## **Journal of Visualized Experiments**

# Quick Fluorescent in situ Hybridization Protocol for Xist RNA Combined with Immunofluorescence of Histone Modification in X-Chromosome Inactivation --Manuscript Draft--

Manuscript Number:	JoVE52053R3		
Full Title:	Quick Fluorescent in situ Hybridization Protocol for Xist RNA Combined with Immunofluorescence of Histone Modification in X-Chromosome Inactivation		
Article Type:	Invited Methods Article - JoVE Produced Video		
Keywords:	Xist; X-chromosome inactivation; FISH; histone methylation; epigenetics; long non-coding RNA		
Manuscript Classifications:	95.51: Life Sciences (General)		
Corresponding Author:	Yuya Ogawa Cincinnati Children's Hospital Medical Center Cincinnati, Ohio UNITED STATES		
Corresponding Author Secondary Information:			
Corresponding Author E-Mail:	Yuya.Ogawa@cchmc.org		
Corresponding Author's Institution:	Cincinnati Children's Hospital Medical Center		
Corresponding Author's Secondary Institution:			
First Author:	Yue Minghui		
First Author Secondary Information:			
Other Authors:	Yue Minghui		
	John Lalith Charles Richard		
	Norishige Yamada		
	Akiyo Ogawa		
Order of Authors Secondary Information:			
Abstract:	Combining RNA fluorescent in situ hybridization (FISH) with immunofluorescence (immuno-FISH) creates a technique that can be employed at the single cell level to detect the spatial dynamics of RNA localization with simultaneous insight into the localization of proteins, epigenetic modifications and other details which can be highlighted by immunofluorescence. X-chromosome inactivation is a paradigm for long non-coding RNA (IncRNA)-mediated gene silencing. X-inactive specific transcript (Xist) IncRNA accumulation (called an Xist cloud) on one of the two X-chromosomes in mammalian females is a critical step to initiate X-chromosome inactivation. Xist RNA directly or indirectly interacts with various chromatin-modifying enzymes and introduces distinct epigenetic landscapes to the inactive X-chromosome (Xi). One known epigenetic hallmark of the Xi is the Histone H3 trimethyl-lysine 27 (H3K27me3) modification. Here, we describe a simple and quick immuno-FISH protocol for detecting Xist RNA using RNA FISH with multiple oligonucleotide probes coupled with immunofluorescence of H3K27me3 to examine the localization of Xist RNA and associated epigenetic modifications. Using oligonucleotide probes results in a shorter incubation time and more sensitive detection of Xist RNA compared to in vitro transcribed RNA probes (riboprobes). This protocol provides a powerful tool for understanding the dynamics of IncRNAs and its associated epigenetic modification, chromatin structure, nuclear organization and transcriptional regulation.		
Author Comments:			
Author Comments.			

Question	Response
If this article needs to be "in-press" by a certain date to satisfy grant requirements, please indicate the date below and explain in your cover letter.	
f this article needs to be filmed by a certain date to due to author/equipment/lab availability, please ndicate the date below and explain in your cover letter.	



## **Reproductive Sciences**

Yuya Ogawa, Ph.D.

**Assistant Professor** 

S Building, Rm 246 3333 Burnet Avenue Cincinnati, OH 45229-3039 Phone: (513) 803-1949 Fax: (513) 803-1160

email: yuya.ogawa@cchmc.org

RE: revised manuscript 52053 R2 051314, Yue et al.

Dr. Nandita Singh, Senior Science Editor of *JoVE* 1 Alewife Center #200 Cambridge, MA 02140, USA

May 22, 2014

Dear Dr. Singh:

I am enclosing the revised version of manuscript 52053\_R2\_051314 by Yue et al. for publication in *Journal of Visualized Experiments*. The following lists our responses to the editor's comments:

- 1. We have thoroughly proofread the manuscript.
- 2. We have highlighted the essential steps for filmable content.
- 3. We have moved some NOTEs to the corresponding experimental steps and discussion. We think that these NOTEs are helpful for readers to optimize their experimental condition.

We hope that these revisions will render the manuscript publishable in *Journal of Visualized Experiments*. Finally, we thank you for considering our manuscript and look forward to hearing your response.

Sincerely,

Yuya Ogawa Yuya Ogawa **TITLE:** Quick Fluorescent *in situ* Hybridization Protocol for Xist RNA Combined with Immunofluorescence of Histone Modification in X-Chromosome Inactivation

#### **AUTHORS:**

Minghui Yue<sup>1, 2†</sup>, John Lalith Charles Richard<sup>1, 2†</sup>, Norishige Yamada<sup>1, 2</sup>, Akiyo Ogawa<sup>1</sup> and Yuya Ogawa<sup>1, 2\*</sup>

\*To whom correspondence should be addressed. E-mail: yuya.ogawa@cchmc.org †These authors contributed equally to this work

Minghui Yue
Division of Reproductive Sciences
Cincinnati Children's Hospital Medical Center
Department of Pediatrics
University of Cincinnati College of Medicine
Cincinnati, Ohio, USA

minghui.yue@cchmc.org

John Lalith Charles Richard
Division of Reproductive Sciences
Cincinnati Children's Hospital Medical Center
Department of Pediatrics
University of Cincinnati College of Medicine
Cincinnati, Ohio, USA
john.lalith.charles.richard@cchmc.org

Norishige Yamada
Division of Reproductive Sciences
Cincinnati Children's Hospital Medical Center
Department of Pediatrics
University of Cincinnati College of Medicine
Cincinnati, Ohio, USA
norishige.yamada@cchmc.org

Akiyo Ogawa Division of Reproductive Sciences Cincinnati Children's Hospital Medical Center Cincinnati, Ohio, USA akiyo.ogawa@cchmc.org

<sup>&</sup>lt;sup>1</sup>Division of Reproductive Sciences, Cincinnati Children's Hospital Medical Center <sup>2</sup>Department of Pediatrics, University of Cincinnati College of Medicine Cincinnati, Ohio, USA

Yuya Ogawa
Division of Reproductive Sciences
Cincinnati Children's Hospital Medical Center
Department of Pediatrics
University of Cincinnati College of Medicine
Cincinnati, Ohio, USA
yuya.ogawa@cchmc.org

#### **CORRESPONDING AUTHOR:**

Yuya Ogawa; yuya.ogawa@cchmc.org

#### **KEYWORDS:**

Xist; X-chromosome inactivation; FISH; histone methylation; epigenetics; long non-coding RNA

#### **SHORT ABSTRACT:**

We developed an easily customized strand-specific fluorescent *in situ* hybridization (FISH) protocol combined with immunofluorescence. This allows for a detailed examination of RNA dynamics with simultaneous insight into the chromatin structure, nuclear organization, and transcriptional regulation at the single cell level.

