

Journal of Visualized Experiments

Free-form light actuators -fabrication and control of actuation in microscopic scale

--Manuscript Draft--

Manuscript Number:	JoVE53744R2
Full Title:	Free-form light actuators -fabrication and control of actuation in microscopic scale
Article Type:	Invited Methods Article - JoVE Produced Video
Keywords:	Direct laser writing; liquid crystalline elastomers; liquid crystal alignment; photolithography; 3D fabrication; microactuators; microstructures; smart materials; light driven
Manuscript Classifications:	92.23: Chemistry and Materials (General); 97.70: Physics (General); 97.74: Optics
Corresponding Author:	Diederik Wiersma Universita degli Studi di Firenze Sesto Fiorentino, Firenze ITALY
Corresponding Author Secondary Information:	
Corresponding Author E-Mail:	wiersma@lens.unifi.it
Corresponding Author's Institution:	Universita degli Studi di Firenze
Corresponding Author's Secondary Institution:	
First Author:	Hao Zeng
First Author Secondary Information:	
Other Authors:	Hao Zeng Piotr Wasylczyk Camilla Parmeggiani Daniele Martella
Order of Authors Secondary Information:	
Abstract:	<p>Liquid crystalline elastomers (LCEs) are smart materials capable of reversible shape-change in response to external stimuli, and have attracted researchers' attention in many fields. Most of the studies focused on macroscopic LCE structures (films, fibers) and their miniaturization is still in its infancy. Recently developed lithography techniques, e.g. mask exposure and replica molding only allow for creating 2D structures on LCE thin films. Direct Laser Writing (DLW) opens access to truly 3D fabrication in the microscopic scale. However, controlling the actuation topology and dynamics in the same length scale remains a challenge.</p> <p>In this paper we report on a method to control the liquid crystal (LC) molecular alignment in the LCE microstructures of arbitrary three-dimensional shape. This was made possible by a combination of direct laser writing for both the LCE structures as well as for micrograting patterns inducing local LC alignment. Several types of grating patterns were used to introduce different LC alignment which can be subsequently patterned into the LCE structures. This protocol allows to obtain LCE microstructures with engineered alignments able to perform multiple opto-mechanical actuation, thus being capable of multiple functionalities. Applications can be foreseen in the fields of tunable photonics, micro-robotics, lab-on-chip technology and others.</p>
Author Comments:	All the points from the editor were addressed in the text in revision mode
Additional Information:	
Question	Response
If this article needs to be filmed by a certain date to due to	

author/equipment/lab availability, please indicate the date below and explain in your cover letter.	
If this article needs to be "in-press" by a certain date to satisfy grant requirements, please indicate the date below and explain in your cover letter.	

TITLE:

Free-form light actuators –fabrication and control of actuation in microscopic scale

AUTHORS:

Hao Zeng

European Laboratory for Non Linear Spectroscopy (LENS)
University of Florence
Sesto Fiorentino, Italy
zeng@lens.unifi.it

Piotr Wasylczyk

Institute of Experimental Physics, Faculty of Physics
University of Warsaw
Warszawa, Poland
Piotr.Wasylczyk@fuw.edu.pl

Camilla Parmeggiani

CNR- INO and European Laboratory for Non Linear Spectroscopy (LENS)
University of Florence
Sesto Fiorentino, Italy
camilla.parmeggiani@unifi.it

Daniele Martella

Chemistry Department and European Laboratory for Non Linear Spectroscopy (LENS)
University of Florence
Sesto Fiorentino, Italy
martella@lens.unifi.it

Diederik Sybolt Wiersma

European Laboratory for Non Linear Spectroscopy (LENS)
University of Florence
Sesto Fiorentino, Italy
wiersma@lens.unifi.it

CORRESPONDING AUTHOR:

D. S. Wiersma

KEYWORDS:

Direct laser writing, liquid crystalline elastomers, liquid crystal alignment, photolithography, 3D fabrication, microactuators, microstructures, smart materials, light driven

SHORT ABSTRACT:

Here, we fabricate 3D polymeric micro/nano structures in which both the shape and the molecular alignment can be engineered with nanometer scale accuracy by the use of direct

laser writing. Light induced deformation of several types of liquid crystalline elastomer microstructures can be controlled in the microscopic scale.

LONG ABSTRACT:

Liquid crystalline elastomers (LCEs) are smart materials capable of reversible shape-change in response to external stimuli, and have attracted researchers' attention in many fields. Most of the studies focused on macroscopic LCE structures (films, fibers) and their miniaturization is still in its infancy. Recently developed lithography techniques, e.g., mask exposure and replica molding, only allow for creating 2D structures on LCE thin films. Direct laser writing (DLW) opens access to truly 3D fabrication in the microscopic scale. However, controlling the actuation topology and dynamics at the same length scale remains a challenge.

In this paper we report on a method to control the liquid crystal (LC) molecular alignment in the LCE microstructures of arbitrary three-dimensional shape. This was made possible by a combination of direct laser writing for both the LCE structures as well as for micrograting patterns inducing local LC alignment. Several types of grating patterns were used to introduce different LC alignments, which can be subsequently patterned into the LCE structures. This protocol allows one to obtain LCE microstructures with engineered alignments able to perform multiple opto-mechanical actuation, thus being capable of multiple functionalities. Applications can be foreseen in the fields of tunable photonics, micro-robotics, lab-on-chip technology and others.

INTRODUCTION:

Microactuators are microscopic structures that can transmit external energy for the operation of another mechanism or system. Due to the compact size and remote control capability, they have been widely used in lab-on-chip systems¹, micro-sensing², and micro robotics³. The actuators available to date can perform only simple actions, such as swelling/collapse in a hydrogel matrix⁴, contraction/bending⁵ in one direction with the external field. Although the recently developed techniques have enabled to fabricate microscopic scale actuating structures⁶, it is still a big challenge to control these actuations in the same length scale. This paper reports a method to prepare 3D light activate microstructures with controllable actuation properties. The technique is based on direct laser writing (DLW), and it is demonstrated in liquid crystalline elastomers (LCEs).

LCEs are soft polymers combining the property of elastomer and liquid crystalline orientation. These materials are capable of large deformation (20-400%) under various types of external stimuli⁷. The advantage of using LCEs for microactuators is the convenience of engineering molecular order in the structures, which allows for controlling the actuation in the microscopic scale⁸. LC monomers are synthesized with acrylate moiety, enabling a single-step photo-polymerization. This property gives access to different types of lithographic techniques for fabrication of 3D microstructures. Azo-dyes as photo responsive molecules are linked to the polymer network by co-polymerization process. Such molecules combine their strong light response ability (*trans* to *cis* isomerization) with the light induced heating of the system affording light controlled deformation.

DLW is a technique to obtain polymer structures in a photosensitive material by spatial control of a focused laser beam⁹. DLW enables the creation of 3D free-form structures in LCE without losing the molecular alignment⁶. There are several advantages of DLW in the fabrication of LCE microactuators. First, the resolution can reach the submicron scale, and the structures are truly 3D⁶. Previously reported LCE micro fabrication methods, e.g., masked exposure¹⁰ and replica molding¹¹, provided resolution down to around 10 μm and only have 2D geometry. Secondly, DLW is a non-contact fabrication process. A suitable solvent can develop high quality structures maintaining the designed configuration. Replica molding technique rarely gives sub-micron resolution¹² and the structural quality is hard to control. Thirdly, laser writing provides versatile options for local LC orientation at the microscopic scale^{8,13}. Among various types of LC orientation techniques, rubbing is the most efficient way to orientate LC molecules and has been widely used in preparing of LCE thin film. This has been generally achieved by rubbing on polymer layers to generate microgrooves on the inner surfaces of a cell infiltrated by LC monomers. Due to the surface anchoring effect, such microgrooves are able to orientate the LC molecule along the groove direction. DLW enables the direct fabrication of those microgrooves on the selected region in the pre-designed direction with much higher accuracy. All these features make DLW a perfect, unique technique for fabrication and control of actuation in the microscopic scale.

Based on DLW, LCE microstructures may be patterned with different molecular orientations. With compound alignment within a single LCE structure, multifunctional actuations become possible. The method can be used for fabrication of LCE microactuators with any kind of LC monomer mixture. By further chemical engineering, it is possible to make the actuators sensitive to other stimulus sources, e.g., humidity or illumination at different wavelength.

PROTOCOL:

Note: This protocol contains three steps: IP-L grating preparation for LC molecular orientation, DLW in the LCE and light actuation characterization. The schematic of direct laser writing system is shown in Figure 1, while the micro-manipulation system is shown in Figure 5.

1. IP-L grating pattern preparation.

- 1.1) Take out one microscope cover slide (3 cm in diameter), and clean it with acetone using lens tissues.
- 1.2) Place some spacers (glass microspheres) with the help of a metal tip at 3 different points of the glass slide about 0.5 cm away from its center.
- 1.3) Place another microscope slide (1 cm in diameter) on the top of the spacers. Use a tip to press gently on the top of the upper glass slide.
- 1.4) Place a drop (around 2 μL) of UV-curing glue on three different points respectively at the

boundary of the upper glass.

1.5) Before the glue penetrates too much into the gap, use UV light to solidify the glue. The cell is now formed.

1.6) Place a drop (around 10 μL) of IP-L resin on the boundary of the cell using a pipette. Wait for a few minutes until the liquid is infiltrated into the entire area of the cell.

1.7) Use glue to fix the cell on the sample holder and place it into the direct laser writing system.

1.8) Choose a 100X objective, and find the interface at the upper inner surface, followed by tilt correction on this surface.

