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Isolation and In Vitro Decidualization of Mouse Primary Endometrial Stromal Cells --Manuscript Draft--

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Abstract:	Successful pregnancy relies on the establishment of decidualization, which involves the morphological and functional reprogramming of the progesterone -primed endometrial stromal cells under the influence of estrogen. In this protocol, we present a method for high purified stromal cell isolation from mouse uterus on day 4 of early pregnancy. Cultured primary stromal cells would subject to further applications, such as RNA interference, overexpression, pharmaceutical treatment, immunoprecipitation, chromatic immunoprecipitation and so on. Additionally, we provide a technique for the in vitro decidualization of cultured stromal cells using estrogen and progesterone. The in vitro decidualization method allows for physical significant study of decidualization-related molecule. Altogether, this protocol provides a reliable and efficient method to facilitate further studies to define molecular mechanism of decidualization during the early pregnancy.		
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Cover Letter

Dear Editor-in-Chief,

Attached please find the manuscript by Liu YF et al., titled "Isolation and in vitro decidualization of mouse primary endometrial stromal cells" for consideration of

publication in **JoVE**.

Decidualization is a key step for the establishment of pregnancy. During decidualization, the morphological and functional reprogramming of the progesterone-primed endometrial stromal cells occurs under the influence of estrogen. In this protocol, we present a method for mouse endometrial stromal cell isolation from mouse uterus on day 4 of early pregnancy. Cultured primary stromal cells would subject to further applications, such as RNA interference, overexpression, pharmaceutical treatment, immunoprecipitation, chromatic immunoprecipitation and so on. Additionally, we provide a technique for the in vitro decidualization using estrogen and progesterone. This method allows for further study of decidualization-related molecule. Altogether, this protocol provides a reliable and efficient method to facilitate further studies to define molecular mechanism of decidualization during the early pregnancy. We sincerely appreciate your time and efforts in considering this manuscript for JoVE.

Please do not hesitate to contact us if you have any questions.

Very best,

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TITLE:

Isolation and In Vitro Decidualization of Mouse Primary Endometrial Stromal Cells

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KEYWORDS:

Mouse, uterus, pregnancy, implantation, endometrial stromal cells, decidualization, progesterone, estradiol- 17β

SHORT ABSTRACT:

We aim to provide a method for the isolation and culturing of mouse endometrial stromal cells by enzymatic digestion. The isolated stromal cells are of high purity and can be decidualized by hormones *in vitro*. This protocol represents a feasible and stable method for stromal cell culture and for the further study of decidualization.

LONG ABSTRACT:

A successful pregnancy relies on the establishment of decidualization, which involves the morphological and functional reprogramming of the progesterone-primed endometrial stromal cells under the influence of estrogen. In this protocol, we present a method for acquiring highly purified stromal cell isolated from the mouse uterus on day 4 of early pregnancy. Cultured primary stromal cells are then subject to further applications, such as RNA interference, overexpression, pharmaceutical treatment, immunoprecipitation, chromatic immunoprecipitation, and so on. Additionally, we provide a technique for the *in vitro*

Page 1 of 7 rev. October 2013

decidualization of cultured stromal cells using estrogen and progesterone. The *in vitro* decidualization method allows for the physically significant study of decidualization-related molecules. Altogether, this protocol provides a reliable and efficient method to facilitate further studies to define the molecular mechanism of decidualization.

INTRODUCTION:

Decidualization is a prerequisite for the establishment of pregnancy. In mice, decidualization occurs after the attachment of the embryo to the uterine luminal epithelium during the receptivity stage¹. However, the mechanism underlying decidualization is still not completely understood². Considering the complex compositions of many cell types and the cell-specific expression of different genes in the uterus, there is a high demand for the purification of different cell types to investigate the potential function of each gene in different compartments.

The wall of the uterus consists of three layers: the outer perimetrium; the intermediate myometrium; and, most importantly, the innermost endometrium. The endometrium is a specialized mucosa consisting of simple columnar luminal and glandular epithelia and stroma. Maghsoudlou *et al.* compared three different methods to separate the esophageal epithelial cells and found that intact mucosal sheets yield a single-cell suspension under the influence of a digestive enzyme. The isolated epithelial cells are of high viability and have minimal contamination with other types of cells³. Kalabis *et al.* and Saxena *et al.* also employed trypsin and dispase to collect cells from the rodent esophagus^{4,5}. Accordingly, we use trypsin and dispase as the digestive enzymes to dislodge the epithelial sheets from the integrated uterus. The layer of stroma contains various kinds of matrix metalloproteinases that play a crucial role in the remodeling of connective tissue. Collagenase is widely used in isolating stromal cells from the human endometrium^{6,7}. Taken together, a modified method of isolating mouse stromal cells has come into being.