#### LONG ABSTRACT:

Combining RNA fluorescent in situ hybridization (FISH) with immunofluorescence (immuno-FISH) creates a technique that can be employed at the single cell level to detect the spatial dynamics of RNA localization with simultaneous insight into the localization of proteins, epigenetic modifications and other details which can be highlighted by immunofluorescence. Xchromosome inactivation is a paradigm for long non-coding RNA (IncRNA)-mediated gene silencing. X-inactive specific transcript (Xist) IncRNA accumulation (called an Xist cloud) on one of the two X-chromosomes in mammalian females is a critical step to initiate X-chromosome inactivation. Xist RNA directly or indirectly interacts with various chromatin-modifying enzymes and introduces distinct epigenetic landscapes to the inactive X-chromosome (Xi). One known epigenetic hallmark of the Xi is the Histone H3 trimethyl-lysine 27 (H3K27me3) modification. Here, we describe a simple and quick immuno-FISH protocol for detecting Xist RNA using RNA FISH with multiple oligonucleotide probes coupled with immunofluorescence of H3K27me3 to examine the localization of Xist RNA and associated epigenetic modifications. Using oligonucleotide probes results in a shorter incubation time and more sensitive detection of Xist RNA compared to in vitro transcribed RNA probes (riboprobes). This protocol provides a powerful tool for understanding the dynamics of IncRNAs and its associated epigenetic modification, chromatin structure, nuclear organization and transcriptional regulation.

#### **INTRODUCTION:**

Mammalian X-chromosome inactivation (XCI) is a strategy to compensate for the imbalance in X-linked gene dosage between XX and XY, wherein one of the two X-chromosomes in females is transcriptionally inactivated<sup>1</sup>. X-chromosome inactivation is a great model system for long non-coding RNA (IncRNA) research. X-chromosome inactivation is regulated by multiple IncRNA, and

has been extensively studied over the past few decades to uncover the crosstalk mechanisms between lncRNAs, transcription, chromatin structure and nuclear organization<sup>2,3</sup>.

The X inactivation center (XIC) located on the X-chromosome is a complex genetic locus comprised of a number of genes producing non-coding RNAs<sup>4</sup>. X-inactive specific transcript (Xist) IncRNA in eutherian mammals is one such IncRNA which plays a crucial role in X-chromosome inactivation<sup>5,6</sup>. Xist transcripts surround the location of the future Xi to initiate X-chromosome inactivation, and appear as a cloud when visualized using RNA FISH; this formation is referred to as the "Xist Cloud" <sup>7</sup>. Since Xist RNA interacts with various chromatin-modifying enzymes, co-localization of the Xist clouds with different epigenetic modifications for silent chromatin and repressive transcription is observed during X-chromosome inactivation<sup>8</sup>. For example, Xist RNA interacts with polycomb repressive complex 2 (PRC2) which is responsible for H3K27me3 and induces a repressive chromatin state<sup>9</sup>. The occurrence of the Xist cloud on the Xi and its co-localization with the intensive H3K27me3 modification represents a facultative heterochromatin landscape of the Xi<sup>10,11</sup>.

Cytogenetic techniques, such as DNA/RNA FISH have come a long way from the traditional method using radiolabelled probes<sup>12</sup> to recent and advanced techniques with enhanced sensitivity and fluorescent imaging using multiple oligonucleotide probes 13,14. DNA/RNA FISH coupled with immunofluorescence has been routinely used as a cytological tool to understand spatiotemporal nuclear organization, RNA localization, chromatin structure and modifications. The most standard probe preparation for RNA FISH involves the use of plasmid or bacterial artificial chromosome (BAC) clones and their subsequent labeling either with nick translation or random priming<sup>15</sup>. However, nearly 70% of genes in mice and 40% of genes in humans show an overlap of sense and antisense transcripts<sup>16</sup>, hence requiring a strand-specific FISH method in order to distinguish sense and antisense transcripts. In vitro transcribed RNA probes (riboprobe) are often used for strand-specific RNA FISH<sup>17,18</sup>; however, this involves preparing a plasmid clone or PCR product with T7, SP6, or T3 promoter and synthesizing riboprobes. Furthermore, riboprobes derived from genomic DNA or cDNA often contain non-specific regions and repetitive elements, which result in high background noise. Another issue is that riboprobes, which are a few hundred nucleotides in length and contain multiple fluorophores, cannot efficiently penetrate into the nucleus. To circumvent this, multiple shorter oligonucleotide probes labeled with a single fluorophore at the end have been developed that have good sensitivity, uniform signal strength, and ease of purification and handling<sup>14</sup>. In addition, DNA oligonucleotides are generally more stable than RNA. We applied a similar strategy of using oligonucleotides in Xist RNA FISH<sup>19</sup> with immunofluorescence to understand the epigenetic dynamics of the Xi induced by Xist IncRNA during the process of X-chromosome inactivation. This protocol describes creation of the necessary oligonucleotide probes and proper preparation of cells, as well as utilization of immunofluorescence and RNA FISH. Xist RNA FISH using multiple oligonucleotides is cost effective approach in the long-term if Xist RNA FISH is performed routinely in one's laboratory. This technique can be used to identify lncRNA in cells while simultaneously mapping its co-localization with epigenetic modifications or factors. One major advantage of the protocol is the ability to easily modify it to suit one's research interests.

#### PROTOCOL:

#### 1. Probe preparation

- 1.1) Obtain multiple unique oligonucleotides in Xist (20-30 nucleotide-length oligonucleotides, 63-65 °C melting temperature, Table 1) with a 5'-amine modification and suspend in water.
- 1.2) Pool equimolar amounts of oligonucleotide with 5'-amine (total 4.5 μg) and label with amino-reactive fluorescent dye following the manufacturer's instruction.
- 1.2.1) Dissolve oligonucleotide in final 5  $\mu$ l of nuclease-free water and add 3  $\mu$ l of 1 M sodium bicarbonate to the oligonucleotide solution.
- 1.2.2) Add 2 µl DMSO to the vial of amino-reactive dye and vortex briefly.
- 1.2.3) Mix the oligonucleotide solution with the reactive dye in DMSO and incubate the mixture at room temperature for 1 hour in the dark.
- 1.3) Purify the fluorescently labeled oligonucleotide probes by G-25 column followed by ethanol precipitation.
- 1.3.1) Centrifuge G-25 column at 750 x g for 1 min to remove excess storage buffer.
- 1.3.2) Add 40  $\mu$ l nuclease-free water to the labeling mixture produced in Step 1.2.3 and apply to the G-25 column. Centrifuge at 750 x g for 2 min.
- 1.3.3) Add 50  $\mu$ l nuclease-free water, 10  $\mu$ l 3 M sodium acetate (pH 5.2) and 250  $\mu$ l ethanol to the purified probe from Step 1.3.2. Store at -80 °C for 30 min and centrifuge at 21,000 x g for 15 min at 4 °C.
- 1.3.4) Wash the precipitated oligonucleotides once with 1 ml of 70% ethanol.
- 1.3.5) Re-suspend in 50  $\mu$ l nuclease-free water or TE (10 mM Tris-HCl, pH 7.5; 1 mM EDTA) for a final concentration of approximately 10  $\mu$ M.
- 1.4) Dilute the fluorescently labeled oligonucleotide probes to a final concentration of 250 nM with hybridization buffer (10% formamide; 2x SSC [300 mM NaCl; 30 mM sodium citrate]; 2 mg/ml BSA; 10% dextran sulfate).

