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July 4, 2016

Dear Dr. Myers,

Thank you for the invitation to submit our paper, “*Psychophysiological Assessment of the Effectiveness of Emotion Regulation Strategies in Childhood*,” to the *Journal of Visualized Experiments.* The authors of this manuscript, in order, are myself (Dr. Elizabeth L. Davis), Ms. Parisa Parsafar, Ms. Laura E. Quiñones-Camacho, and Ms. Emily Shih. I will serve as corresponding author for this submission. All authors are in agreement on the format and content of this submission, and this manuscript is not under review elsewhere. All research techniques described in the protocol were approved by the appropriate Institutional Review Boards.

* Our manuscript describes a novel experimental paradigm for studying the effectiveness of emotion regulation in childhood. The procedure involves instructing children to use specific techniques for managing negative emotions (or reacting normally in a Control condition) and assessing cardiac physiological functioning before and during a negative emotion elicitation and online implementation of emotion regulation strategies. The method is not complicated, but is extremely well suited to publication in a multimedia venue given the procedures (e.g., establishing rapport with participants, ensuring child comprehension of the experimental instructions, application of the EKG electrodes to children’s torsos), which are much more clearly communicated through visual than text-based channels.
* Each of the four authors contributed substantively to the procedures described in this manuscript, including via data collection, coding, and analysis with this protocol in our laboratory. In addition, each author was involved in drafting and revising the text-based manuscript describing the protocol. If selected for publication, all authors are willing to be video recorded to demonstrate the key steps of the protocol.
* We were invited to submit this paper by Dr. Ronald Myers, and he assisted us in preparing the manuscript.
* We suggest the following individuals as possible reviewers for this submission:

Dr. Abbey Alkon, University of California, San Francisco, abbey.alkon@ucsf.edu

Dr. Tracy Dennis, Hunter College, City University of New York, tracy.dennis@hunter.cuny.edu

Dr. Paulo Graziano, Florida International University, pgrazian@fiu.edu

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Dr. Ethan Kross, University of Michigan, ekross@umich.edu

Dr. Diane Lickenbrock, Western Kentucky University, [diane.lickenbrock@wku.edu](mailto:diane.lickenbrock@wku.edu)

Please do not hesitate to let me know if any additional information is needed. We look forward to hearing from you about this manuscript.

Sincerely,



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