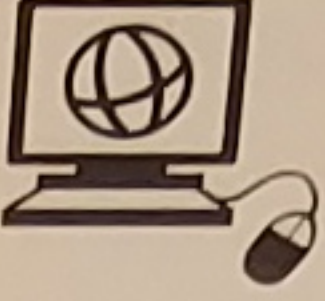
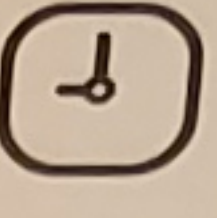

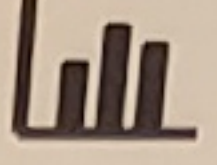


Monell Flavor Quiz!

 Go to www.Monell.org/flavorquiz
Use Box # 1002

 Prepare by having water for rinsing and an empty cup or sink for spitting. DO NOT swallow the samples. The quiz should take about 30 minutes

 Follow the sample instructions to either smell or taste and select your rating
not detectable ○○○○○○ very intense

 Follow the link at the end of the quiz to your results



Patient ID _____ Time _____ Date _____

DIRECTIONS:

You will be rating the 12 samples in your bag for their **STRENGTH or INTENSITY** using the scales located below (circle the **hatch-mark** that reflects how strong the sample tastes to you—from having no taste at all to being extremely intense). Also, please circle whether you think each sample is **SALTY, SOUR, BITTER, SWEET** or has **NO FLAVOR**.

Samples 1-6 are in BOX A and samples 7-12 are in BOX B.

Step 1: Before tasting each solution, please rinse your mouth out two (2) times with the provided bottled water and spit out in the red cups provided.

Step 2: For each tasting sample (#'s 1 through 12) pour the entire amount of each sample solution into your mouth and hold in your mouth for 5 seconds. After 5 seconds, spit out the solution into the red cups provided. (If you accidentally swallow a sample please remember that in the amount provided, all of the samples in this kit are non-toxic and non-allergenic).

Step 3: Record your ratings below - **Circle the hatch-mark** on the line that reflects the strength/intensity of the solution (from having no taste at all to having an extremely intense taste), then **Circle the flavor** indicating whether you think the sample is Salty, Sour, Bitter, Sweet or has No Flavor.

When ready, please begin the test by pouring all of Sample #1 into your mouth.

Sample 1

No Intensity At All | Slightly Intense | Moderately Intense | Very Intense | Extremely Intense

SALTY | SOUR | BITTER | SWEET | NO FLAVOR

Rinse your mouth TWICE with water between every sample. You may now continue with the exercise.

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