Editorial comments

Dear Dr. Bing Wu,

Thank you very much for the comments on our revised manuscript. We have addressed all of them in order and have included the original comments in italic black font. Our responses are in normal blue font for ease of readability. Please let us know if there is anything else that you would like us to address.

1. *Please take this opportunity to thoroughly proofread the manuscript to ensure that there are no spelling or grammar issues.*

done.

*2. The short abstract is over 50-word limit.*

The abstract has now been shortened.

*3. Please use a single space between numerical values and their units.*

This has now been corrected.

*4. Please remove all headers from the Introduction.*

This has now been done.

*5. Please include an ethics statement* ***before the numbered protocol steps****, indicating that the protocol follows the guidelines of your institution’s human research ethics committee.*

We have now created an independent section with the ethics statement before the numbered protocol steps (we had previously included it but perhaps not prominently enough).

*6. Please revise the text in Protocol to avoid the use of any personal pronouns (e.g., "we", "you", "our" etc.).*

done.

*7. Please do not highlight notes for filming.*

corrected.

*8. Step 1.3.12: Please ensure that all text is in imperative tense.  
9. 1.3.13: Please ensure that all text is in imperative tense.  
10. 1.4.1: Please ensure that all text is in imperative tense.  
11. 1.4.3: Please split this step into two steps.  
12. 1.4.7: Please ensure that all text is in imperative tense.  
13. 1.4.11: Please ensure that all text is in imperative tense. Please split this step into two steps.  
14. 1.5.1: Please ensure that all text is in imperative tense.  
15. 1.5.4: Please ensure that all text is in imperative tense. Please split this step into two steps.  
16. 2.5: Please ensure that all text is in imperative tense.  
17. 2.6: Please ensure that all text is in imperative tense.  
18. 3.1: Please ensure that all text is in imperative tense.*

done.

*19. Please remove all headers from Representative Results.*

The headers have been removed.

*20. Figures: Please define the error bar.*

The error bars in all figures had already been defined as representing 2 standard errors from the mean. Kindly elaborate on what you would like us to change here. If you would like us to change these to confidence intervals please let us know.