The mouse appears to be the most commonly used and powerful animal model for scientific research. Estrogen and progesterone are the two main steroid hormones during pregnancy, and they are vital for implantation and decidualization Therefore, they are employed to mimic the *in vivo* hormone environment in order to induce the cultured stromal cells to differentiate into decidual cells *in vitro*, according to Li Q's method⁸.

PROTOCOL:

All animal procedures were approved by the Animal Care and Use Committee of South China Agricultural University.

1. Preparation

- 1.1) Animals and treatments
- 1.1.1) House adult mice (CD-1 strain) in a specific, pathogen-free room with a temperature- and light-controlled environment (12 h light/12 h dark).
- 1.1.2) Mate mature female mice with fertile males at 16:00 h.

NOTE: The day the vaginal plug is formed is considered day 1 of pregnancy.

1.1.3) Sacrifice the mice by cervical dislocation at 10:00 h on day 4 to collect the uterus for the isolation of mouse stromal cells.

1.2) Laboratory supplies

- 1.2.1) Soak all glass bottles, pipettes, and 15- and 50-mL centrifuge tubes in chromic acid cleaning solution (1,000 g of potassium dichromate, 1,000 mL of concentrated sulfuric acid, and 9,000 mL of H_2O) overnight and then rinse them with distilled water. Bake all of the glassware at 180 °C for 6 h and sterilize all plastic-ware in an autoclave for 30 min.
- 1.2.2) Prepare the basal culture medium DMEM/F12 and HBSS according to the manufactures' instructions. Filter them using a 0.22-μm strainer. Store at 4 °C.
- 1.2.3) Prepare 250 mL of the medium for stromal cell culture: DMEM/F12 supplemented with 10% charcoal-stripped fetal bovine serum (cFBS) and 1% penicillin-streptomycin.
- 1.2.4) Prepare the digestive enzymes. Dissolve 2 g of trypsin in 40 mL of HBSS for a 5X storage concentration and aliquot 1 mL/tube. Dissolve 1 g of dispase in 16.7 mL of HBSS at the concentration of 60 mg/mL and aliquot 0.5 mL/tube. Dissolve 35 mg of collagenase in 7 mL of HBSS at a concentration of 0.5% and aliquot 180 μ L/tube. Store all of the digestive enzymes at -20 °C.
- 1.2.5) Dissolve estradiol-17 β (10 μ M) and progesterone (1 mM) in alcohol and store at -20 °C.

2. Isolation and culture of mouse endometrium stromal cells

- 2.1) Preheat the HBSS at 37 °C in a water bath. Prepare the workbench with ultraviolet light for at least 15 min. Preheat HBSS containing 1% penicillin-streptomycin in 6-cm petri dishes.
- 2.2) Split the uteri longitudinally to expose the uterine lumen. Wash them 3 times in the prepared HBSS in 6-cm culture dishes to clean out blood, fat, and small pieces of tissue.
- 2.3) Prepare the epithelium digestive enzyme solution. Mix 1 mL of trypsin, 0.5 mL of dispase, and 3.5 mL of HBSS in a 15-mL centrifuge tube.
- 2.4) Digest the uteri in the enzyme solution at 4 °C for 1 h, at room temperature for 1 h, and at 37 °C for 10 min.
- 2.5) Pour out the digested uteri into a new dish and wipe off the sheets of luminal epithelial cells in the HBSS by swinging each uterine horn about 10 times.
- 2.6) Prepare the stroma digestive enzyme. Mix 150 µL of collagenase with 5 mL of HBSS.
- 2.7) Incubate the remaining uterine tissue at 37 °C for 30 min. Vigorously shake the digested

tissue 40 times to disperse the stromal cells. Filter the digested tissue through a 70- μ m filter to eliminate the residual tissue.

