# **Journal of Visualized Experiments**

# Observation and quantification of telomere and repetitive sequences using fluorescence in situ hybridization (FISH) with PNA probes in C. elegans --Manuscript Draft--

Manuscript Number:	JoVE54224R3		
Full Title:	Observation and quantification of telomere and repetitive sequences using fluorescence in situ hybridization (FISH) with PNA probes in C. elegans		
Article Type:	Invited Methods Article - JoVE Produced Video		
Keywords:	Telomere; alternative lengthening of telomeres (ALT); fluorescence in situ hybridization; Caenorhabditis elegans; colocalization; cell division; immunofluorescence; PNA probes; imaging; quantification; Molecular Biology		
Manuscript Classifications:	5.5.200.500.607.512.240: Fluorescent Antibody Technique; 5.5.200.500.620.670.325.350: In Situ Hybridization, Fluorescence (FISH); 5.5.200.500.620.760.720: Tissue Fixation		
Corresponding Author:	Junho Lee Seoul National University Seoul, Seoul KOREA, REPUBLIC OF		
Corresponding Author Secondary Information:			
Corresponding Author E-Mail:	elegans@snu.ac.kr		
Corresponding Author's Institution:	Seoul National University		
Corresponding Author's Secondary Institution:			
First Author:	Beomseok Seo, Ph.D		
First Author Secondary Information:			
Other Authors:	Beomseok Seo, Ph.D		
Order of Authors Secondary Information:			
Abstract:	Telomere is a ribonucleoprotein structure that protects chromosomal ends from aberrant fusion and degradation. Telomere length is maintained by telomerase or an alternative pathway, known as alternative lengthening of telomeres (ALT)1. Recently, C. elegans has emerged as a multicellular model organism for the study of telomere and ALT2. Visualization of repetitive sequences in the genome is critical in understanding the biology of telomeres. While telomere length can be measured by telomere restriction fragment assay or quantitative PCR, these methods only provide the averaged telomere length. On the contrary, fluorescence in situ hybridization (FISH) can provide the information of the individual telomeres in cells. Here we provide protocols and representative results of the method to determine telomere length of C. elegans by fluorescent in situ hybridization. This method provides a simple, but powerful, in situ procedure that does not cause noticeable damage to morphology. By using fluorescently labeled peptide nucleic acid (PNA) and digoxigenin-dUTP-labeled probe, we were able to visualize two different repetitive sequences: telomere repeats and template of ALT (TALT) in C. elegans embryos and gonads.		
Author Comments:			
Additional Information:			
Question	Response		
If this article needs to be "in-press" by a certain date to satisfy grant requirements, please indicate the date below and explain in your cover letter.			

Cover Letter

Dear Editor,

We would like to submit our final revision of the manuscript entitled "Observation and quantification of telomere and repetitive sequences using fluorescence *in situ* hybridization (FISH) with PNA probes in *Caenorhabditis elegans*" for publication in *Journal of visualized experiments*.

We tried our best to improve the manuscript by satisfying all the requests. We now sincerely hope that you find the manuscript ready for publication in Journal of Visualized Experiments.

Thank you for your attention.

Sincerely yours,

Junho Lee, Ph.D.

Department of Biophysics and Chemical Biology School of Biological Sciences Seoul National University, Seoul, 151-742, Korea Phone: 82-2-880-6701 Fax: 82-2-877-2661

E-mail: elegans@snu.ac.kr

#### TITLE:

Observation and quantification of telomere and repetitive sequences using fluorescence *in situ* hybridization (FISH) with PNA probes in *Caenorhabditis elegans* 

#### **AUTHORS:**

Beomseok Seo
Dept. Biological Sciences
Institute of Molecular Biology and Genetics (IMBG)
Seoul National University
Seoul, Korea
82-2-877-2663
phybio@snu.ac.kr

Junho Lee

Dept. Biological Sciences and Dept. Biophysics and Chemical Biology 105-319, Institute of Molecular Biology and Genetics (IMBG) Seoul National University Gwanak-ro 1, Seoul, Korea 151-742 82-2-880-6701 elegans@snu.ac.kr

#### **CORRESPONDING AUTHOR:**

Junho Lee

#### **KEYWORDS:**

Telomere; alternative lengthening of telomeres (ALT); fluorescence *in situ* hybridization; *Caenorhabditis elegans*; colocalization; cell division; immunofluorescence; PNA probes; imaging; quantification; molecular biology

#### **SHORT ABSTRACT:**

We report a concise procedure of fluorescence *in situ* hybridization (FISH) in the gonad and embryos of *Caenorhabditis elegans* for observing and quantifying repetitive sequences. We successfully observed and quantified two different repetitive sequences, telomere repeats and template of alternative lengthening of telomeres (TALT).

#### LONG ABSTRACT:

Telomere is a ribonucleoprotein structure that protects chromosomal ends from aberrant fusion and degradation. Telomere length is maintained by telomerase or an alternative pathway, known as alternative lengthening of telomeres (ALT)<sup>1</sup>. Recently, *C. elegans* has emerged as a multicellular model organism for the study of telomere and ALT<sup>2</sup>. Visualization of repetitive sequences in the genome is critical in understanding the biology of telomeres. While telomere length can be measured by telomere restriction fragment assay or quantitative PCR, these methods only provide the averaged telomere length. On the contrary, fluorescence *in situ* hybridization (FISH) can provide the information of the individual telomeres in cells. Here, we provide protocols and representative results of the method to determine telomere length of *C. elegans* by fluorescent

*in situ* hybridization. This method provides a simple, but powerful, *in situ* procedure that does not cause noticeable damage to morphology. By using fluorescently labeled peptide nucleic acid (PNA) and digoxigenin-dUTP-labeled probe, we were able to visualize two different repetitive sequences: telomere repeats and template of ALT (TALT) in *C. elegans* embryos and gonads.

#### **INTRODUCTION:**

Telomere protects chromosomal ends from aberrant fusion and degradation. Mammalian telomere is composed of G-rich hexameric repeats, TTAGGG, and shelterin complexes. The telomere repeat sequence of the nematode is similar to those of mammals (TTAGGC). Most eukaryotes utilize telomerase to add telomere repeats to their chromosomal ends. However, 10-15% of cancer cells utilize telomerase independent mechanism, known as Alternative Lengthening of Telomeres (ALT)<sup>3</sup>. Previously, we reported that telomere repeats and its associated sequences, named as TALT, were amplified in the telomeres of telomerase mutant lines that survived critical sterility<sup>2</sup>.

Telomere length was measured by quantitative PCR or by Southern blot, which provides average length of total telomeres<sup>4,5,6,7</sup>. Read count of telomere repeat in whole genome sequencing data is also an indicator of total telomere contents<sup>8</sup>. Although Single TElomere Length Analysis (STELA) could provide the length of a single telomere, it cannot provide spatial information of telomeres<sup>9</sup>. While POT-1::mCherry reporter protein provides the spatial information of telomeres *in vivo*, it cannot represent lengths of double-stranded telomeres, as POT-1 is a single-strand telomere binding protein<sup>10</sup>.

