## **McGill Friendship Questionnaire**

The items on this form concern the kind of friend your friend is to you. Imagine that the blank space in each item contains your friend's name. With him or her in mind, decide how often the item applies. On the scale directly below each item choose the number that indicates how often your friend is or does what the item says. There are no right or wrong answers because adult friendships are very different from one another. Just describe your friend as he or she really is to you.

| 1. |       | elps me<br>aly one o |   | need it. |          |          |          |        |   |   |        |
|----|-------|----------------------|---|----------|----------|----------|----------|--------|---|---|--------|
|    |       | 0                    | 1 | 2        | 3        | 4        | 5        | 6      | 7 | 8 |        |
|    | Never |                      |   |          |          |          |          |        |   |   | Always |
| 2. |       | ould ma              |   | eel con  | nfortabl | e in a n | ew situa | ation. |   |   |        |
|    |       | 0                    | 1 | 2        | 3        | 4        | 5        | 6      | 7 | 8 |        |
|    | Never |                      |   |          |          |          |          |        |   |   | Always |
| 3. |       | someoi<br>nly one o  |   | tell pri | vate thi | ngs to.  |          |        |   |   |        |
|    |       | 0                    | 1 | 2        | 3        | 4        | 5        | 6      | 7 | 8 |        |
|    | Never |                      |   |          |          |          |          |        |   |   | Always |

| 4. |        | as good<br>nly one o           |   | bout er  | ntertain | ing thin | igs to d  | 0.       |           |   |        |
|----|--------|--------------------------------|---|----------|----------|----------|-----------|----------|-----------|---|--------|
|    |        | 0                              | 1 | 2        | 3        | 4        | 5         | 6        | 7         | 8 |        |
|    | Never  |                                |   |          |          |          |           |          |           |   | Always |
| 5. | few mo | ould wa<br>onths.<br>nly one o |   | ay my fi | riend if | we didr  | n't see e | each oth | ner for a | 1 |        |
|    |        | 0                              | 1 | 2        | 3        | 4        | 5         | 6        | 7         | 8 |        |
|    | Never  |                                |   |          |          |          |           |          |           |   | Always |
| 6. |        | a <b>kes me</b><br>nly one o   |   | mart.    |          |          |           |          |           |   |        |
|    |        | 0                              | 1 | 2        | 3        | 4        | 5         | 6        | 7         | 8 |        |
|    | Never  |                                |   |          |          |          |           |          |           |   | Always |
| 7. |        | akes me                        | _ |          |          |          |           |          |           |   |        |
|    |        | 0                              | 1 | 2        | 3        | 4        | 5         | 6        | 7         | 8 |        |
|    | Never  |                                |   |          |          |          |           |          |           |   | Always |
| 8. |        | nows wh                        |   | upset.   |          |          |           |          |           |   |        |
|    |        | 0                              | 1 | 2        | 3        | 4        | 5         | 6        | 7         | 8 |        |
|    | Never  |                                |   |          |          |          |           |          |           |   | Always |

| 9.  |               | elps me<br>aly one o |   | gs.       |          |           |         |         |   |   |        |
|-----|---------------|----------------------|---|-----------|----------|-----------|---------|---------|---|---|--------|
|     |               | 0                    | 1 | 2         | 3        | 4         | 5       | 6       | 7 | 8 |        |
|     | Never         |                      |   |           |          |           |         |         |   |   | Always |
| 10. | po            | oints ou             |   | that I a  | ım good  | d at.     |         |         |   |   |        |
|     |               | 0                    | 1 | 2         | 3        | 4         | 5       | 6       | 7 | 8 |        |
|     | Never         |                      |   |           |          |           |         |         |   |   | Always |
| 11. | we            | ould be<br>aly one o |   | have a    | around i | if I were | frighte | ned.    |   |   |        |
|     |               | 0                    | 1 | 2         | 3        | 4         | 5       | 6       | 7 | 8 |        |
|     | Never         |                      |   |           |          |           |         |         |   |   | Always |
| 12. | we            | ould stil            |   | o be my   | y friend | even if   | we had  | a fight |   |   |        |
|     |               | 0                    | 1 | 2         | 3        | 4         | 5       | 6       | 7 | 8 |        |
|     | Never         |                      |   |           |          |           |         |         |   |   | Always |
| 13. | le<br>Mark or | nds me<br>aly one o  | _ | that I ne | eed.     |           |         |         |   |   |        |
|     |               | 0                    | 1 | 2         | 3        | 4         | 5       | 6       | 7 | 8 |        |
|     | Never         |                      |   |           |          |           |         |         |   |   | Always |