- 2.8) Collect the filterable cell dissociation solution in a new centrifuge tube and centrifuge at $1,500 \times g$ for 5 min. Discard the supernatant, resuspend the cell sediment with HBSS, and centrifuge again.
- 2.9) Discard the HBSS and resuspend the cells with 4 mL of DMEM/F12 medium containing 2% cFBS. Mix 100 μ L of the resuspended medium with 100 μ L 0.4% trypan blue and then count the live cells under the microscope.
- 2.10) Dilute the cells with the culture medium to $2x10^5$ cells/mL and seed the cells into different culture plates as required. Incubate the cells at 37 °C for 30 min and then change to culture medium with 10% cFBS to eliminate the unattached epithelial cells. Culture the stromal cells overnight for further study.

3. Induction of decidualization in vitro

- 3.1) Preheat the HBSS and DMEM/F12 medium containing 2% cFBS. Wash the cultured stromal cells with HBSS.
- 3.2) Prepare the decidualization culture medium using DMEM/F12 with 2% cFBS and dilute the stored estradiol-17 β and progesterone to final concentrations of 10 nM and 1 μ M, respectively. Supplement the control group with an appropriate volume of alcohol.
- 3.3) Add the decidualization culture medium to the culture plates in triplicate and culture the cells for 24 h, 48 h, and 72 h. Replace the working solution every 2 days.
- 3.4) Confirm the decidualization by observing cell morphology changes and the expression of decidual/trophoblast prolactin-related protein (Dtprp), a reliable decidualization marker.

REPRESENTATIVE RESULTS:

The workflow of procedures are shown in Figure 1.

The purity of isolated mouse endometrium stromal cells

The main morphological feature of the isolated stromal cells was a spindle-like appearance (Figure 2A). To confirm the purity of the isolated stromal cells, immunofluorescence was performed to detect the expression of the stromal cell marker Vimentin. The results showed that a strong Vimentin stain was detected in almost all of the cultured stromal cells (Figure 3). These results indicate that this protocol is efficient in isolating stromal cells from epithelial cells without contamination.

The effect of decidualization in vitro

The *in vitro* decidualization method was modified from Li's method⁸. A combination of estrogen and progesterone was applied to induce stromal-cell decidualization. During decidualization,

the morphology of the stromal cells changed from spindle-like to epithelioid (Figure 4A and B). The expression of mesenchymal-epithelial transition (MET)-related markers was detected by Western blot (Figure 5A). The expression level of the mesenchymal marker Snail was downregulated, while the expression of the epithelial marker E-cadherin was upregulated. To further confirm the process of decidualization, the decidualization marker Dtprp was detected by real-time PCR. The results showed that Dtprp was remarkably upregulated in mouse endometrial stromal cells during *in vitro* decidualization in a time-dependent manner (Figure 5B).

FIGURE LEGENDS:

Figure 1: Schematic representation of workflow.

Figure 2: Light microscopy image of cultured mouse endometrial stromal cells at 24 h after seeding. Mouse primary endometrial stromal cells cultured for 24 h displayed a typical spindle shape. This microphotograph was taken before the induction of decidualization. Scale bar = $100 \, \mu M$.

Figure 3: Immunofluorescence images of cultured endometrial stromal cells. The immunofluorescence of primary mouse endometrial stromal cells demonstrated the expression of the stromal cell marker, Vimentin (in green). PI was used as a control. Scale bar = $100 \mu M$.

Figure 4: Microphotograph of decidualized mouse endometrial stromal cells induced with estrogen and progesterone for 24 h. The control stromal cells were spindle-shaped, while the decidualized stromal cells displayed epithelioid morphology. Scale bar = $100 \mu M$.

Figure 5: Verification of the *in vitro* **decidualization of stromal cells.** (A) Western blot of a MET-related molecule. (B) Real-time PCR results showed that the expression of Dtprp was upregulated significantly at different time points of decidualization induction.

DISCUSSION:

The uterus, the residence of the conceptus, is of great importance for a successful pregnancy. A tight interaction between the conceptus and the maternal uterine endometrium initiates implantation and then the proliferation and differentiation of the stromal cells around the implantation sites, which will turn into specialized decidual cells under the influence of ovarian hormones. As a result of differentiation, decidual cells acquire various new functions during this transformation, such as providing a nutritional supply to the developing embryos, regulating trophoblast invasion, and modulating maternal immunity. Any aberration in this process will cause decidualization failure and adverse pregnancy outcomes⁹. Even though this is such a significant process, the molecular mechanism of decidualization is still not completely understood.