While aforementioned methods provide the averaged information of repetitive sequences, fluorescence *in situ* hybridization (FISH) allows to observe the amount and spatial pattern of individual sequences of interest on a chromosomal scale. Instead of purification of DNA, tissues or cells are fixed to preserve the native spatial information in FISH. Thus, FISH is a both quantitative and qualitative tool for observation of individual repeat sequences, such as telomere repeats.

This protocol provides an efficient method for simultaneous detection of both telomere and other repeats based on improvements from previously described methods <sup>11,12</sup>. *C. elegans* larvae or adults are multicellular organism with highly differentiated cells. The heterogeneity of cells impedes on the quantitative analysis of a large number of telomere spots. To maximize the number of cells analyzed, embryos are isolated and spread on the polylysine-coated slides for FISH. In addition, this protocol can also be combined with immunofluorescence.

As a proof that the protocol works, we show that it is possible to observe and quantify two different repetitive sequences. DNA probe against TALT1 was generated with simple PCR incorporating digoxigenin-dUTP. Then this TALT1 probe and fluorescence-labeled telomere PNA probe were hybridized simultaneously. Subsequently, digoxigenin was detected by canonical immunofluorescence methods. We present here the representative images where TALT1 colocalized with the telomere in *trt-1* survivors.

#### PROTOCOL:

#### 1. Labeling probes with digoxigenin-dUTP by PCR

- 1.1) Perform PCR labeling with 10x dNTP mix containing digoxigenin-dUTP as previously described<sup>13</sup>.
- 1.2) Purify PCR product with spin-column purification according to manufacturer's instruction.
- 1.2.1) If the probe is shorter than 200 bp, remove free digoxigenin-dUTP with spin-column chromatography from the reaction mixture rather than spin-column purification.

#### 2. Preparing polylysine coated slides

Note: The entire procedure takes about 2 hours. Most of the steps are done at room temperature except for the drying step.

- 2.1) Cleaning the slides
- 2.1.1) Place the slides in a plastic container and rinse the slides briefly with distilled water (DW). Remove the water and fill the container with DW containing 1% glass cleaner.
- 2.1.2) Agitate the slides for 15 min at 50 rpm at room temperature (RT). Wash the slides with DW 3 times for 5 min each at RT.
- 2.1.3) Wash the slides with 70% ethanol for 15 min with agitation. Discard 70% ethanol and place the slides on a 65 °C dry block and air-dry for 15 min.
- 2.2) Polylysine coating of multi-well glass slides

Note: Polylysine coating of slide glass is an important step, since it provides the sample adhesion throughout the staining procedure. Poorly coated slide will result in the loss of sample.

- 2.2.2) Dilute the polylysine stock solution to 0.01% (w/v) in distilled water. Add 20  $\mu$ L of the diluted 0.01 % (w/v) polylysine to the wells of a clean glass slide.
- 2.2.3) Incubate the glass slide for 5 min at RT.
- 2.2.4) Place the slides on a 65 °C dry block and air-dry for 1 hour.
- 2.2.5) Store the polylysine slides in the dust free box.

#### 3. Fixation of worms on the slide glass (Figure 1)

#### 3.1) Preparing embryos for FISH

Note: Harvest worms before all the bacterial food is consumed by watching the growth media under microscope. Starvation reduces egg production of adult worms and increases egg hatching. Detailed methods are described in <sup>14,15</sup>.

- 3.1.1) Grow the worms in 50 mm petri-dish according to standard methods<sup>14</sup>.
- 3.1.2) After all the bacterial food is consumed, cut the agar media in quarter with spatula. Sterilize

the spatula before cutting to prevent contamination.

- 3.1.3) Put all the piece of agar on the 100 mm nematode growth media (NGM) plate. Turn the agar piece upside down for the worms to reach the fresh bacterial food.
- 3.1.4) After 48 to 72 hr, collect the worms with M9 buffer. Add 3-5 mL of M9 buffer on the NGM plate. Pipette M9 buffer on the surface of NGM to wash the worms.
- 3.1.5) Collect the liquid with worms and add to a 15 mL tube.

Note: If there is agar debris after harvest, centrifuge the worms in a 30% sucrose solution. While debris are pelleted, worms float on the surface.

3.1.6) Add M9 buffer to make up the volume to 15 mL. Pellet the worms by centrifugation at 300 x g for 3 min and remove most of the M9 buffer. Repeat this step 2 more times.

Note: If the worms are still floating after centrifugation, set the brake level of the centrifuge to value =1.

- 3.1.7) Aspirate M9 buffer. Add bleaching solution to the worms. Per 0.5 mL of worms, add 7.5 mL of DW, 2 mL of hypochlorite, 1 mL of 5M KOH.
- 3.1.8) Incubate the worms with rocking at RT for 3 min at 50 rpm. Vortex worms for 15 seconds to mechanically shear the worms and expose the eggs.
- 3.1.9) Observe the tube under a dissection microscope during bleaching. Make sure that worms are cut in half and eggs are released. When the most of the adult body is dissolved, add M9 buffer to make up the volume to 15 mL.
- 3.1.10) Centrifuge at 300 x g for 3 min. Aspirate most of the M9 and add fresh M9 buffer to make up the volume to 15 mL. Repeat wash step 3 times.

Note: Avoid using excessive amount of worms, as they hinder the bleaching process. Keep the overall reaction time less than 8 minutes until the wash. Over-bleached eggs produce strong autofluorescence.

3.1.11) Add phosphate buffered saline with polysorbate-20 (PBST) up to 200 µL and 200 µL of 4% paraformaldehyde (PFA) to make 2% PFA.

Caution: Since PFA is carcinogenic, wear protective clothing, gloves and eye shield before using PFA.

- 3.1.12) Add 40 µL of the eggs in 2% PFA onto the well of polylysine coated slide.
- 3.1.13) Place the slides in a humid chamber and incubate for 15 min at RT. Close the humid chamber right after the slides are placed inside.

Note: The eggs settle to the bottom of slide while being fixed.

- 3.2) Preparing dissected gonads for FISH
- 3.2.1) Harvest adult worms grown on 50 mm NGM plate by pipetting 1 mL of M9 buffer. Harvest worms before bacterial food is depleted.
- 3.2.2) Wash the worms from any bacteria with M9 buffer, 2 times. Note: Residual bacteria may interfere with the dissected gonads from sticking to polylysine coated slides.
- 3.2.3) Pellet the worms by centrifugation at 300 x g. Remove M9 and transfer the worms to the empty NGM plate by micropipette.
- 3.2.4) Add 30 µL of M9 buffer containing 2 mM levamisole on a well of polylysine treated slide.
- 3.2.5) Add 500  $\mu$ L of M9 buffer to a 1 mL tube. Use this buffer to transfer the worms by mouth pipette.
- 3.2.6) Fill the tip of the mouth pipette with M9 buffer by placing a capillary in the 1 mL tube containing the M9 buffer.
- 3.2.7) Under dissecting microscope, put the tip of mouth pipette just in front of the head of adult worm and drag mouth pipette so that the head of worms enters the mouth pipette. Once the head of worms enters the tip, the entire body of worm will be drawn into the tip.
- 3.2.8) Transfer the worms to the polylysine coated slide using mouth pipette.
- 3.2.9) Using a razor, cut off the head or the tip of the tail of worms on the slide. When the worm is cut, the gonads will pop out. Gonads will stick to the slides.
- 3.2.9.1) Prepare at least 30 worms in one well. More wells can be used for another 30 worms.
- 3.2.10) Put the slide in the humid chamber and aspirate off the M9 buffer with mouth pipette.
- 3.2.11) Fix the sample by adding 20 µL of 2% PFA at RT for 15 min in the humid chamber.