1.9) Write the structures of designed IP-L grating patterns with a laser power and a scan speed of 6 mW and 60 $\mu\text{m/s}$, respectively. The grating patterns are made by IP-L curve or straight lines.

1.10) Repeat steps 1.8 & 1.9 on the lower inner surface.

1.11) Take out the cell, and immerse the sample in a 2-propanol bath without opening the cell, for 12-24 hours.

1.12) Take out the cell from the solvent, and dry it on the hot plate (50 $^{\circ}\text{C}$) for 10-20 minutes.

2. LCE microstructure fabrication

2.1) Measure ~ 300 mg monomer mixture on the balance. See the molecular composition in Table 1.

2.2) Put the prepared mixture inside a glass bottle, and put it on a hot plate set at 70-80 $^{\circ}\text{C}$.

2.3) Wait until all the powder melts, add a magnetic stirrer, and mix the mixture for 1 hour (90-150 RPM).

2.4) Place the cell on the hot plate at 60 $^{\circ}\text{C}$.

2.5) Place a drop (around 20 μL) of mixture on the edge of the smaller glass slide and wait until the liquid infiltrates into the cell.

2.6) Transfer the cell to the optical microscope with a crossed polarizer and a temperature controller. Keep everything in the dark during transfer, and put an orange filter before the illumination lamp to filter out the UV.

2.7) Increase the temperature of the cell above 60 °C by using a temperature controller on the microscope, then decrease the temperature (2-10 °C per min), to measure the temperature range for LC phase. A mixture with different molecular composition has a different LC phase temperature. A good homogeneous nematic LC phase can be recognized by observing the image contrast inversion while rotating the sample every 45° with respect to the polarizer axis.

2.8) Fix the cell on the sample holder, place it into the DLW system, and set the temperature to reach the LC phase (measured in step 2.7).

2.9) Find the interface at the lower inner surface and perform the tilt correction using a 100X objective, or a 10X objective without finding the interface.

2.10) Write the LCE structures by the use of DLW with a laser power and a scan speed of 4 mW and 60 μm/s on the lower glass slide by using 100X objective. Otherwise, use with a laser power and a scan speed of 14 mW and 60 μm/s by using 10X objective (LCE structure is fabricated throughout the entire sample thickness).

2.11) Take out the cell, and use a blade to open the cell removing the upper glass slide.

2.12) Immerse the structures in a toluene bath for 5 min.

2.13) Take out the sample, and dry in the air for 10 min.

3. Characterization of light actuation of LCE microstructures.

3.1) Place the sample in the optical microscope (20X) and focus a laser beam (CW, 532 nm, 50-500 mW) by 10X objective on the structures.

3.2) Observe light induced deformation by the optical microscope CMOS camera (frame rate 25.8 fps).

3.3) Use manual control of the micro-manipulation system (Figure 5) to put the glass tip at a position close to the LCE microstructures.

3.4) Switch on the laser at low power (~20 mW), in order to increase the temperature of the LCE (due to light absorption), and thus soften the structure.

3.5) Use a glass tip to pick up one LCE microstructure, and hold it in the air. This process is needed to avoid the adhesion from glass surface.

3.6) Tune the laser to the high power (>100 mW), and observe the LCE structure deform.

3.7) Record the light induced deformation with the microscope camera.

REPRESENTATIVE RESULTS:

Figure 1 shows the optical set up for laser writing. The system consists of a 780 nm fiber laser generating 130 fs pulse at the repetition rate of 100 MHz. The laser beam is reflected into a telescope to adjust the beam profile to the optical microscope objective aperture where it is focused into the sample. On the microscope, a 3D piezo stage is installed with a $300 \times 300 \times 300 \mu\text{m}^3$ travelling range for sample translation with a maximum speed of 100 $\mu\text{m/s}$ at 2 nm resolution. Linearly polarized light from a red lamp illuminates the sample from the top, while the image is collected at the bottom by the same objective and reflected by a beam splitter into a CCD camera. Before the camera, another polarizer is used to obtain cross polarized illumination for enhanced contrast.

Figure 2 shows the scanning electron microscope (SEM) images of the laser written IP-L micrograting patterns (Step 1). The groove spacing is in the range of 400-1200 nm, while the height of the grooves (top-to-valley) is around 700 nm. Grating patterns with different orientations can induce different LC alignments, depending on the desired actuation of the LCE element.

Figure 3 shows the LC monomer orientation induced by the IP-L grating patterns (Step 2.7). First, four kinds of micro-grating pattern with $100 \times 100 \mu\text{m}^2$ size each were fabricated on opposite sides of a glass cell (schematically shown in Figure 3a). Due to the surface anchoring, the infiltrated LC monomers have been oriented along with the grating lines direction, thus exhibiting 45° contrast inversion in the polarized optical microscope (POM) image (Figure 3b).

Figure 4 shows the SEM images of an LCE nano dot/line fabricated on IP-L grating networks with different orientation (Step 2.13). Within the grating network, the LCE structures become more confined, with much higher resistance to the development in toluene. A minimum width of the disconnected LCE has been measured to be ~ 300 nm, which is consistent with the resolution of DLW without the grating pattern. Another interesting approach for photonic application could be the realization of large scale periodic structure. Figure 4 (c, d) shows 2D LCE periodic structures within a micro-grating network. The alignments are well preserved inside these nanostructures, as shown in the inserted POM images of Figure 4 (c, d). However, light induced deformation could not be obtained in these nanostructures. This is because within the IP-L grating, the nano-LCE elements have been highly confined and adhesion prevents any visible deformation.

The micro manipulation system is based on a home-made reflected microscope and is shown schematically in Figure 5. A $10\times$ objective is fixed on a lens tube placed on a vertically standing optical breadboard. A 730 nm IR LED light source is used for illumination through a non-polarized beam splitter. The reflected image is collected by the same objective and projected on the camera. A continuous solid state 532 nm laser is coupled into the objective by a long pass dichroic mirror (50% transmission and reflection at 567 nm) at an incidence angle of 45° . A power meter measures the transmitted beam after the dichroic mirror for real time detection of laser power. A loosely focused laser spot of $\sim 150 \mu\text{m}$ diameter generates maximum illumination intensity of $\sim 10 \text{ W/mm}^2$. Laser intensity is controlled by a variable neutral density

filter placed in front of the laser. Below the objective, a 3D manual translation stage is used for sample translation. A heating stage installed on the translation stage is used for precise control of the sample temperature in a range from -20 to 120 °C with 0.5 °C accuracy. Two glass tips mounted on two manual translation stages have been placed on the left and right sides, near the sample position. Structure micro manipulation can be realized by carefully moving the tips with the help of the translation stages.

To demonstrate the alignment and deformation correlation, we fabricate four LCE cylindrical structures with 60 μm diameter and 20 μm height. These cylinders are written on four differently orientated IP-L grating regions (1 μm period). Under light excitation, the dyes inside the LCE absorb light energy and transfer it into the network. The LCE structures are heated up and then undergo phase transition (nematic to isotropic). Such phase transition is also helped by the *trans* to *cis* isomerization of the dye under the same light stimuli. Thus, the structures contract along the original LC alignment director and expand in the perpendicular direction⁷. Depending on different local alignments induced by the IP-L gratings, these structures deform along different directions, as shown in Figure 6 (Step 3.1).

This technique enables the creation of compound actuators, which contain more than one type of alignment in one single structure. A 400×40×20 μm^3 size LCE stripe with two sections of alignment pattern was fabricated, as schematically shown in Figure 7 (a). Those alignment sections contain each a 90° twisted orientation in a different direction. The surface with parallel alignment contracts, while the one with perpendicular alignment expands under light illumination. The structure has been picked up by the micromanipulation system, and held in the air by a glass tip. Double bending was observed under light illumination (Step 3.3). A modulated laser beam (using an optical chopper) can induce cyclical deformations. LCE can respond following the laser modulation frequency (>1k Hz). However, the deformation amplitude decreases with increasing frequency¹⁴.

Figure 1: Optical set up for direct laser writing. A 780 nm laser beam (130 fs pulse, repetition rate of 100 MHz) is coupled into a microscope and focused by an optical microscope objective into the sample. A 3D piezo stage with 300×300×300 μm^3 travel range is used for the sample translation during laser exposure.

Figure 2: SEM images of IP-L micro-gratings. a) Unidirectional parallel line structure. b) Radial grating pattern. Scale bar: 10 μm .

Figure 3: IP-L micro-grating induce LC orientation. a) Schematic of the micro-grating patterns designed for the LC orientation. b) POM image of the the LC orientation induced by the micrograting patterns. The scale bar is 50 μm . The red color is due to the filter which prevents the photo-polymerization.

Figure 4: SEM images of LCE nanostructures embedded inside IP-L grating networks. a) and b) Two micro-grating patterns were fabricated by DLW along different directions, while LCE nanodots are fabricated within the grating network. c) and d) Periodic LCE nano structures

embedded within the same type of IP-L gratings. Insets are POM image of the structures.

Figure 5: Schematic of the micromanipulation setup. A CW solid state 532 nm laser is coupled into a home-made microscope system. A 10X Objective is used for imaging and focusing the 532 nm laser for excitation. Two manual translation stages equipped with glass tip manipulators are used for sample micro-manipulation.

Figure 6: Light actuation of LCE micro-cylinders on four different IP-L micrograting regions with different orientations. a) Four LCE cylindrical structures with 60 μm diameter and 20 μm height, written on four differently orientated micro-grating regions. b) LCE cylinders deform along different axes (depending on the grating induced alignments) when exposed to a 532 nm laser radiation (10 W mm^{-2}). Scale bar: 100 μm .