The endometrium is mainly composed of fibroblastic stromal and epithelial cells. The ovarian hormones, estrogen and progesterone, are the main steroid hormones for embryo implantation, decidualization, and maintenance of early pregnancy. On day 1 of pregnancy, the

pre-ovulatory estrogen promotes epithelial cell proliferation. On day 3 of pregnancy, the newly-developed corpora luteum starts secreting progesterone, which stimulates stromal cell proliferation. The proliferative effect of the stromal cells is further consolidated by the preimplantation of ovarian estrogen on day 4 of pregnancy¹⁰. Taken together, after day 4 of pregnancy, the uterus is at the appropriate stage for isolating stromal cells.

Trypsin, dispase, and collagenase are the common digestive enzymes that are widely used in separating epithelial cells from other tissues³. The isolated stromal cells showed non-contamination of epithelial cells and high proliferative potential, as shown in Figure 2. The cultured stromal cells can be used for further studies, such as RNA interference, overexpression, plasmid transfection, and drug treatment.

After being cultured overnight in the medium containing 10% cFBS, the stromal cells are decidualized in culture medium with 2% cFBS containing estrogen and progesterone. Our previous result suggested that MET is a potential marker of decidualization¹¹. In our results, the expression of Snail was downregulated and the expression of E-cadherin was upregulated. Furthermore, Dtprp, the most widely-used and reliable marker of decidualization, was highly expressed during *in vitro* decidualization in a time-dependent manner. Furthermore, decidual polyploidy has been reported to be important for successful pregnancies, and molecules such as amiloride binding protein 1 (Abp1) and Tdo2 have been used as markers of decidual polyploidy¹². In our previous study, Abp1 was up-regulated during *in vitro* decidualization performed according to the method mentioned above¹³. These results suggest that this method is suitable for maintaining the polyploidy characteristics observed *in vivo*.

The maternal uterus undergoes dynamic changes and developmental processes postimplantation, including the proliferation and differentiation of stromal cells, the formation of vessels, the migration of immune cells, and the remodeling of the endometrial extracellular matrix—all of which are of great importance to the establishment of a pregnancy. Our protocol for endometrial decidualization will open a new avenue for the functional study of the genes highly expressed in the decidua after implantation. It is difficult to study the physiological significance of a gene during pregnancy if genetically-modified mice are not available. Wholebody drug injections are also challenged by indirect effects and toxicity. Studies of purified stromal cells can estimate the function and molecular mechanism of a gene. As there is reciprocal crosstalk between epithelial and stromal cells, the results from isolated stromal cells will fall short of the interplay functions demonstrated by these two cell types. Meanwhile, there are two different decidualization zones at the implantation site: the primary decidualization zone (PDZ) and the secondary decidualization zone (SDZ). This in vitro decidualization method cannot reliably mimic decidual cells in these two regions. Altogether, although we need to pay more attention to the discrepancy between the decidualization processes in vivo and in vitro, the method we provide here is still currently the most suitable model for functional studies.

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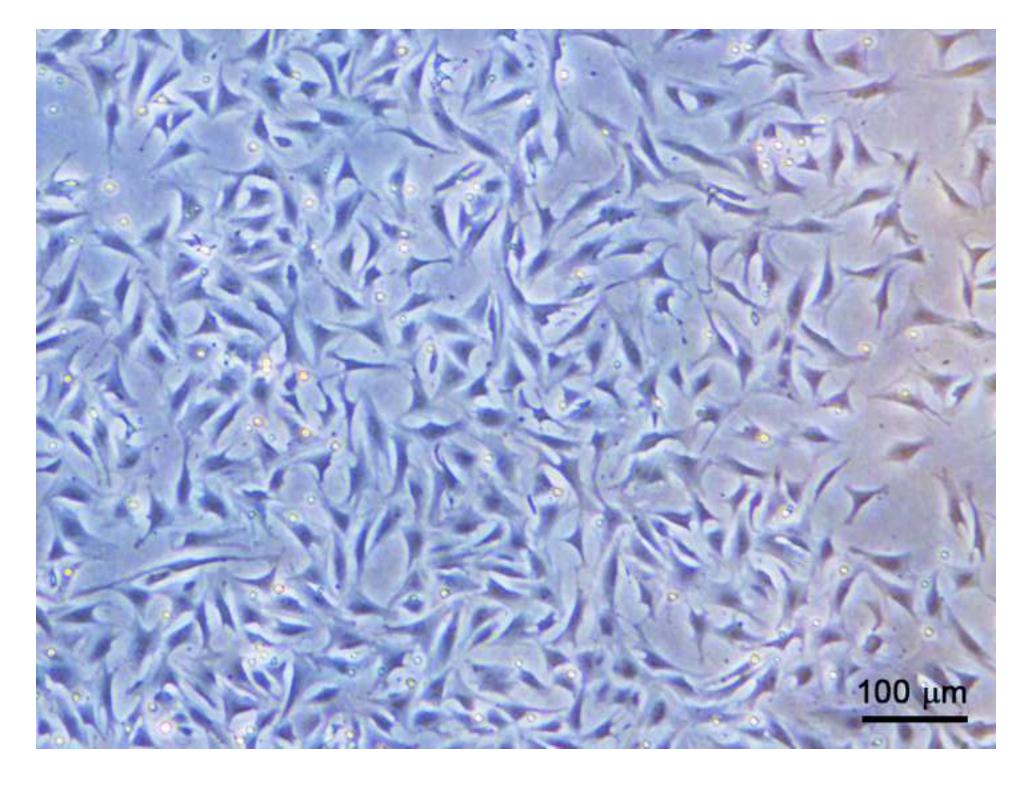
DISCLOSURES:

The authors have nothing to disclose.

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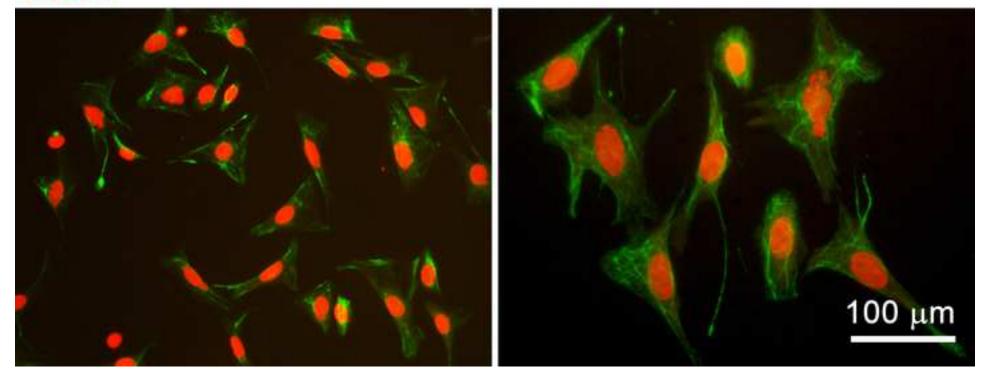
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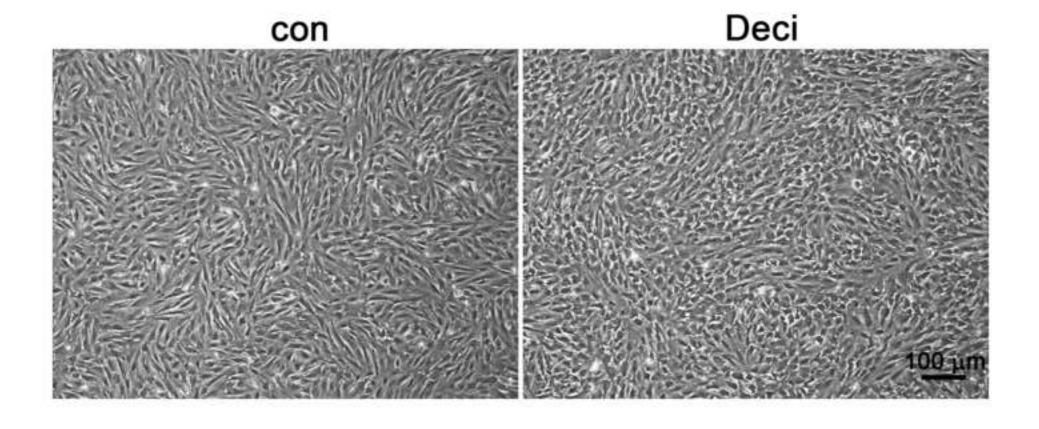
- Mouse uteri collection
- 2. Split the uteri longitudinally
- Wash with HBSS for 3 times
- Digest with enzymes tripsin and dispase
- Wash with HBSS for 3 times
- Digest in collagenae
- Shake by hand for 40 times
- 8. Filter and contrifuge
- 9. Wash with HBSS and resuspend with culture medium
- Count and seed
- 11. Change culture medium 30 minutes later
- 12. Cells are cultured overnight
- 13. Was with HBSS
- Treat with estrogen and progesterone in culture medium with 2% CFBS
- Cells are collected at different time points after decidualization induction