#### 4. Fixation and Permeabilization

- 4.1) Place an aluminum block on dry ice and store it in a deep freezer (-80 °C). Store methanol and acetone in -20 °C.
- 4.2) After PFA fixation step 3.1.15 or 3.2.11, remove fixative using micropipette leaving  $\sim$ 5  $\mu$ L of the fixative.
- 4.3) Put another polylysine coated slide on the sample slide. Remove the fixative with paper towel if the solution is excessive. Do not move the slides once they are stuck together.
- 4.4) Freeze the slides on the aluminum block for at least 15 min.

Note: The samples can be stored for at least 2-3 days.

- 4.5) While the slides are being frozen, put the jars containing cold methanol and acetone on ice.
- 4.6) Take the slides out and twist them to freeze-crack the sample. Discard the upper slide. Immediately soak the slide into the ice-cold methanol for 5 min.
- 4.7) Transfer the slides to ice-cold acetone for 5 min.
- 4.8) Wash the slides 3 times with PBST for 5 min to remove residual fixative. Proceed to the next step or store the slides in 100% ethanol at 4 °C.

Note: The samples can be stored for at least 2-3 days.

#### 5. Hybridization of fixed cells

- 5.1) Add 20 µL of RNase solution (PBST containing 10 µg/mL RNase A). Incubate the slide in the humid chamber at 37 °C for 1 hour.
- 5.2) Wash the slide twice in 2X saline and sodium citrate with polysorbate-20 (2X SSCT) for 15 minutes each.
- 5.3) Add 20 µL of hybridization solution and put the humid chamber in the 37 °C incubator. After 1 hour, remove the hybridization solution by pipetting.
- 5.4) Before removing hybridization solution, prepare the probe. If the probe is double stranded DNA, denature the probes by heating at 95 °C for 5 min on a dry block. After heating, cool the probe on ice briefly.
- 5.5) Add 10 µL of hybridization solution containing probes to the sample. For PNA probe, use concentration at a ratio of 1: 2000 and for dig-labeled probe, use concentration at a ratio of 1:200. Cover the sample with cover glass.
- 5.6) Put a paper towel soaked with water on the heat block (80 °C). Put a plastic box cover on the heat block to preserve the humidity and temperature.
- 5.7) After the temperature of the heat block has stabilized (to 80 °C), place the sample slide on the heated paper towel and cover the samples with the plastic box cover. Denature the sample for 3 min.
- 5.8) Incubate the slides in a humid chamber overnight at 37 °C.

#### 6. Washes and immunofluorescence

- 6.1) Warm up the hybridization wash solution (2X SSC, 50% formamide) to 37 °C.
- 6.2) Wash the sample in the PBST twice at RT for 5 min. Remove the cover glass.
- 6.3) Wash the sample in hybridization wash solution at 37 °C for 30 min.

- 6.4) Wash the sample slide in PBST 3 times at RT. Note: Perform all the subsequent steps in humid chamber at RT.
- 6.5) Add 20 µL of blocking solution and incubate for 1 hour at RT in the humid chamber.
- 6.6) Remove blocking solution and add FITC conjugated anti-digoxigenin antibody solution (1:200) for 3 hour at RT or overnight at 4 °C.

#### 7. Mounting and observation

- 7.1) Wash the sample slide with PBST 2 times for 15 minutes each.
- 7.2) Add 10 µL of mounting solution with DAPI. Put the cover glass and press gently. Remove any excess solution with a paper towel.
- 7.3) To prevent evaporation of mounting solution, seal the edges of the cover glass with nail polish.
- 7.4) Observe under confocal microscope. Exclude embryos with high background. Focus on a field with 4 20 nuclei.
- 7.5) Take images according to manufacturer's instruction with 100X objective lens. Note: Excite sample with 405 nm laser for DAPI, with 555 nm laser for cy3, with 488 nm laser for FITC.

#### 8. Quantification of telomere signal

Note: Quantification was done as described previously<sup>16</sup>. All the images that are to be compared should be taken with same setting including exposure time and light source.

- 8.1) Export the image in .tif format.
- 8.2) Download and install the image analysis software.
- 8.3) Execute the image analysis software and click agree button.
- 8.4) Click open button. Open the images with telomere FISH by double-clicking the image file.
- 8.5) Click [edit] [select processing region], select region of interest by left-click and dragging. Exclude all the non-specific staining.
- 8.6) Click [measure] [spot optical densities], select the channel with telomere signal and enter the file name to save the results in .txt file.

Note: The column of results are in the following order: Fluorescence of spot, background intensity of spot and area of spot.

8.7) Copy the values and subtract background intensity of spot from fluorescence of spot. The values can now be statistically analyzed.

#### **REPRESENTATIVE RESULTS:**

It was previously reported that ALT survivor can emerge from telomerase-deficient mutant, *trt-1(ok410)*, in low frequency by replicating internally localized 'Template of ALT' (TALT) sequences for telomere maintenance<sup>2</sup>. Using PNA probe, we were able to visualize telomeres in the dissected gonads (Figure 2A). The faint telomere signal was detected both in *trt-1(ok410)* and ALT survivor. The fuzzy signal was overlapped only with DAPI, suggesting that they may not be autofluorescence. Interstitial telomere-like repeat (ITR) is consistently observed in TRF assay in the study of *C. elegans* telomere<sup>4,10</sup>. Considering high specificity of PNA probe, they are likely to be the ITR dispersed throughout the genome.

The number of telomere spots was approximately 9 per pachytene nucleus in *trt-1* (*ok410*). In the previous study, 12 foci was observed by POT-1::mCherry protein, which binds to single stranded telomere DNA<sup>10</sup>. Maximum of 24 foci per nucleus was observed in the wild type embryos<sup>17</sup>. The result suggest that mCherry reporter method is better for the experiment where the number of telomeres should be counted. However PNA FISH is able to detect double-stranded telomere DNA as well as single-stranded telomere DNA in proportion with the telomere length. In contrast, the number of telomere spots was approximately 7 in ALT survivor, which have fused chromosomes (N=3)<sup>2</sup>. This result is consistent with the prediction that telomere spots would be 6 in ALT survivor. We concluded that the signal intensity of ALT survivor was sufficient to be observed.

Telomere signal was colocalized with TALT1 in the ALT survivor, suggesting that TALT1 is used as copy template for telomere in the absence of telomerase (Figure 3). Telomere signal of ALT survivors increased compared to that of parental *trt-1(ok410)* mutant, indicating that telomere is robustly maintained in ALT survivors without telomerase (Figure 4). The signal of PNA probe was greater than that of digoxigenin-labeled probe (Figure 4). Designing probes with PNA oligomer might result in stronger signal than digoxigenin-labeling.