Figure 7: Light-driven deformation of LCE microstructures with multiple molecular alignments. a) Schematic of two sections of opposite 90° twisted alignments in a single LCE stripe. b) and c) Optical images of a 400 μm long LCE stripe bending in opposite directions under 532 nm laser illumination (3 W mm^{-2})⁸.

DISCUSSION:

IP-L micro-grating orientation technique has been integrated with DLW to orientate liquid crystalline monomers. The subsequently laser-written LCE micro-structures can also be patterned with the designed alignment in the micro scale. This technique allows us to create compound LCE elements which can support multiple functionalities. With outstanding ability to create accurate 3D microstructures and control of actuation, we expect this technique to be used for creating elastomer based microscopic robots¹⁴, and to open up a plethora of new strategies for the obtainment of light tunable devices¹⁵.

There are two critical steps in the preparation. The first one is that the two glasses of the cell should be tightly glued (step 1.4, 1.5). The UV curing glue preserves the stability of the cell geometry during the development: the movement of a glass of the cell in respect to the other will result in a worst alignment of the LCE. Secondly, the laser writing speed during LCE structure writing should be as high as possible while 100X objective is chosen. Due to the strong swelling of the LCE during the laser writing process, the swelled structure would move out the designed position, thus affecting the quality of the fabricated actuators.

In some cases, the light induced deformability is observed to deteriorate in the structures. This could be due to the dye bleaching under high illumination intensity. Once the dye molecules have been switched off, the LCE structure behaves as a transparent medium, and the light absorption/light induced deformation is suppressed. A lower laser power would be safer for the actuation of LCE microstructures.

There are also some disadvantages of this method. Firstly, the whole process takes a relatively long time. In order to maintain the cell configuration, the first IP-L development process (made by immersing the sample in a solvent bath) is carried out in 2-propanol without opening the

cell. The developing time thus depends on the cell size and the thickness of the gap, and usually takes 12-24 hours. Replacing the IP-L grating with other laser writable patterns, such as laser induced ablation pattern and laser induced chemically modified surface, could result in LC alignment and in a great reduction of the fabrication time. Second, LCE is a soft matter which always suffers adhesion on the glass substrate. Light induced deformation has been suppressed when the microstructures stick onto the surface. Third, the height of the structure is limited by the thickness of the cell and the objective working distance. In the laser writing system, the maximum height is around 100 μm . Recently developed 3D printing techniques could be a good candidate for creating light actuated LCE structure from mesoscopic to macroscopic scale. However, maintaining the molecular orientation during polymerization could be the main issue of concern.

This technique is unique because allows one to obtain 3D free-form actuators at the truly microscale, which is not possible with other existing techniques. LCE microstructures may be patterned with different molecular orientations and functionalities. Implementation of such technique by further chemical engineering, will enable to make the actuators sensitive to other stimulus sources and will open up to develop efficient microrobots and soft photonic devices.

ACKNOWLEDGMENTS:

The research leading to these results has received funding from the European Research Council under the European Union's Seventh Framework Programme (FP7/2007-2013) / ERC grant agreement n° [291349] on photonic micro robotics and from IIT SEED project Microswim. We also acknowledge support by the Ente Cassa di Risparmio di Firenze. We thank the entire Optics of Complex Systems group at LENS for feedback and discussions.

DISCLOSURES:

The authors declare that they have no competing financial interests.

REFERENCES

1. Tanaka, Y., *et al.* Biological cells on microchips: New technologies and applications. *Biosens. Bioelectron.* **23**, 449–458, doi:10.1016/j.bios.2007.08.006 (2007).
2. Hierold, C., Jungen, A., Stampfer, C. & Helbling, T. Nano electromechanical sensors based on carbon nanotubes. *Sensor. Actuator. A-Phys.* **136** (1), 51–61, doi:10.1016/j.sna.2007.02.007 (2007).
3. van Oosten, C. L., Bastiaansen, C.W. M. & Broer, D. J. Printed artificial cilia from liquid-crystal network actuators modularly driven by light. *Nat. Mater.* **8**, 677–682, doi:10.1038/nmat2487 (2009).
4. Ulijn R. V., *et al.* Bioresponsive hydrogels. *Mater. today.* **10** (4), 40–48, doi:10.1016/S1369-7021(07)70049-4 (2007).
5. Roy, D., Cambre, J.N. & Sumerlin, B.S. Future perspectives and recent advances in stimuli-responsive materials. *Prog. Polym. Sci.* **35** (1-2), 278–301, doi:10.1016/j.progpolymsci.2009.10.008 (2010).
6. Zeng, H., *et al.* High-Resolution 3D Direct Laser Writing for Liquid-Crystalline Elastomer Microstructures. *Adv.Mater.* **26** (15), 2319–2322, DOI: 10.1002/adma.201305008 (2014).

7. Ohm, C., Brehmer, M. & Zentel, R. Liquid Crystalline Elastomers as Actuators and Sensors. *Adv. Mater.* **22** (31), 3366-3387, DOI: 10.1002/adma.200904059 (2010).
8. Zeng, H., et al Alignment engineering in liquid crystalline elastomers: Free-form microstructures with multiple functionalities. *Appl. Phys. Lett.* **106** (11), 111902, doi: 10.1063/1.4915268 (2015).
9. Malinauskas, M., Farsari, M., Piskarskas, A. & Juodkazis, S. Ultrafast laser nanostructuring of photopolymers: A decade of advances. *Phys. Rep.* **533** (1), 1-31 doi:10.1016/j.physrep.2013.07.005 (2013).
10. Liu, D., Bastiaansen, C. W. M., den Toonder, J. M. J. & Broer, D. J. Photo-switchable surface topologies in chiral nematic coatings. *Angew. Chem. Int. Edit.* **51** (4), 892-896, DOI: 10.1002/anie.201105101 (2012).
11. Yang, H., et al. Micron-sized main-chain liquid crystalline elastomer actuators with ultralarge amplitude contractions. *J. Am. Chem. Soc.* **131** (41), 15000-15004 DOI: 10.1021/ja905363f (2009).
12. Yan Z., et al. Light-switchable behavior of a microarray of azobenzene liquid crystal polymer induced by photodeformation. *Macromol. Rapid Commun.*, **33** (16), 1362-1367 DOI: 10.1002/marc.201200303 (2012).
13. Liao Y., et al. Alignment of liquid crystal molecules in a micro-cell fabricated by femtosecond laser. *Chem. Phys. Lett.* **498**, 188-191 DOI: 10.1016/j.cplett.2010.08.021 (2010).
14. Zeng, H., et al. Light-fueled microscopic walkers. *Adv. Mater.* **27**, 3883-3887 DOI: 10.1002/adma.201501446 (2015).
15. Flatae, A. M., et al. Optically controlled elastic microcavities. *Light: Science & Applications*, **4**, e282 doi:10.1038/lsa.2015.55 (2015).

Figure 1
[Click here to download Figure: Figure 1.jpg](#)

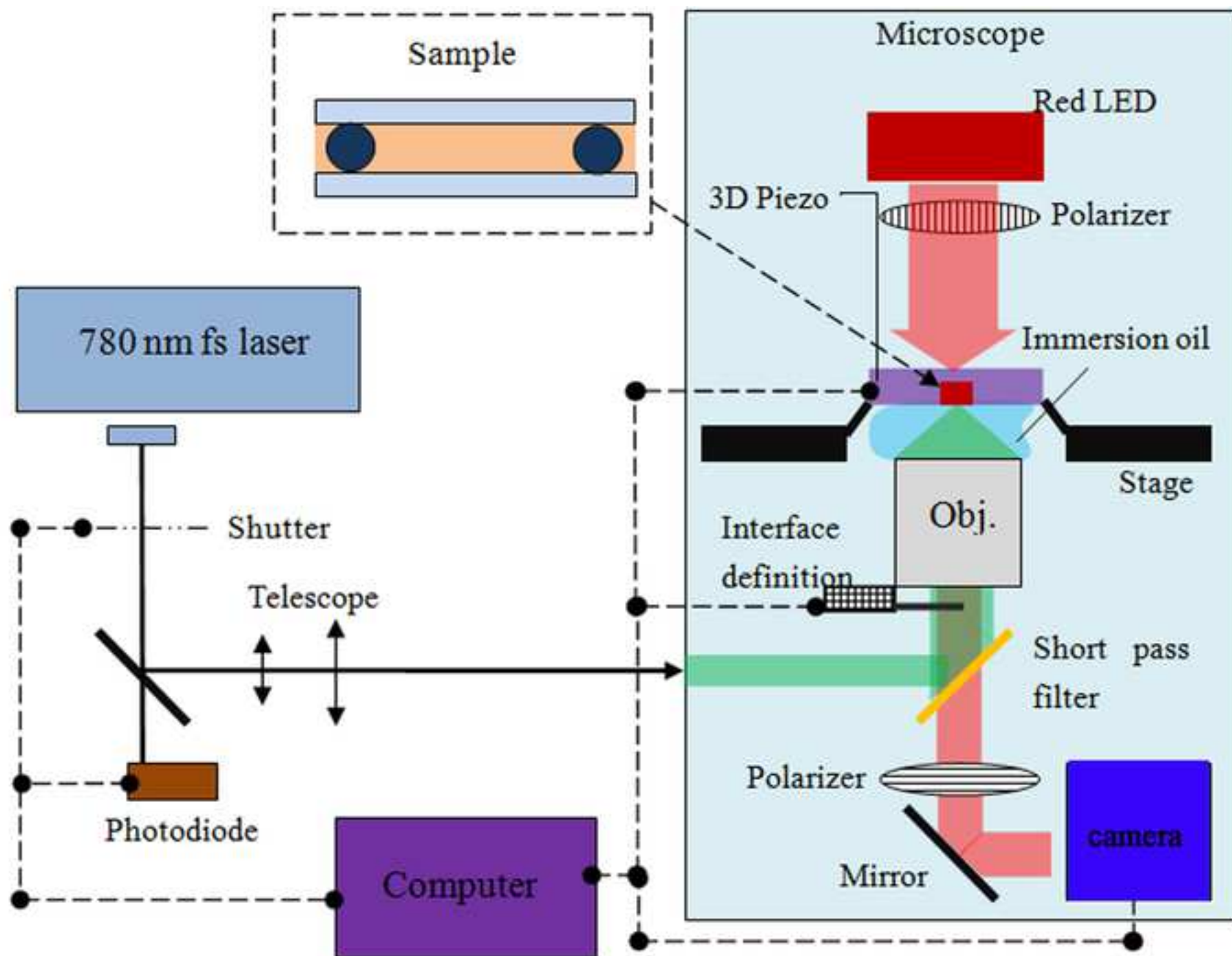


Figure 2
[Click here to download Figure: Figure 2.jpg](#)