NOTE: With this quick FISH protocol, oligonucleotide probes in Xist were designed and used at a higher concentration than the normal FISH protocol using oligonucleotide probes in order to shorten the incubation time for hybridization.

#### 2. Slide preparation

NOTE: Slides can be prepared for immuno-FISH using mouse embryonic stem (ES) or embryoid body (EB) differentiating cells<sup>20,21</sup> by either growing them directly on a poly-lysine-treated slide or using cytospin with cell suspension. Here, slide preparation by cytospin is shown.

- 2.1) Aspirate the culture medium in a 6-well dish. Wash with PBS (room temperature), and aspirate thoroughly.
- 2.2) Add 0.5 ml of trypsin to the 6-well dish, incubate for 5-10 min at 37 °C.
- 2.3) Add 5 ml of medium and disperse cells by gently pipetting up and down several times.
- 2.4) Transfer cells to a 15 ml tube, centrifuge for 5 min at 200 x g at room temperature.
- 2.5) Discard the medium and gently suspend the cells in 2 ml PBS.
- 2.6) Count cells using hemocytometer, and dilute cell suspension at 4x10<sup>5</sup> cells/ml by PBS.
- 2.7) Assemble a slide, a filter card and a chamber with a clip and place them into the appropriate slots in the rotor of the cytospin. Add 250 µl of each sample prepared in step 2.6 into each chamber of the assembled units in the cytospin. Centrifuge at 1500 rpm for 10 min at room temperature.
- 2.8) Fill 3 coplin jars on ice with 40 ml each of ice-cold PBS, CSK buffer (10 mM PIPES, pH 6.8; 100 mM NaCl; 300 mM sucrose; 3 mM  $MgCl_2$ ), and CSKT buffer (CSK buffer with 0.5 % Triton X-100), respectively.
- 2.9) After the cytospin is finished, quickly transfer the slide into ice-cold PBS and incubate for 5 min.
- 2.10) Transfer the slide into ice-cold CSK buffer and incubate for 1 min.
- 2.11) Transfer the slide into ice-cold CSKT buffer and incubate for 5 min.
- 2.12) Transfer the slide back into ice-cold CSK buffer and incubate for 1 min.
- 2.13) Transfer the slide into 4% paraformaldehyde in PBS and incubate for 10 min at room temperature.

#### 3. Immunofluorescence

3.1) Place the slide in a coplin jar with PBST (1x PBS with 0.1 % Tween-20) for several seconds.

- 3.2) Place the slides at a slant allowing remaining buffer to flow down the slide. Carefully wipe excess liquid off the slide and place it in an empty pipet-tip box with water. Overlay the slide with 40  $\mu$ l of blocking solution (1x PBS, 1 % BSA, 0.1 % Tween-20), gently place a coverslip, and incubate for 10 min at room temperature.
- 3.3) Remove the coverslip, remove the blocking solution, and add 40  $\mu$ l of the Histone H3K27me3 primary antibody diluted to a concentration of 1:500 in blocking solution. Place the coverslip back on the slide and incubate for 30 min at room temperature.

NOTE: An RNase inhibitor in the blocking solution might be helpful to preserve RNA in this RNA FISH protocol when polyclonal antibodies are used.

- 3.4) Wash slide 2 times in coplin jars filled with PBST, for 5 min each, gently shaking while washing.
- 3.5) Place the slides at a slant allowing remaining buffer to flow down the slide. Carefully wipe excess liquid and place the slide back into the tip box. Overlay with 40  $\mu$ l of the secondary antibody (1:500) diluted in blocking solution, place a coverslip, and incubate for 15 min in the dark. For the following steps, keep the slide in the dark at all times.
- 3.6) Wash 2 times in coplin jars with PBST as in step 3.4.

### 4. RNA FISH with oligonucleotide probes

- 4.1) Pre-warm an empty pipet-tip box with water at the bottom to prevent slides from drying at 37 °C for RNA FISH in step 4.3.
- 4.2) Place the slides at a slant allowing remaining buffer to flow down the slide. Carefully wipe excess liquid off the slide from step 3.6 and place the slide into the pipet-tip box with water at the bottom. Add 500  $\mu$ l of FISH wash buffer (10% formamide in 2 x SSC) on the slide and incubate for 5 min at room temperature.
- 4.3) Remove FISH wash solution, add 8  $\mu$ l of oligonucleotide probes onto the slide, place a cover slip, and transfer the slide to a pre-warmed pipet-tip box with water at the bottom; incubate at 37 °C for 1-2 hrs.
- 4.4) Place 3 pre-warmed coplin jars in a water bath at 37 °C with FISH wash buffer, FISH wash buffer with DAPI, and 2 x SSC.
- 4.5) After 1-2 hrs incubation for RNA FISH, put the slide into the pre-warmed FISH wash buffer.
- 4.6) Incubate the slide for a few minutes until the coverslip falls off of the slide.
- 4.7) Place the slide back into the wash buffer, and continue incubation for 5 min.

- 4.8) Transfer the slide to another coplin jar with pre-warmed FISH wash buffer with 0.5 ng/ml DAPI and incubate for 5 min.
- 4.9) Transfer the slide to another coplin jar with pre-warmed 2 x SSC and incubate for 5 min.
- 4.10) Place the slides at a slant allowing remaining buffer to flow down the slide. Carefully wipe excess liquid and place the slide back into a dry tip box. Add 4  $\mu$ l of antifade with DAPI onto the slide and place a coverslip.
- 4.11) Seal the coverslip with nail polish and observe under a microscope. The slide can be stored at 4 °C in the dark for a few months.