#### Figure Legends:

**Figure 1: Overview of FISH experiment.** Eggs are harvested by bleaching adult worms and fixed in 2% PFA on a polylysine-coated slide. Samples are freeze-cracked and permeabilized with methanol and acetone for probe penetration. Probes are added to the sample and hybridized overnight at 37 °C. Digoxigenin-labeled probe is detected by immunofluorescence. The samples are imaged and then quantified by the image analysis software.

**Figure 2: Telomere FISH in the dissected gonads.** (A). Telomere (red) was detected by cy3-PNA-(TTAGGC)<sub>3</sub> in the distal tip of gonads (arrowhead). The intensity of ALT survivor is greater than that of trt-1(ok410). Z-stack image was rendered with maximum projection. Nuclei indicated by white arrow is blown-up on the upper right corner. Scale bar, 10  $\mu$ m. (B) Number of telomere spots per nucleus in pachytene stage was measured by visual inspection. N = 50. Error bars, SEM.

Figure 3: Telomere and TALT1 FISH in the embryos. A representative image of telomere (red) and TALT1 (green) FISH. Telomere and TALT1 probe were hybridized to embryos simultaneously. DNA was counterstained with DAPI (blue). Scale bar, 10 µm.

**Figure 4: Quantification of FISH data.** Telomere and TALT1 intensity from Figure 3 were quantified in the image analysis software (a gift from Dr. Peter Lansdorp). Each spot was quantified with threshold level over 15 to exclude non-specific background. T-test was used for

evaluating statistical significance. (\*p < 0.001). Error bars, SEM.

#### **DISCUSSION:**

The main advantage of our protocol is the simplicity of the procedure without noticeable damage to the morphology of cellular structure. Several steps were optimized for *C. elegans* FISH in this protocol. The critical steps for successful FISH include labeling of probes, fixation of embryos and penetration. Digoxigenin-dUTP labeling method provides an easy-to-use labeling method by PCR or nick-translation. To label long target sequence, nick-translation is preferred. In this case, the probes should be digested with appropriate restriction enzyme to facilitate the penetration of probes. Biotin-dUTP tag is not recommended because biotin-labeled probes produced excess amount of background signal from the cytoplasm. Although endogenous biotin blocking reagent is commercially available, it was not attempted.

This protocol uses isolated embryos to increase the density of cells for efficient quantification. Intestinal nuclei of *C. elegans* are large in size and are polyploid, which contribute excessive number and intensity of telomere spots compared to the rest of somatic nuclei. For this reason, whole worm is not suitable for quantification of telomeres in *C. elegans*. In contrast, embryos are appropriate for evaluation of telomere length as they provide homogeneous cells without effect of polyploidy.

This protocol uses 2% PFA fixative that worked fine for telomere FISH. Although glutaraldehyde is reported to result in a lower background signal and harder fixation in RNA *in situ* hybridization, glutaraldehyde increased autofluorescence significantly<sup>18</sup>. This excess background was not abolished after treatment of sodium borohydride, which reduces unreacted aldehyde group. For this reason, glutaraldehyde was not used. If the signal-to-noise ratio is low, time of prehybridization can be extended up to several hours to block non-specific binding sites. In addition, time of stringent washing can be increased to decrease background level.

Staining technique in *C. elegans* can be a challenge for proper permeabilization treatment. *C. elegans* contains thick cuticular exoskeleton which inhibits penetration of antibodies and probes. Traditional antibody staining method involves the treatment of collagenase, which requires much time and optimization process. The enzymatic penetration method also damages the morphology of the worms in exchange of penetration efficiency. Freeze-crack and methanol-acetone treatment was used to facilitate probe penetration. Freeze-crack is simple and rapid compared to chitinase or yatalase treatment<sup>19</sup>. Dehydration or rehydration of methanol series did not seem to affect the quality of FISH. These steps were simplified in this protocol. Although it was reported that proteinase K digestion was required for RNA *in situ* hybridization<sup>19</sup>, obvious difference was not observed between telomere FISH results with and without proteinase K treatment. In addition, freeze-cracking of embryos provided an easy-to-use method for visualizing many cells simultaneously on a single focal plane for large quantitative analysis.

By using PNA probe, telomere signal was significantly increased compared with that obtained with a DNA probe. This might be due to higher binding affinity for its complementary target and its smaller size (3 repeat compared to 4 repeat). Fluorescently labeled PNA probe also directly binds to its target, minimizing subsequent steps. Strong affinity maintained in the following immunofluorescence steps makes the post-fixation unnecessary, which can avoid background

noise.

However, some limitations exist in this technique. One is that the permeabilization step slightly damages the morphology at the cost of efficient probe penetration. Treatment of gonads and embryos with methanol and acetone distorted circularity of nuclei compared to untreated control. For experiments that require perfectly preserved morphology, different permeabilization method should be attempted. Another is that the telomere signal is quantified in arbitrary units. This is mainly due to variations among independent experiments. Ribosomal DNA may be considered as an internal control to normalize each sample. More useful methods can be found in reference <sup>20</sup>.

A simple telomere FISH protocol is described here, which requires minimum steps. Many steps are reduced for analysis of large amount of embryos. However, further modification can be made for stronger signal, such as chitinase treatment for penetration, and other innovative trials. In combination with cell culture method, super-resolution imaging may be possible. This protocol may help to discover the novel telomere maintenance mechanism in *C. elegans*.

#### **ACKNOWLEDGMENTS:**

Mutant worm strains were kindly provided by the Caenorhabditis Genetics Center. This research was supported by a grant of the Korea Health Technology R&D Project through the Korea Health Industry Development Institute (KHIDI), funded by the Ministry of Health & Welfare, Republic of Korea (grant number: HI14C1277).

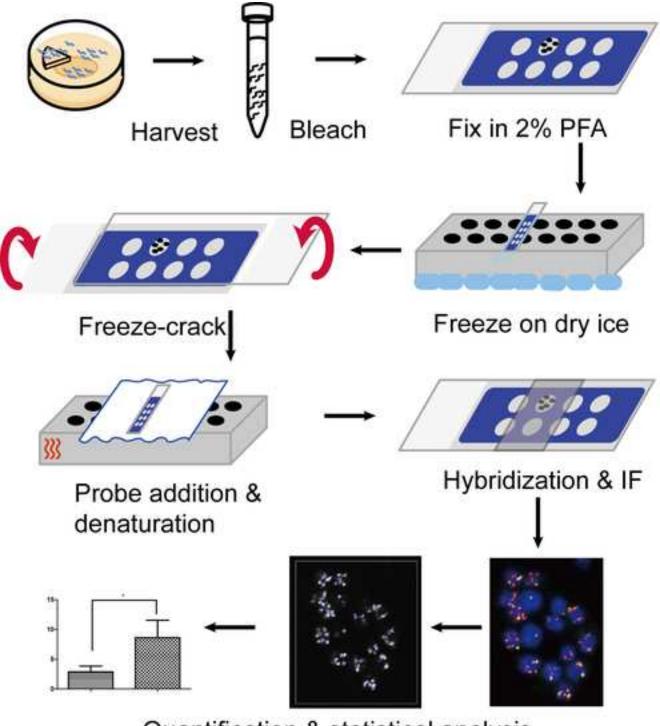
#### **DISCLOSURES:**

The authors have nothing to disclose.