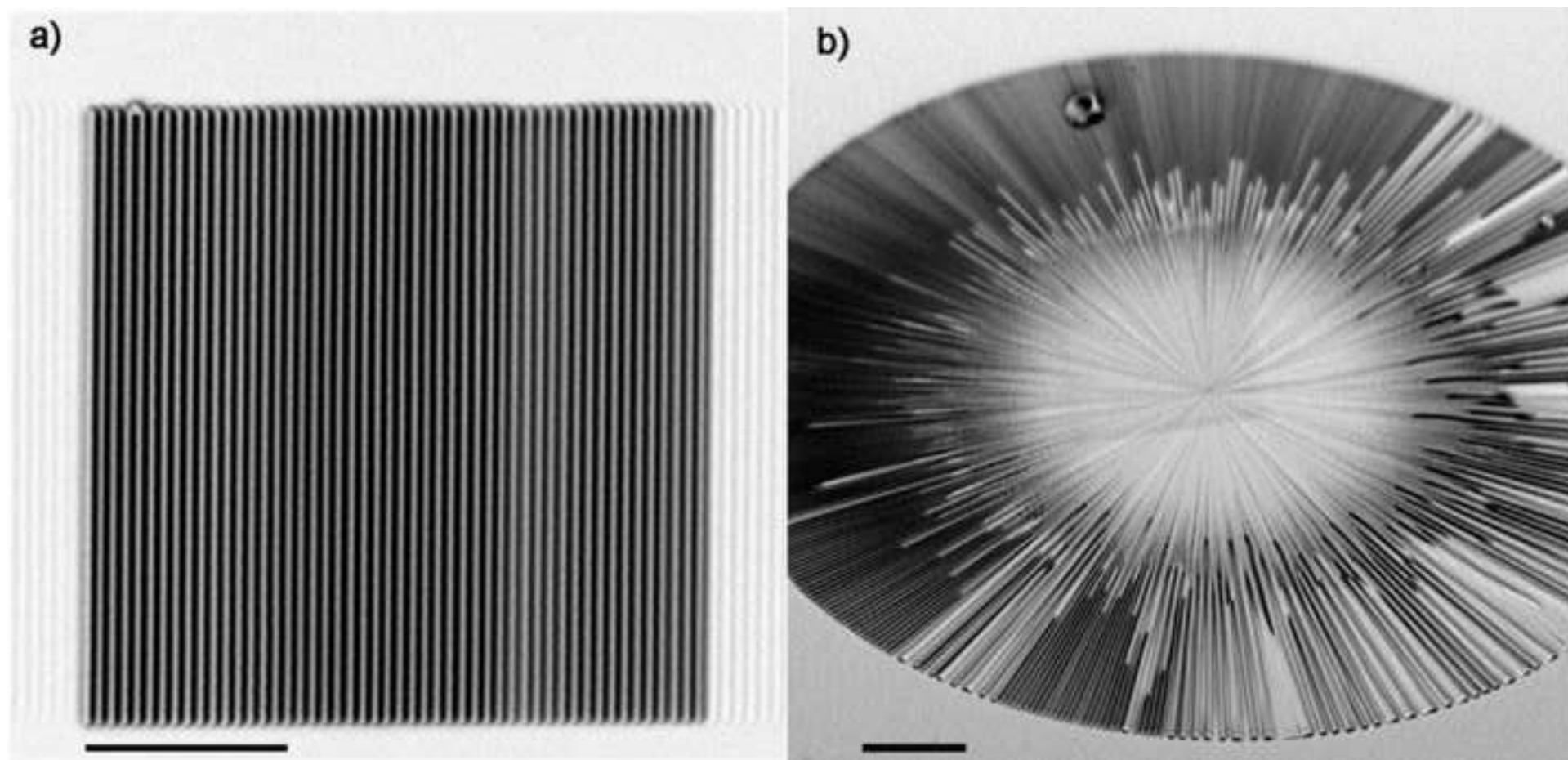


Figure 3
[Click here to download Figure: Figure 3.jpg](#)

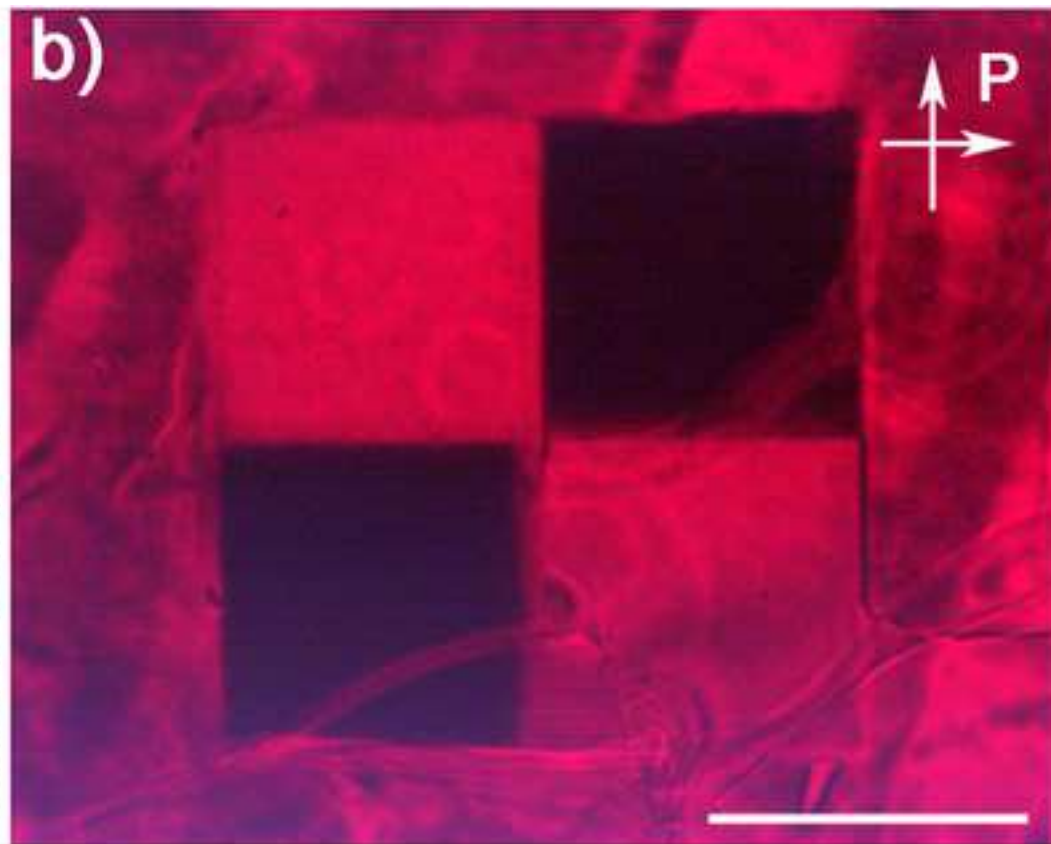
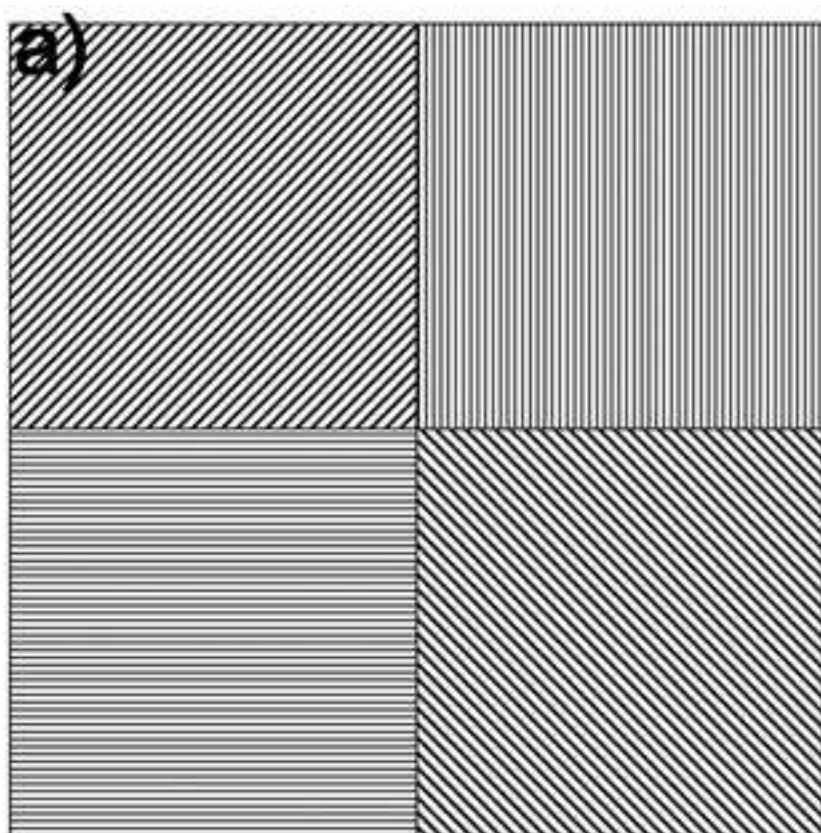