## **REPRESENTATIVE RESULTS:**

Representative images of quick immuno-FISH are shown in Figure 1A. Co-localization of the Xist RNA cloud and H3K27me3 signal on the Xi was detected in differentiating female cells. At day 12 upon differentiation, more than 90% of EB cells had an Xist cloud (Figure 1B). Short oligonucleotide probes efficiently penetrated into the nuclei, leading to a visualization of almost all H3K27me3 signals co-localized with Xist RNA (Figure 1C; 97%, n=150).

## Figure 1: Xist RNA and H3K27me3 co-localize on the Xi in differentiating mouse EB.

A) Immuno-FISH for Xist RNA with H3K27me3 modification in differentiating female EB cells at day 12 upon differentiation. Xist probes were labeled with Alexa Fluor 488, and anti-H3K27me3 primary antibody was detected by anti-mouse IgG Alexa Fluor 555-conjugated secondary antibody. Nuclei were counterstained with DAPI. The boxed region is magnified in the bottom panels. Scale bars:  $10~\mu m$ . B) Frequency of Xist cloud- and H3K27me3-positive cells in EB at day 12 upon differentiation. C) Frequency of co-localization of Xist cloud with H3K27me3 signal in EB at day 12 upon differentiation.

## Table 1: Sequence of fluorescently labeled oligonucleotides for Xist RNA FISH

The 48 oligonucleotides were synthesized with a 5'-amine modification to prepare fluorescently labeled oligonucleotide probes for Xist RNA FISH.

#### **DISCUSSION:**

In this paper, we have presented a quick immuno-FISH protocol that takes less than 5 hours to complete slide preparation, Xist RNA FISH, and immunofluorescence for H3K27me3. In comparison with the general immuno-FISH approach for Xist RNA detection, which usually needs overnight incubation for RNA FISH, this protocol not only significantly reduces time spent but also improves the sensitivity of immune-FISH using oligonucleotide probes.

Since Xist is highly transcribed during X-chromosome inactivation and its transcript is found to intensely accumulate on the Xi *in cis*, it is easy to detect *Xist* RNA signal in differentiating and differentiated cells by RNA FISH utilizing a relatively brief incubation time. This immuno-FISH protocol could be applied for other proteins of interest and abundant RNA, although optimization in immunofluorescence and RNA FISH may be required. In order to apply the

protocol to other RNA, the number of possible oligonucleotide probes would need to be considered, followed by trial-and-error optimization of the probe's concentration, incubation time, and temperature for RNA FISH. One example of other applications is our previous success in detecting telomeric RNA using single LNA probes<sup>22</sup>. For probe design and preparation for the detection of low abundant RNA targets, refer to the article by Raj and Tyagi<sup>23</sup>. Another issue that must be considered is permeabilization step. Careful consideration regarding different permeabilization condition is needed; for example, milder effects than what is described in our protocol can occur with permeabilization after fixation <sup>15</sup>. Various permeabilization procedures also need to be considered when carrying out immuno-FISH using different cell types. The order of immunofluorescence and RNA FISH may also affect the detection of target proteins, modifications, and RNA by immuno-FISH. If RNA FISH is performed prior to immunofluorescence, one hour incubation during the RNA FISH segment is enough to detect Xist RNA signal. However, since the formamide contained in the hybridization buffer and FISH wash buffer negatively affects H3K27me3 immunofluorescence, we always carry out H3K27me3 immunofluorescence prior to Xist RNA FISH in this protocol. For other applications, the order of procedures would depend on the target proteins and epigenetic modifications to be observed by immunofluorescence. As the primary antibody we used for H3K27me3 immunofluorescence has a high titer and specificity to H3K27me3<sup>24</sup>, we are able to use a shorter incubation time for immunofluorescence. However, reaction time and temperature for immunostaining are dependent on the antibody used and thus optimization is needed for each antibody.

Using oligonucleotide probes, Xist RNA detection by RNA FISH was significantly improved. In our previous studies, we found that a subset of differentiating cells with H3K27me3 staining on the Xi are not associated with Xist RNA signal<sup>25</sup>. Since H3K27me3 modification on the Xi is associated with PRC2 recruitment by Xist RNA<sup>9\_11,26</sup>, we speculated that this was due to the inefficient penetration of riboprobes into the nuclei compared to the antibody for immunofluorescence. By using oligonucleotide probes in this protocol, we observed that H3-K27me3 signal in differentiating female cells nearly always co-localized with Xist RNA (Fig. 1).

This quick immuno-FISH protocol allows us to gain a snapshot of the dynamic changes revolving around Xist IncRNA and offers a new tool to help gain a better understanding of the way IncRNA works. IncRNAs affect various cellular functions such as genomic imprinting, gene regulation, RNA translation, and RNA maturation<sup>27</sup>. Developing an increased understanding of the diverse roles played by IncRNA would help to propel the field forward and allow for future discoveries in the regulation of vital cellular processes within the human body, as well as contribute to the development of potential targets for disease treatments. Since this protocol can be easily optimized with respect to other markers and IncRNAs of interest, it is a great tool to help tackle the mysteries of various IncRNAs in cells.

#### **ACKNOWLEDGMENTS:**

We thank Hongjae Sunwoo for helpful advice for oligonucleotide design in RNA FISH. We also thank Serenity Curtis for editing the manuscript. N.Y. was supported by a Postdoctoral Fellowship for Research Abroad of the Japan Society for the Promotion of Science (JSPS). This work was supported by the NIH (RO1-GM102184), the March of Dimes Research Foundation

(#6-FY12-337), and the Developmental Fund and Trustee Grant at Cincinnati Children's Hospital Medical Center to Y.O.