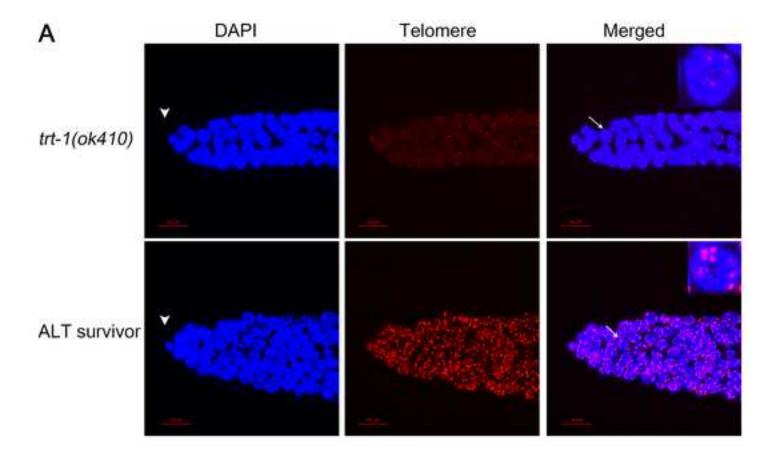
#### **REFERENCES:**

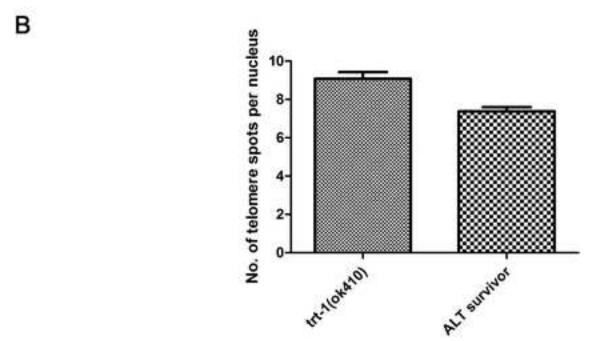
- 1 Reddel, R. R., Bryan, T. M. & Murnane, J. P. Immortalized cells with no detectable telomerase activity. A review. *Biochemistry-Moscow+* **62**, 1254-1262 (1997).
- Seo, B. *et al.* Telomere maintenance through recruitment of internal genomic regions. *Nat Commun* **6**, 8189, doi:10.1038/ncomms9189 (2015).
- 3 Cesare, A. J. & Reddel, R. R. Alternative lengthening of telomeres: models, mechanisms and implications. *Nat Rev Genet* **11**, 319-330, doi:10.1038/nrg2763 (2010).
- 4 Meier, B. *et al.* trt-1 is the Caenorhabditis elegans catalytic subunit of telomerase. *Plos Genetics* **2**, 187-197, doi:ARTN e1810.1371/journal.pgen.0020018 (2006).
- 5 Cawthon, R. M. Telomere measurement by quantitative PCR. *Nucleic Acids Res* **30**, e47 (2002).
- Raices, M., Maruyama, H., Dillin, A. & Karlseder, J. Uncoupling of longevity and telomere length in C. elegans. *PLoS Genet* **1**, e30, doi:10.1371/journal.pgen.0010030 (2005).
- Southern, E. M. Detection of Specific Sequences among DNA Fragments Separated by Gel-Electrophoresis. *Journal of Molecular Biology* **98**, 503-&, doi:Doi 10.1016/S0022-2836(75)80083-0 (1975).
- 8 Lee, M. *et al.* Telomere extension by telomerase and ALT generates variant repeats by mechanistically distinct processes. *Nucleic Acids Res* **42**, 1733-1746, doi:10.1093/nar/gkt1117 (2014).
- 9 Cheung, I. *et al.* Strain-specific telomere length revealed by single telomere length analysis in Caenorhabditis elegans. *Nucleic Acids Res* **32**, 3383-3391, doi:10.1093/nar/gkh661 (2004).

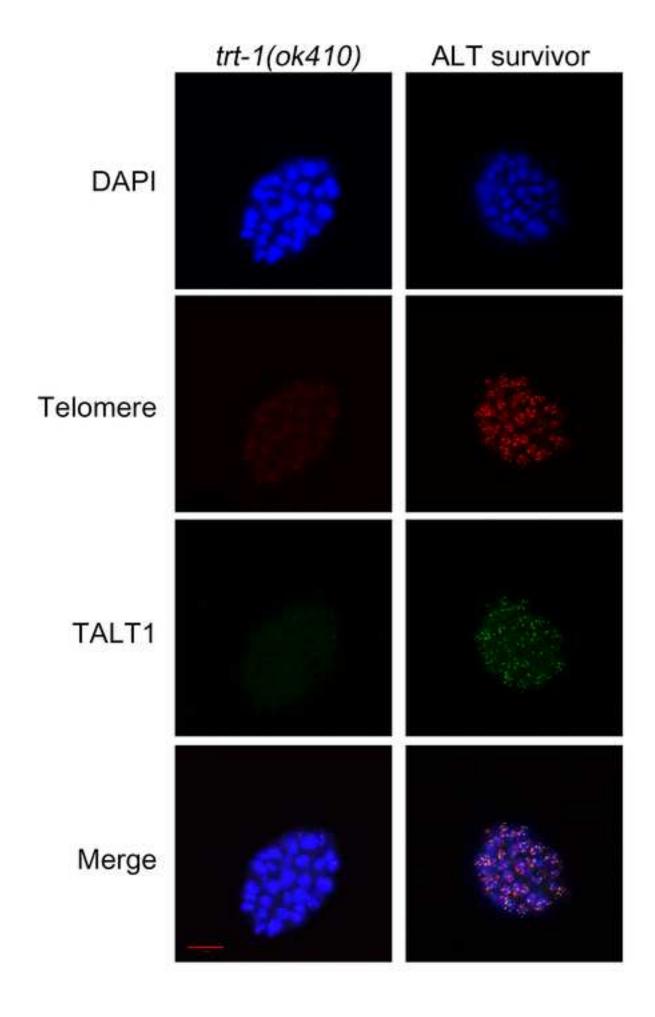
- Shtessel, L. *et al.* Caenorhabditis elegans POT-1 and POT-2 repress telomere maintenance pathways. *G3* (*Bethesda*) **3**, 305-313, doi:10.1534/g3.112.004440 (2013).
- Duerr, J. Immunohistochemistry. WormBook (The C. elegans Research Community). *WormBook*, doi:doi/10.1895/wormbook.1.105.1 (2006).
- Phillips, C. M., McDonald, K. L. & Dernburg, A. F. in *Meiosis* 171-195 (Springer, 2009).
- Emanuel, J. R. Simple and efficient system for synthesis of non-radioactive nucleic acid hybridization probes using PCR. *Nucleic acids research* **19**, 2790 (1991).
- 14 Stiernagle, T. Maintenance of C. elegans. *WormBook*, 1-11, doi:10.1895/wormbook.1.101.1 (2006).
- Porta-de-la-Riva, M., Fontrodona, L., Villanueva, A. & Ceron, J. Basic Caenorhabditis elegans methods: synchronization and observation. *J Vis Exp* **81**, e4019, doi:10.3791/4019 (2012).
- 16 Poon, S. S. S., Martens, U. M., Ward, R. K. & Lansdorp, P. M. Telomere length measurements using digital fluorescence microscopy. *Cytometry* **36**, 267-278, doi:Doi 10.1002/(Sici)1097-0320(19990801)36:4<267::Aid-Cyto1>3.0.Co;2-O (1999).
- Ferreira, H. C., Towbin, B. D., Jegou, T. & Gasser, S. M. The shelterin protein POT-1 anchors Caenorhabditis elegans telomeres through SUN-1 at the nuclear periphery. *J Cell Biol* **203**, 727-735, doi:10.1083/jcb.201307181 (2013).
- Lee, M. H. & Schedl, T. RNA in situ hybridization of dissected gonads. *WormBook*, 1-7, doi:10.1895/wormbook.1.107.1 (2006).
- Tabara, H., Motohashi, T. & Kohara, Y. A multi-well version of in situ hybridization on whole mount embryos of Caenorhabditis elegans. *Nucleic Acids Res* **24**, 2119-2124, doi:doi: 10.1093/nar/24.11.2119 (1996).
- Poon, S. S. & Lansdorp, P. M. Quantitative fluorescence in situ hybridization (Q-FISH). *Curr Protoc Cell Biol* **Chapter 18**, Unit 18 14, doi:10.1002/0471143030.cb1804s12 (2001).

