sulphoxide](https://en.oxforddictionaries.com/definition/dimethyl_sulphoxide)

Line 291: 125 microliters  
*This point has been revised.*

Line 294: 125 microliters  
*This point has been revised.*

Line 296: PLEASE EXPLAIN THE LARGE VOLUME (40 microliters) - is it because of the large diameter of the rabbit morula? Ruminant livestock species are typically vitrified in very small (< 5 microliters) volumes.

*The straw allows us to vitrify large numbers of embryos, unlike minimum volume devices. Furthermore, we choose the straw due to the easier handling and the similar results obtained compared with minimum volume devices (Cryotop). These details are implemented in the manuscript with the appropriate reference.*

Line 298: reachES  
*This point has been revised.*

Line 301: replace "be taken" with "take"  
*This point has been revised.*

Line 303: replace "for" with "to"  
*This point has been revised.*

Line 304: StorE ; delete "cryobank of"; add "dewar for" after "nitrogen"  
*This point has been revised.*

Line 305: Warming  
*This point has been revised.*

Line 308: where should crystallization be observed? Outside the mini-straw?  
*Inside the mini-straw. It has been clarified in the paper.*

Line 311: volume of solution?  
*This point has been revised.*

Line 314: volume of solution?  
*This point has been revised.*

Line 349: replace "checked" with "confirmed"  
*This point has been revised.*

Line 351: correctLY  
*This point has been revised.*

Line 371: delete "as" start new sentence with "The capacity"  
*This point has been revised.*

Table 1: specify fresh in vivo derived; pronuclear; 8-cell; morula (not morulae)  
*This point has been revised.*

Line 641: change "was" to "were"; pronuclear; 8-cell, morula  
*This point has been revised.*

Table 2: need to add number of recipients. Line numbers cover superscripts of means; Was there a CONTROL GROUP?  
*The number of recipients has been added. In this table we compare the viability after vitrification at two different stages of the embryo development; no control groups are required for this purpose.*



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