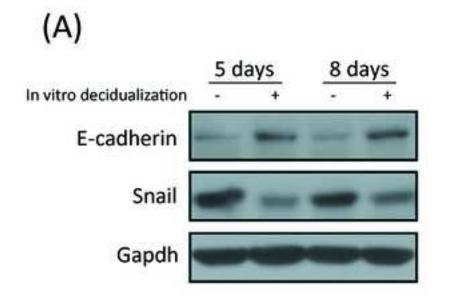


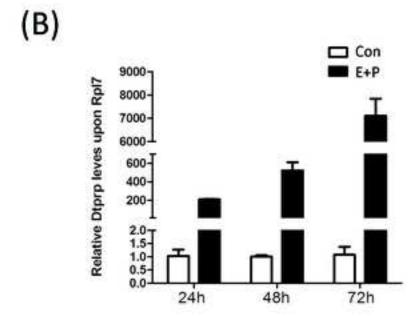
Green: Vimentin

Red: PI









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Medium/Nutrient Mixture F-12 Ham	Sigma	D2906	For mESC culture
Trypsin	Amresco	0 458	For epithelial sheets dissociation
	Roche Applied		
Dispase	Science	0 4942078001	For epithelial sheets dissociation
Collagenase I	Invitrogen	17100-017	For stromal cells dissociation
Charcoal Stripped Foetal Bovine Serum	Biological Industries	04-201-1A	For the culture of mESC
Progesterone	Sigma	850454	For in vitro decidualization
Estradiol-17	Sigma	E1024	For in vitro decidualization
	Cell Signaling		
Vimentin	Technology	3932s	Marker of stromal cells
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Solution and In Vitro Decidualization of Money Primary Endancino Street Cells

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Dear Jaydev,

Thanking you for reviewing our manuscript entitled "Isolation and In Vitro Decidualization of Mouse Primary Endometrial Stromal Cells". We have revised the manuscript to address each of the comments followed by our responses highlighted in *blue*. Below is a detailed discussion of our amendments:

Reviewer #1:

- 1. Whether the author examined the polyploidization of uterine stromal cells by immunofluorescence or flow cytometry after treatment with estrogen and progesterone. Please provide the data in the results if any or at least be mentioned in the discussion. Response: Thanks. We have added relevant content in the Discussion part.
- 2. Line 41, "isolation" should be changed to "isolated". Response: Thanks for the suggestion. It has been corrected.
- 3. Please double check line 48, "during the early pregnancy" looks like the redundancy. Response: Thanks for your reminding. It has been deleted.
- 4. Line 58, "consists" should be changed to "consists of"
 Response: Thanks for your reminding. It has been corrected by the editor.
- 5. Line 249, please substitute "uterine/endometrial decidualization" for "endometrial stromal cells and decidualization".

Response: Thanks. We have corrected these in Line 244.

Reviewer #2:

None.

Reviewer #3:

Major Concerns:

This is an important technique however more data is required to show these cells undergo a true deciulal reaction. The only true evidence in the morphology (which in not convincing) and the expression of Snail and Dtprp. This manuscript should show the expression of Pgr, Bmp2 and Wnt 4. The cells should be stained for alkaline phosphatase. To be truly valuable resource a more expensive characterization is required.

Response: This is a very good point, we appreciate the thoughtful and encouraging comments of this reviewer. The stromal cells experience both morphologic and functional changes after embryo implantation *in vivo*. The decidualized stromal cells around embryo which named primary stromal cells process epithelial characteristics

with highly expressed E-cadherin and decreased Snail. While the outer stromal cells are mainly composed by polyploidy stromal cells with secreting nature. It's hard to imitate all kinds of decidualized stromal cells just by the simple combination of estrogen and progesterone *in vitro*. We failure to detect the increase of Pgr, Bmp2 and Wnt4 in current model, which consistent with the complexity of decidualization. Although our current model will improve in vitro studies, more efforts will be taken to optimize this model in our further study.

Minor Concerns:

Finally, the writing style in the manuscript needs improvement.

Response: Thanks for your suggestion. The manuscript has been modified by a native English speaker.

We hope that our responses are now satisfactory for consideration of publication in \mathbf{JOVE}

Again, we appreciate the effort and time of the reviewers in reviewing this manuscript and to you and your staff for handling this task.

Sincerely,

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