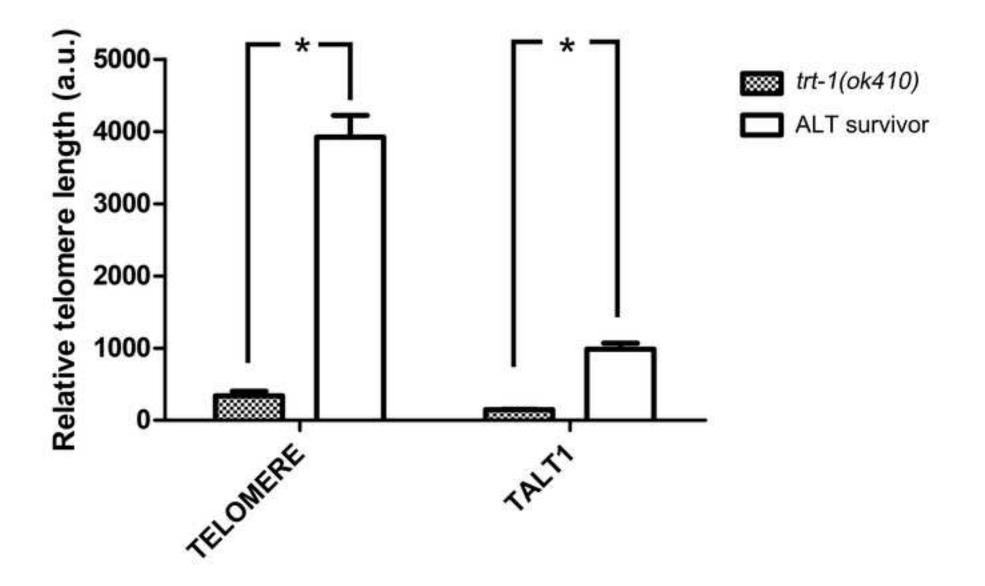


Quantification & statistical analysis









Name of Material/ Equipment PNA probe	<b>Company</b> PANAGENE	Catalog Number custom order	Comments/Description		
Anti-Digoxigenin-Fluorescein, Fab					
fragments	Roche	11207741910	use 1:200 diluted in PBST		
Digoxigenin-dUTP	Roche	11573152910			
Bovine serum albumin	SIGMA-ALDRICH	A-7906			
Paraformaldehyde Vectashield	SIGMA-ALDRICH Vector Laboratories	P-6148 H-1200	prepare 4% paraformaldehyde by heating in DW with few drops of NaOH. add 0.1 volume of 10x PBS.		
Hybridizaiton solution			3X SSC, 50% formamide, 10% (w/v) dextran sulfate, 50 ug/ml heparin, 100 ug/ml yeast tRNA, 100ug/ml sonicated salmon sperm DNA		
Hybridizaiton wash solution			2X SSC, 50% formamide		
Formamide	BIONEER	C-9012	toxic		
Methanol	Carlo Erba				
Acetone	Carlo Erba		1 . 10 / 1 1		
Heparin	SIGMA-ALDRICH	H3393	make 10 mg/ml for stock solution		
Dextran sulfate	SIGMA-ALDRICH	67578			
10X PBS PBST			For 1 Liter DW : 80 g NaCl, 2.0 g KCl, 27 g Na <sub>2</sub> HPO <sub>4</sub> :7H <sub>2</sub> O, 2.4 g KH <sub>2</sub> PO 1X PBS, 0.1% tween-20		
Polysorbate 20	SIGMA-ALDRICH	P-2287	Commercial name is Tween-20		
Poly-L-Lysine solution (0.1 % w/v)	SIGMA-ALDRICH	P-8920	prepare fresh 0.01 % w/v solution before use 3 g KH2PO4, 6 g Na2HPO4, 5 g NaCl, 1 ml 1 M MgSO4, H2O		
M9			to 1 L		

Bleaching solution			20% sodium hypochlorite, 0.5 M KOH 1X PBST, 1mM EDTA, 0.1% BSA, 0.05% Sodium azide
Antibody buffer			(toxic) Antibody buffer with 5% bovine
Blocking solution			serum albumin (BSA)
illustra Microspin G-50	GE healthcare	27-53310-01	T 11. 175.2 (N. C)
20X SSC			To make 1L, 175.3 g of NaCl, 88.2 g of sodium citrate, H2O to 1 L, adjust pH to 7.0
2X SSCT			2X SSC, 0.1 % tween-20 1 mM dATP, 1 mM dGTP, 1 mM dCTP, 0.65mM dTTP,
10x digoxigenin-dUTP mix			0.35mM DIG-11-dUTP
PCR purification columns	Cosmo genetech	CMR0112	
Glass cleaner / ULTRA CLEAN	Dukssan pure chemicals	8AV721	
Multi-well glass slide	MP biomedicals	96041205	to make LL 3 g of NoCL E/ g
			to make 1 L, 3 g of NaCl, 1/ g of agar, 2.5 g of peptone, H2O to 974 mL. Autoclave and cool the flask. Add 1 mL of 1M CaCl2, 1 ml of 4 mg/mL cholesterol in ethanol, 1 ml of 1 M MgSO4, 25 mL of 1 M
Nematode growth media	CICMA AI DDICH	106142	KPO4.
Levamisole Razor	SIGMA-ALDRICH Feather	196142 blade No. 11	
Rnase A	Enzynomics	blade No. 11	
BSA	SIGMA-ALDRICH	A7906	
Equipments			EC Plan-Neofluar 100x was
Confocal microsope	Zeiss	LSM 510	used as objective lens.
Dry block / aluminum block	Labtech	LBH-T03	Set temperature to 80°C Plastic box filled with paper
Humid chamber			towel soaked in DW

http://www.flintbox.com/public/project/502

Dr. Peter Landsdorp

TFL-telo

Image Analysis Software



1 Alewife Center #200 Cambridge, MA 02140 tel. 617.945.9051 www.jove.com

## ARTICLE AND VIDEO LICENSE AGREEMENT

Title of Article:	Observation and quantification of telomere and repetitive sequences using fluorescence in situ hybridization (FISH) with PNA probes in C. elegans
Author(s):	Beomseok Seo, Junho Lee
Item 1 (check one http://www.	box): The Author elects to have the Materials be made available (as described at jove.com/publish) via: Standard Access Open Access
Item 2 (check one bo	x):
The Aut	nor is NOT a United States government employee.  thor is a United States government employee and the Materials were prepared in the or her duties as a United States government employee.
	nor is a United States government employee but the Materials were NOT prepared in the or her duties as a United States government employee.