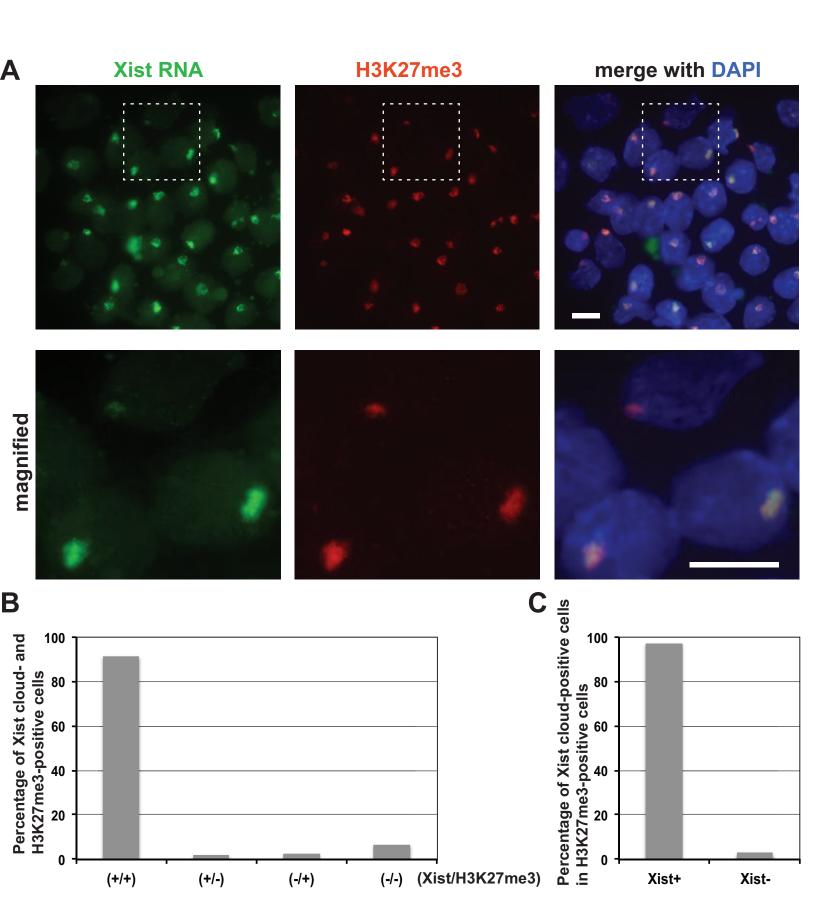
#### **DISCLOSURES:**

No conflicts of interest declared.

#### **REFERENCES:**

- Payer, B. & Lee, J. T. X chromosome dosage compensation: how mammals keep the balance. *Annu Rev Genet.* **42**, 733-772, doi:10.1146/annurev.genet.42.110807.091711 (2008).
- Lee, J. T. Gracefully ageing at 50, X-chromosome inactivation becomes a paradigm for RNA and chromatin control. *Nat Rev Mol Cell Biol.* **12**, 815-826, doi:10.1038/nrm3231 (2011).
- Gendrel, A. V. & Heard, E. Fifty years of X-inactivation research. *Development.* **138**, 5049-5055, doi:10.1242/dev.068320 (2011).
- 4 Froberg, J. E., Yang, L. & Lee, J. T. Guided by RNAs: X-inactivation as a model for lncRNA function. *J Mol Biol.* **425**, 3698-3706, doi:10.1016/j.jmb.2013.06.031 (2013).
- 5 Penny, G. D., Kay, G. F., Sheardown, S. A., Rastan, S. & Brockdorff, N. Requirement for Xist in X chromosome inactivation. *Nature.* **379**, 131-137, doi:10.1038/379131a0 (1996).
- 6 Marahrens, Y., Panning, B., Dausman, J., Strauss, W. & Jaenisch, R. Xist-deficient mice are defective in dosage compensation but not spermatogenesis. *Genes Dev.* **11**, 156-166 (1997).
- 7 Clemson, C. M., McNeil, J. A., Willard, H. F. & Lawrence, J. B. XIST RNA paints the inactive X chromosome at interphase: evidence for a novel RNA involved in nuclear/chromosome structure. *J Cell Biol.* **132**, 259-275 (1996).
- 8 Sado, T. & Brockdorff, N. Phil Trans R Soc B. **368**, 20110325 (2013).
- 9 Zhao, J., Sun, B. K., Erwin, J. A., Song, J. J. & Lee, J. T. Polycomb proteins targeted by a short repeat RNA to the mouse X chromosome. *Science*. **322**, 750-756, doi:10.1126/science.1163045 (2008).
- Plath, K., et al. Role of histone H3 lysine 27 methylation in X inactivation. *Science.* **300**, 131-135, doi:10.1126/science.1084274 (2003).
- Silva, J., et al. Establishment of histone h3 methylation on the inactive X chromosome requires transient recruitment of Eed-Enx1 polycomb group complexes. *Dev Cell.* **4**, 481-495 (2003).
- Gall, J. G. Differential synthesis of the genes for ribosomal RNA during amphibian oogenesis. *Proc Natl Acad Sci U S A.* **60**, 553-560 (1968).
- Femino, A. M., Fay, F. S., Fogarty, K. & Singer, R. H. Visualization of single RNA transcripts in situ. *Science.* **280**, 585-590 (1998).
- Raj, A., van den Bogaard, P., Rifkin, S. A., van Oudenaarden, A. & Tyagi, S. Imaging individual mRNA molecules using multiple singly labeled probes. *Nat Methods.* **5**, 877-879, doi:10.1038/nmeth.1253 (2008).
- 15 Chaumeil, J., Augui, S., Chow, J. C. & Heard, E. Combined immunofluorescence, RNA fluorescent in situ hybridization, and DNA fluorescent in situ hybridization to study chromatin changes, transcriptional activity, nuclear organization, and X-chromosome

- inactivation. *Methods Mol Biol.* **463**, 297-308, doi:10.1007/978-1-59745-406-3\_18 (2008).
- Katayama, S., et al. Antisense transcription in the mammalian transcriptome. *Science*. **309**, 1564-1566, doi:10.1126/science.1112009 (2005).
- Ogawa, Y. & Lee, J. T. Xite, X-inactivation intergenic transcription elements that regulate the probability of choice. *Mol Cell.* **11**, 731-743 (2003).
- Panning, B. X inactivation in mouse ES cells: histone modifications and FISH. *Methods Enzymol.* **376**, 419-428, doi:10.1016/S0076-6879(03)76028-5 (2004).
- 19 Khalil, A. M., et al. Many human large intergenic noncoding RNAs associate with chromatin-modifying complexes and affect gene expression. *Proc Natl Acad Sci U S A.* **106**, 11667-11672, doi:10.1073/pnas.0904715106 (2009).
- 20 Martin, G. R. & Evans, M. J. Differentiation of clonal lines of teratocarcinoma cells: formation of embryoid bodies in vitro. *Proc Natl Acad Sci U S A.* **72**, 1441-1445 (1975).
- Lee, J. T. & Lu, N. Targeted mutagenesis of Tsix leads to nonrandom X inactivation. *Cell.* **99**, 47-57 (1999).
- Zhang, L. F., *et al.* Telomeric RNAs mark sex chromosomes in stem cells. *Genetics.* **182**, 685-698, doi:10.1534/genetics.109.103093 (2009).
- Raj, A. & Tyagi, S. Detection of individual endogenous RNA transcripts in situ using multiple singly labeled probes. *Methods Enzymol.* **472**, 365-386, doi:10.1016/S0076-6879(10)72004-8 (2010).
- 24 Kimura, H., Hayashi-Takanaka, Y., Goto, Y., Takizawa, N. & Nozaki, N. The organization of histone H3 modifications as revealed by a panel of specific monoclonal antibodies. *Cell Struct Funct.* **33**, 61-73 (2008).
- Ogawa, Y., Sun, B. K. & Lee, J. T. Intersection of the RNA interference and X-inactivation pathways. *Science.* **320**, 1336-1341, doi:10.1126/science.1157676 (2008).
- Kohlmaier, A., et al. A chromosomal memory triggered by Xist regulates histone methylation in X inactivation. *PLoS Biol.* **2**, E171, doi:10.1371/journal.pbio.0020171 (2004).
- Wang, K. C. & Chang, H. Y. Molecular mechanisms of long noncoding RNAs. *Mol Cell.* **43**, 904-914, doi:10.1016/j.molcel.2011.08.018 (2011).