Figure 4
[Click here to download Figure: figure 4_300dpi.jpg](#)

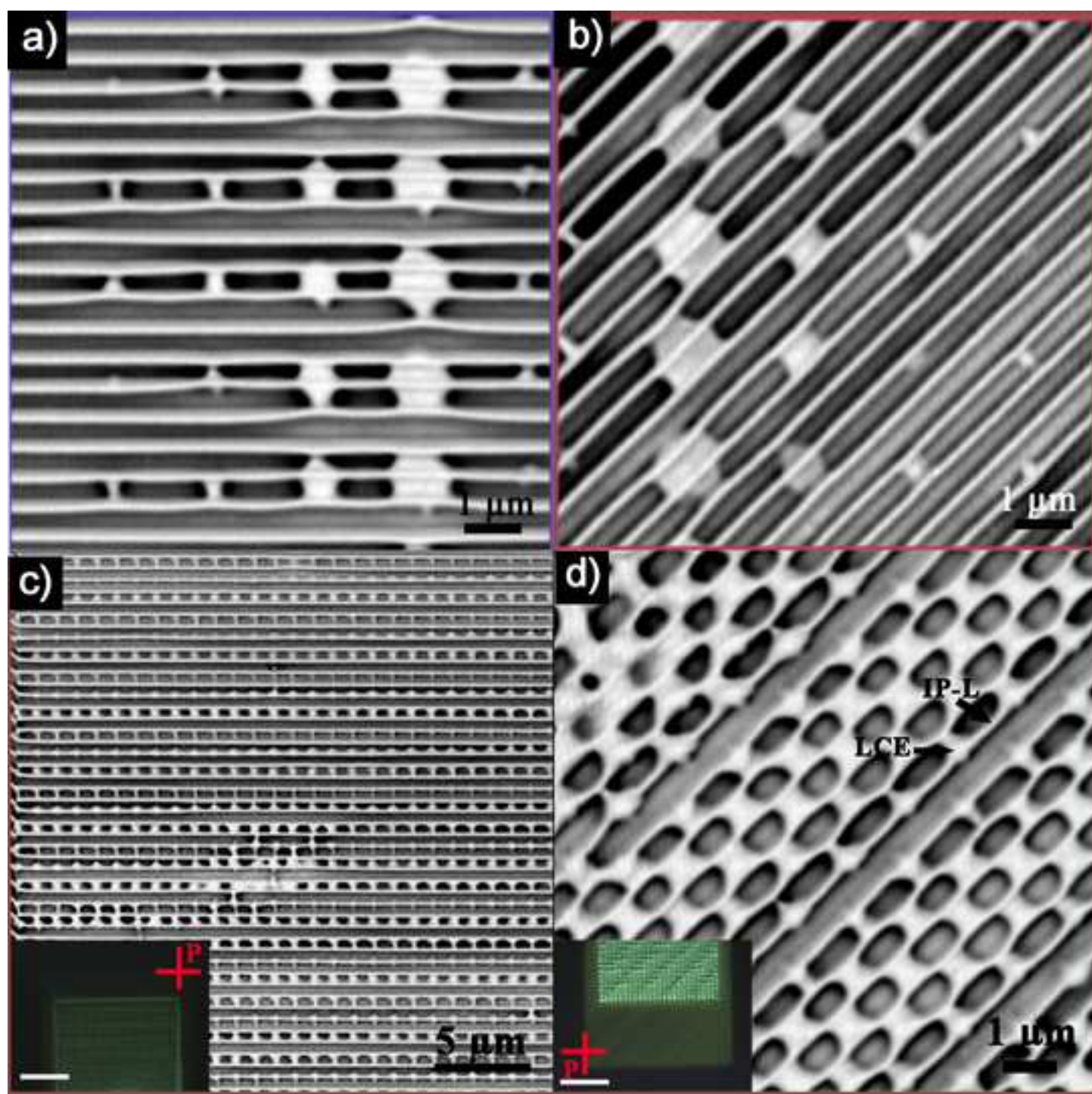


Figure 5
[Click here to download Figure: figure 5.jpg](#)

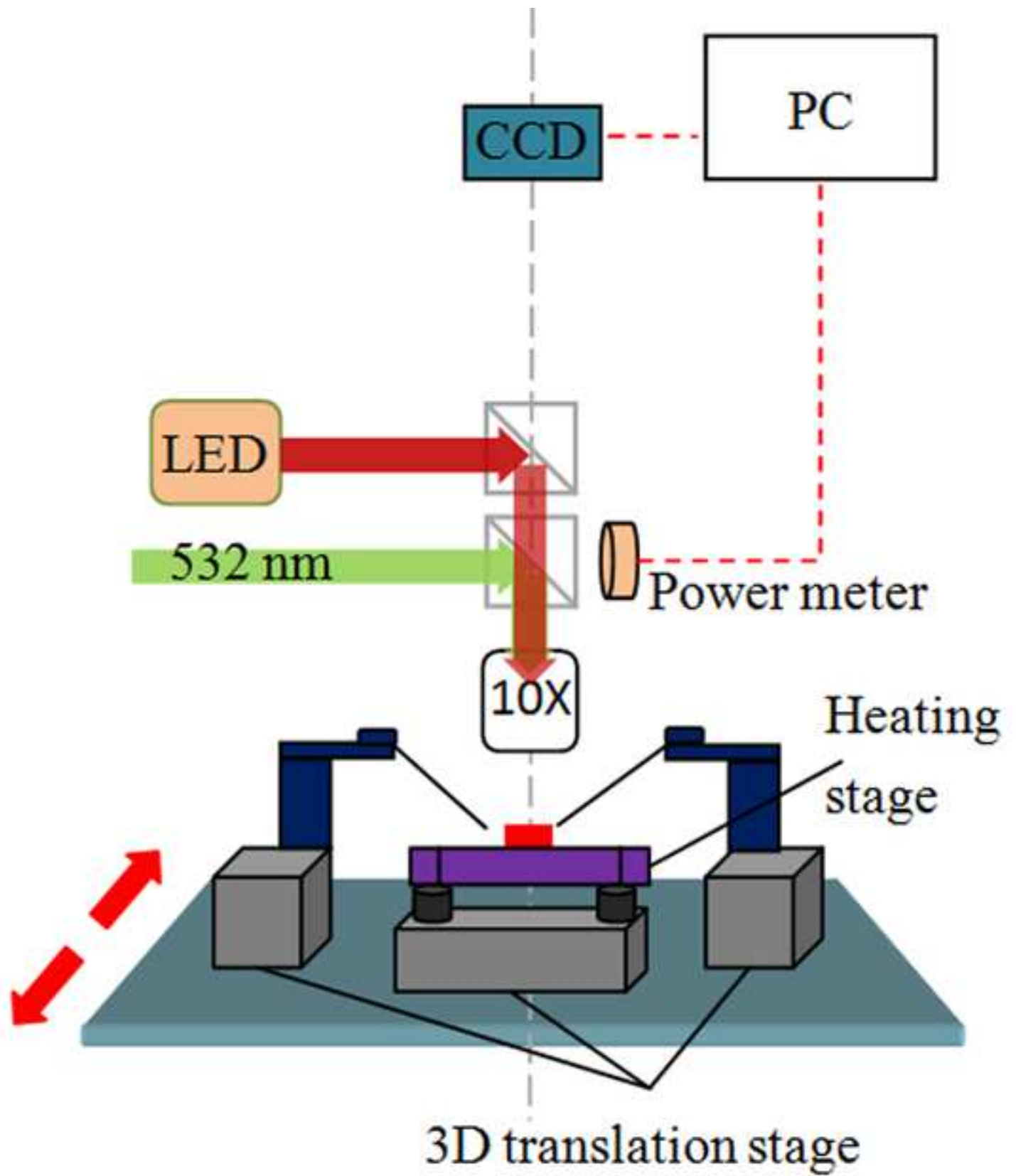


Figure 6
[Click here to download Figure: Figure 6.jpg](#)