| 14. | w       | ould ma   | ke me f | eel bett | ter if I w | ere wo  | rried.    |         |     |   |        |
|-----|---------|-----------|---------|----------|------------|---------|-----------|---------|-----|---|--------|
|     | Mark or | nly one o | val.    |          |            |         |           |         |     |   |        |
|     |         | 0         | 1       | 2        | 3          | 4       | 5         | 6       | 7   | 8 |        |
|     | Never   |           |         |          |            |         |           |         |     |   | Always |
| 15. |         | someor    |         | tell sec | crets to   |         |           |         |     |   |        |
|     | Mark or | nly one o | val.    |          |            |         |           |         |     |   |        |
|     |         | 0         | 1       | 2        | 3          | 4       | 5         | 6       | 7   | 8 |        |
|     | Never   |           |         |          |            |         |           |         |     |   | Always |
| 16. |         | ould sta  |         | iend ev  | en if oth  | ner peo | ple criti | cized m | ie. |   |        |
|     |         | 0         | 1       | 2        | 3          | 4       | 5         | 6       | 7   | 8 |        |
|     | Never   |           |         |          |            |         |           |         |     |   | Always |
| 17. |         | omplime   |         | when I   | do som     | nething | well.     |         |     |   |        |
|     |         | 0         | 1       | 2        | 3          | 4       | 5         | 6       | 7   | 8 |        |
|     | Never   |           |         |          |            |         |           |         |     |   | Always |
| 18. |         | exciting  |         | to.      |            |         |           |         |     |   |        |
|     |         | 0         | 1       | 2        | 3          | 4       | 5         | 6       | 7   | 8 |        |
|     | Never   |           |         |          |            |         |           |         |     |   | Always |

| 19. | m             |           | _    | oecial.  |            |                      |         |          |     |   |        |
|-----|---------------|-----------|------|----------|------------|----------------------|---------|----------|-----|---|--------|
|     | Mark or       | nly one o | val. |          |            |                      |         |          |     |   |        |
|     |               | 0         | 1    | 2        | 3          | 4                    | 5       | 6        | 7   | 8 |        |
|     | Never         |           |      |          |            |                      |         |          |     |   | Always |
| 20. | w             | ould sta  |      | iend ev  | en if oth  | ner peo <sub>l</sub> | ple did | not like | me. |   |        |
|     |               | 0         | 1    | 2        | 3          | 4                    | 5       | 6        | 7   | 8 |        |
|     | Never         |           |      |          |            |                      |         |          |     |   | Always |
| 21. | kr<br>Mark or | nows wh   |      | nething  | bothers    | s me.                |         |          |     |   |        |
|     |               | 0         | 1    | 2        | 3          | 4                    | 5       | 6        | 7   | 8 |        |
|     | Never         |           |      |          |            |                      |         |          |     |   | Always |
| 22. | is            |           |      | with.    |            |                      |         |          |     |   |        |
|     | Mark or       | nly one o | vai. |          |            |                      |         |          |     |   |        |
|     |               | 0         | 1    | 2        | 3          | 4                    | 5       | 6        | 7   | 8 |        |
|     | Never         |           |      |          |            |                      |         |          |     |   | Always |
| 23. | w             | ould ma   |      | eel calr | mer if I v | were ne              | rvous.  |          |     |   |        |
|     |               | 0         | 1    | 2        | 3          | 4                    | 5       | 6        | 7   | 8 |        |
|     | Never         |           |      |          |            |                      |         |          |     |   | Always |
|     |               |           |      |          |            |                      |         |          |     |   |        |

|                       | 0 | 1 | 2        | 3                     | 4            | 5        | 6                 | 7 | 8 |    |
|-----------------------|---|---|----------|-----------------------|--------------|----------|-------------------|---|---|----|
| Never                 |   |   |          |                       |              |          |                   |   |   | Al |
| 5 <b>m</b><br>Mark on |   |   | at I can | do thir               | ıgs well     |          |                   |   |   |    |
|                       | 0 | 1 | 2        | 3                     | 4            | 5        | 6                 | 7 | 8 |    |
| Never                 |   |   |          |                       |              |          |                   |   |   | Al |
| S we<br>Mark or       |   |   | o stay i | <b>my frie</b> r<br>3 | nd even<br>4 | if we an | <b>gued.</b><br>6 | 7 | 8 |    |
| Never                 |   |   |          |                       |              |          |                   |   |   | Al |
|                       |   |   |          |                       |              |          |                   |   |   |    |