## TABLE 1: Sequence of fluorescently labeled oligonucleotides for Xist RNA FISH

- Xp1, ggtaagtatccaaaaccccgttgg
- Xp2, cgatcagcagcaacagtacacg
- Xp3, gcaattggttgcttttatccagtcc
- Xp4, cgcaacaccgcacactaatacg
- Xp5, gccatcttagacacattcaagagcat
- Xp6, cacacgtgaagtaccaagcgaaac
- Xp7, gccacqtataqaqcactqtaaqaqactatq
- Xp8, caaagcacactatcagacgtgtcg
- Xp9, ggagaatctagatgccataaaggcaag
- Xp10, tgatggacactgcattttagcactg
- Xp11, ggacactgcattttagcaatacgattc
- Xp12, gtgatgggcactgcattttagc
- Xp13, agatgggctatctcagtcttataggct
- Xp14, ggaagtcagtatggagggggtatg
- Xp15, tgggactgtgactactacagcaatga
- Xp16, aagactcaattcctagtcaggattatccac
- Xp17, gggctgtagctctatgacagtgcttt
- Xp18, gtcttcaccagatgcagattactacagtg
- Xp19, aatagtttgaggaaggggtttcaagtg
- Xp20, gctgttcaggtttccttctgtagtga
- Xp21, gcaagagatacaatggtccgaaaagt
- Xp22, agcacttcgtacaaccctctttctg
- Xp23, gaagagagcaggtcattcgtcagag
- Xp24, gcaactgagacactgtagccatatgaag
- Xp25, ttcctggaggaagaacggaaaga
- Xp26, tgattagaaggcttaggtcatcttcca
- Xp27, ttttgttcagagtagcgaggacttga
- Xp28, aatagagcagaatggcttcctcgaa
- Xp29, acattgcttgatcacgctgaagac
- Xp30, gcaaggaagaaatagacacacaaagc
- Xp31, ggaagaaatagatgtaacaaagaattagacaca
- Xp32, cacttcagagccacttgaatcctg
- Xp33, agtcacaggtgtcctgtagaaacagttc
- Xp34, cctttatgggcaatggcaacaat
- Xp35, ggcacatctgcatattgcttgtcta
- Xp36, gcaactaagaccatgaacccacaa
- Xp37, aaacacactggccttaagtatatggactg
- Xp38, cattcatttgcacacatggaacaat
- Xp39, tgggagacaatatttagcctccaggt
- Xp40, cctagcaagggcactgttttgtaataa
- Xp41, taacatttagcacactgccttgcac
- Xp42, cagtgatctacactaggtccacctcaca
- Xp43, ttatgttgaaggaatcttggccttg
- Xp44, aagtgagagctgtagtctcaaggtgtga

Xp45, gtattcaacctctgaggcaaactgtg Xp46, agattgtggaacttagatggctgtca Xp47, tggaactgcattaaagtcccaacttag Xp48, gaactcccagacctcttcaacctg

Excel Spreadsheet- Table of Materials/Equipment
Click here to download Excel Spreadsheet- Table of Materials/Equipment: Yue\_JoVE\_Material\_v3.xlsx

Name of Reagent/ Equipment	Company	Catalog Number	Comments/Description
oligonucleotides with 5'-amine modification	or IDT		
Alexa Fluor 488 Reactive Dye	Life Technologies	A32750	
MicroSpin G-25 columns	GE Healthcare	27-5325-01	
Cytospin 2	Shandon	59900102	
Bovine Serum Albumin, Molecular Biology			
Grade (for hybridization buffer)	Roche	10715859103	
Histone H3K27me3 antibody	Active Motif	61017	
Accutase Alexa Fluor 555 Goat Anti-Mouse, highly	Innovative Cell Technologies	AT104	
cross-adsorbed	Life Technologies	A21424	
ProLong Gold antifade reagent	Life Technologies	P36931	



1 Alowife Center #200 Cambridge, MA 02140 tel. 617.945.9051 www.jove.com

## ARTICLE AND VIDEO LICENSE AGREEMENT

Title of Article:	Quick Fluorescent in situ Hybridization Protocol for Xist RNA  Combined with Immunofluorescence of Histone Modification in X-Chromosome Inactivation		
Author(s):	Minghui Yue, Charles Richard John Lalith, Norishige Yamada, Akiyo Ogawa and Yuya Ogawa		
	box): The Author elects to have the Materials be made available (as described at jove.com/publish) via: Standard Access Open Access		
Item 2 (check one bo	x):		
The Aut	or is NOT a United States government employee.  hor is a United States government employee and the Materials were prepared in the or her duties as a United States government employee.		
The Auth	or is a United States government employee but the Materials were NOT prepared in the or her duties as a United States government employee.		