#### ARTICLE AND VIDEO LICENSE AGREEMENT

- 1. Defined Terms. As used in this Article and Video License Agreement, the following terms shall have the following meanings: "Agreement" means this Article and Video License Agreement; "Article" means the article specified on the last page of this Agreement, including any associated materials such as texts, figures, tables, artwork, abstracts, or summaries contained therein; "Author" means the author who is a signatory to this Agreement; "Collective Work" means a work, such as a periodical issue, anthology or encyclopedia, in which the Materials in their entirety in unmodified form, along with a number of other contributions, constituting separate and independent works in themselves, are assembled into a collective whole; "CRC License" means the Creative Commons Attribution-Non Commercial-No Derivs 3.0 Unported Agreement, the terms and conditions of which can be found http://creativecommons.org/licenses/by-ncnd/3.0/legalcode; "Derivative Work" means a work based upon the Materials or upon the Materials and other preexisting works, such as a translation, musical arrangement, dramatization, fictionalization, motion picture version, sound recording, art reproduction, abridgment, condensation, or any other form in which the Materials may be recast, transformed, or adapted: "Institution" means the institution, listed on the last page of this Agreement, by which the Author was employed at the time of the creation of the Materials; "JoVE" means MyJove Corporation, a Massachusetts corporation and the publisher of The Journal of Visualized Experiments; "Materials" means the Article and / or the Video; "Parties" means the Author and JoVE; "Video" means any video(s) made by the Author, alone or in conjunction with any other parties, or by JoVE or its affiliates or agents, individually or in collaboration with the Author or any other parties, incorporating all or any portion of the Article, and in which the Author may or may not appear.
- 2. <u>Background</u>. The Author, who is the author of the Article, in order to ensure the dissemination and protection of the Article, desires to have the JoVE publish the Article and create and transmit videos based on the Article. In furtherance of such goals, the Parties desire to memorialize in this Agreement the respective rights of each Party in and to the Article and the Video.
- 3. Grant of Rights in Article. In consideration of JoVE agreeing to publish the Article, the Author hereby grants to JoVE, subject to Sections 4 and 7 below, the exclusive, royalty-free, perpetual (for the full term of copyright in the Article, including any extensions thereto) license (a) to publish, reproduce, distribute, display and store the Article in all forms, formats and media whether now known or hereafter developed (including without limitation in print, digital and electronic form) throughout the world, (b) to translate the Article into other languages, create adaptations, summaries or extracts of the Article or other Derivative Works (including, without limitation, the Video) or Collective Works based on all or any portion of the Article and exercise all of the rights set forth in (a) above in such translations, adaptations, summaries, extracts, Derivative Works or Collective Works and (c) to license others to do any or all of the above. The foregoing rights may be exercised in all media and formats, whether now known or hereafter devised, and include the right to make such modifications as are technically necessary to exercise the rights in other media and formats. If the "Open Access" box has been checked in Item 1 above, JoVE and the Author hereby grant to the public all such rights in the Article as provided in, but subject to all limitations and requirements set forth in, the CRC License.



1 Alewife Center #200 Cambridge, MA 02140 tel. 617.945.9051 www.jove.com

#### ARTICLE AND VIDEO LICENSE AGREEMENT

- 4. Retention of Rights in Article. Notwithstanding the exclusive license granted to JoVE in **Section 3** above, the Author shall, with respect to the Article, retain the non-exclusive right to use all or part of the Article for the non-commercial purpose of giving lectures, presentations or teaching classes, and to post a copy of the Article on the Institution's website or the Author's personal website, in each case provided that a link to the Article on the JoVE website is provided and notice of JoVE's copyright in the Article is included. All non-copyright intellectual property rights in and to the Article, such as patent rights, shall remain with the Author.
- 5. <u>Grant of Rights in Video Standard Access</u>. This **Section 5** applies if the "Standard Access" box has been checked in **Item 1** above or if no box has been checked in **Item 1** above. In consideration of JoVE agreeing to produce, display or otherwise assist with the Video, the Author hereby acknowledges and agrees that, Subject to **Section 7** below, JoVE is and shall be the sole and exclusive owner of all rights of any nature, including, without limitation, all copyrights, in and to the Video. To the extent that, by law, the Author is deemed, now or at any time in the future, to have any rights of any nature in or to the Video, the Author hereby disclaims all such rights and transfers all such rights to JoVE.
- 6. Grant of Rights in Video Open Access. This Section 6 applies only if the "Open Access" box has been checked in Item 1 above. In consideration of JoVE agreeing to produce, display or otherwise assist with the Video, the Author hereby grants to JoVE, subject to Section 7 below, the exclusive, royalty-free, perpetual (for the full term of copyright in the Article, including any extensions thereto) license (a) to publish, reproduce, distribute, display and store the Video in all forms, formats and media whether now known or hereafter developed (including without limitation in print, digital and electronic form) throughout the world, (b) to translate the Video into other languages, create adaptations, summaries or extracts of the Video or other Derivative Works or Collective Works based on all or any portion of the Video and exercise all of the rights set forth in (a) above in such translations, adaptations, summaries, extracts, Derivative Works or Collective Works and (c) to license others to do any or all of the above. The foregoing rights may be exercised in all media and formats, whether now known or hereafter devised, and include the right to make such modifications as are technically necessary to exercise the rights in other media and formats. For any Video to which this Section 6 is applicable, JoVE and the Author hereby grant to the public all such rights in the Video as provided in, but subject to all limitations and requirements set forth in, the CRC License.
- 7. <u>Government Employees</u>. If the Author is a United States government employee and the Article was prepared in the course of his or her duties as a United States government employee, as indicated in **Item 2** above, and any of the licenses or grants granted by the Author hereunder exceed the scope of the 17 U.S.C. 403, then the rights granted hereunder shall be limited to the maximum rights permitted under such