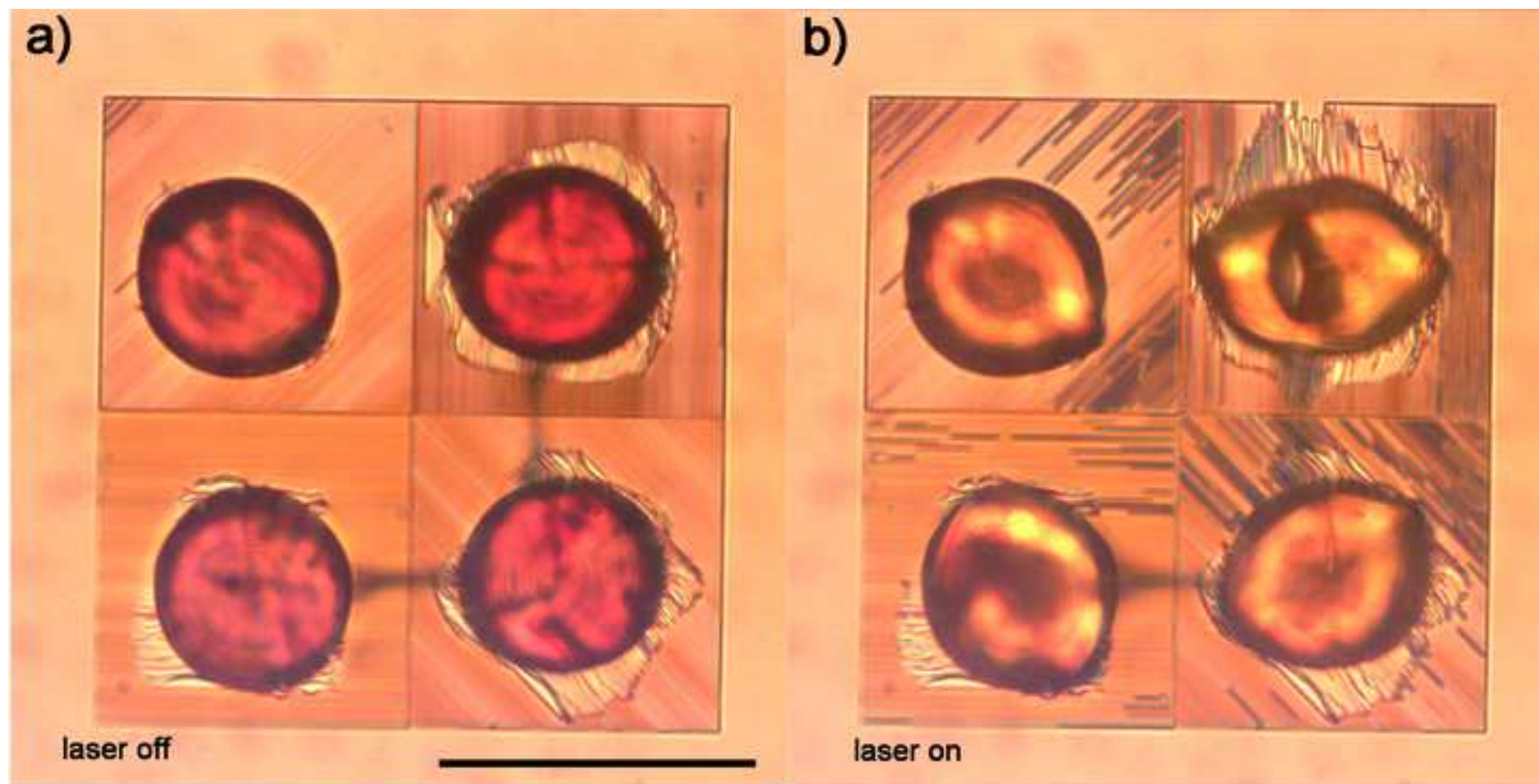
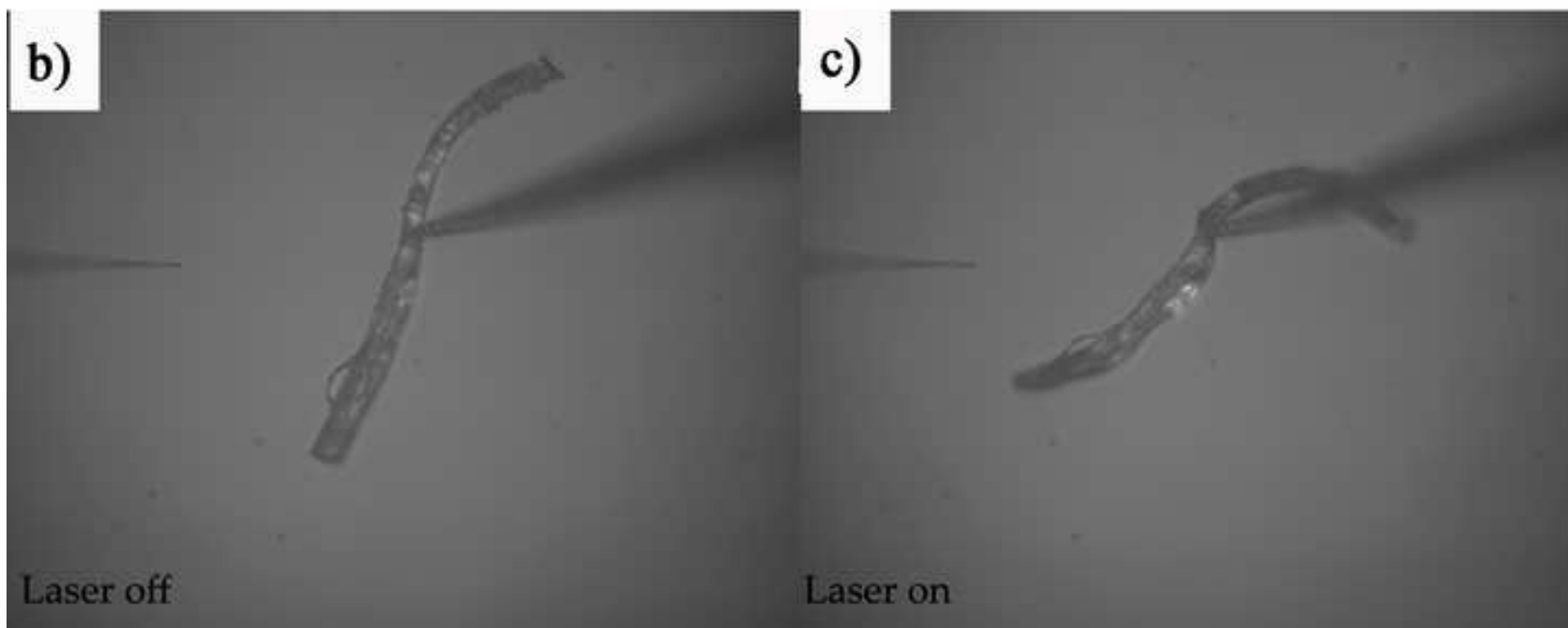
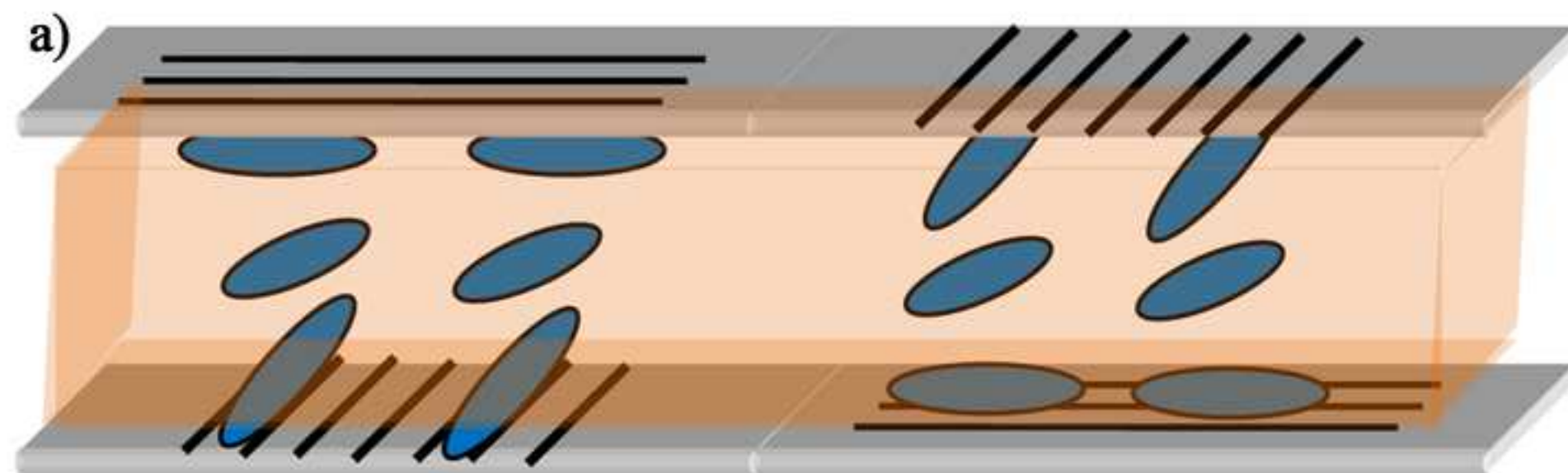


Figure 7
[Click here to download Figure: Figure 7_300dpi.jpg](#)



Name of Material/ Equipment	Company	Catalog Number	Comments/Description
LC monomer	SYNTHON Chemicals GmbH & Co. KG	ST03866	78 mol % in the mixture
LC crosslinker	SYNTHON Chemicals GmbH & Co. KG	ST03021	20 mol % in the mixture
Azo dye	Synthesis referring to Ref.6		1 mol % in the mixture. Light sensitive component, can be excluded in the fabrication for heat driven actuators.
Initiator	Sigma	Irgacure 369	1-2 mol % in the mixture
Spacer	Thermo scientific		Microsphere with diameter from 10 to 100 µm.
IP-L	Nanoscribe GmbH		
UV curing glue			IP-L with 1 wt% initiator (Irgacure 369)
Microscope cover slide	MENZEL-GLÄSER		Diameter: 1 or 3 mm Thickness: 0,16-0,19 mm
UV LED lamp	Thorlabs	M385L2-C4	
532 nm laser	Shanghai Dream Lasers	SDL-532-500T	500 mW laser
Direct Laser Writing system	Nanoscribe GmbH		

Hot plate	Linkam Scientific Instruments Ltd.	PE120	
Microscope	Zeiss	Axio Observer A1	
Micro-manipulator	Narishige	MHW-3	



1 Alewife Center #200
Cambridge, MA 02140
tel. 617.945.9051
www.jove.com

ARTICLE AND VIDEO LICENSE AGREEMENT

Title of Article: Free-form light actuators -fabrication and control of actuation in microscopic scale
Author(s): Hao Zeng, Piotr Wasylczyk, Camilla Parmeggiani, Daniele Martella, and Diederik Sybolt Wiersma

Item 1 (check one box): The Author elects to have the Materials be made available (as described at <http://www.jove.com/publish>) via: ☐ Standard Access ☒ Open Access

Item 2 (check one box):

- ☒ The Author is NOT a United States government employee.
☐ The Author is a United States government employee and the Materials were prepared in the course of his or her duties as a United States government employee.
☐ The Author is a United States government employee but the Materials were NOT prepared in the course of his or her duties as a United States government employee.