## **ARTICLE AND VIDEO LICENSE AGREEMENT**

- 1. Defined Terms. As used in this Article and Video License Agreement, the following terms shall have the following meanings: "Agreement" means this Article and Video License Agreement; "Article" means the article specified on the last page of this Agreement, including any associated materials such as texts, figures, tables, artwork, abstracts, or summaries contained therein; "Author" means the author who is a signatory to this Agreement; "Collective Work" means a work, such as a periodical issue, anthology or encyclopedia, in which the Materials in their entirety in unmodified form, along with a number of other contributions, constituting separate and independent works in themselves, are assembled into a collective whole; "CRC License" means the Creative Commons Attribution-Non Commercial-No Derivs 3.0 Unported Agreement, the terms and conditions of which can be found http://creativecommons.org/licenses/by-ncnd/3.0/legalcode; "Derivative Work" means a work based upon the Materials or upon the Materials and other preexisting works, such as a translation, musical arrangement, dramatization, fictionalization, motion picture version, sound recording, art reproduction, abridgment, condensation, or any other form in which the Materials may be recast, transformed, or adapted; "Institution" means the institution, listed on the last page of this Agreement, by which the Author was employed at the time of the creation of the Materials; "JoVE" means MyJove Corporation, a Massachusetts corporation and the publisher of The Journal of Visualized Experiments; "Materials" means the Article and / or the Video; "Parties" means the Author and JoVE; "Video" means any video(s) made by the Author, alone or in conjunction with any other parties, or by love or its affiliator or agents individually as to
- 2. <u>Background</u>. The Author, who is the author of the Article, in order to ensure the dissemination and protection of the Article, desires to have the JoVE publish the Article and create and transmit videos based on the Article. In furtherance of such goals, the Parties desire to memorialize in this Agreement the respective rights of each Party in and to the Article and the Video.
- 3. Grant of Rights in Article. In consideration of JoVE agreeing to publish the Article, the Author hereby grants to JoVE, subject to Sections 4 and 7 below, the exclusive, royalty-free. perpetual (for the full term of copyright in the Article, including any extensions thereto) license (a) to publish, reproduce, distribute, display and store the Article in all forms, formats and media whether now known or hereafter developed (including without limitation in print, digital and electronic form) throughout the world, (b) to translate the Article into other languages, create adaptations, summaries or extracts of the Article or other Derivative Works (including, without limitation, the Video) or Collective Works based on all or any portion of the Article and exercise all of the rights set forth in (a) above in such translations, adaptations, summaries, extracts, Derivative Works or Collective Works and (c) to license others to do any or all of the above. The foregoing rights may be exercised in all media and formats. whether now known or hereafter devised, and include the right to make such modifications as are technically necessary to exercise the rights in other media and formats. If the "Open Access" box has been checked in Item 1 above, JoVE and the



1 Alewife Center #200 Cambridge, MA 02140 tel. 617.945.9051 www.jove.com

## ARTICLE AND VIDEO LICENSE AGREEMENT

- 4. Retention of Rights in Article. Notwithstanding the exclusive license granted to JoVE in Section 3 above, the Author shall, with respect to the Article, retain the non-exclusive right to use all or part of the Article for the non-commercial purpose of giving lectures, presentations or teaching classes, and to post a copy of the Article on the Institution's website or the Author's personal website, in each case provided that a link to the Article on the JoVE website is provided and notice of JoVE's copyright in the Article is included. All non-copyright intellectual property rights in and to the Article, such as patent rights, shall remain with the Author.
- 5. <u>Grant of Rights in Video Standard Access</u>. This **Section 5** applies if the "Standard Access" box has been checked in **Item 1** above or if no box has been checked in **Item 1** above. In consideration of JoVE agreeing to produce, display or otherwise assist with the Video, the Author hereby acknowledges and agrees that, Subject to **Section 7** below, JoVE is and shall be the sole and exclusive owner of all rights of any nature, including, without limitation, all copyrights, in and to the Video. To the extent that, by law, the Author is deemed, now or at any time in the future, to have any rights of any nature in or to the Video, the Author hereby disclaims all such rights and transfers all such rights to JoVE.
- 6. Grant of Rights in Video Open Access. This Section 6 applies only if the "Open Access" box has been checked in Item 1 above. In consideration of JoVE agreeing to produce, display or otherwise assist with the Video, the Author hereby grants to JoVE, subject to Section 7 below, the exclusive, royalty-free, perpetual (for the full term of copyright in the Article, including any extensions thereto) license (a) to publish. reproduce, distribute, display and store the Video in all forms. formats and media whether now known or hereafter developed (including without limitation in print, digital and electronic form) throughout the world, (b) to translate the Video into other languages, create adaptations, summaries or extracts of the Video or other Derivative Works or Collective Works based on all or any portion of the Video and exercise all of the rights set forth in (a) above in such translations. adaptations, summaries, extracts, Derivative Works or Collective Works and (c) to license others to do any or all of the above. The foregoing rights may be exercised in all media and formats, whether now known or hereafter devised, and include the right to make such modifications as are technically necessary to exercise the rights in other media and formats. For any Video to which this Section 6 is applicable, JoVE and the Author hereby grant to the public all such rights in the Video as provided in, but subject to all limitations and requirements set forth in, the CRC License.
- 7. Government Employees. If the Author is a United States government employee and the Article was prepared in the course of his or her duties as a United States government employee, as indicated in Item 2 above, and any of the licenses or grants granted by the Author hereunder exceed the scope of the 17 U.S.C. 403, then the rights granted hereunder shall be limited to the maximum rights permitted under such

- statute. In such case, all provisions contained herein that are not in conflict with such statute shall remain in full force and effect, and all provisions contained herein that do so conflict shall be deemed to be amended so as to provide to JoVE the maximum rights permissible within such statute.
- 8. <u>Likeness, Privacy, Personality</u>. The Author hereby grants JoVE the right to use the Author's name, voice, likeness, picture, photograph, image, biography and performance in any way, commercial or otherwise, in connection with the Materials and the sale, promotion and distribution thereof. The Author hereby waives any and all rights he or she may have, relating to his or her appearance in the Video or otherwise relating to the Materials, under all applicable privacy, likeness, personality or similar laws.
- 9. Author Warranties. The Author represents and warrants that the Article is original, that it has not been published, that the copyright interest is owned by the Author (or, if more than one author is listed at the beginning of this Agreement, by such authors collectively) and has not been assigned, licensed, or otherwise transferred to any other party. The Author represents and warrants that the author(s) listed at the top of this Agreement are the only authors of the Materials. If more than one author is listed at the top of this Agreement and if any such author has not entered into a separate Article and Video License Agreement with JoVE relating to the Materials, the Author represents and warrants that the Author has been authorized by each of the other such authors to execute this Agreement on his or her behalf and to bind him or her with respect to the terms of this Agreement as if each of them had been a party hereto as an Author. The Author warrants that the use, reproduction, distribution, public or private performance or display, and/or modification of all or any portion of the Materials does not and will not violate, infringe and/or misappropriate the patent, trademark, intellectual property or other rights of any third party. The Author represents and warrants that it has and will continue to comply with all government, institutional and other regulations, including, without limitation all institutional, laboratory, hospital, ethical, human and animal treatment, privacy, and all other rules, regulations, laws, procedures or guidelines, applicable to the Materials, and that all research involving human and animal subjects has been approved by the Author's relevant institutional review board.
- 10. <u>JoVE Discretion</u>. If the Author requests the assistance of JoVE in producing the Video in the Author's facility, the Author shall ensure that the presence of JoVE employees, agents or independent contractors is in accordance with the relevant regulations of the Author's institution. If more than one author is listed at the beginning of this Agreement, JoVE may, in its sole discretion, elect not take any action with respect to the Article until such time as it has received complete, executed Article and Video License Agreements from each such author. JoVE reserves the right, in its absolute and sole discretion and without giving any reason therefore, to accept or decline any work submitted to JoVE. JoVE and its employees, agents and independent contractors shall have



1 Alewife Center #200 Cambridge, MA 02140 Icl. 617.945.9051 www.jove.com

## ARTICLE AND VIDEO LICENSE AGREEMENT

full, unfettered access to the facilities of the Author or of the Author's institution as necessary to make the Video, whether actually published or not. JoVE has sole discretion as to the method of making and publishing the Materials, including, without limitation, to all decisions regarding editing, lighting, filming, timing of publication, if any, length, quality, content and the like.