- statute. In such case, all provisions contained herein that are not in conflict with such statute shall remain in full force and effect, and all provisions contained herein that do so conflict shall be deemed to be amended so as to provide to JoVE the maximum rights permissible within such statute.
- 8. <u>Likeness, Privacy, Personality</u>. The Author hereby grants JoVE the right to use the Author's name, voice, likeness, picture, photograph, image, biography and performance in any way, commercial or otherwise, in connection with the Materials and the sale, promotion and distribution thereof. The Author hereby waives any and all rights he or she may have, relating to his or her appearance in the Video or otherwise relating to the Materials, under all applicable privacy, likeness, personality or similar laws.
- 9. Author Warranties. The Author represents and warrants that the Article is original, that it has not been published, that the copyright interest is owned by the Author (or, if more than one author is listed at the beginning of this Agreement, by such authors collectively) and has not been assigned, licensed, or otherwise transferred to any other party. The Author represents and warrants that the author(s) listed at the top of this Agreement are the only authors of the Materials. If more than one author is listed at the top of this Agreement and if any such author has not entered into a separate Article and Video License Agreement with JoVE relating to the Materials, the Author represents and warrants that the Author has been authorized by each of the other such authors to execute this Agreement on his or her behalf and to bind him or her with respect to the terms of this Agreement as if each of them had been a party hereto as an Author. The Author warrants that the use, reproduction, distribution, public or private performance or display, and/or modification of all or any portion of the Materials does not and will not violate, infringe and/or misappropriate the patent, trademark, intellectual property or other rights of any third party. The Author represents and warrants that it has and will continue to comply with all government, institutional and other regulations, including, without limitation all institutional, laboratory, hospital, ethical, human and animal treatment, privacy, and all other rules, regulations, laws, procedures or guidelines, applicable to the Materials, and that all research involving human and animal subjects has been approved by the Author's relevant institutional review board.
- 10. JoVE Discretion. If the Author requests the assistance of JoVE in producing the Video in the Author's facility, the Author shall ensure that the presence of JoVE employees, agents or independent contractors is in accordance with the relevant regulations of the Author's institution. If more than one author is listed at the beginning of this Agreement, JoVE may, in its sole discretion, elect not take any action with respect to the Article until such time as it has received complete, executed Article and Video License Agreements from each such author. JoVE reserves the right, in its absolute and sole discretion and without giving any reason therefore, to accept or decline any work submitted to JoVE. JoVE and its employees, agents and independent contractors shall have



1 Alewife Center #200 Cambridge, MA 02140 tel. 617.945.9051 www.jove.com

## ARTICLE AND VIDEO LICENSE AGREEMENT

full, unfettered access to the facilities of the Author or of the Author's institution as necessary to make the Video, whether actually published or not. JoVE has sole discretion as to the method of making and publishing the Materials, including, without limitation, to all decisions regarding editing, lighting, filming, timing of publication, if any, length, quality, content and the like.

11. Indemnification. The Author agrees to indemnify JoVE and/or its successors and assigns from and against any and all claims, costs, and expenses, including attorney's fees, arising out of any breach of any warranty or other representations contained herein. The Author further agrees to indemnify and hold harmless JoVE from and against any and all claims, costs, and expenses, including attorney's fees, resulting from the breach by the Author of any representation or warranty contained herein or from allegations or instances of violation of intellectual property rights, damage to the Author's or the Author's institution's facilities, fraud, libel, defamation, research, equipment, experiments, property damage, personal injury, violations of institutional, laboratory, hospital, ethical, human and animal treatment, privacy or other rules, regulations, laws, procedures or guidelines, liabilities and other losses or damages related in any way to the submission of work to JoVE, making of videos by JoVE, or publication in JoVE or elsewhere by JoVE. The Author shall be responsible for, and shall hold JoVE harmless from, damages caused by lack of sterilization, lack of cleanliness or by contamination due to the making of a video by JoVE its employees, agents or independent contractors. All sterilization, cleanliness or decontamination procedures shall be solely the responsibility of the Author and shall be undertaken at the Author's

expense. All indemnifications provided herein shall include JoVE's attorney's fees and costs related to said losses or damages. Such indemnification and holding harmless shall include such losses or damages incurred by, or in connection with, acts or omissions of JoVE, its employees, agents or independent contractors.

- 12. Fees. To cover the cost incurred for publication, JoVE must receive payment before production and publication the Materials. Payment is due in 21 days of invoice. Should the Materials not be published due to an editorial or production decision, these funds will be returned to the Author. Withdrawal by the Author of any submitted Materials after final peer review approval will result in a US\$1,200 fee to cover pre-production expenses incurred by JoVE. If payment is not received by the completion of filming, production and publication of the Materials will be suspended until payment is received.
- 13. <u>Transfer, Governing Law.</u> This Agreement may be assigned by JoVE and shall inure to the benefits of any of JoVE's successors and assignees. This Agreement shall be governed and construed by the internal laws of the Commonwealth of Massachusetts without giving effect to any conflict of law provision thereunder. This Agreement may be executed in counterparts, each of which shall be deemed an original, but all of which together shall be deemed to me one and the same agreement. A signed copy of this Agreement delivered by facsimile, e-mail or other means of electronic transmission shall be deemed to have the same legal effect as delivery of an original signed copy of this Agreement.

A signed copy of this document must be sent with all new submissions. Only one Agreement required per submission.

#### **CORRESPONDING AUTHOR:**

Name:

Department:

Institution:

Article Title:

Junho Lee

Dept. Biological Sciences and Dept. Biophysics and Chemical Biology

Institute of Molecular Biology and Genetics (IMBG), Seoul National University

Observation and quantification of telomere and repetitive sequences using fluorescence in situ hybridization (FISH) with PNA probes in C. elegans

Oct. 13th 2015

Date:

Please submit a signed and dated copy of this license by one of the following three methods:

- 1) Upload a scanned copy of the document as a pfd on the JoVE submission site;
- 2) Fax the document to +1.866.381.2236;
- 3) Mail the document to JoVE / Attn: JoVE Editorial / 1 Alewife Center #200 / Cambridge, MA 02139

For questions, please email submissions@jove.com or call +1.617.945.9051

#### **Responses to comments**

• The Note starting section 2 should be a step with more details such as concentration/time/temp. Editor adjusted the numbering of protocol section 2 to comply with the JoVE format. Please ensure that all references to particular protocol steps are updated to reflect this change.

We followed the instruction and revised the manuscript accordingly (line 99-115).

• Step 2.1: Please provide the concentration of polylysine used to coat the glass slides. Please provide additional details on how to coat the slides. For e.g., Add xx mL/uL of yy ug/mL polylysine in PBS to the glass slides and incubate for 90 min on a dry block set at 65 C. etc...

We added details in the revision.

• Figure 2A- Please provide scale bars for the figures in the bottom row.

Scale bar was added.

• Discussion- Lines 343-349 (Limitations): Please copy-edit this paragraph for grammar.

We copy-edited the paragraph.

• The highlighted portion of your protocol is slightly over our 2.75 page highlighting limit. Please adjust the highlighting to identify a total of 2.75 pages of protocol text (which includes sub-headings and spaces) that should be visualized to tell the most cohesive story of your protocol steps. The highlighting should include complete statements and not portions of sentences. Some of your shorter protocol steps can be combined so that individual steps contain 2-3 actions and maximum of 4 sentences per step.

We reduced the highlighted portion of section 2 (line 98-115).