ARTICLE AND VIDEO LICENSE AGREEMENT

1. Defined Terms. As used in this Article and Video License Agreement, the following terms shall have the following meanings: “**Agreement**” means this Article and Video License Agreement; “**Article**” means the article specified on the last page of this Agreement, including any associated materials such as texts, figures, tables, artwork, abstracts, or summaries contained therein; “**Author**” means the author who is a signatory to this Agreement; “**Collective Work**” means a work, such as a periodical issue, anthology or encyclopedia, in which the Materials in their entirety in unmodified form, along with a number of other contributions, constituting separate and independent works in themselves, are assembled into a collective whole; “**CRC License**” means the Creative Commons Attribution-Non Commercial-No Derivs 3.0 Unported Agreement, the terms and conditions of which can be found at: <http://creativecommons.org/licenses/by-nc-nd/3.0/legalcode>; “**Derivative Work**” means a work based upon the Materials or upon the Materials and other pre-existing works, such as a translation, musical arrangement, dramatization, fictionalization, motion picture version, sound recording, art reproduction, abridgment, condensation, or any other form in which the Materials may be recast, transformed, or adapted; “**Institution**” means the institution, listed on the last page of this Agreement, by which the Author was employed at the time of the creation of the Materials; “**JoVE**” means MyJoVE Corporation, a Massachusetts corporation and the publisher of *The Journal of Visualized Experiments*; “**Materials**” means the Article and / or the Video; “**Parties**” means the Author and JoVE; “**Video**” means any video(s) made by the Author, alone or in conjunction with any other parties, or by JoVE or its affiliates or agents, individually or in collaboration with the Author or any other parties, incorporating all or any portion of the Article, and in which the Author may or may not appear.

2. Background. The Author, who is the author of the Article, in order to ensure the dissemination and protection of the Article, desires to have the JoVE publish the Article and create and transmit videos based on the Article. In furtherance of such goals, the Parties desire to memorialize in this Agreement the respective rights of each Party in and to the Article and the Video.

3. Grant of Rights in Article. In consideration of JoVE agreeing to publish the Article, the Author hereby grants to JoVE, subject to **Sections 4** and **7** below, the exclusive, royalty-free, perpetual (for the full term of copyright in the Article, including any extensions thereto) license (a) to publish, reproduce, distribute, display and store the Article in all forms, formats and media whether now known or hereafter developed (including without limitation in print, digital and electronic form) throughout the world, (b) to translate the Article into other languages, create adaptations, summaries or extracts of the Article or other Derivative Works (including, without limitation, the Video) or Collective Works based on all or any portion of the Article and exercise all of the rights set forth in (a) above in such translations, adaptations, summaries, extracts, Derivative Works or Collective Works and (c) to license others to do any or all of the above. The foregoing rights may be exercised in all media and formats, whether now known or hereafter devised, and include the right to make such modifications as are technically necessary to exercise the rights in other media and formats. If the “Open Access” box has been checked in **Item 1** above, JoVE and the Author hereby grant to the public all such rights in the Article as provided in, but subject to all limitations and requirements set forth in, the CRC License.

ARTICLE AND VIDEO LICENSE AGREEMENT

4. Retention of Rights in Article. Notwithstanding the exclusive license granted to JoVE in **Section 3** above, the Author shall, with respect to the Article, retain the non-exclusive right to use all or part of the Article for the non-commercial purpose of giving lectures, presentations or teaching classes, and to post a copy of the Article on the Institution's website or the Author's personal website, in each case provided that a link to the Article on the JoVE website is provided and notice of JoVE's copyright in the Article is included. All non-copyright intellectual property rights in and to the Article, such as patent rights, shall remain with the Author.

5. Grant of Rights in Video – Standard Access. This **Section 5** applies if the "Standard Access" box has been checked in **Item 1** above or if no box has been checked in **Item 1** above. In consideration of JoVE agreeing to produce, display or otherwise assist with the Video, the Author hereby acknowledges and agrees that, Subject to **Section 7** below, JoVE is and shall be the sole and exclusive owner of all rights of any nature, including, without limitation, all copyrights, in and to the Video. To the extent that, by law, the Author is deemed, now or at any time in the future, to have any rights of any nature in or to the Video, the Author hereby disclaims all such rights and transfers all such rights to JoVE.

6. Grant of Rights in Video – Open Access. This **Section 6** applies only if the "Open Access" box has been checked in **Item 1** above. In consideration of JoVE agreeing to produce, display or otherwise assist with the Video, the Author hereby grants to JoVE, subject to **Section 7** below, the exclusive, royalty-free, perpetual (for the full term of copyright in the Article, including any extensions thereto) license (a) to publish, reproduce, distribute, display and store the Video in all forms, formats and media whether now known or hereafter developed (including without limitation in print, digital and electronic form) throughout the world, (b) to translate the Video into other languages, create adaptations, summaries or extracts of the Video or other Derivative Works or Collective Works based on all or any portion of the Video and exercise all of the rights set forth in (a) above in such translations, adaptations, summaries, extracts, Derivative Works or Collective Works and (c) to license others to do any or all of the above. The foregoing rights may be exercised in all media and formats, whether now known or hereafter devised, and include the right to make such modifications as are technically necessary to exercise the rights in other media and formats. For any Video to which this Section 6 is applicable, JoVE and the Author hereby grant to the public all such rights in the Video as provided in, but subject to all limitations and requirements set forth in, the CRC License.

7. Government Employees. If the Author is a United States government employee and the Article was prepared in the course of his or her duties as a United States government employee, as indicated in **Item 2** above, and any of the licenses or grants granted by the Author hereunder exceed the scope of the 17 U.S.C. 403, then the rights granted hereunder shall be limited to the maximum rights permitted under such

statute. In such case, all provisions contained herein that are not in conflict with such statute shall remain in full force and effect, and all provisions contained herein that do so conflict shall be deemed to be amended so as to provide to JoVE the maximum rights permissible within such statute.

8. Likeness, Privacy, Personality. The Author hereby grants JoVE the right to use the Author's name, voice, likeness, picture, photograph, image, biography and performance in any way, commercial or otherwise, in connection with the Materials and the sale, promotion and distribution thereof. The Author hereby waives any and all rights he or she may have, relating to his or her appearance in the Video or otherwise relating to the Materials, under all applicable privacy, likeness, personality or similar laws.

9. Author Warranties. The Author represents and warrants that the Article is original, that it has not been published, that the copyright interest is owned by the Author (or, if more than one author is listed at the beginning of this Agreement, by such authors collectively) and has not been assigned, licensed, or otherwise transferred to any other party. The Author represents and warrants that the author(s) listed at the top of this Agreement are the only authors of the Materials. If more than one author is listed at the top of this Agreement and if any such author has not entered into a separate Article and Video License Agreement with JoVE relating to the Materials, the Author represents and warrants that the Author has been authorized by each of the other such authors to execute this Agreement on his or her behalf and to bind him or her with respect to the terms of this Agreement as if each of them had been a party hereto as an Author. The Author warrants that the use, reproduction, distribution, public or private performance or display, and/or modification of all or any portion of the Materials does not and will not violate, infringe and/or misappropriate the patent, trademark, intellectual property or other rights of any third party. The Author represents and warrants that it has and will continue to comply with all government, institutional and other regulations, including, without limitation all institutional, laboratory, hospital, ethical, human and animal treatment, privacy, and all other rules, regulations, laws, procedures or guidelines, applicable to the Materials, and that all research involving human and animal subjects has been approved by the Author's relevant institutional review board.

10. JoVE Discretion. If the Author requests the assistance of JoVE in producing the Video in the Author's facility, the Author shall ensure that the presence of JoVE employees, agents or independent contractors is in accordance with the relevant regulations of the Author's institution. If more than one author is listed at the beginning of this Agreement, JoVE may, in its sole discretion, elect not take any action with respect to the Article until such time as it has received complete, executed Article and Video License Agreements from each such author. JoVE reserves the right, in its absolute and sole discretion and without giving any reason therefore, to accept or decline any work submitted to JoVE. JoVE and its employees, agents and independent contractors shall have

ARTICLE AND VIDEO LICENSE AGREEMENT

full, unfettered access to the facilities of the Author or of the Author's institution as necessary to make the Video, whether actually published or not. JoVE has sole discretion as to the method of making and publishing the Materials, including, without limitation, to all decisions regarding editing, lighting, filming, timing of publication, if any, length, quality, content and the like.