11. Indemnification. The Author agrees to indemnify JoVE and/or its successors and assigns from and against any and all claims, costs, and expenses, including attorney's fees, arising out of any breach of any warranty or other representations contained herein. The Author further agrees to indemnify and hold harmless JoVE from and against any and all claims, costs, and expenses, including attorney's fees, resulting from the breach by the Author of any representation or warranty contained herein or from allegations or instances of violation of intellectual property rights, damage to the Author's or the Author's institution's facilities, fraud, libel, defamation, research, equipment, experiments, property damage, personal injury, violations of institutional, laboratory, hospital, ethical, human and animal treatment, privacy or other rules, regulations, laws, procedures or guidelines, liabilities and other losses or damages related in any way to the submission of work to JoVE, making of videos by JoVE, or publication in JOVE or elsewhere by JoVE. The Author shall be responsible for, and shall hold JoVE harmless from, damages caused by lack of sterilization, lack of cleanliness or by contamination due to the making of a video by JoVE its employees, agents or independent contractors. All sterilization, cleanliness or decontamination procedures shall be solely the responsibility of the Author and shall be undertaken at the Author's

expense. All indemnifications provided herein shall include JoVE's attorney's fees and costs related to said losses or damages. Such indemnification and holding harmless shall include such losses or damages incurred by, or in connection with, acts or omissions of JoVE, its employees, agents or independent contractors.

- 12. <u>Fees</u>. To cover the cost incurred for publication, JoVE must receive payment before production and publication the Materials. Payment is due in 21 days of invoice. Should the Materials not be published due to an editorial or production decision, these funds will be returned to the Author. Withdrawal by the Author of any submitted Materials after final peer review approval will result in a US\$1,200 fee to cover pre-production expenses incurred by JoVE. If payment is not received by the completion of filming, production and publication of the Materials will be suspended until payment is received.
- 13. <u>Transfer, Governing Law.</u> This Agreement may be assigned by JoVE and shall inure to the benefits of any of JoVE's successors and assignees. This Agreement shall be governed and construed by the internal laws of the Commonwealth of Massachusetts without giving effect to any conflict of law provision thereunder. This Agreement may be executed in counterparts, each of which shall be deemed an original, but all of which together shall be deemed to me one and the same agreement. A signed copy of this Agreement delivered by facsimile, e-mail or other means of electronic transmission shall be deemed to have the same legal effect as delivery of an original signed copy of this Agreement.

A signed copy of this document must be sent with all new submissions. Only one Agreement required per submission.

## CORRESPONDING AUTHOR:

Name:	Yuya Ogawa, Ph.D.			
Department:	Division of Reproductive Sciences			
Institution:	Cincinnati Children's Hospital Medical Center			
Article Title:	Quick Fluorescent in situ Hybridization Protocol for Xist RNA  Combined-with-Immunofluorescence-of-Histone-Modification-in-X-Chromosome-Inactivation			
Signature:	7/26/14! Date:			

Please submit a signed and dated copy of this license by one of the following three methods:

- 1) Upload a scanned copy of the document as a pfd on the JoVE submission site;
- 2) Fax the document to +1.866.381.2236;
- 3) Mail the document to JoVE / Attn: JoVE Editorial / 1 Alewife Center #200 / Cambridge, MA 02139

For questions, please email submissions@jove.com or call +1.617.945.9051

## Response to Reviewer 1

- 1. We agree that fluorescently labeled probes by nick translation using plasmid or fosmid is more common for Xist RNA FISH. The introduction now includes this information. However, since labeling via nick translation is not strand-specific, and we want to specifically detect Xist RNA but not its antisense transcript, Tsix RNA, we choose to focus mainly on strand-specific RNA FISH analysis. The technique with a riboprobe is used in several articles such as PMID: 12667455, 14975321, 17512404, 18535243 and 21852535.
- 2 & 3. All reagent information is listed in the Material table and we have added details for the G-25 spin column to the table. Additionally, we have included further information in Steps 1.2 and 1.3 regarding the use of the amino-reactive dye labeling kit and G-25 spin column.
- 4. We have added NOTE2 at the beginning of the Step2 Slide preparation section to mention the effect of permeabilization on our results.
- 5. We did not specify the exact time required for the coverslip to fall off in Step 4.6 because it varies in each experiment.
- 6. We have modified Step 4.10 to clarify the procedure of wiping off excess liquid.

## **Response to Reviewer 2**

- 1 & 2. We have revised the introduction section to describe the stability of DNA oligonucleotide probes and the cost effectiveness of this approach.
- 3. Basically, either combination of Alexa 488, 555, 657 works in our immuno-Xist RNA FISH, therefor it is not necessary to discuss the choice of fluorophor in this protocol.
- 4. We have added to the discussion the reason for doing H3K27me3 immunofluorescence prior to Xist RNA FISH.
- 5. To clarify Figure 1, we have modified Figure 1A.
- 6. Yield of the fluorescetly labeled oligonucleotide is now shown in Step 1.3.5. We have not determined the efficiency of fluorescent labeling.

## Response to Reviewer 3

- 1. All reagents that were used in this protocol are listed in the Material table.
- 2. We have added to Figure 1B the percentage of cells with Xist RNA and H3K27me3 signals, and Xist cloud-positive cells in H3K27me3-positive cells.
- 3. We decided to show only one representative image of immuno-FISH of Xist RNA and H3K27me3 for the sake of clarity and brevity.

## Response to Reviewer 4

Instead of adding a trouble-shooting section as the reviewer suggested, we added several NOTEs to the beginning of each experimental step. These NOTEs will be helpful to others in optimizing the experimental conditions while clearly describing certain problems to be aware of in each pertinent section.

## Response to Reviewer 5

- 1. We have corrected the typo reviewer 5 pointed out.
- 2. At least for Xist RNA FISH, we successfully detected strong and clear Xist RNA signals by immuno-RNA FISH without a RNase inhibitor. However, we agree that polyclonal antibodies might contain RNase contamination which may affect the sensitivety of RNA FISH. Thus, we have added a brief note to Step 3 Immunofluorescense part to help others consider using a RNase inhibitor for better detection of RNA FISH signal.