11. **Indemnification.** The Author agrees to indemnify JoVE and/or its successors and assigns from and against any and all claims, costs, and expenses, including attorney's fees, arising out of any breach of any warranty or other representations contained herein. The Author further agrees to indemnify and hold harmless JoVE from and against any and all claims, costs, and expenses, including attorney's fees, resulting from the breach by the Author of any representation or warranty contained herein or from allegations or instances of violation of intellectual property rights, damage to the Author's or the Author's institution's facilities, fraud, libel, defamation, research, equipment, experiments, property damage, personal injury, violations of institutional, laboratory, hospital, ethical, human and animal treatment, privacy or other rules, regulations, laws, procedures or guidelines, liabilities and other losses or damages related in any way to the submission of work to JoVE, making of videos by JoVE, or publication in JoVE or elsewhere by JoVE. The Author shall be responsible for, and shall hold JoVE harmless from, damages caused by lack of sterilization, lack of cleanliness or by contamination due to the making of a video by JoVE its employees, agents or independent contractors. All sterilization, cleanliness or decontamination procedures shall be solely the responsibility of the Author and shall be undertaken at the Author's


expense. All indemnifications provided herein shall include JoVE's attorney's fees and costs related to said losses or damages. Such indemnification and holding harmless shall include such losses or damages incurred by, or in connection with, acts or omissions of JoVE, its employees, agents or independent contractors.

12. **Fees.** To cover the cost incurred for publication, JoVE must receive payment before production and publication the Materials. Payment is due in 21 days of invoice. Should the Materials not be published due to an editorial or production decision, these funds will be returned to the Author. Withdrawal by the Author of any submitted Materials after final peer review approval will result in a US\$1,200 fee to cover pre-production expenses incurred by JoVE. If payment is not received by the completion of filming, production and publication of the Materials will be suspended until payment is received.

13. **Transfer, Governing Law.** This Agreement may be assigned by JoVE and shall inure to the benefits of any of JoVE's successors and assignees. This Agreement shall be governed and construed by the internal laws of the Commonwealth of Massachusetts without giving effect to any conflict of law provision thereunder. This Agreement may be executed in counterparts, each of which shall be deemed an original, but all of which together shall be deemed to be one and the same agreement. A signed copy of this Agreement delivered by facsimile, e-mail or other means of electronic transmission shall be deemed to have the same legal effect as delivery of an original signed copy of this Agreement.

A signed copy of this document must be sent with all new submissions. Only one Agreement required per submission.

CORRESPONDING AUTHOR:

Name:	Diederik Wiersma	
Department:	University of Florence	
Institution:	European Laboratory for Non Linear Spectroscopy	
Article Title:	Free-form light actuators -fabrication and control of actuation in microscopic scale	
Signature:		Date: 25/05/2015

Please submit a signed and dated copy of this license by one of the following three methods:

- 1) Upload a scanned copy of the document as a pdf on the JoVE submission site;
- 2) Fax the document to +1.866.381.2236;
- 3) Mail the document to JoVE / Attn: JoVE Editorial / 1 Alewife Center #200 / Cambridge, MA 02139

For questions, please email submissions@jove.com or call +1.617.945.9051



Laboratorio Europeo di Spettroscopie Non-Lineari -Via Nello Carrara,1 50019
Sesto Fiorentino (FI) ITA
Tel. +39 055 4572574 Fax. +39 055 4572451 e-mail: wiersma@lens.unifi.it

Sesto Fiorentino, 28/8/2015.

Response Letter (Manuscript: 53744_R1_061015)

Dear Editor,

Thank you very much for considering our paper for publication and giving us the opportunity to address the reviewers' comments on our manuscript entitled "**Free-form light actuators –fabrication and control of actuation in microscopic scale**". In the revised version of the manuscript we have carefully addressed all points of criticism and we are now confident that it is suitable for publication in *JoVE*.

In the following we include our respectful answers and explanations to the points raised by the Editors and Referees.

With Best Regards

Hao Zeng and Diederik Wiersma

Editorial comments:

-2.2 – Should be "plate" instead of "place"

Corrected it as **plate**.

-All figures should have a title and a brief description.

We have added the title and description for each figure, as marked in yellow.

3. Additional detail is required:

-1.7 – Fix how?

-2.7 – Increase the temperature of what? How is this achieved? How is LC phase defined?

We fixed the cells with normal glue. We increased the temperature of the cells by the temperature controller. A good homogeneous nematic LC phase can be defined as observation of image contrast inversion while rotating the sample every 45° with respect to the polarizer. We have added all the information into the text.

-3.3 – If this is to be filmed, please provide stepwise detail. Relevant details appear in the results, and should be moved to the protocol. Alternatively, please provide a citation.

We added 5 more steps for the explanation of this process:

3.3) Use manual control of the micro-manipulation system (Figure 5) to put the glass tip at a position close to the LCE microstructures.

3.4) Switch on the laser at low power (~20 mW), in order to increase the temperature of the LCE (due to light absorption), thus soften the structure.

3.5) Use glass tip to pick up one LCE microstructure, and hold it in the air. This process is needed to avoid the adhesion from glass surface.

3.6) Tune the laser to the high power (>100 mW), and observe the LCE structure deform.

3.7) Record the light induced deformation with the microscope camera.

4. Discussion: Please discuss potential modifications/troubleshooting.

We have already added some discussion about possible modification and troubleshooting in the Discussion section.

Reviewers' comments:

Reviewer #1:

Manuscript Summary:

The manuscript provides an accurate description of the fabrication of ordered liquid crystal networks for the purpose of miniaturized actuators. And although liquid crystal actuators are known for quite some time the paper gives a good overview of how to perform an experiment with these type of materials. The description of the micro-groove technique to control alignment is a nice addition to what is published by others.

In general the paper serves its objectives: it teaches how these micro-actuators can be fabricated.

Major Concerns:

I don't have major concerns.

Minor Concerns:

For readers with a chemical background somewhat more information on the materials might contribute to a better understanding. For instance is the azo dye copolymerizing and, if so, is it a monofunctional or difunctional monomer. Now reference is given to ref. 6.

We added a better explanation about the azo dye role in the introduction:

Azo-dyes as photo responsive molecules are linked to the polymer network by co-polymerization process. Such molecules combine their strong light response ability (*trans* to *cis* isomerization) with the light induced heating of the system affording light controlled deformation.

Reviewer #2:

Manuscript Summary:

This manuscript reports fabrication of photoresponsive micron-scaled LC elastomers by using a technique of Direct Laser Writing. Several photo-mechanical actuation can be obtained by this method. The results are interesting, which deserves to publication in this journal. My only suggestions is about the ref.

1) Please add the full title of the ref 5.

2) Please update the ref. 13. (Adv. Mater. 2015, 27, 3883-3887)

We have corrected the mentioned references.

Reviewer #3:

Manuscript Summary:

The authors report on a technique for preparing 3D light activate microstructures with controllable actuation properties by direct laser writing of both the LCE structures and micrograting patterns that can induce local LC alignment. The technique is attractive for realizing controllable actuation on micro-scale. I would like to recommend acceptance of the manuscript if the authors can address my questions and comments listed as below.

Major Concerns:

N/A

Minor Concerns:

1) Introduction: some related technologies should be introduced for providing a more complete background, e.g., microscale LC alignment demonstrated by femtosecond laser induced nanoripples. (See Chem. Phys. Lett. 498, 188-191, 2010)

We added this reference into the manuscript.

13.Liao Y., et al. Alignment of liquid crystal molecules in a micro-cell fabricated by femtosecond laser. *Chem. Phys. Lett.* **498**, 188-191 DOI: 10.1016/j.cplett.2010.08.021 (2010).

2) In Fig. 4, several LCE nanostructures has been demonstrated. Do these structures affect the performance of the LCE actuators differently?

Fig.4 shows the result of laser written LCE nanostructures within IP-L gratings. Benefit from the grating, LCE structures become more confined, with much higher resistance to the development in toluene. The goal is to show the resolution (~300 nm) of this technique, and the maintenance of LC alignment within the structure (POM image of Fig.4). However, light

induced deformation is not observed in those structures, due to the strong surface adhesion and highly confinement within the gratings.

We added some more sentences in order to explain it in a better way:

However, light induced deformation could not be obtained in these nanostructures. This is because within the IP-L grating the nano-LCE elements have been highly confined and adhesion prevents any visible deformation.

3) What is the reason responsible for the light-induced deformation of LCE structures? And the response time should be given.

4) In Fig. 7, a double bending LCE structure was presented. Some discussion on this structure should be included.

We added some more sentences to explain this process in a better way:

Under light excitation, the dyes inside the LCE absorb light energy and transfer it into the network. The LCE structures are heated up and then undergo phase transition (nematic to isotropic). Such phase transition is also helped by the *trans* to *cis* isomerization of the dye under the same light stimuli. Thus, the structures contract along the original LC alignment director and expand in the perpendicular direction⁷. Depending on different local alignments induced by the IP-L gratings, these structures deform along different directions

A modulated laser beam (using an optical chopper) can induce cyclical deformations. LCE can respond following the laser modulation frequency (>1k Hz). However, the deformation amplitude decreases with increasing frequency¹⁴.

Since „*The surface with parallel alignment contract, while the one with perpendicular alignment expand under light illumination*“ has already explained the bending mechanism, no more discussion about double bending LCE has been added into the manuscript.

5) The thickness of LCE structures can be increased if a long-work-distance objective is used. Does the thickness affect the alignment of LCE in the cell?

The alignment of LC monomer is defined by the IP-L grating orientation written on the inner surfaces of the cell. The later on written LCE structure will preserve the original designed LC alignment. The thickness and the geometry of LCE structure will not affect the alignment of LC monomers/LCE polymer.

Nothing has been modified.

6) Line 277, "b"—>"d"

Thanks for the careful review. Corrected in the text.